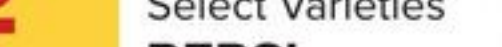


Shop our *best deals*
this week!

 HOTSALE! WFO BOGO FREE WFO MVP Cak Regular Retail Single Item Mail Price	6.88-20 Oz. Select Varieties THOMAS BAGELS OR GUTENMANN'S LITTLE BITES MUFFINS HOTSALE! WFO  BOGO FREE WFO MVP Cak Regular Retail Single Item Mail Price	13.25-14.25 Oz. Select Varieties BETTY CROCKER SUPER MOIST CAKE MIX HOTSALE! WFO \$1 WFO MVP Cak \$5.99 EA	12 Pack 12 Oz. Bottles or Cans Select Varieties SAMUEL ADAMS, SIERRA NEVADA OR NEW BELGIUM HOTSALE! 16⁹⁹ EA  BOGO FREE WFO MVP Cak Regular Retail Single Item Mail Price
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5.75-12.4 Oz.
Select Varieties

**CHEEZ-IT®
OR CHEEZ-IT
SNAP'D®**

HOTSALE!
WOW

**BOGO
FREE**

W/O MWP Card \$5.99 EA
Single Item Retail Price

6.5-10 Oz.
Select Varieties

**CHEETOS®
OR FRITOS®**

HOTSALE!
WOW

**BOGO
FREE**

W/O MWP Card \$5.69 EA
Single Item Retail Price

52 Oz.
Select Varieties

**FLORIDA'S
NATURAL
ORANGE JUICE**

HOTSALE!
WOW

2/\$6

W/O MWP Card \$4.49 EA

16 Oz.
Select Varieties

**CHALLENGE®
QUARTERS OR CUBES
CHALLENGE®
OR DANISH
CREAMERY
BUTTER**

HOTSALE!
WOW

**3.99
EA**

W/O MWP Card Regular Retail

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk



HOT SALE!
48 Oz. Select Varieties
BREYERS ICE CREAM

W/MVP Card \$5.14 EA

MVP Coupon **-\$1.00 OFF**

2⁴⁹

MVP **W/MVP** **DISCOUNT SAVINGS**



HOT SALE!
8.4-12.1 Oz. Select Varieties
QUAKER INSTANT OATMEAL

W/MVP Card \$3.50 EA

MVP Coupon **-\$1.00 OFF**

2⁵⁴

MVP **W/MVP** **DISCOUNT SAVINGS**



HOT SALE!
4.7-8.7 Oz. Select Varieties
HAMBURGER HELPER

W/MVP Card \$2.09 EA

MVP Coupon **-\$1.00 OFF**

1^{1A}

MVP **W/MVP** **Card \$2.09 EA**



HOT SALE!
75-110 Oz. Liquid or 32-42 Ct. Paks Select Varieties
ARM & HAMMER

W/MVP Card \$2.99 EA

MVP Coupon **-\$1.00 OFF**

6⁹⁹

MVP **W/MVP** **Card Regular Retail**

MVP

3 DAY HOTSALE!

FRIDAY - SUNDAY

HOTSALE!

2⁹⁹
EA

W/O MVP Card Regular Retail



7-9 Oz. Pkg.
Select Varieties
**OSCAR MAYER
DEL FRESH
LUNCH MEAT**

REST OF WEEK \$3.49 EA MVP

10-11 Oz. - Select Varieties
POST PEBBLES CEREAL

HOTSALE!

1⁷⁹
EA

W/O MVP Card \$4.89 EA



REST OF WEEK \$2.99 EA MVP

7-8 Oz. - Select Varieties
TILLAMOOK SLICED OR SHREDDED CHEESE

HOTSALE!

2/\$5

W/O MVP Card \$3.79 EA




REST OF WEEK 2/\$7 MVP

8.25-10 Oz. - Select Varieties
FRITO LAY PARTY SIZE CHIPS OR SNACKS

HOTSALE!

2⁹⁹
EA

Limit 4
W/O MVP Card \$5.99 EA




REST OF WEEK \$5.99 EA MVP

20 Oz.
WONDER CLASSIC WHITE ROUND TOP BREAD

HOTSALE!

BOGO FREE

W/O MVP Card \$3.69 EA
Single Item Half Price
Off Regular Retail



REST OF WEEK \$2.99 EA MVP

6 Mega Rolls
CHARMIN BOUNTY
Select Varieties

HOTSALE!

