# FOOD LION

December 10 - December 16, 2025

Offers valid while supplies last.

# Be the season's MVP of savings!



**HOTSALE!** MVP

**99¢*** LB

YOU SAVE $1.30 LB

**FOOD LION PORTION HAM**

LIMIT 2

W/O MVP Card $2.29 LB

$35 MINIMUM GROCERY PURCHASE REQUIRED*

*$35 purchase must exclude the Ham, Tobacco, Beer & Wine, Lottery, Gift Cards, Postage Stamps or Services.

YOU SAVE $2.20 LB

**HOTSALE!** MVP

**99¢*** LB

**FOOD LION SPIRAL HAM**

LIMIT 2

W/O MVP Card $3.19 LB

$35 MINIMUM GROCERY PURCHASE REQUIRED*



Ground Fresh Daily

93% LEAN FRESH GROUND BEEF

**HOTSALE!** MVP **5.99** LB

W/O MVP Card $7.49 LB



Nature's Promise

All Natural - All Varieties

NATURE'S PROMISE MEAT & SEAFOOD

**HOTSALE!** MVP **25% OFF**

W/O MVP Card Regular Retail



Hormel

12-16 Oz. Pkg. Select Varieties

HORMEL BACON

**HOTSALE!** MVP **4.99** EA

W/O MVP Card Regular Retail



YOU SAVE $4.58 ON 2

**HOTSALE!** MVP

**2/$5**

1 Lb. Container

STRAWBERRIES

W/O MVP Card $4.79 EA

## MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk



10.3-13 Oz. Select Varieties

FRESH EXPRESS CHOPPED KIT SALAD

HOT SALE! 2/$6

W/ MVP Card $4.29 EA

MVP Coupons -$1.00 EA

**2/$5**

SAVE 10% DISCOUNT SAVINGS



**HOTSALE!** MVP **2.49** LB

W/O MVP Card Regular Retail

3 Lb. Bag

FOOD LION RED ONIONS

5 Lb. Bag

FOOD LION RED POTATOES



**HOTSALE!** MVP **79¢** LB

W/O MVP Card $1.59 LB

Select Varieties

HARD SQUASH



2 Liter - Select Varieties

ORIGINAL OR FLAVORED COKE PRODUCTS

LIMIT 4 FREE

**HOTSALE!** MVP **BOGO FREE**

W/O MVP Card Regular Retail

Single Item Half Price



15.35-22.3 Oz. Select Varieties

SCREAMIN' SICILIAN PIZZA

**HOTSALE!** MVP **BOGO FREE**

W/O MVP Card $10.99 EA

Single Item Half Price



20 Oz. Select Varieties

NATURE'S OWN BUTTERBREAD

**HOTSALE!** MVP **BOGO FREE**

W/O MVP Card $4.29 EA

Single Item Half Price



8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans Select Varieties

PEPSI PRODUCTS

LIMIT 4 FREE

**HOTSALE!** MVP **BOGO FREE**

W/O MVP Card Regular Retail

Single Item Half Price



24 Pack 12 Oz. Cans or Bottles

MICHELOB ULTRA

24 Pack 12 Oz. Cans

CORONA PREMIER

Select Varieties

**HOTSALE!** MVP **20.99**



7.75-9.5 Oz. Select Varieties

UTZ POTATO OR KETTLE CHIPS

LIMIT 4 FREE

**HOTSALE!** MVP **BOGO FREE**

W/ MVP Card Regular Retail

Single Item Half Price



8.5-13.4 Oz. Select Varieties

KEEBLER COOKIES OR SANDWICH COOKIES

LIMIT 4 FREE

**HOTSALE!** MVP **BOGO FREE**

W/ MVP Card $4.99 EA

Single Item Half Price



15.4-16.8 Oz. - Select Varieties

GENERAL MILLS CINNAMON TOAST CRUNCH OR HONEY NUT CHEERIOS

**HOTSALE!** MVP **BOGO FREE**

W/ MVP Card Regular Retail

Single Item Half Price



18-24.6 Oz. Select Varieties

MRS. PAUL'S FROZEN SEAFOOD

**HOTSALE!** MVP **4.99** LB

W/O MVP Card $5.99 EA



8.17-16.50 Oz. Select Varieties

HOSTESS MULTI PACK SNACKS

**HOTSALE!** MVP **2/$6**

W/O MVP Card $4.79 EA



6-8 Oz. Select Varieties

FOOD LION CHUNK OR SHREDDED CHEESE

**HOTSALE!** MVP **3/$5**

W/O MVP Card $2.99



10 Ct. K-Cups Select Varieties

GREEN MOUNTAIN OR DONUT SHOP COFFEE

**HOTSALE!** MVP **5.49** EA

W/O MVP Card Regular Retail



14-32 Oz. - Select Varieties

NESTLÉ COFFEE MATE CREAMER OR COLD FOAM

**HOTSALE!** MVP **2/$7**

W/O MVP Card Regular Retail



23.9-24 Oz. Select Varieties

RAGÚ PASTA SAUCE

**HOTSALE!** MVP **2/$5**

W/O MVP Card $3.89 EA



## MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk



HOT SALE! 5.99 EA

W/ MVP Card $6.99 EA

MVP Coupons -$2.00 EA

**3.99** EA

SAVE 10% DISCOUNT SAVINGS

20-30 Oz. Squeeze or Jar Select Varieties

HELLMANN'S MAYONNAISE

## MVP PRICED LOW EVERY DAY & MVP HOTSALE!

ON ITEMS YOU BUY MOST OFTEN

OUR BEST WEEKLY MVP DEALS


Be the MVP with a table
full of cheer
Shop Now

# Deals so good you'll want another slice!

100% FRESH OR BUSINESS MORE MONEY BACK



Smithfield

HOTSALE! MVP

1.49 LB

LIMIT 2

SMITHFIELD PORTION HAM

W/O MVP Card Regular Retail



HOTSALE! MVP

2.49 LB

LIMIT 2

W/O MVP Card Regular Retail

Select Varieties

SMITHFIELD SPIRAL HAM



HOTSALE! MVP

3.99 LB

W/O MVP Card Regular Retail

SMITHFIELD SPIRAL PECAN HAM

WHILE SUPPLIES LAST!



