



FamilyFoods

2⁹⁹ Each

Fresh Blackberries or Raspberries

170 g. Product of Mexico/U.S.A.



BUY CANADIAN

7⁹⁹ lb
17.61/kg

Beef Sirloin Tip Roast
Boneless.



Compliments Side Bacon
Select Varieties. 375 g.

4⁹⁹ Each



Pepsi 12 Pack Soft Drinks
Select Varieties. 12 x 355 mL.

7²⁹



Liberte Greek Yogourt or Compliments Orange Juice

Select Varieties. Liberte Yogourt 650 - 750 g. Compliments Orange Juice, Iced Tea or Lemonade. 2.5 Litre.

6⁹⁹



Celery Stalks or Broccoli Crowns

Celery Each. Broccoli Crowns 2.49lb 5.49/kg. Product of Mexico/U.S.A.

2⁴⁹ Each/Lb



Kraft Salad Dressing
Select Varieties. 425 mL.

2⁹⁹



Kraft Dinner Or Cups 58 g.
Select Varieties. 156 - 200 g.

4/\$5



Dempster's Hot Dog or Hamburger Buns
Select Varieties. 12's.

BUY CANADIAN

3⁹⁹



Compliments Ultra Paper Towel
2 Ply. 144 Sheet. 12 Roll.

BUY CANADIAN

20⁹⁹

BUY CANADIAN

Support your Local Grocer!

Sale Prices in Effect	thu	fri	sat	sun	mon	tues	wed
NOV/DEC 2025	27	28	29	30	1	2	3

Open Sundays in select locations only familyfoods.ca

This symbol denotes Plus deposit and/or environmental levies where applicable

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produce



Fresh Apples
Select Varieties.
Product of Canada.

2⁴⁹lb
5.49/kg



**Compliments
Red, Russet or
Yellow Potatoes**
5 lb/2.27 kg.
Product of Canada.

4⁹⁹ Each



Hass Avocados
Product of Mexico.

2/\$4



Navel Oranges
Product of South Africa/Australia.

1⁹⁹lb
4.39/kg



Fresh Brussels Sprouts
Product of Canada.

2⁹⁹lb
6.59/kg



Asparagus
Product of Mexico.

5⁹⁹lb
13.21/kg



Green Onions or Cabbage
Product of Canada/Mexico. Green Onion Each.
Cabbage 99¢lb \$2.18/kg.

99¢ Each/Lb



Green Bell Peppers
Product of Mexico.

2⁴⁹lb
5.49/kg



Roma Tomatoes
Product of Mexico.

2⁴⁹lb
5.49/kg



Compliments Baby Cut Carrots
340 g. Product of Canada.



1⁹⁹ Each



**Compliments Organic Whole
White or Cremini Mushrooms**
227 g. Product of Canada.



2⁹⁹ Each

deli



**Mini Babybel or
Laughing Cow Cheese**
Select Varieties. 102 - 140 g.



4⁹⁹ Each



Compliments Cheese Balls
Select Varieties. 212 g.



7⁹⁹ Each



Compliments Deli Roast Beef
Sliced or Shaved.



2⁴⁹ 100 g



**Marc Angelo
Sliced Italian Meats**
Select Varieties. 100 g.

6⁴⁹ Each

fresh meat



Fresh Split
Chicken Wings

6⁹⁹lb
15.41/kg



Fresh Boneless Skinless
Chicken Thighs

7²⁹lb
16.07/kg



Panache Flattened Chicken
Select Varieties.

5⁹⁹lb
13.21/kg



Fresh Extra Lean Ground Beef
Less Than 10% Fat.
Store may restrict to larger packs.

7⁹⁹lb
17.61/kg



Beef Chuck Simmering
Short Ribs
Bone In. Cut From Canada AA
or Higher.

13⁹⁹lb
30.84/kg



Fresh Pork Loin Combo Chops
Boneless. Butterfly or Regular.

3⁹⁹lb
8.80/kg



Compliments
Lean Ground Pork
454 g.

5⁴⁹Each

packaged meat *



Compliments
Sausages
Select Varieties. 900 g.

10⁷⁹Each



Schneiders Hot Rods
45 g.

2¹⁹Each



Compliments Grilled Strips
Select Varieties. 150 - 200 g.

