PRESORTED STD
US POSTAGE
PAID
Detroit Lakes, MN
Permit No. 14

ECRWSSEDDM
POSTAL CUSTOMER

NOW ACCEPTING
VISA
MASTERCARD
DISCOVER
AMERICAN EXPRESS

MINNESOTA STATE LOTTERY

ATM Machine Available

Store Hours:
MONDAY-FRIDAY 8am to 9pm
SATURDAY-SUNDAY 8am to 6pm

BRUGGEMAN'S SUPERVALU

Mahnomen, MN 56557
Phone: 218-935-2538
www.bruggemanssupervalu.com

NOT ALL ITEMS AVAILABLE AT ALL STORES QUANTITY RIGHTS RESERVED

JOIN OUR LOYALTY PROGRAM

Check Us Out on Facebook

FOOD STAMPS
Bring Your Food Stamps To Bruggeman's SuperValu

Save Twice as Much with DOUBLE COUPONS
SEE DETAILS IN OUR STORE

PRICES EFFECTIVE DECEMBER 8 - 14, 2025

Assorted Pork Chops
Fresh, Family Pack, Bone-In
$1.99 lb

85% Lean Ground Beef
Fresh, Family Pack
$4.99 lb

Gold'n Plump Chicken Thighs or Drumsticks
Fresh, Family Pack
$1.49 lb

Blueberries
pint
2/$5

Clementines
3 lb bag
$4.99

Blue Bunny Frozen Dairy Dessert
46-48 oz pkg,
Selected Varieties
$3.99

Land O Lakes Butter
1lb pkg,
Selected Varieties
$3.99

Essential Everyday Natural Sliced Cheese
6-8 oz pkg,
Selected Varieties
2/$5

DiGiorno Classic Crust or Tombstone Original Pizza
19.1-20.8 oz DiGiorno or
19.3-27 oz Tombstone,
Selected Varieties
2/$8.88

Essential Everyday Brown or Powdered Sugar
2 lb pkg,
Selected Varieties
$1.99

Essential Everyday Cream Soup
10.5 oz can,
Selected Varieties
99¢

Essential Everyday Potato Chips
9 oz bag,
Selected Varieties
2/$4.44

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
ALL ITEMS MAY NOT BE AVAILABLE IN ALL STORES.
WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

Essential Everyday Gravy
12 oz jar, Selected Varieties
2/$4

Essential Everyday Soup & Oyster Crackers
9 oz bag
$1.69

Essential Everyday Specialty Dried Beans
16 oz pkg, Selected Varieties
$1.99

Essential Everyday Yams
15 oz can
$1.69

Essential Everyday Ripe Black Olives
6 oz can, Selected Varieties
$1.99

Essential Everyday French Fried Onions
6 oz bag
$2.99

Essential Everyday Cooking Oil
40 oz btl, Selected Varieties
$3.49

Essential Everyday Mayonnaise
15 oz jar
$3.29

Essential Everyday Yellow Mustard
20 oz btl
$1.99

Essential Everyday Crunchy Squares Cereal
12 oz box, Selected Varieties
2/$6

Essential Everyday Cranberry Sauce
14 oz can, Selected Varieties
2/$3

Essential Everyday Dried Cranberries
5 oz pkg
2/$4

Essential Everyday Sweet Pickles
16 oz jar, Selected Varieties
$2.99

Essential Everyday Corn Syrup
16 oz btl
$2.99

Essential Everyday Pineapple
20 oz can, Selected Varieties
2/$4

Essential Everyday Instant Pudding or Gelatin Mix
1.34-3.9 oz Pudding or .44-3 oz Gelatin, Selected Varieties
99¢

Essential Everyday Marshmallows
10-10.5 oz bag, Selected Varieties
$1.29

GROCERY

Del Monte Vegetables
14.5-15.25 oz can, Selected Varieties
4/$5

Swanson Broth
14.5 oz can, Selected Varieties
4/$5

Progresso Vegetable or Protein Soup
18-19 oz can, Selected Varieties
2/$4.44

Chef Boyardee Pasta
7.5 oz microwaveable cup or 14.5-15 oz can, Selected Varieties
3/$5

Kellogg's Family Size Cereal
16.4 oz Corn Pops, 16.6 oz Apple Jacks or Froot Loops, 18 oz Crispix, Rice Krispies or Corn Flakes, 19 oz Cocoa Krispies, 20.7 oz Raisin Bran Crunch, 22.1 oz Raisin Bran, 21.7 oz Frosted Flakes or 24 oz Frosted Mini Wheats
2/$9

