

Your

GO-TO

for festive feasts.

CANADIAN AND PROUD



1.99

ea.



99¢

/lb



1.44

/lb



2.99

ea. or /lb



3.99

ea.



4.99

ea.



4.99

ea.



BEST PRICE
IN YEARS

1.49

/lb



GREAT PRICE!

4.88

/lb



GREAT PRICE!

2.99

/lb



3.99

/lb



GREAT PRICE!

3.99

ea.



4.99

ea.

Effective December

11

12

13

14

15

16

17

2025

my savings my metro

HOLIDAY
FESTIVE
FAVOURITES



2⁹⁹
/100 g

BRANDT VOLAUFSER COIL,
MEZCLADE, POLISH HAM, HONEY MAPLE HAM OR
SELECTION OF FLOURED HAM
200-250 g, 10-12% fat



19⁹⁹
ea.

AQUA STAR COOKED SALMON
WILD PINK ARGENTIMAN
SALMON SMOKED IN OIL
DOM NORDVEGEN FJORD
SMOKED SALMON 400 g



12⁹⁹
ea.

STORE MADE
CARPACCIO
100 g, 10-12% fat



1²⁵
ea.

STOVE TOP STUFFING, FRANCO-AMERICAN OR
CLASSIC PRODUCE GRavy
100 g, 10-12% fat



3⁴⁹
ea.

WUFFLES CHIPS, DORITOS OR CHEETOS
SNACKS, TOSTITOS TORTILLA CHIPS
100 g, 10-12% fat



250
points

15⁹⁹
ea.

WATTLE QUALITY STREET
CHOCOLATES
100 g, 10-12% fat

\$2
back in
points

HOLIDAY ENTERTAINING

Irresistible
CHEESE STICKS
JALAPENO
POPPERS OR
SAUSAGE ROLLS
100% REAL MEAT

5⁹⁹
ea.

Irresistible
HOT SAUSAGE ROLLS
NEW

Irresistible
MEDITERRANEAN
MOZZARELLA
BATTERED CHEESE STICKS

Irresistible
MEATBALLS
100% REAL MEAT
GLUTEN FREE

8⁹⁹
ea.

Irresistible
MEATBALLS
BOULETTES

Irresistible
MEATBALLS
BOULETTES

Irresistible
PARTY PACK
ASSORTMENT
FESTIVE

8⁹⁹
ea.

Irresistible
GOURMET BOURNESAIS
SAUSAGES
WITH
BRUSCHETTA

Irresistible
CANNIBOTY BROS.
GOURMET SAUSAGES OR
PARTY PACK PARTY PACK
100% REAL MEAT

Irresistible
PINEAPPLE
BROS.
BOUCHÉES
AND CUPID'S
LUMPIAS

5⁹⁹
ea.

Irresistible
APPETIZERS
ROLLS 20-40
GLUTEN FREE

NEW

\$1
back in
points

125
points

10⁹⁹
ea.

Irresistible
COCONUT SHRIMP
TENDERLILS SHRIMP
100% REAL MEAT

Irresistible
COCONUT
SHRIMP
CRISPIETTES
100% REAL MEAT

\$1
back in
points

125
points

10⁹⁹
ea.

Irresistible
PACIFIC WHITE SHRIMP RING
100% REAL MEAT

\$ New Lower Prices



2.5 lb.

7.00

ITALIANO BREADS, ROLLS OR DESSERTS BAGELS

MAKES 16 BREADS OR 32 ROLLS OR 16 BAGELS



10.5 oz.

1.99

DORITOS BAGELS

MAKES 16 BAGELS



10.5 oz.

1.99

DORITOS BAGELS

MAKES 16 BAGELS

FRESH 2 GO CHICKEN WINGS OR PEPPERONI & CHEESE 8" X 12" LARGE HOT PIZZA (12)

11.99

ea.



2 for \$2.00



2 for \$2.00



2 for \$2.00



2 for \$2.00

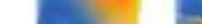


2 for \$2.00



2 for \$2.00

 MAPLE LEAF® CANADIAN SMOKED HAM BUTTERFLY HUNKY HAM 10 lb. or 5 lb. \$1 bottle in center	 35 ¢ RENUZIT® CITRUS CLEAN	 IRRESISTIBLE ARTISAN SLICED DELI MEAT OR CASTELLA PASTRY CHOCOLATE 10 oz. or 12 oz.	 mix & match VEGETARIAN CALIFORNIA OR SPICY CALIFORNIA RANCH 10 oz. or 12 oz.
9.99 125 ¢ ea.	7.99 ea.	6.99 ea.	7.00 ea.

