

Shop our *best deals*
this week!

HOTSALE!

MVP

5.99

LB

U.S.D.A. CHOICE

Boneless BEEF CHUCK ROAST

W/O MVP Card \$9.49 LB

YOU SAVE

\$3.50

LB

HOTSALE!

MVP

25% OFF

W/O MVP Card Regular Retail

Nature's Promise

All Natural - All Varieties NATURE'S PROMISE MEAT & SEAFOOD

HOTSALE!

MVP

1.29

LB

Limit 2

W/O MVP Card \$2.29 LB

Pork WHOLE BOSTON BUTT

HOTSALE!

MVP

7.99

EA

W/O MVP Card \$10.99 EA

31-40 Ct. 16 Oz. Bag - Frozen FOOD LION RAW SHRIMP PEELED AND DEVEINED TAIL-OFF

YOU SAVE

\$3.58

ON 2

HOTSALE!

MVP

2/\$4

Pint BLUEBERRIES

W/O MVP Card \$3.79 EA

4 Oz. - Select Varieties NATURE'S PROMISE GREENHOUSE GROWN SALADS

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$2.99 EA

8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans Select Varieties PEPSI PRODUCTS

HOTSALE!

MVP

1.49

EA

W/O MVP Card \$2.99 EA

14 Oz. FOOD LION MINI CUCUMBERS

Large GREEN PEPPERS

HOTSALE!

MVP

59¢

EA

W/O MVP Card 79¢ EA

14 Oz. FOOD LION MINI CUCUMBERS

6.88-20 Oz. Select Varieties THOMAS BAGELS OR ENTENMANN'S LITTLE BITES MUFFINS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans Select Varieties PEPSI PRODUCTS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

14 Oz. FOOD LION MINI CUCUMBERS

13.25-14.25 Oz. Select Varieties BETTY CROCKER SUPER MOIST CAKE MIX

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$1.89 EA

28 Oz. Made Hot In-Store TRADITIONAL ROTISSERIE CHICKEN IN THE DELI

5.75-12.4 Oz. Select Varieties CHEEZ-IT OR CHEEZ-IT SNAP'D

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.99 EA Single Item Half Price

6.5-10 Oz. Select Varieties CHEETOS OR FRITOS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.69 EA Single Item Half Price

14 Oz. FOOD LION MINI CUCUMBERS

52 Oz. Select Varieties FLORIDA'S NATURAL ORANGE JUICE

HOTSALE!

MVP

2/\$6

W/O MVP Card \$4.49 EA

16 Oz. Select Varieties Quarters or Cubes CHALLENGE OR DANISH CREAMERY BUTTER QUARTERS

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

48 Oz. Select Varieties BREYERS ICE CREAM

HOT SALE!

3.49

EA

W/O MVP Card \$5.19 EA

MVP Coupon

-1.00

OFF

2.49

EA

W/O MVP Card \$3.49 EA

8.4-12.1 Oz. Select Varieties QUAKER INSTANT OATMEAL

4.7-8.7 Oz. Select Varieties HAMBURGER HELPER

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$2.99 EA

75-110 Oz. Liquid or 32-42 Ct. Paks Select Varieties ARM & HAMMER

MVP

3 DAY

HOTSALE!

FRIDAY - SUNDAY

HOTSALE!

MVP

2.99

EA

W/O MVP Card Regular Retail

7-9 Oz. Pkg. Select Varieties OSCAR MAYER DELI FRESH LUNCH MEAT

10-11 Oz. - Select Varieties POST PEBBLES CEREAL

HOTSALE!

MVP

1.79

EA

W/O MVP Card \$4.89 EA

7-8 Oz. - Select Varieties TILLAMOOK SLICED OR SHREDDED CHEESE

7-8 Oz. - Select Varieties TILLAMOOK SLICED OR SHREDDED CHEESE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.29 EA

8.25-18 Oz. - Select Varieties FRITO LAY PARTY SIZE CHIPS OR SNACKS

20 Oz. WONDER CLASSIC WHITE ROUND TOP BREAD

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.99 EA Single Item Half Price Off Regular Retail

6 Mega Rolls CHARMIN 4 Double Rolls BOUNTY Select Varieties

6 Mega Rolls CHARMIN 4 Double Rolls BOUNTY Select Varieties

HOTSALE!

MVP

5.99

EA

W/O MVP Card Regular Retail

18 Oz. Select Varieties DUKE'S SQUEEZE MAYONNAISE

PRICED LOW EVERY DAY

ON ITEMS YOU BUY MOST OFTEN

&

OUR BEST WEEKLY MVP DEALS

1 ZMBL ZMBM ZMWS ZPHI 12/03/25

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5.99
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

70 MVP Card Regular Retail



Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5.99
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

70 MVP Card Regular Retail



A white plate featuring a large, seared Beef T-Bone Steak and a baked potato topped with shredded cheese and fresh chives. A small garnish of chives is also placed next to the potato.