Cheez-It, Toasteds or Kellogg's Club Crackers
9-12.4 oz Cheez-It, 8-8.7 oz Toasteds or 11-13.7 oz Club, Selected Varieties
2/$7

Frito Lay Ruffles Potato Chips, Tostitos Tortilla Chips, Dips or Salsa
7.25-8 oz Ruffles, 9-14.42 oz Tostitos, 10-15.75 oz Dips or Salsa, Selected Varieties
2/$7

Old Dutch Popcorn, Kettle Corn, Dutch Crunch or Twin Pack Potato Chips
5-6 oz Popcorn, 7 oz Kettle Corn, 9 oz Dutch Crunch or 10 oz Twin Pack, Selected Varieties
2/$7

Nabisco Family Size Oreo Cookies
10.68-19.01 oz pkg, Selected Varieties
$4.49

Kellogg's Pop-Tarts Toaster Pastries
12 ct box, Selected Varieties
$2.99

PLU:1248	REDEEMABLE COUPON	VALID: 12/7/25-12/13/25	RV0200

Hershey's XL Candy Bars
4-4.4 oz pkg, Selected Varieties
2/$4
With Coupon, MUST BUY 2

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012480

Kraft Mac & Cheese or Velveeta Shells & Cheese Microwave Cups
4 ct pkg, Selected Varieties
$5.69

Maruchan Ramen Noodle Soup
3 oz pkg, Selected Varieties
10/$3

Kraft Mac & Cheese Family Size
14.5 oz box
2/$3

Sensible Veggie Straws or Chips
6-7 oz pkg, Selected Varieties
2/$7

Bush's Best Beans
15-16 oz can, Selected Varieties
3/$4

Ben's Ready Rice
17.28-17.3 oz pkg, Selected Varieties
$4.99

Barilla Pasta or Ready Pasta
7-16 oz pkg, Selected Varieties
3/$5

Old El Paso Taco Seasoning
1 oz pkg, Selected Varieties
4/$5

Ortega Taco Sauce
16 oz btl, Selected Varieties
$3.49

Old El Paso Enchilada Sauce, Seasoning or Taco Shells
19 oz Enchilada Sauce, 6.25 oz Seasoning, 18 ct Taco Shells, Selected Varieties
$3.49

General Mills Treat Bars, Nature Valley or Fiber One Bars
3.28-8.94 oz box, Selected Varieties
3/$10

Kellogg's Grahams Crackers
15 oz box
$3.99

Prego Pasta Sauce
8 oz Pesto, 22 oz Alfredo or 45 oz jar, Selected Varieties
$3.99

Wild Harvest Organic Worcestershire Sauce
10 oz btl
$2.99

Mott's Apple Sauce
23-24 oz jar, Selected Varieties
2/$5

Wild Harvest Coconut Water
33.8 oz ctn
$3.99

Hostess Donettes Mini Donuts
9.5-10.75 oz pkg, Selected Varieties
2/$5

BAKERY

Fruit Pies
8 inch, Selected Varieties
$6.99

Gregory's Dinner Rolls
12 ct pkg, Selected Varieties
$3.49

Lofthouse Frosted Sugar Cookies
10 ct pkg, Selected Varieties
$3.99

La Brea Ciabatta Loaf
12 oz pkg, Take and Bake
$3.99

DELI

Delallo Olives
7 oz pkg, Selected Varieties
$5.99

Kaukauna Spreadable Cheese
6.5 oz pkg, Selected Varieties
$3.99

Boursin Cheese
5.2 oz pkg, Selected Varieties
$4.99

Gordo's Cheese Dips
16 oz pkg, Selected Varieties
$5.99

DAIRY

Dannon Danimals, Activia Yogurt, Zero Sugar Drink or Danactive Probiotic Dailies
12 ct Danimals or 8-12 ct Activia, Selected Varieties
2/$10

Florida's Natural Juice
52 oz ctn, Selected Varieties
$4.49

Minute Maid Zero Sugar Lemonade or Juice Drinks
52 oz btl, Selected Varieties
2/$5

