

Shop our *best deals*
this week!



HOTSALE!
(w/v)
BOGO FREE
 W/O M&M's Cap Regular Retail Single Item Retail Price

6.88-20 Oz. Select Varieties
THOMAS'S BAGELS or ENTENMANN'S LITTLE BITES MUFFINS



HOTSALE!
(w/v)
BOGO FREE
 W/O M&M's Cap Regular Retail Single Item Retail Price

5.75-12.4 Oz. Select Varieties
CHEEZ-IT or CHEEZ-IT SNAPd
 LIMIT 4 FREE




HOTSALE!
(w/v)
BOGO FREE
 W/O M&M's Cap \$5.99 EA Single Item Retail Price



HOTSALE!
14.99
EA

12 Pack 12 Oz. Bottles or Cans
SAMUEL ADAMS BOSTON LAGER
 Select Varieties

13.25-14.25 Oz.
Select Varieties

**BETTY CROCKER
SUPER MOIST
CAKE MIX**

HOTSALE!

(each)

\$1

W/O MVP Card \$1.99 EA

18 Ct.
Select Varieties

**FRITO LAY
VARIETY
PACK**

HOTSALE!

(each)

8⁹⁹

EA

W/O MVP Card \$13.69 EA

52 Oz.
Select Varieties

**FLORIDA'S
NATURAL
ORANGE JUICE**

HOTSALE!

(each)

2⁵

W/O MVP Card \$4.49 EA

16 Oz.
Select Varieties
Quarters or Cubes

**CHALLENGE
OR DANISH
CREAMERY
BUTTER
QUARTERS**

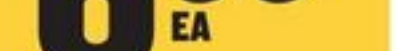
HOTSALE!

(each)

2⁵

W/O MVP Card (Regular Retail)

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk

 HOT SALE! \$3.49 W/O MVP Card \$5.15 EA MVP Coupon -\$1.00 OFF 2⁴⁹/₉ MVP W/ MVP, DISCOUNT SAVINGS 48 Oz. Select Varieties BREYERS ICE CREAM	 HOT SALE! 2/\$5 W/O MVP Card \$3.00 EA MVP Coupon -\$1.00 OFF 2/\$4 MVP W/ MVP, DISCOUNT SAVINGS 8.4-12.1 Oz. Select Varieties QUAKER INSTANT OATMEAL	4.7-8.7 Oz. Select Varieties HAMBURGER HELPER  HOT SALE! \$1 EA MVP W/O MVP Card \$2.09 EA	 HOT SALE! \$6.99 EA MVP W/O MVP Card Regular Retail 75-110 Oz. Liquid or 32-42 Ct. Paks Select Varieties ARM & HAMMER CLEANSE & REFRESH
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MVP

**3 DAY
HOTSALE!**

FRIDAY - SUNDAY




HOTSALE!

WV

2.99

EA

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA MVP

10-11 Oz. - Select Varieties

POST PEBBLES CEREAL



HOTSALE!

WV

1.79

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA MVP

7-8 Oz. - Select Varieties

TILLAMOOK SLICED OR SHREDDED CHEESE




HOTSALE!

WV

2/\$5

W/O MVP Card \$3.79 EA

REST OF WEEK 2/\$7 MVP

8.25-18 Oz. - Select Varieties

PRITO LAY
PARTY SIZE
CHIPS OR
SNACKS

HOTSALE!
(MVP)
2.99
EA
Limit 4
W/O MVP CARD \$3.99 EA

REST OF WEEK \$5.99 EA

20 Oz.

WONDER CLASSIC
WHITE ROUND
TOP BREAK

HOTSALE!
(MVP)
BOGO
FREE
W/O MVP CARD \$3.69 EA
Single Item Price
Off Regular Retail

