

# weekly deals

**SAVE  
UP TO 36%**

**3<sup>50</sup>**

**DR. OETKER RISTORANTE  
OR CASA DI MAMA PIZZA**  
320-410 G OR **PC® FOCACCIA  
OR FLATBREAD PIZZA**  
330-455 G  
SELECTED VARIETIES FROZEN  
20296100001\_EA  
20013452\_EA



**SAVE  
UP TO 50%**

**\$2**

**MCCAIN FRIES OR  
HASHBROWNS**  
800 G OR **CHEEMO  
PEROGIES** 745-907 G  
SELECTED VARIETIES  
FROZEN  
20527159\_EA  
21521219\_EA



**1<sup>50</sup>**

**CAMPBELL'S BROTH  
OR CONCENTRATED  
BROTH**  
SELECTED VARIETIES  
250/900 ML  
20322348003\_EA  
21347245\_EA



**4<sup>94</sup>**

**HÄAGEN-DAZS**  
414-450 ML OR  
**BARs** 3/4'S  
SELECTED VARIETIES  
FROZEN  
20302298001\_EA  
21513555\_EA



**SAVE  
\$1<sup>50</sup>**

**\$6**

**KRAFT PEANUT  
BUTTER** 750 G/1 KG OR  
**HAZELNUT  
SPREAD** 725 G  
SELECTED VARIETIES  
20039581001\_EA  
21285418\_EA



**6<sup>50</sup>**

**PC® ORANGE JUICE**  
SELECTED VARIETIES  
2.5 L  
21531644\_EA  
21531646\_EA

**GET  
2,000<sup>PC</sup>**

**\$2**  
back  
in points





**DECEMBER**

**HIT  
OF THE  
MONTH**

**LIMIT 6  
AFTER LIMIT  
2.75 EA.**



**\$2**

**CHRISTIE OREO, CHIPS AHOY!  
ANIMAL CRACKERS,  
TEDDY GRAHAMS OR  
POKÉMON SNACK PACKS**  
SELECTED VARIETIES  
144-200 G  
21522348\_EA  
21585155\_EA

**LIMIT 6  
AFTER LIMIT  
3.50 EA.**



**\$2<sup>50</sup>**

**PLANTER'S CASHEW HALVES,  
COCKTAIL PEANUTS OR MIXED  
NUTS WITH 60% PEANUTS**  
SELECTED VARIETIES  
200-225 G  
21204908\_EA  
21620001\_EA

**LIMIT 6  
AFTER LIMIT  
\$4 EA.**



**\$2<sup>85</sup>**

**PC® EXTRA THICK  
CINNAMON RAISIN BREAD**  
675 G  
20639729\_EA

**LIMIT 6  
AFTER LIMIT  
\$6 EA.**



**\$5**

**SAN PELLEGRINO  
ITALIAN SPARKLING WATER**  
SELECTED VARIETIES  
6X330 ML  
21433206\_C06/21433205\_C06

**LIMIT 6  
AFTER LIMIT  
5.50 EA.**



**\$4<sup>50</sup>**

**SOFTSOAP LIQUID  
HAND SOAP REFILL**  
SELECTED VARIETIES  
1.47 L  
21167194\_EA  
21166983\_EA

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.

\*Must be a registered P.C. Optimum™ member to get this offer.

Valid from December 1 - 31, 2025. While quantities last. See in-store for details.



**PROUDLY CANADIAN**

**Zehrs™**

**\$3<sup>99</sup>** **LB**



**PC® WHOLE CHICKEN**  
AIR CHILLED  
6.61/KG  
20089413\_EA



**SAVE 31%**  
**10<sup>88</sup>**

Equivalent to  
**\$5.49/LB**

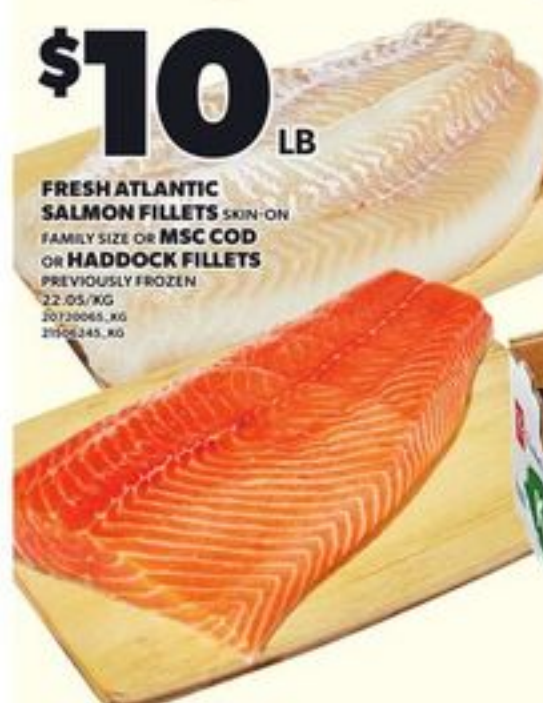
**GRASS FED LEAN  
GROUND BEEF**  
900 G  
21618300\_EA

**900 G**



**\$10<sup>99</sup>** **LB**

**FRESH ATLANTIC  
SALMON FILLETS SKIN-ON**  
FAMILY SIZE OR **MSC COD**  
OR **HADDOCK FILLETS**  
PREVIOUSLY FROZEN  
22-05/KG  
20720065\_KG  
21956245\_KG



**6<sup>88</sup>**

**PC® KAKI PERSIMMON**  
PRODUCT OF SPAIN, NO. 1 GRADE  
CASE  
21311628001\_EA



**\$5**

**CLEMENTINES**  
PRODUCT OF MOROCCO  
OR SPAIN  
5 LB  
20182566001\_EA



**\$3<sup>99</sup>**



**D'ITALIANO BREAD  
OR BUNS**  
SELECTED VARIETIES  
AND SIZES  
20083335\_EA  
20627103\_EA



**2<sup>50</sup>** **LB**



**HONEYCRISP APPLES**  
PRODUCT OF ONTARIO,  
CANADA FANCY GRADE  
5.51/KG  
20132621001\_KG



**SAVE 50%**

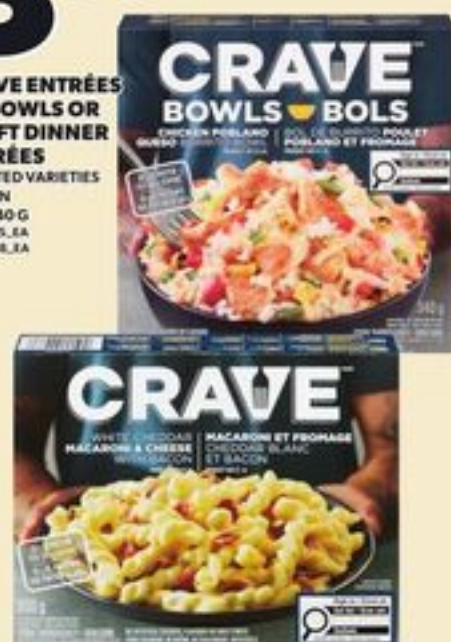
**\$2**

**RASPBERRIES**  
PRODUCT OF MEXICO  
OR U.S.A.  
HALF PINT  
20189330111\_EA



**3<sup>50</sup>**

**CRAVE ENTRÉES  
OR BOWLS OR  
KRAFT DINNER  
ENTRÉES**  
SELECTED VARIETIES  
FROZEN  
200-340 G  
21983510\_EA  
21641648\_EA



**SAVE  
UP TO 37%**

**\$5**

**BOURSIN SOFT  
CHEESE**  
SELECTED VARIETIES  
150 G  
2016794\_EA  
20591214\_EA



**SAVE  
UP TO 40%**

**\$3**

**RUFFLES POTATO  
CHIPS OR  
SMARTFOOD  
POPCORN**  
SELECTED VARIETIES  
150-220 G  
20972859\_EA  
21241052\_EA



**Optimum**  
Members-Only Price  
**13<sup>99</sup>**  
Non-members  
**19<sup>99</sup>**

**ROYALE BATHROOM  
TISSUE** 30=60 ROLLS OR  
**TIGER TOWELS**  
6=12 ROLLS OR 6=12  
**FACIAL TISSUE** 12'S  
SELECTED VARIETIES  
20705292\_EA  
21579233\_EA  
21484732\_EA



**\$20**

**TIDE LAUNDRY  
DETERGENT**  
3.46-3.9 L, **PODS** OR  
**FLINGS** 45-76'S, **DOWNY**  
OR **GAIN BEADS** 853 G  
OR **CASCADE TUBS**  
51/67/90'S  
SELECTED VARIETIES  
21518479\_EA  
21593670\_EA  
21659405\_EA



**SAVE  
41%**

**\$5**

**WINDSOR  
CLEAN & PROTECT  
WATER SOFTENING  
SALT**  
18.1 KG  
21044810\_EA



**APP  
EXCLUSIVE  
OFFER\***

**Shop & earn more**

**Dec 4<sup>th</sup> to Dec 7<sup>th</sup>**

**Open your PC® Optimum App to  
reveal your offer.**

Excludes prescription drugs and optical.

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Get at least

**10,000<sup>pts</sup>**

at least  
**\$10**  
back in  
points

Flyer prices effective from Thursday, December 4th to Wednesday, December 10th, 2025. SEE BACK PAGE FOR DETAILS.

