



Limited Thyme Sale

Starts 12/11 at 10am through Sunday

Certified Angus Beef®

Chuck Roast

\$5.99
LB

limit 2

SHOP ALL DEALS

while supplies last

Sale



FRESH THYME MARKET

FRESHLY
LOCKED
DEALS

Spot this icon to discover natural and organic items priced to feel good all season long.



19.99

Avaline
Vegan & 100%
Organic Wine

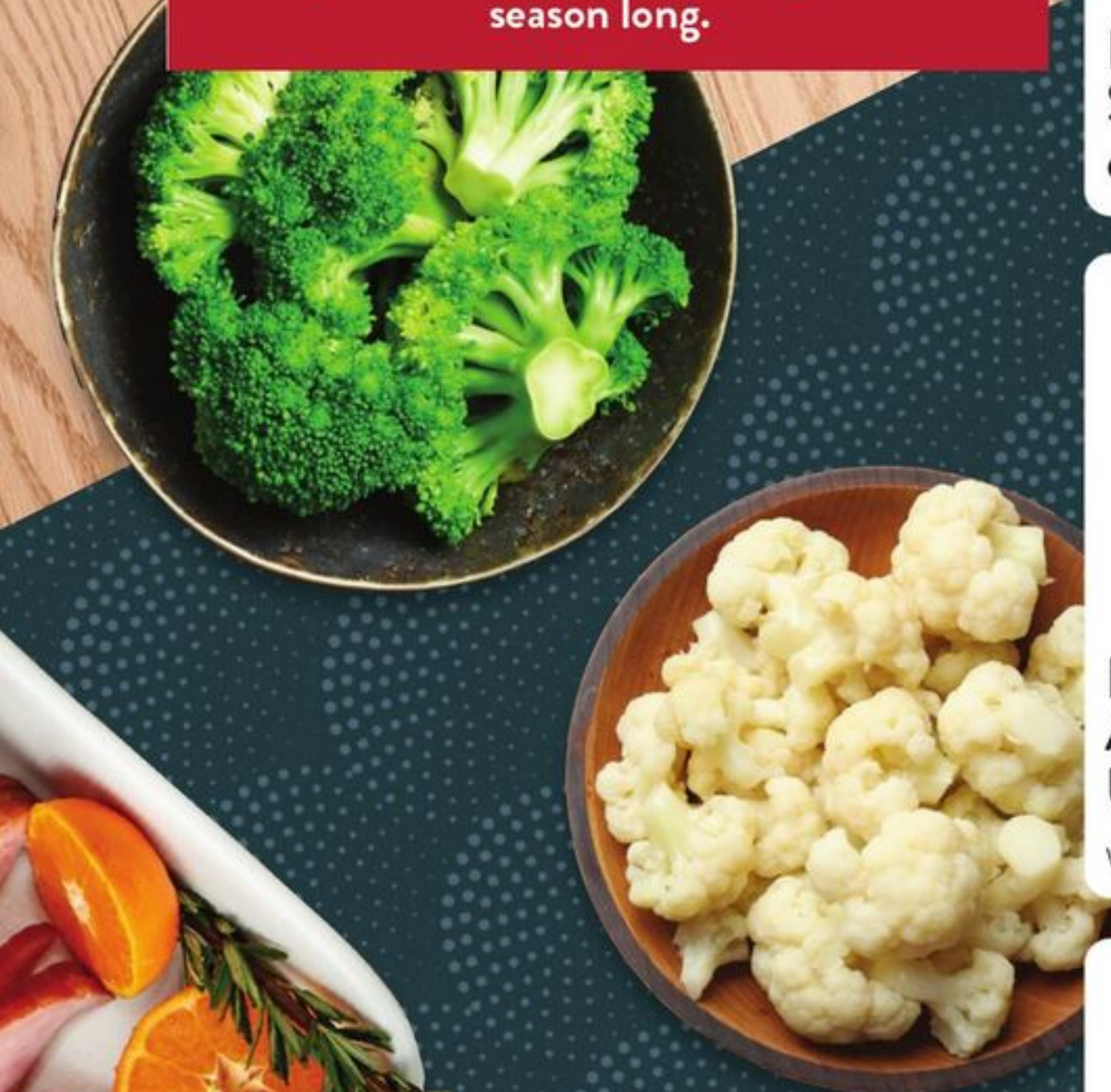
select varieties, 750 ml



1.99 LB

Hatfield
Boneless Hardwood
Smoked Pre-Sliced
Artisan Half Pit Ham

limit 2, while supplies last



1.49 LB

Broccoli Crowns
or Cauliflower



**100 YEAR
OLD RECIPE**

**BUY ONE
GET ONE
50% OFF**

Old Fashioned
8 Inch Pie

select varieties, equal or lesser value



3.99

Josie's Organics
Chopped Salad Kits

8-11.3 oz bags



6.99 LB

Jumbo 16/20 ct Raw EZ
Peel or 31/40 ct Cooked
Shrimp

sold only in 2 lb bag \$13.98



**BUY ONE
GET ONE
50% OFF**

Simply Organic & Frontier
Spices, Seasonings &
Extracts 0.1 - 8 oz



5.99

Carbone
Pasta Sauce

15-24 oz



2.69 LB

Frick's
Sugar Cane Cured Shank
or Butt Half Ham

while supplies last



5.49 LB

Frick's
Applewood Smoked
Uncured Whole Carver Ham

while supplies last



9.99 LB

Certified Angus Beef®
Boneless New York Strip Steak



2/\$7

Big Digs
Organic Russet, Red or Gold
Potatoes 3 lb bags



1.99

Blueberries Pint or
Blackberries 6 oz