 FRUZE FRUIT & YOGURT BARS 1.5 OZ. BOXES FRUIT FLAVORS NET WT 7.5 OZ (213g) \$2 back in stock 3.99 250 ea.	 PILLSBURY CREAMY CREAMER 1.5 L. CANS VANILLA FLAVOR NET WT 1.5 L (50.7 FL OZ) \$1 back in stock 1.99 125 ea.	 CAMPBELL'S SOUP 14.5 OZ. CANS CONDENSED SOUP NET WT 14.5 OZ (411g) 6.49	 CAMPBELL'S SOUP 14.5 OZ. CANS CONDENSED SOUP NET WT 14.5 OZ (411g) 99¢ ea.
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 Ben's Original Garden of Eatin' Canned Vegetables 179¢ ea.	 Ben's Original Fast & Family Vitis d'Arbo Canned Vegetables 179¢ ea.	 Kettle Brand Original Soup Paste 399¢ ea.	 Kettle Brand Que Pasa Soup Paste 399¢ ea.	 Kettle Brand Linzer Soup Paste 1299¢ ea.	 merci Cacao Bar 1299¢ ea.
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5.49 ea. **Afta** All Purpose Cleaner
4.49 ea. **Ziploc** Energizer 100% Leak-Proof Storage Bags
10.99 ea. **Downy** Fabric Softener
10.99 ea. **Tide** Liquid Detergent

I learn with moi rewards

 40 549 ORZO CONCOASTERS CHRISTIE FAMILY CALZ COOKIES & CANDIES CANDY BOXES	 40 499 RITZ TRISCUIT CHRISTIE COOKIES & CANDIES CANDY BOXES	 25 199 KIND KINDOR CHRISTIE COOKIES & CANDIES CANDY BOXES	 50 599 McVities Lay's CHRISTIE COOKIES & CANDIES CANDY BOXES
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Special prices in this flyer are available at select Metro stores only. See store for details.

[illegible]

**Healthy
Together**

MAKE THE OUT OF REACH REACHABLE



HELP SOMEONE IN NEED BY DONATING IN-STORE. WE'LL MATCH IT.

Between November 27, 2025 - December 24, 2025, Metro Inc. will match every \$2.00 donation with a Metro gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Metro Employee.

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:
Only until December 17, 2025, in-store or online



NOW
299
ea.
SAVE UP TO
\$1

399
ea.
LECLERC
COOKIES
240 g
SELECTED VARIETIES



NOW
199
ea.
SAVE UP TO
\$1.50

349
ea.
BETTY CROCKER
POTATOES
141 - 215 g
SELECTED VARIETIES



NOW
199
ea.
SAVE UP TO
\$1.30

329
ea.
DEL MONTE
NECTAR
960 ml
SELECTED VARIETIES



NOW
2199
ea.
SAVE UP TO
\$6

2799
ea.
SELECTION CASHEWS
OR MIXED NUTS
1.15 kg
SELECTED VARIETIES



NOW
499
ea.
SAVE UP TO
\$4

899
ea.
GAIN
SCENT BOOSTERS
303 - 379 g
SELECTED VARIETIES



NOW
599
ea.
SAVE UP TO
\$2

799
ea.
PREMIÈRE MOISSON
SOUP
700 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Turn a picture into a plate.

**Every drawing submitted becomes a donation
to Breakfast Club of Canada.**

Submit your drawings online at metro.ca/holiday



metro



Farm Fresh Produce



4⁹⁹
ea.

BLUEBERRIES
PINT (275g)
PRODUCT OF U.S.A.



3⁹⁹
/lb

EXTRA LARGE RED OR
GREEN OR LARGE
BLACK SEEDLESS GRAPES
8.80kg



4⁹⁹ **20**
ea. points

GREEN FRENCH BEANS
100% VEGETARIAN
PRODUCT OF U.S.A.



1⁹⁹
/lb

SWEET POTATOES
PRODUCT OF U.S.A.
4.30kg



3⁹⁹
ea.

CREAM SPINACH
JUMBO PINEAPPLES
PRODUCT OF U.S.A.
CORED PINEAPPLES 100g



2⁹⁹
ea.

CRANBERRIES 500g
PRODUCT OF U.S.A.



2⁴⁹
ea.

CARROTS OR
YELLOW ONIONS 2.50kg



99¢
/lb

GREEN CABBAGE
PRODUCT OF U.S.A.
CABBAGE 4.50kg



4⁹⁹
ea.

LEMONS 12.5
PRODUCT OF U.S.A.



8⁹⁹
/lb

JUMBO CHERRIES
PRODUCT OF U.S.A.
10.22kg



2⁹⁹
/lb

BRUSSELS SPROUTS
PRODUCT OF U.S.A.
6.50kg



3⁹⁹
ea.

LITTLE POTATO CO.
PRODUCT OF CANADA
1.50kg



9⁹⁹ **45**
ea. points

VANILLA PERSIMMONS
PRODUCT OF U.S.A.
1.50kg



13⁹⁹
ea.

POM WONDERFUL
POMEGRANATES
PRODUCT OF U.S.A.



3⁴⁹
ea.

