save on foods

# SAVOUR the Season

UNREAL DEAL on

ONLY WITH MY OFFERS
5.99 lb
First 1
LOAD NOW

6.99 lb **Lean Ground Beef**
Fresh, 3 lb Tube, 15.41/kg

**Banana Cream Pie**
Selected Varieties, 650g
9.99 ea

NEW DEAL. BEST PRICE. EVERY WEEK.

MY OFFERS
EXTRA UNREAL DEALS
LOAD DEALS

6.99 lb

**Chicken Breast**
Fresh, Boneless, Skinless, Warehouse Pack, 15.41/kg

WAREHOUSE PACK
SUPER SAVINGS

2.99 100g **Atlantic Salmon**
Warehouse Pack, Fresh

MIX & MATCH
2 for $24

**Fruit Tray**
(1.3 kg) or Veggie (708g)

24.99 ea

**Whole Wheel Camembert**
1 kg
WHILE QUANTTITIES LAST.

2.49 lb **Broccoli Crowns**
USA or Mexico, 5.49/kg




7.99 ea First 4 | 8.99 ea
**Purex Bathroom Tissue**
15=30 Rolls

40% off


**Jamieson Vitamins**
Selected Varieties

3.99 ea


**Miss Vickie's Potato Chips**
Kettle Cooked, Selected Varieties, 200g

9.99 ea


**Cracker Barrel Cheese**
Selected Varieties, 740g

24.99 ea


**Christmas Tag Planter**
7 Inch

**CANADIAN owned and operated for 110 years.**

Prices effective Thursday to Wednesday, December 4 to December 10, 2025. Offers require use of More Rewards card. Selection & availability may vary by store.


MY
MERRY
MEGA
DEAL
save on foods
Your Christmas
BONUS POINTS
are waiting for you!
LOAD MY OFFERS

# FRESH PICKS

MIX & MATCH
3 for $12

## BERRY & BRIGHT
Dazzle your cakes with sweet berries for a touch of fresh!



**Raspberries or Blackberries**
Mexico or California, 170g




5.99 ea

**Halos Mandarins**
California, 2 lb Bag

*Tart the holidays right!*



5.99 ea

**Grape Tomatoes**
Mexico, 454g




4.99 ea

**Tri Colour Peppers**
Mexico, 3-Pack



1.99 lb

**Ambrosia Apples**
or Granny Smith, BC or USA, 4.39/kg




ONLY WITH MY OFFERS
9.99 ea
First 1
LOAD NOW

10.99 ea

**Pom Wonderful Pomegranate Fresh Arils**
California, Twin Pack, 2 x 8 oz

# NATURAL FRESH CRISP




2 for $11

**Taylor Farms Chopped Salad Kit**
California, Selected Varieties, 333g



1.69 lb

**Assorted Squash**
Canada, 3.73/kg



1.99 lb

**Red Onions**
USA, 4.39/kg




4.79 ea

**Shishito Peppers Kit**
Mexico or USA, 8.3 oz or 8.5 oz Bag

# SWEET MEETS HEAT

**Meet the shishito pepper—**mostly mild, sometimes spicy, always delicious. Originating from Japan, they're perfect for quick appetizers. Just toss in olive oil, blister in a hot pan, and finish with a dash of lemon and salt.