5⁹⁹
EA

W/O MVP Card Regular Retail




REST OF WEEK \$7.99 EA MVP

PRICED LOW ✓ EVERY DAY
ON ITEMS YOU BUY MOST OFTEN

&

FOOD MILLION MVP

HOT SALE!
OUR BEST WEEKLY MVP DEALS

Helping you fill the dinner table *for less!*



100% FRESH
OR DOUBLE YOUR MONEY BACK

HOT SALE!
MVP

5⁹⁹ LB

Ground Fresh Daily
80% LEAN FRESH ROUND CHUCK

NO MVP Card Regular Retail

HOT SALE!
MVP

10.99
LB

MVP Card Regular Retail

**BEEF
T-BONE STEAK**

**U.S.D.A.
CHOICE**

23 Oz. Pkg.
All Varieties
**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOT SALE!
MVP
**BOGO
FREE**
W/O MVP Card Regular Ret.
Single Item Half Price



HOTSALE!
 (new)
79¢^{lb}
 W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
**FRESH CHICKEN
 LEG QUARTERS**

Fresh - Select Varieties

SCHWEID & SONS
GOURMET
BURGERS

HOTSALE!
MVP

10⁹⁹
EA

W/O MVP Card Regular Retail



Small Pack
**FOOD LION
CHICKEN
THIGHS**

HOTSALE!
Only
1.69
LB

W/O MVP Card Regular Retail

A white plastic package of Food Lion Chicken Thighs, showing four thighs inside. The label on the package reads "FOOD LION Chicken Thighs" and "Small Pack". Below the package is a white plate filled with several cooked, golden-brown chicken thighs.

8 Oz. Pkg. - Select Varieties

SMITHFIELD BONELESS SLICED QUARTER HAM

HOTSALE!

MVP

7⁹⁹

EA

W/O MVP Card Regular Retail



6 Oz. Pkg. - Select Varieties

JOHN SOULES CHICKEN

HOTSALE!

my

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price



Curly's Pulled Pork packaging. The package is blue and yellow, featuring a large image of a pulled pork sandwich on a bun. Text on the package includes "Curly's", "PULLED PORK", "PORK & PEPPER", "NEW! BOLD - HOT & SMOKY", and "16 OZ. NET WT. (1 LB.)".

SEAFOOD



HOTSALE!
MVP

9⁹⁹
EA

W/O MVP Card Regular Retail

16 Oz. - Fresh
**SALMON
FILLET**



HOTSALE!
MVP

10⁹⁹
EA

W/O MVP Card Regular Retail

40 Oz. Pkg.
**Frozen
FOOD LION
SWAI!**

HOT SALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

8 Oz. - Frozen
SHRIMP RING



CHICKEN OF THE SEA
RESPONSIBLY RAISED
SHRIMP
UNCOOKED
12 OZ. BAG
W/NO MYP CARD REGULAR RETAIL

HOT SALE!
MVP
5.99
EA
W/O MVP CARD REGULAR RETAIL

26-30 Ct.
12 Oz. Bag - Froze
CHICKEN
OF THE SEA
RAW SHRIMP



HOT SALE!

7.99
EA

W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Froze

**CHICKEN OF THE SEA
COOKED
SHRIMP**

HOTSale!
MVP
3.49
LB

W/O MVP Card Regular Retail

CHICKEN WINGETTES

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk



Rosina
MEATBALLS
Pork and Beef Meatballs in Marinara Sauce
— ITALIAN STYLE —

NET WT 14.1 OZ (400g) **52% OFF**

Rosina
MEATBALLS
— ITALIAN STYLE —

HOT SALE! **64¢**
EA

W/ MVP Card Regular Retail

MVP **-100¢** OFF

Coupon

549
EA

MVP W/ MFR. DISCOUNT SAVING LIMIT

DELicious BOGOs of the week!

HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**

HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$3.49 EA
Single Item Half Price

5 Ct.
TEXAS TOAST

HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

12 Ct.
FRUIT BITES

HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!
Available in our Deli & Bakery

HOTSALE!
MVP
6.99
EA
W/O MVP Card \$7.99 LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**

HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**

HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.49 EA

16 Oz.
**COCINA
FRESCA
SALSA**

HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**

HOTSALE!
MVP
4.99
EA
W/O MVP Card \$6.49 EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**

HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!
Each item sold separately.

HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.49 EA

6 Oz.
Select Varieties
**NEGRONI
ITALIAN
CHUBS**

HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**

HOTSALE!
MVP
\$5
EA
W/O MVP Card \$6.99 EA

14-15.8 Oz.
VICOLO PIZZA

HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**

HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING
Make the holidays *easy*
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

LARGE GARDEN
VEGETABLE
PLATTER

CHICKEN TENDER TRAY

SIGNATURE
SANDWICH PLATTER

LARGE MINI
SANDWICH PLATTER

CHICKEN WING TRAY

Place your order
at the deli counter or
scan the QR code
to order online.

Bring joy
to a family's table when you
buy a holiday box

**FOOD LION
FEEDS**

November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. feedlion.com/feeds

Baked in
fresh flavor!

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler



PRICED LOW EVERY DAY
3.49
EA
16 Oz. Select Varieties
FOOD LION BUTTER QUARTERS



HOTSALE!
W/O MVP Card \$2.29 EA
2/\$4
8-12.4 Oz. Select Varieties
FOOD LION CRESCENT OR CINNAMON ROLLS



2.37 Oz.
FOOD LION CINNAMON
HOTSALE!
W/O MVP Card \$2.99 EA
2.49
EA



PRICED LOW EVERY DAY
2.99
EA
48 Oz. Select Varieties
FOOD LION ICE CREAM



HOTSALE!
W/O MVP Card \$1.99 EA
1.79
EA
16 Oz. Select Varieties
FOOD LION BAKING SUGARS



HOTSALE!
W/O MVP Card \$1.49 LB
1.29
LB
Tote Bag
GALA APPLES



PRICED LOW EVERY DAY

8 Oz. Select Varieties
FOOD LION MUSHROOMS
2.69
EA



4.10-5.7 Oz. Select Varieties
KNORR PASTA OR RICE SIDES
HOTSALE!
W/O MVP Card \$1.58 EA
4/\$5



15-16 Oz. Select Varieties
HUNT'S MANWICH
HOTSALE!
W/O MVP Card \$1.88 EA
1.19
EA



12 Oz. FOOD LION VANILLA WAFERS
HOTSALE!
W/O MVP Card \$2.79 EA
2/\$4



24 Oz. Select Varieties
WESSON VEGETABLE OR CANOLA OIL
HOTSALE!
W/O MVP Card \$3.58 EA
2.89
EA



2.12-3.5 Oz. Select Varieties
MCCORMICK GRILL MATES SEASONING
HOTSALE!
W/O MVP Card \$2.69 EA
2.19
EA



16 Oz. Select Varieties
TEDDIE NATURAL PEANUT BUTTER
HOTSALE!
W/O MVP Card \$3.99 EA
2.99
EA



8-16 Oz. Select Varieties
UTZ PRETZELS
HOTSALE!
W/O MVP Card \$3.99 EA
2/\$6



HOTSALE!
W/O MVP Card \$3.48 EA
2/\$5
6 Pack Select Varieties
WHITE HOUSE APPLE SAUCE



14.5-15 Oz. Select Varieties
CHEF BOYARDEE CANNED PASTA
HOTSALE!
W/O MVP Card \$1.58 EA
4/\$5



11-20 Oz. Select Varieties
PEPPERIDGE FARM DINNER ROLLS, BREAD OR BUNS
HOTSALE!
W/O MVP Card \$4.49 EA
3.99
EA



HOTSALE!
W/O MVP Card Regular Retail
3.99
EA
9.31-19.5 Oz. Select Varieties
NABISCO FAMILY SIZE CHIPS AHOY! OR OREO COOKIES



HOTSALE!
W/O MVP Card \$2.99 EA
2/\$4
16 Oz. Select Varieties
AL BRONZO PASTA



0.4-1.1 Oz. Select Varieties
HIDDEN VALLEY SALAD DRESSING MIX
HOTSALE!
W/O MVP Card \$2.48 EA
2/\$3



14 Oz. LA BANDERITA TOTOPOS TORTILLA CHIPS
HOTSALE!
W/O MVP Card Regular Retail
2/\$6



3.5-13.7 Oz. Select Varieties
NABISCO RITZ OR SNACK CRACKERS
HOTSALE!
W/O MVP Card \$5.49 EA
3.99
EA



23.9-24 Oz. Select Varieties
RAGU PASTA SAUCE
HOTSALE!
W/O MVP Card Regular Retail
2/\$5



6.5-8 Oz. Select Varieties
CAPE COD POTATO CHIPS
LIMIT 4 FREE
HOTSALE!
W/O MVP Card \$5.29 EA
Single Item Half Price
BOGO FREE



