

[illegible]

MEAL DEAL
AVAILABLE ALL WEEK

YOUR CHOICE **11.99**
ea.

16\"
PEPPERONI & CHEESE PIZZA
PIZZA EXTRA GRANDE DE
16 PO AU PEPPERONI &
FROMAGE

12 CHICKEN
TENDERS
12 FILETS
DE POULET

20 CHICKEN BITES
20 BOUCHÉES
DE POULET

PORK
BACK RIBS
CÔTES DE DOS
DE PORC

ASSORTED CALIFORNIA
COMBO OR CALIFORNIA
ROLL LABELY PACK
ROULEAUX CALIFORNIENS
EN COMBO AU CHOIX OU
EN UNSEULE TIGER

STORE MADE
CHAUSSEES
CROISSANTS PRÉPARÉS
EN MAGASIN

\$ New Lower Prices

[illegible]

 Jou's Chicken Tenders with Cheddar Sauce and Baked Beans 7.99 ea.	 Jou's Chicken Tenders with Cheddar Sauce and Baked Beans 7.99 ea.	 Market Street Market Hot Chicken with Cheddar Sauce and Baked Beans 7.99 ea.	 Jou's Chicken Tenders with Cheddar Sauce and Baked Beans 7.99 ea.	 Jou's Chicken Tenders with Cheddar Sauce and Baked Beans 7.99 ea.
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UltraPro
 20g protein
 1g carbs
 1g fat
 100% whey protein
 100% natural flavors
 100% sugar free
 100% gluten free
 100% dairy free
 100% soy free
 100% nut free
 100% egg free
 100% shellfish free
 100% pork free
 100% beef free
 100% lamb free
 100% goat free
 100% chicken free
 100% turkey free
 100% fish free
 100% seafood free
 100% meat free
 100% animal free
 100% plant based
 100% vegan
 100% vegetarian
 100% halal
 100% kosher
 100% organic
 100% non-GMO
 100% gluten free
 100% dairy free
 100% soy free
 100% nut free
 100% egg free
 100% shellfish free
 100% pork free
 100% beef free
 100% lamb free
 100% goat free
 100% chicken free
 100% turkey free
 100% fish free
 100% seafood free
 100% meat free
 100% animal free
 100% plant based
 100% vegan
 100% vegetarian
 100% halal
 100% kosher
 100% organic
 100% non-GMO

Jordana's
 Morning Crisp Cereal
 Golden Oats
 100% whole grain
 100% natural
 100% gluten free
 100% dairy free
 100% soy free
 100% nut free
 100% egg free
 100% shellfish free
 100% pork free
 100% beef free
 100% lamb free
 100% goat free
 100% chicken free
 100% turkey free
 100% fish free
 100% seafood free
 100% meat free
 100% animal free
 100% plant based
 100% vegan
 100% vegetarian
 100% halal
 100% kosher
 100% organic
 100% non-GMO

Kisco Nano
 Baby Wipes
 100% natural
 100% hypoallergenic
 100% fragrance free
 100% alcohol free
 100% parabens free
 100% phthalates free
 100% BPA free
 100% PVC free
 100% latex free
 100% nickel free
 100% chromium free
 100% lead free
 100% mercury free
 100% cadmium free
 100% arsenic free
 100% copper free
 100% zinc free
 100% silver free
 100% gold free
 100% platinum free
 100% palladium free
 100% selenium free
 100% tellurium free
 100% vanadium free
 100% niobium free
 100% molybdenum free
 100% ruthenium free
 100% rhodium free
 100% iridium free
 100% osmium free
 100% platinum free
 100% palladium free
 100% selenium free
 100% tellurium free
 100% vanadium free
 100% niobium free
 100% molybdenum free
 100% ruthenium free
 100% rhodium free
 100% iridium free
 100% osmium free

[illegible]



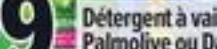
Charmin®
Ultra Soft®
Soft, Gentle, and Sensitive
Soft Toilet Paper
24 Sheets Per Roll

5.99
ea.



Charmin®
FRESH SCENT®
Fragrance of Real Blue
Jasmine
24 Sheets Per Roll

2.99
ea.



Charmin®
Ultra Soft®
Soft Toilet Paper
24 Sheets Per Roll

2.99
ea.