RECYCLED
PER
tels



ALEIA'S
Love of Artisan Food
stuffed full of flavor
SAVORY STUFFING



ALL
NATURAL



FRESH THYME
MARKET
Double Crème
BRIE
SOFT-RIPENED CHEESE



Oil of Oregano



truwhip
ORIGINAL
WHIPPED TOPPING



TOSTITOS
ROSÉ



USDA
ORGANIC
Solaray
MAGNESIUM
GLYCINATE
350 mg



ALL
NATURAL



Simply
Organic
turkey
flavored
gravy mix



FRESH THYME
MARKET
ORGANIC
CREAM OF
MUSHROOM
Condensed
Soup



FRESH THYME
MARKET
ORGANIC
CHICKEN



DR. BRONNER'S
PURE-CASTILE SOAP



Fresh
EXPRESS
-Garden-
ICEBERG GARDEN
JARDIN DE ICEBERG
Iceberg Lettuce • Red Cabbage • Carrots

FRESHLY LOCKED DEALS

Spot this icon to discover
natural and organic items
priced to feel good all
season long.



Certified Angus Beef®
Standing Rib Roast
boned and tied



Honeycrisp Apple
bulk



Seedless Hot House Cucumbers
large



Certified Angus Beef®
Butt Tenderloin sold in bag, while supplies last
Certified Angus Beef® Whole Beef Tenderloin
PSMO sold in bag, while supplies last.....24.99 LB



Thomas Farms
Boneless Half Leg of Lamb
while supplies last



Holten's Chop House
Certified Angus Beef® Smashed, Steak or Sirloin Burgers 32 oz



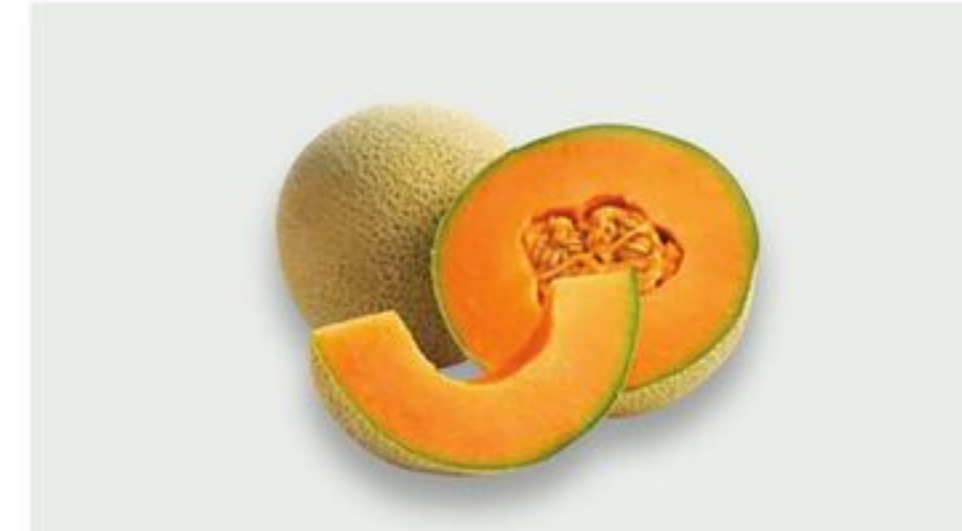
Thomas Farms
Frenched Rack of Lamb



Deli Style
Thick Sliced Bulk Bacon hardwood, applewood or peppered, sold in 3 lb or more packages



