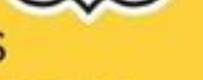


Shop our *best deals*
this week!

HOTSALE!

MVP

5⁹⁹ LB



Boneless
BEEF CHUCK ROAST

W/O MVP Card \$9.49 LB



YOU SAVE

\$3⁵⁰ LB



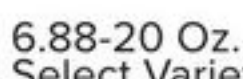

HOTSALE!
MVP

BOGO FREE

8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans
Select Varieties

PEPSI PRODUCTS
LIMIT 4 FREE

W/O MVP Card Regular Retail Single Item Mail Price



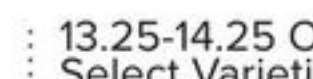

6.88-20 Oz. Select Varieties

HOMIES BAGELS & ENTENMANN'S LITTLE BITES MUFFINS

HOTSALE!
MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Mail Price

13.25-14.25 Oz. Select Varieties

BETTY CROCKER SUPER MOIST CAKE MIX

HOTSALE!
MVP

\$ EA

W/O MVP Card \$1.99 EA




12 Pack 12 Oz. Bottles or Cans
Select Varieties

SAMUEL ADAMS, SIERRA NEVADA or NEW BELGIUM

HOTSALE!
MVP

\$15.99 EA

W/O MVP Card \$19.99 EA

5.75-12.4 Oz.
Select Varieties
CHEEZ-IT
OR **CHEEZ-IT**
SNAP'D
LIMIT 4 FREE



HOTSALE!
BOGO FREE
W/O MVP Card \$6.99 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS
OR **FRITOS**
LIMIT 4 FREE



HOTSALE!
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

52 Oz.
Select Varieties
FLORIDA'S
NATURAL
ORANGE JUICE



HOTSALE!
2/\$6
W/O MVP Card \$4.49 EA

16 Oz.
Select Varieties
Quarters or Cubes
CHALLENGE
OR **DANISH**
CREAMERY
BUTTER
QUARTERS



HOTSALE!
3.99^{EA}
W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk



HOT SALE! **\$3.49**
EA
W/O MVP Card \$5.19 EA

MVP Coupon **-\$1.00** OFF

2.49
EA
MVP: 10% DISCOUNT SAVINGS

48 Oz.
Select Varieties
BREYERS
ICE CREAM

8.4-12.1 Oz.
Select Varieties
QUAKER
INSTANT
OATMEAL



HOT SALE! **\$2.50**
EA
W/O MVP Card \$3.69 EA

4.7-8.7 Oz.
Select Varieties
HAMBURGER
HELPER



HOT SALE! **\$1.49**
EA
W/O MVP Card \$2.09 EA

75-110 Oz. Liquid
or 32.47 Oz. Paks
Select Varieties
ARM & HAMMER
BAKING SODA



HOT SALE! **\$6.99**
EA
W/O MVP Card Regular Price

K!

MVP

**3 DAY
HOTSALE!**

FRIDAY - SUNDAY

Hot Sale!
MVP

2.99
EA

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA MVP

Oscar Mayer Deli Fresh
7-9 Oz. Pkg.
Select Varieties

OSCAR MAYER
DELI FRESH
LUNCH MEAT

9 oz

10-11 Oz. - Select Varieties

**POST PEBBLES
CEREAL**

HOTSALE!

179

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA

MVP

A box of Post Fruity Pebbles cereal, featuring the cartoon characters Pebbles and Bubbles, and the text 'Fruity Pebbles CEREAL' and 'Post'.

7-8 Oz. - Select Varieties

**TILLAMOOK
SLICED OR
SHREDDED
CHEESE**

HOTSALE!
MVP
2/\$5
W/O MVP Card \$3.79 EA

REST OF WEEK 2/\$7 MVP



8.25-18 Oz. - Select Varieties

**FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS**

HOTSALE!
MVP
2.99
EA
Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA



20 Oz.
**WONDER CLASSIC
WHITE ROUND
TOP BREAD**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.69 EA
Single Item Half Price
Off Regular Retail

REST OF WEEK \$2.99 EA MVP



6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties



HOTSALE!
MVP
5.99
EA

W/O MVP Card Regular Retail.