Charmin®
Ultra Soft®
Soft Toilet Paper
24 Sheets Per Roll

2.99
ea.



Charmin®
Ultra Soft®
Soft Toilet Paper
24 Sheets Per Roll

2.99
ea.



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Ultra Soft®
Soft Toilet Paper
24 Sheets Per Roll

2.99
ea.



Charmin®
Ultra Soft®
Soft Toilet Paper
24 Sheets Per Roll

2.99
ea.



Charmin®
Ultra Soft®
Soft Toilet Paper
24 Sheets Per Roll

2.99
ea.

[illegible]

We reserve the right to limit quantities.
DESCRIPTIONS TAKE PRECEDENCE OVER PHOTOS.
 SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES.

We accept Visa, MasterCard and American Express at most stores.

Visit us at: **metro.ca**

Give us your opinion for a chance to **WIN \$1000** in groceries

[illegible]

**BECAUSE
WE'RE
NOT SORRY
FOR CHOOSING
CANADIAN**



**LOOK
FOR THE**



IN-STORE

moi
rewards

SAVE BIG IN THE APP

Add your coupons in the
Metro app today.



NOW
14⁹⁹
ea.
SAVE UP TO
\$3

17⁹⁹*
ea.
OASIS
ASSORTED FLAVOURED
JUICE
40 x 200 ml

THIS WEEK'S DEALS:

Only until January 7, 2026, in-store or online



NOW
4⁹⁹
ea.
SAVE UP TO
\$1.50

6⁹⁹*
ea.
BICK'S
PICKLES
11
SELECTED VARIETIES



NOW
1⁹⁹
ea.
SAVE UP TO
\$1

2⁹⁹
ea.
GOLDFISH
CRACKERS
SELECTED SIZES
SELECTED VARIETIES



NOW
9⁹⁹
ea.
SAVE UP TO
\$3

12⁹⁹
ea.
JANES ULTIMATES
FISH FILLETS
FROZEN, 450 - 500 g
SELECTED VARIETIES



NOW
10⁹⁹
ea.
SAVE UP TO
\$3

13⁹⁹
ea.
IRRÉSISTIBLES
PARMIGIANO REGGIANO
24 MONTHS
200 g



NOW
3⁴⁹
ea.
SAVE UP TO
\$1.50

4⁹⁹*
ea.
HALLS
COUGH DROPS
SELECTED VARIETIES



NOW
3⁹⁹
ea.
SAVE UP TO
\$1.50

5⁹⁹*
ea.
SHOUT
STAIN REMOVER
650 ml

LIMIT ONE REDEMPTION PER CUSTOMER

Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Farm Fresh Produce



4.99
/lb

Sunny Oranges
PRODUIT D'A.S.A.
Agaves Oranges
PRODUIT D'A.S.A.
11.00kg



3.99
ea.

Blackberries
PRODUIT D'A.S.A.
Mars 15
PRODUIT D'A.S.A.



2.49
/lb

Extra Large
Beefsteak Tomatoes
5.40kg
Extra grande tomates
beefsteak
PRODUIT D'A.S.A.
5.40kg



2.99
ea.

Belle Grove White
Mushrooms
275g, 300g, 350g, 400g
Champignons
Belle Grove blancs
PRODUIT D'A.S.A.
275g, 300g, 350g, 400g



2.69
/lb

Large Russet or
Golden Pears
PRODUIT D'A.S.A.
5.00kg
Grandes poires
Russet ou dorées
PRODUIT D'A.S.A.
5.00kg



2.49
/lb

Large Red
Delicious Apples
PRODUIT D'A.S.A.
5.00kg
Grandes pommes
Déliscieuses rouges
PRODUIT D'A.S.A.
5.00kg



1.69
/lb

Sweet Potatoes
PRODUIT D'A.S.A.
5.00kg
Patates douces
PRODUIT D'A.S.A.
5.00kg



2.99
for 5.00

Broccoli Crowns
PRODUIT D'A.S.A.
5.00kg
Cœurs de brocoli
PRODUIT D'A.S.A.
5.00kg



6.99
/lb

Jumbo Cherries
PRODUIT D'A.S.A.
15.00kg
Cerises jumbo
PRODUIT D'A.S.A.
15.00kg



4.99
ea.