Essential Everyday Cream Cheese
8 oz tub, Selected Varieties
2/$6

Essential Everyday Cheese Cups
5-6 oz tub, Selected Varieties
2/$5

Cass-Clay Cottage Cheese
22 oz tub, Selected Varieties
$3.99

Kemps Cottage Cheese or Sour Cream
22 oz tub or 4 pk Cottage Cheese or 24 oz tub Sour Cream, Selected Varieties
$3.99

Crystal Farms Cream Cheese
8 oz brick, Selected Varieties
$2.29

Country Crock Vegetable Spread
45 oz tub, Selected Varieties
$5.99

International Delight Coffee Creamer
32 oz btl, Selected Varieties
$3.99

Essential Everyday Pie Crust
2 ct pkg
2/$7

Mid America Farms Top The Tater
24 oz tub
$3.99

FROZEN

Essential Everyday Vegetables
12 oz bag, Selected Varieties
2/$3

Banquet Pot Pie
7 oz pkg, Selected Varieties
5/$5

Green Giant Restaurant Style Vegetables
10-12 oz pkg, Selected Varieties
$3.99

McCain Potatoes or Onion Rings
14-26 oz pkg, Selected Varieties
2/$7

Essential Everyday Whipped Topping
8 oz tub, Selected Varieties
$1.69

Nestlé Drumstick Sundae Cones, Toll House Ice Cream Sandwiches or Oreo Cones or Cups
5-20 ct box, Selected Varieties
$7.99

HEALTH & BEAUTY

Crest Toothpaste
5.7 oz pkg, Selected Varieties
$2.99

Always Pads, Liners or Tampax Tampons
20-80 ct pkg, Selected Varieties
$6.99

Cortizone 10 Anti-Itch Relief
1 oz pkg, Selected Varieties
$5.99

Centrum Vitamins
100-120 ct btl, Selected Varieties
$11.99

Axe Antiperspirant & Deodorant
2.7-3 oz pkg, Selected Varieties
$4.99

Compare to Listerine

Equaline Mouthwash
1 ltr btl, Selected Varieties
$3.99

Essential Everyday Batteries
1-4 ct pkg, Selected Varieties
$3.99

HOUSEHOLD HELPERS

Xtra Laundry Detergent
56-57.6 oz btl, Selected Varieties
$2.99

Downy Unstopables In-Wash Scent Booster
7.8 oz pkg, Selected Varieties
$6.99

Bounce Fabric Softener Sheets
160 ct box
$7.99

Bounty Paper Towels
4 ct Double Rolls, Selected Varieties
$8.99

Hefty One Zip Storage or Freezer Bags
12-40 ct pkg, Selected Varieties
$4.49

Essential Everyday Sandwich Bags
90-100 ct pkg, Selected Varieties
$2.99

Essential Everyday Trash Bags
15-26 ct box, Selected Varieties
$2.99

Essential Everyday Clear Party Cups
18-20 ct pkg, Selected Varieties
2/$5

Essential Everyday Cat Litter
14 lb jug, Selected Varieties
$6.99

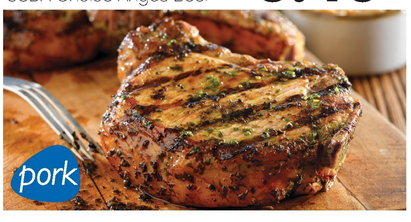
Essential Everyday Dog Biscuits
24 oz box, Selected Varieties
$3.99

MEAT

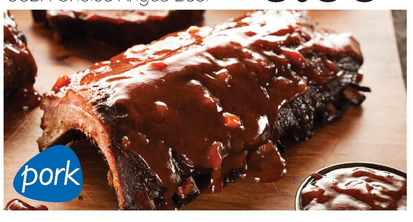
Angus Farms Boneless Top Round Roast
USDA Choice Angus Beef
$8.49 lb