Niman Ranch
All-Natural Sausage
all varieties, 12 oz



Cantaloupes
extra large



Grimmway Farms
Cal Organic Organic 2lb Cello Carrots



Fresh Thyme
Boneless Skinless Chicken Breast
Fresh Thyme Chicken Tenders.....4.99 LB



Large Snow
Crab Clusters
Large 16/22 ct King Crab Legs
previously frozen.....34.99 LB



Swaggerty
Breakfast Sausage Links or Rolls
12-16 oz, previously frozen



Sugar Bombs or
Flavor Bombs
12 oz



Organic Grapefruit
4 lb bag



Fresh Atlantic
Salmon Fillets



Lobster Tails
4 oz, previously frozen



Echo Falls
Salmon or Tuna
all varieties, 4-12 oz



Holiday Citrus Case Sale
Navel Oranges or Seedless Clementines
10 lb gift box



SPRUCE TREE

Festive Florals are Here

fresh trees, wreaths, and more!

POINSETTIA

LEMON
CYPRESS
TREE

CHRISTMAS
CACTUS

LAVENDER TREE



Fresh Thyme
All Bulk Coffee **20%OFF**
sold by the pound, includes organic



Endangered Species
Fair Trade
Chocolate Bars **2/\$8**
3 oz



ENTIRE LINE ON SALE
Follow Your Heart
Dairy-Free
Cheese or Vegan Condiments **25%OFF**
4-32 oz



Primal Kitchen
Dips, BBQ Sauces,
Oils & Vinegars **BUY ONE
GET ONE
50% OFF**
4,7-16.9oz



WHEN YOU BUY 2 OR MORE
Silk
Almond Creamer or
Cold Foam **2/\$9**
14-32 oz, quantities less than 2 are regular price



WHEN YOU BUY 2 OR MORE
LaCroix
Sparkling Water **2/\$10**
12 pk, 12 oz



Crunchmaster
Crackers **2/\$7**
3,54-4 oz



Pepperidge Farms
Cubed or Herb
Stuffing **2/\$7**
12 oz



So Delicious
Plant-Based Ice Cream **5.49**
16 oz



Fage
Greek Yogurt **2/\$3**
5.3 oz



Reed's
Ginger Beer or
Ginger Ale **5.99**
4 pk, 12 oz



De Cecco
Pasta **2/\$4**
16 oz



Fresh Thyme
Organic Broth **2/\$4**
32 oz



Bonne Maman
Fruit Spreads **5.49**
12.7 - 13 oz



Happy Egg
Free-Range Large
Grade A Brown Eggs **3.99**
1 dozen



WHEN YOU BUY 2 OR MORE
GT's
Kombucha **2/\$5**
16 oz
quantities less than 2 are regular price



Xochitl
Tortilla Chips **2/\$7**
11-12 oz



Fresh Thyme
Organic Canned Vegetables
and Condensed Soup **1.69**
10.5 oz - 15 oz
Fresh Thyme Crispy Onions 6-8oz.....2/\$7



Wholly
Wholesome Pie Shells **6.99**
14-14.9 oz



Evergreen
Frozen Mini Waffles **4.99**
9 oz



Organic Frozen
Vegetables **3.99**
10 oz



Deep River
Potato Chips **2/\$8**
8 oz



Fresh Thyme
Light Brown, Dark
Brown, or Powdered Sugar **2/\$5**
32 oz
Fresh Thyme All-Purpose Flour 5 lb.....1.99



