# NAM DAE MUN Farmers Market

20th ANNIVERSARY

WE ARE OPEN 7DAYS A WEEK **9AM~9PM**

**SPECIAL SENIOR HOUR** 9:00AM~10:00AM

**5% Discount for Our Seniors!**

**NDMMARKET.COM**
WEEKLY ADs, RECIPES AND MORE

www.ndmmarket.com | NDM Market APP | @ndmmarket | @ndmmarket

APP CARD

Download our APP or Visit our Website for even more Savings!

## Digital Coupon Using APP

Want to save money on groceries? Sign up for AppCard today at the register or online to receive 50 points! Add your phone number and email for an additional 50 points. Earn points to save money on your next purchase at Nam Dae Mun.

SCAN DIGITAL COUPONS | SCAN WEEKLY AD

HOT SALE
FZ CHICKEN CUT WING PARTY 10LB 12.99 BAG

HOT SALE
CHICKEN LEG QUARTER 10LB 6.99 BAG

HOT SALE
CHICKEN B/L BREAST FAMILY 2.49 LB

HOT SALE
CHICKEN WHOLE 1.49 LB

HOT SALE
SQUID 400-600 NO CLEAN! 3.49 LB

HOT SALE
FZ WHITE SHRIMP HLSO 21/25 5.99 LB

HOT SALE
WHITE SHRIMP COOKED SALAD 90/120 1LB 5.99 PK

HOT SALE
CRIMSON SNAPPER FILLET 10/12 9.99 LB

HOT SALE
FROZEN SEAFOOD MIX 12OZ 3.99 PK

HOT SALE
NDM TILAPIA FILLET 3/5 2LB 5.99 PK

## DAIRY AND FROZEN

APP CARD — DISCOUNT COUPON W/NDM APP CARD
1 COUPON FOR 1 PERSON

ONLY THUR-SUN!
IGA ORIGINAL CREAM CHEESE 1.49/EA DIGITAL COUPON $1 OFF 1 0.49 LIMIT1

STARBUCKS CREAMER 28OZ 4.99 DIGITAL COUPON $1 OFF 2 3.99

MRS SMITH'S PIE PUMPKIN FLAKY CRUST 37OZ 5.99 DIGITAL COUPON $1 OFF 2 4.99

EDWARD PIE 24-32OZ 5.99 DIGITAL COUPON $1 OFF 2 4.99

LACTAID 100% LACTOSE FREE MILK 96OZ 5.99 EA

YOCRUNCH 4PK 16OZ 3.00 EA

DANNON DANIMALS YOGURT SMOOTHIES 6PK 18.6OZ 3.00 EA

DAISY SINGLE COTTAGE CHEESE 6OZ 1.49 EA

DAISY SOUR CREAM 8OZ 1.49 EA

LAND O LAKES BUTTER 16OZ 4.49 EA

COUNTRY CROCK MARGARINE SPREAD 45OZ 5.99 EA

PARKAY VEGETABLE OIL SPREAD FRESH & CREAMY 41OZ 5.49 EA

CHOBANI GREEK YOGURT 32OZ 5.49 EA

DANNON ACTIVIA YOGURT 4PK 16OZ 3.00 EA

GALBANI RICOTTA CHEESE 28-32OZ 5.99 EA

GALBANI WHOLE MILK MOZZARELLA CHEESE 16OZ 5.99 EA

GALBANI FRESH MOZZARELLA SLICED 12OZ 5.99 EA

IGA CHEESE 8OZ 24 FOR

BORDEN SINGLES CHEESE 12OZ 2.99 EA

IGA WHIPPED TOPPING 8OZ 1.29 EA

ORGANIC VALLEY GRASSMILK ORGANIC MILK 64OZ 6.49 EA

TROPICANA ORANGE JUICE 46OZ 4.00 EA

TROPICANA PUNCH 46OZ 3.49 EA

BREYERS ICE CREAM 48OZ 27 FOR

TOTINO'S 50CT PIZZA ROLLS 24.46-24.8OZ 5.49 EA

ORE IDA GOLDEN FRIES FAMILY SIZE 80OZ 7.99 EA

PEPPERIDGE FARM CAKE 19.6OZ 4.99 EA

NEW YORK GARLIC BREAD STICKS 10.5OZ 2.99 EA

NEW YORK TEXAS TOAST GARLIC 11.25OZ 2.99 EA

## KEVIN'S INSTANT FROZEN BOWL

| | | | | | |
|---|---|---|---|---|---|
| ORANGE CHICKEN | 9.5 OZ | $3.49 | LEMONGRASS CHICKEN | 16 OZ | $4.99 |
| KOREAN BBQ STYLE CHICKEN | 9.5 OZ | $3.49 | CILANTRO LIME CHICKEN | 16 OZ | $4.99 |
| SAVORY MUSHROOM CHICKEN | 9.5 OZ | $3.49 | THAI STYLE COCONUT CHICKEN | 16 OZ | $4.99 |
| CHICKEN BURRITO BOWL | 9.5 OZ | $3.49 | TERIYAKI STYLE CHICKEN | 16 OZ | $4.99 |
| BEEF BOLOGNESE | 9.5 OZ | $3.49 | CHIMICHURRI BEEF | 16 OZ | $6.49 |
| ROASTED TOMATO CHICKEN PASTA | 9.5 OZ | $3.49 | MONGOLIAN STYLE BEEF | 16 OZ | $6.49 |
| THAI STYLE COCONUT CHICKEN | 9.5 OZ | $3.49 | TOMATO BASIL CHICKEN | 26 OZ | $6.49 |
| PARMESAN BASIL CHICKEN | 9 OZ | $4.99 | KOREAN BBQ STYLE CHICKEN | 16OZ | $10.99 |

**PRICE EFFECTIVE : DECEMBER 12TH, 2025 THROUGH DECEMBER 18TH, 2025**

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SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

**FREE ICE CREAM!**
CELEBRATE YOUR BIRTHDAY WITH NAMDAEMUN
Come in before the end of the month and receive 1 pint of Mayfield Ice Cream!*
Sign Up with the QR Code or by texting NDM to 87573
SCAN FOR DIGITAL COUPON
*While supplies last. Taxes apply. Please sign up before birthday month to receive your free birthday ice cream email.