6-10.7 Oz. - Select Varieties
LITTLE DEBBIE HOLIDAY CAKES OR CHRISTMAS COFFEE CREAMER
HOTSALE!
W/O MVP Card Regular Retail
2/\$6



16 Oz. Select Varieties
RAO'S SOUP
HOTSALE!
W/O MVP Card \$4.48 EA
W/O MVP Card \$4.48 EA
MVP Coupon -1.00 OFF!
2.99
EA
W/O MVP Card \$1.49 EA
MVP W/ MFR DISCOUNT SAVINGS LIMIT 1



30 Oz. Select Varieties
KRAFT MAYONNAISE
HOTSALE!
W/O MVP Card \$6.19 EA
3.99
EA



4 Pack Select Varieties
GOGO SQUEEZ ACTIVE
HOTSALE!
W/O MVP Card \$4.59 EA
3.49
EA



4.6 Oz. Select Varieties
FERRERO COLLECTION 12 PIECE GIFT BOX
WHILE SUPPLIES LAST!
HOTSALE!
W/O MVP Card \$6.99 EA
5.49
EA



14 Oz. - Select Varieties
BLUE DIAMOND ALMONDS AND MORE
HOTSALE!
W/O MVP Card \$1.49 EA
MVP W/ MFR DISCOUNT SAVINGS LIMIT 1
6.99
EA



Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

2 Liter Select Varieties
STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

6 Pack 16-16.9 Oz. Bottles Select Varieties
7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles
DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.9 Oz. Select Varieties
STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties
CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties
WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

12 Pack - 12 Oz. Cans Select Varieties
FOOD LION SODA

PRICED LOW EVERY DAY

449 EA

W/O MVP Card \$2.48 EA

1 Liter Bottle
S.PELLEGRINO SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.48 EA

12 Oz. Select Varieties
POPPI PREBIOTIC SODA

HOTSALE!

2/\$4

W/O MVP Card \$2.29 EA

6 Pack - 12 Oz. Cans Select Varieties
ZEVIA

HOTSALE!

499 EA

W/O MVP Card \$6.49 EA

12 Pack 12 Oz. Bottles or Cans Select Varieties
MICHELOB ULTRA, BLUE MOON, YUENGLING FLIGHT OR KONA

HOTSALE!

1599 EA

30 Pack - 12 Oz. Cans Select Varieties
NATURAL LIGHT OR KEYSTONE LIGHT

HOTSALE!

2199 EA

30 Pack - 12 Oz. Cans Select Varieties
BUD OR BUD LIGHT

HOTSALE!

2599 EA

12 Pack - 12 Oz. Cans Select Varieties
WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

1699 EA

6 Pack - 10-11.2 Oz. Bottles Select Varieties
SMIRNOFF, CAYMAN JACK OR JACK DANIEL'S

HOTSALE!

899 EA

Beer may not be available in all locations. Check your store for availability.

5 ZKBG ZKNA ZKNV 12/03/25

DAIRY



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
LAND O LAKES
BUTTER OR
MARGARINE



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES



HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT



HOTSALE!
MVP

2/99
EA

W/O MVP Card \$3.99 EA

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT



HOTSALE!
MVP

3/99
EA

W/O MVP Card \$4.99 EA

16 Oz.
Select Varieties
FOOD LION
Cream Cheese Bar



HOTSALE!
MVP

2/\$3
EA

W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER



FROZEN



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES



PRICED LOW EVERY DAY

2.99
EA

W/O MVP Card \$3.68 EA

10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE



HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS



HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS



HOTSALE!
MVP

\$1
EA

W/O MVP Card \$1.88 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES



HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS



HOTSALE!
MVP

5.99
EA

W/O MVP Card \$6.99 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA



HOTSALE!
MVP

4.99
EA

W/O MVP Card \$6.99 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA



HOTSALE!
MVP

3.49
EA

W/O MVP Card \$4.99 EA

48-64 Oz.
Select Varieties
SILK
PROTEIN
OR SOY MILK



HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.99 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS



HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE



HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

BREAKFAST



HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
JIM DANDY
QUICK GRITS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL



HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
"ORGANIC"
BREAD OR
SNACK BARS



HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE



PRICED LOW EVERY DAY

4.28
EA

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING COMPANY
PANCAKE MIX
OR SYRUP



HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE



HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm VALUE PACK

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

15 Seconds to Instant Dry Lip Relief

Prevents Chapping

Blistex

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No water needed
• No drowsiness, no
hangover, no dry mouth