Angus Farms Boneless Top Round Steak
USDA Choice Angus Beef
$8.99 lb

Angus Farms Sirloin Ball Tip Steak
USDA Choice Angus Beef
$7.49 lb



Center Cut Pork Chops
Fresh, Bone-In
$2.49 lb



Pork Spare Ribs
USDA Inspected
$2.99 lb

Hormel Pork Tenderloins
18.4 oz pkg,
Selected Varieties
$7.99

Bob Evans Family Size Side Dishes
28-32 oz pkg,
Selected Varieties
$5.49

Kevin's Chicken Entrées
16-17 oz pkg,
Selected Varieties
$8.99

Simek's Entrées
32 oz pkg,
Selected Varieties
$9.99

No Name Meatballs
20 oz pkg,
Selected Varieties
$9.99

Smithfield Anytime Favorite Boneless Ham
1.5 lb pkg,
Selected Varieties
$9.99

Smithfield Sliced Bacon
12 oz pkg,
Selected Varieties
$5.49

Farmland Pork Links or Roll Sausage
8-12 oz pkg,
Selected Varieties
2/$5

Essential Everyday Breaded Chicken
24-28 oz pkg,
Selected Varieties
$6.49

Jennie-O 93% Lean Ground Turkey or Patties
16 oz pkg,
Selected Varieties
$5.99

Smithfield Premium Deli Lunchmeat
12 oz pkg,
Selected Varieties
$4.49

El Monterey Enchiladas or Quesadillas
10-10.25 oz pkg,
Selected Varieties
$4.99

Arctic Shores Cod Fillets
16 oz pkg, Wild Caught
$8.99

PRODUCE

Broccoli or Cauliflower
Fresh
$3.49 ea

Yellow Onions
3 lb bag
$1.99

Fresh Express Old Fashioned Coleslaw or Shredded Lettuce
8-14 oz bag, Selected Varieties
$1.99

English Cucumbers
Fresh
$1.49

Fresh Cranberries
12 oz bag
$1.99

On The Vine Tomatoes
Ripe
$2.29 lb

Farmers Promise Yellow Potatoes
5 lb bag
$2.99

Champs White Mushrooms
8 oz pkg,
Whole or Sliced
2/$4

Coke Products
12 pk 12 oz cans,
Selected Varieties
$5.99

Coke Products
6 pk 16.9 oz btls,
Selected Varieties
2/$8

Powerade Sport Drinks
6 pk 20 oz btls,
Selected Varieties
$5.99

American Bottling Products
12 pk 12 oz cans,
Selected Varieties
2/$12

Village Hearth Cottage Bread
24 oz loaf,
White and Sour Dough
$3.49

Frescados Burrito Tortillas
10 ct pkg
$2.19

Barrel 'O Fun Popcorn, Corn Pops or Caramel Corn Pops
75-8 oz bag,
Selected Varieties
$3.19

Cass Clay Cottage Cheese
22 oz ctn,
Selected Varieties
$3.99

Cass Clay Orange Juice
64 oz btls,
Selected Varieties
$5.99

MAHNO

HOLIDAY SAVINGS FROM CONAGRA

PLU:1247 | REDEEMABLE COUPON | VALID 12/7/25-12/13/25 | RV0350

BUY EIGHT (8) CONAGRA ITEMS GET A

FREE

KELLOGG'S CHEEZ-IT OR CLUB CRACKERS UP TO $3.50

Birds Eye® Voila! 42 oz, **Crunch'n Munch®** 3.5 oz box, **Hunt's®** Diced Tomatoes 14.5 oz can, **Hunt's®** Manwich 15-16 oz can, **Hunt's®** Snack Pack Pudding 4 ct, **Hunt's®** Spaghetti Sauce 24 oz can, **Ro•Tel®** Tomatoes 10 oz can, **Act II®** Popcorn 3 ct box, **Blue Bonnet®** Quarters 1 lb pkg, **P.F. Chang's®** Frozen Dinners 22 oz, **Banquet®** Classics Meals, **Birds Eye®** Premium Tier, **Pam®** Cooking Spray 5-6 oz, **Healthy Choice®** Power Bowls, **Banquet®** Mega High Tier Meals 11.5-16.95 oz pkg, **Bertolli®** Dinners 24 oz, **Hunt's®** Ketchup 20 oz btl, **Wish-Bone®** or Western Dressing 15 oz btl, **Gulden's®** Mustard 12 oz btl, **Swiss Miss®** Hot Cocoa Mix 8 ct box, **Angie's Boom Chicka Pop®** Popcorn 4.4-7 oz pkg

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GOOD ONLY AT UNFI SUPPLIED STORES

012470

Swanson Hungry Man Dinners
14-16 oz pkg,
Select Varieties
2/$8

Birds Eye Steamfresh Vegetables
6-16 oz pkg,
Selected Varieties
2/$4.44

Banquet Mega Meals
11.5-16.95 oz pkg,
Selected Varieties
2/$6

Bertolli Skillet Entrée or P.F. Chang's Home Menu Meals
22-25 oz Bertolli or
18-22 oz P.F. Chang's,
Selected Varieties
$5.99