5⁹⁹Each



Harvest Garlic Sausage Rings
Select Varieties. 300 g.

7²⁹Each



Harvest Wieners
Or Polish Sausage. Select Varieties.
675 g.

9⁹⁹Each



Harvest Sausage Chubs
Select Varieties. 375 g.

7⁴⁹Each



Compliments Ham Slices
375 g.

4⁴⁹Each



Compliments
Goat Cheese
Select Varieties. 113 g.

5⁴⁹Each



Compliments Cheese Slices
Select Varieties. 150 - 170 g.

5⁴⁹Each



Harvest Mini Stix
Select Varieties. 250 g.

7⁹⁹Each

*Excludes Mountain Creek Farms Beef and Pork Products

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chilled & frozen

Kraft Singles Cheese Slices
Select Varieties.
Or Velveeta Slices 410 g.

3⁹⁹



Imperial Margarine
427 g.

3⁴⁹



Gay Lea Spreadables
Select Varieties. 227 g.

5⁴⁹
BUY CANADIAN



Kraft Philadelphia Cream Cheese
Select Varieties. 450 g.

8⁴⁹



Lucerne Sour Cream
Regular or Light. 250 mL.

1⁹⁹
BUY CANADIAN



Compliments Cheese
Select Varieties.
Shredded 620 g. Block 700 g.
Slices 460 - 480 g.

9⁹⁹
BUY CANADIAN



Tropicana Juice Blends or Pure Leaf Beverages
Selected Varieties.
1.36 - 1.75 Litre.

4⁹⁹



Compliments Margarine
Select Varieties. 1.28 - 1.36 kg.

7⁹⁹
BUY CANADIAN



International Delight
Select Varieties. 946 mL.

5⁹⁹



McCain French Fries
Shoestring, Crinkle Cut
or Regular. Frozen. 1.5 kg.

4⁴⁹



Healthy Choice Steamers or Entrees
Or Marie Callender's Bowls.
Select Varieties. 255 - 349 g.
Frozen.

4⁴⁹



Pillsbury Toaster Strudels
Or Toaster Scrambles.
Select Varieties. 204 - 326 g.
Frozen.

3⁴⁹



Bibigo Dumplings
187 g. Frozen.

4⁴⁹



Red Baron Rising Crust Pizza
Select Varieties. 740 - 875 g. Frozen.

7⁹⁹



Alfa Rollini Pastries
Select Varieties. 1 kg. Frozen.

9⁹⁹



Del Monte Sorbet
Or Drumstick Frozen Dessert.
Select Varieties. 946 mL. Frozen.

5⁹⁹



Compliments Ice Cream or Novelties
Select Varieties. 1.5 Litre.
Novelties 450 - 900 mL. Frozen.

4⁹⁹
BUY CANADIAN



meat & seafood

Belmont Burgers
Select Varieties. 852 g.
Frozen.

10⁹⁹
BUY CANADIAN



Sunrise Chicken Cutlets
Or Burgers. Select Varieties.
Frozen. 1 kg.

5⁹⁹
BUY CANADIAN



Schneiders Meat Pies
Select Varieties. 400 g.
Frozen.

6⁹⁹
BUY CANADIAN



Janes Battered Fish
Select Varieties. 450 - 510 g.
Frozen.

8⁹⁹
BUY CANADIAN



Waterview Market Entrees
Select Varieties. 454 g.
Frozen.

8⁹⁹



grocery

Knorr Sidekicks
Select Varieties. 120 - 167 g.

1⁹⁹



Annie's Homegrown Pasta
Or Rice Pasta. Select Varieties.
149 - 170 g.

2⁹⁹



Old El Paso Thick & Chunky Salsa
Or Picante Sauce.
Select Varieties. 650 mL.

4⁹⁹



Old El Paso Dinner Kits
Select Varieties. 250 - 510 g.

4⁹⁹



Heinz Beans or Pasta
Select Varieties. 398 mL.

3/\$5



Compliments Tomatoes
Select Varieties. 796 mL.

1⁷⁹



Pam Cooking Spray
Select Varieties. 113 - 170 g.

4⁹⁹



Compliments Cup of Noodles
Select Varieties. 65 g.