# FLORAL



**10.99 ea**

**Poinsettia**
Assorted Colours,
6 Inch

**Seasonal Plants in Gold Embossed Planter**

**22.99 ea**




**13.99 ea**

**Kalanchoe in Reindeer Hot Chocolate Mug**




**PERFECT HOLIDAY GIFT DUO**




**5.99 ea**

**Western Family Hot Chocolate**
500g

# SAVE

## for the Season

AND DECK THE HALLS
WITH HOLIDAY MAGIC



More REWARDS
FREE
WITH 32,500
POINTS REDEEMED
or
64.99 ea

**Noble Fir Tree**
5 feet to 6 feet



34.99 ea

**Christmas Wreath**
24 Inch



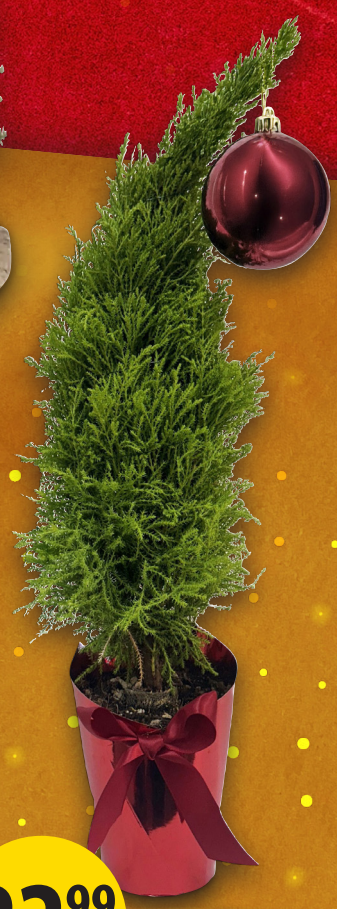
29.99 ea

**TriColour Poinsettia**
10 Inch



6.99 ea

**Santa Gnome with Tropicals**
2 Inch



22.99 ea

**Twisted Tree**
4.5 Inch



32.99 ea

**Silver Snowflake Planter**

# FRESH MEAT

PROUDLY SERVING ALBERTA BEEF

**11.99 lb**

**Inside Round Roast**
Fresh, AAA, 26.43/kg

## JUICY FESTIVE PERFECT

*No basting, no fuss—just buttery perfection!*

More REWARDS
FREE WITH 21,000 POINTS REDEEMED
or
**2.49 lb**

**Western Family Buttered Young Turkey**
Frozen, 5 kg to 7 kg, 5.49/kg

**POTATO CHIP CHICKEN DRUMSTICKS**
GET RECIPE

**3.99 lb**

WAREHOUSE PACK
SUPER SAVINGS

**Chicken Drumsticks**
Fresh, Warehouse Pack, 8.80/kg

VALUE PACK

**6.99 lb**

VERIFIED CANADIAN PORK

**Pork Loin Chops**
Boneless, Centre Cut, 15.41/kg

## NEW SIGNATURE STUFFED CORDONS

**25% OFF**

**6 FLAVOURS TO CHOOSE FROM**
Hot Buffalo Chicken Cordon
Chicken Parmesan Cutlet
Mediterranean Chicken Cordon
Chicken Parmesan Cordon
Chicken Neptune Cordon
Chicken Cordon Bleu

**PLENTY for $20**
Pick any 4 participating meat products for only $20!

**SAVE UP TO 40%**
on select meat products
SHOP NOW

# EXTRA REWARDS

Save your More Rewards points to make a memorable holiday meal for less.



**WE MATCH**
All competitor's prices on turkeys.

More REWARDS
**FREE**
WITH POINTS REDEEMED



**Turkey**
Grade A, Frozen, 5 kg to 7 kg

**Western Family Butt Portion Ham**
or Shank

# TASTY DEALS




**5.99 ea**

**Western Family Bacon**
Selected Varieties, 375g




**BUY 2 GET 1 free***

**Johnsonville Sausages**
Selected Varieties, 375g or 500g

*of equal or lesser value




**19.99 ea**

**Giovanni Rana Meat Pasta**
Select Varieties, 1.1kg




**BUY 1 GET 1 free***

**Maple Lodge Ultimate Sausages**
Select Varieties, 375 g or 500g

*of equal or lesser value




**7.99 ea**

**High Liner Breaded Fish Fillets**
Also Fish Sticks, Selected Varieties, Frozen, 550g or 700g




**10.99 ea**

**Western Family Ham**
Selected Varieties, 650g

## SAY-WINGS!



ONLY WITH MY OFFERS

**12.99 ea**

First 2

LOAD NOW




**Pinty's Chicken**
Selected Varieties, Frozen, 700g or 790g

**13.99 ea**

# GET FESTIVE

*one Appie at a time*

NEW











MIX & MATCH

**BUY 2 GET 1 FREE***

western family

**Appetizers**

Selected Varieties, Frozen

LIMITED TIME ONLY











*of equal or lesser value

# FRESH SEAFOOD

*Fresh, flavourful and guilt-free!*



**2.99 100g**

**Ahi Tuna Steak**
Previously Frozen






**11.99 ea**

**Salmon Village Flavoured Sockeye Salmon Lox**
Everything Bagel or Lemon Pepper, 125g

*Perfect for holiday canapés!*





**9.99 ea**




**Western Family Black Tiger Prawns**
Easy Peel or Peeled & Deveined, Frozen, 340g




**18.99 ea**

**Western Family Black Tiger Prawn Ring**
with Sauce, Frozen, 454g

TENDER SUCCULENT SPECIAL

# FRESHLY BAKED





3.49 ea

BAKED FRESH IN STORE

**Sourdough Bread**
or Nottingham, 567g

pack of 4 4.99

**Gourmet Muffins**
Selected Varieties, Pack of 4



pack of 6 3.49

BAKED FRESH IN STORE

**Portuguese Buns**
or Panini, Pack of 6



MADE WITH REAL Cream

pack of 2 6.99

**Dessert Croissants**
Selected Varieties, Pack of 2





pack of 6 4.99

**Croissants**
Pack of 6

BAKED FRESH IN STORE

8.99 ea




**Shortbread Cookies**
Selected Varieties, 350g

MADE WITH BUTTER

FLAKY BUTTERY DELIGHTFUL




3.99 ea

**D'Italiano Bread**
Selected Varieties, 675g

ONLY WITH MY OFFERS
2.99 ea
First 2
LOAD NOW

pack of 6 3.49




**Western Family Bagels**
Selected Varieties, Pack of 6

13.99 ea




**Wendel's Gluten Free Carrot Cake**
540g

7.49 ea




**Little Northern Bakehouse Products**
Gluten Free, Selected Varieties




2 for $6

**Western Family Garlic Baguette**
325g


SIGNATURE
FESTIVE
FLAVES
Pick up this limited time flave before it's gone!
29.99 ea
Winter Berry Chantilly Cake
1 kg
TRY IT TODAY!
WINTER BERRY CHANTILLY CAKE