ZEH 1



**SAVE 33%**

**\$5**

**EQVALENT TO \$1 PER PACK**

**KD ORIGINAL MACARONI AND CHEESE DINNER 5'S**  
21594513\_EA



**\$7**

**JANES PUB STYLE BREADED CHICKEN**  
SELECTED VARIETIES  
FROZEN  
700 G  
21091828\_EA  
21091830\_EA

**JANES PUB STYLE chicken Strips**  
FROZEN  
700 G  
21091828\_EA  
21091830\_EA

**JANES PUB STYLE chicken Nuggets**  
FROZEN  
700 G  
21091828\_EA  
21091830\_EA



**6<sup>49</sup>**

**BLACK DIAMOND CHEESE BARS 400 G OR SHREDS 300-320 G OR PC® SHREDS 250-320 G**  
SELECTED VARIETIES  
21278845\_EA  
21279221\_EA

**Black Diamond MARBLE • MARBRÉ**  
Cheese Bars  
400 G  
21278845\_EA  
21279221\_EA



**SAVE \$1.29/100 G**

**\$3** /100 G

**CASTELLO TICKLER EXTRA MATURE CHEDDAR**  
IN-STORE DELI CUT  
21002831\_KG



**SAVE \$1**

**6<sup>44</sup>**

**NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE**  
100-170 G OR  
NESCAFÉ SWEET & CREAMY SACHETS  
16/18'S  
SELECTED VARIETIES  
2064810001\_EA  
20873036\_EA

**Nescafé Taster's Choice**  
100-170 G  
2064810001\_EA  
20873036\_EA



**SAVE UP TO 36%**

**3<sup>25</sup>**

**NEILSON CREAM**  
SELECTED VARIETIES  
473 ML/1 L  
20123609\_EA  
20776421\_EA

**Neilson half & half cream**  
473 ML/1 L  
20123609\_EA  
20776421\_EA



**\$7**

**iöGO CREAMY YOGURT 16X100 G OR LIBERTÉ GREEK YOGURT TUB 650-900 G**  
SELECTED VARIETIES  
20642273\_EA  
206095181001\_EA

**Liberté Greek**  
650-900 G  
206095181001\_EA



**\$3**

**GOLDFISH BAKED SNACK CRACKERS OR CRISPS 156-200 G OR PC® CRACKERS, PITA CRACKERS OR CHEESE TWISTS 100-225 G**  
SELECTED VARIETIES  
20306030\_EA  
20538543002\_EA

**Goldfish Baked Cheddar**  
156-200 G  
20306030\_EA  
20538543002\_EA



**\$6**

**GET 1,000 back in points**

**PC® THE DECADENT® CHOCOLATE CHIPS**  
SELECTED VARIETIES  
226-300 G  
20011473\_EA  
20992302\_EA

**The Decadent**  
226-300 G  
20011473\_EA  
20992302\_EA



**SAVE UP TO 37%**

**\$3**

**OCEAN'S WHITE TUNA OR GOLD SEAL PINK SALMON**  
SELECTED VARIETIES  
170/213 G  
21005108\_EA  
21066867\_EA

**Gold Seal Wild Pink Salmon / Saumon Rose Sauvage**  
170/213 G  
21005108\_EA  
21066867\_EA

**Ocean's Solid White Tuna**  
170/213 G  
21005108\_EA  
21066867\_EA



**SAVE UP TO 30%**

**\$3**

**CATELLI SMART PASTA 340/375 G OR CATELLI GLUTEN FREE PASTA 300/340 G**  
SELECTED VARIETIES  
20527265\_EA  
20704235\_EA

**Catelli Smart**  
340/375 G  
20527265\_EA  
20704235\_EA

**Catelli Gluten Free**  
300/340 G  
20527265\_EA  
20704235\_EA



**SAVE UP TO 44%**

**\$11**

**HIGH LINER PAN SEAR OR SIGNATURE FISH**  
SELECTED VARIETIES  
FROZEN  
425-540 G  
20845016\_EA  
21062154\_EA

**Signature Co. Haddock**  
425-540 G  
20845016\_EA  
21062154\_EA

**Pure Sea Haddock**  
425-540 G  
20845016\_EA  
21062154\_EA



**SAVE 37%**

**\$10**

**LINDT LINDOR BAGS**  
SELECTED VARIETIES  
240 G  
21358220\_EA  
21358227\_EA

**Lindt Lindor**  
240 G  
21358220\_EA  
21358227\_EA



**SAVE 96¢ WHEN YOU BUY 4**

**4/\$5**

**OR \$1.49 EA.**

**PC® ORGANICS BABY FOOD POUCH**  
SELECTED VARIETIES  
128 ML  
20651270002\_EA  
21056742\_EA

**Organics Biologique**  
128 ML  
20651270002\_EA  
21056742\_EA



**SAVE 30¢**

**80¢**

**FRISKIES CAT FOOD**  
SELECTED VARIETIES  
156 G  
20316703\_EA  
20319657001\_EA

**Friskies**  
156 G  
20316703\_EA  
20319657001\_EA



**BUY 2**

**GENERAL MILLS CEREAL**  
FAMILY SIZE  
SELECTED VARIETIES  
475-778 G  
21034495\_EA  
21067577\_EA

**Oatmeal Crisp**  
475-778 G  
21034495\_EA  
21067577\_EA

**PROTEIN**  
15g  
475-778 G  
21034495\_EA  
21067577\_EA

**Honey Nut Cheerios**  
475-778 G  
21034495\_EA  
21067577\_EA



**GET 1 FREE**

**NEILSON MILK**  
SELECTED VARIETIES  
4 L  
20047439\_EA  
20988873\_EA

**Neilson**  
4 L  
20047439\_EA  
20988873\_EA



**\$1**

**PC® DISTILLED WATER**  
4 L  
20797101\_EA

**PC Distilled Water**  
4 L  
20797101\_EA



**PRICE DROP!**

**MORE WAYS TO SAVE**

**\$2**

**BETTY CROCKER SUPERMOIST CAKE MIX 375-404 G OR FROSTINGS 340-450 G**  
SELECTED VARIETIES  
205626400R\_EA  
21547838\_EA

**Betty Crocker SuperMoist**  
375-404 G  
205626400R\_EA  
21547838\_EA

**Betty Crocker Creamy Frosting**  
340-450 G  
205626400R\_EA  
21547838\_EA



**3/4<sup>98</sup>**

**OR \$1.99 EA.**

**KNORR SIDEKICKS OR CUPS**  
SELECTED VARIETIES  
73-162 G  
20321430001\_EA  
21564314\_EA

**Knorr Sidekicks**  
73-162 G  
20321430001\_EA  
21564314\_EA



**\$6**

**MCCAIN DEEP 'N DELICIOUS CAKES**  
SELECTED VARIETIES  
FROZEN  
\$10 G  
20370132002\_EA

**McCain Deep 'n Delicious**  
\$10 G  
20370132002\_EA



**3/\$3**

**OR \$1.49 EA.**

**NESTLÉ CHOCOLATE SINGLES 33-60 G OR MR BEAST FEASTABLES MILK OR PEANUT BUTTER CHOCOLATE 60 G**  
SELECTED VARIETIES  
20066954\_EA  
21589274\_EA

**Nestlé Chocolate Singles**  
33-60 G  
20066954\_EA  
21589274\_EA

**Mr Beast Feastables**  
60 G  
20066954\_EA  
21589274\_EA



**Zehrs** CUSTOMER RELATIONS 1-866-541-6315. VISIT [zehrs.ca](http://zehrs.ca) FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at [zehrs.ca](http://zehrs.ca) for your store's hours and to see which Zehrs® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit [pcoptimum.ca](http://pcoptimum.ca). Points are not guaranteed in case of errors or misprints. No cash value. See [zehrs.ca](http://zehrs.ca) for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaw's Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from December 4 - December 31, 2025 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

**ZEH BACK**

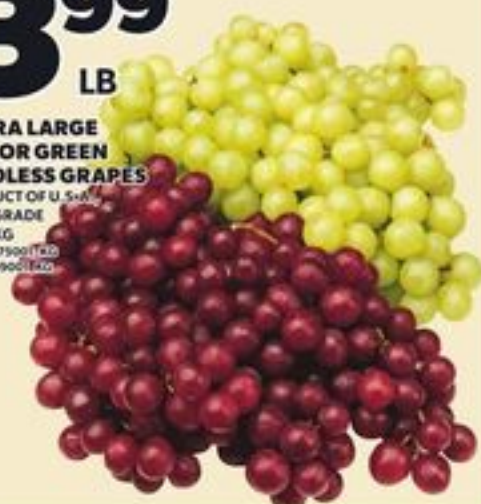




# crush **fresh** cravings

**3<sup>99</sup>**  
LB

**EXTRA LARGE RED OR GREEN SEEDLESS GRAPES**  
PRODUCT OF U.S.A.  
NO. 1 GRADE  
8.80/KG  
20423779001\_EA  
20155199001\_EA



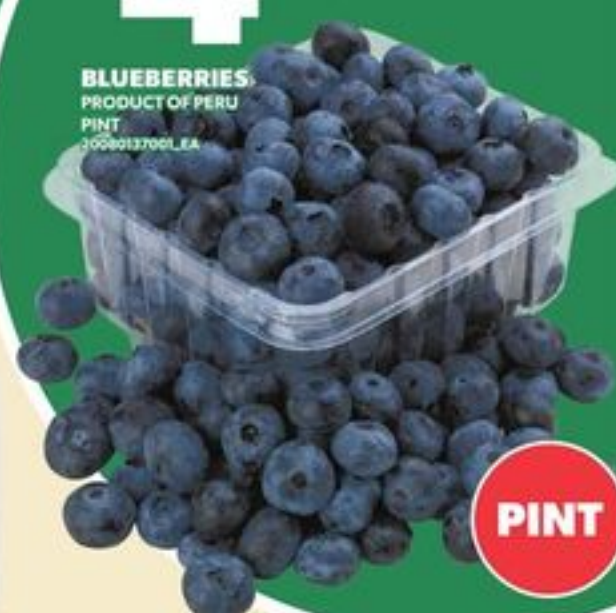
**\$6**

**FARMER'S MARKET™ GREENHOUSE PEPPERS**  
PRODUCT OF CANADA  
OR U.S.A.  
3'S  
20085851001\_EA



**\$4**

**BLUEBERRIES**  
PRODUCT OF PERU  
PINT  
20080137001\_EA



**PINT**

**\$5**

**CANTALOUPE**  
PRODUCT OF GUATEMALA  
OR HONDURAS OR  
LARGE CROWNLESS  
PINEAPPLE  
PRODUCT OF COSTA RICA  
EACH  
20167017001\_EA  
20191813001\_EA



