

FRESH CO
Lowering food prices

Flyer in effect Dec 4-10, 2025
Prices in effect in Western Canada

**LOWEST
PRICE**
OR WE'LL BEAT IT*

SHOP WITH US FOR THE LOWEST PRICES, EVERY DAY.
Guaranteed with our **Price Match policy***

ZONE 1

\$1.99
/lb

Frozen Grade A Turkey
All sizes 4.39/kg
LIMIT OF 1
WHILE SUPPLIES LAST

\$5.99
Chinese
Mandarin
4 lb Case
Product
1.81 kg



\$4.99

Raspberries 340 g
Product of
Mexico or USA

Special MEMBER PRICE SAVE \$4

\$5.99

Unico Vegetable Oil 3 L

LIMIT OF 4

without Scent \$9.99

Lean Ground Beef 1.36 kg \$14.97 EACH, SAVE \$5.02 (reg. \$9.99) WHILE SUPPLIES LAST.

EQUAL TO \$14.99 /lb

**Schneider's
Applewood
Smoked Bone-in
Ham 5.45kg (kg
reg 3.90lb)
WHILE SUPPLIES
LAST.**

**\$249
/lb**

Coca-Cola
Soft Drinks 6x710 mL or
Mini Cans 6x222 mL
reg. 4.49-5.99

100 PTS
when you buy 3

SAVE \$1.92

\$3.75

CLASSIC
FRUIT FLAVORS
100% FRUIT
100% JUICE
100% SUGAR
100% NATURAL



Classico
Pasta Sauce
 216-600 mL
 reg. 4.29

SAVE 94¢
\$2.99



Ferrero Rocher
 Chocolate Box 186-200 g or
 Grand Assortments 186/65 g
 WHILE SUPPLIES LAST

300 PTS
 when you buy 2

\$7.99



Simply Orange
Juice 154 L or
Philadelphia
Cream Cheese
340 g
reg 6.99-7.29

SAVE \$2.50

\$4.99



**Main Street Deli
Sliced Meat 200-300 g
(reg. 6.00)**

Dr. Oetker Ristorante or Casa di Mama Pizza
320-4110 or 320-5489

\$3.99

\$3.47



alfa
Mini Twists, Rollitos
o Triángulos
Spanakopita

100% whole grain wheat

100 PTS
when you buy 2

SAVE \$2.00

\$6.99



Kellogg's
cereal
corn flakes

CORN FLAKES

100% whole grain wheat

Alfa Mini Twists, Rollitos or Triangles 700-750 & reg. \$4.99

Kellogg's Cereal Select Varieties 269-365 & reg. \$4.99



SAVE \$2.00

\$3.33



SAVE \$1

\$2.99

without
some-Card **\$3.99**

SAVE \$1

\$2.99

without
some-Card **\$3.99**

PRODUCT SELECTION MAY VARY BY LOCATION.

Our site just got fresher

From weekly deals to Scene+ offers, build your shopping list and find your faves faster than ever.



Scan to visit our website

***Lowest Price Guaranteed.** If another discount supermarket in your area is advertising a lower price, show us and we won't just match it, we'll beat it!

SAVE \$1.98 ON 2

2/\$7

Doritos

210-280 g
or Ruffles

180-200 g
reg 4.49

SAVE UP TO \$7

\$16.99

Folgers K-Cups 30 pk
or Ground Coffee

5444-816 g
reg 22.99-23.99

SAVE \$2

\$6.99

Fuze Iced Tea

12x341 mL reg 8.99

SAVE \$1.99

\$3.99

McCain Premium
Breakfast Potatoes

800-650 g or Premium Specialty
540-800 g reg 4.99-5.29

SAVE \$1.99

\$2.99

Kellogg's Eggo
Waffles 270-280 g

reg 4.49

50 PTS
when you buy 2

SAVE \$1

\$2.49

Fruittopia Drinks 175 L
or Fuze Iced Tea 175 L

SAVE \$1.99

\$2.99

Kraft Salad Dressing 425 mL,
Diana Sauce 500 mL or Bull's-Eye
BBQ Sauce 425 mL reg 4.19-4.39

50 PTS
when you buy 2

SAVE \$1

\$7.49

Black Diamond
Cheese Slices 825 g

200 PTS
when you buy 2

Buy (I) Armstrong Cheese Bar 600 g (\$9.99) AND
(II) Armstrong Cheese Shreds 320 g (\$7.49) or
Armstrong Cheese Bar 400 g (\$7.99) Get 200 Points

SAVE \$6

\$9.99

Kicking Horse
Ground Coffee 284 g
or Tetley Orange
Peekoe Tea 216 pk
12.99-15.99

200 PTS
when you buy 2

SAVE \$2

\$10.99

Starbucks Coffee
Roasted and Ground 340 g
or Kourig K-Cups 10 pk reg 12.99

SAVE \$10

\$3.99

Danone Oikos Yogurt 4 pk
or Activia Yogurt 650 g

SAVE \$3.99

\$5.49

Nesquik
540 g,
510-700 mL
or Coffee-Mate
Powder 450 g
reg 6.49-8.99

SAVE \$1

\$5.99

Lotus Spread
380-400 g
reg 6.99

SAVE \$1.99

\$3.29

Lotus
Biscoff Cookies
250 g reg 4.49

SAVE \$1.99

\$3.29

Leclerc Celebration
Cookies 240-350 g
reg 4.79

SAVE \$6

\$11.99

Purex Detergent 4.43 L,
Sunlight 4 L, Smuggle 277 L or
Persil 186 L
reg 12.99-17.99

SAVE \$4

\$6.99

Purex Bath Tissue 12-24 or 8-24
rolls, Spongetowels 5-6 pk or
Scotties Facial Tissue 6 pk
reg 10.99

More ways to save!