# PERFECTLY SLICED



**4.89 100g**

**Top Round Beef**
Roasted in Store



**3.49 100g**

**Rosemary Ham**
or Tuscany, Fresh
Sliced in Store




**10.99 ea**

**Schneiders Pepperettes**
Selected Varieties, 375g

*Go bold — old cheddar melts like a dream!*



**3.49 100g**

**Bothwell Old Cheddar Cheese**
or Extra Old, Coloured or White






ONLY WITH MY OFFERS
**13.99 ea**
First 1
LOAD NOW

**14.49 ea**

**Venetian Meats Siciliana Salami**
or Abruzzo, 300g




**6.99 ea**

**Danablu Danish Blue Cheese**
160g

## SAVOURY BUTTERY SMOOTH




**4.79 ea**

**Asiago Cheese & Artichoke Dip**
Also Roasted Red Pepper or Baba Ghanouj, 227g



**5.99 100g**

**Parmigiano Reggiano Cheese**
Aged 24 Months,
Cut & Wrapped in Store




**3.49 100g**

**Smoked Gruyere Cheese**
Austria, Cut & Wrapped in Store



LILYDALE — EST.1943 —

## Canadian farm raised

A PROUDLY CANADIAN COMPANY



**3.69 100g**

**Cooked Turkey Breast**
or Smoked




**3.69 100g**

**Oven Roasted Turkey Breast**




**11.99 ea**

**Chicken Breast Strips**
300g

# MAKE HOLIDAY ENTERTAINING EASY

MASTRO






**6.99 ea**

**Mastro Charcuterie Dry Cured Trio Pack**
100g




**6.99 ea**

**Mastro Charcuterie Cooked Trio**
175g



**10% off**

**Mastro Italian Meat**
Fresh Sliced in Store

BALDERSON
PROUDLY CANADIAN · WORLD RENOWNED
1881
FIÈREMENT CANADIEN · DE RENOMMÉE MONDIALE






**13.49 ea**

**Balderson 2 Year Cheddar Cheese**
280g




**13.49 ea**

**Balderson Truffle Cheddar**
or Double Smoked, 250g




**12.49 ea**

**Balderson Cheddar Cheese**
Old or Extra Old, 250g or 280g

Freybe
EST. 1844




**13.99 ea**

**Freybe Pepperoni**
500g






**7.49 ea**

**Freybe A Taste of Europe Charcuterie Salami**
Selected Varieties, 100g




**7.49 ea**

**Freybe Sliced Salami**
Selected Varieties, 125g



**10% off**

**All Cut & Wrapped Gouda Cheese**

save on foods KITCHEN

# now available

## the wait is over

Discover bold, made fresh, ready-to-eat meals in our **NEW** hot case.



### poutine

A choice of wedges, tater tots or waffle fries topped with rich gravy and fresh cheese curds. A Canadian classic!



### taquitos

Crispy tortillas filled with a mix of tender pulled chicken, corn, beans, bell peppers and jalapeño cheddar cheese.



### pizza slices

Hot slices of cheesy, delicious pizza, baked fresh daily. Available in four tasty varieties—beef taco, pepperoni, meat lovers or cheese.



### pizza pretzels

Artisan pretzels coated in pizza sauce, mozzarella cheese and pepperoni.



### quesadillas

Warm flour tortillas filled with a savoury mixture of tender pulled chicken, beans, corn, bell peppers and melty cheese.

## $6 daily deals MADE FRESH

Stop by the hot case every Monday to Friday for a hot and tasty deal!

**MONDAY** — 2 Pizza Pretzels

**TUESDAY** — 5 Chicken Taquitos

**WEDNESDAY** — 2 Pizza Slices

**THURSDAY** — 5 Chicken Quesadilla Slices

**FRIDAY** — 5 Chicken Tenders

Selection may vary by store.

# SIP, SNACK & SAVE

western family

## COMPARE & SAVE BIG







**Western Family Pure Apple Juice**
1 Litre

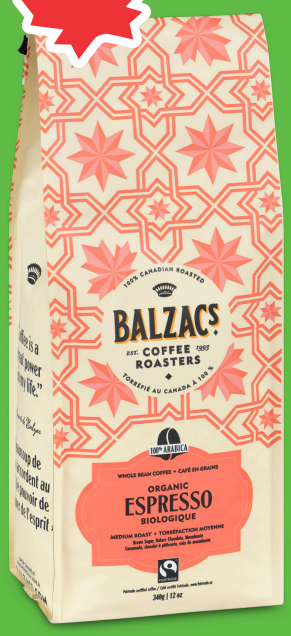
3 for $8

**SunRype 100% Pure Apple Juice**
1 Litre




10.99 ea

**Coca-Cola Soft Drinks**
or Canada Dry, Selected Varieties, 20 x 355 mL




13.99 ea

new **Balzac's Fair Trade Whole Bean Coffee**
(340g) or Compostable Pods (18's)