ANGEL SWEET OR
ONE SWEET
CHERRY TOMATOES
PRODUCT OF U.S.A.



3⁷⁹
ea.

BELLE GROVE
MUSHROOMS
PRODUCT OF U.S.A.



7⁹⁹
ea.

MOYERS
CHOCOLATE
CARAMEL APPLE
100g



4⁹⁹
ea.

FRESH POMEGRANATE
ARILS 1.50kg
PRODUCT OF U.S.A.



1²⁹
/lb

BUTABAGAS
PRODUCT OF U.S.A.
2.84kg



6⁰⁰
ea.

BELLE GROVE
FRESH HERBS
1.50kg



2⁹⁹
/lb

ORGANIC FULL-GRAIN
WHEAT BERRIES
PRODUCT OF U.S.A.



3²⁹
ea.

ORGANIC CRANBERRY
TOMATOES
PRODUCT OF U.S.A.



4⁹⁹
ea.

ORGANIC SWEET POTATOES
PRODUCT OF U.S.A.



6⁹⁹ **30**
ea. points

ORGANIC CAMPARI TOMATOES
PRODUCT OF U.S.A.



9⁹⁹
ea.

SALAD DIPS
LARGE SALADS
SMALL FRUIT TRAY



13⁹⁹
ea.

NACHOS PLATTER
BEANS, CHEESE, TOMATOES
PUMPKIN SEEDS
PLAT WITH DIPS



14⁹⁹
ea.

POINSETTIA
1.50kg



20⁰⁰
ea.

POINSETTIA
1.50kg

***metro.ca* LIMITED-TIME OFFER**

Your
GO-TO for
unlimited deliveries.



Subscribe Now

*Certain conditions apply. Details on metro.ca

COMES OUT TO

\$125

PER WEEK*

6 OR 12 MONTH PLAN

**SAME PRICES
& FLYER DEALS
AS IN-STORE**

Holiday Entertaining

\$1
back in
corner

125
points

22⁹⁹
ea.

**HOLIDAY
DESSERT CAKES**
1000g (3.5 lb) / 1000g (3.5 lb)

\$1
back in
corner

125
points

21⁹⁹
ea.

**FRONT STREET BAKERY
BLACK FOREST & WHITE
RASPBERRY CAKE 1000g**

\$1
back in
corner

125
points

21⁹⁹
ea.

FRONT STREET BAKERY LOG CAKE 1000g
SELECTED VARIETIES

**COPPERBATH
SPICE COOKIES**

5⁹⁹
ea.

**THE COOKIE DOCTOR
HOLIDAY DESSERT
COOKIE KIT 400g**

13⁹⁹
ea.

**CREATE & TREAT
HUGI CHOCOLATE
COOKIE KIT 400g**

**FRONT STREET BAKERY
ICE BOX COOKIES**
SELECTED VARIETIES

75
points

5⁹⁹
ea.

**FRONT STREET BAKERY
CARROT CAKE 110g**

\$2
back in
corner

250
points

32⁹⁹
ea.

 BROCHETTO Brioche Bread 5⁹⁹ ea.	 STONEWARE SUPREME PIZZA PAN BREAD 3⁹⁹ - 3⁰⁰ ea. per case	 PIONEER MOONSHINE COUNTRY BREAD 5⁹⁹ ea.	 FROST STREET BAKERY PANNINI ROLLS 3⁹⁹ ea.
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Deli Favourites

 VALUE PICK 299 /100g	 349 /100g	 579 /100g	 579 /100g
 699 ea.	 599 ea.	 599 /100g	 449 /100g
 799 ea.	 879 ea.	 599 ea.	 1149 ea.
 1549 ea.	 649 ea.	 999 ea.	 799 ea.
 LIMITED TIME	 50 pronto	 399 ea.	 599 ea.

cheesy holiday APPETIZERS

Impress your guests with our array of flavourful cheeses – perfect for platters & charcuterie boards.



10⁹⁹
ea. BOURSIN
TRIO CREAM CHEESE



449
/100g

CASTELLO
TICKLER CHEDDAR
DELIC. CUT. PRICE AS MARKED



649/100g



299
/100g



99



4.99
/100g

CASTELLO
MILANO



899



749



399



349



429 / 100 g

**BUY MORE
SAVE MORE!**

A scenic view of a vineyard in Italy. In the foreground, a vintage silver car is parked on a gravel path, with a person wearing a straw hat and a plaid shirt leaning against a wooden fence. The background features rolling green hills with terraced vineyards and a small village with yellow buildings. The text "FLAVOURS OF" is written in a bold, sans-serif font, and "italy" is written in a large, white, cursive script. A green and red horizontal line is positioned below the word "italy".

5.99
ea.