REST OF WEEK \$7.99 EA MVP

18 Oz.
Select Varieties

**DUKE'S
SQUEEZE
MAYONNAISE**

HOT SALE!

MVP

4.49
EA

W/O MVP Card \$5.49 EA



PRICED LOW ✓ EVERY DAY
ON ITEMS YOU BUY MOST OFTEN

&

HOTSALE!
OUR BEST WEEKLY MVP DEALS

Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail

A white bowl filled with round chuck, topped with shredded cheddar cheese, green onions, and a dollop of sour cream. Next to the bowl is a slice of golden-brown cornbread on a wooden cutting board. A whole biscuit is visible in the background. A silver spoon rests on the cutting board in front of the bowl.

Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail

A white bowl filled with round chuck, topped with shredded cheddar cheese, green onions, and a dollop of sour cream. Next to the bowl is a slice of golden-brown cornbread on a wooden cutting board. A whole biscuit is visible in the background. A silver spoon rests on the cutting board in front of the bowl.

HOT SALE!
MVP

10.99
lb

**BEEF
T-BONE STEAK**

MVP Card Regular Retail

**usda
CHOICE**

All Varieties

**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOTSALE!
\$10.99
**BOGO
FREE**

WFO MVP Card Regular Retail
Single Item Half Price

A package of Smithfield Marinated Pork Loin Filet is shown at the top. Below it, a cooked pork loin is served on a white platter with green beans and sliced pork chops.

Small Pack
FOOD MATION
CHICKEN
THIGHS

HOTSALE!
MVP
1.69
LB

W/O MVP Card Regular Retail



HOT SALE!
MVP
4.99
EA
W/O MVP Card Regular Retail

5-6 Oz. Pkg. - Select Varieties
HORMEL PEPPERONI

MVP **PRICED LOW**
EVERY DAY ✓

3.99
EA

W/O MVP Card Regular Retail

**SMITHFIELD BONELESS
SLICED QUARTER HAM**

HOT SALE!

MVP

7.99

EA

W/O MVP Card Regular Retail

6 Oz. Pkg. - Select Varieties
JOHN SOULES CHICKEN

HOT SALE!
MVP
BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

16 Oz. Pkg.
CURLY'S PULLED PORK

HOTSALE!
MVP
4.99
EA
W/O MVP Card Regular Retail

SUSTAINABLY SOURCED SEAFOOD



HOTSALE!

9⁹⁹

EA

16 Oz. - Fresh **SALMON FILLET**

W/O MVP Card Regular Retail




HOTSALE!

10⁹⁹

EA

40 Oz. Pkg. Frozen **FOOD LION SALMI**

W/O MVP Card Regular Retail




HOTSALE!

5⁹⁹

EA

8 Oz. - Frozen **SHRIMP RING**

W/O MVP Card Regular Retail




HOTSALE!

5⁹⁹

EA

26-30 Ct. 12 Oz. Bag - Frozen **CHICKEN OF THE SEA RAW SHRIMP**

W/O MVP Card Regular Retail




HOTSALE!

7⁹⁹

EA

26-30 Ct. 12 Oz. Bag - Frozen **CHICKEN OF THE SEA COOKED SHRIMP**

W/O MVP Card Regular Retail

16 Oz. - Fresh
**SALMON
FILLET**

10.99
EA
W/O MVP Card Regular Retail

5.99
EA
W/O MVP Card Regular Retail

8 Oz. - Frozen
SHRIMP RINGS

5.99
EA
W/O MVP Card Regular Retail

7.99
EA
W/O MVP Card Regular Retail

**CHICKEN
OF THE SEA
COOKED
SHRIMP**

ZNRH ZGCH ZGCR ZGCT ZGRY ZMBL ZMBM ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI
SCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZVDC ZVRA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 12/03/25

DELicious BOGOs of the week!