All Varieties
All Reg.

**SMITHFIELD
MARINATED
PORK LOIN
FILET**



HOTSALE!
SMITHFIELD
**BOGO
FREE**
W/O MVP Card Regular Retail
Single Item Half Price

ash - Select Varieties
SCHWEID & SONS
 TURKISH
 HURMET
 ROGERS

HOT SALE!
 MUP
10.99
 EA
 MVP Card Regular Retail

The image shows a product box for 'THE CHUCK BRISKET' by Schweid & Sons. The box is brown with a clear window showing two pieces of brisket. Below the window, it says 'SCHWEID & SONS'. In front of the box are four assembled sandwiches on white buns, each topped with a slice of tomato and a layer of green lettuce. The sandwiches are arranged on a white plate.

Small Pack
FOOD LION
CHICKEN
THIGHS

HOTSALE!
1.69
LB

WIO MVP Card Regular Retail



SUSTAINABLY SOURCED SEAFOOD

Food52 Salmon & Sweet Potato Hash

40 Oz. Pkg. Frozen
FOOD LION
SWAI

SALE!
VP
0.99
EA

VP Card Regular Retail

HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

8 Oz. - Frozen
SHRIMP RING

CHICK'N SEA
RESPONSIBLY RAISED
SHRIMP
UNCOOKED
12 OZ. BAG
No Antibiotics Ever
No Hormones Ever
No MSG
No Artificial Flavors

HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Froze
**CHICKEN
OF THE SEA
RAW SHRIMP**



Chickadee Sea
RESPONSIBLY RAISED
SHRIMP
COOKED

100% SHRIMP
14g

26-30 Ct.
12 Oz. Bag - Frozen

**CHICKEN OF THE SEA
COOKED
SHRIMP**

HOTSALE!
MVP
799
EA

W/O MVP Card Regular Retail

ZNRH ZGCH ZGCR ZGCT ZGRY ZMBL ZMBM ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI
SCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZVDC ZVRA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 12/03/25

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$3.49 EA
Single Item Half Price

5 Ct.
TEXAS TOAST



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

12 Ct.
FRUIT BITES



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!
Available in our Deli & Bakery



HOTSALE!
MVP
6.99
EA
W/O MVP Card \$7.99 LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.49 EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**



**Quick eats
\$5 each!**
Each item sold
separately.



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA

6 Oz.
Select Varieties
**NEGRONI
ITALIAN
CHUBS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.49 EA

Drums & Thighs
Made Hot In-Store
**4 PIECE
FRIED CHICKEN**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

14-15.8 Oz.
VICOLO PIZZA



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING
Make the holidays *easy*
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

SELECT CATERING TRAYS AND PLATTERS

LARGE GARDEN VEGETABLE PLATTER



CHICKEN TENDER TRAY



SIGNATURE SANDWICH PLATTER



LARGE MINI SANDWICH PLATTER



CHICKEN WING TRAY





Place your order at the deli counter or scan the QR code to order online.



Bring joy
to a family's table when you
buy a holiday box



FOOD LION FEEDS

November 5 - December 9, 2025
Your purchase will be donated to your local food bank.

FOOD LION FEEDS | **FEEDING AMERICA**

*Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. \$1.00 helps provide at least 10 meals secured by Feeding America on behalf of local member food banks. Each box purchased will be donated to local food banks within Food Lion's 10-state footprint. Funds raised could go to support Feeding America® programs that benefit local families. [foodlion.com/feeds](https://www.foodlion.com/feeds)

Baked in —————
fresh **flavor!**
Find our recipe on foodli

PRICED LOW ✓ EVERY DAY

MVP PRICED LOW EVERY DAY ✓
289 EA

HOT SALE!
MVP
2/\$5

HOTSALE!
MVP
2/\$4

HOT SALE!
MVP
2/\$5

HOT SALE!
MVP
399
EA

HOT SALE! **3.99** EA
W/O MVP Card \$4.49 EA

HOT SALE! **899** EA

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

PRICED LOW EVERY DAY

379 EA

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

Fanta Coca-Cola

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

12 Pack - 12 Oz. Cans Select Varieties FOOD LION SODA

PRICED LOW EVERY DAY

449 EA

W/O MVP Card \$2.39 EA

1 Liter Bottle S.PELLEGRINO SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.39 EA

12 Oz. Select Varieties POPPI PREBIOTIC SODA

HOTSALE!

2/\$4

W/O MVP Card \$2.29 EA

6 Pack - 12 Oz. Cans Select Varieties ZEVIA

HOTSALE!

499 EA

W/O MVP Card \$6.49 EA

CAREone®

A FOOD LION private brand

Get relief for less with our brand of affordable healthcare products.