SANPELLEGRINO
TRIGRAPHIC SPARKLING DRINKS
LIMONCELLO
6 16.9 FL OZ CANS

SANPELLEGRINO
TRIGRAPHIC SPARKLING DRINKS
RASPBERRY ROSÉ
6 16.9 FL OZ CANS

ILLY
CLASSICO
TRADITIONAL ROAST
11.5 OZ (325g) CAN

ILLY
INTENSO
TRADITIONAL ROAST
11.5 OZ (325g) CAN

11.99
ea.

metro
FRESH
2 GO



WHAT'S FOR DINNER?

**PICK UP IN STORE OR
FREE DELIVERY**

on all orders of **\$20 or more**

Skip the Dishes offers available at select stores only.



ORDER NOW

**FRESH 2 GO
PIZZA**

1 un
SELECTED VARIETIES

SAVE UP TO \$5

11.99
ea.

[illegible]

IRRESISTIBLE SMOKED ATLANTIC SALMON 100% PURE 30 pieces 5⁹⁹ ea. ATLANTIC SALMON SMOKED ATLANTIC SALMON 100% PURE	IRRESISTIBLE WILD CAUGHT TUNA STEAKS 100% PURE 40 pieces 8⁹⁹ ea. Irresistible TUNA STEAKS 100% PURE	IRRESISTIBLE SHAYDOW MARLEY BLEND IN A MEE 100% PURE 40 pieces 9⁹⁹ ea. Irresistible SHAYDOW MARLEY BLEND IN A MEE 100% PURE	IRRESISTIBLE VALERIE'S BLEND CHICKEN 100% PURE 40 pieces 10⁹⁹ ea. Irresistible VALERIE'S BLEND CHICKEN 100% PURE
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PRINGLES CHIPS ORIGINAL CHEDDAR CHEESE SELECTED VARIETIES 2.99 ea.	PRINGLES COOKIES DOUBLE CHOCOLATE SELECTED VARIETIES 2.99 ea.	WALKER'S SHORTBREAD COOKIES DOUBLE CHOCOLATE SELECTED VARIETIES 4.99 ea.	Indesecible BISCUITS DOUBLE CHOCOLATE SELECTED VARIETIES 1.99 ea.	Oreo COOKIES HOLIDAY SELECTED VARIETIES 2.22 ea.
Monte Verde PANETTONE Original SELECTED VARIETIES 5.99 ea.	Biscoff COOKIES Original SELECTED VARIETIES 3.99 ea.	M&M'S CANDY Original SELECTED VARIETIES 5.99 ea.	Kinder CHOCOLATE EGG Original SELECTED VARIETIES 6.99 ea.	100¢
White Claw HARD SELTZER Original SELECTED VARIETIES 9.99 ea.	PHILLIPS 4 IPA Original SELECTED VARIETIES 8.49 ea.	Grövi HARD SELTZER Original SELECTED VARIETIES 12.49 ea.	Allen's APPLE CIDER Original SELECTED VARIETIES 3.99 ea.	30
STARBUCKS COFFEE Original SELECTED VARIETIES 7.99 ea.	Tazo TEA Original SELECTED VARIETIES 4.99 ea.	Beatrice BUTTER MILK Original SELECTED VARIETIES 20 points 3.99 ea.	Cheetos Original SELECTED VARIETIES 3.49 ea.	3.49 ea.





2.49
ea.



2.49
ea.



4.49
ea.



4.49
ea.



6.49
ea.



6.49
ea.



3/4.98
each (3 per \$12.99)



3/4.98
each (3 per \$12.99)



3.99
ea.



3.99
ea.



1.99
ea.



1.99
ea.



4.99
ea.



4.99
ea.



10.99
ea.



10.99
ea.



6.49
ea.



6.49
ea.



6.99
ea.



6.99
ea.



5.99
ea.



5.99
ea.



5.99
ea.



5.99
ea.



3.99
ea.



3.99
ea.



6.99
ea.



6.99
ea.



5.49
ea.



5.49
ea.



3.99
ea.



3.99
ea.



5.00
ea.



15.00
ea.



15.00
ea.



14.99
ea.



9.99
ea.



9.99
ea.



35.00
ea.



9.99
ea.



9.99
ea.



9.99
ea.



49.99
ea.



49.99
ea.



49.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.

29.99
ea.

29.99
ea.

29.99
ea.

Set up your holiday table with snacks, toppings & assorted beverages.

metro
FRESH
2 GO

ENTERTAINING MADE EASY

We have your catering covered.

**Minimum of 48 hours notice on all orders.*



Place Your Catering Order Today



Online
fresh2go.metro.ca



In Store
Visit Our Deli

merry varieties of

COLD ONES

Cheers to the holidays with our variety of refreshing favourites.

STELLA ARTOIS
12 PACK
\$25⁹⁹ ea.



BUDWEISER
12 PACK
\$24⁹⁹ ea.



SLEEMAN
12 PACK
\$22⁹⁹ ea.



[illegible]

Advertisement prices are subject to change and exclude HST and deposit fees, which are added at checkout. Beer, wine and ribs are available at select stores. See menu in for availability.