99¢



Compliments Pasta
Select Varieties. 900 g.

2/\$5



Compliments Pasta Sauce
Select Varieties. 650 mL.

3⁹⁹



Minute Rice
Whole Grain Rice 600 g.
Long Grain Rice 700 g.

4⁹⁹



Compliments Soya Sauce
Regular or Less Salt. 450 mL.

1⁹⁹



Clover Leaf Pink Salmon
Select Varieties. 150 - 213 g.

3⁹⁹



Compliments White Albacore Tuna
Select Varieties. 170 g.

2⁴⁹



Compliments Whole Smoked Oysters
Or Mussels. 85 g.

2/\$3



Compliments Flavored Flaked Tuna
Select Varieties. 85 g.

2/\$3



Hunt's Snack Packs
Pudding or Juicy Gels. Select Varieties.
368 - 396 g.

1⁹⁹



Compliments Pure Olive Oil
Extra Light or Light Taste. 1 Litre.

19⁹⁹



Compliments White Vinegar
1 Litre.

2/\$3



Compliments Prepared Mustard
225 mL.

2/\$3

beverages & snacks



Nestle Pure Life Spring Water
Select Varieties. 12 x 500 mL. **3⁹⁹**



Oasis Juices
Or Arizona Iced Tea.
Select Varieties. 8 x 200 mL. **4⁹⁹**



Compliments Fruit Drink
Select Varieties. 2 Litre. **3/\$7**



Powerade Sports Beverages
Select Varieties. 710 mL. **1⁷⁹**



Coca-Cola 6 Pack Soft Drinks
Select Varieties. 6 x 710 mL. **5⁹⁹**



Quaker Crispy Minis or Rice Cakes
Select Varieties. 90 - 199 g. **2/\$6**



Old Dutch Boxed Potato Chips
Select Varieties. 220 g. **2/\$7⁵⁰**



Cheetos Cheese Flavoured Snacks
Select Varieties. 220 - 285 g. **2/\$9⁵⁰**



Doritos Tortilla Chips
Select Varieties. 210 - 280 g. **2/\$9⁵⁰**



Old Dutch Restaurant Tortilla Chips
Select Varieties. 275 - 295 g. Arriba or Dutch Crunch 200 - 245 g. **2/\$8**



Compliments Dry Roasted Peanuts
Select Varieties. 700 g. **4⁹⁹**



Compliments Pub Mix Snack
820 g. **9⁹⁹**



Voortman's Wafers
Select Varieties. 300 g. **2⁷⁹**



Pepperidge Farms Goldfish Crackers
Select Varieties. 156 - 227 g. **3/\$10**



Dare Wagon Wheels or Bear Paws
Select Varieties. Wagon Wheels 630 g. Bear Paws 337 - 480 g. Grissol Melba Toast 350 - 400 g. **5⁹⁹**



Ferrero Chocolate
Select Varieties. 20 - 54 g. **1⁷⁹**



Trident Superpak Gum
Select Varieties. Each **1⁶⁹**



Cadbury King Chocolate Bars
Select Varieties. 66 - 90 g. **2/\$4⁵⁰**



Wrigley's Gum
Excel or Juicy Fruit. Select Varieties. Bottles 40's - 60's, or 3 Packs. **2/\$10**



Compliments Chocolate Nuts
Select Varieties. 350 - 400 g. **8⁹⁹**

household & pet



Best Buy Bathroom Tissue
2 Ply, 363 Sheets, Triple 8 Roll. **6⁹⁹**



Compliments Facial Tissue
Select Varieties. 6 x 81's - 126's. **9⁹⁹**



Compliments Bleach
Ultra Concentrated. 1.27 Litre. **1⁹⁹**



Febreze Air Effects
250 g. Or Air Fresheners. Each. Select Varieties. **3⁹⁹**



Lysol Cleaners
Select Varieties. 600 mL - 1.2 Litre, or 100 - 680 g. **3⁹⁹**

bakery

Lemon Meringue Pie
8 Inch. 638 g.

8⁹⁹



Compliments Brioche Loaf
Original or Chocolate Chip.
500 g.

BUY CANADIAN
5⁹⁹



Oakrun Farm Crumpets
Plain. 6's. 284 g.