REST OF WEEK \$2.99 EA **MVP**

6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA MVP

18 Oz.
Select Varieties

**DUKE'S
SQUEEZE
MAYONNAISE**

HOT SALE!
MVP

4^{EA} \$4.99

W/O MVP Card \$5.49 EA



PRICED LOW ✓ EVERY DAY **&** **HOT SALE!**
ON ITEMS YOU BUY MOST OFTEN OUR BEST WEEKLY MVP DEALS

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
**80% LEAN
FRESH
ROUND CHUCK**

NO MVP Card Regular Retail

A white bowl filled with ground beef, beans, shredded cheese, and jalapeños sits on a wooden cutting board. Next to it is a slice of cornbread and a baked potato. A silver spoon lies on the board in front of the bowl. The background is a solid light blue.

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!

MVP

5.99
LB

Ground Fresh Daily

**80% LEAN
FRESH
GROUND CHUCK**

W/O MVP Card Regular Retail



23 Oz. Pkg.
All Varieties
**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOT SALE!
MVP
**BOGO
FREE**
W/O MVP Card Regular Ret.
Single Item Half Price



HOTSALE
MVP
299
EA
W/O MVP Card Regular R

12 Oz. Pkg.
Select Varieties
RUTH'S
PIMENTO SPREAD

HOT SALE!
MVP
79¢
LB
W/O MVP Card Regular Retail \$1.99

Sold in 10 Lb. Bag
**FRESH CHICKEN
LEG QUARTERS**

HOT SALE!
MVP
3.49
LB
W/O MVP Card Regular Rate

Assorted, Bone-In
PORK CHOPS

HOT SALE!
MVP
3⁴⁹
LB
W/O MVP Card Regular Retail

CHICKEN WINGETTES

Fresh - Select Varieties
SCHWEID & SONS
GOURMET
BURGERS

HOT SALE!
MVP
10.99
EA
W/O MVP Card Regular Rate



Small Pack
FOOD LIO
CHICKEN
THIGHS

HOT SALE!
MVP
1.69
LB
W/O MVP Card Regular Retail \$2.99



12-14 Oz. Pkg.
Select Varieties
**FOOD LION
COCKTAIL
SMOKIES**

HOT SALE!
MVP
348
EA
W/O MVP Card Regular Ret.



SUSTAINABLY SOURCED SEAFOOD

HOTSALE!

9⁹⁹

EA

16 Oz. - Fresh
**SALMON
FILLET**

W/O MVP Card Regular Retail

HOTSALE!

10⁹⁹

EA

40 Oz. Pkg.
Frozen
**FOOD LION
SWAI**

W/O MVP Card Regular Retail

HOTSALE!

5⁹⁹

EA

8 Oz. - Frozen
SHRIMP RING

W/O MVP Card Regular Retail

HOTSALE!

5⁹⁹

EA

26-30 Ct.
12 Oz. Bag - Frozen
**CHICKEN
OF THE SEA
RAW SHRIMP**

W/O MVP Card Regular Retail

HOTSALE!

7⁹⁹

EA

26-30 Ct.
12 Oz. Bag - Frozen
**CHICKEN
OF THE SEA
COOKED
SHRIMP**

W/O MVP Card Regular Retail

HOT SALE!
MVP
9.99
EA
W/O MVP Card Regular Retail

16 Oz. - Fresh
**SALMON
FILLET**

HOT SALE!
MVP
10⁹⁹
EA
W/O MVP Card Regular Retail

40 Oz. Pkg.
Frozen
FOOD LION
SWAI

HOT SALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

3 Oz. - Frozen
SHRIMP RI

HOTSALE!
MVP
5.99
EA
/O MVP Card Regular Retail

6-30 Ct.
2 Oz. Bag - Fro
CHICKEN
OF THE SEA
RAW SHRIMP

7
W/O MVP C

SALE!
26-30 C
12 Oz. B
CHICK
OF TH
COOK
SHRIM

g - Frozen
EN
SEA
D
D

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
7 Oz. Select Varieties
TILLAMOOK CHEDDARS
W/O MVP Card \$7.99 EA
Single Item Half Price