More Great Savings



2 for \$7.99
PRIMO PASTA SAUCE
16 oz. (1.125 L)
SELECTED VARIETIES



6.99
STEFANO PASTA SAUCE
16 oz. (1.125 L)
SELECTED VARIETIES



2.99
ITAL PASTA LASAGNE
17 oz.
SELECTED VARIETIES



5.49
SOMETHING SPECIAL TOP
SPREAD & MARINADE
16 oz. (1.125 L)
SELECTED VARIETIES



4.99
KELLOGG'S
CEREAL 10.5 oz. (297 g)
SELECTED VARIETIES



45 points
KASHI
RAISIN BRAN CEREAL
10.5 oz. (297 g)
SELECTED VARIETIES



8.99
KRAFT
PARMESAN CHEESE
16 oz. (454 g)
SELECTED VARIETIES



3.99
KASHI
GRANOLA BARS 10.5 oz. (297 g)
SELECTED VARIETIES



5.79
ULTRA CR 20g PROTEIN MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



5.79
ULTRA CR 20g PROTEIN MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.49
LACTANTIA LACTOSE FREE MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.49
LACTANTIA LACTOSE FREE MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES

Best-tasting, Best-quality
Cheeseboard Champions for the Holiday Season



7.99
TRACKLEMENTS
CONDIMENT
250 g (8.8 oz)
SELECTED VARIETIES

STOCK UP FOR THE HOLIDAYS



10.49
HÄAGEN DAZS ICE CREAM
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



6.99
iGO
FROZEN YOGURT
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.99
iGO
SORBET OR GELATO
1 L (33.8 FL OZ)
SELECTED VARIETIES

Spend \$15 on participating General Mills items.

GET 500 MOI POINTS



GENERAL MILLS
CEREAL, CEREAL BARS, FRUIT SNACKS,
CHILDREN'S MILK, KIT KAT SALSA,
SELECTED SNACKS, SELECTED VARIETIES

BUY MORE SAVE MORE!
ALL THE ESSENTIALS YOU NEED AT BETTER VALUE



2 for \$10.00
INVISIBLE
FRIDGE FREEZER
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$9.00
INVISIBLE
FRIDGE FREEZER
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$13.00
BUBLY
SPARKLING WATER
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$12.00
BUBLY
SPARKLING WATER
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$7.00
TUBES OF
SOUP
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$7.00
DOLE
FRUIT CUPS
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$6.00
GO PURE
CEREAL BARS
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$5.00
GO PURE
CEREAL BARS
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$5.50
GLACÉAU
VITAMIN WATER
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$8.50
WHIPPED
CREAM
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$8.50
MAPLE
SNICKERDOODLE
COOKIES
1.5 L (50.7 FL OZ)
SELECTED VARIETIES



2 for \$7.50
MAPLE
SNICKERDOODLE
COOKIES
1.5 L (50.7 FL OZ)
SELECTED VARIETIES

**ONLINE
EXCLUSIVE**

metro.ca

Enjoy the Offer

*Minimum purchase of \$150 (before taxes) required.
Certain conditions apply. Details on metro.ca

FREE

**BELGIAN
COOKIES
650 g**



\$15⁹⁹
VALUE

**PROMO CODE
COOKIE**

**NESTLE
AFTER EIGHT
CHOCOLATE
MINTS**

10.99 ea.

**TERRY'S
MILK CHOCOLATE**

6.99 ea.

**TERRY'S
MINT-MENTHE**

6.99 ea.

**LINDT
CREATION
Petit Desserts**

16.99 ea.

**FERRERO
ROCHER
COLLECTION**

10.99 ea.

**FERRERO
CHOCOLATE**

10.99 ea.

**FERRERO
ROCHER**

10.99 ea.

**jolly delights for your
SWEET
TABLE**

Our range of treats, candies & cookies also make great host(ess) gifts & stocking stuffers.

**LINDT
EXCELLENCE**

22.99 ea.

**FERRERO
ROCHER**

11.99 ea.

TOBLERONE

12.99 ea.

**CANDY
CALCULATIONS**

15.99 ea.

**NESTLE TURTLES
CHOCOLATE BOX**

15.99 ea.

**SELECTION
CANDY CAKES**

1.49 ea.

**LAURA SECORD
S'MORES SET**

18.99 ea.

**SELECTION
CHOCOLATE OR
IRRESISTIBLE
MINT STICKS**

2.99 ea.

**IRRESISTIBLE
BAKING MIX**

10.99 ea.

**IRRESISTIBLE
COOKIE DOUGH**

2.49 ea.

**IRRESISTIBLE
CANDY**

4.99 ea.

**TWINNINGS
PEPPERMINT
CHEER**

5.99 ea.

**CELESTIAL
CHRISTMAS**

4.99 ea.

**PILLSBURY
CHRISTMAS
COOKIE DOUGH**

4.99 ea.