**LARGE**

**7<sup>50</sup>**

**BLACKBERRIES**  
PRODUCT OF MEXICO  
PINT  
20138228001\_EA



**PINT**

**1<sup>50</sup>**  
LB



**BUTTERNUT SQUASH OR SWEET POTATOES**  
PRODUCT OF CANADA  
3.31/KG  
20325276001\_KG



**\$6**

**ROMAINE HEARTS**  
PRODUCT OF U.S.A.  
3'S  
20067389001\_EA



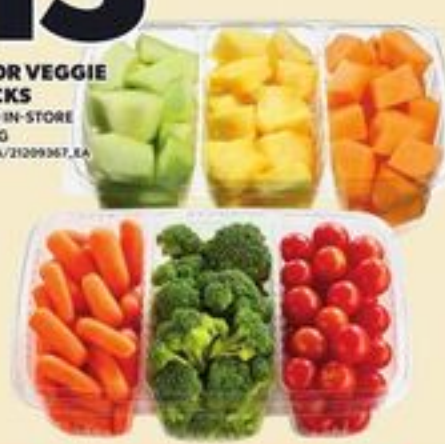
**5<sup>50</sup>**  
LB

**ASPARAGUS**  
PRODUCT OF MEXICO  
OR PERU  
12.13/KG  
20174581001\_KG



**\$13**

**FRUIT OR VEGGIE TRI PACKS**  
PREPARED IN-STORE  
830-1200 G  
20022119\_EA/21209367\_EA



**\$25**

**SIGNATURE HOLIDAY BOUQUET**  
SELECTED VARIETIES  
EACH  
21436377\_EA  
21436378\_EA



**\$22**

**SMALL HOLIDAY GARDEN**  
EACH  
21209487\_EA



**\$10**

**INTERMEDIATE ROSES**  
9 SEED  
21436379\_EA



**\$29**

**HOLIDAY TABLESCAPE SET**  
SELECTED VARIETIES  
21468834\_EA



**\$9**



**PC® NATURALLY SMOKED BACON**  
SELECTED VARIETIES  
375/500 G  
20057892\_EA  
201532629\_EA



**\$7**



**PC® BLUE MENU® GROUND CHICKEN**  
454 G  
21100091\_EA



**\$15**

**PC® FREE FROM® GROUND LAMB**  
454 G  
21352008\_EA



**\$7**

**BREADED PORK LOIN SCHNITZEL**  
300 G  
21588065\_EA



**PREPARED IN-STORE**

**\$12**  
LB

**EYE OF ROUND MARINATING STEAK**  
FAMILY SIZE CUT FROM CANADA WAX OR USDA SELECT GOOD BEEF OR HIGHER  
26.44/KG  
20412231\_EA



**\$17**



**PC® WINGS 800-907 G OR PORK BACK RIBS 680 G**  
SELECTED VARIETIES  
FROZEN  
20077175\_EA  
20704832\_EA



# find your catch in seafood

**8<sup>50</sup>**

**HERON POINT WILD CAUGHT CRAB MEAT**  
READY TO EAT  
170 G  
21647384\_EA  
21647418\_EA



**\$11**

**PC® BLACK TIGER SHRIMP RAW ZIPPERBACK®**  
16-20 PER LB 400 G OR SHRIMP APPETIZERS  
294-454 G  
SELECTED VARIETIES, FROZEN  
20901192\_EA



**\$13**

**SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE**  
454 G OR PC® TORCH-SEARED ATLANTIC SALMON OR WILD AHI TUNA TATAKI 130 G  
FROZEN  
21687111\_EA  
21687100\_EA





## baked in comfort

**1<sup>50</sup>**

**BAGUETTE**  
WHITE OR WHEAT  
255 G  
21529271\_EA



**BAKED  
IN-STORE**

**4<sup>50</sup>**

**ARTISAN BREAD**  
SELECTED VARIETIES  
420-660 G  
21633048\_EA  
21633219\_EA



**BAKED  
IN-STORE**

**\$4**

**DINNER ROLLS**  
SELECTED VARIETIES  
12'S  
21392649\_EA



**BAKED  
IN-STORE**

**\$5**

**TURNOVERS**  
SELECTED VARIETIES  
4'S  
21449196\_EA  
21449200\_EA



**BAKED  
IN-STORE**

**\$9**

**EXQUISITE  
COFFEE CAKE**  
SELECTED VARIETIES  
750 G  
21648678\_EA  
21648727\_EA



**7<sup>50</sup>**

**FARMER'S MARKET™  
HOMESTYLE TARTS**  
SELECTED VARIETIES  
348-510 G  
21628834\_EA  
21629191\_EA



**\$5**

**PC® MINI BRIOCHE  
ROLLS**  
400 G  
21400779\_EA



**\$3**

**NO NAME® DINNER  
ROLLS 420 G OR  
PC® BREAD  
CRUMBS 275/300 G**  
SELECTED VARIETIES  
21431228\_EA  
21643547\_EA



**\$7**

**LA FORNÉE DORÉE  
CHINOIS BRIOCHE  
WITH VANILLA**  
500 G  
21315229\_EA



**\$7**

**MARCANGELO  
ITALIAN SLICED  
MEATS**  
SELECTED VARIETIES  
85 G  
21706089\_EA  
21706090\_EA



in the mood for deli-cious

**SAVE  
\$1.99/100 G**

**\$5**  
/100 G

**GERMAN  
CAMBOZOLA  
BLUE CHEESE**  
IN-STORE DELICUT  
2000/2000 G



**SAVE  
\$1.49**

**\$7**

**FANTINO AND  
MONDELLO  
SALAMETTI  
DICED OR SLICED**  
SELECTED VARIETIES  
100-200 G  
21501016\_EA  
21501022\_EA



**SAVE  
UP TO \$2.49**

**\$7**

**TRE STELLE  
RICOTTA 475 G OR  
BOCCONCINI OR  
FETA 200 G**  
SELECTED VARIETIES  
20024992\_EA  
20093652\_EA



**\$6**

**\$7.50**

**FONTAINE SANTÉ  
HUMMUS**  
SELECTED VARIETIES  
454/482 G  
20503658\_EA  
20504506\_EA



**\$5**

**\$6**

**GARDEN FRESH  
TORTILLA CHIPS**  
397 G OR SALSA 473 ML  
SELECTED VARIETIES  
20325398\_EA  
20565699\_EA



## on the run, we got you

**FROM  
\$6**

**FLATBREAD PIZZA**  
SELECTED VARIETIES  
336-420 G  
21487752\_EA  
21487753\_EA



**PREPARED  
IN-STORE**

**2/\$14**

OR  
\$8 EA.

**FRESHLY PREPARED  
IN-STORE SINGLE  
SERVE ONE PAN  
MEALS OR POWER  
BOWLS**  
SELECTED VARIETIES  
135-410 G  
21696324\_EA  
21696361\_EA



**\$9**

**OLIVIERI FAMILY  
PACK PASTA 500/700 G  
OR PASTA SAUCE 600 ML**  
SELECTED VARIETIES  
20011488\_EA  
20311594\_EA



## \$20 meal deals

**\$20**

**IN-STORE PREPARED  
ROTISSERIE CHICKEN 900 G-1 KG  
PAIRED WITH TWO SMALL SIDES  
OF YOUR CHOICE 134-454 G AND  
PEPSI BEVERAGE 1 L**



**\$20**

**IN-STORE PREPARED  
8 PIECE FRIED CHICKEN  
OR 9 PIECE CHICKEN STRIPS  
700-870 G WITH TWO SMALL  
SIDES OF CHOICE 134-454 G  
AND PEPSI BEVERAGE 1 L**



**\$20**

**IN-STORE PREPARED  
READY TO COOK SALMON  
OR CHICKEN ENTREE 472-637 G  
WITH A READY TO COOK SIDE  
545-865 G**





WHILE  
SUPPLIES LAST

# COLLECT & SAVE! BIG IS BACK

Get one stamp for every \$20\* spent.  
Collect 20 stamps and get 60-80% off\*  
one piece of high-quality Kuhn Rikon  
Swiss design ovenware!

SAVE  
60-80%\*  
OFF EACH



Opt-in digitally in the  
PC Optimum™ App and get  
8 bonus stamps\*

**KUHN  
RIKON**  
SWISS DESIGN

\*Offer available in-store and online at participating Loblaw banner stores starting Oct. 23, 2025. Receive 1 stamp for every \$20 spent before applicable taxes in a single transaction until Feb. 11, 2026. 8 bonus stamps available to PC Optimum™ members who opt-in to program using the PC Optimum™ App (the "App") between Oct. 16, 2025 and Feb. 11, 2026. Limit 1 bonus offer per account/household. Notwithstanding the foregoing, we reserve the right to stop issuing stamps (incl. bonus) earlier upon notice posted in-store, in the App and on [pcoptimum.ca/collectandsave](https://pcoptimum.ca/collectandsave). Stamps are not provided for purchase of tobacco, alcohol, prescriptions, gift cards, phone cards, lottery tickets, 3rd party operations (post office, gas bar, dry cleaner, etc.) and any other products which are provincially regulated. When you collect and redeem 20 stamps, you'll get 60 - 80% off 1 Kuhn Rikon ovenware piece, before applicable taxes. Offer cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferrable. PC Optimum™ Members: To obtain a digital stamp card, opt-in to this program using the App. Digital stamps collected by a household will be combined on one digital stamp card. For paper stamp card or for non-PC Optimum™ members, see in-store for card. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Completed stamp cards can be redeemed until Feb. 25, 2026, after which time stamps/cards expire. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales final. Eligible ovenware is under warranty for 2 years from date of purchase and can be replaced at your store of purchase until Feb. 25, 2026 or while supplies last, whichever is earlier, after which time, contact [loblawpromotions@l-founders.com](mailto:loblawpromotions@l-founders.com) for replacement. For full warranty information including warranty exclusions, FAQ's and complete offer details, visit [pcoptimum.ca/collectandsave](https://pcoptimum.ca/collectandsave).