Hot Price

Scene

Look & Save

Look for these specially-marked items throughout our stores

POL_PC_WK32_WK37_2L_PRR

HOLIDAY FLORAL



\$449

Poinsettias
4.5" Pot

\$1899

Orchids
5" Deco
Plastic Pot



Poinsettias
6" Pot

\$899



Frosty Fern
4" Pot

\$599



Christmas
Cactus
4" Pot

\$499



Western Red Cedar
1.5 lb Bunch

\$649



Noble Fir Tips
1.5 lb Bunch

\$649



Nordic Assortment

\$649



Holiday
Shrub
1 Gallon Pot

\$999



Holiday Wreath 18"

\$2399



Winter Planter 8.5" Pot

\$2599

Colour and selection may vary - Available at Most Locations - WHILE SUPPLIES LAST. Not Available at Thunder Bay Location

FRESH ENTERTAINING

Stem & Leaf Clementines
Product of Spain 8.80/kg

\$3.99
/lb



\$3.49
ea

Pomegranate
Product of USA



Persimon Vanilla Kaki
Case Product of Spain

\$9.99



\$3.99
/lb

In-Shell Walnuts
Product of USA
8.80/kg



\$3.99

Chestnuts Bag 1 kg
Product of China



The Little Potato Company Mini Potatoes Yellow,
Red or Trio 680 g Product of Canada, Canada No. 1

\$3.49



Sally's
Raw Almonds 1 kg

\$18.99



Panache Breaded Coconut, Butterfly, Tempura or
Bang Bang Shrimp Frozen 340-355 g, Crispy Calamari or
Crab Rangoon Frozen 292-335 g reg. 9.99-11.99

SAVE 50%
\$8.99



Best Buy Valeur Plus
Chicken Egg Rolls, Spring Rolls or
Pot Stickers Frozen 600 g-1.13 kg

SAVE 50%
\$10.99



MarcAngelo
Chicken Breast
Pesto or Honey Dijon 300 g
reg. 9.00

SAVE 33%
\$6.00



Compliments Pulled Pork 900 g
or Garlic & Herb Pork Loin Roast 800 g
reg. 12.99

SAVE 33%
\$9.99

WHILE SUPPLIES LAST, PRODUCT SELECTION MAY VARY BY STORE.

\$699



SHARE THE GOODNESS



WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

FLAVOURS OF THE CARIBBEAN

50¢

Chubby Soda
250 mL reg 0.69

SAVE 60¢
99¢

Grace Malt
330 mL reg 1.79

\$1.25

Mr. Goudas Table Salt 1 kg or Coarse Salt 750 g reg 1.49

SAVE 50¢
99¢

Grace Peanut Punch
240 mL reg 1.45

\$1.99

Papaya
Product of Mexico
4.39kg

\$1.99

Purple Sweet Potatoes
Product of Costa Rica or Honduras 4.39kg

\$1.99

Yuca Root
Product of Costa Rica 4.39kg

SAVE 50¢
\$1.99

Royalty Digestives, Ginger Nut or Rich Tea Cookies
330-400 g reg 2.29-2.99

SAVE 60¢
\$1.49

Vita Malt
330 mL reg 1.99

85¢

Grace Soup Mix 42-60 g reg 1.29

SAVE 50¢
\$1.99

Excelisior Crackers 300 g reg 2.49

SAVE 50¢
\$3.99

Grace Jerk Seasoning
284-312 g reg 4.99

SAVE 50¢
\$4.29

Grace Jerk Sauce or Marinade
350-480 mL reg 5.29

75¢
SAVE 50¢
\$2.99

Caribbean Flavours Seasoning or Hot Sauce 300 mL reg 4.29

SAVE 50¢
\$8.99

Grace Coconut Oil 500 mL reg 10.99

SAVE 50¢
\$12.99

Cool Runnings Garlic Powder 650 g reg 16.99

SAVE 50¢
\$14.99

Cool Runnings Black Pepper 500 g reg 18.99

\$1.79

Grace Hot Pepper Sauce 85 mL reg 1.99

SAVE 70¢
\$3.29

Governor's Choice Callaloo 640 mL reg 3.99

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FLAVOURS OF THE CARIBBEAN

Grace Beef Flavoured BOUILLON
à saveur de bœuf
Boef Flavoured Bouillon Cubes
Cubes de bouillon à saveur de bœuf
69¢

