

Shop our *best deals*
this week!

HOTSALE!

MVP

5.99

LB

YOU SAVE

\$3.50

LB

Boneless

BEEF CHUCK ROAST

W/O MVP Card \$9.49 LB

HOTSALE!

MVP

25% OFF

W/O MVP Card Regular Retail

Nature's Promise

All Natural - All Varieties

NATURE'S PROMISE MEAT & SEAFOOD

HOTSALE!

MVP

1.29

LB

Limit 2

Pork

WHOLE BOSTON BUTT

W/O MVP Card \$2.29 LB

HOTSALE!

MVP

7.99

EA

W/O MVP Card \$10.99 EA

31-40 Ct.

16 Oz. Bag - Frozen

FOOD LION RAW SHRIMP PEELED AND DEVEINED TAIL-OFF

HOTSALE!

MVP

YOU SAVE

\$3.58

ON 2

2/\$4

Pint

BLUEBERRIES

W/O MVP Card \$3.79 EA

4 Oz. - Select Varieties

NATURE'S PROMISE GREENHOUSE GROWN SALADS

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$2.99 EA

8 Pack

12 Oz. Bottles or 12 Pack

12 Oz. Cans

Select Varieties

PEPSI PRODUCTS

LIMIT 4 FREE

HOTSALE!

MVP

1.49

EA

W/O MVP Card \$2.99 EA

14 Oz.

FOOD LION MINI CUCUMBERS

HOTSALE!

MVP

59¢

EA

W/O MVP Card \$94 EA

Large

GREEN PEPPERS

HOTSALE!

MVP

59¢

EA

W/O MVP Card \$94 EA

6.88-20 Oz.

Select Varieties

THOMAS BAGELS OR ENTENMANN'S LITTLE BITES MUFFINS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail

Single Item Half Price

13.25-14.25 Oz.

Select Varieties

BETTY CROCKER SUPER MOIST CAKE MIX

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$1.99 EA

28 Oz.

Made Hot In-Store

TRADITIONAL ROTISSERIE CHICKEN

IN THE DELI

HOTSALE!

MVP

4.99

EA

W/O MVP Card \$6.99 EA

5.75-12.4 Oz.

Select Varieties

CHEEZ-IT OR CHEEZ-IT SNAP'D

LIMIT 4 FREE

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.99 EA

Single Item Half Price

6.5-10 Oz.

Select Varieties

CHEETOS OR FRITOS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.49 EA

Single Item Half Price

52 Oz.

Select Varieties

FLORIDA'S NATURAL ORANGE JUICE

HOTSALE!

MVP

2/\$6

W/O MVP Card \$4.49 EA

15 Oz.

Select Varieties

Quarters or Cubes

CHALLENGE OR DANISH CREAMERY BUTTER

QUARTERS

HOTSALE!

MVP

3.99

EA

W/O MVP Card Regular Retail

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

48 Oz.

Select Varieties

BREYERS ICE CREAM

HOT SALE!

MVP

3.49

EA

W/O MVP Card \$5.19 EA

8.4-12.1 Oz.

Select Varieties

QUAKER INSTANT OATMEAL

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.49 EA

4.7-8.7 Oz.

Select Varieties

QUAKER HAMBURGER HELPER

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$2.99 EA

75-110 Oz. Liquid or 32-42 Ct. Paks

Select Varieties

ARM & HAMMER

HOTSALE!

MVP

6.99

EA

W/O MVP Card Regular Retail

PRICED LOW

EVERY DAY

ON ITEMS YOU BUY MOST OFTEN

&

FOOD LION MVP

HOTSALE!

OUR BEST WEEKLY MVP DEALS

MVP

3 DAY

HOTSALE!

FRIDAY - SUNDAY

HOTSALE!

MVP

2.99

EA

W/O MVP Card Regular Retail

7-9 Oz. Pkg.

Select Varieties

OSCAR MAYER DELI FRESH LUNCH MEAT

HOTSALE!

MVP

9¢

EA

W/O MVP Card \$3.49 EA

10-11 Oz. - Select Varieties

POST PEBBLES CEREAL

HOTSALE!