2 for $6

**Dare Crackers**
Selected Varieties, 200g







20% off

**Western Family Nuts**
Selected Varieties, 300g or 600g




10.99 ea

**GoGo Squeez Fruit Sauce**
12 x 90g

**Leclerc Cēlēbration Cookies**
Selected Varieties, 240g

## MORNING SAVES




**Quaker Instant Oatmeal**
Selected Varieties, 344g




3.49 ea

**Nature Valley Trail Mix Granola Bars**
(175g) or Mott's Fruitsations Fruit Snacks (226g), Selected Varieties




2 for $8

**Pearl Milling Company Syrup**
(710 mL) or Pancake Mix (905g), Selected Varieties




2 for $9

**E.D. Smith Triple Fruits Jam**
500 mL

# A BOWL FULL OF JOY






**Kellogg's Vector Cereal**
(850g) or Raisin Bran (1.01 kg), Selected Varieties

**5.99 ea**




**Kellogg's Corn Flakes Cereal**
(600g) or Rice Krispies (560g), Selected Varieties

**5.99 ea**




**Kellogg's All Bran Buds**
(500g) or Mini-Wheats (650g), Selected Varieties

**4.99 ea**




**Kellogg's All Bran Cereal**
(525g) or Special K Vanilla (355g), Selected Varieties

**4.99 ea**




**Kellogg's Squishmallows Cereal**
(269g) or Froot Loops Marshmallows (315g), Selected Varieties

# DINNER DEALS

western family

## COMPARE & SAVE BIG




3.99 ea

**Western Family Pickles**
1 Litre




5.49 ea

**Bick's Pickles**
1 Litre




3 for $10

**Ben's Original Bistro Express Rice**
Selected Varieties, 250g




3 for $7

**Campbell's Broth**
(900 mL) or Concentrated Broth (250 mL), Selected Varieties

## PANTRY PICKS




2.49 ea

**McCormick Dry Cooking Sauce**
or Mix, Selected Varieties




2 for $5

**Western Family Pasta**
900g




2 for $7

**Catelli Pasta**
Selected Varieties, 900g or 340g




1.79 ea

**Dr. Oetker Shirriff Pie Filling**
(164g) or Dessert Mousse (87g), Selected Varieties

5.99 ea

**M.Y. San Skyflakes Crackers**
800g







4.99 ea

**Golden Angel Sriracha Sauce**
or Sriracha Mayo, 740 mL




3.99 ea

**Herdez Salsa**
Selected Varieties, 453g




2 for $7

**Old El Paso Refried Beans**
398 mL




Proudly prepared in CANADA

**9.99 ea**

**Nabob Ground Coffee** (340g), Also Kraft Singles (825g), Selected Varieties

**17.99 ea**

**Maxwell House Coffee** Selected Varieties, 900g or 864g

**5.29 ea**

**Crave Entrée** (300g), Also Kraft Dinner (340g), Selected Varieties, Frozen

Proudly prepared in CANADA

**3.99 ea**

**Kraft Cool Whip Topping** (1 Litre) or Philadelphia Cream Cheese (250g), Selected Varieties

**3 for $9**

**Classico Pasta Sauce** (600 mL), Also Kraft Salad Dressing (425 mL), Selected Varieties







**19.99 ea**

**Corona Cero 0% Beer**
Alcohol-Free, Bottles (12 x 330 mL) or Cans (12 x 355 mL)




**8.99 ea**

**Atypique Non-Alcoholic Beverages**
Selected Varieties, 4 x 355 mL




**10.99 ea**

**Corona Cero Non-Alcoholic Beer**
6 x 330 mL




**8.99 ea**

**Stanley Park Non-Alcoholic Beer**
Selected Varieties, 4 x 355 mL




**3.69 ea**

**Mott's Clamato** or Nestea, Selected Varieties, 1.89 Litres

# SAVE for the Season

## WITH EXTRA DELICIOUS HOLIDAY RECIPES

**2.19 ea**
**Carnation Evaporated Milk**
354 mL

**4.99 ea**
**Crosby's Marshmallow Fluff**
(454g) or Molasses (675g), Selected Varieties

**5.99 ea**
**Kraft Peanut Butter**
1 kg

KRAFT
DOUBLE FANTASY FUDGE BAR
GET RECIPE

**5.99 ea**
**Baker's Baking Chocolate**
170g or 225g

**3.79 ea**
**Eagle Brand Condensed Milk**
Sweetened, 300 mL

**3.49 ea**
**Club House Baking Extract**
43 mL

**2.99 ea**
**Planters Cocktail Peanuts**
Salted, 300g

SMUCKER'S
SAUSAGE STUFFING MUFFINS
GET RECIPE

BUY 2 GET 1 free*
*of equal or lesser value

**McCormick Gourmet Spices**
Selected Varieties

**1.89 ea**
**Western Family Broth**
946 mL

**9.29 ea**
**Rabbit River Farms Free Run White Eggs**
18's

**4.99 ea**
**Western Family Dried Fruit**
Selected Varieties

**3.99 lb**
**Honeycrisp Apples**
BC, 8.80/kg

**15% off**
**Chicago Metallic Metal Bakeware**
Selected Varieties

**7.99 ea**
**Lactantia Butter Sticks**
454g

BUY 1 GET 1 free*
*of equal or lesser value

**Crisco Shortening**
454g

**2 for $7**
**Rogers Icing Sugar**
1 kg

**3.99 ea**
**Western Family Pie Shells**
Frozen, 350g or 380g

E.D.SMITH
FRUIT PIE COOKIES
GET RECIPE

**2 for $10**
**E.D. Smith Pie Filling**
(540 mL) or Pure Pumpkin (796 mL), Selected Varieties