HOTSALE! MVP

6.99 LB

W/O MVP Card Regular Retail

BEEF SHOULDER ROAST OR BOTTOM ROUND ROAST

CHOICE



HOTSALE! MVP

3.99 LB

W/O MVP Card Regular Retail

Center Cut, Bone-In

PORK CHOPS



HOTSALE! MVP

7.49 LB

W/O MVP Card Regular Retail

Beef

CUBED STEAK

CHOICE



HOTSALE! MVP

3.99 LB

W/O MVP Card Regular Retail

5 Lb. Bag

CHICKEN DRUMSTICKS



HOTSALE! MVP

5.99 LB

W/O MVP Card Regular Retail

19.2 Oz.

Select Varieties

SMITHFIELD MARINATED PORK TENDERLOIN

# Holiday magic one dish at a time!




HOTSALE! MVP

1.99 LB

W/O MVP Card Regular Retail

FROZEN TURKEY BREAST



HOTSALE! MVP

2.99 LB

W/O MVP Card Regular Retail

CUMBERLAND GAP SEMI-BONELESS HAM

WHILE SUPPLIES LAST!




HOTSALE! MVP

7.99 EA

W/O MVP Card Regular Retail

8 Oz. Pkg. - Select Varieties

SMITHFIELD BONELESS SLICED QUARTER HAM

WHILE SUPPLIES LAST!




2.52 Oz. Pkg.

Select Varieties

OSCAR MAYER FULLY COOKED BACON

HOTSALE! MVP

3.99 EA

W/O MVP Card Regular Retail



18-20 Oz. Pkg. - Select Varieties

LAND O'FROST VARIETY OR SUB KITS

HOTSALE! MVP

6.99 EA

W/O MVP Card Regular Retail



12-14 Oz. Pkg. - Select Varieties

Excludes Beef

HILLSHIRE FARM COCKTAIL SMOKIES

HOTSALE! MVP

2/$7

W/O MVP Card Regular Retail




20-24 Oz. Pkg. - Select Varieties

RESER'S MAIN STREET BISTRO SIGNATURE SIDES

HOTSALE! MVP

2.99 EA

W/O MVP Card Regular Retail




12-32 Oz. Bag - Frozen

Select Varieties

SIMEK'S MEATBALLS

HOTSALE! MVP

6.99 EA

W/O MVP Card Regular Retail

# SUSTAINABLY SOURCED SEAFOOD



HOTSALE! MVP

6.99 LB

W/O MVP Card Regular Retail

SKINLESS FLOUNDER OR TILAPIA FILLETS



HOTSALE! MVP

7.99 EA

W/O MVP Card Regular Retail

32 Oz. Bag

Frozen

FOOD LION WHITING



HOTSALE! MVP

9.99 EA

W/O MVP Card Regular Retail

14 Oz.

Frozen

SHRIMP RING



HOTSALE! MVP

6.99 LB

W/O MVP Card Regular Retail

41-50 Ct.

16 Oz. Bag

Frozen

FOOD LION RAW SHRIMP



HOTSALE! MVP

7.99 LB

W/O MVP Card Regular Retail

41-50 Ct.

16 Oz. Bag

Frozen

FOOD LION COOKED SHRIMP

# *Earn rewards* when you buy any of your favorites from:

## Cookies/Crackers/Salty Snacks and Coffee/Tea
















FOOD LION MVP customer **SHOP&EARN MONTHLY REWARDS**



















**Check Your Progress**

taste of Inspirations

Explore and enjoy the excitement of the holiday with exceptional ingredients found in every Taste of Inspirations product!



HOTSALE! MVP 8.99 LB W/O MVP Card $9.99 LB
Freshly Sliced TASTE OF INSPIRATIONS TURKEY BREAST



HOTSALE! MVP 7.99 EA W/O MVP Card $8.99 EA
16 Oz. TASTE OF INSPIRATIONS GOURMET CHEESE SAMPLER



HOTSALE! MVP 3.99 EA W/O MVP Card $5.49 EA
4-8 Oz. Select Varieties TASTE OF INSPIRATIONS OLIVES

# Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE! MVP 7.99 EA W/O MVP Card $8.99 EA
Made Hot In-Store FAMILY SIZE ROTISSERIE CHICKEN



12 Oz. FOOD LION SWEET HAWAIIAN ROLLS
HOTSALE! MVP 2.99 EA W/O MVP Card $3.99 EA



PRICED LOW DEEP DISH ✓
3.49 LB
15-16 Oz. Select Varieties FOOD LION DELI SALADS



HOTSALE! MVP 6.99 LB W/O MVP Card $8.99 LB
In-Store Made Rotisserie Style TASTE OF INSPIRATIONS CHICKEN SALAD



HOTSALE! MVP 3.99 EA W/O MVP Card $5.99 EA
FOOD LION GOURMET CINNAMON ROLLS

# BOGO FREE

MVP

On Participating Items
Simple Rem Half Price



10 Ct. MINI BAGELS
W/O MVP Card $3.99 EA



4 Ct. CINNAMON ROLL DONUTS
W/O MVP Card $3.99 EA



8 Oz. - Crate PINE RIVER CHEESE SPREAD
W/O MVP Card $5.99 EA



3 Ct. APPLE FRITTERS
W/O MVP Card $4.49 EA



Switch to our family of brands and save more.