MVP

1.79

EA

W/O MVP Card \$4.89 EA

7-8 Oz. - Select Varieties

TILLAMOOK SLICED OR SHREDDED CHEESE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.29 EA

8.25-18 Oz. - Select Varieties

FRITO LAY PARTY SIZE CHIPS OR SNACKS

HOTSALE!

MVP

2.99

EA

Limit 4

W/O MVP Card \$5.99 EA

20 Oz.

WONDER CLASSIC WHITE ROUND TOP BREAD

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.49 EA

Single Item Half Price

OFF Regular Retail

6 Mega Rolls

CHARMIN 4 Double Rolls

BOUNTY Select Varieties

HOTSALE!

MVP

5.99

EA

W/O MVP Card Regular Retail

18 Oz.

Select Varieties

DUKE'S SQUEEZE MAYONNAISE

HOTSALE!

MVP

4.49

EA

W/O MVP Card \$5.49 EA

1 ZDPH ZDSA ZMBA ZMBT ZMSA ZMWA ZMWK ZPAL ZPHA 12/03/25

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

70 MVP Card Regular Retail





HOT SALE!
MVP

0.99
LB

BEEF T-BONE STEAK

USDA CHOICE

23 Oz. Pkg.
All Varieties

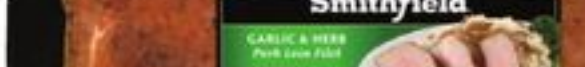
SMITHFIELD
MARINATED
PORK LOIN
FILET



HOT SALE!
MVP

BOGO
FREE

W/O MVP Card Regular Retail
Single Item Half Price



79¢ LB
W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
**FRESH CHICKEN
LEG QUARTERS**

3.49
LB
W/O MVP Card Regular Retail

Assorted, Bone-In
PORK CHOPS

SUSTAINABLY SOURCED SEAFOOD



2 ZDPH ZDSA ZMBA ZMBT ZMSA 12/03/25

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

Rosina
MEATBALLS
Mildly seasoned beef and pork in tomato sauce
— ITALIAN STYLE —

W/O PORK
MADE WITH REAL MEAT
100% BEEF & PORK
NO MSG ADDED
NET WT 5.0Z (141g)

5.49
EA

W/O PORK Card Regular
MVP Coupon
\$5.49
EA
MIN. 100¢ OFF DISCOUNT LIMIT 1



DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$3.49 EA
Single Item Half Price

5 Ct.
TEXAS TOAST



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

12 Ct.
FRUIT BITES



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!
Available in our Deli & Bakery



HOTSALE!
MVP
6.99
EA
W/O MVP Card \$7.99 LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.49 EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA

6 Oz.
Select Varieties
**NEGRONI
ITALIAN
CHUBS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.49 EA

Drums & Thighs
Made Hot In-Store
**4 PIECE
FRIED CHICKEN**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

14-15.8 Oz.
VICOLO PIZZA



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

**FOOD LION
CATERING**
*Make the
holidays easy*
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail



LARGE GARDEN
VEGETABLE
PLATTER



CHICKEN TENDER TRAY



SIGNATURE
SANDWICH PLATTER



LARGE MINI
SANDWICH PLATTER



CHICKEN WING TRAY

SELECT CATERING TRAYS
AND PLATTERS



Place your order
at the deli counter or
scan the QR code
to order online.



*Bring joy
to a family's table when you
buy a holiday box*



**FOOD LION
FEEDS**

November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. feedingamerica.com/feeds

Baked in —————
fresh **flavor!**
Find our recipe on foodli

PRICED LOW ✓ EVERY DAY

MVP PRICED LOW EVERY DAY ✓
289 EA

HOT SALE!
MVP
2/\$5

HOTSALE!
MVP
2/\$4

HOT SALE!
MVP
2/\$5

HOT SALE!
MVP
399
EA

HOT SALE! **399^{EA}**
W/O MYP Card \$4.49 EA

HOT SALE! **89¢** EA
W/O MVP Card \$11.49 EA

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

PRICED LOW EVERY DAY

379 EA

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Mashed Potatoes

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

Fanta Coca-Cola

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

12 Pack - 12 Oz. Cans Select Varieties FOOD LION SODA

PRICED LOW EVERY DAY

449 EA

W/O MVP Card \$2.39 EA

1 Liter Bottle S.PELLEGRINO SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.39 EA

12 Oz. Select Varieties POPPI PREBIOTIC SODA

HOTSALE!