# start with the basics

**\$5**

**NO NAME® HONEY**  
375 G OR **NUTELLA**  
**HAZELNUT**  
**SPREAD** 375 G  
SELECTED VARIETIES  
20007100\_EA  
20435988\_EA



**\$5**

**NO NAME® PEANUT BUTTER**  
SELECTED VARIETIES  
1 KG  
20226045001\_EA  
20226045002\_EA



**SAVE \$1.49**

**\$5**

**QUAKER MUFFIN**  
OR **COOKIE MIX**  
900 G OR **OATS**  
**FLOUR** 700 G  
SELECTED VARIETIES  
20301064001\_EA  
21610830\_EA



**\$5**

**SCHNEIDERS**  
**BREAKFAST BITES**  
OR **SANDWICHES**  
SELECTED VARIETIES  
FROZEN  
204-288 G  
21623287\_EA  
21623288\_EA



**\$4**

**KELLOGG'S EGGO**  
**WAFFLES** 6/8'S OR  
**PILLSBURY**  
**TOASTER**  
**STRUDEL** 326 G OR  
**SCRAMBLES** 204 G  
EXCLUDES PROTEIN WAFERS  
SELECTED VARIETIES FROZEN  
20172644001\_EA  
20302779\_EA



**\$4**

**HEINZ FLAVORED**  
**DIPPING MAYO**  
SELECTED VARIETIES  
340 ML  
21686231\_EA  
21685958\_EA



**\$4**

**PC® KETCHUP**  
SELECTED VARIETIES  
750 ML/1 L  
20090124\_EA  
20131845\_EA



**\$3**

**FRENCH'S CLASSIC**  
**YELLOW MUSTARD**  
400 ML  
20083238\_EA



**\$3**

**NO NAME®**  
**NATURALLY IMPERFECT™**  
**FROZEN FRUIT**  
SELECTED VARIETIES  
300/400 G  
21545097\_EA  
21545106\_EA



**\$5**

**TENDERFLAKE**  
**PASTRY** 255-397 G OR  
**COOL WHIP DESSERT**  
**TOPPING** 1 L  
SELECTED VARIETIES  
FROZEN  
20030389001\_EA  
20303840001\_EA



**SAVE UP TO 49%**

**\$4**

**HUNGRY-MAN**  
**ENTRÉES**  
SELECTED VARIETIES  
FROZEN  
360-455 G  
20226014004\_EA  
20226014005\_EA



**\$1**

**BEN'S FAST AND**  
**FANCY POUCHES**  
SELECTED VARIETIES  
132 G  
21397365\_EA  
21397412\_EA



**SAVE UP TO 50%**

**\$1**

**TINA'S**  
**BURRITOS**  
SELECTED VARIETIES  
FROZEN  
113 G  
21639787\_EA  
21639865\_EA



**\$3**

**PILLSBURY**  
**PIZZA POPS**  
SELECTED VARIETIES  
FROZEN  
280 G  
21435994\_EA  
21689482\_EA



**\$4**

**HUMBLE OR HUMBLE**  
**RUMBLES ORGANIC**  
**POTATO CHIPS**  
SELECTED VARIETIES  
135 G  
21664846\_EA  
21664952\_EA



**\$3**

**DORITOS, SUNCHIPS**  
OR **FUNYONS MINIS**  
OR **CHEETOS BITES**  
CANISERS 81-145 G  
OR **HAVOC FLAVOURED**  
**SNACKS** 170-280 G  
SELECTED VARIETIES  
21635337\_EA  
21588799\_EA



**\$5**

**BEN & JERRY'S** 473 ML  
OR **MAGNUM BARS** 4'S  
SELECTED VARIETIES FROZEN  
21194689\_EA  
21428213\_EA



**\$2**

**HEINZ BEANS**  
OR **PASTA**  
SELECTED VARIETIES  
398 ML  
20040380003\_EA  
20172728001\_EA



**\$7**

**CARNATION HOT**  
**CHOCOLATE CANISERS**  
400/450 G OR **LAVAZZA**  
**GROUND COFFEE QUALITA**  
**ROSSA/CREMA**  
**GUSTO** 250 G  
SELECTED VARIETIES  
21397690\_EA  
21553714\_EA



**\$5**

**BREYERS**  
**CREAMERY STYLE**  
**ICE CREAM**  
SELECTED VARIETIES  
FROZEN  
1.41 L  
21450509\_EA  
21614332\_EA





# start with the basics

**1<sup>50</sup>**

**KNORR PASTA SAUCE OR DRY GRAVY MIX**  
SELECTED VARIETIES  
22-48 G  
20321329001\_EA  
20323323001\_EA



**2<sup>50</sup>**

**STOVE TOP STUFFING**  
SELECTED VARIETIES  
120 G  
20009553001\_EA  
20310503001\_EA



**\$3**

**DEL MONTE CANNED FRUIT**  
SELECTED VARIETIES  
398 ML  
20296567008\_EA  
21657529\_EA



**\$11**

**PC® GRAPESEED OIL**  
750 ML  
200990195\_EA



**SAVE 58¢**  
**WHEN YOU BUY 2**

**2/\$3**

OR \$1.79 EA.  
**NO NAME® MUSHROOMS**  
SELECTED VARIETIES  
284 ML  
20097492\_EA  
20299211\_EA



**GET 5,000<sup>+</sup>**  
when you spend '20\* on



**TRU EARTH LAUNDRY OR FABRIC SOFTENER**  
SHEETS 16-32'S  
TOILET BOWL CLEANER 12'S  
DISH TABS 40'S  
OR SCENT BOOSTERS  
200-460 G  
SELECTED SIZES AND VARIETIES  
21625514\_EA  
21660040\_EA

**5<sup>49</sup>**

**HELLMANN'S MAYONNAISE OR CHICKEN WING DIPS**  
SELECTED VARIETIES  
340-445 ML  
21591867\_EA  
21649789\_EA  
21591817\_EA



**\$6**

**TERRY'S CHOCOLATE ORIGINAL OR SIMPLY 145 G OR BOULE D'OR CHOCOLATES 144-154 G**  
SELECTED VARIETIES  
21672489\_EA  
21672499\_EA



**APP EXCLUSIVE OFFER\***

**SAVE UP TO \$5**

**GET 4,000<sup>+</sup>**  
back in points

**\$14**

**PC® OR BLUE MENU® ENTRÉES**  
SELECTED VARIETIES  
FROZEN  
2/2.27 KG  
20134930\_EA  
21778993\_EA



\*Open your PC Optimum™ app or visit pc optimum.ca to get the offer

**SAVE UP TO 49¢**

**\$3**

**NO NAME® VEGETABLES**  
SELECTED VARIETIES  
FROZEN  
750 G  
20295818\_EA  
20302266\_EA



**SAVE UP TO 37%**

**\$5**

**TASTIEZ SHAREABLES**  
SELECTED VARIETIES  
FROZEN  
311 G  
21691563\_EA  
21691571\_EA



**4<sup>50</sup>**

**CHAPMAN'S YUKON NOVELTIES**  
SELECTED VARIETIES  
FROZEN  
5-8'S  
21583339\_EA



**SAVE \$1**  
**WHEN YOU BUY 2**

**2/3<sup>50</sup>**

OR \$2.25 EA.  
**PC® PASTA 454 G OR BLUE MENU® WHOLE GRAIN PASTA 375 G**  
SELECTED VARIETIES  
21001578\_EA



**SAVE \$1**  
**WHEN YOU BUY 2**

**2/\$7**

OR \$4 EA.  
**PC® BASMATI OR JASMINE RICE**  
SELECTED VARIETIES  
750 G  
20961107\_EA  
20961292\_EA



**6<sup>99</sup>**

**FUZE LEMON ICED TEA**  
SELECTED VARIETIES  
12X341 ML  
21645443\_C12  
21645563\_C12



**4<sup>50</sup>**

**MOTT'S CLAMATO JUICE 1.89 L OR OCEAN SPRAY 100% JUICE BLEND OR COCKTAIL 1.77-1.89 L**  
SELECTED VARIETIES  
20308955002\_EA  
20300004008\_EA