**4.49 ea**
**Western Family Ice Cream**
Selected Varieties, 1.65 Litres

**8.99 ea**
**Rogers All Purpose Flour**
5 kg

**FREE WITH 5700 POINTS REDEEMED** or **9.99 ea**
**Western Family Parchment Paper**
131 feet

McCORMICK
ROASTED BRUSSELS SPROUTS
WITH BACON & BALSAMIC DRIZZLE
GET RECIPE

**2.99 ea**
**French's Dijon Mustard**
325 mL

**3.99 lb**
**Brussels Sprouts**
USA or Mexico, 8.80/kg

BUY 1 GET 1 free*
*of equal or lesser value

**Crisco Oil**
1.18 Litres

**4.99 ea**
**Western Family Feta Cheese**
200g

**7.49 ea**
**Nonna Pia's Balsamic Glaze**
250 mL

**14.99 ea**
**Hormel Real Bacon**
Crumbled, 300g

**2.99 ea**
**Dole Pineapple**
398 mL

# SAVE *for the Season*

## AND ENJOY ONE SWEET BITE AT A TIME!




**9.99 ea**

**Lindt Teddy**
5-Pack, 30g




**5.99 ea**

**Cadbury Christmas Mini Eggs**
190g or 200g

**EXCELLENT FOR STOCKING STUFFERS**




**4.99 ea**

**Hershey's Chocolate Treats**
Selected Varieties,
150g or 290g




**7.99 ea**

**Hershey's Reese's Peanut Butter Trees**
204g




**5.49 ea**

**M&M's Christmas Red and Green**
Also Mint, 165g

## SWEETS *to cheer for!*




**10.99 ea**

**Toblerone Chocolate**
Selected Varieties,
360g




**7.99 ea**

**Hershey's Miniatures**
400g




**7.99 ea**

**Nestlé Turtles Chocolates**
150g




**16.99 ea**

**KitKat Santa Cabin Kit**
389g




**5.99 ea**

**Werther's Salted Caramel Popcorn** (260g), Also Walker's Seasonal Cookies (175g), Selected Varieties




## TREATS *to share!*



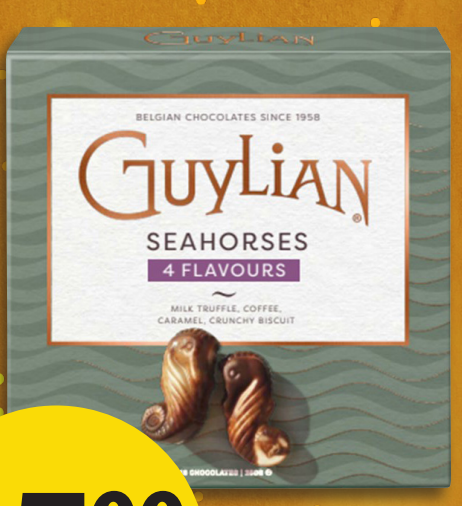

**5.99 ea**

**Berggold Brandy Beans**
Also Eggnog,
125g




**12.99 ea**

**Anthon Berg Baileys in Marzipan**
175g




**15.99 ea**

**Guylian Seahorses**
154g




**15.99 ea**

**Cadbury Celebration Tin**
353g




**17.99 ea**

**After Eight London Skyline Tin**
400g

WHILE QUANTITIES LAST. SELECTION MAY VARY BY STORE.



# MMM, I LOVE CHOCOLATE

**Nestlé Turtles**
350g

**13.99 ea**

**6.99 ea**

**Nestlé After Eight Mints**
200g

**21.99 ea**

**Quality Street Tin**
650g

**7.49 ea**

**Quality Street Share Bag**
(160g) or Gift Box (148g)

**8.49 ea**

**KitKat NHL Hockey Stick**
141g

**WHILE QUANTITIES LAST.**



# PURDY FESTIVE DEALS




**6.99 ea**

**Purdys Hedgehogs**
72g




**7.99 ea**

**Purdys Sweet Georgia Browns**
70g




**2 for $7**

**Purdys Peanut Butter Bar**
36g

Available in select stores only.

# DAIRY

western family

## COMPARE & SAVE BIG

**4.99 ea**

**Western Family Shredded Cheese**
Selected Varieties, 320g




**5.99 ea**

**Cracker Barrel Shredded Cheese**
Selected Varieties, 320g




**3.29 ea**

**International Delight Creamer**
Selected Varieties, 425 mL




**2 for $6**

**Western Family Sour Cream Dip**
Selected Varieties, 227g




**4.49 ea**

**Becel Plant-Based Butter**
Selected Varieties, 427g or 454g




**3.99 ea**

**Western Family Greek Yogurt**
500g




# FROZEN

western family

## COMPARE & SAVE BIG

**4.99 ea**

**Dr. Oetker Giuseppe Pizza**
Selected Varieties, Frozen, 480g




**2 for $4**

**Green Giant Simply Steam Vegetables**
Frozen, 250g




**6.49 ea**

**Righteous Gelato**
Selected Varieties, Frozen, 473 mL




**6.49 ea**

**Pillsbury Pizza Pops**
Selected Varieties, Frozen, 760g




**4.49 ea**

**Western Family Ice Cream**
Selected Varieties, 1.65 Litres




**4.99 ea**

**Breyers Creamery Style Ice Cream**
Selected Varieties, 1.41 Litres






# SMOOTH SAVINGS

**5.49 ea**

**Silk Plant-Based Yogurt Alternative**
Selected Varieties, 640g or 680g




**3.99 ea**

**Silk Coconut Yogurt**
Selected Varieties, 4 x 100g




**3.29 ea**

**Silk Oat Beverage**
Selected Varieties, 946 mL




**3.99 ea**

**Silk Oat Barista**
or Coconut, 946 mL




**6.99 ea**

**So Delicious Dairy-Free Frozen Dessert**
500 mL



# CULTURED DEALS




**Danone Oikos Yogurt**
Selected Varieties,
650g or 750g




**6.49 ea**

**Danone Activia Yogurt**
Selected Varieties,
12 x 100g or 750g




**3.79 ea**

**Danone Activia Yogurt**
Selected Varieties,
650g or 4 x 100g




**4.99 ea**

**Activia Yogurt**
Selected Varieties,
8 x 100g




**2 for $7**

**Danone Oîkos Pro Yogourt**
(300 mL), Also Danino Drinkable (6 x 93 mL), Selected Varieties

# SAVE *for the Season*

## AND DECK THE HALLS WITH COLOUR, CHARM & CHEER!

WHILE QUANTITIES LAST.
SELECTION MAY VARY BY STORE.