2/\$4

W/O MVP Card \$2.29 EA

6 Pack - 12 Oz. Cans Select Varieties ZEVIA

HOTSALE!

499 EA

W/O MVP Card \$6.49 EA

CAREone®

A FOOD LION private brand

Get relief for less with our brand of affordable healthcare products.

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

HOTSALE!

299 EA

W/O MVP Card \$3.49 EA

4 Oz. Select Varieties CAREONE TUSSIN DM

HOTSALE!

299 EA

W/O MVP Card \$3.49 EA

12 Oz. Select Varieties CAREONE NIGHTTIME COLD & FLU

HOTSALE!

599 EA

W/O MVP Card \$6.99 EA

4 Oz. Select Varieties CAREONE CHILDREN'S COLD & COUGH

HOTSALE!

499 EA

W/O MVP Card \$5.99 EA

24 Ct. Select Varieties CAREONE COLD & FLU SEVERE CAPLETS

HOTSALE!

349 EA

W/O MVP Card \$3.99 EA

3.53 Oz. Select Varieties CAREONE MEDICATED CHEST RUB

HOTSALE!

449 EA

W/O MVP Card \$5.49 EA

1 Ct. Select Varieties CAREONE 8-SECOND DIGITAL THERMOMETER

HOTSALE!

999 EA

W/O MVP Card \$10.99 EA

DAIRY



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
LAND O LAKES
BUTTER OR
MARGARINE



HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.69 EA

14-16.5 Oz.
Select Varieties
NESTLE
TOLL HOUSE
COOKIES



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM AIDES
OR PUNCHES



HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT



HOTSALE!
MVP

2.99
EA

W/O MVP Card \$3.99 EA

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT



HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES



HOTSALE!
MVP

2/\$3
EA

W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
MVP

4.49
EA

W/O MVP Card Regular Retail



FROZEN

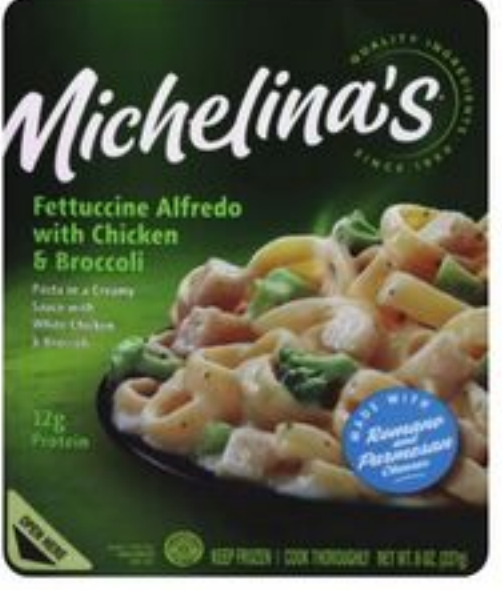


HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES



HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS



PRICED LOW EVERY DAY

2.99
EA

W/O MVP Card \$3.68 EA

10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE



HOTSALE!
MVP

\$1
EA

W/O MVP Card \$1.88 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES



HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS



HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS



HOT SALE!
MVP

5.99
EA

W/O MVP Card \$6.99 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA



HOT SALE!
MVP

4.99
EA

W/O MVP Card \$6.99 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA



HOT SALE!
MVP

7.99
EA

W/O MVP Card \$10.99 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk



HOT SALE!
MVP

3.99
EA

W/O MVP Card \$4.69 EA

48-64 Oz.
Select Varieties
SILK
PROTEIN
OR SOY MILK



HOT SALE!
MVP

4.49
EA

W/O MVP Card \$6.19 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA



HOT SALE!
MVP

5.99
EA

W/O MVP Card \$6.99 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA



HOT SALE!
MVP

7.99
EA

W/O MVP Card \$10.99 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

BREAKFAST



HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
JIM DANDY
QUICK GRITS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL



HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS



HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE



PRICED LOW EVERY DAY

4.28
EA

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP



HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE



HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm VALUE PACK

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

15 Seconds to Instant Dry Lip Relief

Blistex

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No water needed
• No drowsiness, no
hangover, no dry mouth

30 TABLETS • DIETETIC SUGAR FREE

6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



NOT YOUR
MOTHER'S
CURL TALK
DRY SHAMPOO

**CLEAN
TALK**
DRY SHAMPOO
FOR CURLY HAIR

• Cleanses hair without
stripping natural oils
• No sulfates, parabens,
phthalates, or fragrance

12 Oz.
Select Varieties

**CERA
AVE
CLEANSER
OR LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Daily Hydrating
Cleanser

• Contains ceramides and
hyaluronic acid to
hydrate and soothe skin
• Gentle enough for
sensitive skin

12 FL OZ (354 mL)



CeraVe
Daily Hydrating
Lotion

• Contains ceramides and
hyaluronic acid to
hydrate and soothe skin
• Gentle enough for
sensitive skin

12 FL OZ (354 mL)

HOUSE & HOME



FOOD LION
Disinfecting Wipes
KILLS 99.9% OF GERMS
35 WIPES PER BOTTLE

35 CT.
Select Varieties
**FOOD LION
DISINFECTING
WIPES**

HOT SALE!
MVP
1.49
EA

W/O MVP Card \$1.99 EA

HOTSALE! MVP 6⁹⁹ EA W/O MVP Card \$8.99 EA	16 Oz. Select Varieties DAWN POWERWASH HOTSALE! MVP 4⁹⁹ EA W/O MVP Card \$5.59 EA	80-100 Ct. Sheets or 18 Oz. Booster Select Varieties ARM & HAMMER HOTSALE! MVP 2/\$6 W/O MVP Card Regular Retail
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BABY

- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**



HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

17.60 Oz. Select Varieties
CRISO
PASTA
HOTSALE!
1⁹⁹
W/O MVP Card \$2.49 EA

3.7 Oz.
FERRERO ROCHER
CHOCOLATE
SQUARES
ASSORTED
HOTSALE!
4⁴⁹
W/O MVP Card \$5.79 EA

4 Pack - 12 Oz. Cans
Select Varieties
OLIPOPO
PROBIOTIC
SODA
HOTSALE!
6⁹⁹
W/O MVP Card \$8.99 EA

2.3 Ct. - Medium
RUBBERMAID
EASY STORE
ROUND OR
RECTANGLE
CONTAINERS
HOTSALE!
BOGO
FREE
W/O MVP Card \$10.99 EA
Single Item Retail Price

60 Ct.
Select Varieties
BOUNCE
DRYER SHEETS
HOTSALE!
9⁹⁹
W/O MVP Card \$10.99 EA

45 Oz. Select Varieties
BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



VALUE PACK
Blistex
MEDICATED LIP BALM
Smooth, Easy-Gliding Protection
Seals in Moisture To Soothe & Prevent Dry Lips
3 Balm VALUE PACK
Blistex
Blistex

MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

22 Oz. Body Wash Select Varieties
OLAY

24 Oz. Select Varieties
DAWN UNSTOPPABLES

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

22 Oz. Body Wash Select Varieties
OLAY

24 Oz. Select Varieties
DAWN UNSTOPPABLES

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

HOT SALE! 2/\$14
 W/ MVP Card \$7.99 EA

MVP Coupon -5.00 OFF 2

2/\$9
 W/ MVP DISCOUNT SAVINGS LIMIT 1

15.99 EA

MVP Coupon -4.00 OFF 1

11.99 EA
 W/ MVP DISCOUNT SAVINGS LIMIT 1

PRICED LOW EVERY DAY! 19.99 EA
 W/ MVP Card \$24.99 EA

MVP Coupon -5.00 OFF 1

14.99 EA
 W/ MVP DISCOUNT SAVINGS LIMIT 1



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1.99

EA

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2.19

EA

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3.49

EA

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2.69

EA

W/O MVP Card Regular Retail





HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢

EA

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3.99

EA

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢

LB

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3.49

EA

W/O MVP Card Regular Retail



While Supplies Last

9.99

EA

SUGAR PLUM
BOUQUET



HOTSALE!