HOTSALE!
W/O MVP Card \$7.99 EA
Single Item Half Price

BOGO FREE

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
W/O MVP Card \$3.49 EA
Single Item Half Price

BOGO FREE

5 Ct.
TEXAS TOAST



HOTSALE!
W/O MVP Card \$4.49 EA
Single Item Half Price

BOGO FREE

12 Ct.
FRUIT BITES



HOTSALE!
W/O MVP Card \$5.99 EA
Single Item Half Price

BOGO FREE

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
W/O MVP Card \$6.99 LB

5.99
LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
W/O MVP Card \$7.99 LB

6.99
LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
W/O MVP Card \$9.99 LB

8.99
LB

Freshly Sliced
**DIETZ &
WATSON
HAM**



HOTSALE!
W/O MVP Card \$4.49 EA

3.49
EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
W/O MVP Card \$6.79 EA

3.99
EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
W/O MVP Card \$5.49 EA

\$5
EA

Drums & Thighs
Made Hot In-Store
**4 PIECE FRESH
BUTTERMILK
HAND
BATTERED
FRIED CHICKEN**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
W/O MVP Card \$6.99 EA

\$5
EA

13.9-15.3 Oz.
Select Varieties
**FRESH &
SIMPLE
PIZZA**
15.16-15.87 Oz.
**LA MEGIC
PIZZA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING

Make the holidays *easy*

Let us do the work!

HOTSALE!
W/O MVP Card Regular Retail

\$5 OFF

SELECT CATERING TRAYS AND PLATTERS



LARGE GARDEN
VEGETABLE
PLATTER



CHICKEN TENDER TRAY



SIGNATURE
SANDWICH PLATTER



LARGE MINI
SANDWICH PLATTER



CHICKEN WING TRAY



Place your order
at the deli counter or
scan the QR code
to order online.



Bring joy
to a family's table when you
buy a holiday box



**FOOD LION
FEEDS**

November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. [feedlion.com/feeds](https://www.feedlion.com/feeds)

Baked in
fresh flavor!