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

# Holiday mornings start here!

Find our recipe on foodlion.com
Overnight Croissant French Toast Bake



8.5 Oz. NATURE'S PROMISE ORGANIC MAPLE SYRUP
HOTSALE! MVP 4.49 EA W/O MVP Card $5.49 EA



HOTSALE! MVP 2/$6 W/O MVP Card $3.49 EA
12-16 Oz. Select Varieties FOOD LION FROZEN FRUIT



HOTSALE! MVP 4.49 EA W/O MVP Card $4.99 EA
8 Ct. FOOD LION MINI BUTTER CROISSANTS IN THE BAKERY



24 Oz. FOOD LION HONEY
HOTSALE! MVP 6.59 EA W/O MVP Card $8.59 EA



HOTSALE! MVP 1.79 EA W/O MVP Card $1.99 EA
16 Oz. Select Varieties FOOD LION BAKING SUGAR



3.49 EA
12 Ct. Large NATURE'S PROMISE CAGE FREE BROWN EGGS



2.99 EA
64 Oz. Select Varieties NATURE'S PROMISE ALMOND MILK

# SAVE $20

when you buy $100 on any of these participating gift cards with $20 minimum grocery purchase*

Academy SPORTS + OUTDOORS
Olive Garden Italian Kitchen
The Cheesecake Factory
Outback Steakhouse
Chili's Grill & Bar
Dining
Applebee's Grill + Bar
IHOP
Sephora
Ulta Beauty
Bass Pro Shops
Cabela's
Gift Card
DoorDash
Pilot, groceries, gifts and more, to your door
Convenience Gas Food
LOWE'S Gift Card

OFFER VALID
DECEMBER 10 - 16, 2025

Subject to availability. See gift card for details, terms, exceptions and restrictions. Gift cards are issued by and redeemable at the respective owners. Product may not be available in all stores. The gift cards featured are not sponsors or otherwise affiliated with Food Lion. Gift cards may not be used to buy alcohol, tobacco, alcohol, gift cards, postage stamps or services. ZIP Zillions of Gifts cards are issued by Pathward®, N.A., Member FDIC. Cards are only redeemable at ZillionsGifts.com, for eGifts from participating brands, within the USA. Brand options may vary. Terms apply to the gift cards. Brands are trademarks of the respective merchants and are used with permission. No cash or ATM access. Terms and conditions apply. See Cardholder Agreement for complete terms. Pathward, N.A. endorse or sponsor and are not affiliated in any way with this offer.
*Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services.
**Limit 1 offer per transaction.**

3 ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHN ZGRY ZGSA ZGSQ ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNGS ZNGY ZNHP ZNNF ZNNL ZNNO ZPAL ZPHA ZPHJ ZSAG ZSAJ ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRC ZVSQ ZVTN ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWHA ZWWS 12/10/25


Be a coupon MVP with
new offers
every week
Clip Coupons




8 Oz. - Select Varieties
**FOOD LION KETTLE POTATO CHIPS**
HOT SALE!
2/$3
W/O MVP Card $1.99 EA





HOT SALE!
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

12 Pack - 12 Oz. Cans - Select Varieties
**COKE PRODUCTS**
LIMIT 4 FREE

12 Oz. - Select Varieties
**POPPI PREBIOTIC SODA**
HOT SALE!
2/$4
W/O MVP Card $2.29 EA



28 Oz. - Select Varieties
**HORMEL PARTY TRAY**
IN THE DELI
HOT SALE!
$13.99 EA
W/O MVP Card $15.99 EA



PRICED LOW EVERY DAY
$9.99 EA

40 Ct. - **FOOD LION CHOCOLATE CHIP COOKIES**
IN THE BAKERY

**MVP DIGITAL COUPON**
Load on App • Online • In-Store Kiosk



HOT SALE! $14.89 EA
W/ MVP Card Sales Alert
MVP Coupon -$2.00 OFF 1
$12.89 EA
MVP 10-100% DISCOUNT SAVINGS LIMIT 1

6 Double Plus Rolls - Select Varieties
**BOUNTY**

# PRICED LOW EVERY DAY

4-4.1 Oz. - Select Varieties
**IDAHOAN INSTANT POTATOES**
MVP
4/$5
W/O MVP Card $1.59 EA



3.8-5.7 Oz. - Select Varieties
**KNORR PASTA OR RICE SIDES**
MVP
4/$5
W/O MVP Card $1.50 EA



14-16 Oz. - Select Varieties
**PEPPERIDGE FARM SWIRL BREAD**
MVP PRICED LOW EVERY DAY
3.49 EA
W/O MVP Card $3.99 EA



12 Ct. Single Serve Cups - Select Varieties
**FOOD LION HOT COCOA**
PRICED LOW EVERY DAY
4.79 EA



8.4-8.6 Oz. - Select Varieties
**DUNCAN HINES PERFECT SIZE CAKE & FROSTING MIX**
HOT SALE!
2/$5
W/O MVP Card $3.49 EA



17 Oz. - Select Varieties
**TONY CHACHERE'S INJECTABLES**
HOT SALE!
4.49 EA
W/O MVP Card $4.99 EA



2.5-2.8 Oz. - Select Varieties
**FOOD LION REAL BACON BITS OR PIECES**
PRICED LOW EVERY DAY
1.99 EA