**FESTIVE FLARE, EVERYWHERE!**



**8.99 ea** **Red Gnome with Glitter Hat** 11.8 Inch



**12.99 ea** **Standing Mushroom Gnome with Hat** Green, 20 Inch

**14.99 ea** **Sitting Mushroom Gnome with Hat** Green, 17 Inch



**10.99 ea** **Snowman with Earmuffs** 8.2 Inch

**19.99 ea** **Snowman with Hat** 13 Inch



**9.99 ea** **LED Pinecone Wax Candle** 5.5 Inch

**7.99 ea** **LED Pinecone Wax Candle** 4.5 Inch



**9.99 ea** **LED Paper House with Wood Base,** White



**5.99 ea** **LED Gingerbread Paper House** 4.3 Inch



More REWARDS FREE WITH 12,500 POINTS REDEEMED or **24.99 ea** **Glass Lantern with LED Candle** 8 Inch

**LIGHT UP YOUR COZY CORNERS**



**16.99 ea** **Snowy Paper House** 11 Inch



**7.99 ea** **Wood Tree with Bell** White, 14.5 Inch



**10.99 ea** **Gnome with Striped Hat** 18 Inch



More REWARDS FREE WITH 17,500 POINTS REDEEMED or **34.99 ea** **LED Motion Glitter Christmas Tree** 14 Inch