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler



PRICED LOW
EVERY DAY ✓
3.49
EA

16 Oz.
Select Varieties
**FOOD LION
BUTTER
QUARTERS**



HOTSALE!
MVP
2/\$4

8-12.4 Oz.
Select Varieties
**FOOD LION
CRESCENT OR
CINNAMON
ROLLS**



2.37 Oz.
**FOOD LION
CINNAMON**
HOTSALE!
MVP
2.49
EA



PRICED LOW
EVERY DAY ✓
2.99
EA

48 Oz.
Select Varieties
**FOOD LION
ICE CREAM**



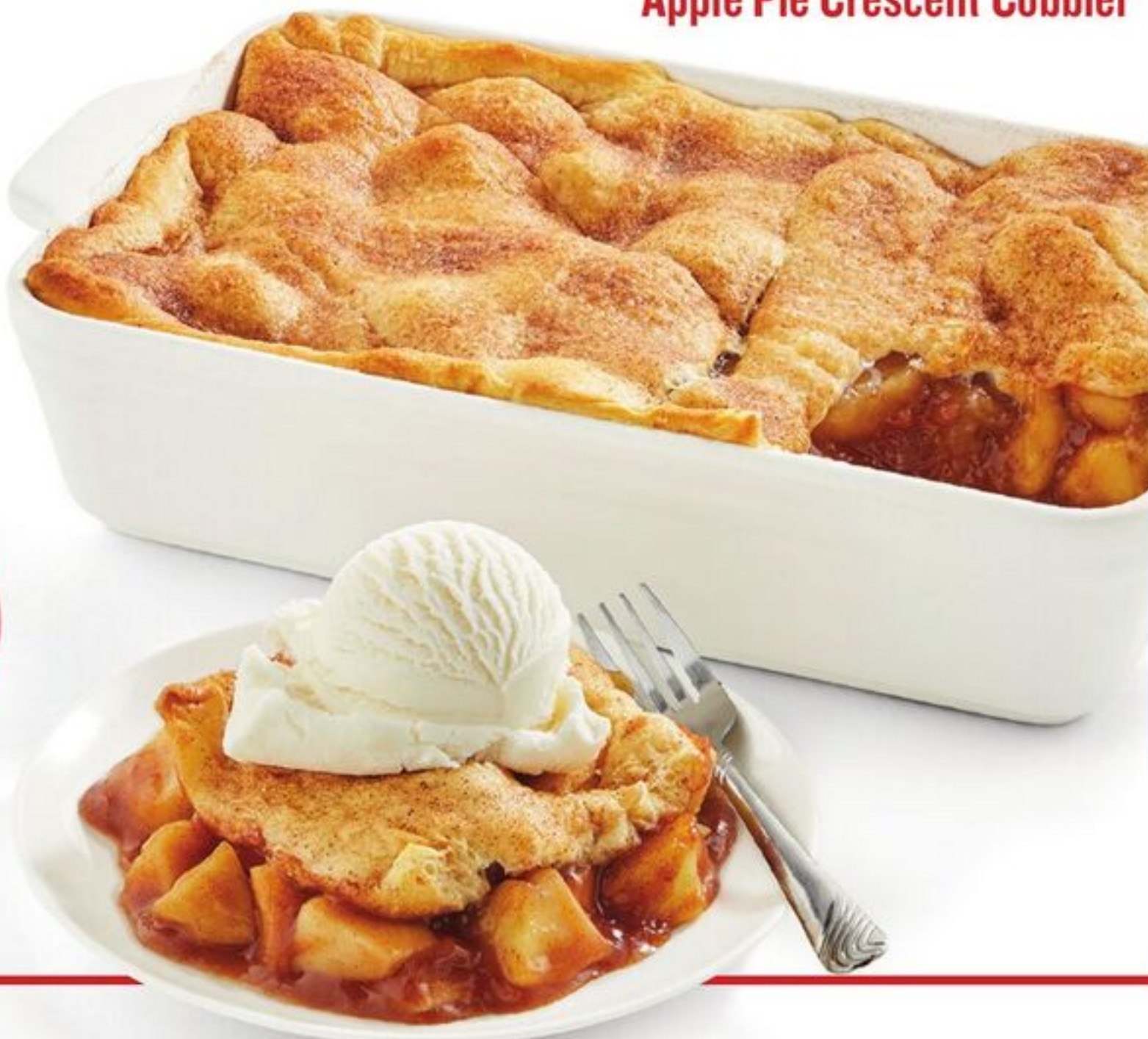
HOTSALE!
MVP
1.79
EA

16 Oz.
Select Varieties
**FOOD LION
BAKING
SUGARS**



HOTSALE!
MVP
1.29
LB

Tote Bag
GALA APPLES



PRICED LOW ✓ EVERY DAY

8 Oz.
Select Varieties
**FOOD LION
MUSHROOMS**
2.69
EA



4.10-5.7 Oz.
Select Varieties
**KNORR
PASTA OR
RICE SIDES**
MVP 4/\$5



15-16 Oz.
Select Varieties
**HUNT'S
MANWICH**
1.19
EA MVP



12 Oz.
**FOOD LION
VANILLA
WAFERS**
MVP 2/\$4



24 Oz.
Select Varieties
**WESSON
VEGETABLE OR
CANOLA OIL**
**MVP PRICED LOW
EVERY DAY ✓
2.89**
EA



2.12-3.5 Oz.
Select Varieties
**MCCORMICK
GRILL MATES
SEASONING**
**MVP PRICED LOW
EVERY DAY ✓
2.19**
EA



