



SPROUTS[®]
FARMERS MARKET



THE **BEST** HOLIDAY MAIN COURSES & MEALS,

ACCORDING TO EVERY LAST BITE.



PRE ORDER



SPROUTS
FARMERS MARKET

The BERRY BEST for ORGANIC Bakes!

Organic
Blackberries 5.6oz.,
Blueberries 11oz.
or Raspberries 6oz.

USDA
ORGANIC

BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Premium Angus
Boneless Beef
New York Steak

U.S.D.A.
CHOICE
BEEF



\$12.99 /LB.

Value pack

PREMIUM, pan-Seared perfection!

Organic
Medium Hass Avocados
5ct. Bag

USDA
ORGANIC



\$5.98 /EA.

Organic
Honeycrisp Apples

USDA
ORGANIC



\$2.98 /LB.

Taylor Farms
Chopped Salad Kits

Select varieties,
10.65-13.2 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts Organic
Pasture-Raised Butter
Select varieties, 16 oz.

USDA
ORGANIC



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Happy Egg Organic
Free-Range Eggs
Large, brown, grade A, doz.

USDA
ORGANIC



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Siete Cookies,
Tortilla or Kettle Chips
Select varieties,
4.5-5.5 oz.

GF



2 FOR \$7

**Sprouts
Frozen Fish Fillets**

Select varieties,
16-32 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

**Sprouts Boneless Skinless
Chicken Breasts**

Air-chilled, no added
hormones or steroids!



NO
ANTIBIOTICS,
EVER

Discount taken
at register

**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Value pack

**Premium Angus
Boneless Beef
Rump Roast**



\$6.99 /LB.

**Sprouts Marinated
Chicken Wings**

Air-chilled, prepared
fresh in-store daily, select
varieties



NO
ANTIBIOTICS,
EVER

\$4.99 /LB.
Available in the service case

**Thomas Farms
100% Grass-Fed
Ground Lamb**

Fresh free range, raised without
antibiotics or added hormones,
16 oz.

NO
ANTIBIOTICS,
EVER



\$9.99 /EA.

**True Story Organic
Grass-Fed Uncured Beef Hot Dogs**

Beef raised humanely, all-natural,
sugar-free, 10 oz.



\$6.99 /EA.

**Beyond Meat Plant-Based
Breakfast Sausage, Sun Sausage
or Dinner Sausage Links**

Frozen, select varieties, 7.4-14 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

**Fresh Atlantic
Marinated Salmon Portions**

Farm-raised, select varieties, 6 oz.



\$6.99 /EA.

**Colossal Raw
Peeled and Deveined
Grilling Shrimp**

16/20 ct. Farm-raised,
previously frozen



\$10.99 /LB.
Also available in a 2 lb. bag

**Wild North Atlantic
Colossal Sea Scallops**

U-15, previously frozen

WILD CAUGHT
FAVORITE



\$19.99 /LB.
Also available in a 2 lb. bag

Sprouts Fresh Baked Butter Croissants

Nothing but butter, chocolate or mini, 3-6 pk.



20% OFF
regular retail

Milton's Frozen Cauliflower Crust Pizza or Urban Pie Frozen Roman Style Pinzza

Select varieties, 10-16.35 oz.



\$9.99 /EA.

Simple Mills

All Items



20% OFF
regular retail

Organic Bulk Nuts

Select varieties



20% OFF
regular retail

Bulk Snack Mixes

Select varieties



15% OFF
regular retail

illy Packaged Coffee

Select varieties, 8.8 oz.



\$15.99 /EA.

Nature's Way Seasonal Wellness

Select varieties and sizes



15% OFF
regular retail

Halos Organic
Seedless Mandarins
3lb. Bag



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Navel Oranges
3lb. Bag



\$4.98 /EA.

Organic
Red Mangos



3 FOR \$5

POM Wonderful
Pomegranates



2 FOR \$5

Driscoll's
Sweetest Batch
Blueberries 11oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Mighties Organic Red
Kiwi 1lb. Package



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sunset
Sugar Bomb or Flavor Bomb
Cherry Tomatoes
12oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts
Salad Blends
Select varieties,
5-10 oz.



\$2.98 /EA.

Organic
Red, Orange or
Gold Bell Peppers



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Red or Yellow
Onions



4 LBS. FOR \$5

Organic
Golden Beet
Bunches



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Bunched Broccoli



\$2.48 /LB.

THE BEST IN FRESH PRODUCE

According to nature.

PEAK
SEASON

DECEMBER EDITION



LEARN MORE

**Antonina's Gluten-Free Bakery
Muffins**

Select varieties, 4 pk.



GF

20% OFF
regular retail

**Simple Joys Bakery
Sliced Cake**

Select varieties, 14.1 oz.