Fresh Thyme
Heavy Whipping Cream **5.69**
32 oz





Select Specialty
Cheeses
select varieties of equal
or lesser value, 155 items

**BUY ONE
GET ONE
50% OFF**



Christmas
Holiday Bakery
4.5-30 oz
select varieties of equal of lesser value

20%OFF



La Pasta
Filled Pasta
9 oz

**BUY ONE
GET ONE
50% OFF**



ENTIRE LINE ON SALE
Everyone
Body Care

25%OFF



ENTIRE LINE ON SALE
Derma E
Body and
Facial Care

25%OFF



Bob Evans
Mashed Potatoes
or Macaroni & Cheese
12-24 oz

3.99



Ithaca
Hummus 10 oz
Terranean Twice Baked
Pita Chips 6.5 oz.....2/\$8

2/\$8



ENTIRE LINE ON SALE
Better Alt
Wellness
Supplements

25% OFF



ENTIRE LINE ON SALE
Genexa
Cold & Flu

20%OFF

No fillers, artificial colors,
flavors, or trans fats.
Always gluten free

11.99 LB
Boar's Head
Everroast Chicken Breast
Boar's Head Garlic Bologna.....8.99 LB

9.99 LB
Boar's Head
Pepperoni or Dill or Plain Havarti

9.99 LB
Boar's Head
Sweet Slice Ham

FRESHLY
LOCKED
DEALS

AVAILABLE
AT DELI
COUNTER



TÖST
Non-Alcoholic
Sparkling Beverage
select varieties, 750 ml

6.99



Oyster Bay
Pinot Grigio or
Sauvignon Blanc
750 ml

16.99



La Marca
Prosecco or
Prosecco Rose
750 ml

14.99



Prices valid 12/10/25-12/16/25 at our Illinois locations



**FRESHLY
LOCKED
DEALS**

Spot this icon to discover natural and
organic items priced to feel good all
season long.

Holiday
SKI PASS
7 RAD DEALS for 7 WEEKS
OPEN FRESH THYME APP & CLIP COUPONS TO REDEEM

12/10 THRU 12/16
BOGO FREE
10 oz Kalamazoo Candle Co. candle

Protein Picks



Hatfield
Boneless Hardwood
Smoked Pre-Sliced
Artisan Half Pit Ham
limit 2, while supplies last

1.99 LB



Frick's
Sugar Cane Cured
Shank or Butt Half Ham
while supplies last

2.69 LB



Frick's
Appewood Smoked
Uncured Whole Carver Ham
while supplies last

5.49 LB



Hatfield
Traditional, Honey Ham
Steak or Canadian Bacon
6 to 8 oz

2/\$5



Hatfield
Traditional, Honey Ham
Steak or Canadian Bacon
6 to 8 oz

2/\$7



Hatfield
Antibiotic Free Petite
Dinner Ham
2 lb, while supplies last

10.99



Deli Style
Thick Sliced
Bulk Bacon
hardwood, appewood or peppered,
sold in 3 lb or more packages

4.99 LB



Hatfield
Recipe Essential
Sausage or Farm Promise
Ground Pork
16 oz, mix or match