**Strawman
Bonhomme de neige**

4.99 ea.

**Christmas Tree
Mince de Noel**

4.99 ea.

**LAURA SECORD
HOT ASSET
GIFT SET**

9.99 ea.

**LAURA SECORD
SNOWFLAKE
GIFT SET**

9.99 ea.

**LAURA SECORD
CHRISTMAS
GIFT SET**

10.99 ea.

**LE GOURMETS
FERRERO
GIFT BASKET**

14.99 ea.

WHILE QUANTITIES LAST

9 SPERLARI
TORRONE
150 g
SELECTED VARIETIES

PANETTONE FESTA!

A delicious selection of light, airy
and sweet Italian loaf breads.

FIASCONARO 195
PANETTONE
1 kg

**FIASCONARO
DOLCE & GABBIA
PISTACCHIO, NOC
MANDARINO PA**



09 **FABBRÌ AMARENA**
PANETTONE

FABBRI AMARENA
PANETTONE

ITEM AVAILABILITY VARIES BY STORE - WHILE QUANTITIES LAST

Organic

MARINATA
PEANUT BUTTER
100% PEANUT BUTTER
SELECTED VARIETIES

8⁹⁹
ea.

Marinatha
Peanut Butter
SELECTED VARIETIES

3⁹⁹
ea.

Marinatha
Peanut Butter
SELECTED VARIETIES

3⁹⁹
ea.

LIFE SMART
VEGETABLES
SELECTED VARIETIES

3⁹⁹
ea.

FARMER'S MARKET
CANNED
VEGETABLES
SELECTED VARIETIES

4⁴⁹
ea.

ORGANIC
Green Tea
SELECTED VARIETIES

8⁴⁹
ea.

GO BIO!
CHICKEN
POULET
SELECTED VARIETIES

3⁹⁹
ea.

GO BIO!
CHICKEN
POULET
SELECTED VARIETIES

3⁹⁹
ea.

PEACE RIVER
HONEY
SELECTED VARIETIES

14⁴⁹
ea.

MANITOBA HARVEST
HONEY
SELECTED VARIETIES

10⁹⁹
ea.

Gluten-Free

ROSE MONSIEUR
SAISON
SELECTED VARIETIES

3⁹⁹
ea.

CRETORS
CHICKEN
POPCORN
SELECTED VARIETIES

4⁹⁹
ea.

MAPLE LEAF
MIGHTY PROTEIN
CHICKEN STICKS
SELECTED VARIETIES

2⁴⁹
ea.

TRY NEW
MIGHTY PROTEIN
SELECTED VARIETIES

2⁴⁹
ea.

NEAL BROTHERS
SALSA
SELECTED VARIETIES

5⁴⁹
ea.

EARTH'S OWN
SOFT CREAM
SELECTED VARIETIES

6⁴⁹
ea.

Chex
SELECTED VARIETIES

5⁴⁹
ea.

Violife
SELECTED VARIETIES

6⁴⁹
ea.

Household Helpers

15
POUR
SCOTTIES
FACIAL TISSUES
SELECTED VARIETIES

2⁴⁹
ea.

LOW
EVERY DAY
SELECTION
COMPOSTABLE NAPKINS
SELECTED VARIETIES

3⁹⁹
ea.

BUY MORE
SAVE MORE!
2 for
20⁰⁰
SELECTED VARIETIES

20⁰⁰
ea.

FEBREZE
AIR FRESHENERS
SELECTED VARIETIES

5⁴⁹
ea.

Ziploc
FREEZER OR
SANDWICH BAGS
SELECTED VARIETIES

9⁹⁹
ea.

ALCAN
ALUMINUM FOIL
SELECTED VARIETIES

5⁴⁹
ea.

RED BIRCH
CUTLERY
SELECTED VARIETIES

2⁴⁹
ea.

SELECTION
RED CUPS
SELECTED VARIETIES

7⁴⁹
ea.

SAVE \$4*
when you buy any 3
Carlton Cards

2⁴⁹
ea.

DAWN
OR CASCADE
DISH WASHING LIQUID
SELECTED VARIETIES

10⁹⁹
ea.

SELECTION
WINDFIELL
WASHING LIQUID
SELECTED VARIETIES

15⁹⁹
ea.

Pet

BUY MORE
SAVE MORE!
2 for
5⁰⁰
SELECTED VARIETIES

5⁰⁰
ea.

15
POUR
TREATS
SELECTED VARIETIES

2⁹⁹
ea.

VITALIFE
DOG TREATS
SELECTED VARIETIES

14⁴⁹
ea.

COOKIES
SELECTED VARIETIES

8⁴⁹
ea.

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FLAVOURS
OF
**South
Asia**



Baby Care

GERBER
BABY MEALS
12.5 oz (354g)
SELECTED VARIETIES

4.49
ea.

GERBER
BABY SNACKS
3.5 oz (99g)
SELECTED VARIETIES

3.99
ea.