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

HOTSALE!

299 EA

W/O MVP Card \$3.49 EA

4 Oz. Select Varieties CAREONE TUSSIN DM

HOTSALE!

299 EA

W/O MVP Card \$3.49 EA

12 Oz. Select Varieties CAREONE NIGHTTIME COLD & FLU

HOTSALE!

599 EA

W/O MVP Card \$6.99 EA

4 Oz. Select Varieties CAREONE CHILDREN'S COLD & COUGH

HOTSALE!

499 EA

W/O MVP Card \$5.99 EA

24 Ct. Select Varieties CAREONE COLD & FLU SEVERE CAPLETS

HOTSALE!

349 EA

W/O MVP Card \$3.99 EA

3.53 Oz. Select Varieties CAREONE MEDICATED CHEST RUB

HOTSALE!

449 EA

W/O MVP Card \$5.49 EA

1 Ct. Select Varieties CAREONE 8-SECOND DIGITAL THERMOMETER

HOTSALE!

999 EA

W/O MVP Card \$10.99 EA

DAIRY



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
LAND O LAKES
BUTTER OR
MARGARINE

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES

HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT

HOTSALE!
MVP

2.99
EA

W/O MVP Card \$3.99 EA

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT

HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES

HOTSALE!
MVP

2/\$3
EA

W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

28-32 Oz. - Select Varieties

STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
MVP

4.49
EA

W/O MVP Card Regular Retail



FROZEN

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES

HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS

HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS

HOTSALE!
MVP

5.99
EA

W/O MVP Card \$6.99 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA

HOTSALE!
MVP

4.99
EA

W/O MVP Card \$6.99 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA

HOTSALE!
MVP

7.99
EA

W/O MVP Card \$9.29 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS

HOTSALE!
MVP

1
EA

W/O MVP Card \$1.88 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES

HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
Select Varieties
FOOD LION
OATS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP

1.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

BREAKFAST

HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

HOTSALE!
MVP

4.28
EA

W/O MVP Card \$4.99 EA

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP

1.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm Value Pack

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

15 Minutes Instant Dry Lip Protection

Blistex

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No drowsiness
• No melatonin residue
• No sugar or artificial
flavors

30 TABLETS • DIETETIC SUGAR FREE

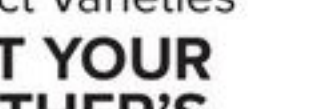
6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



**NOT YOUR MOTHER'S
CURL TALK**
DRY SHAMPOO
with argan oil

**NOT YOUR MOTHER'S
CURL TALK**
CREAM
with argan oil

12 Oz.
Select Varieties

**CERAVE
CLEANSER
OR LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Daily Moisturizing
Lotion
with ceramides and hyaluronic acid
Non-comedogenic
Fragrance free
pH 5.5

CeraVe
Hydrating Facial
Cleanser
with ceramides and hyaluronic acid
Non-comedogenic
Fragrance free
pH 5.5

HOUSE & HOME

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PISHPODS**

16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



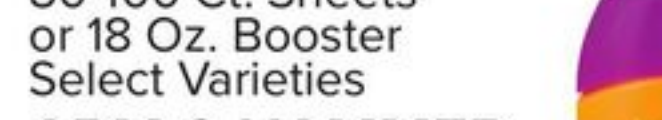
16 Oz. Select Varieties
**DAWN
POWERWASH**

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

BABY

- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
FANCY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**



HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

17.60 Oz. Select Varieties
CRISTO
PASTA
HOT SALE!
1⁹⁹
W/O MWP Card \$2.49 EA

3.7 Oz.
FERRERO ROCHER
CHOCOLATE
SQUARES
ASSORTED
HOT SALE!
4⁴⁹
W/O MWP Card \$5.79 EA

4 Pack - 12 Oz. Cans
Select Varieties
OLIPOPO
PROBIOTIC
SODA
HOT SALE!
6⁹⁹
W/O MWP Card \$8.99 EA

2.3 Ct. - Medium
RUBBERMAID
EASY STORE
ROUND OR
RECTANGLE
CONTAINERS
HOT SALE!
BOGO
FREE
W/O MWP Card \$10.99 EA
Single Item Retail Price

60 Ct.
Select Varieties
BOUNCE
DRYER SHEETS
HOT SALE!
9⁹⁹
W/O MWP Card \$10.99 EA

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

HOT SALE! 2/\$14
 W/ MVP Card \$7.99 EA

MVP Coupon -500 OFF 2

2/\$9
 W/ MVP DISCOUNT SAVINGS LIMIT 1

22 Oz. Body Wash Select Varieties
OLAY

15.99 EA

MVP Coupon -400 OFF 1

11.99 EA
 W/ MVP DISCOUNT SAVINGS LIMIT 1

24 Oz. Select Varieties
DAWN UNSTOPABLES

PRICED LOW EVERY DAY! 19.99 EA
 W/ MVP Card \$24.99 EA

MVP Coupon -500 OFF 1

14.99 EA
 W/ MVP DISCOUNT SAVINGS LIMIT 1

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



While Supplies Last

HOTSALE!