**1<sup>50</sup>**

**NO NAME® FOIL 25FT OR GLAD CLING WRAP 30 M**  
SELECTED VARIETIES  
21179986\_EA



**\$10**

**ZIPLOC MEGAPACK**  
SELECTED VARIETIES  
60-270'S  
21796700\_EA



**\$21**

**CASHMERE BATHROOM TISSUE**  
SELECTED VARIETIES  
24-72 ROLLS  
21089845\_EA  
21443648\_EA



**\$15**

**COTTONELLE BATHROOM TISSUE 12=48 ROLLS OR FLUSHABLE WIPES 4'S**  
SELECTED VARIETIES  
21477027\_EA  
21665993\_EA



**\$11**

**GLAD OUTDOOR BUNDLE**  
SELECTED VARIETIES  
10-40'S  
21164510\_EA  
21164517\_EA





# From our home to yours



## family meals



**\$16**

**INSTORE PREPARED  
TURKEY CRANBERRY  
SLIDERS**  
750 G  
21696333\_EA



**SERVES  
4**

**\$16**

**INSTORE  
PREPARED  
FAMILY PASTA  
TRAY**  
900 G-1.14 KG  
21395979\_EA



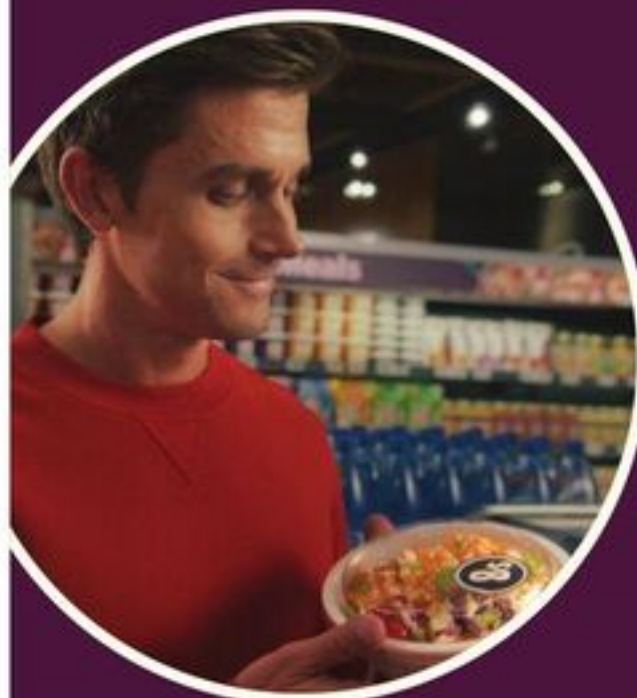
**SERVES  
4**



**\$8**

## single meals

**FRESHLY PREPARED  
INSTORE SINGLE SERVE  
ONE PAN MEALS**  
SELECTED VARIETIES  
135-410 G  
21633777\_EA/ 21696353\_EA  
21633861\_EA



**\$8**

## power bowls

**INSTORE PREPARED BOWLS**  
SELECTED VARIETIES  
350/400G  
21666110\_EA/21666166\_EA



## party platters

Discover our selection of freshly prepared platters for your next occasion.

**\$25**



**Order  
in-store  
or online  
today.**





# feeling zestive

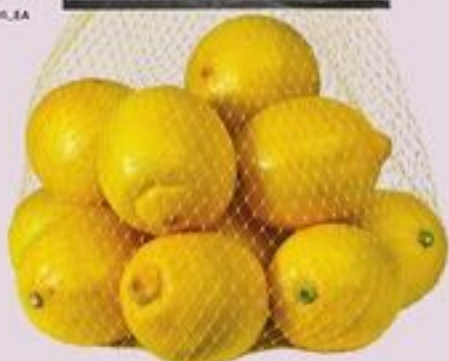
**\$5** **5 LB**

**CLEMENTINES**  
PRODUCT OF MOROCCO  
OR SPAIN  
5 LB  
20182566001\_EA



**\$6**

**FARMER'S MARKET™ LEMONS**  
PRODUCT OF SOUTH AFRICA  
2 LB  
20795315001\_EA



**\$6**

**FARMER'S MARKET™ ORANGES**  
PRODUCT OF SOUTH AFRICA  
3 LB  
20182945001\_EA



**\$4**

**NO NAME® NATURALLY IMPERFECT™ LIMES**  
PRODUCT OF MEXICO  
1.5 LB  
21673921001\_KG



**\$7**

**FARMER'S MARKET™ GRAPEFRUIT**  
PRODUCT OF SOUTH AFRICA  
3 LB  
20184099001\_EA



**\$5**

**FARMER'S MARKET™ MANDARINS**  
PRODUCT OF SOUTH AFRICA  
2 LB  
20099819001\_EA



**\$4** **LB**

**STEM & LEAF CLEMENTINE**  
PRODUCT OF SPAIN  
8.82/KG  
20613483001\_KG



**\$5** **LB**

**PC® SATSUMA MANDARINS**  
PRODUCT OF U.S.A.  
11.02/KG  
20902155001\_KG



**SAVE 76¢ WHEN YOU BUY 2**

**2/\$5**  
OR \$2.88 EA.

**RED POMELO**  
PRODUCT OF CHINA  
20081390001\_EA



**20% OFF**  
TOTAL BULK

'tis the sweetest season

**4 DAY SALE**  
THURSDAY, DECEMBER 4TH  
TO SUNDAY, DECEMBER 7TH

**\$4**

**SOUR JU JUBES**  
320 G  
21694414\_EA



**\$4**

**GUMMI BEARS**  
280 G  
21694433\_EA



**4.50**

**CHOCOLATE FLAVOURED MACAROONS**  
260 G  
21694436\_EA



**\$7**

**MILK CHOCOLATE COVERED ALMONDS**  
240 G  
21694434\_EA



**\$4**

**CRANBERRY COCKTAIL MIX**  
300 G  
21694435\_EA



**\$7**

**ROASTED CASHEWS**  
230 G  
21694434\_EA





# for the love of **pets**

## \$13

**IAMS CAT FOOD**  
SELECTED VARIETIES  
1.36/1.59 KG  
21027553\_EA



## \$9

**WHISKAS CAT FOOD**  
SELECTED VARIETIES  
1.5/2 KG  
21088889\_EA



## \$7

**CATIT CATNIP**  
56 G  
21478271\_EA



**SAVE \$1.99**

## \$7

**FRISKIES CAT FOOD**  
1.4/1.5 KG  
SELECTED VARIETIES  
20912315\_EA



**SAVE \$1.49**

## 6<sup>50</sup>

**FRISKIES CAT TREATS**  
SELECTED VARIETIES  
454 G  
21069907\_EA



## \$26

**GET 2,500 back in points**

**FRISKIES OR FANCY FEAST**  
SELECTED VARIETIES  
24'S  
21082326\_C01  
21170917\_C01



## \$25

**WHISKAS CAT FOOD**  
SELECTED VARIETIES  
24'S  
21069998\_EA



## \$24

**GET 2,000 back in points**

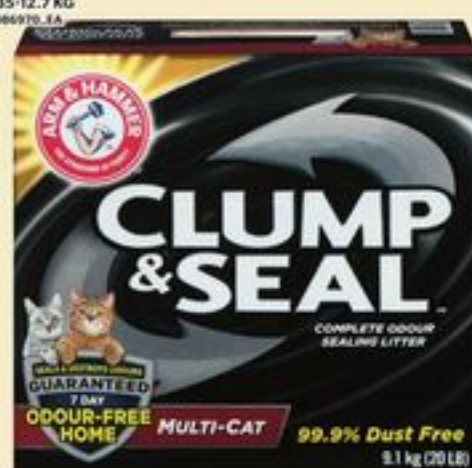
**TIDY CATS CAT LITTER**  
SELECTED VARIETIES  
5.44 KG  
21217951\_C01



**SAVE \$1.99**

## \$20

**ARM & HAMMER CAT LITTER**  
SELECTED VARIETIES  
6.35-12.7 KG  
21086970\_EA



## 2/5<sup>50</sup>

OR \$3.49 EA.

**TEMPTATIONS CAT TREATS**  
SELECTED VARIETIES  
160/180 G  
2029813005\_EA



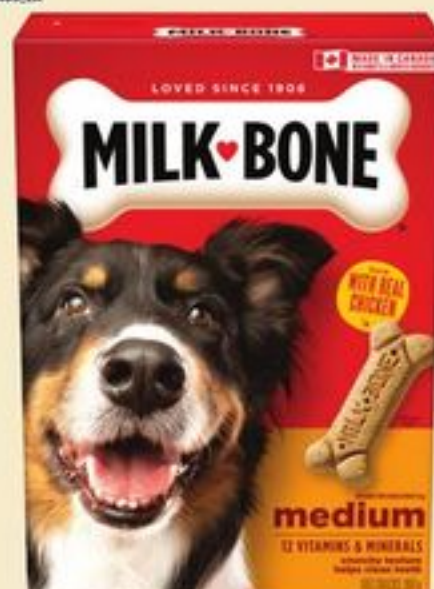
## \$9

**MILK-BONE COMFORT CHEWS DOG TREATS**  
SELECTED VARIETIES  
210/312 G  
21026350E1A



## \$5

**MILK-BONE DOG BISCUITS**  
SELECTED VARIETIES  
750-900 G  
21014603\_EA



## \$9

**DENTALIFE DOG TREATS**  
SELECTED VARIETIES  
408-595 G  
21081077\_EA



## \$18

**CESAR DOG FOOD**  
SELECTED VARIETIES  
12X100 G  
20548229\_EA



## \$18

**IAMS DOG FOOD**  
SELECTED VARIETIES  
2.72/3.18 KG  
20912435\_EA





# Shop the **world** in our aisles



**SAVE 30%**



**3<sup>50</sup>**

**FARMER'S MARKET™  
RED ONIONS**  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE  
3 LB BAG  
2081362001\_EA



**SAVE \$1  
WHEN YOU BUY 2**

**2/\$5**

OR \$3 EA.

**POMEGRANATE**  
PRODUCT OF U.S.A.  
20134767001\_EA



**SAVE \$1.02  
WHEN YOU BUY 3**

**3/4<sup>98</sup>**

OR \$2 EA.