10-16 Oz. - Select Varieties
**FOOD LION PRETZELS**
PRICED LOW EVERY DAY
2.39 EA



12-16 Oz. - Select Varieties
**HIDDEN VALLEY DRESSING**
HOT SALE!
3.99 EA
W/O MVP Card $4.59 EA



16-24 Oz. - Select Varieties
**MAJESTIC PICKLERY**
HOT SALE!
BOGO FREE
W/O MVP Card $5.79 EA
Single Item Half Price



14.5 Oz. - Select Varieties
**MARGARET HOLMES FRIED APPLES**
HOT SALE!
2/$4
W/O MVP Card $2.59 EA



50 Oz. - **HANOVER CUT GREEN BEANS**
HOT SALE!
2.69 EA
W/O MVP Card $2.99 EA





HOT SALE!
2/$6
W/O MVP Card $5.29 EA

6.88-20 Oz. - Select Varieties
**THOMAS' ENGLISH MUFFINS**

5-10.75 Oz. - Select Varieties
**DORITOS**
LIMIT 4 FREE
HOT SALE!
BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price





HOT SALE!
99¢ EA
W/O MVP Card Regular Retail

8 Oz. - Select Varieties
**FOOD LION WATER CHESTNUTS DICED**



HOT SALE!
2/$6
W/O MVP Card $4.29 EA

4 Pack - Select Varieties
**DOLE FRUIT BOWLS**

5.1 Oz. - Select Varieties
**LINDT TRUFFLE BAG**
HOT SALE!
5.49 EA
W/O MVP Card $7.79 EA



7.2 Oz.
**KINDER CHOCOLATE MINI SHARE SIZE**
HOT SALE!
4.99 EA
W/O MVP Card $5.99 EA



14.5 Oz. - Select Varieties
**FOOD LION COCKTAIL SAUCE**
HOT SALE!
1.69 EA
W/O MVP Card $1.89 EA



2.75 Oz. - Select Varieties
**BADIA LARGE SPICES**
HOT SALE!
2/$4
W/O MVP Card Regular Retail



6.5-8 Oz. - Select Varieties
**TATE'S BAKE SHOP COOKIES**
HOT SALE!
4.99 EA
W/O MVP Card $5.99 EA



**MVP DIGITAL COUPON**
Load on App • Online • In-Store Kiosk



HOT SALE! 2/$6
W/ MVP Card Sales Retail
MVP Coupon -$1.00 OFF 2
2/$5
MVP 10-100% DISCOUNT SAVINGS LIMIT 1

4.25 Oz. - Select Varieties
**BLUE DIAMOND NUT THINS**

4 ZDPH ZDGA ZDAH ZGAL ZGAT ZGAU ZGRY ZKBQ ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWS ZNPL ZNQB ZNQL ZNQR ZNQU ZNQV ZNHP ZNNB ZNNL ZNRA ZNRE ZNRQ ZNRI ZNPL ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPHI ZSAQ ZSAU ZSCH ZSCL ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTNA ZTNV ZV8L ZVRC ZVRD ZVRI ZVRN ZVRO ZVWR ZVWX ZW8L 12/10/25


You bring the cheer,
we'll bring the
quality & value
Shop Our Brands
FOOD LION
Unsweetened
Baking Coco
100% Cocoa
FOOD LION

# DEALS FOR DOLLARS

MVP

DELUXE · Velveeta · TACO BELL · HEINZ · PHILADELPHIA · FRIDAYS



MVP PRICED LOW EVERY DAY

$3 EA

W/O MVP Card $3.69 EA

9.4-14 Oz.
Select Varieties
**KRAFT DELUXE OR VELVEETA SHELLS & CHEESE**



HOT SALE!

$3 EA

W/O MVP Card $3.99 EA

8.85-14.80 Oz.
Select Varieties
**TACO BELL DINNER KIT**



10 Oz.
Select Varieties
**HEINZ FLAVOR TOUR SAUCES**

HOT SALE!

$3 EA

W/O MVP Card $3.99 EA



7.5-16 Oz. - Select Varieties
**PHILADELPHIA SOFT CREAM CHEESE OR CREAM CHEESE FROSTING**

HOT SALE!

$4 EA

W/O MVP Card Regular Retail



16 Oz.
All Varieties
**KRAFT VELVEETA CHEESE**

HOT SALE!

$4 EA

W/O MVP Card $5.99 EA



8.11 Oz.
Select Varieties
**TGI FRIDAYS SNACKS**

HOT SALE!

$4 EA

W/O MVP Card $5.49 EA

# BEVERAGE CENTER



2 Liter
Select Varieties
**7-UP OR CANADA DRY PRODUCTS**

HOT SALE!

3/$5

W/O MVP Card Regular Retail



12 Oz. Can
Select Varieties
**ALANI**

HOT SALE!

2/$4

W/O MVP Card 2/$5

## MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk



21 Oz.
Select Varieties
**ELECTROLIT**

HOT SALE! 2/$4

W/ MVP Card EDLP

MVP Coupon -$1.00 LIMIT 2

2/$3

MVP W/ 100% DISCOUNT SAVINGS LIMIT 2



46 Oz.
Select Varieties
**V8 FUSION**

HOT SALE!

3.49 EA

W/O MVP Card $3.99 EA



8 Pack - 12 Oz. Cans
Select Varieties
**WATERLOO SPARKLING WATER**

HOT SALE!