BABY MINN MUM
RICE PUFFS
8.5 oz (240g)
SELECTED VARIETIES

2 for 6.00
each 3.00
EACH 3.00 EA.

LIVE CLEAN
BABY CARE
10.5 oz (298g)
SELECTED VARIETIES

7.49
ea.

EARTH'S BEST
SMOOTHIE CO.
4.2 oz (119g)
SELECTED VARIETIES

1.99
ea.

EARTH'S BEST
BABY SNACKS
3.5 oz (99g)
SELECTED VARIETIES

4.49
ea.

PAMPERS
BABY WIPES
27.75 oz (786g)
SELECTED VARIETIES

14.99
ea.

PENATEN
DIAPER WASH
CREAM 11.5 oz (325g)
SELECTED VARIETIES

6.49
ea.

Health & Beauty

TRESEME
HAIR CARE
16.9 oz (480g)
SELECTED VARIETIES

6.99
ea.

LIVE CLEAN
HAIR CARE
10.5 oz (298g)
SELECTED VARIETIES

7.99
ea.

GUM
FLOSS
10.5 oz (298g)
SELECTED VARIETIES

2.99
ea.

COLGATE
TOOTHBRUSH
10.5 oz (298g)
SELECTED VARIETIES

3.99
ea.

OGX
HAIR CARE
16.9 oz (480g)
SELECTED VARIETIES

9.99
ea.

JOHN FRIDA
HAIR CARE
10.5 oz (298g)
SELECTED VARIETIES

12.99
ea.

LISTERINE
MOUTHWASH
10.5 oz (298g)
SELECTED VARIETIES

10.99
ea.

PRONAMES
TOOTH PASTE
10.5 oz (298g)
SELECTED VARIETIES

6.99
ea.

IRISH SPRING
SOAP BARS
10.5 oz (298g)
SELECTED VARIETIES

5.49
ea.

OLAY
BODY WASH
10.5 oz (298g)
SELECTED VARIETIES

9.99
ea.

NATIVE
BODY WASH
10.5 oz (298g)
SELECTED VARIETIES

13.99
ea.

NEUTROGENA
SKIN CARE
10.5 oz (298g)
SELECTED VARIETIES

10.99
ea.

Aveeno
MOISTURIZING
LOTION
10.5 oz (298g)
SELECTED VARIETIES

8.49
ea.

JERGENS
MOISTURIZING
LOTION
10.5 oz (298g)
SELECTED VARIETIES

11.99
ea.

GILLETTE
SHAVING GEL
10.5 oz (298g)
SELECTED VARIETIES

4.99
ea.

SCHICK
RAZOR
10.5 oz (298g)
SELECTED VARIETIES

13.99
ea.

KAMILL
HAND CREAM
10.5 oz (298g)
SELECTED VARIETIES

3.99
ea.

U BY KOTEX
SANITARY NAPKINS OR
TAMPONS
10.5 oz (298g)
SELECTED VARIETIES

10.99
ea.

TENA
OVERNIGHT
PADA INCONTINENCE
10.5 oz (298g)
SELECTED VARIETIES

17.99
ea.



December 11, 2025 - January 7, 2026

nature's signature

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Full-spectrum B-vitamin complex to maintain energy and reduce stress fatigue.

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5X Ultimate Strength EPA

Ultra-concentrated fish oil rich in EPA to reduce inflammation and support cardiovascular health.

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PrizMag

Pure magnesium bisglycinate for better sleep, calm, and muscle relaxation — no fillers.



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AOR

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Supports serotonin production for mood balance, stress reduction, and better sleep.

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Cyto-Matrix

GI Matrix

Comprehensive gut repair formula with L-glutamine and soothing nutrients to support digestive lining health.

beautu

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15% OFF

Stocking Stuffer



Herbatint
Natural Hair Colour
Natural permanent hair colour enriched with herbal extracts for rich, long-lasting black tones.



Entire Brand

15% OFF



Derma E
Brightening Cleanser
Gently exfoliates and brightens dull skin with vitamin C and natural fruit acids.



Entire Brand

10% OFF

Stocking Stuffer



Dr. Squatch
Soap Pine Tar
Deep-cleaning natural soap bar made with pine tar, oatmeal, and shea butter — rugged and refreshing.



Entire Brand

15% OFF



Mad Hippie
Vitamin C Serum
Antioxidant-rich serum that brightens skin tone and reduces signs of aging.



Essential & Carrier Oil

20% OFF

Stocking Stuffer



NOW
Sugar Plum Essential Oil
Holiday-inspired essential oil blend with warm, sweet, and festive aromatherapy notes.



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5% OFF



Skin Essence
Fresh Facial Cleanser
Organic facial cleanser made with gentle plant oils to purify and nourish the skin.



Entire Brand

20% OFF



Stoked Oats
Premium Oat Blend
High-protein, high-fiber oat blend featuring chia, flax, and real coffee for a morning boost.