Meyer Lemons
PRODUIT D'A.S.A.
15.00kg
Citrons Meyer
PRODUIT D'A.S.A.
15.00kg



3.99
ea.

Angel Sweet or
One Sweet Cuddling
Tomatoes
PRODUIT D'A.S.A.
15.00kg
Tomates
Angel Sweet ou
One Sweet pour
cuddling
PRODUIT D'A.S.A.
15.00kg



3.88
ea.

Good Leaf
Microgreens
PRODUIT D'A.S.A.
15.00kg
Microgreens
Good Leaf
PRODUIT D'A.S.A.
15.00kg



5.99
ea.

Candies Navel
Oranges
PRODUIT D'A.S.A.
15.00kg
Oranges navel
PRODUIT D'A.S.A.
15.00kg



3.99
ea.

Limes
PRODUIT D'A.S.A.
15.00kg
Citrons verts
PRODUIT D'A.S.A.
15.00kg



2.99
ea.

Sweet Russet
Carrots
PRODUIT D'A.S.A.
15.00kg
Carottes suaves
PRODUIT D'A.S.A.
15.00kg



3.99
ea.

Russet Potatoes
PRODUIT D'A.S.A.
15.00kg
Pommes de terre
Russet
PRODUIT D'A.S.A.
15.00kg



4.99
ea.

POM Pommes de terre
PRODUIT D'A.S.A.
15.00kg
Pommes de terre
PRODUIT D'A.S.A.
15.00kg



2.99
ea.

Tofu
PRODUIT D'A.S.A.
15.00kg
Tofu
PRODUIT D'A.S.A.
15.00kg



5.99
ea.

Harvest Veggie
Strips
PRODUIT D'A.S.A.
15.00kg
Spirales de légumes
PRODUIT D'A.S.A.
15.00kg



12.00
or 6.49 ea.

Cajun Chicken
PRODUIT D'A.S.A.
15.00kg
Poulet Cajun
PRODUIT D'A.S.A.
15.00kg



5.99
ea.

Attitude Organic
Salad
PRODUIT D'A.S.A.
15.00kg
Salade
Attitude
PRODUIT D'A.S.A.
15.00kg



4.99
ea.

Organic Campari
PRODUIT D'A.S.A.
15.00kg
Campari
PRODUIT D'A.S.A.
15.00kg



9.99
ea.

Tonica Organic
PRODUIT D'A.S.A.
15.00kg
Tonica
PRODUIT D'A.S.A.
15.00kg



5.49
ea.

Attitude Organic
Salad
PRODUIT D'A.S.A.
15.00kg
Salade
Attitude
PRODUIT D'A.S.A.
15.00kg



4.99
ea.

Organic Campari
PRODUIT D'A.S.A.
15.00kg
Campari
PRODUIT D'A.S.A.
15.00kg



9.99
ea.

Tonica Organic
PRODUIT D'A.S.A.
15.00kg
Tonica
PRODUIT D'A.S.A.
15.00kg



6.99
ea.

Store Made
Super Potato
PRODUIT D'A.S.A.
15.00kg
Potato
PRODUIT D'A.S.A.
15.00kg



4.79
ea.

Store Made
Small Salads
PRODUIT D'A.S.A.
15.00kg
Petites salades
PRODUIT D'A.S.A.
15.00kg



5.49
ea.

Store Made
Smoothies
PRODUIT D'A.S.A.
15.00kg
Boites smoothies
PRODUIT D'A.S.A.
15.00kg



4.99
ea.

Store Made
Pineapples
PRODUIT D'A.S.A.
15.00kg
Ananas
PRODUIT D'A.S.A.
15.00kg



19.99
ea.

Tropical Plant
PRODUIT D'A.S.A.
15.00kg
Plante tropicale
PRODUIT D'A.S.A.
15.00kg



12.99
ea.