HOTSALE!
MVP
BOGO FREE
5 Ct.
TEXAS TOAST
W/O MVP Card \$3.49 EA
Single Item Half Price



HOTSALE!
MVP
BOGO FREE
12 Ct.
FRUIT BITES
W/O MVP Card \$4.49 EA
Single Item Half Price



HOTSALE!
MVP
BOGO FREE
12 Oz.
MEURER BROTHERS MINI DANISH
W/O MVP Card \$5.99 EA
Single Item Half Price

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
MVP
8.99
LB
W/O MVP Card \$9.99 LB
Freshly Sliced
DIETZ & WATSON HAM



HOTSALE!
MVP
5.99
LB
W/O MVP Card \$6.99 LB
Freshly Sliced Select Varieties
FOOD LION TURKEY OR CHICKEN BREAST



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB
Freshly Sliced
COOPER AMERICAN CHEESE



HOTSALE!
MVP
8.99
EA
W/O MVP Card \$9.99 EA
14 Oz.
ROBERT'S FAMOUS CHICKEN SALAD



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA
5.2-5.3 Oz. Pkg.
BOURSIN CHEESE



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA
18 Oz.
FOOD LION CORNBREAD TRAY



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA
14-16 Oz. Select Varieties
FOOD LION SLICED LOAF CAKES



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA
4 Ct. Made Hot In-Store
CHICKEN LEG QUARTERS



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA
12 Oz.
TASTE OF INSPIRATIONS PROTEIN SALADS



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$6.99 EA
13.9-15.3 Oz. Select Varieties
FRESH & SIMPLE PIZZA
15.16-15.87 Oz.
LA MEGIC PIZZA

FOOD LION CATERING
Make the holidays *easy*
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

LARGE GARDEN VEGETABLE PLATTER



CHICKEN TENDER TRAY



SELECT CATERING TRAYS AND PLATTERS



SIGNATURE SANDWICH PLATTER



LARGE MINI SANDWICH PLATTER



CHICKEN WING TRAY





Place your order at the deli counter or scan the QR code to order online.



Bring joy to a family's table when you buy a holiday box



FOOD LION FEEDS

November 5 - December 9, 2025
Your purchase will be donated to your local food bank.

FOOD LION FEEDS | **FEEDING AMERICA**

*Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. \$1.00 helps provide at least 10 meals secured by Feeding America on behalf of local member food banks. Each box purchased will be donated to local food banks within Food Lion's 10-state footprint. Funds raised could go to support Feeding America® programs that benefit local families. [foodlion.com/feeds](https://www.foodlion.com/feeds)