# SELF-CARE
*merry savings*




**7.99 ea** **Dr Teal's Foaming Bath** Also Epsom Salts




**14.99 ea** **Batiste Dry Shampoo** 350 mL




**15% off** **Hero Mighty Patch** 24's




**5.99 ea** **Gillette Shave Foam** (311g) or Gel (198g), Selected Varieties

**3.99 ea** **Blistex Lip Care** Selected Varieties







**14.99 ea** **Native Deodorant** (75g), Also Body Spray (99g)




**14.99 ea** **Phillip Adam Hair Care** 355 mL




**15% off** **Dr. Squatch Personal Care** Selected Varieties




**BUY 2 GET 1 free*** **Goody Hair Accessories** Also Wetbrush

*of equal or lesser value



**11.99 ea** **Dr Johnnys Slipper Socks**

# BULK




**Lindt Lindor Chocolate Balls**




**Quality Street Chocolates**




**10.99 ea**

**Western Family Natural Sliced Almonds**
Also Selected Varieties, 500g

**.79 100g**

**Christmas Gummy Mix**





**2.19 100g**

**Foley's Large Dark Chocolate Chips**
or Small




**5.49 ea**

**Wonderful Pistachios**
Selected Varietes, 225g




**11.99 ea**

**Royal Nuts Deluxe Mixed Nuts**
or Raw Almonds,
Selected Varieties, 325g




**16.99 ea**

**Value Pack Roasted & Salted Cashews**
or No Salt, 700g

# NATURAL




3 for $8

**Gatorade Bars**
80g



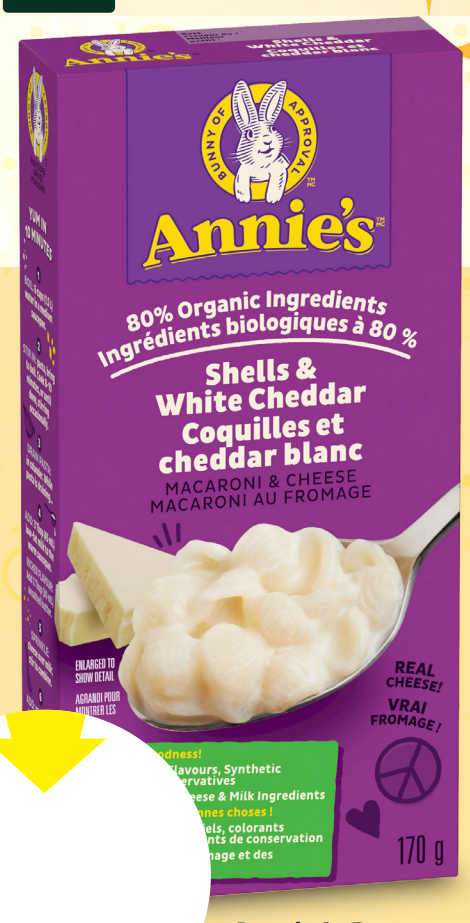

20% off

**Simply Organic Spices**
69g or 75g




6.49 ea

**Traditional Medicinals Tea**
16's




**Annie's Pasta**
Selected Varieties,
170g




**Kicking Horse Ground Coffee**
284g

2 for $8




**Love Good Fat Protein Bars**
55g




5.99 ea

**Nuts2U Organic Sesame Tahini**
250g



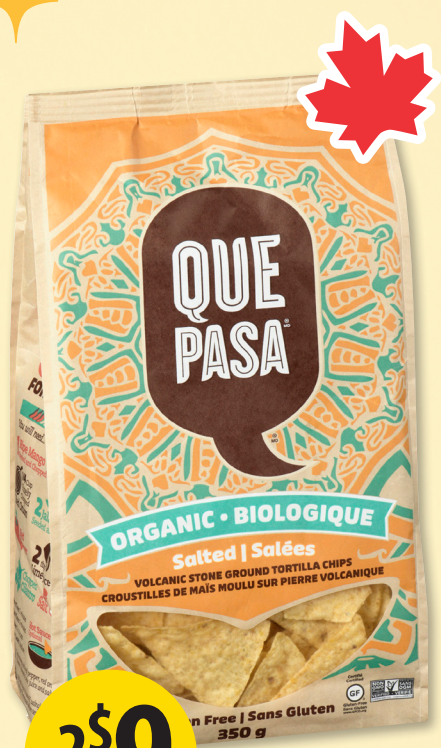

7.49 ea

**Annie's Fruit Snacks**
198g

2 for $7




**Thirsty Buddha Coconut Water**
490 mL




2 for $9

**Que Pasa Organic Tortilla Chips**
350g




**Pacific Foods Organic Soup**
Selected Varieties,
1 Litre




5.99 ea

**The Greek Gods Yogurt**
Selected Varieties,
500g




**Only Goodness Compostable Plates**
(40's) or Bowls (15's),
Selected Varieties




2.99 ea

**Only Goodness Plant-Based Ultra Liquid Dish Soap**
532 mL




14.99 ea

**Only Goodness Laundry Detergent**
2.95 Litres

2 for $9




**Only Goodness Plant-Based Cleaner**
All Purpose (950 mL)
or Toilet Bowl (710 mL)

# HEALTH & WELLNESS




**40% off**

**Jamieson Vitamins**
Selected Varieties




**15% off**

**Suku Vitamins**
Selected Varieties, 60's




**30.99 ea**

**Goodprotein Powder**
Selected Varieties, 440g

**8.99 ea**

**Children's Advil**
(100 mL) or Pediatric Drops (24 mL), Selected Varieties




**HydraSense Nasal Spray**
Selected Varieties, 100 mL




**12.99 ea**




**25.99 ea**

**Cold FX Cold Relief**
Selected Varieties

**Listerine Mouthwash**
Selected Varieties, 1 Litre




**7.99 ea**




**23.99 ea**

**Advil Liqui-Gels**
or Tablets, Selected Varieties




**14.99 ea**

**Pepcid Antacid**
Also BioFreeze Roll-On, Selected Varieties, 25's

# Take control of your diabetes

Ask for the CONTOUR®NEXT GEN blood glucose meter: highly accurate and easy-to-use. Pick up your free meter* today. See pharmacist for details.

**LEARN MORE**

*With the purchase of CONTOUR®NEXT test strips, 100's.