Birds Eye Voila! Family Size Skillet Meal
35-42 oz pkg,
Selected Varieties
$6.99

Healthy Choice Classics or Café Steamers
9.25-10.7 oz pkg,
Selected Varieties
3/$8

Pam Cooking Spray
5-6 oz can,
Selected Varieties
$3.99

Ro•Tel Tomatoes
10 oz can,
Selected Varieties
2/$3

Hunt's Tomatoes or Tomato Sauce
14.5-15 oz can,
Selected Varieties
2/$3

Manwich Sloppy Joe Sauce
15-16 oz can,
Selected Varieties
2/$3

Hunt's Pasta Sauce
24 oz can,
Selected Varieties
2/$3

Hunt's Ketchup
20 oz btl
$1.59

Wish-Bone or Western Dressing
15 oz btl,
Selected Varieties
2/$5

Gulden's Mustard
12 oz btl,
Selected Varieties
$1.59

Blue Bonnet Margarine Quarters
1 lb pkg,
Selected Varieties
$1.29

Crunch 'n Munch Popcorn
3.5 oz box,
Selected Varieties
4/$5

Angie's Boom Chicka Pop Popcorn
4.4-7 oz pkg,
Selected Varieties
2/$6

ACT II Microwave Popcorn
3 ct box,
Selected Varieties
3/$5

Swiss Miss Hot Cocoa Mix
8 ct box,
Selected Varieties
$3.49

Hunt's Snack Pack Pudding or Gel Snacks
4 ct pkg,
Selected Varieties
2/$3

FREGU

FARGO CLR 1207_SV_FARGO_INST_FT_FINAL

START YOUR DAY OFF RIGHT WITH QUAKER

Rice-a-Roni or Pasta-Roni
1.97-7.2 oz pkg,
Selected Varieties
2/$3

Quaker Rice Crisps
3-4 oz bag,
Selected Varieties
2/$5

Cheetos Mac 'N Cheese
2.11-2.32 oz cup or 5.6-5.9 oz box,
Selected Varieties
3/$3

Quaker Oats
16-42 oz cnstr,
Selected Varieties
$4.49

Quaker Premium Instant Oatmeal
6-8 ct box,
Selected Varieties
$4.99

Quaker Instant Oatmeal
8-12 ct box,
Selected Varieties
$2.88

Quaker Cereal
11.2-12.6 oz Cap'n Crunch or 13 oz Life,
Selected Varieties
2/$6

Quaker Oatmeal Squares Cereal
14.5 oz box,
Selected Varieties
2/$6

Pearl Milling Company Syrup
24 oz btl, Selected Varieties
$3.49

STOCK UP ON HOLIDAY ESSENTIALS

Essential Everyday Stuffing Mix
6 oz box,
Selected Varieties
$1.99

Essential Everyday Bread Crumbs
15 oz pkg,
Selected Varieties
$1.69

Gold Medal Flour
5 lb bag,
Selected Varieties
$3.49

McCormick Ground Ginger or Poultry Seasoning
.7 oz Ginger or
.65 oz Poultry
$2.99

McCormick Whole or Ground Cloves, Ground Nutmeg or Rubbed Sage
.62-.9 oz Cloves,
1.1 oz Nutmeg or .5 oz Sage
$4.99

McCormick Imitation or Pure Extract
1-2 oz btl,
Selected Varieties
$2.99

McCormick Pumpkin Pie Spice
1.12 oz jar
$5.99

McCormick Pure Vanilla Extract
2 oz btl
$4.99

McCormick Cinnamon
2.37 oz pkg
$2.49

Essential Everyday Pecan Pieces
16 oz bag
$9.99

Essential Everyday Almond Bark
20 oz pkg,
Selected Varieties
$3.99

Essential Everyday Evaporated Milk
12 oz can
$1.59

Eagle Brand Sweetened Condensed Milk
14 oz can,
Selected Varieties
2/$5

Duncan Hines Brownie or Cake Mix
18-18.3 oz Brownie or
15.2-15.3 oz Cake,
Selected Varieties
3/$4

McCormick Food Coloring
1 oz btl,
Selected Varieties
$3.99

Essential Everyday Parchment Paper
45 sq. ft. Roll
$3.99