3.49 EA

W/O MVP Card $4.49 EA



6 Pack
15-16.9 Oz. Bottles
Select Varieties
**7-UP OR CANADA DRY PRODUCTS**
LIMIT 4 FREE

HOT SALE!

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price



25.4 Oz.
Select Varieties
**WELCH'S SPARKLING JUICE**

HOT SALE!

2/$7

W/O MVP Card $3.99 EA



750 mL
Select Varieties
**DEBONAIR OR DUPLIN WINE**

HOT SALE!

7.99 EA

750 mL
Select Varieties
**COOK'S OR CUPCAKE WINE**

HOT SALE!

8.99 EA

750 mL
Select Varieties
**MÉNAGE À TROIS OR JOSEF WEINBERG WINE**

HOT SALE!

9.99 EA

750 mL
Select Varieties
**STELLA ROSA OR ROSCATO WINE**

HOT SALE!

10.99 EA

12 Pack - 12 Oz. Cans
**TWISTED TEA OR SIMPLY SPIKED LEMONADE**
12 Pack - 11.2-12 Oz. Cans or Bottles
**SMIRNOFF**
Select Varieties

HOT SALE!

15.99 EA




SAVE $5
Tide
15 FREE LOADS BRASSES GRATUITES
100
115
OLAY
Ultra Moisture
ULTRA MOISTURE SHEA BUTTER
BODY WASH
Crest
3DWHITE
DEEP STAIN REMOVER
WHITER TEETH IN 1 DAY
HOLIDAY
SAVINGS
UNWRAPPED
SAVE WITH DIGITAL COUPONS!
SHOP COLLECTION
4=8 Doubles
Bounty
The Quicker Picker Upper
SAVE $2
ZzzQuil
NIGHTTIME SLEEP-AID
Fall Asleep Fast Non-Habit Forming
8 ROLLS MEGA XL
Charmin
Ultra Soft
50% More Per Roll
vs. Mega Roll
WITH SMOOTH TEAR
SAVE $4
Old Spice
Swagger
SCENT OF CEDARWOOD
OUTLAST
SWEAT & ODOR
Secret
COCONUT & VANILLA
MOISTURIZING SHAMPOO
NATIVE
SILICONE FREE
SULFATE FREE
PARABEN FREE
SAVE $3
OLAY
MINI
5 SERUM IN ONE
Super SÉRUM
3 boxes
372 TOTAL TISSUES
Puffs
Plus Lotion
Gentle & Soothing
SAVE $1

# Home is where the frosting is!



14.4 Oz. Select Varieties
**FOOD LION GRAHAM CRACKERS**
PRICED LOW EVERY DAY
1.99 EA



16-16 Oz. Select Varieties
**DUNCAN HINES FROSTING**
MVP PRICED LOW EVERY DAY
2/$4
W/O MVP Card $2.49 EA.



1.20-2.25 Oz. Select Varieties
**BETTY CROCKER SPRINKLES**
HOTSALE!
2.19 EA
W/O MVP Card $2.39 EA



5.3 Oz.
**SPANGLER RED & WHITE PEPPERMINT CANDY CANES**
WHILE SUPPLIES LAST!
HOTSALE!
1.99 EA
W/O MVP Card $2.49 EA



6.5 Oz. Select Varieties
**DOTS ASSORTED FLAVORED CANDIES THEATER BOX**
HOTSALE!
$1 EA
W/O MVP Card $1.59 EA



9-10.80 Oz. - Select Varieties
**HERSHEY'S KISSES MILK CHOCOLATE OR MINIATURES SHARE PACK**
HOTSALE!
5.49 EA
W/O MVP Card $6.49 EA



# DAIRY



8 Oz. Bar Select Varieties
**FOOD LION CREAM CHEESE**
HOTSALE!
2/$3
W/O MVP Card $1.69 EA



4.5-5.3 Oz. Select Varieties
**CHOBANI GREEK OR ZERO SUGAR YOGURT**
HOTSALE!
5/$5
W/O MVP Card Regular Retail



10.7-12 Oz. Select Varieties
**KRAFT SINGLES**
HOTSALE!
2.99 EA
W/O MVP Card $4.89 EA



16.3 Oz. Select Varieties
**PILLSBURY GRANDS! BISCUITS**
HOTSALE!
2/$5
W/O MVP Card $3.68 EA



5-8 Oz. Select Varieties
**SARGENTO SLICED CHEESE**
HOTSALE!
2/$6
W/O MVP Card $3.99 EA



46 Oz. Select Varieties
**SIMPLY ORANGE JUICE**
HOTSALE!
2/$7
W/O MVP Card $4.69 EA



16 Oz. - Select Varieties Quarters or Cubes
**CHALLENGE OR DANISH CREAMERY BUTTER QUARTERS**
HOTSALE!
3.99 EA
W/O MVP Card Regular Retail



# FROZEN



10-15 Oz. Select Varieties
**SISTER SCHUBERT'S DINNER YEAST ROLLS**
HOTSALE!
3.99 EA
W/O MVP Card $4.49 EA



21.5-33 Oz. Select Varieties
**HERSHEY'S DESSERT PIES**
HOTSALE!
6.99 EA
W/O MVP Card $8.99 EA



12.8-21.7 Oz. Select Varieties
**BELLATORIA PIZZA**
HOTSALE!
4.99 EA
W/O MVP Card $5.99 EA



16 Oz. Select Varieties
**GREEN GIANT CORN COB BITES**
HOTSALE!
2.99 EA
W/O MVP Card $3.29 EA

## MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk



10.75-14 Oz. Select Varieties
**YELLOWSTONE FROZEN DINNERS**
HOT SALE! 4.99 EA
W/O MVP Card $5.99 EA
MVP Coupon -1.00 OFF 1
3.99 EA
MVP 10 MPR DISCOUNT SAVINGS (LIMIT 1)