FOOD MVLN MVP

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz. Select Varieties DEL MONTE CANNED VEGETABLES HOTSALE! W/O MVP 2/\$3 W/O MVP Card \$1.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	8-13.9 Oz. Select Varieties PILLSBURY CRESCENTS OR CINNAMON ROLLS HOTSALE! W/O MVP 2/\$6 W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	45 Oz. Select Varieties BLUE RIBBON NOVELTIES HOTSALE! W/O MVP 5⁹⁹ EA W/O MVP Card \$6.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	50 Ct. Select Varieties TOSTITOS'S PIZZA ROLLS HOTSALE! W/O MVP 4⁹⁹ EA W/O MVP Card \$7.39 EA. Purchase of 2 Required to Get 3rd Item FREE!	4.25-4.4 Oz. Select Varieties HERSHEY'S XL BAR HOTSALE! W/O MVP 2⁹⁹ EA W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!
8 Oz. Select Varieties SMUCKER'S UNCRUNSTABLES HOTSALE! W/O MVP 3⁹⁹ EA W/O MVP Card \$4.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	9-12 Oz. Select Varieties DEVOUR FROZEN DINNERS HOTSALE! W/O MVP 2⁹⁹ EA W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	8.25-10.5 Oz. Select Varieties LITTLE DEBBIE BAGGED MINI DONUTS HOTSALE! W/O MVP 2⁷⁹ EA W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	10 Ct. K-Cups or 12 Oz. Bags Select Varieties LAVAZZA COFFEE HOTSALE! W/O MVP 8⁴⁹ EA W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	32 Oz. Select Varieties SILK CREAMER HOTSALE! W/O MVP 4⁹⁹ EA W/O MVP Card \$5.29 EA. Purchase of 2 Required to Get 3rd Item FREE!
8.9-12.2 Oz. Select Varieties KELLOGG'S FROSTED FLAKES OR FROOT LOOPS CEREAL HOTSALE! W/O MVP 2/\$7 W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	18.5-19 Oz. Select Varieties PROGRESSO SOUP HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$2.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	14.5-15.25 Oz. Select Varieties DEL MONTE CANNED FRUIT HOTSALE! W/O MVP 2/\$4 W/O MVP Card \$2.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	19.70 Oz. Select Varieties ROCKIN' PROTEIN BUILDER HOTSALE! W/O MVP 3⁹⁹ EA W/O MVP Card \$2.19 EA. Purchase of 2 Required to Get 3rd Item FREE!	20 Oz. Bottle Select Varieties GLACÉAU VITAMIN WATER HOTSALE! W/O MVP 1⁵⁰ EA W/O MVP Card \$2.19 EA. Purchase of 2 Required to Get 3rd Item FREE!
11-12 Oz. Pkg. Select Varieties NATHAN'S FAMOUS FRANKS HOTSALE! W/O MVP 5⁹⁹ EA W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	4 Pack - 12 Oz. Cans Select Varieties RED BULL ENERGY DRINK HOTSALE! W/O MVP 11⁹⁹ EA W/O MVP Card \$2.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	7 Oz. Select Varieties ORE-IDA BAGEL BITES HOTSALE! W/O MVP 2⁴⁹ EA W/O MVP Card \$2.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	15 Oz. Tub or 14.3 Oz. Squeeze Select Varieties COUNTRY CROCK SPREAD OR SQUEEZE BUTTER HOTSALE! W/O MVP 2⁹⁹ EA W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	4.5 Oz. Select Varieties OIKOS OR LIGHT & FIT REMIX YOGURT HOTSALE! W/O MVP 1⁶⁹ EA W/O MVP Card \$2.19 EA. Purchase of 2 Required to Get 3rd Item FREE!
9-12.6 Oz. Select Varieties KELLOGG'S RICE KRISPIES CEREAL HOTSALE! W/O MVP 2/\$7 W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	10 Oz. Select Varieties PEPPERIDGE FARM GARLIC BREAD HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$3.28 EA. Purchase of 2 Required to Get 3rd Item FREE!	11-12 Oz. Select Varieties BIRDS EYE ULTIMATE VEGETABLES HOTSALE! W/O MVP 2/\$6 W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	13.7 Oz. Select Varieties DUNKIN' DONUTS ICED COFFEE HOTSALE! W/O MVP 2⁹⁹ EA W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	9 Oz. Select Varieties MOTHER'S CIRCUS ANIMAL COOKIES HOTSALE! W/O MVP 3⁸⁹ EA W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!
10.6-11.2 Oz. Select Varieties GENERAL MILLS FLAVORED CHEERIOS CEREAL HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$4.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	13.2-16.2 Oz. Select Varieties DAVE'S KILLER BREAD ORGANIC BAGELS OR ENGLISH MUFFINS HOTSALE! W/O MVP 6¹⁹ EA W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	17.5 Oz. Select Varieties MISSION FLOUR TORTILLAS HOTSALE! W/O MVP 2/\$5 W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	5 Oz. Select Varieties CHOLULA HOT SAUCE HOTSALE! W/O MVP 3⁴⁹ EA W/O MVP Card \$4.39 EA. Purchase of 2 Required to Get 3rd Item FREE!	5.25-6.5 Oz. Select Varieties BOULDER CANYON KETTLE CHIPS HOTSALE! W/O MVP 4²⁹ EA W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!
18 Oz. Select Varieties SMUCKER'S PRESERVES OR JAMS HOTSALE! W/O MVP 3⁹⁹ EA W/O MVP Card \$4.98 EA. Purchase of 2 Required to Get 3rd Item FREE!	9 Oz. Select Varieties TASTEE CHOICE SHRIMP HOTSALE! W/O MVP 4⁹⁹ EA W/O MVP Card \$5.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	2.18-2.5 Oz. Select Varieties PERFECT BAR HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$2.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	13.2-14.10 Oz. Select Varieties JUS-ROL PUFF PASTRY DOUGH OR PIZZA CRUST HOTSALE! W/O MVP 3⁹⁹ EA W/O MVP Card \$4.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	4 Pack - 12 Oz. Cans Select Varieties REED'S REAL GINGER ALE HOTSALE! W/O MVP 4⁹⁹ EA W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!
13.7 Oz. Select Varieties VICTOR ALLEN'S ICED COFFEE HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$3.19 EA. Purchase of 2 Required to Get 3rd Item FREE!	20.8 Oz. Select Varieties KELLOGG'S NUTRI GRAIN BARS HOTSALE! W/O MVP 2/\$10 W/O MVP Card \$6.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	10.4-12.4 Oz. Select Varieties KELLOGG'S TREATS OR MINI SQUARES HOTSALE! W/O MVP 2/\$10 W/O MVP Card \$5.69 EA. Purchase of 2 Required to Get 3rd Item FREE!	5-7.75 Oz. Select Varieties SMARTFOOD POPCORN HOTSALE! W/O MVP 4²⁹ EA W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	10 Oz. Select Varieties WOW BAO TERIYAKI CHICKEN BAO HOTSALE! W/O MVP 6⁹⁹ EA W/O MVP Card \$7.79 EA. Purchase of 2 Required to Get 3rd Item FREE!