**ATAULFO MANGO**  
PRODUCT OF PERU  
EACH  
20121595001\_EA



**\$3**

**LARGE  
DRAGONFRUIT**  
PRODUCT OF VIETNAM  
20165395001\_EA



**SAVE  
UP TO \$1.99**

**\$9**

**SEAQUEST®  
WHOLE POMPANO**  
800 G OR WHOLE  
**TILAPIA** 1.36 KG  
FROZEN  
21591947\_EA  
21592084\_EA



**\$4**

**CRISPY POUND  
CAKE**  
SELECTED VARIETIES  
368 G  
20814078\_EA  
20814080\_EA

**13<sup>50</sup>**

**NATUR SOURCE  
NUT MIX**  
SELECTED VARIETIES  
450-625 G  
21795937\_EA  
21796004\_EA



**\$10**

**PC® SPRING ROLLS**  
SELECTED VARIETIES  
FROZEN  
574 G  
20698096\_EA  
20698133\_EA



**1<sup>29</sup>**

**NONGSHIM  
NOODLES**  
SELECTED VARIETIES  
120 G  
21504277\_EA  
21504375\_EA



**3<sup>50</sup>**

**ORION TURTLE  
CHIPS**  
SELECTED VARIETIES  
160 G  
21654281\_EA  
21654241\_EA



**\$6**

**HUY FONG  
SRIRACHA HOT  
CHILI SAUCE**  
734 ML  
20076956\_EA



**3<sup>49</sup>**

**FARKAY NOODLES**  
397 G SELECTED VARIETIES OR  
**LAOGANMA SPICY  
CHILI CRISP** 210 G  
20147835001\_EA  
20874066\_EA



**50¢**

**CHUBBY SODA**  
SELECTED VARIETIES  
250 ML  
20940724\_EA  
21567411\_EA



**2<sup>50</sup>**

**GRACE EXOTIC CHIPS**  
SELECTED VARIETIES  
75 G  
21626379\_EA  
21626383\_EA



**SAVE 98¢  
WHEN YOU BUY 2**

**2/\$7**

OR \$3.99 EA.

**LAY'S INTERNATIONAL  
FLAVORED CHIPS**  
SELECTED VARIETIES  
200 G  
21643082\_EA  
21643211\_EA







**Value you  
can count on.**

**\$13**



**PC® BLUE MENU®  
CHICKEN BREASTS**  
BONELESS, SKINLESS  
AIR CHILLED  
3'S  
25340952\_EA



**2<sup>50</sup>**

**NO NAME®  
CHICKEN WIENERS**  
450 G  
20058192\_EA



**\$13**

**NO NAME®  
MEAT LASAGNA**  
FROZEN  
2.27 KG  
20099795\_EA



**\$1**

**PC® BLUE MENU®  
OR FREE & CLEAR®  
SPARKLING WATER**  
SELECTED VARIETIES  
1L  
20320832004\_EA  
20320832002\_EA



**\$7**

**NO NAME®  
CAT LITTER**  
SELECTED VARIETIES  
7 KG  
2003746002\_EA





# live well, spend less

**5<sup>50</sup>**

**DOVE BODY WASH 325 ML OR BAR SOAP 6X106 G**  
SELECTED VARIETIES  
21239554\_EA/21510864\_EA



**\$8**

**METHOD BODY WASH 532 ML OR LIQUID HAND SOAP REFILL 828 ML-1L**  
SELECTED VARIETIES  
21425085\_EA  
21640640\_EA



**SAVE UP TO**

**25%**

**OLAY BODY WASH OR BAR SOAP**  
SELECTED VARIETIES AND SIZES  
21000889\_EA  
21642769\_EA



**6<sup>50</sup>**

**LIMIT 6**  
AFTER LIMIT 7.49 EA.

**SENSODYNE OR PRONAMEL TOOTH PASTE**  
SELECTED VARIETIES  
150/135 ML  
20247931002\_EA  
20432248002\_EA



**3<sup>50</sup>**

**LIMIT 6**  
AFTER LIMIT 4.49 EA.

**CREST COMPLETE TOOTH PASTE 120 ML, CREST STAIN ERASER TOOTH PASTE 65 ML, CREST KIDS TOOTH PASTE 85-100 ML OR ORAL-B COMPLETE SATIN FLOSS 50 M**  
SELECTED VARIETIES  
20348190001\_EA/21354028\_EA



**\$6**

**LIMIT 6**  
AFTER LIMIT 8.39 EA.

**LISTERINE CLASSIC 1L OR KIDS 500 ML MOUTHWASH**  
SELECTED VARIETIES  
20348438001\_EA  
21356791\_EA



**\$8**

**DOVE WOMEN'S DEODORANT 74 G OR DRY SPRAYS 107/113 G**  
SELECTED VARIETIES  
20840721\_EA/21196170\_EA



**SAVE UP TO 25%**

**IVORY BODY WASH OR BAR SOAP**  
SELECTED VARIETIES AND SIZES  
20489974001\_EA  
20860346002\_EA



**7<sup>50</sup>**

**LIMIT 6**  
AFTER LIMIT 8.99 EA.

**COLGATE MAXFRESH OR TOTAL TOOTH PASTE 3'S OR MANUAL TOOTHBRUSH 2'S, BATTERY TOOTHBRUSH OR COLGATE TOTAL OR PRO RELIEF MOUTHWASH**  
SELECTED VARIETIES AND SIZES  
2118930\_EA/21166655\_EA



**\$8**

**TRESEMMÉ HAIR CARE**  
SELECTED VARIETIES AND SIZES  
2031530016\_EA  
21696637\_EA



**\$4**

**GARNIER FRUCTIS HAIR CARE**  
SELECTED VARIETIES  
370 ML  
21005887\_EA  
21007302\_EA



**\$10**

**JOHN FRIEDA OR MARC ANTHONY HAIR CARE**  
SELECTED SIZES AND VARIETIES  
21570404\_EA  
21646736\_EA



**\$14**

**L'ORÉAL PREFERENCE, FÉRIA OR OLIA HAIR COLOUR**  
SELECTED VARIETIES  
2030462009\_EA  
21474523\_EA



**SAVE 20%**

**GET 5,000<sup>+</sup> back in points**  
when you buy 2

**AVEENO FACE OR BODY LOTIONS**  
SELECTED VARIETIES AND SIZES  
20102023001\_EA  
20102023003\_EA



**SAVE 20%**

**CERAVE CLEANSERS OR MOISTURIZERS**  
SELECTED VARIETIES AND SIZES  
21295400\_EA  
21354743\_EA



**SAVE 20%**

**CETAPHIL CLEANSERS OR MOISTURIZERS**  
SELECTED VARIETIES AND SIZES  
20432313001\_EA



**\$10**

**DR. TEAL'S EPSOM SALT OR FOAM BATH**  
SELECTED VARIETIES AND SIZES  
20335315\_EA  
21311642\_EA



**SAVE 25%**

**ST. IVES FACE SCRUBS, EXFOLIATORS OR LOTION**  
SELECTED VARIETIES AND SIZES  
21086101\_EA  
21429055003\_EA





# live well, spend less

## 65<sup>47</sup>

**ENFAMIL A+ NEUROPRO  
AND GENTLEASE  
POWDER REFILLS**  
SELECTED VARIETIES  
862/890 G  
21589079\_EA  
21589205\_EA



## 38<sup>99</sup>

**SIMILAC 360 TOTAL CARE  
READY TO FEED INFANT FORMULA**  
24 X 59 ML  
21702779\_C24



## 4<sup>50</sup>

**EARTH'S BEST  
VEGGIE STRAWS  
OR PUFFS**  
SELECTED VARIETIES  
44-78 G  
21534806\_EA  
21534802\_EA



## 2/\$5

OR  
\$3.99 EA.  
**GERBER SNACKS  
OR ENTRÉES**  
SELECTED VARIETIES  
42-187 G  
2030463003\_EA  
2030573800L\_EA



## 5<sup>50</sup>

**LITTLE BELLIES  
ORGANIC COOKIES**  
SELECTED VARIETIES  
130 G  
21606647\_EA  
21606746\_EA



## \$13

**U BY KOTEX  
LINERS 112-150'S,  
PADS 30-60'S OR  
TAMPONS 45'S**  
SELECTED VARIETIES  
21700475\_EA / 21239949\_EA



## \$11

**ALWAYS FLEX  
FOAM PADS**  
SELECTED VARIETIES  
AND SIZES  
18-36'S  
21284428\_EA / 21641927\_EA



## \$18

**TENA UNDERWEAR  
OR BRIEFS**  
SELECTED VARIETIES  
AND SIZES  
20957423\_EA / 21033779\_EA



**SAVE  
UP TO**  

## 15%

**ONE A DAY  
MULTIVITAMINS  
60-130'S OR  
FLINTSTONE'S  
CHILDREN'S  
VITAMINS OR  
SUPPLEMENTS**  
60-180'S  
SELECTED  
VARIETIES  
21663606\_EA  
21663766\_EA



**SAVE  
UP TO**  

## 25%

**WEBBER NATURALS  
OR SESAME STREET  
VITAMINS OR  
SUPPLEMENTS**  
SELECTED VARIETIES  
AND SIZES  
20866422\_EA  
21795800\_EA



**SAVE  
UP TO**  

## 15%

**PERFECT SPORTS  
SUPPLEMENTS**  
SELECTED VARIETIES  
AND SIZES  
21068247\_EA / 21068329\_EA



**SAVE  
UP TO \$2**

**GET  
2,000<sup>00</sup>**  
when you buy 2

**\$2  
back  
in points**

## FROM 5<sup>49</sup>-21<sup>99</sup>

**VICKS**  
SELECTED VARIETIES  
AND SIZES  
21295974\_EA  
21456315\_EA



## 13<sup>50</sup>

**BENYLIN<sup>®</sup>  
COUGH RELIEF  
SYRUP 170-250 ML OR  
CAPLETS 24'S OR  
TYLENOL COLD,  
COUGH AND FLU  
PRODUCTS 24/40'S OR  
SYRUP 170/180 ML**  
SELECTED VARIETIES  
EACH  
2012948400L\_EA / 21263833\_EA