16 Oz.
Select Varieties
**TEDDIE
NATURAL
PEANUT BUTTER**
**HOTSALE! MVP
2.99**
EA



8-16 Oz.
Select Varieties
**UTZ
PRETZELS**
**HOTSALE! MVP
2/\$6**



**HOTSALE! MVP
2/\$5**



6 Pack
Select Varieties
**WHITE HOUSE
APPLE SAUCE**

**HOTSALE! MVP
4/\$5**



11-20 Oz.
Select Varieties
**PEPPERIDGE FARM
DINNER ROLLS,
BREAD OR BUNS**
**HOTSALE! MVP
3.99**
EA



**HOTSALE! MVP
3.99**
EA



**HOTSALE! MVP
2/\$4**



16 Oz.
Select Varieties
**AL BRONZO
PASTA**

**HOTSALE! MVP
2/\$3**



14 Oz.
**LA BANDERITA
TOTOPOS
TORTILLA CHIPS**
**HOTSALE! MVP
2/\$6**



3.5-13.7 Oz.
Select Varieties
**NABISCO RITZ
OR SNACK
CRACKERS**
**HOTSALE! MVP
3.99**
EA



23.9-24 Oz.
Select Varieties
**RAGÙ
PASTA SAUCE**
**HOTSALE! MVP
2/\$5**



6.5-8 Oz.
Select Varieties
**CAPE COD
POTATO CHIPS**
LIMIT 4 FREE
**HOTSALE! MVP
BOGO
FREE**



6-10.7 Oz. - Select Varieties
**LITTLE DEBBIE
HOLIDAY CAKES OR
CHRISTMAS COFFEE
CREAMER**
**HOTSALE! MVP
2/\$6**



16 Oz.
Select Varieties
RAO'S SOUP



30 Oz.
Select Varieties
**KRAFT
MAYONNAISE**
**HOTSALE! MVP
3.99**
EA



4 Pack
Select Varieties
**GOGO SQUEEZ
ACTIVE**
**HOTSALE! MVP
3.49**
EA



**HOTSALE! MVP
5.49**
EA



4.6 Oz.
Select Varieties
**FERRERO
COLLECTION
12 PIECE
GIFT BOX**
WHILE
SUPPLIES LAST!

14 Oz. - Select Varieties
**BLUE DIAMOND
ALMONDS
AND MORE**



**HOT SALE! MVP
8.99**
EA



Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA OR KONA

HOTSALE!

15.49 EA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNRH ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNF ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 12/03/25

DAIRY



FOOD LION
Sharp Cheddar
Cheese Snack Bars

FOOD LION
Colby Jack Cheese
Snack Bars

NESTLE
TOLL HOUSE
Chocolate Chip
Cookies

HOTSALE!
MVP
3.99
EA
14-16.5 Oz.
Select Varieties
NESTLE
TOLL HOUSE
COOKIES
W/O MVP Card \$4.69 EA

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
MVP
4.49
EA
W/O MVP Card Regular Retail