3.99

LB

W/O MVP Card Regular Retail

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

Find us online:
foodlion.com



Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:



Prices in this ad good at stores conveniently located in these cities:
**Cambridge, Centreville, Denton,
Federalsburg, Millington, Stevensville**

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZMBA 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

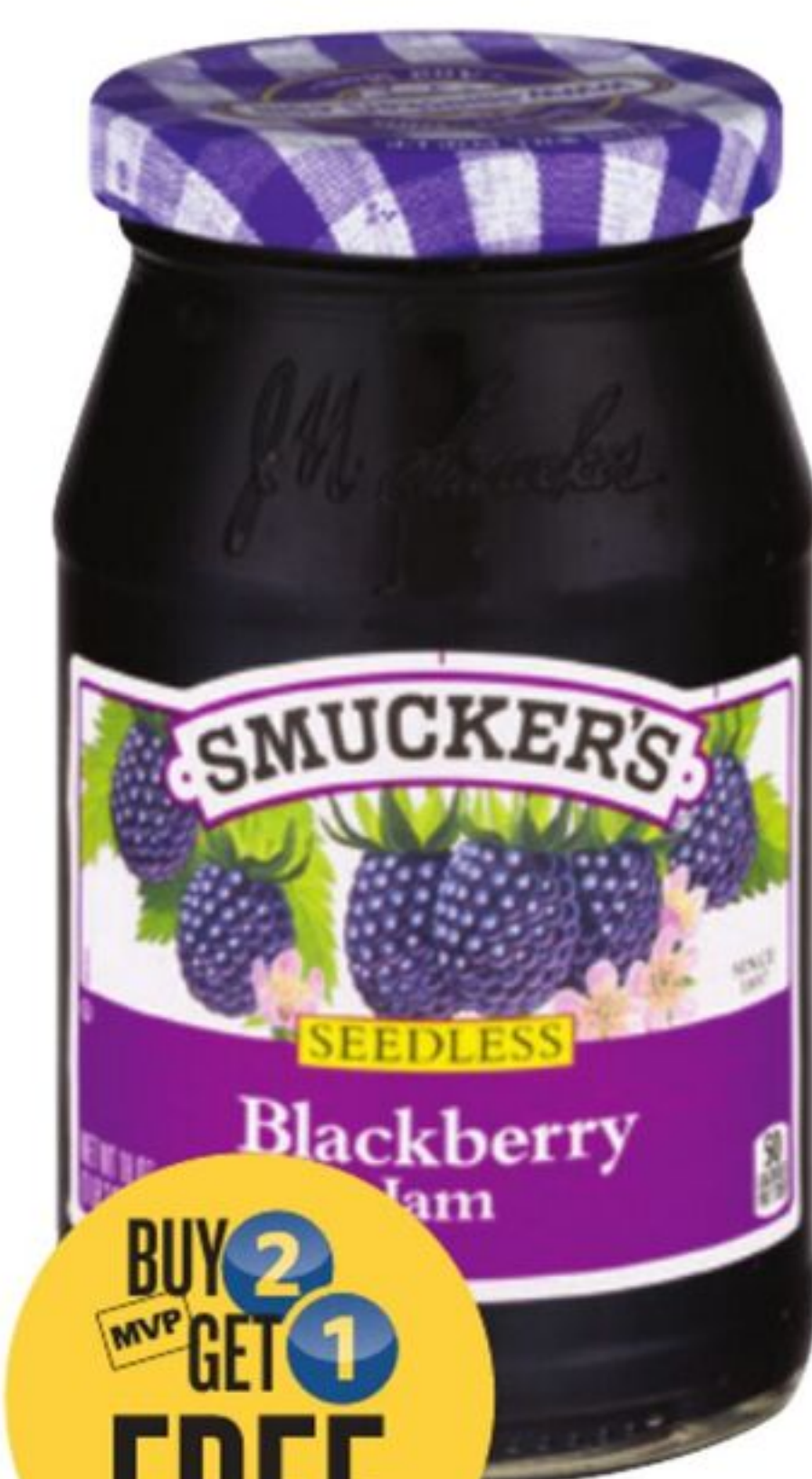
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!