Mini Garden
PRODUIT D'A.S.A.
15.00kg
Mini garden
PRODUIT D'A.S.A.
15.00kg

Our Butcher's Finest

Wool Label Chops
2x2.5kg
Côtelettes
de bœuf de veau
2x2.5kg

10⁹⁹
/lb

Beef Tenderloin
Roast or Steak
2.5kg
Bœuf au rôti de
tendron de bœuf
2.5kg

25⁹⁹
/lb

Fresh Pork Side Rib
3.85kg
Côte de porc de porc
3.85kg

3⁹⁹
/lb

Red Grill Beef Short Rib
22.05kg
Côte de bœuf de bœuf
22.05kg

9⁹⁹
/lb

Fresh Pork Butch
13.25kg
Panc de porc
13.25kg

5⁹⁹
/lb

Platinum Grill
Angus Line
Grand Chuck
22.05kg
Bœuf de platte
Rouge Grill
22.05kg

9⁹⁹
/lb

French Lamb
Back Rib Style
4.5kg
Côte de agneau
de porc de porc
4.5kg

19⁹⁹
/lb

Red Grill Whole Beef Brisket Top Pack
12.05kg
Panc de porc de porc
12.05kg

7⁹⁹
/lb

I earn with moi rewards

Selection
Chicken Breast
1.5kg
Poulet de poulet
1.5kg

5⁹⁹
ea.

Selection
Corn Beef
1.5kg
Côte de porc
1.5kg

11⁹⁹
ea.

Selection
Alouette
1.5kg
Alouette de poulet
1.5kg

12⁹⁹
ea.

1KG
Bacon
1.5kg
Bacon
1.5kg

13⁹⁹
ea.

Irresistible
Pork Side Rib
1.5kg
Côte de porc
1.5kg

5⁹⁹
ea.

Irresistible
Pasta Entree
1.5kg
Bœuf de porc
1.5kg

9⁹⁹
ea.

Irresistible
Pasta Entree
1.5kg
Bœuf de porc
1.5kg

9⁹⁹
ea.

Irresistible
Pasta Entree
1.5kg
Bœuf de porc
1.5kg

9⁹⁹
ea.

Irresistible
Pasta Entree
1.5kg
Bœuf de porc
1.5kg

12⁹⁹
ea.

Meal Ideas

Irresistible
Beef & Cheese
Dipping Bites
1.5kg
Bœuf de porc
1.5kg

6⁹⁹
ea.

Irresistible
Beef & Cheese
Dipping Bites
1.5kg
Bœuf de porc
1.5kg

10⁹⁹
ea.

Irresistible
Beef & Cheese
Dipping Bites
1.5kg
Bœuf de porc
1.5kg

14⁹⁹
ea.

Irresistible
Beef & Cheese
Dipping Bites
1.5kg
Bœuf de porc
1.5kg

11⁹⁹
ea.

Irresistible

Irresistible
Beef & Cheese
Dipping Bites
1.5kg
Bœuf de porc
1.5kg

5⁹⁹
ea.

Irresistible
Beef & Cheese
Dipping Bites
1.5kg
Bœuf de porc
1.5kg

8⁹⁹
ea.

Irresistible
Beef & Cheese
Dipping Bites
1.5kg
Bœuf de porc
1.5kg

9⁹⁹
ea.

Irresistible
Beef & Cheese
Dipping Bites
1.5kg
Bœuf de porc
1.5kg

12⁹⁹
ea.

Baked in my Metro

4.99 ea.

Front Street Bakery
Fruit Bites
100 g (3.5 oz)
Bavarois aux fruits
Front Street Bakery
100 g (3.5 oz)

5.99 ea.

Front Street Bakery
Tanglers
100 g (3.5 oz)
Chapeaux
Front Street Bakery
100 g (3.5 oz)

4.99 ea.

Front Street Bakery
Scenes
100 g (3.5 oz)
Scenes Front Street Bakery
100 g (3.5 oz)

4.99 ea.

Front Street Bakery
Mist Croissants
100 g (3.5 oz)
Mist croissants
Front Street Bakery
100 g (3.5 oz)

4.49 ea.

Front Street Bakery
Sole Bread
100 g (3.5 oz)
Pain de sole
Front Street Bakery
100 g (3.5 oz)

4.49 ea.

Front Street Bakery
Small Knead Rolls
100 g (3.5 oz)
Petites croûtes à la main
Front Street Bakery
100 g (3.5 oz)

8.49 ea.

Little Northern
Bakehouse
White Bread
100 g (3.5 oz)
Pain blanc
Front Street Bakery
100 g (3.5 oz)

6.99 ea.