100 GOOD!
YOGURT

OUI
YOGURT

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT

FOOD LION
Margarine

LAND O LAKES
Margarine

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES

HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.99 EA

6-6.75 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS

HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES

HOTSALE!
MVP
2/\$3
W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

HOTSALE!
MVP
2/\$3
W/O MVP Card \$1.69 EA

YOCRUNCH
YOGURT

DANIMALS
SMOOTHIE

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT

HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES

HOTSALE!
MVP
3.99
EA
W/O MVP Card \$4.99 EA

Kraft
Singles

FOOD LION
Cream Cheese Bar

MVP DIGITAL COUPONS

Load on App • Online • In-Store Kiosk



48-64 Oz.
Select Varieties
SILK
PROTEIN
OR SOY MILK

HOT SALE!
3.99
EA
W/O MVP Card \$4.69 EA

MVP
Coupon
-50¢
OFF

3.49
EA
W/O MVP DISCOUNT SAVINGS
LIMIT 1



15-17-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA

HOT SALE!
4.49
EA
W/O MVP Card \$6.19 EA

MVP
Coupon
-1.00
OFF

3.49
EA
W/O MVP DISCOUNT SAVINGS
LIMIT 1



17-65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA

HOT SALE!
5.99
EA
W/O MVP Card \$6.99 EA

MVP
Coupon
-1.00
OFF

4.99
EA
W/O MVP DISCOUNT SAVINGS
LIMIT 1



28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

HOT SALE!
7.99
EA
W/O MVP Card \$9.29 EA

MVP
Coupon
-1.00
OFF

6.99
EA
W/O MVP DISCOUNT SAVINGS
LIMIT 1

FROZEN



10-7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES

HOTSALE!
MVP
2/\$5
W/O MVP Card \$3.68 EA



10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE

PRICED LOW EVERY DAY
2.99
EA
W/O MVP Card \$3.68 EA



4-5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS

HOTSALE!
MVP
99¢
EA
W/O MVP Card \$1.58 EA



9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS

HOTSALE!
MVP
3.49
EA
W/O MVP Card \$3.99 EA



7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES

HOTSALE!
MVP
\$1
EA
W/O MVP Card \$1.88 EA



35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS

HOTSALE!
MVP
6.99
EA
W/O MVP Card \$8.99 EA

BREAKFAST



32 Oz.
JIM DANDY
QUICK GRITS

HOTSALE!
MVP
1.99
EA
W/O MVP Card \$2.29 EA



12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP
2/\$6
W/O MVP Card \$4.99 EA



7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
MVP
4.99
EA
W/O MVP Card Regular Retail



10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail



42 Oz.
Old Fashioned or Quick
FOOD LION
OATS

PRICED LOW EVERY DAY
4.29
EA



24-32 Oz.
Select Varieties
PEARL MILLING COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP
2/\$6
W/O MVP Card Regular Retail



22-6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP
11.99
EA
W/O MVP Card Regular Retail



36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HOTSALE!
MVP
12.79
EA
W/O MVP Card Regular Retail

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm VALUE PACK

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

15 Seconds to Instant Dry Lip Relief

Prevents Chapping

Blistex

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No drowsiness
• No melatonin residue
• No sugar or artificial
flavors

30 TABLETS • DIETETIC SUGAR FREE

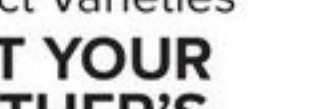
6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



**NOT YOUR
MOTHER'S
CURL TALK**
DRY SHAMPOO

• Cleanses hair
• No heat or
styling products
needed

6.8 FL OZ (198 mL)

12 Oz.
Select Varieties

**CERA
AVE
CLEANSER OR
LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Daily Hydrating
Cleanser

• Gentle cleanser
with ceramides
and hyaluronic
acid

12 FL OZ (355 mL)



CeraVe
Daily Hydrating
Lotion

• Gentle lotion
with ceramides
and hyaluronic
acid

12 FL OZ (355 mL)

HOUSE & HOME

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PUSHPODS**

16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



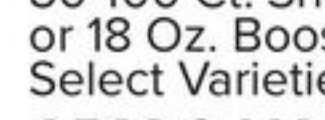
16 Oz. Select Varieties
**DAWN
POWERWASH**

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

BABY

- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**



HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

22 Oz. Body Wash Select Varieties
OLAY

24 Oz. Select Varieties
DAWN UNSTOPPABLES

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

2/2 \$14
 W/ MVP Card \$7.99 EA
MVP Coupon -500 OFF 2

2/\$9
 W/ MVP DISCOUNT SAVINGS LIMIT 1

15.99 EA
MVP Coupon -400 OFF 1

11.99 EA
 W/ MVP DISCOUNT SAVINGS LIMIT 1

PRICED LOW EVERY DAY -19.99 EA
 W/ MVP Card \$4.99 EA
MVP Coupon -500 OFF 1

14.99 EA
 W/ MVP DISCOUNT SAVINGS LIMIT 1



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE



HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING



While Supplies Last

9⁹⁹_{EA}

SUGAR PLUM
BOUQUET



HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:

Prices in this ad good at stores conveniently located in these cities:
**Carolina Beach, Hampstead, Leland, Oak Island,
Rocky Point, Southport, Surf City, Wilmington**

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZNW1 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!