## FRUIT & VEGETABLE
## FRI/SAT/SUNDAY SALE ONLY!

GIFT
KOREAN PEAR 8CT 32.99 BOX

DRAGON FRUIT 1.99 LB

JUMBO CANTALOUPE 2.99 LB

CLUSTER TOMATO 4.00 BOX

FUJI APPLE 0.99 LB 3LB 3.99 BAG

CALIFORNIA ORANGE 4LB 3.99 BAG

SATSUMA MANDARIN WITH LEAF 1.99 LB

LEMON 3 FOR 1

GREEN LEAF 1.99 EA

HYDRO CUCUMBER 3 FOR 1.99

RED BELL PEPPER 2.99 LB

BEET LOOSE 0.99 LB

ASPARAGUS 2.99 LB

SHANGHAI BOK CHOY 0.99 LB

CILANTRO 3 FOR 1.99

HAWAIIAN PURPLE YAM 2.99 LB

## FARM FRESH FRUIT & VEGETABLE

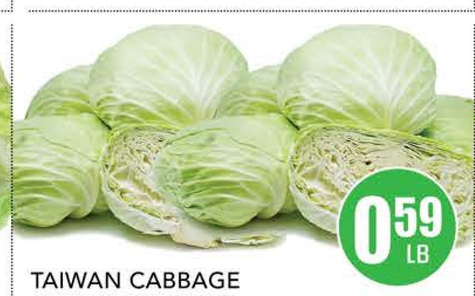
CARA CARA ORANGE 2 FOR 1

GREEN POMELO 1.99 LB

HAMI MELON 0.99 LB

RED APPLE GRANNY SMITH APPLE 3LB 3.99 BAG

ICEBERG LETTUCE 2.49 EA

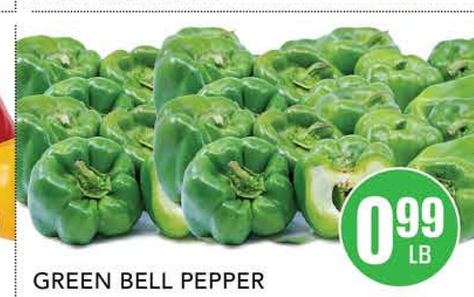

TAIWAN CABBAGE 0.59 LB

HASS AVOCADO 3 FOR 5.99

YOUNG COCONUT 1.99 EA

GREEN ZUCCHINI 0.59 LB

RAINBOW BELL PEPPER 3PC 3.99 PK


GREEN BELL PEPPER 0.99 LB

KOREAN SWEET POTATO 5LB 8.99 BOX

ALOE LEAF 0.99 EA

RED SUGAR CANE 2.99 EA

CALABAZA 0.99 WHOLE 1.29 CUT

IDAHO POTATO 10LB 2.99 BAG

# SPECIAL!

COCA COLA 12OZ 12PK
2 FOR 11

COCA COLA 16.9OZ 6PK
3 FOR 14

POWERADE SPORTS DRINK 28OZ
3 FOR 4

BODYARMOR SUPER DRINK 12OZ 8PK
2 FOR 13

KORBEL CALIFORNIA CHAMPAGNE SPARKLING WINE 750ML 11.99 EA
MOGEN DAVID WINE 750ML 4.99 EA
MANISCHEWITZ WINE 750ML 6.99 EA
MANISCHEWITZ WINE 1.5L 10.99 EA
JAYONE SHRIMP CHIPS 65G 1.29 EA
D'ONOFRIO PANETTONE CAKE 2LB 8.99 EA

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SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

Friday FREE ITEM!