Front Street Bakery
Bread
100 g (3.5 oz)
Pain
Front Street Bakery
100 g (3.5 oz)

125 points

Front Street Bakery
Hull Cakes
100 g (3.5 oz)
Moules de gâteaux Front Street Bakery
100 g (3.5 oz)

100 points

Front Street Bakery
Mist Cake
100 g (3.5 oz)
Mist cake
Front Street Bakery
100 g (3.5 oz)

2.69 ea.

Front Street Bakery
Cupcakes
100 g (3.5 oz)
Cupcakes
Front Street Bakery
100 g (3.5 oz)

3.99 ea.

Front Street Bakery
Savannah Bread
100 g (3.5 oz)
Pain de Savannah
Front Street Bakery
100 g (3.5 oz)

5.99 ea.

Front Street Bakery
Savannah Bread
100 g (3.5 oz)
Pain de Savannah
Front Street Bakery
100 g (3.5 oz)

25 points

Front Street Bakery
Stone Mill
100 g (3.5 oz)
Pain de Stone Mill
Front Street Bakery
100 g (3.5 oz)

30 points

Front Street Bakery
Weight Watchers
100 g (3.5 oz)
Pain de Weight Watchers
Front Street Bakery
100 g (3.5 oz)

Deli Favourites

2.99 /100 g

Maple Lodge
Chicken Breast
100 g (3.5 oz)
Poulet de Maple Lodge
100 g (3.5 oz)

2.99 /100 g

Lafleur
Extra Lean Cooked Ham
100 g (3.5 oz)
Pâté de porc
100 g (3.5 oz)

3.49 /100 g

Eric Moule
Roast Beef
100 g (3.5 oz)
Bœuf rôti
100 g (3.5 oz)

4.49 /100 g

Cathedral City
Smoked Ham
100 g (3.5 oz)
Pâté de porc
100 g (3.5 oz)

2.29 ea.

Budding Sliced Deli Meat
100 g (3.5 oz)
Charcuterie Budding
100 g (3.5 oz)

5.49 ea.

Pizzeria
Sliced Deli Meat
100 g (3.5 oz)
Charcuterie Pizzeria
100 g (3.5 oz)

5.99 ea.

Pizzeria
Sliced Deli Meat
100 g (3.5 oz)
Charcuterie Pizzeria
100 g (3.5 oz)

7.99 ea.

Cavallotti
Sliced Deli Meat
100 g (3.5 oz)
Charcuterie Cavallotti
100 g (3.5 oz)

9.99 ea.

Black Forest
Sliced Deli Meat
100 g (3.5 oz)
Charcuterie Black Forest
100 g (3.5 oz)

4.99 ea.

Black Forest
Sliced Deli Meat
100 g (3.5 oz)
Charcuterie Black Forest
100 g (3.5 oz)

8.49 ea.

Black Forest
Sliced Deli Meat
100 g (3.5 oz)
Charcuterie Black Forest
100 g (3.5 oz)

BUY MORE SAVE MORE!

ALL THE ESSENTIALS YOU NEED AT BETTER VALUE

2.99 /100 g

President French Emmental
100 g (3.5 oz)
Emmental President
100 g (3.5 oz)

2.99 /100 g

Président French Emmental
100 g (3.5 oz)
Emmental Président
100 g (3.5 oz)

3.99 /100 g

Président French Emmental
100 g (3.5 oz)
Emmental Président
100 g (3.5 oz)

4.29 /100 g

Président French Emmental
100 g (3.5 oz)
Emmental Président
100 g (3.5 oz)

Seafood



i earn with **moi** rewards



Snacks & Beverages



FREE SAME-DAY PICKUP SAME FLYER PRICES AND DEALS ONLINE

metro.ca

Shop Offer

*Certain conditions apply.

Minimum purchase of \$75 (before taxes) required. Details on metro.ca

\$25

OFF

**your first
3 online orders***

**SAME PRICES
& FLYER DEALS
AS IN-STORE**



More Great Savings



8.49
ea.

iögo
Léger Multi-Grain
100% Céréales
Préemballé
Préemballé multiple
6.8 L (23.2 oz) / 100% CÉRÉALES



5.99
ea.

OLYMPIC
KREMA
Olympic Original or
Arôme Yogourt 100 g
100% CÉRÉALES
Yogurt ou Kéfir
6.8 L (23.2 oz) / 100% CÉRÉALES



3.99
ea.