30 TABLETS • DIETETIC SUGAR FREE

6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



NOT YOUR
MOTHER'S
CURL TALK
DRY SHAMPOO

**CLEAN
TALK**
DRY SHAMPOO
FOR CURLY HAIR

• Cleanses hair
• Adds moisture
• No sulfates, parabens, or
phthalates

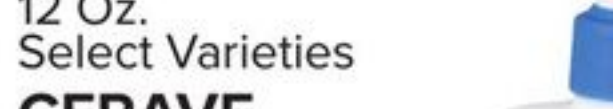
12 Oz.
Select Varieties

**CERAVE
CLEANSER
OR LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Daily Hydrating
Cleanser

CeraVe
Daily Moisturizer
Lotion

• Contains ceramides and
hyaluronic acid to
hydrate and restore skin's
natural barrier

• Non-comedogenic
• Fragrance-free
• No parabens

HOUSE & HOME

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PUSHPODS**

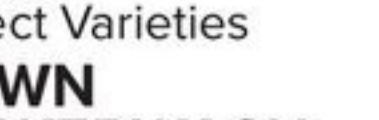
16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



16 Oz. Select Varieties
**DAWN
POWERWASH**

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

BABY

- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**



HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA





Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



While Supplies Last

9⁹⁹_{EA}

SUGAR PLUM
BOUQUET



Fresh ways
to sweeten your
meal!



In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail



Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

Prices in this ad good at stores conveniently located in these cities:

Glasgow

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

ALL STORES
ACCEPT:

8 ZKBG 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



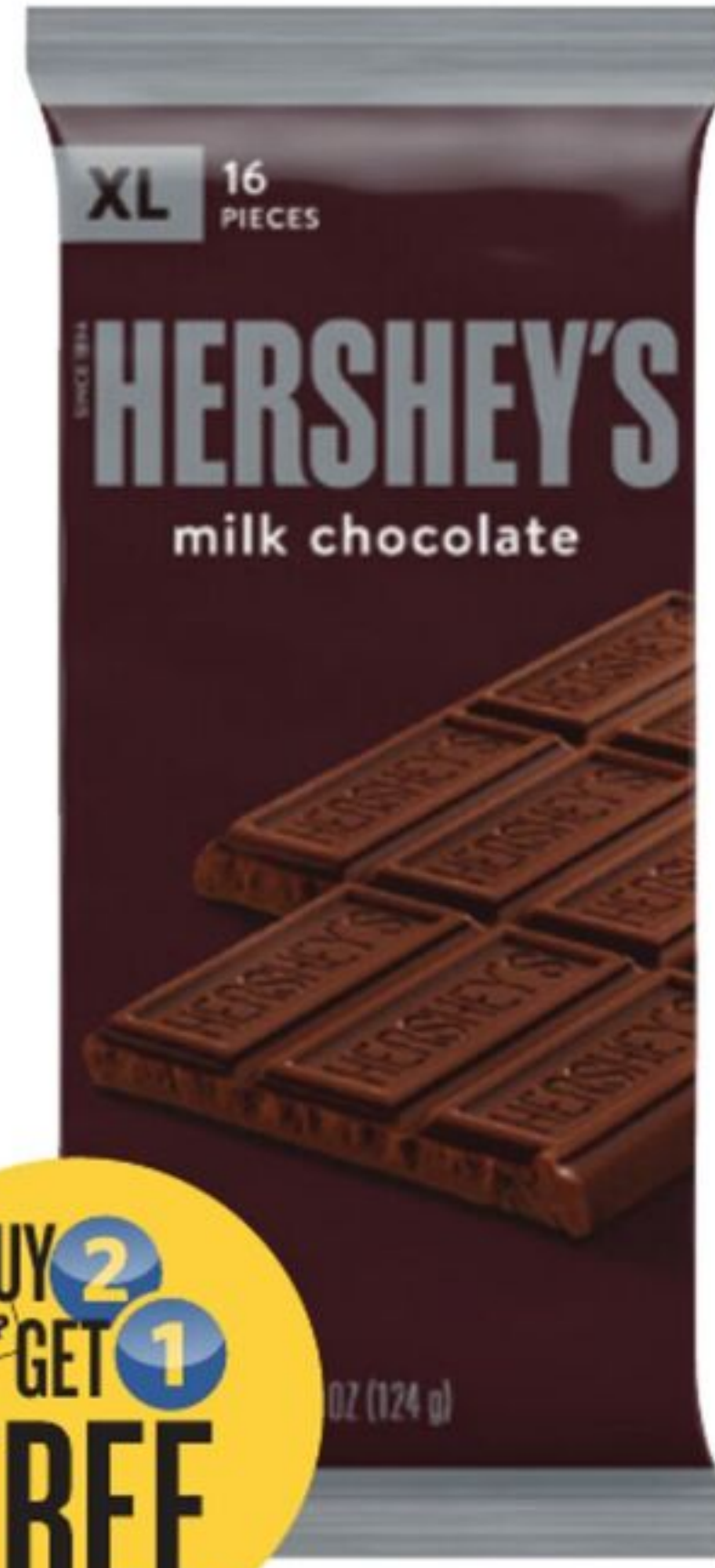
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