**GET  
4,000<sup>00</sup>**  
when you buy 2

**\$4  
back  
in points**

**ENSURE OR  
GLUCERNA READY  
TO DRINK SHAKES**  
SELECTED VARIETIES  
AND SIZES  
20180283003\_EA  
20308731008\_C06





**MARCO ANGELO**

*The Best Things are Meant to be Shared!*

**MORTADELLA AND MORTADELLA WITH PISTACHIO SLICED**  
110 g  
21707188\_EA  
**\$5**

**ANTIPASTO QUATTRO**  
150 g  
21706582\_EA  
**\$12**

**BUON APPETITO**  
200 g  
21692121\_EA  
**\$14**

**ASSORTED SALAMI CHUBS**  
225 - 300 g  
21021491\_EA  
**\$10-\$12**

**24g of PROTEIN**

**CHICKEN BREAST BITES**  
200 g  
21633170\_EA  
**\$7**

**A TASTE OF WINTER CHEER**

**Arizona**  
Assorted flavours  
960 mL  
21043736\_EA  
**3<sup>29</sup>**

**Allen's**  
Assorted flavours  
1.89L  
21518094\_EA  
**4<sup>49</sup>**

**Del Monte**  
Assorted flavours  
8 x 200 mL  
21649074\_EA  
**5<sup>49</sup>**

**Oasis**  
100% JUICE  
10x 100 mL BOTTLES  
10x 100 mL BOTTLES  
20x 100 mL BOTTLES  
40 x 200 mL  
**21<sup>99</sup>**

**Oasis**  
Assorted flavours  
40 x 200 mL  
21030520\_C01

**PROUD CANADIAN COMPANY**

**SCHNEIDERS**  
EST. 1890

**CANADIAN CRAFTED SINCE 1890**

**15% OFF /100 g**

Schneiders® Blue Ribbon® Bologna Service Case Meat  
20279910\_EA

**15% OFF /100 g**

Schneiders® Deli Best® Service Case Meats Select Varieties  
21201089\_EA/20967023\_EA

**Prepared in Canada**

**CALLS FOR Saputo CHEESE**

**\$6**

**ALEXIS DE PORTNEUF**  
BRIE & CAMEMBERT, SELECTED VARIETIES  
125 g  
20044802\_EA

**\$6**

**SAPUTO**  
FRESH CHEESE, ASSORTED VARIETIES  
170-200 g  
20051344\_EA

**\$6**

**CATHEDRAL CITY**  
CHEDDAR  
200 g  
21245346\_EA

**\$9**

**ALEXIS DE PORTNEUF**  
TRIPLE CREAM, WASHED RIND OR GOAT CHEESES, SELECTED VARIETIES  
125-200 g  
20064979\_EA

**\$7**

**SAPUTO**  
RICOTTA  
500 g  
20073931\_EA

**1,500**

**From domestic and imported ingredients.**

**CHEESE Festival**

ENTER FOR A CHANCE TO **WIN CHEESE FOR A YEAR!**

[WWW.FREECHEESE.CA](http://WWW.FREECHEESE.CA)

**NEW**

**LEERDAMMER**  
250 g  
20087905\_EA  
**\$8**

**BALDERSON**  
Premium Cheddar  
250 - 280 g  
20050555\_EA  
**\$8**

**BALDERSON**  
Premium Aged Cheddar  
280 g  
20707405\_EA  
**\$14**

**Rondele**  
Rondele Spread  
125 g  
20672975\_EA  
**\$4**

**PRÉSIDENT**  
Brie  
300 g  
25080790\_EA  
**\$10**

\*No purchase necessary. Contest starts on November 18, 2025 (12:00:01 a.m. ET) and ends on December 31, 2025, 11:59:59 p.m. ET. One form of entry for your chance to win a Grand Prize is to purchase any Participating Product, submit the purchase receipt, and complete the entry form at www.freecheese.ca (the "Website"). Maximum of ten (10) entries per household. One (1) participating product purchased equals one (1) chance to win a Grand Prize. Purchasing two (2) or more participating products on a single receipt earns a maximum of five (5) entries. There are five (5) Grand Prizes available to be won by random draw, consisting of Cheese for a Year in the form of 100 FREE Cheese coupons, 40% of each Grand Prize is \$1,440 CAD. The winner must correctly answer a quiz before winning. The odds of winning depend on the number of eligible entries received for all participating products and full rules, visit the Website. Contest is open to Canadian residents who are in Canada at the time of entry, except individuals under the age of 18 (or 19 in Quebec). ©2025 Lactalis Canada. All rights reserved. Trademarks owned or used under license by Lactalis Canada, Toronto (ON, M9C 5L7).

**RESTAURANT-INSPIRED FLAVOURS**

**Kraft Dinner Deluxe**  
Entrées  
Selected Varieties  
333 - 346 g  
21694728\_EA/21694895\_EA  
**4<sup>99</sup>**

**TACO BELL.**

**Taco Bell Dinner Kits**  
Selected Varieties  
401 - 642 g  
21663631\_EA  
**2/\$10**  
OR \$5.99 EA.

**Taco Bell Creamy Sauces**  
Selected Varieties  
354 mL  
21661774\_EA  
**2/\$10**  
OR \$5.99 EA.

**Taco Bell Sauces**  
Selected Varieties  
207 mL  
21661786\_EA  
21661788\_EA  
**2/\$7**  
OR \$4.49 EA.

**Kraft Dinner Macaroni & Cheese**  
156 - 200 g  
21548555\_EA  
21549589\_EA  
**2/\$5**  
OR \$2.99 EA.

**Kraft Dinner Macaroni & Cheese**  
Snack Cups  
4 x 55 - 58 g  
21565025\_EA  
**7<sup>49</sup>**

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**windsor**  
SINCE 1893

**GET INTO SALT**

**BALÉINE**  
Fine Fine  
750 g  
20323596001\_EA  
**\$7**

**BALÉINE**  
Gros Coarse  
750 g  
20323596002\_EA  
**\$7**

**Le Saunier de Camargue**  
Fleur de Sel  
125 g  
2003394508\_EA  
**\$7**

**Our butchers cut quality meat in your store every day!**

**pork loin schnitzel**  
21588065\_EA

**beef meatballs**  
plain  
21587897\_EA

**beef stir fry strips**  
cut from Canadian A-grade beef or higher  
21588067\_EA

**pork stir fry strips**  
21588095\_EA

**chicken stir fry strips**  
21588091\_EA



# General Mills

## Holiday Savings

### FOR EVERY OCCASION!

21125390\_EA  
21682347\_EA

**\$4.50**

General Mills™ Winter Edition Cereals 264-340 g

21305885\_EA  
21305908\_EA

**\$4.50**

Pillsbury™ Ready to Bake Seasonal Cookies 260 - 396 g

21435931\_EA  
21435938\_EA

**2/\$14**  
OR \$8.99 EA.

Pillsbury™ Pizza Pops™ 8's 760 g and Pizza Bites 50's

21675994\_EA  
20318474001\_EA

**3/\$9**  
OR \$3.75 EA.

Nature Valley™ Granola Bars 120-230 g, Betty Crocker™ and Mott's Fruit Snacks 128-226 g, Pillsbury™ Soft Baked Bars 150 g and Cereal Treat Bars 120 g

20320962002\_EA  
20317832003\_EA

**\$3.50**

Pillsbury™ Base Sweet Goods & Breads 318 - 468 g

21505340\_EA  
20305424002\_EA

**\$2.50**

Pillsbury™ Crescents and Weiner Wrap 200-227 g

20306992001\_EA  
200631080001\_EA

**2/\$7**  
OR \$4.49 EA.

Old El Paso™ Components selected varieties 94 - 334 g/243 - 398 mL

21305885\_EA  
21305908\_EA

**\$4.50**

Pillsbury™ Premium Sweet Goods 454 - 496 g

# MAKE EVERYDAY BETTER WITH THE GOODNESS OF PLANTS

**\$3**

Silk Non-dairy Beverages Selected Varieties 1.74-1.89 L  
203022002\_EA/20303080\_EA

**\$2.50**

Silk Non-dairy Beverages Selected Varieties 946 mL  
2130420\_EA

**\$5**

Silk Non-dairy Barista Beverages Selected Varieties 946 mL  
21307000\_EA

**2/\$12**  
OR \$6.99 EA.

Silk Non-dairy Yogurt Selected Varieties 500 - 650 g  
2030620\_EA/20306107\_EA

Silk® is © 2025 WhiteWave Services, Inc. All rights reserved.

# Mobile

## Get 25GB for \$29/mo\*

+ Earn PC Optimum™ points

\*Conditions apply, visit pcmobile.ca for full details. Subject to change.