Liberte
Liberte Greek 4.5 L (15.3 oz)
Méditerranéenne / Original
Yogurt / Liberte grec
Yogurt / Méditerranéenne



5.99
ea.

Post Cereal
Shreddies
100% CÉRÉALES
Céréales Post
6.8 L (23.2 oz) / 100% CÉRÉALES



14.99
ea.

McCafe
Mocha Coffee Capsules
12 x 1.5 g
Café McCafe en capsules
Café McCafe en grains
2 x 100 g / 2 x 3.5 oz



6.49
ea.

Granulation
Mocha Caramel
100% CÉRÉALES
Café McCafe en grains
Café McCafe en grains
2 x 100 g / 2 x 3.5 oz



4.99
ea.

Pearl Milling
Pearl Milling
100% CÉRÉALES
Pearl Milling
Pearl Milling
2 x 100 g / 2 x 3.5 oz



4.99
ea.

The Stelle
The Stelle Cream Cheese
100% CÉRÉALES
Fromage à la crème
The Stelle
2 x 100 g / 2 x 3.5 oz



4.49
ea.

Gay Lea
Sour Cream
100% CÉRÉALES
Sour Cream
Sour Cream
2 x 100 g / 2 x 3.5 oz



2.49
ea.

Gay Lea
Cottage Cheese
100% CÉRÉALES
Cottage Cheese
Cottage Cheese
2 x 100 g / 2 x 3.5 oz



2.49
ea.

Knorr
Salad Kit
100% CÉRÉALES
Salad Kit
Salad Kit
2 x 100 g / 2 x 3.5 oz



3.49
ea.

Minute
Minute Rice
100% CÉRÉALES
Minute Rice
Minute Rice
2 x 100 g / 2 x 3.5 oz



2.99
ea.

Campbell's
Campbell's Soup
100% CÉRÉALES
Campbell's Soup
Campbell's Soup
2 x 100 g / 2 x 3.5 oz



2.49
ea.

Campbell's
Campbell's Soup
100% CÉRÉALES
Campbell's Soup
Campbell's Soup
2 x 100 g / 2 x 3.5 oz



3.49
ea.

Campbell's
Campbell's Soup
100% CÉRÉALES
Campbell's Soup
Campbell's Soup
2 x 100 g / 2 x 3.5 oz



3.49
ea.

Campbell's
Campbell's Soup
100% CÉRÉALES
Campbell's Soup
Campbell's Soup
2 x 100 g / 2 x 3.5 oz



2.49
ea.

Borden's
Pasta Sauce
100% CÉRÉALES
Pasta Sauce
Pasta Sauce
2 x 100 g / 2 x 3.5 oz



4.99
ea.

Borden's
Pasta Sauce
100% CÉRÉALES
Pasta Sauce
Pasta Sauce
2 x 100 g / 2 x 3.5 oz



6.99
ea.

Borden's
Pasta Sauce
100% CÉRÉALES
Pasta Sauce
Pasta Sauce
2 x 100 g / 2 x 3.5 oz



4.99
ea.

Borden's
Pasta Sauce
100% CÉRÉALES
Pasta Sauce
Pasta Sauce
2 x 100 g / 2 x 3.5 oz

Low Price Every Day



4.99
ea.

Selection
Peanut Butter
100% CÉRÉALES
Peanut Butter
Peanut Butter
2 x 100 g / 2 x 3.5 oz



4.99
ea.

Selection
Cottage Cheese
100% CÉRÉALES
Cottage Cheese
Cottage Cheese
2 x 100 g / 2 x 3.5 oz



2.99
ea.

Selection
Quaker Oats
100% CÉRÉALES
Quaker Oats
Quaker Oats
2 x 100 g / 2 x 3.5 oz



4.99
ea.

Selection
Post Cereal
100% CÉRÉALES
Post Cereal
Post Cereal
2 x 100 g / 2 x 3.5 oz



1.49
ea.

Selection
Assorted Beans
100% CÉRÉALES
Assorted Beans
Assorted Beans
2 x 100 g / 2 x 3.5 oz



4.99
ea.

Selection
Assorted Beans
100% CÉRÉALES
Assorted Beans
Assorted Beans
2 x 100 g / 2 x 3.5 oz



2.49
ea.

Selection
Assorted Beans
100% CÉRÉALES
Assorted Beans
Assorted Beans
2 x 100 g / 2 x 3.5 oz



2.99
ea.