Entire Brand

15% OFF

Stocking Stuffer



Pukka Tea
Chamomile, Vanilla, & Manuka Honey
Calming organic herbal tea for relaxation and bedtime comfort.



Entire Brand

15% OFF



Celebration
Org Dandelion Leaf Tea
Caffeine-free detox tea supporting liver and digestive health.



Entire Brand

20% OFF



Healthy Hippo
Hippo Gummies
Low-sugar, palant-based gummies made with natural colours and flavours.



Entire Brand

15% OFF



Gutsy
Kombucha No Sugar Ginger
Naturally fermented kombucha with bold ginger taste — zero sugar, probiotic support.



Entire Brand

15% OFF

Stocking Stuffer



Unreal
Dark Chocolate Almond Butter Cups
Clean-label chocolate cups with creamy almond butter and fair-trade ingredients.



Entire Brand

15% OFF

Stocking Stuffer



PUR
Mints Peppermint
Sugar-free mints sweetened with xylitol for fresh breath and oral health.



946ml

10% OFF



Filsinger's
Apple Cider Vinegar
Unfiltered, organic apple cider vinegar with "mother" — great for digestion and detox.



Truffles and more

15% OFF

Stocking Stuffer



Chocxo Dubai Style
Pistachio Creme Truffle
Gourmet dark chocolate truffles filled with smooth pistachio crème.



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MUTTI

3⁹⁹ ea. **MUTTI PASTA SAUCE** 680 ml SELECTED VARIETIES

7⁹⁹ ea. **MUTTI PASTA SAUCE** 680 ml SELECTED VARIETIES

2⁴⁹ ea. **MUTTI POLPA** 375 ml

3⁹⁹ ea. **MUTTI PEELLED TOMATOES** 750 ml

3⁴⁹ ea. **MUTTI PIZZA SAUCE OR TOMATO PASTE** 156 - 300 ml SELECTED VARIETIES

4⁹⁹ ea. **MUTTI SAN MARZANO TOMATOES** 300 ml

Kraft **Made to be Shared**

5⁴⁹ ea. **KRAFT BUTTER** 500 g SELECTED VARIETIES

4⁹⁹ ea. **KRAFT PURE DRESSING** 250 ml SELECTED VARIETIES

2⁹⁹ ea. **KRAFT GARDEN SELECT PASTA SAUCE** 680 ml SELECTED VARIETIES

3⁹⁹ ea. **SHAKE 'N BLAKE COOKING MIX** 500 g SELECTED VARIETIES

25 points **PHILADELPHIA DIPS** 227 g SELECTED VARIETIES

4⁹⁹ ea. **BAKERS CHOCOLATE** 100 g SELECTED VARIETIES

1²⁵ ea. **JEL-O JELLY POWDER** 3.5 kg SELECTED VARIETIES

10⁹⁹ ea. **NABOB OR TASSIMO COFFEE CAPSULE** 8.4 ml SELECTED VARIETIES

Crisp Winter Snacking

3⁴⁹ ea. **TOWN HOUSE OR CHEEZ-IT CRACKERS** SELECTED VARIETIES

2⁹⁹ ea. **PRINGLES CHIPS** SELECTED VARIETIES

2⁹⁹ ea. **KELLOGG'S WHOLE GRAIN BARS, RICE KRISPIES, SQUARES OR POP TARTS** 170 - 384 g SELECTED VARIETIES

8⁹⁹ ea. **GAIN DETERGENT OR FABRIC SOFTENER** SELECTED SIZES

8⁹⁹ ea. **GAIN SCENT BOOSTERS OR DRYER SHEETS** SELECTED SIZES

15⁴⁹ ea. **FEBREZE OIL REFILLS** 2.2 kg SELECTED VARIETIES

99¢ ea. **FEBREZE PLUG DIFFUSER** 1 ea.

5⁹⁹ ea. **HEAD & SHOULDERS HAIR CARE** 250 - 500 ml SELECTED VARIETIES

36⁹⁹ ea. **PAMPERS BABY DIAPERS** 48 - 96 ea. SELECTED VARIETIES

28⁹⁹ ea. **PAMPERS EASY UPS TRAINING PANTS** 48 - 72 ea. SELECTED VARIETIES

3⁹⁹ ea. **PAMPERS BABY WIPES** 58 - 72 ea. SELECTED VARIETIES

4⁹⁹ ea. **TAMPAX SANITARY NAPKINS OR LINER NAPKINS** 10 - 22 ea. SELECTED VARIETIES

42⁰⁰ ea. **ALWAYS DISCREET ADULT INCONTINENCE** 17 - 68 ea. SELECTED VARIETIES

3⁹⁹ ea. **CREST TOOTH PASTE** 40 - 120 ml SELECTED VARIETIES

6⁹⁹ ea. **CREST ORAL CARE** SELECTED SIZES