# FOOD DESERVES PEPSI

Family Meals \$20



**1** Rotisserie Chicken 900 g with two small sides 134-454g and 1 L bottle of Pepsi  
1980-2600 Cals



**2** 8 Piece Fried Chicken with two small sides 134-454 g and 1 L bottle of Pepsi  
1740-2360 Cals



**3** 9 Piece Chicken Strips with two small sides 134-454 g and 1 L bottle of Pepsi  
2470-3090 Cals

Combos for One \$11



**4** 2 Piece Fried Chicken + small side + Pepsi beverage 591 mL 680-1050 Cals



**5** 3 Piece Chicken Strips + small side + Pepsi Beverage 591 mL 780-1440 Cals



**6** 4 Piece Wings + small side + Pepsi Beverage 591 mL 490-1140 Cals

## CHEESE Festival

ENTER FOR A CHANCE TO  
**WIN CHEESE FOR A YEAR!**

[WWW.FREECHEESE.CA](http://WWW.FREECHEESE.CA)



**\$12** Black Diamond Cheese sticks, Cheestrings 24 - 28 pk. 504-588 g  
20763883\_EA/20764901\_EA

**2/\$10**

OR \$5.99 EA.  
Black Diamond Combo, 129 g  
20768807\_EA

Natural Cheese Slices 220-240 g  
20768802\_EA

**\$7**

Lactantia Butter Sticks, 454 g  
20769668\_EA/20769702\_EA

Kraft Parmesan Shredded Cheese, 200 g  
20769662\_EA

**\$5**

Amooza Cheese Sticks 228 g  
20767881\_EA

Cracker Barrel Cheese Snacks 168 g  
20769663\_EA

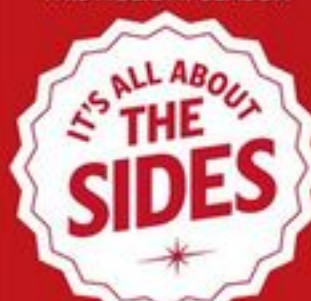
**\$6**

President Butter, 250 g  
20769662\_EA

Lactantia Margarine, 850 g  
20769663\_EA

Campbell's

THIS HOLIDAY SEASON



Try Campbell's easy-to-make side dish recipes



**\$2**

Campbell's® Condensed Soups selected varieties 284 mL  
20767246002\_EA  
20767242\_EA



**5.50**

Pace® Chunky Salsa selected varieties 642 mL  
20767230001\_EA  
20767230002\_EA



**2.50**

Campbell's® Ready to Serve Soups selected varieties 515 mL  
20767886\_EA/20769663\_EA



**\$3**

Prego® Pasta Sauce selected varieties 645 mL  
20767230001\_EA  
20767230002\_EA

© 2025 Campbell Company of Canada

## Juice up your holiday



MINUTE MAID NO SUGAR ADDED DRINKS 1.54 L, SIMPLY ORANGE JUICE, LEMONADE OR DRINKS 1.54/1.75 L OR FUZE ICED TEA 1.75 L, SELECTED VARIETIES

\* The Coca-Cola Company, used under license.



**2/\$14**

OR \$7.99 EA.

MONTPELLIER Carbonated Natural Spring Water selected varieties 10x355 mL  
20960722\_C10/20960704\_C10

**3/4.98**

OR \$1.99 EA.

MONTPELLIER Carbonated Natural Spring Water selected varieties 1 L  
20662284\_EA/20966645\_EA

**2/\$6**

OR \$3.99 EA.

ROCKSTAR® Energy Drink selected varieties 473 mL  
21656676\_EA/21656669\_EA

**2/\$6**

OR \$3.79 EA.

CELSIUS® Energy Drink selected varieties 355 mL  
21648038\_EA  
21576466\_EA



0 SUGAR  
0 CAL PER CAN

0 SUGAR  
0 CAL PER CAN

## What if buying gas fuelled your points?

Only Esso™ and Mobil™ gas earns you PC Optimum™ points.



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Esso is a trademark of Imperial Oil Limited, Imperial Oil, Scionex, Mobil is a trademark of Exxon Mobil Corporation or one of its subsidiaries, Imperial Oil, Scionex.



**PROUDLY CANADIAN**  
SINCE 1883

**CLUB HOUSE**

**6.99-11.99**  
McCormick® Gourmet Spices,  
Selected Varieties  
1.5-4.2 g  
2132925\_EA

**2/\$4**  
Club House® Curry and Hot Sauce Mixes  
21-42 g  
208021601\_EA  
MADE IN CANADA

**\$7**  
Club House® Pure  
Vanilla Extract, 48 mL  
20803348\_EA  
MADE IN CANADA

**\$8**  
Club House® One Step  
Seasoning Blends  
111-181 g  
208080601\_EA  
MADE IN CANADA

**3.99**  
French's® Yellow and  
Specialty Mustards  
325-400 mL  
20803238\_EA/21044853\_EA

**3.50**  
Club House® Organic Spices  
Selected Varieties  
10-47 g  
20951345\_EA

**7.49**  
ChiliMan® Hot Sauce,  
Creamy and Salsa  
150-325 mL  
21392771\_EA

**5.29**  
Frank's® RedHot®  
Hot Sauces, 354 mL  
20187632001\_EA/21044860\_EA

**HELP US PUT FOOD  
ON EVERY TABLE**  
YOUR SUPPORT MAKES A DIFFERENCE!

Food Bank  
Canada  
Banques  
alimentaires  
Canada

This holiday season, Club House® is donating  
400,000 meals to Food Banks Canada.\*

\*Club House® will donate \$200K to Food Banks Canada. Meals donated  
is based on Food Banks Canada's meal metric of \$1 = 3 meals.

**BURNBRAE**  
FARMS • FERMES

**REAL EGGS.  
REAL EASY.®**

**\$7 EACH**  
Naturegg Solar Free Range or  
Omega Plus Solar Free Range  
12 Large Brown Eggs  
21565655001\_EA

**5.50 EACH**  
Naturegg Nature's Best  
or Nestlaid  
12 Large White Eggs  
20816075001\_EA

**6.50 EACH**  
Naturegg Omega Plus  
12 Large White Eggs  
20815787001\_EA

**5.50 EACH**  
Naturegg Simply  
Egg Whites or  
Free Run Simply  
Egg Whites  
500 g  
20820130001\_EA

**\$6 EACH**  
Naturegg Omega 3 Nestlaid  
12 Large White Eggs  
21069384001\_EA

**Fuel Your Body,  
Feed a Cause.** **\$1 DONATION PER  
CARTON PURCHASED** **KIP KIDS  
HELP PHONE**

**Tim Hortons**

**Tim Hortons®**  
Hot Chocolate tin  
500 g  
20055988\_EA  
**\$6.50**

**Tim Hortons®**  
Nespresso  
Compatible Capsules,  
selected varieties  
10's  
21499820\_EA  
**\$7.50**

**Tim Hortons®**  
hot chocolate sachets 8's  
21314155\_EA  
**\$6.50**

**Tim Hortons®**  
Instant coffee  
selected varieties, 100 g  
21167584\_EA  
**\$8**

© & © 2025 Tim Hortons. K-CUP is a registered trademark of Keurig Green Mountain, Inc.

**\$5**  
Angie's BOOMCHICKAPOP®  
Sea Salt  
136 g  
20770751\_EA

**\$5**  
Angie's BOOMCHICKAPOP®  
White Chocolatey & Peppermint  
Drizzle or Dark Chocolatey Drizzle  
136 g  
20714552001\_EA  
20714552002\_EA

**\$5**  
Angie's BOOMCHICKAPOP®  
Sweet & Salty  
198 g  
20811709\_EA

**Share  
in the  
CELEBRATION**

**\$12**  
Gardein® SUPRÊME™ Chick'n Wings  
419 g  
21551757\_EA

**\$12**  
Gardein® SUPRÊME™ Chick'n Tenders  
425 g  
21698368\_EA

**ALCAN** CANADA'S #1 FOIL | **Reynolds KITCHENS** CANADA'S #1 PARCHMENT

**EVERYDAY KITCHEN  
ESSENTIALS**  
Prepared in Canada

**\$4**  
• ALCAN® Classic Foil 50 ft  
• ALCAN® Non-Stick Foil 25 ft  
• Reynolds Kitchens® Unbleached  
Parchment Paper 35 ft  
20051862\_EA

**\$8**  
• ALCAN® Classic Foil 100 ft  
• Reynolds Kitchens® Unbleached  
Parchment Paper 75 ft  
20030018\_EA

Reference: Nielsen IQ August 2025 Data  
Grocery Drug Mass Channel.

**GET 7,500<sup>PC</sup>**  
for every \$50\*  
spent on

**\$7.50**  
back  
in points

**OFFER DATES:  
(DEC 4TH-10TH)**

**GAP INC. BRANDS GIFT CARDS**

**OLD NAVY** **ATHLETA**  
**BANANA REPUBLIC** **GAP**

Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details,  
terms & conditions. Offer applies to every \$50 spent on Gap Inc. Brands gift cards in a single transaction in store or online at  
www.giftchoice.ca/en. Must be a registered PC Optimum member and use email associated with PC Optimum account if purchased  
online. Cannot be combined with any other gift card offers. One offer per PC Optimum account. Not valid on prior purchases.  
No cash value. PC Optimum points cannot be redeemed toward the purchase of gift cards. We are not obligated to award points based  
on errors or misprints. Points will be awarded within 2 weeks of qualifying online transactions. Subject to change.

**TRUSTED  
SOFTNESS,  
BETTER  
TEAR**  
\*vs. leading US  
1-ply bargain brand

**\$18** Charmin  
Bath Tissue, 12=48 roll, soft,  
21707532\_EA

**NEW**  
12=48 MEGA  
Charmin  
Ultra Soft  
Ultra Doux  
Smooth Tear  
Softness  
Softness

**cleans  
Better**

**\$18** Charmin  
Bath Tissue,  
12=48 roll, strong,  
21636641\_EA

\*vs. Leading Canada 2-ply bath tissue

12=48 MEGA  
Charmin  
Ultra Strong  
Ultra Resistant  
Cleans Better  
Softness

**+50% MORE  
ABSORBENT**  
\*vs. leading ordinary brand.

**\$18** Bounty  
Paper Towel,  
Select A Size, 6=12 roll,  
21670280\_EA

6=12 Doubles  
Bounty  
Select A Size  
Softness  
Softness

**THICKER  
AND MORE  
ABSORBENT**  
\*vs. the leading US 2-ply napkin

**\$11** Bounty  
Napkin 400's,  
21053171\_EA

400  
White  
Blanc  
Bounty  
Napkins  
The Quicker  
Picker  
Upper

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