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

Island Hopper VARIETY PACK

HOTSALE!

15.49 EA

12 Pack - 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA OR KONA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK Select Varieties

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

DAIRY



FOOD LION
Sharp Cheddar
Cheese Snack Bars

FOOD LION
Colby Jack Cheese
Snack Bars

HOTSALE!
2/\$5
W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS

52 Oz.
Select Varieties
FOOD LION
TEA

HOTSALE!
3.99
EA
W/O MVP Card Regular Retail

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT

HOTSALE!
2.99
EA
W/O MVP Card \$3.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES

HOTSALE!
2/\$5
W/O MVP Card \$2.99 EA

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

14-16.5 Oz.
Select Varieties
NESTLE
TOLL HOUSE
COOKIES

HOTSALE!
3.99
EA
W/O MVP Card \$4.69 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT

HOTSALE!
4/\$5
W/O MVP Card \$1.69 EA

FROZEN

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS

HOTSALE!
99¢
EA
W/O MVP Card \$1.58 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES

HOTSALE!
2/\$5
W/O MVP Card \$3.68 EA

10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE

PRICED LOW EVERY DAY
2.99
EA
W/O MVP Card \$3.68 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES

HOTSALE!
\$1
EA
W/O MVP Card \$1.88 EA

16-35-22.3 Oz.
Select Varieties
SCREAMIN' SICILIAN
PIZZA

HOTSALE!
BOGO FREE
W/O MVP Card \$10.99 EA
Single Item Half Price

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS

HOTSALE!
3.49
EA
W/O MVP Card \$3.99 EA

15-17.7-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA

HOTSALE!
3.49
EA
W/O MVP Card \$5.10 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA

HOTSALE!
4.99
EA
W/O MVP Card \$6.90 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