Grace Chicken flavoured BOUILLON
à saveur de poulet
Chicken flavoured Bouillon Cubes
Cubes de bouillon à saveur de poulet
\$2.99

Grace Pure Creamed Coconut
141 g reg. 1.99
\$1.69

Pork Picnic Roast
Bone In Fresh,
Cryovac 6.58kg
\$2.99/lb

Dunya Harvest Chickpeas or Black Turtle Beans 900 g
reg. 2.99
SAVE 60¢ \$2.49

Ting Grapefruit
300 mL
reg. 1.99
\$1.69

Benjamins Vanilla Essence
480 mL
reg. 4.99
SAVE 1.99 \$3.79

British Class Golden Yellow, Turbinado or Cool Runnings Demerara Sugar 900 g
reg. 4.29-5.69
SAVE \$2.49 \$3.29

Dunya Harvest Cornmeal 2 kg
reg. 3.69-3.99
SAVE \$1.00 \$2.99

Cool Runnings Seasonings 175-900 g
reg. 7.49
SAVE 1.99 \$5.79

Dunya Harvest Canned Beans 540 mL
reg. 4.29-4.99
SAVE \$1.49 \$1.49

Grace Soda 355 mL
reg. 1.49
\$1.25

Pure Heaven Sparkling Non-Alcoholic Drink 750 mL
reg. 4.99
SAVE \$1.49 \$3.49

Eclipse Crackers 113 g
reg. 1.29
\$0.89

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

CARIBBEAN

69¢



Pork Picnic Roast
Bone In Fresh,
Cryovac 6.59/kg

Grace Pure Creamed Coconut
141 g reg 1.99

\$169



\$169

Ting Grapefruit
300 mL
reg 1.99

Benjamins
Vanilla Essence
480 mL
reg 4.99



SAVE \$120

\$379

\$329

**British Class Golden Yellow,
Turbinado or Cool Runnings
Demerara Sugar 800 g
reg 4.29-5.69**

\$299

Dunya Harvest Cornmeal 2 kg
reg 3.69-3.99

SAVE \$170

\$5⁷⁹

SAVE UP TO 50¢

Dunya Harvest Canned Beans 540 mL
reg L79-L99

\$18

Grace Soda 355 mL
reg L49

**Pure Heaven
Sparkling
Non-Alcoholic
Drink 750 mL
reg 4.99**

SAVE \$150
\$349

Eclipse Crackers 113 g
reg L29

89¢

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

**SAVE 50¢**

\$899



\$24.99

SAVE \$1

\$14.99

**Red Gold Steelhead
Salmon Frozen Caviar**
200 g reg 32.99



Baš Ajvar
Roasted
Vegetable
Spread 660 g
reg 11.29



249



Belevini
Juices 1 L
reg 5.29



Hengstenberg
Knox Pickles
1.5 L
reg 7.99



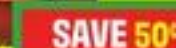
Belevini Mushrooms
440 g
reg 4.49



Tutto Calabria
Hot Honey 180 g
or Nduja
Sausage
Spread 170 mL
reg. 11.99-12.49

SAVE UP TO \$1.50

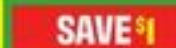
\$10.99



**Benedetto
Passata**
680 mL
reg 2.99



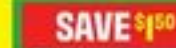
Fine Foods
Filo Pie
11.5 kg
reg 17.79



**Crisp Thin
Crispbread**
175-200 g
reg 4.49



**Marco Polo
Jaffa Cakes**
135 g
reg 2.49



**Loacker
Wafers** 175 g
reg 3.99



**Balconi
Trancetto**
280 g
reg 3.49



**Ritter Sport
Chocolate
Bars**
100 g
reg 4.49

SAVE 50¢
\$3.99



Di Manno
Croissants
300 g or
Savoiardi
Cookies
400 g
reg 4.69-4.99

SAVE UP TO 50%
\$4.49



Balocco Cookies
700 g
reg 5.99

SAVE \$1
\$4.99



**Noblesse
Assorted
Biscuits and
Wafers
300 g**

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Holiday Food Bank Fundraiser

**DONATE
IN-STORE
DEC. 1ST-24TH**

**Your past donation has helped neighbours
access healthy food in our community**

**100% of your donation goes
to our local food bank**



Find your local store



QUICK & EASY DELICIOUS MEALS!



*Made in Canada from Domestic and Imported Ingredients

Skillet Gnocchi
280-500 g
Selected Varieties

\$4⁹⁹



**Fresh Filled Pasta
Twin Pack**
280-500 g
Selected Varieties

\$5⁴⁹

**Skillet Gnocchi
Family Size or
Fresh Filled Pasta**
520-700 g
Selected Varieties

\$8⁹⁹



**Fresh Filled Pasta
Family Twin Pack**
900-1100 g
Selected Varieties

\$10⁹⁹

Fresh Pasta Sauce
160 g or 300 mL
Selected Varieties

\$3⁹⁹



Offer Valid From December 4-10, 2025

GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.♦

APPLY NOW

♦Conditions Apply