VISIT US ONLINE TO REGISTER FOR DIGITAL COUPON!
DOWNLOAD YOUR DIGITAL COUPON FOR A FREE ITEM.
**LOAD FRIDAY ONLY!**
Load FRIDAY only and Redeem by SUNDAY!
•Products could change based on availability. Limit one free item per household. No rainchecks available. Taxes where applicable.

FOLGERS K-CUP COFFEE 10CT — 6.99 EA

LACROIX SPARKLING SODA 12PK 144OZ — 4.99 EA

SUNSWEET PRUNE JUICE 64OZ — 5.99 EA

LIDNT LINDOR CHOCOLATE TRUFFLES 5.1OZ — 5.99 EA

NESTLE TOLL HOUSE CHOCOLATE 10-12OZ — 4.99 EA

NESTLE LA LECHERA SWEETENED CONDENSED MILK 14OZ — 2.99 EA

IGA OATS 42OZ — 4.00 EA

POST CEREAL 18-19.5OZ — 4.00 EA

ORVILLE REDENBACHER'S POPCORN 6PK 15-19.8OZ — 4.49 EA

TOWN HOUSE CRACKER 9-13.8OZ — 27 FOR

GAMESA MARIA COOKIES 29.6OZ — 3.49 EA

KARO SYRUP 16OZ — 2.99 EA

BETTY CROCKER FROSTING 12-16OZ — 1.99 EA

BETTY CROCKER BROWNIE MIX 16-19.1OZ — 3.49 EA

DIXIE CRYSTALS PURE SUGAR 4LB — 2.99 EA

DIXIE SUGAR 2LB — 2.99 EA

IGA PANCAKE MIX 32OZ — 2.00 EA

IGA PANCAKE WAFFLE SYRUP 24OZ — 2.00 EA

AUNT NELLIE'S WHOLE ONIONS IN GLASS JAR 4LB — 2.49 EA

AUNT NELLIE'S BEETS IN GLASS JAR 16OZ — 1.99 EA

FURMANO TOMATO 28OZ — 1.99 EA

HUNT'S TOMATOES 14.5-15OZ — 23 FOR

IGA VEGETALBE CAN 14.5-15.25OZ — 0.69 EA

GOLD MEDAL FLOUR 5LB — 3.49 EA

HISAKAWA YUM YUM SAUCE 16.5OZ — 2.49 EA

SUCCESS BOIL IN BAG RICE 12-14OZ — 2.49 EA

MAHATMA POUCH RICE 8.8OZ — 24 FOR

BLUE RIBBON LONG GRAIN RICE 48OZ — 1.99 EA

PENNSYLVANIA DUTCH EGG NOODLES 12OZ — 25 FOR

MUELLER'S EGG NOODLES 12OZ — 25 FOR

PAM COOKING SPRAY 5-6OZ — 3.99 EA

MIX & MATCH!