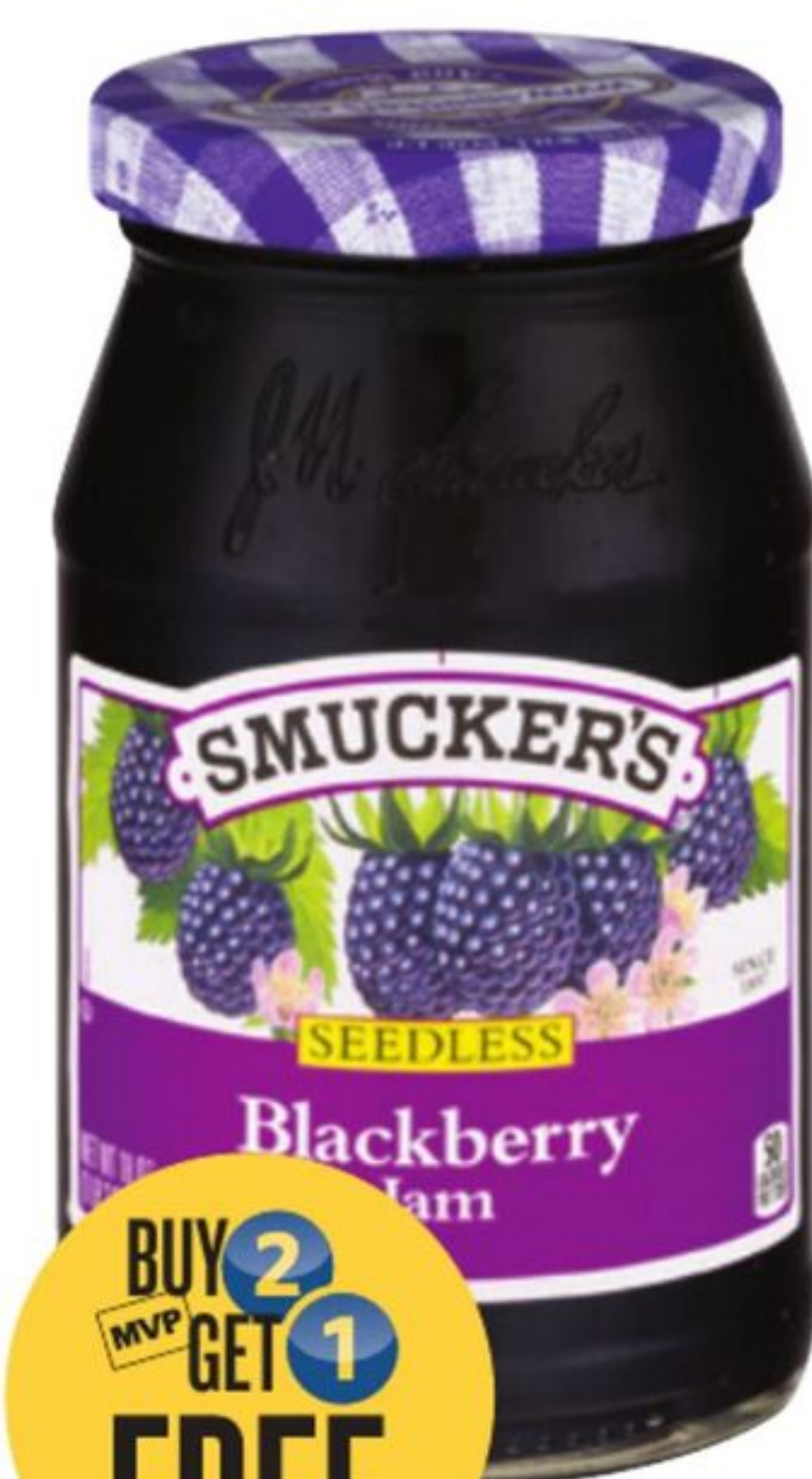
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!