2⁹⁹



Compliments Two Bite Bakery Treats
Select Varieties. Brownies, Macaroons or Cinnamon Rolls.
300 - 370 g.

BUY CANADIAN
5⁹⁹



Compliments Butter Croissants
270 g.

BUY CANADIAN
5⁴⁹



Stuyvers Buns
Ciabatta or Portuguese.
Select Varieties. 340 - 400 g.

4⁴⁹



Ste Julie Traditional Fudge
Select Varieties. 180 g.

4⁴⁹



Panache Cheesecake
Select Varieties. 600 g.

11⁹⁹

breakfast

Tropicana Juice Blends or Apple Juice.
Select Varieties. 1.36 - 1.53 Litre.
Excluding Orange Juice. 🌱

4⁹⁹



Nabob Coffee
Select Varieties.
915 - 930 g.

25⁹⁹



Sun-Rype Juices
Or Slim Beverages.
Select Varieties. 1.36 Litre. 🌱

4⁴⁹



Compliments Instant Coffee
Regular 200 g.
Decaffeinated 100 g.

6⁹⁹



Compliments Pancake Mix
Or Syrup 750 mL.
Select Varieties.
Pancake Mix 905 g.

2/\$6



Compliments Instant Oatmeal
Select Varieties. 260 - 344 g.

2/\$5



Compliments Jam
Or Jelly and Marmalade.
Select Varieties. 500 mL.

BUY CANADIAN
4⁹⁹



Quaker Chewy or Dipp's Bars
Select Varieties. 120 - 156 g.

2⁹⁹



General Mills Granola Bars or Fruit Snacks
Select Varieties. 120 - 210 g.

3⁴⁹



Compliments Freezer Bags
Medium or Large. 15's - 20's.

3⁴⁹



Friskies Cat Food
Select Varieties. 156 g.

4/\$5



Compliments Cat Food
Select Varieties.
156 g.

10/\$10



Whiskas Temptations
Select Varieties. 180 g.

3/\$9



Pedigree Dentastix
Select Varieties. 237 - 292 g.

4⁹⁹



FamilyFoods

Meal Inspiration from our Family to Yours!

3⁴⁹
Each

Iceberg Lettuce
Product of Mexico/U.S.A.



3⁴⁹ lb
7.69/kg

**Fresh Pork
Shoulder
Blade Roast**
Bone In.



Johnsonville Sausages
Dinner, Ground or Breakfast Sausages.
Select Varieties. 250 - 500 g.

5⁹⁹
Each



Compliments Muffins
Select Varieties. 400 - 440 g.

6⁴⁹
BUY CANADIAN



Coca-Cola 2 Litre Soft Drinks
Select Varieties. ♻️

2⁶⁹



**Chapman's Premium
Ice Cream or Sorbet**
Or Frozen Yogourt. Select Varieties. 2 Litre.
Novelties 275 - 1440 mL.
No Sugar Added 1 Litre. Frozen.

6⁹⁹
BUY CANADIAN



General Mills Cereal
Select Varieties. 300 - 437 g.

4⁹⁹



Vachon Snack Cakes
Select Varieties. 248 - 336 g.

2/\$7⁵⁰
BUY CANADIAN

Open Sundays in select locations only. familyfoods.ca

British Columbia McMynn's Family Foods, Midway **Alberta** Breton Family Foods, Breton • Castor Family Foods, Castor • Consort Family Foods, Consort • Coronation Family Foods, Coronation • Hanna Family Foods, Hanna • Irricana Family Foods, Irricana • Redcliff Family Foods, Redcliff
Rimbey Family Foods, Rimbey • Siksika Trail Market, Siksika • Trochu Family Foods, Trochu • Village Supermarket, Thorsby **Saskatchewan** Carlyle Family Foods, Carlyle • Leader Family Foods, Leader • Redvers Family Foods, Redvers • Stoughton Meat Market & Family Foods, Stoughton
Wynyard Family Foods, Wynyard **Manitoba** Calderwood's Country Store, Dominion City and Tolstoi • Campbell's, Lac du Bonnet • Cornerview Family Foods, Snow Lake • Cross Lake Family Foods, Cross Lake • Downtown Family Foods, Winnipeg • Lunder Family Foods, Lunder
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