HOTSALE!
6.99
EA
W/O MVP Card \$9.29 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS

HOTSALE!
6.99
EA
W/O MVP Card \$8.99 EA

BREAKFAST

32 Oz.
JIM DANDY
QUICK GRITS

HOTSALE!
1.99
EA
W/O MVP Card \$2.29 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
2/\$6
W/O MVP Card \$4.99 EA

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS

PRICED LOW EVERY DAY
4.28
EA

24-32 Oz.
Select Varieties
PEARL MILLING COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
2/\$6
W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
4.99
EA
W/O MVP Card Regular Retail

22-26-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
11.99
EA
W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

HOTSALE!
5.99
EA
W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HOTSALE!
12.79
EA
W/O MVP Card Regular Retail

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm Value Pack

MVP

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct. Select Varieties

NATROL

MELATONIN

HOTSALE!

7⁹⁹

EA

W/O MVP Card \$8.99 EA



60-70 Ct. Select Varieties

NATROL

Fast Dissolve Melatonin 10mg

10mg Melatonin
Fast Dissolve
Non-Habit Forming
No Drowsiness
No Dependence
No Side Effects

HOTSALE!

8⁹⁹

EA

W/O MVP Card \$9.99 EA

6-8 Oz. Select Varieties

NOT YOUR MOTHER'S CURLI TALK OR DRY SHAMPOO



6-8 Oz. Select Varieties

NOT YOUR MOTHER'S

CURLI TALK

Curl Cream
Curl Shampoo

HOTSALE!

13⁶⁹

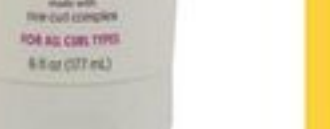
EA

W/O MVP Card \$15.99 EA

12 Oz. Select Varieties

CERA VE

CERAVE CLEANSER OR LOTION



12 Oz. Select Varieties

CERA VE

CERAVE

Cleanser
Lotion

HOTSALE!

13⁶⁹

EA

W/O MVP Card \$15.99 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

22 Oz. Body Wash Select Varieties
OLAY

HOT SALE! 2/\$14
W/ MVP Card \$7.99 EA.
MVP Coupon **-5.00** OFF 2

24 Oz. Select Varieties DOWNY UNSTOPPABLES

15.99 EA
MVP Coupon **-4.00** OFF 1

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

PRICED LOW EVERY DAY! 19.99 EA
W/ MVP Card \$14.99 EA.
MVP Coupon **-5.00** OFF 1

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

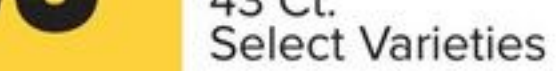
14.99 EA
MVP Coupon **-5.00** OFF 1

HOUSE & HOME



FOOD LION
Disinfecting Wipes
35 CT
KILLS 99.9% OF GERMS
EFFECTIVE AGAINST
SARS, H1N1, MRSA, E. COLI, AND
STAPHYLOCOCCUS AUREUS

HOT SALE!
MVP
1.49
EA
35 Ct.
Select Varieties
**FOOD LION
DISINFECTING
WIPES**
W/O MVP Card \$1.99 EA



16 Oz. Select Varieties
DAWN
POWERWASH

HOTSALE!

6⁹⁹
EA

W/O MVP. CARD \$8.99 EA



43 Ct. Select Varieties
FOOD LION
PUSH POTS

HOTSALE!

4⁹⁹
EA

W/O MVP. CARD \$5.59 EA



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP. CARD Regular Retail



16 Oz.
CLEAN FRESH
SCENTED CANDLE

HOTSALE!