CARNATION EVAPORATED MILK 12OZ — 35 FOR

NONGSHIM SMALL SIZE SNACK 50-60G — 1.29 EA

PALDO VOLCANO CARBONARA CHICKEN 4PK — 3.99 PK

NEW! NONG SHIM RAMYUN RETRO VERSION 4PK — 4.99 PK

NEW! SAMYANG BULDAK TACO RAMYUN 5PK — 5.99 PK

# SAVE MORE $1/EA

APP CARD — DISCOUNT COUPON W/NDM APP CARD
1 COUPON FOR 1 PERSON

BIG SALE! GENERAL MILLS CEREEAL 10.8-12OZ — 2 FOR 5.60

BIG SALE! MUELLER'S PASTA 16OZ — 0.99

LINDT CHOCOLATE BAR 3.5-4.4OZ — 29 FOR; DIGITAL COUPON $1 OFF 2 — 28 FOR

ONLY THUR-SUN! BETTY CROCKER CAKE MIX 13.25-14.25OZ — 1.49/EA; DIGITAL COUPON $0.50 OFF 1 — 0.99 LIMIT1

ONLY THUR-SUN! DUNKIN DONUTS COFFEE 11-12OZ — 8.99/EA; DIGITAL COUPON $2 OFF 1 — 6.99 LIMIT1

ONLY THUR-SUN! WESSON OIL 40OZ — 3.99/EA; DIGITAL COUPON $1 OFF 1 — 2.99 LIMIT1

# NDM MARKET LOCATIONS

**DULUTH** 3825 Shackleford Rd, Duluth, GA 30096
**LAWRENCEVILLE** 850 Dogwood Rd. Lawrenceville, GA 30044
**LILBURN** 4805 Lawrenceville Hwy. Lilburn, GA 30047
**MORROW** 1940 Mt. Zion Rd. Morrow, GA 30260
**NORCROSS** 6131 S. Norcross Tucker Rd. Norcross, GA 30093
**STONE MOUNTAIN** 5158 Memorial Dr. Stone Mtn, GA 30083
**SMYRNA(EAST)** 2350 Spring Rd. Smyrna, GA 30080
**SMYRNA(WEST)** 2148 South Cobb Dr. Smyrna, GA 30080

# SAVE ON EVERYDAY ITEM!

SCOTT 6DR PAPER TOWEL CHOOSE A SHEET 6R — 5.99 EA

SCOTT 12DR COMFORT PLUS BATH TISSUE 12R — 5.99 EA

SCOTT 12R 1000 BATH TISSUE 12R — 10.99 EA

CHARMIN ESSENTIALS 6 MEGA ROLLS BATH TISSUE 6CT — 6.49 EA

BOUNTY ESSENTIALS SELECT-A-SIZE PAPER TOWEL 4 DOUBLE ROLL PRINT 4CT — 6.49 EA

DAWN EZ SQUEEZE DISHWASHER 12.2-18OZ — 3.29 EA

ZIPLOC DOUBLE ZIPPER BAG QURTER, PINT, GALLON 16-29CT — 3.99 EA

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NAM DAE MUN
Farmers Market

12.12.2025~ 12.18.2025

# PRODUCE WEEKLY SALE

Choose Your Best Vegetables !

## BOX SALES ONLY !

<ALL ITEMS ARE BOX PRICES>

### HYDRO CUCUMBER 24CT

Hydro cucumbers offer benefits like superior hydration, nutrient density (vitamins K, antioxidants), cleaner produce (less pesticide use due to controlled environments), tender texture, and sustainability, leading to improved digestion, potential heart health, and overall fresher, healthier eating compared to soil-grown options, with faster growth and higher yields for growers.

SALE PRICE
**$9.50**
SUPER PRICE

### DRAGON FRUIT(WHITE)10LB

White dragon fruit is packed with antioxidants, fiber, and Vitamin C, **boosting immunity, improving digestion (thanks to prebiotics), supporting heart health with omega fatty acids, helping manage blood sugar, promoting glowing skin, and offering anti-inflammatory effects**, making it a nutrient-rich choice for overall wellness. .