35-37 Oz. Select Varieties
**MRS. SMITH'S PIES**
HOT SALE! 4.99 EA
W/O MVP Card $5.49 EA
MVP Coupon -1.00 OFF 1
3.99 EA
MVP 10 MPR DISCOUNT SAVINGS (LIMIT 1)



23.5-36 Oz. Select Varieties
**EDWARDS PIES**
HOT SALE! 5.99 EA
W/O MVP Card $6.69 EA
MVP Coupon -1.00 OFF 1
4.99 EA
MVP 10 MPR DISCOUNT SAVINGS (LIMIT 1)

# BREAKFAST

8 Ct. Select Varieties
**KELLOGG'S POP-TARTS**
MVP PRICED LOW EVERY DAY
2/$5
W/O MVP Card $2.29 EA



10 Oz. Select Varieties
**KELLOGG'S SPECIAL K PROTEIN BARS**
HOTSALE!
10.99 EA
W/O MVP Card $12.99 EA



32-52 Oz. Select Varieties
**PLANET OAT OATMILK OR CREAMER**
HOTSALE!
2/$7
W/O MVP Card Regular Retail



10 Ct. K-Cups or 12 Oz. Bags Select Varieties
**SEATTLE'S BEST COFFEE**
HOTSALE!
5.99 EA
W/O MVP Card Regular Retail



9-16 Oz. Select Varieties
**POST GREAT GRAINS OR PREMIER PROTEIN CEREAL**
HOTSALE!
3.99 EA
W/O MVP Card Regular Retail



16-20 Oz. Select Varieties
**KODIAK POWER CAKES FLAPJACK & WAFFLE MIX**
HOTSALE!
4.99 EA
W/O MVP Card $5.99 EA



12 Oz. Bags Select Varieties
**FOOD LION COFFEE**
HOTSALE!
5.29 EA
W/O MVP Card $7.49 EA



## MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk



HOT SALE! 8.99 EA
W/O MVP Card Regular Retail
MVP Coupon -1.00 OFF 1
10 Ct. K-Cups or 10-12 Oz. Bags Select Varieties
**DUNKIN' COFFEE**
7.99 EA
MVP 10 MPR DISCOUNT SAVINGS (LIMIT 1)

6 ZNPH ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGHW ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNGB ZNGR ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNPA ZNRE ZNRG ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPNL ZPNA ZPNI ZSAG ZSAU ZSCO ZTNA ZTNV ZVBL ZVCH ZVDC ZVHA ZVMK ZVNG ZVNR ZVRA ZVRC ZVRG ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWMA ZWWS 12/10/25

# Serve joy & share moments

Shop Now



# HOME & HEALTH



HOTSALE! MVP 2.99 EA
12.2-14.7 Oz. Select Varieties
DAWN EZ-SQUEEZE
W/O MVP Card $3.29 EA



HOTSALE! MVP 4.99 EA
W/O MVP Card $5.99 EA
48-70 Ct. Select Varieties
FOOD LION PAPER PLATES



HOTSALE! MVP 2/$4
W/O MVP Card Regular Retail
30 Ct. Extra Large or 100 Ct. Sandwich Select Varieties
FOOD LION RECLOSABLE BAGS

30-40 Ct. Select Varieties
GLAD KITCHEN BAGS



HOTSALE! MVP 7.99 EA
W/O MVP Card $12.29 EA

21-27 Ct. Select Varieties
CASCADE PLATINUM



HOTSALE! MVP 9.99 EA
W/O MVP Card $10.99 EA



HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail
6 Mega Rolls COTTONELLE 12 Double Rolls SCOTT COMFORT PLUS Select Varieties

80 Ct. or 12.5 Oz. Select Varieties
LYSOL DISINFECTING WIPES OR SPRAY



HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

56 Oz. Select Varieties
FABULOSO



HOTSALE! MVP 4.99 EA
W/O MVP Card $5.49 EA

20 Oz. Select Varieties
SOFTSOAP HAND SOAP



HOTSALE! MVP 4/$5
W/O MVP Card $1.58 EA

25-30 Ct. Select Varieties
LUDEN'S COUGH DROPS



HOTSALE! MVP 2/$4
W/O MVP Card $2.49 EA

## MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk



30 Oz. or 39 Ct. Pac ALL 91 Oz. PUREX Select Varieties
HOT SALE! 4.99 EA W/O MVP Card Regular Retail
MVP Coupon -1.00 (BF)
3.99 EA
WOW! PLUS+ DISCOUNT SAVINGS



36.7 Oz. Select Varieties
DOWNY
9.99 EA
MVP Coupon -2.00 (BF)
7.99 EA
WOW! PLUS+ DISCOUNT SAVINGS



20 Oz. Body Wash Select Varieties
DOVE
HOT SALE! 7.99 EA W/2 MVP Card $15.98
MVP Coupon -3.00 (BF)
4.99 EA
WOW! PLUS+ DISCOUNT SAVINGS



12 Oz. - Select Varieties
DAYQUIL OR NYQUIL COLD & FLU
HOT SALE! 10.99 EA W/2 MVP Card $21.98
MVP Coupon -50¢ (BF)
10.49 EA
WOW! PLUS+ DISCOUNT SAVINGS