2/\$6

W/O MVP. CARD Regular Retail

HOTSale!
MVP
6.99
EA
W/O MVP Card Regular Retail

HOTSale!
MVP
6.99
EA
W/O MVP Card Regular Retail

HOTSale!
MVP
7.49
EA
W/O MVP Card \$8.99 EA

HOTSale!
MVP
\$1
EA
W/O MVP Card \$1.79 EA

60-70 Ct.
Select Varieties
FOOD LION
LISSON
CUBE

- BABY

- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**

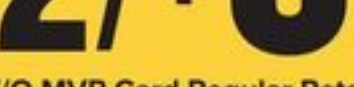


HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

Check out all the BOGOs at your

Refreshed

FOODLION

December 3 - December 9, 2025

Offers valid while supplies last.

BOGO

FREE

MVP

On Participating Items

Fritos

The ORIGINAL

Cheetos

Crunchy

HOTSALE!

MVP

BOGO

FREE

W/O MVP Card \$5.69 EA

Single Item Half Price

6.5-10 Oz.

Select Varieties

CHEETOS

OR FRITOS

LIMIT 4 FREE

14.3-22 Oz.

Select Varieties

FARM RICH

SNACKS

HOTSALE!

MVP

BOGO

FREE

W/O MVP Card \$6.99 EA

Single Item Half Price

FarmRich

Breaded

MOZZARELLA

STICKS

100% REAL

MOZZARELLA CHEESE

12g Protein

12-16 Oz.

Select Varieties

GRAIN BERRY

CEREAL

HOTSALE!

MVP

BOGO

FREE

W/O MVP Card \$4.49 EA

Single Item Half Price

Now More Powerful Antioxidants!

Grain Berry

MULTI-BRAN FLAKES

with ONYX Sorghum

Whole Wheat Cereal

Our Activated

More Free Radical Protection

More Natural Plant Fiber

Saves Sugar Absorption

20% LESS SUGAR

16.3 Oz.

Select Varieties

PILLSBURY

GRANDS!

BISCUITS

HOTSALE!

MVP

BOGO

FREE

W/O MVP Card \$3.68 EA

Single Item Half Price

Pillsbury

Grands!

Flaky Layers

more Flaky Layers

12 Oz.

Select Varieties

GUAYAKI

YERBA MATE

HOTSALE!

MVP

BOGO

FREE

W/O MVP Card \$2.99 EA

Single Item Half Price

GUAYAKI

ORGANIC

YERBA MATE

REVEL BERRY

USDA

ORGANIC

10-12 Oz.

Select Varieties

POST

OREO PUFFS OR

HONEY BUNCHES

OF OATS CEREAL

HOTSALE!

MVP

BOGO

FREE

W/O MVP Card Regular Retail

Single Item Half Price

Post

HONEY BUNCHES

OF OATS

with ALMONDS

Post

OREO PUFFS

CEREAL

REAL OREO

48 Oz.

Select Varieties

STOK

COLD BREW

ICED COFFEE

HOTSALE!

MVP

BOGO

FREE

W/O MVP Card \$7.39 EA

Single Item Half Price

UN-SWEET

BLACK

STOK

COLD BREW

COFFEE

LOW & SLOW

10-HR BREW

1.5 Liter

ETERNAL

NATURALLY

ALKALINE

SPRING WATER

HOTSALE!

MVP

BOGO

FREE

W/O MVP Card \$2.29 EA

Single Item Half Price

Eternal

Naturally Alkaline

Spring Water

1.5 Liter

50.7 FL OZ

16 Oz.

Select Varieties

KRAFT

SINGLES

HOTSALE!

MVP

BOGO

FREE

W/O MVP Card \$4.99 EA

Single Item Half Price

24 SLICES

Kraft

Singles

AMERICAN

MADE WITH REAL DAIRY

PASTEURIZED PREPARED CHEESE PRODUCT

NET WT 16 OZ (1 LB) 453g

64 Oz.

Select Varieties

V8

SPLASH

HOTSALE!