SALE PRICE
**$19.99**
SUPER PRICE

### CLUSTER TOMATO (STEM)11LB

Cluster tomatoes, similar to cherry tomatoes, are nutrient-rich, low-calorie fruits packed with antioxidants like lycopene (heart/cancer protection), Vitamin C (immunity/skin), and potassium (blood pressure), promoting heart health, strong bones, better vision, healthy skin, and improved digestion due to their fiber and water content, while being a versatile, healthy addition to any diet.

SALE PRICE
**$4.00**
SUPER PRICE

### FUJI APPLE(LARGE)40LB

Fuji apples are beneficial due to their high content of antioxidants, fiber, and vitamins, which support a healthy immune system, aid digestion, and help manage cholesterol and blood sugar levels. They contain polyphenols and vitamin C, which protect against oxidative stress and inflammation, and the fiber, especially pectin, promotes a healthy gut microbiome. Eating the skin is recommended to maximize these benefits, as many nutrients are found there.

SALE PRICE
**$40.00**
SUPER PRICE

### BABY SPINACH BAG 5/2LB

Baby spinach is beneficial because it's rich in vitamins( A,C,K)minerals (like iron and calcium), and antioxidants, which support immune function, eye health, bone strength, and cardiovascular health. It's low in calories but high in nutrients and fiber, aiding digestion, helping with weight management, and providing antioxidant and anti-inflammatory properties.

SALE PRICE
**$25.00**
SUPER PRICE

### SATSUMA MANDARIN WITH LEAF 22LB

Satsuma mandarins with leaves offer a wealth of benefits, including high vitamin C for immune support, fiber for digestion, and antioxidants like flavonoids for general wellness. The fruit itself is known to support heart health, aid in hydration, and may help with skin health and cognitive function, while the leaves contain beneficial compounds that can be used to make teas for their anti-inflammatory properties.

SALE PRICE
**$43.00**
SUPER PRICE

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SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

THU,FRI,SAT,SUN
**DIGITAL COUPON**
**12/11-12/14**

## THROW BACK THURSDAYS

LIMIT 1 OFFER

SALE PRICE 1.49
DIGITAL COUPON 0.50 OFF ONE
FINAL PRICE 0.99

13.25 TO 14.25 OZ., Selected

**Betty Crocker Favories Moist Cake Mix**

LIMIT 1 OFFER

SALE PRICE 3.99
DIGITAL COUPON 1.00 OFF ONE
FINAL PRICE 2.99

40 OZ. Selected

**Wesson Oil**

LIMIT 1 OFFER

SALE PRICE 8.99
DIGITAL COUPON 2.00 OFF ONE
FINAL PRICE 6.99

11.00 TO 12.00 OZ., Selected

**Dunkin Dounts Coffee**

LIMIT 1 OFFER

SALE PRICE 1.49
DIGITAL COUPON 1.00 OFF ONE
FINAL PRICE 0.49

8 OZ Selected

**IGA Original Cream Cheese**

JOIN US IN HELPING OUR COMMUNITY

# FOOD DRIVE

## NOVEMBER 1 - DECEMBER 31 2025

### How can you support?

Buy a paper bag of food and dropit into one of our designated bins

For every donation our customers make, Nam Dae Mun will **match** the total donation

NAM DAE MUN
Farmers Market

NAM DAE MUN
FARMERS MARKET

# FREE ICE CREAM!

## CELEBRATE YOUR BIRTHDAY WITH NAM DAE MUN

Come in before the end of the month and receive 1 pint of Mayfield Ice Cream!*

**SIGN UP WITH THE QR CODE BELOW OR BY TEXTING NDM TO 87573**

**Scan for digital coupons**

*While supplies Taxes apply.
Please sign up before your birthday month to receive your free birthday ice cream email.

# FREE ITEM Friday

COUPON REDEEMABLE
12/12/25 - 12/14/25

* PRODUCTS COULD CHANGE BASED ON AVAILABILITY*
**LIMIT ONE FREE ITEM PER HOUSEHOLD*
*NO RAINCHECKS AVAILABLE**
**TAXES WHERE APPLICABLE**

1 FREE WITH DIGITAL COUPON | **1-Oz. Taco Bell Mild Taco Seasoning**

**Download your DIGITAL COUPON for a FREE ITEM.**

# LOAD FRIDAY ONLY

Load Friday 12/12/25 ONLY and redeem by Sunday 12/14/25