## BABY



4 Oz. Select Varieties
PLUM ORGANICS MIGHTY 4 BLEND POUCHES
HOTSALE! MVP 2/$3
W/O MVP Card $3.79 EA





PRICED LOW EVERY DAY
2.59 EA
64 Ct. Select Varieties
NATURE'S PROMISE BABY WIPES



1.85 Oz. Select Varieties
PLUM ORGANICS MIGHTY PUFFS
HOTSALE! MVP 3.29 EA
W/O MVP Card $3.69 EA





HOTSALE! MVP 6.99 EA
W/O MVP Card $7.99 EA
156-216 Ct. Select Varieties
PAMPERS BABY WIPES

## PET



HOTSALE! MVP 2.99 EA
W/O MVP Card $3.39 EA
22 Oz. Select Varieties
9LIVES WET CAT FOOD



HOTSALE! MVP 17.49 EA
W/O MVP Card $18.49 EA
15-25 Lbs. Select Varieties
FRESH STEP CAT LITTER

## BUY ONE OF THESE



25 Oz. Select Varieties
PURINA BEGGIN' STRIPS DOG TREATS
10.99 EA

## & GET THIS FREE



6.7 Oz. Select Varieties
PURINA BEGGIN' STRIPS DOG SNACKS
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

## Stock up for stockings!



All seasonal items are available while supplies last.



1.3-3 Oz. Select Varieties
BELA NATURAL BAR SOAP OR BURT'S BEES MASK
HOTSALE! MVP 2/$5
W/O MVP Card $3.99 EA



.35-.35 Oz. Select Varieties
CARMEX LIP BALM
HOTSALE! MVP 1.49 EA
W/O MVP Card $1.89 EA



1.5-3 Oz. Select Varieties
PALMER CHOCOLATE GOLD COINS
HOTSALE! MVP 1.99 EA
W/O MVP Card $2.99 EA



HOTSALE! MVP $1 EA
W/O MVP Card $1.69 EA
3.9 Oz. Select Varieties
BUTTERFINGER FUN SIZE



1 Ct. - Assorted
ZURU BABY FUGG
HOTSALE! MVP 4.89 EA
W/O MVP Card $6.99 EA



1 Ct.
RUDOLPH BUMBLE BUILDING BLOCK SET
HOTSALE! MVP 6.99 EA
W/O MVP Card $9.99 EA

# Holiday-ready deals

Shop Now



# Deck the halls with *fresh produce* & sweet prices!

100% FRESH OR DOUBLE YOUR MONEY BACK

We care about what you put on your table, that's why our produce comes with a 100% fresh guarantee!



HOT SALE! MVP
2/$5
W/O MVP Card Regular Retail
6 Oz. Pkg.
**BLACKBERRIES**



HOT SALE! MVP
1.99 EA
W/O MVP Card Regular Retail
Whole
**GOLDEN PINEAPPLE**



PRICED LOW EVERY DAY
2.99 EA
3 Lb. Bag
**FOOD LION GALA APPLES**



4 Ct. Tray Pack
**FOOD LION SWEET CORN**
HOT SALE! MVP
2.99 EA
W/O MVP Card Regular Retail



10 Oz.
**NATURE'S SWEET CHERUB TOMATOES**
HOT SALE! MVP
2.89 EA
W/O MVP Card Regular Retail



HOT SALE! MVP
1.59 EA
W/O MVP Card Regular Retail
Red or Green
**LEAF LETTUCE**



8 Oz. Pkg.
**FOOD LION MINI SWEET PEPPERS**
HOT SALE! MVP
1.99 EA
W/O MVP Card Regular Retail



8 Oz. Pkg.
Whole or Sliced
**FOOD LION BABY BELLA MUSHROOMS**
HOT SALE! MVP
2.29 EA
W/O MVP Card Regular Retail



Red or Variety
**6 INCH POINSETTIAS**
While Supplies Last!
5.99 EA






HOT SALE! MVP
2.99 EA
W/O MVP Card Regular Retail
2 Lb. Bag
**SATSUMA MANDARINS**

Nature's Promise Organic
A FOOD LION private brand



HOT SALE! MVP
3.49 EA
W/O MVP Card Regular Retail
USDA ORGANIC
1 Lb. Bag
**NATURE'S PROMISE ORGANIC LIMES**



HOT SALE! MVP
1.99 EA
W/O MVP Card Regular Retail
USDA ORGANIC
2 Lb. Bag
**NATURE'S PROMISE ORGANIC CELLO CARROTS**

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Prices and availability may vary by stores.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: AMEX VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

**Avon, Corolla, Kill Devil Hills, Nags Head, Southern Shores**

We accept competitor's coupons, exceptions may apply, see store associate for details.
Cameras, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

# Shrimp with a *purpose*

Shop Now



FOOD LION

December 10 - December 16, 2025

Offers valid while supplies last.

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S XL BAR**




HOTSALE! MVP 2.99 EA
W/O MVP Card $3.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

64 Oz.
Select Varieties
**MOTT'S JUICE**




MVP PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card $4.89 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

5.25-8 Oz.
Select Varieties
**BOULDER CANYON**




4.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6.6 Oz. - Select Varieties
**JUNKLESS CHEWY GRANOLA BARS**




HOTSALE! MVP 3.79 EA
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S UNCRUSTABLES**




HOTSALE! MVP 3.99 EA
W/O MVP Card $4.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8-14 Oz. - Select Varieties
**TROLLI GUMMIES OR WONKA CHEWY CANDIES**




HOTSALE! MVP 4.29 EA
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

50 Ct.
Select Varieties
**TOTINO'S PIZZA ROLLS**




HOTSALE! MVP 4.99 EA
W/O MVP Card $7.39 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7 Oz.
Select Varieties
**ORE-IDA BAGEL BITES**