MVP

BOGO

FREE

W/O MVP Card \$3.18 EA

Single Item Half Price

25% MORE

V8

Splash

Mango Peach

ANTIOXIDANT C & B VITAMINS

NET 64 FL OZ (2 QT) 1.9L



BOGO FREE

16.2-22.5 Oz.
Select Varieties
**JOSÉ OLÉ
SHREDDED
TAQUITOS**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$6.99 EA
Single Item Half Price



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

10.3-16 Oz.
Select Varieties
**TALENTI
GELATO OR
LAYERS**

11-12 Oz.
Select Varieties
**KETO
ICE CREAM
BARS**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$5.99 EA
Single Item Half Price



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.49 EA
Single Item Half Price

13.3-16 Oz.
Select Varieties
**FOSTER
FARMS
CORN DOGS**

8-10 Oz.
Select Varieties
**FARM RICH
APPETIZERS**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

24-36 Oz.
Select Varieties
**LINDY'S
ITALIAN OR
SWIRLED
ITALIAN ICE**

10.5 Oz.
Select Varieties
**ZATARAIN'S
FROZEN
DINNERS**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.29 EA
Single Item Half Price

8.4 Oz.
Select Varieties
**ATHENS
PHYLLO
BITES**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$5.99 EA
Single Item Half Price



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$6.79 EA
Single Item Half Price

22.5-24.5 Oz.
Select Varieties
**TAI PEI
CHICKEN
EGGROLLS**

21 Oz.
Select Varieties
ELECTROLIT



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.50 EA
Single Item Half Price



BOGO FREE



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.79 EA
Single Item Half Price

8-11 Oz.
Select Varieties
**TAI PEI
FROZEN
MEALS**

14 Oz.
Select Varieties
**BASKIN
ROBBINS
ICE CREAM**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.99 EA
Single Item Half Price



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$5.49 EA
Single Item Half Price

16.5-18 Oz.
Select Varieties
**GOOD
HUMOR
BARS**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.49 EA
Single Item Half Price

14-14.8 Oz.
Select Varieties
**HUNGRY
JACK
PANCAKES**

10.8-14 Oz.
Select Varieties
**FARM RICH
FROZEN
BREAKFAST**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$5.99 EA
Single Item Half Price



14.1 Oz.
Select Varieties
**SHARWOOD'S
SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price



6-8 Oz.
Select Varieties
**WELCH'S
FRUIT
SNACKS**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.19 EA
Single Item Half Price



3 Oz.
Select Varieties
**MAC'S
PORK SKINS**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price



16 Oz.
Select Varieties
**GOLDEN BLOSSOM
PURE &
UNFILTERED U.S.
HONEY**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$8.99 EA
Single Item Half Price



9 Oz.
Select Varieties
**HERDEZ
SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price





BOGO FREE

10.35-12.65 Oz.
Select Varieties

**PUFF
COOKIES**
LIMIT 2 FREE

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price



6.5-8 Oz. Tub
or 16 Oz. Quarters
Select Varieties

**LAND O LAKES
BUTTER OR
MARGARINE**
LIMIT 2 FREE

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.99 EA
Single Item Half Price



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$7.99 EA
Single Item Half Price

21.2 Oz.
**OLD EL PASO
HARD & SOFT
TACO DINNER
KIT TWIN
PACK**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price

11.2-17.6 Oz.
Select Varieties
**WILD MIKE'S
PIZZA**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.99 EA
Single Item Half Price

14 Oz.
Select Varieties
**DOGSTERS
FROZEN
TREATS**

22.40 Oz.
Select Varieties
**CAMPBELL'S
SPAGHETTIOS
ORIGINAL**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.29 EA
Single Item Half Price



2 Lb.
**SOUTHERN
BISCUIT
FLOUR**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.99 EA
Single Item Half Price



9-10 Oz.
Select Varieties
**LOUISIANA
FISH FRY**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$1.99 EA
Single Item Half Price



12 Oz.
Select Varieties
**TEXAS PETE
WING SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.69 EA
Single Item Half Price



10 Oz.
**FOOD LION
SOY SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

