

buy-low foods

LOW PRICES
were hung
by the items
with care.



WOW!

free

when you spend
\$250* or more

Grade A Turkey
Frozen, 5 kg to 7 kg, Limit 1
or pay 1.87/lb
4.12/kg

Stop by this week to
**GOBBLE UP ALL
THE SAVINGS!**



2⁴⁷
lb

**Sugardale
Smoked Ham**
Shank or Butt Portion,
5.45/kg



WOW!
3⁹⁷
ea

Russet Potatoes
Canada, 10 lb Bag

**Taylor Farms
Chopped Salad Kit**
USA, Selected Varieties,
333g or 369g

3⁶⁷
ea



1⁹⁷
ea

Western Family Garlic Baguette
325g



**Kraft Stove Top
Stuffing Mix**
Selected Varieties, 120g

.97
ea

**Ocean Spray
Cranberry
Sauce**
Whole Berry or Jellied,
348mL

1⁶⁷
ea



1⁹⁷
ea

**Western Family
Vegetables**
Selected Varieties,
Frozen, 750g

**Club House
Gravy Mix**
Dry, Selected Varieties,
21g or 25g

.97
ea



Prices effective Thursday to Wednesday, December 11 to 17, 2025. Offers require use of More Rewards Card.
Offers available at Buy-Low Foods Discount Prince George, Grande Prairie & Nanaimo locations only.

BUY LOW. GET MORE FOR LESS!

CANADIAN owned and operated.

BL2

*Offer valid from December 11 to 17, 2025. Spend \$250 or more in store before applicable taxes in a single transaction at Buy-Low Foods Prince George, Grande Prairie or Nanaimo and receive a free Turkey. Some exceptions apply. Valid in store only. See customer service for full offer details.

PRODUCE

SQUEEZE THE SAVINGS

Enjoy fresh... for less.



WOW!

5⁹⁷
ea

Raspberries
or Blackberries,
Mexico, 340g

FRESHER. LOWER.

Get all your favourite produce at low prices. Check out our local & organic options.

Show us
any local
competitor's
flyer and we
will match it!



**Western Family
Veggie Tray**
708g

9⁹⁷
ea



**Christmas Tree
Fruit Tray**
Hand Cut, 1.28kg

14⁹⁷
ea



Carrots
BC, 5 lb Bag

4⁴⁷
ea



3⁴⁷
lb



Green Beans
Canada, 7.65/kg

Mango
Large, Mexico

1⁷⁷
ea



Yellow Onions
3 lb Bag

1⁹⁷
ea



If it's not fresh, we will refund and replace
the product free of charge. See in store for details.

b!
fresh
guarantee
100% refund & replace.

BUY LOW. GET MORE FRESH!



BL2

MEAT

JUICY LOW PRICES

Fresh meats & seafood at the 'leanest' prices.



buy 1 get 1
free

Western Family Meatballs
Selected Varieties, Frozen, 680g



9⁹⁷
ea

Western Family Chicken Wings
Selected Varieties, Frozen, 750g



12⁹⁷
ea **Western Family Butterfly Shrimp**
Crunchy or Coconut, Frozen, 680g

Grimm's Naturally Smoked Sausage
Selected Varieties, 300g

5⁹⁷
ea



10⁹⁷
ea **Western Family Salmon Portions**
Selected Varieties, Frozen, 454g or 800g

DELI & BAKERY

Savings so sweet
you can taste them.

Dempster's 100% Whole Grain Bread
Selected Varieties, 600g

3²⁷
ea



Abigail's Kitchen Homestyle Stuffing
(300g) or Bread Crumbs (400g)

2⁹⁷
ea



11⁹⁷
ea **Bonaparte Brie**
500g



4⁹⁷
ea **Western Family Tzatziki**
454g

Fantino & Mondello Sliced Meats
200g or 100g
Made in Canada

4⁹⁷
ea



BUY LOW. GET MORE FRESH!



BL2

We whisk you some
**MERRY
SAVINGS!**



WOW!
3⁷⁷
ea

Tenderflake Pastry
Selected Varieties, Frozen,
350g or 397g

**Lynch
Mincemeat**
735 mL

9⁹⁷
ea



**E.D. Smith Pie
Filling**
Selected Varieties,
540 mL

4⁴⁷
ea



3⁴⁷
ea

**Kraft Cool
Whip Whipped
Topping**
Frozen, 1 Litre



3⁹⁷
ea

**Western Family
Ice Cream**
Selected Varieties,
1.65 Litres

**Western Family
Real Whipped
Cream**
Selected Varieties, 225g

2⁹⁷
ea



**Ferrero
Chocolate**
Selected Varieties,
100g

5⁴⁷
ea



**HERSHEY'S
KISSES**
candy cane • canne de sucre

4⁶⁷
ea

**Hershey's
Chocolate**
Selected Varieties,
180g



**treat yourself or
someone else**



9⁹⁷
ea

**Toblerone
Chocolate**
Selected Varieties,
360g
WHILE QUANTITIES LAST.

SUGAR, SPICE & SAVINGS SO NICE.

THERE'S JUST SNOW MUCH SAVINGS

for all your holiday
entertaining



WOW!