# BABY CORNER




**26.99 ea**

**Huggies Super Pack Diapers**
Selected Varieties




**27.99 ea**

**Pull-Ups Training Pants**
Selected Varieties




**8.99 ea**

**Huggies Natural Care Wipes**
Selected Varieties, 168's or 184's




**2 for 3.49**

**Simply Gourmet Mini Oat Bites**
Carrot Cake or Banana Bread, 36g




**57.99 ea**

**Similac Pro-Advance**
Infant Formula, 859g




**20% off**

**Penaten Diaper Rash Cream**
100g or 166g

# PERSONAL CARE




**5.49 ea**

**Dove Personal Care**
Selected Varieties




**6.99 ea**

**Ivory Bar Soap**
(10 x 90g), Also Method Hand Wash Refill (828 mL), Selected Varieties




**7.99 ea**

**Bic Razors**
(4-Pack), Also Vaseline Lotion (600 mL), Selected Varieties




**9.99 ea**

**Clairol Natural Instincts Hair Colour**
Also John Frieda Hair Care, Selected Varieties




**14.99 ea**

**Aveeno Body Wash**
(975 mL), Also Old Spice Body Spray (99g), Selected Varieties




**11.99 ea**

**Native Hair Care**
(487 mL), Also Pantene (820 mL), Selected Varieties







2$ for 6

**Colgate Toothpaste**
Selected Varieties




20% off

**Colgate Toothbrush**
Selected Varieties

# GET HOLIDAY GLAM



**7.99 ea**

**OGX Bodywash**
or Lotion, Selected Varieties, 577 mL

**7.99 ea**

**OGX Hair Care**
or Styling, Selected Varieties, 385 mL

**8.99 ea**

**OGX Premium Styling**
Selected Varieties, 50 mL

**7.99 ea**

**Maui Moisture Hair Care**
Selected Varieties, 385 mL

# HOUSEHOLD DEALS




6.99 ea

**Bounty Paper Towels**
Selected Varieties, 3=6 or 2=6 Rolls




7.99 ea

**Western Family Facial Tissue**
6-Pack




9.99 ea

**Downy Light Scent Booster**
Also Gain Fabric Enhancer, Selected Varieties, 379g




29.99 ea

**Tide Laundry Pods**
63's or 112's




7.99 ea

**Glad Kitchen Bags**
Selected Varieties, 28's




8.99 ea

**Energizer AA Batteries**
Selected Varieties, 8-Pack




6.99 ea

**Lysol Toilet Bowl Cleaner**
2 x 710 mL




22.99 ea

**Finish Quantum Dishwasher Detergent Tabs**
Selected Varieties, 72's




23.99 ea

**Temptations Creamy Purrrr-ée Cat Treats**
Variety Pack, 48's




12.99 ea

**Tidy Cats Clumping Cat Litter**
(2.72 kg), Also Purina One Dry Cat Food (1.8 kg), Selected Varieties




More REWARDS
FREE WITH 2000 POINTS REDEEMED
or
3.49 ea

**Western Family Aluminum Foil**
Selected Varieties




20% off

**Western Family Freezer Bags**
or Storage, Selected Varieties




More REWARDS
FREE WITH 32,000 POINTS REDEEMED
or
54.99 ea

**Cellar Master 28 Day Wine Kit**
Red or White, Selected Varieties, Makes 23 Litres




More REWARDS
FREE WITH 11,600 POINTS REDEEMED
or
19.99 ea

**Coopers Beer Kit**
Selected Varieties, 1.7 kg




More REWARDS
FREE WITH 29,000 POINTS REDEEMED
or
49.99 ea

**Western Family 28 Day Wine Kit**
Red, California, Makes 23 Litres




2 for $8

**Febreze Air Care**
Selected Varieties, 250g

**Available in selected locations only.**

# NOVEL SAVINGS

$6 off when you buy 3 Greeting Cards

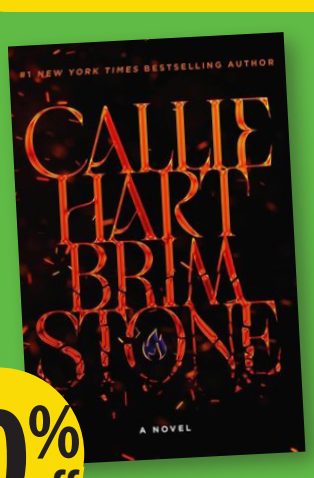






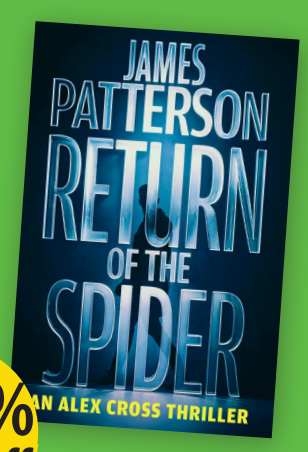
25% off

**Calendars**



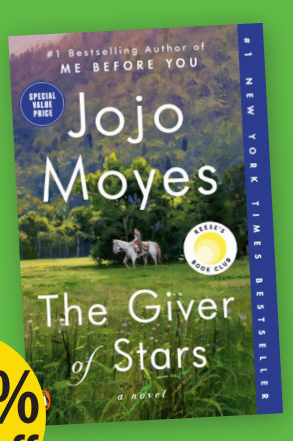

30% off

**Brimstone**
Regular Retail $40 ea




30% off

**Return of the Spider**
Regular Retail $42 ea




25% off

**The Giver of Stars**
Regular Retail 20.99 ea

# SANTA'S SMOKIN' DEALS



More REWARDS
FREE WITH 11,600 POINTS REDEEMED
or
19.99 ea




**Lumber Jack Pellets**
20 lbs

More REWARDS
FREE WITH 5200 POINTS REDEEMED
or
8.99 ea




**Miners Mix Rub**
Selected Varieties

BUY 2 GET 1 free*




**True North Wood Chips**
Selected Varieties

*of equal or lesser value

More REWARDS
FREE WITH 14,500 POINTS REDEEMED
or
24.99 ea



**Gourmet Wood Chunks**
8 lbs

More REWARDS
FREE WITH 5800 POINTS REDEEMED
or
9.99 ea




**Bradley Smoker Bisquettes**
24's

Available in select stores only.

MILK-BONE



BRING HOME
the
Paw-fect
gift!




**Milk-Bone Dog Treats**
Selected Varieties, 300g or 900g




**7.99 ea**

**Milk-Bone Dog Treats**
Selected Varieties, 312g or 2 kg




**2 for $5**

**Milk-Bone Soft Treats**
Selected Varieties 113g




**9.99 ea**

**Milk-Bone Soft & Chewy**
Selected Varieties, 708g




**2 for $6**

**Pup-Peroni**
(158g), Also Jerky Treats (170g)

western family™

# EARN MORE POINTS

More REWARDS

Find great prices and EARN more points on Western Family products.




More REWARDS BUY 2 EARN 375 POINTS

**Western Family Soft Drink**
Selected Varieties, 2 Litres




More REWARDS BUY 3 EARN 1200 POINTS

**Western Family Spices**
Selected Varieties, 155g




More REWARDS BUY 2 EARN 500 POINTS

**Western Family Canned Fruit**
398 mL




More REWARDS EARN 450 POINTS

**Western Family Salsa**
Selected Varieties, 650 mL




More REWARDS BUY 2 EARN 400 POINTS

**Western Family Quick Cooking Oats**
or Steel Cut, 1 kg




More REWARDS EARN 350 POINTS

**Western Family Peanut Butter**
Selected Varieties, 500g

# GET MORE FREE

Redeem points to get your favourite products for FREE.




More REWARDS FREE WITH 2000 POINTS REDEEMED

**Western Family Microwave Popcorn**
3-Pack




More REWARDS FREE WITH 2500 POINTS REDEEMED

**Western Family Corn Starch**
454g




More REWARDS FREE WITH 4650 POINTS REDEEMED

**Western Family Green Tea**
or English Breakfast, 72's




More REWARDS FREE WITH 4600 POINTS REDEEMED

**Western Family Free Range Eggs**
Dozen




More REWARDS FREE WITH 3200 POINTS REDEEMED

**Western Family Fruity Whirls**
(580g) or Bite Size Shredded Wheat (680g)




More REWARDS FREE WITH 2000 POINTS REDEEMED

**Western Family Spaghetti Sauce**
or Tomato Sauce, 680 mL

SAVE ▸ EARN ▸ FREE ▸ REPEAT