MVP

2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!

MVP

5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



HOTSALE!

MVP

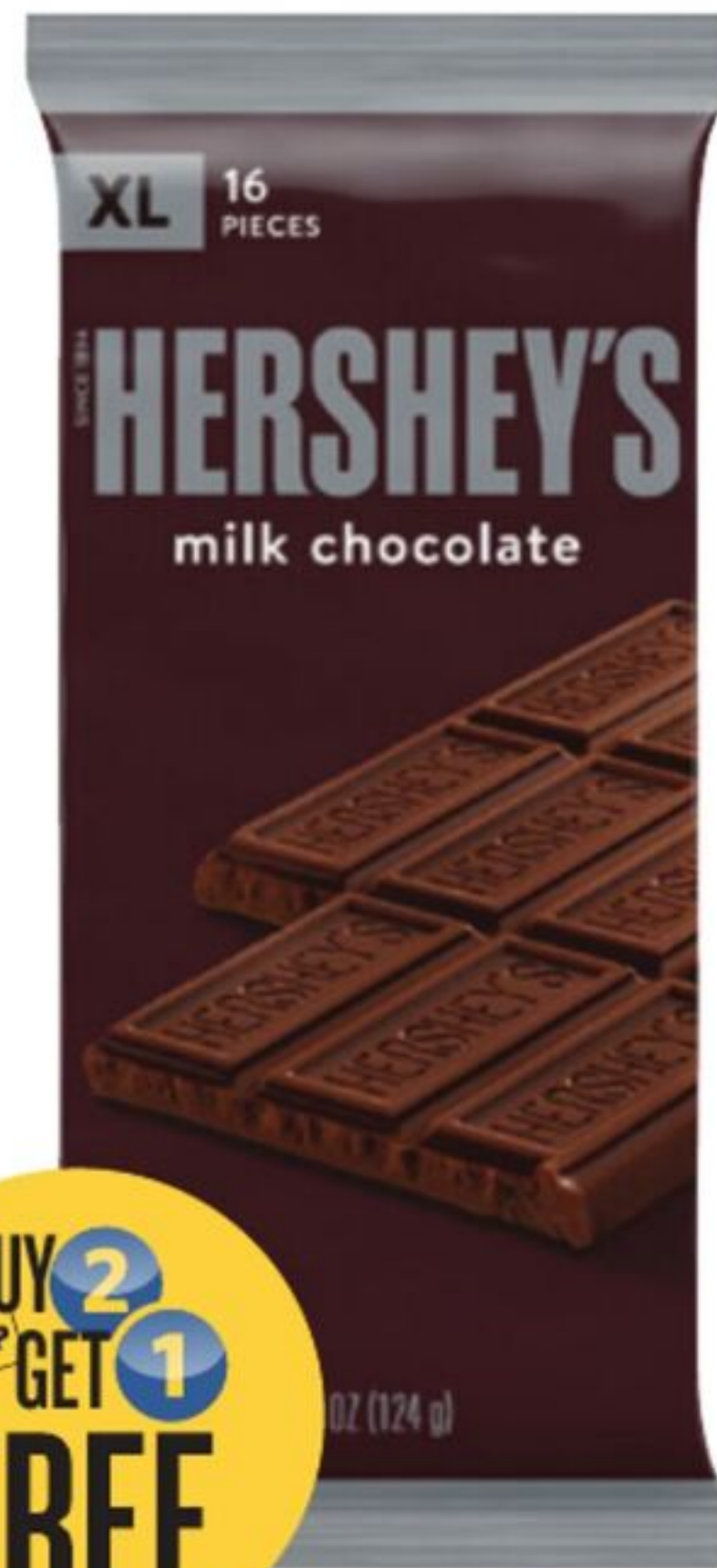
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!