Selection
Assorted Beans
100% CÉRÉALES
Assorted Beans
Assorted Beans
2 x 100 g / 2 x 3.5 oz



1.99
ea.

Selection
Assorted Beans
100% CÉRÉALES
Assorted Beans
Assorted Beans
2 x 100 g / 2 x 3.5 oz



2.49
ea.

Selection
Assorted Beans
100% CÉRÉALES
Assorted Beans
Assorted Beans
2 x 100 g / 2 x 3.5 oz



1.99
ea.

Selection
Assorted Beans
100% CÉRÉALES
Assorted Beans
Assorted Beans
2 x 100 g / 2 x 3.5 oz



2.99
ea.

Selection
Assorted Beans
100% CÉRÉALES
Assorted Beans
Assorted Beans
2 x 100 g / 2 x 3.5 oz

2026:
START SMART
Great picks for you & your home.



Made from natural ingredients, low calorie + gluten free.

2⁹⁹ ea. CLEVER MOCKTAILS NOW ALCOHOLIC BEVERAGES 355 ml SELECTED VARIETIES

2⁹⁹ ea. SOBER CARPENTER IPA 330 ml SELECTED VARIETIES

6⁹⁹ ea. GATORADE ZERO SPORTS DRINK POWDER 300 ml SELECTED VARIETIES

4⁴⁹ ea. RYVITA CRACKERS 125 - 200g SELECTED VARIETIES

4⁴⁹ ea. RYVITA Sesame Rye 125 - 200g SELECTED VARIETIES

26⁹⁹ ea. BRITA WATER PITCHER OR REPLACEMENT FILTER 1-3 m SELECTED VARIETIES

5⁹⁹ ea. BLUE DIAMOND ALMONDS 500 g SELECTED VARIETIES

13⁹⁹ ea. EVIAN NATURAL SPRING WATER 6 x 1 L

6⁹⁹ ea. NATURE CLEAN LAUNDRY DETERGENT SHEETS 32 ea. SELECTED VARIETIES

15⁹⁹ ea. TRU EARTH LAUNDRY DETERGENT SHEETS 32 ea. SELECTED VARIETIES

moi rewards



join today and save

Certain conditions apply,
see moirewards.ca for conditions.
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WONG WING
General Tao Chicken
 Poulet Général Tao
 400 g
 2 Servings / Portions

WONG WING
Fried Rice
 Riz frit
 500 g
 4 Servings / Portions

WONG WING
Honey Garlic Pork
 Porc miel et ail
 400 g
 2 Servings / Portions

6⁸⁸
ea.

WONG WING
ENTREES
 FROZEN, 360 - 680 g
 SELECTED VARIETIES

BEYOND MEAT®

BEYOND BEEF
 PLANT-BASED GROUND
 SIMILAR TO BEEF
 À BASE DE PLANTES
 28% AVOCADO OIL / HUILE D'AVOCAD
 75% PLANT-BASED
 18g
 NET 340 g

BEYOND SAUSAGE
 PLANT-BASED LINKS
 SAUCISSES À BASE DE PLANTES
 HOT ITALIAN / ITALIENNES ÉPICÉES
 19g
 NET 400 g

BEYOND STEAK
 PLANT-BASED SEARED TIPS
 SAISIES À BASE DE PLANTES
 ORIGINAL
 24g
 NET 226 g

BEYOND BOWLS
 PLANT-BASED
 À BASE DE PLANTES
 Fajita
 23g
 NET 241 g

7⁹⁹
ea.

BEYOND
PLANT-BASED
GROUND OR SAUSAGES
 340 - 400 g
 SELECTED VARIETIES

4⁹⁹
ea.

BEYOND
PLANT-BASED BOWLS
 FROZEN, 226 - 241 g
 SELECTED VARIETIES

The Omega-3 Eggs Canadians Love and Trust



Available
in packs of
12 or 18
eggs



Naturegg® and EGGS2go!® Omega 3 eggs
are delicious, convenient, and packed with
essential DHA omega-3. Support your heart,
brain, and eye health, one egg at a time!

*VOTED MOST TRUSTED EGG BRAND BY CANADIAN SHOPPERS BASED ON THE BRANDSPARK® CANADIAN TRUST STUDY, 2020 TO 2025.