2/\$7



Fresh Thyme
Gourmet Ground
Pork Breakfast or Mild
Italian Sausage

3.99 LB



Applegate Naturals
Uncured Turkey Hot Dogs
10 oz

4.99



Applegate
Chicken, Pork or Turkey
Breakfast Sausage Links
or Patties
7 oz

2/\$9



Echo Falls
Salmon or Tuna
all varieties, 4-12 oz

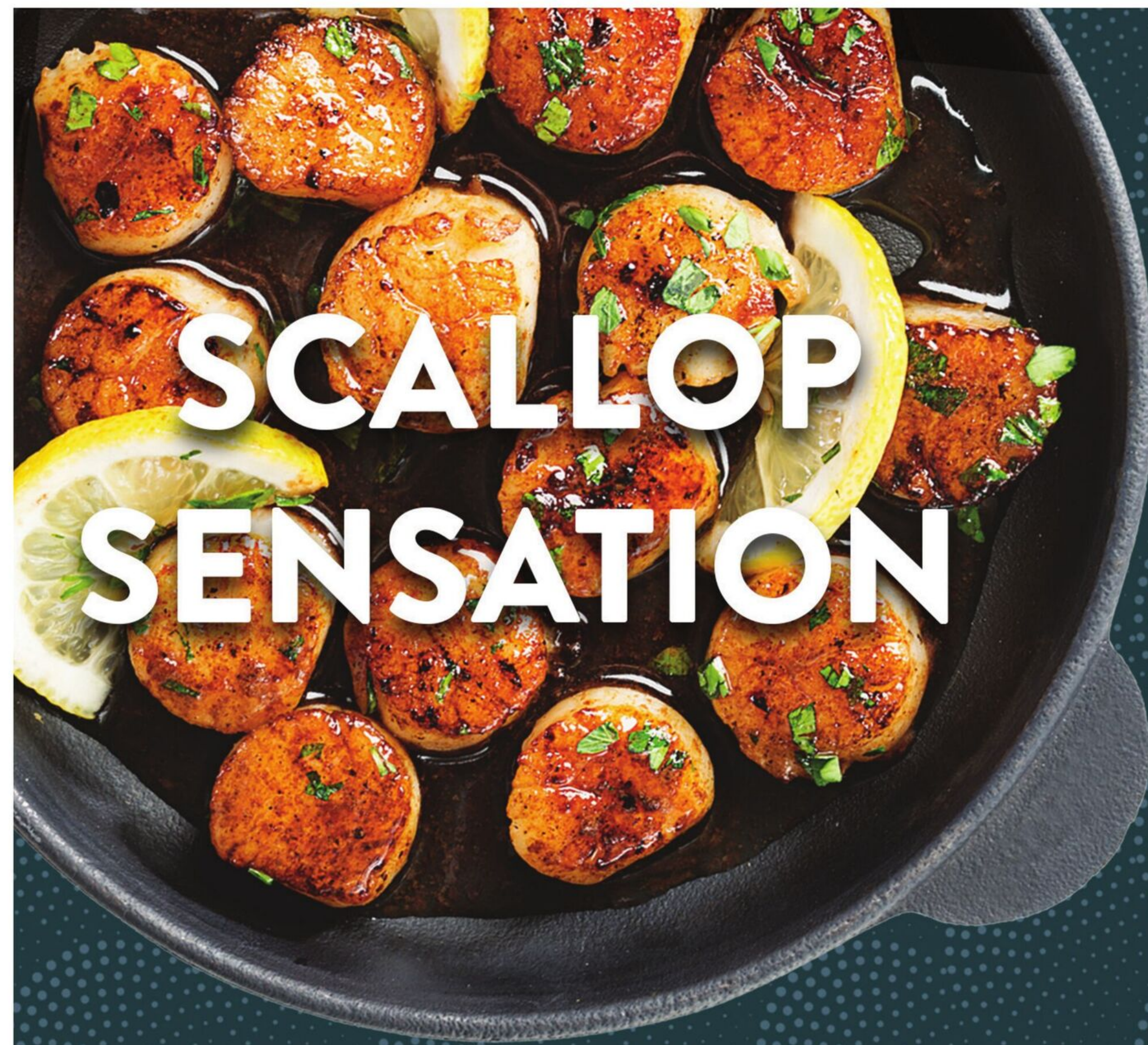
20%OFF

wine & cheese

Pinot Noir & Emmi Gruyère

With its nutty flavor and smooth texture, this cheese complements the cherry notes of the wine, making for a mild and slightly tart tang.





SCALLOP SENSATION

Scallops cook quickly and effortlessly, making them perfect for busy nights. In just minutes, you get tender, restaurant-quality flavor!



17.99

Sea Legend
Jumbo 10/20 ct Dry Sea Scallops
all-natural
16 oz



19.99

Sea Legend
Colossal U10 Dry Sea Scallops
16 oz



10.99

Sea Legend
Jumbo Dry Sea Scallop Pieces
16 oz

Stocking Stuffer Must Haves

Make the holidays even more
magical and stuff those stockings
with a little extra joy!



Burt's Bees Holiday Lip Balms

select varieties and sizes

*FESTIVE-FLAVORED
HOLIDAY MUST HAVE*

ESW Face Masks .85 oz

*REFRESHING,
REJUVENATING,
NOURISHING*



Calyan Holiday Candles

select varieties and sizes

*CLEAN, NON-TOXIC
CANDLES*



Pacha Holiday Soap 4 ct

*HANDCRAFTED,
ARTISANAL
PRODUCTS*



A DECADE OF BUILDING HEALTHIER LIVES.



Over 7 million lives changed and counting

We're proud to have impacted so many lives together! Help us continue building healthier communities and **round-up your purchase** to give the gift of life-changing nutrition to families.



did you know?

Fresh Thyme donates 25¢ to
Vitamin Angels for every bottle of
our supplements or vitamins sold-
all year long!

[LEARN MORE](#)





LET'S TOAST

YOUR FAVORITE WINTER COCKTAILS,
NOW ZERO PROOF

RITUAL ZERO
PROOF



NO & LOW
CALORIE



1-2G
OF SUGAR



CRUSH
TOMORROW

Made for cocktails,
just swap traditional
spirits with Ritual
to make all your favorite
cocktails non-alcoholic.

SHOP NOW