20% OFF
regular retail



**FRESH, FUN
& HASSLE-FREE**



Celebrate the easy way with
artfully arranged party trays

ORDER NOW

**Sprouts
Frozen Chicken Tenders,
Nuggets or Buffalo-Style Bites**

Select varieties, 20 oz.



GF

\$8.99/EA.

**Rao's Made For Home
Frozen Brick Oven Crust Pizza
or Family Size Entrées**

Select varieties,
18.3-27 oz.



\$9.99/EA.

**Strong Roots
Frozen Vegetable
Hash Browns or Fries**

Select varieties,
13.22 or 15 oz.



GF

**BUY ONE. GET ONE
FREE**
of equal or lesser value

**Sprouts Frozen
Chocolate or Pistachio
Gelato Bombs**

2 pk.



\$6.99/EA.

Symphony White Tie Raw Milk Cheddar Cheese

Select varieties, 6 oz.



2 FOR \$15

Vicolo or Roma Vicolo Pizzetta or Pizza

Select varieties, 9.25-15.75 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Snack Factory Pretzel Crisps

Select varieties,
5.5-14 oz.



\$5.99 /EA.

Milton's Baked Crackers

Select varieties, 4.5 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Panera Bread Soup

Select varieties,
16 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Better Beet Salad with Balsamic Dressing



\$10.99 /LB.
Everyday low price

**NEW FOR YOU
EXCLUSIVELY
AT SPROUTS**

Comvita Raw Mānuka Honey

Select varieties, 12.5 oz.



10% OFF
regular retail

Tonnino Jarred Salmon or Tuna

Select varieties,
6.3 or 6.7 oz.



\$7.99 /EA.

Prima Cookie Dough Protein Bar

2 oz.



\$3.69 /EA.
Everyday low price

Enjoy Life Baking Chips or Wholesome Sugars

Select varieties, 9-26 oz.



Zevia Soda

Select varieties, 12 pk., 12 fl. oz.



Beyond Good or Endangered Species Chocolate Bars

Select varieties, 2.64 or 3 oz.



San Pellegrino Sparkling Mineral Water or Acqua Panna Natural Spring Water

25.3 or 33.8 fl. oz.



Jonesbar or Clif Kid Nutrition Bars

Select varieties, 1.7-15.24 oz.



Kettle Brand Potato Chips

Select varieties, 7.5 oz.



Rao's Homemade Sauce, Soup or Pasta

Select varieties, 12.3-24 oz.



Zoup!

All Items





Sprouts
Organic Dried Fruit
Select varieties, 12 oz.



RAISIN
THE BAR ON
SNACK
TIME!

BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

BULK. YOUR WAY
BY THE SCOOP OR READY-TO-ROLL



Natural Gummi Bears
or Worms or Vegan
Orchard Fruit Mix
Select varieties

\$6.99 /LB.

Albanese
Packaged
Chocolates
Select varieties,
7-8 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value



Sprouts Dates
Select varieties, 12 oz.

SLEIGH & SAVE

BUY ONE, GET ONE

50% OFF

Holiday Gifts & Body Care

December 3rd-9th

SHOP NOW



**Regular retail.
Of equal or lesser value.
Select items only.
Product selection & availability
may vary by store.

HumanN Superbeets

Select varieties and sizes



25% OFF
regular retail

New Chapter Best Selling Supplements

Select varieties, 24-240 count



20% OFF
regular retail

PURE & HONEST BODY CARE

Shop better-for-you
body care essentials

Natrol Sleep Support

Select varieties, 55-100 count



20% OFF
regular retail

Irwin Naturals Weight Maintenance or Diet Support

Select varieties, 56-75 softgels



15% OFF
regular retail

Facial Cleansers, Scrubs or Towelettes

Select brands, varieties and sizes



25% OFF
regular retail

Youtheory Sleep or Stress Support

Select varieties and sizes



20% OFF
regular retail

Bio-K Plus Probiotics

Select varieties, 20-60 caps



15% OFF
regular retail

Dauids

All Items



20% OFF
regular retail

Prices valid December 3-9, 2025

AT ANY OF OUR NASHVILLE AREA LOCATIONS

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

Everblue Naturals

All Items



20% OFF
regular retail

CRAVING MORE?

DISCOVER FRESH FINDS



SPROUTS
BRAND

NEW
FOR YOU



PRODUCE



DELI

BAKERY

BULK



DAIRY



MEAT &
SEAFOOD

GROCERY
AISLES

FROZEN

VITAMINS &
BODY CARE

BEER &
WINE*

Tap to find products just for you and your lifestyle.



ORGANIC



GLUTEN-FREE



NON-GMO



PLANT-BASED



PALEO



KETO

*All products may not be available in all locations and may vary based on local regulations.

SEE YOU NEXT WEEK!