2⁶⁷
ea

Dare Crackers
or Vinta, Selected
Varieties, 200g



**Mitchell's
Garlic Sausage**
750g

8⁹⁷
ea



**Dr. Oetker
Giuseppe Pizza**
Selected Varieties, Frozen, 501g

4⁹⁷
ea



**Tostitos
Tortilla Chips**
(295g) or
Doritos (235g),
Selected Varieties

3⁴⁷
ea



Philadelphia Dips
Selected Varieties, 227g

3²⁷
ea



**Old Dutch
Potato Chips**
(235g), Also
Ridgies (200g),
Selected Varieties

2⁹⁷
ea



**Western Family
Soft Drink**
Selected Varieties,
2 Litres

.97
ea



Mott's Clamato
or Cocktail, Selected
Varieties, 1.89 Litres

3⁴⁷
ea



**Coca-Cola
Soft Drinks**
Selected Varieties,
20 x 355 mL

10⁹⁷
ea

SAVOUR THE SEASON WITH SAVINGS.

BULK FOODS

BULK UP!

With as much (or as little) as you want.



1.67
100g

Chopped Almonds
Selected Varieties



1.47
100g

Walnuts Halves & Pieces
or Crumbs, Selected Varieties



30% off Lindt Lindor Chocolate Balls
Selected Varieties



30% off Thompson Dried Raisins
or Sultana, Selected Varieties



30% off Cranberries Sliced & Dried
or Whole

\$1 from every McCafé purchase helps support Ronald McDonald House® Canada.*

McCafé Premium Coffee Pods
Selected Varieties, 30's

23.97 ea

McCafé Premium Roast Coffee Pods
Selected Varieties, 12's or 10's

11.97 ea

McCafé Premium Roast Coffee
Selected Varieties, 340g or 300g

12.97 ea

McCafé Premium Roast Coffee Pods
Selected Varieties, 48's

36.97 ea

McCafé Premium Coffee
Selected Varieties, 640g or 875g

26.47 ea

BUY LOW. GET MORE SAVINGS!



BL2

LET US SAVE, LET US SAVE, LET US SAVE.

PANTRY DEALS



**Western Family
Salad Dressing**
Selected Varieties, 475 mL

2⁴⁷
ea



**Western Family
Broth**
Selected Varieties,
946 mL, First 2

.97
ea



**Kellogg's Mini
Wheats Cereal**
Jumbo, Also Selected
Varieties, 1.05 kg

8⁴⁷
ea



**Hellmann's
Mayonnaise**
(445 mL) or Kraft Miracle
Whip (475 mL), Selected
Varieties

4⁴⁷
ea



**Western Family
Dry Pasta**
Selected Varieties, 900g

1⁷⁷
ea



Prego Pasta Sauce
Selected Varieties, 645 mL

2⁹⁷
ea

DRINKS & SNACK SAVINGS



**Western Family
Sparkling Water**
Selected Varieties,
12 x 355 mL

4⁹⁷
ea



**Pepperidge
Farm Goldfish
Crackers**
Selected Varieties,
200g

1⁹⁷
ea



**SunRype 100%
Juice Blend**
(900 mL), Also Arizona
(960 mL), Selected Varieties

1⁶⁷
ea



**Christie Crisps
Bits & Bites**
Selected Varieties, 145g

2⁴⁷
ea



**Sanpellegrino
Italian Sparkling
Drinks**
Selected Varieties, 6 x
330 mL

5⁹⁷
ea



**Dare Ultimate
Cookies**
Selected Varieties, 300g

2⁹⁷
ea



**AD
MATCH**

**Show us any competitor's flyer
and we will match it!**

Some conditions apply. Visit buy-low.com for details.

SAVE TO THE WORLD.

SAVE MORE with our every day low prices **PLUS** Ad Match, Drop Zone, Compare & Save and shopping rewards.

DAIRY & FROZEN



Philadelphia Cream Cheese
Selected Varieties, 250g

3⁹⁷
ea



Cracker Barrel Cheese
Selected Varieties, 600g

8⁴⁷
ea



Liberté Greek Yogourt
Selected Varieties, 750g

6⁴⁷
ea



Pillsbury Pizza Pops
Selected Varieties, Frozen, 760g

5⁹⁷
ea



Becel Margarine
Selected Varieties, 850g

6⁹⁷
ea



Western Family Pie Shells
Frozen, 350g or 380g

2⁹⁷
ea

HOUSEHOLD & PERSONAL CARE



Boost Nutritional Supplement Drinks
Selected Varieties, 6 x 237 mL

11⁹⁷
ea



Glad Cling Wrap
or Press'n Seal, 90 Metres

3⁹⁷
ea



Western Family AA Batteries
or AAA, Selected Varieties, 4's

2⁴⁷
ea



Western Family Supplements
Selected Varieties

20% off



Western Family Ultra Laundry Detergent
Liquid, Selected Varieties, 2.72 Litres

9⁹⁷
ea



Western Family Liquid Hand Soap
Selected Varieties, 1.65 Litres

3⁷⁷
ea

WE'RE SLEIGHING HIGH PRICES.

Fly by our store
and experience a
**WORLD OF
SAVINGS!**



WOW!
4⁹⁷
ea
Fiesta Longanisa
375g



4⁹⁷
ea

Fiesta Pork Tocino
375g



3⁹⁷
ea

**Buenas Ribonettes
Tipas Hopia Ube
or Monggo, 420g**



3⁹⁷
ea

**UFC Canton
Noodle**
454g



7⁹⁷
ea

**Kopiko
Brown Coffee**
30 x 28g



1⁵⁷
ea

Nagaraya Nuts
Selected Varieties,
160g



**Monde
Bread Stix**
130g

.97
ea

**Datu Puti Soy
Sauce & Vinegar**
Value Pack, 2 x 1 Litre

4⁹⁷
ea



Mega Sardines
155g

.87
ea



THERE'S SOY MANY DEALS FOR YOU.