HOTSALE! MVP 2.49 EA
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

17.5 Oz.
Select Varieties
**MISSION FLOUR TORTILLAS**




HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD POPCORN**




4.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-1 ZNRH ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGRY ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCO ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 12/10/25

# Save the season's best bites

Shop Now



# FOOD LION MVP customer BUY 2 GET 1 FREE

**Purchase of 2 Required to Get 3RD Item FREE!**

12.5-13.7 Oz. - Select Varieties

## FOOD LION GOLDEN CRACKERS OR SQUEEZE CHEESE




HOT SALE! MVP 2/$5

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

10.6-11.2 Oz.
Select Varieties

## GENERAL MILLS FLAVORED CHEERIOS CEREAL




HOT SALE! MVP 2/$5

W/O MVP Card $4.49 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

14.5-15.25 Oz.
Select Varieties

## DEL MONTE CANNED FRUIT




HOT SALE! MVP 2/$4

W/O MVP Card $2.69 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

14.5-15.25 Oz.
Select Varieties

## DEL MONTE CANNED VEGETABLES




HOT SALE! MVP 2/$3

W/O MVP Card $1.89 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

8 Oz.
Select Varieties

## MISS VICKIE'S KETTLE CHIPS




4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

8.9-12.2 Oz. - Select Varieties

## KELLOGG'S FROSTED FLAKES OR FROOT LOOPS CEREAL




HOT SALE! MVP 2/$7

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

45 Oz.
Select Varieties

## BLUE RIBBON NOVELTIES




HOT SALE! MVP 5.99 EA

W/O MVP Card $6.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

11-14 Oz. Pkg. - Select Varieties

## NATHAN'S FAMOUS FRANKS




HOT SALE! MVP 5.99 EA

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

20 Oz. Bottle
Select Varieties

## GLACÉAU VITAMIN WATER




HOT SALE! MVP 1.50 EA

W/O MVP Card $2.19 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties

## RED BULL ENERGY DRINK




11.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

W-2 ZNRH ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTNA ZTNV ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 12/10/25

# FOOD LION MVP customer BUY 2 GET 1 FREE

**Purchase of 2 Required to Get 3RD Item FREE!**

4 Oz.
Select Varieties
**WICKED CRISPS**




**2.49 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S RICE KRISPIES CEREAL**




HOTSALE! MVP
**2/$7**
W/O MVP Card $4.89 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE BAGGED MINI DONUTS**




**2.79 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK SPREAD OR SQUEEZE BUTTER**




HOTSALE! MVP
**2.99 EA**
W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO SOUP**




HOTSALE! MVP
**2/$5**
W/O MVP Card $2.79 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

18 Oz.
**HOUSE AUTRY PANCAKE & WAFFLE MIX**




HOTSALE! MVP
**2/$6**
W/O MVP Card $3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S PRESERVES OR JAMS**




HOTSALE! MVP
**3.99 EA**
W/O MVP Card $4.98 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER BREAD ORGANIC BAGELS OR ENGLISH MUFFINS**




**6.19 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

8 Oz.
Select Varieties
**CABOT CHEESE BARS**




HOTSALE! MVP
**2.99 EA**
W/O MVP Card $3.49 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

10 Ct. K-Cups
or 12 Oz. Bags
Select Varieties
**LAVAZZA COFFEE**




HOTSALE! MVP
**8.49 EA**
W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

W-3 ZNRH ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBT ZMSA ZMWA ZMWK ZNCA ZNCD ZNCE ZNCH ZNCL ZNCO ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZWBL ZWCA ZWCL ZWWA ZWWS 12/10/25

# FOOD LION MVP customer BUY 2 GET 1 FREE

**Purchase of 2 Required to Get 3RD Item FREE!**

5 Oz.
**FOOD LION WILD CAUGHT CHUNK PINK SALMON**




HOT SALE! MVP 2/$3
W/O MVP Card $1.89 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

5 Oz.
Select Varieties
**FOOD LION CHUNK CHICKEN BREAST**




HOT SALE! MVP 2/$3
W/O MVP Card $1.98 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

2.25-3.8 Oz.
Select Varieties
**FOOD LION SLICED OLIVES**




HOT SALE! MVP 1.69 EA
W/O MVP Card $1.89 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

3 Oz.
Select Varieties
**FOOD LION SALAD TOPPERS**




2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12 Oz.
Select Varieties
**FRIGO SPECIALTY CHEESE CUPS**




HOT SALE! MVP 2/$6
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4 Pack - Select Varieties
**ACTIVIA TRADITIONAL OR PROACTIVE YOGURT**




HOT SALE! MVP 2.99 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE ULTIMATE VEGETABLES**




HOT SALE! MVP 2/$6
W/O MVP Card $3.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
**NESTLÉ COFFEE MATE CREAMER**




2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8-13.9 Oz. - Select Varieties
**PILLSBURY CRESCENTS OR CINNAMON ROLLS**




HOT SALE! MVP 2/$6
W/O MVP Card $3.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR FROZEN DINNERS**




HOT SALE! MVP 2.99 EA
W/O MVP Card $3.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-4 ZNRH ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBT ZMSA ZMWA ZMWK ZNCA ZNCD ZNCE ZNCH ZNCL ZNCO ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRI ZNRL ZNRR ZNTT ZNWA ZPAL ZPHA ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVDC ZVNK ZVNO ZVNR ZVRA ZVRO ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZWBL ZWCA ZWCL ZWWA ZWWS 12/10/25