MVP

8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

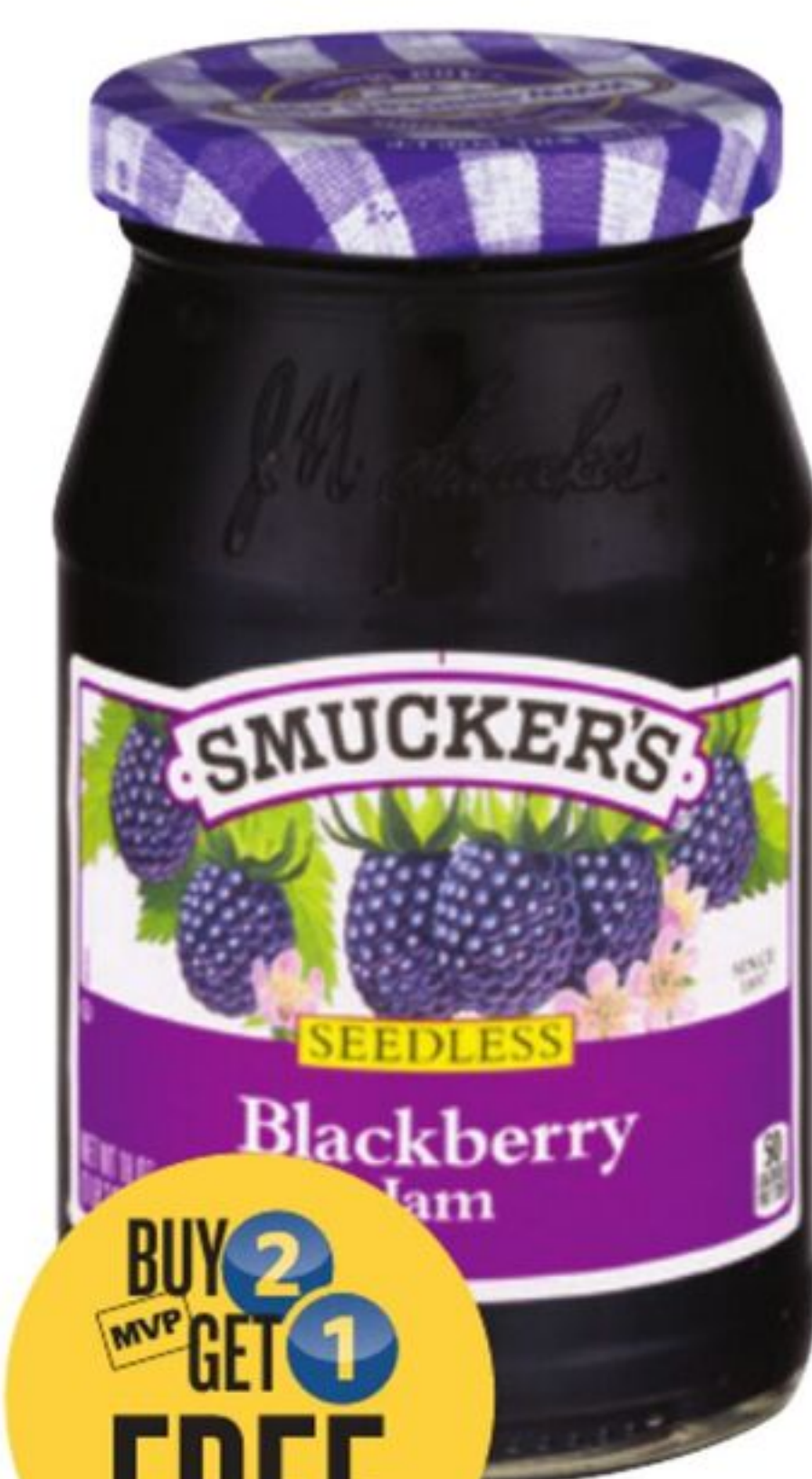
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3⁹⁹
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4⁹⁹
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3⁹⁹
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4⁹⁹
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4²⁹
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6⁹⁹
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!