9⁹⁹_{EA}

W/O MVP Card Regular Retail



SUGAR PLUM
BOUQUET

Fresh ways
to sweeten your
meal!

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail



Find us online:
foodlion.com



Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:



Prices in this ad good at stores conveniently located in these cities:
Bryan's Road, Charlotte Hall, Frederick, Laurel, Leonardtown,
Mount Airy, New Market, Rockville, Upper Marlboro, Waldorf

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZMWS 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties

**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3
W/O MVP Card \$1.89 EA

Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties

**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA
W/O MVP Card \$6.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$7.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties

**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$4.09 EA

Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.29 EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



4.49
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

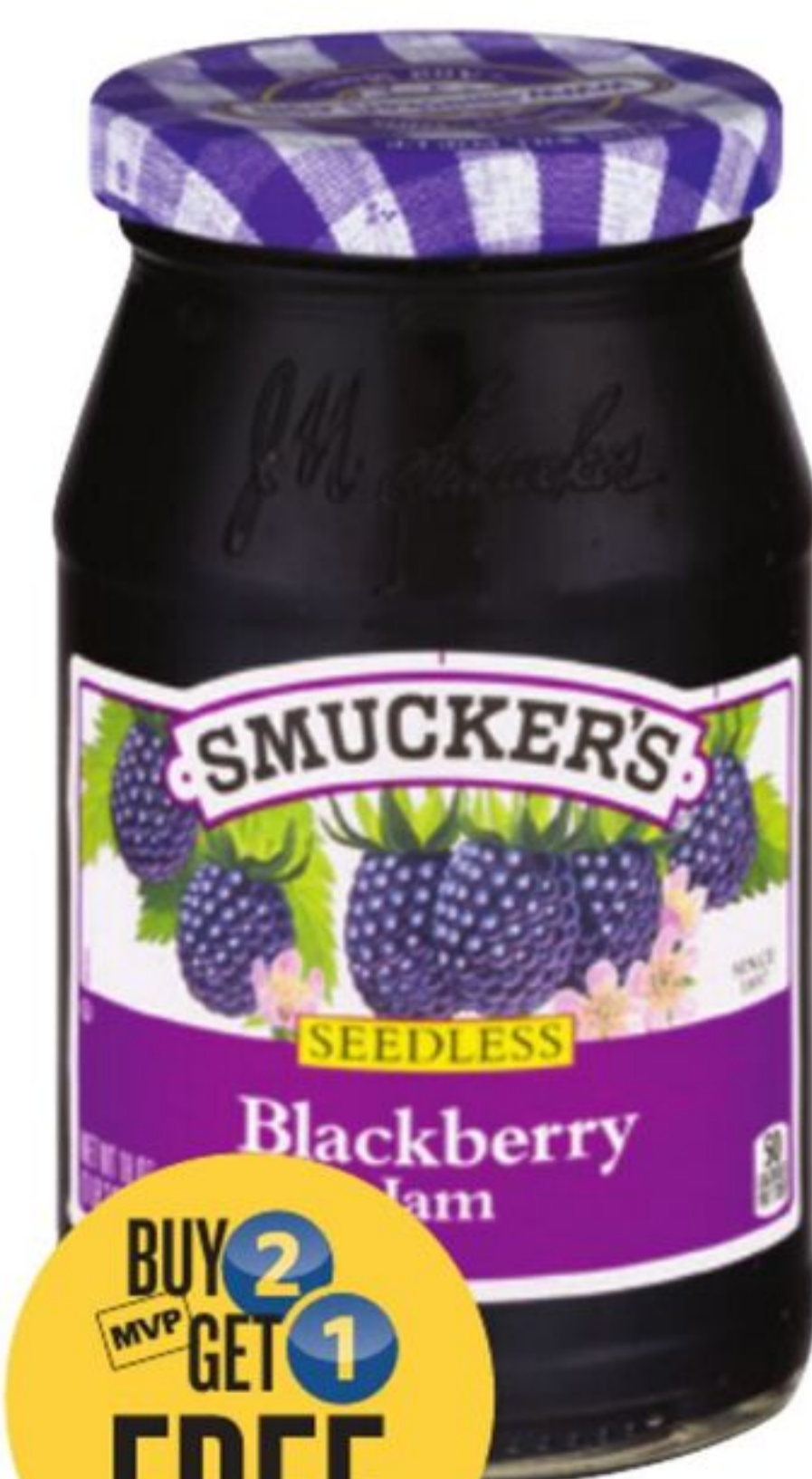
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!