

VERSION 3

Your

GO-TO

for festive feasts.

CANADIAN AND PROUD



1.99

ea.

RASPBERRIES 1 lb

BLACKBERRIES 1 lb

BLACKBERRIES 1 lb



BEST PRICE

IN YEARS

1.49

/lb

FROZEN BUTTERBALL TURKEY

OR CHICKEN

RAISED WITHOUT ANTIBIOTICS

ÉLEVÉ SANS ANTIBIOTIQUES

1.49



99¢

/lb

TOMATOES ON THE VINE

2.50 lb



4.88

/lb

LEAN GROUND BEEF

VALUE PACK 10.50 kg



1.44

/lb

RED PRINCE

LARGE RED PRINCE APPLES

3.50 kg



2.99

/lb

FRESH SPLIT CHICKEN BREAST

6.50 kg



2.99

ea. or /lb

BOLTHOUSE FRESH

RAISED WITHOUT ANTIBIOTICS

2.99



3.99

/lb

IRRESISTIBLE

IRRESISTIBLE HONEY HAM OR SPICED HAM

8.50 kg



3.99

ea.

LACTANTIA PURIFIT

WILD BLUEBERRIES

3.99



4.44

ea.

LACTANTIA BUTTER

SELECTION

4.44



4.99

ea.

HÄAGEN-DAZS ICE CREAM OR DRUMSTICK

4.99



4.99

ea.

LACTANTIA BUTTER

COUNTRY CHURNED

4.99

HOLIDAY
FESTIVE
FAVOURITES

5 KG

SAN DANIELLE
WHOLE
PROSCIUTTO

79⁰⁰
ea.

GREAT
PRICE!

CLASSICO
SAN DANIELLE
PROSCIUTTO
Ham • Jambon

AQUA STAR COOKED SALMON
WILD PINK ARGENTINIAN
BONE SHIMP • 100 g
DOM NORDVEGEN FJØRØ
SMOKED SALMON 400 g

19⁹⁹
ea.

DELICIOUS SEA
Dinner White Salmon
CROQUETTES Bœuf
DU PAYS DE
SAUMURES
WILD CAUGHT
SALMON

EXTRA
Norwegian Fjord

12⁹⁹
ea.

STOVE MADE
CAPRESSES
NET WT 1000g (35.3 oz)
MSRP \$19.99

12⁵
ea.

CLUBHOUSE
TURKEY LUNCHEON

STOVE TOP
TURKEY RUNDI

STOVE TOP STUFFING, FRANCO-AMERICAN OR
CLUBHOUSE GRABBY

349
ea.

Tostitos
SAUCES, TORTITOS OR CHEETOS

Ruffles
REGULAR
MEDIUM

Doritos
NACHOS

BUFFLES CHIPS, DORITOS OR CHEETOS
SAUCES, TOSTITOS TORTILLA CHIPS

NET WT 100g (3.5 oz)
250
points

15⁹⁹
ea.

NET WT 100g (3.5 oz)
\$2
back in
points

Quality
Street

HOLIDAY ENTERTAINING

Irresistible
CHEESE STICKS
JALAPENO
POPPERS OR
SAUSAGE ROLLS
100% REAL MEAT

5⁹⁹
ea.

Irresistible
HOT SAUSAGE ROLLS
NEW

Irresistible
MEDITERRANEAN
MOZZARELLA
BATTERED CHEESE STICKS

Irresistible
MEATBALLS
100% REAL MEAT
GLUTEN FREE

8⁹⁹
ea.

Irresistible
MEATBALLS
BOULETTES

Irresistible
MEATBALLS
BOULETTES

Irresistible
PARTY PACK
ASSORTMENT
FESTIVE

8⁹⁹
ea.

Irresistible
GOURMET BOURNESAIS
SAUSAGES
WITH
BRUSCHETTA

Irresistible
CANNIBAL BITE
GOURMET SAUSAGES OR
PARTY PACK PARTY PACK
100% REAL MEAT

Irresistible
PINEAPPLE
BITE
BOUCHÉES
W/ CRISPY RICE

5⁹⁹
ea.

Irresistible
LUMPIAS
NEW

Irresistible
APPETIZERS
ROLLS 20-25
GLUTEN FREE

\$1
back in
points

125
points

10⁹⁹
ea.

Irresistible
COCONUT SHRIMP
CRISPY
TEMPURA SHRIMP
100% REAL MEAT

Irresistible
COCONUT
SHRIMP
CRISPY
TEMPURA SHRIMP

\$1
back in
points

125
points

10⁹⁹
ea.

Irresistible
PACIFIC WHITE SHRIMP RING
100% REAL MEAT

Irresistible
PACIFIC WHITE SHRIMP RING

\$ New Lower Prices

D'ITALIANO
ORIGINAL
2.70

ITALIAN BREAD, ROLLS OR DONAGETTES BAGELS
12-16 COUNT
\$7.00 ea.

Donagettes
Bagels
Original
\$2.50 ea.

Donagettes
Bagels
Original
\$2.50 ea.

FRESH 2 GO CHICKEN WINGS OR PEPPERONI & CHEESE 8" X 12" LARGE HOT PIZZA (12")
NO TOPPINGS
NO PEPPERONI
NO PIZZA
\$2.00
\$11.99 ea.

250
guts

PIZZA
\$2.00
\$2.00
\$2.00

 MAPLE LEAF® CANADIAN SMOKED HAM BUTTERFLY HAM 10 lb. or 5 lb. \$1 bottle of orange	 35 cents RENUZIT® CITRUS CLEAN AIR FRESHENER	 IRRESISTIBLE ARTISAN SLICED DELI MEAT OR CASTELLA PASTRY CHIPS	 mix match QUESADILLAS OR SPICY CALIFORNIA MILD TOPPINGS
9.99 125 ea.	7.99 ea.	6.99 ea.	7.00 ea.

Fuzo MACARONI & CHEESE DINNER ORIGINAL CHEDDAR CHEESE SAUCE \$2 booster savings 3.99 ea.	PELFREY'S CREAMY CHICKEN & CHEDDAR SOUP \$1 booster savings 1.99 ea.	Campbell's SOUP 6.49 ea.	Campbell's SOUP 99¢ ea.
MEAT SAUCE WITH REAL CHICKEN OR TURKEY GROUND MEAT	PELFREY'S CREAMY CHICKEN & CHEDDAR SOUP	HEARTY TO YOUR PHEASANT BUTTER OR GOOD OLD JAN BEEF STEAK SWEET MARINAR	CAMPBELL'S SOUP CREAM OF CHICKEN OR CREAM OF MUSHROOM OR CREAM OF CHICKEN OR CREAM OF MUSHROOM

Learn with mol rewards

 40 \$5.49 ON THE BORDER CAKESICLES CHRISTIE FAMILY SIZE COOKIE & CREAM 10.5 OZ. (300g)	 40 \$4.99 RITZ THINS BAKED THIN CRACKERS ORIGINAL BUTTER 10.5 OZ. (300g)	 25 \$1.99 TRISCUIT SELECTS THIN & CRISPY CRACKERS ORIGINAL BUTTER 10.5 OZ. (300g)	 25 \$1.99 KNOX BAKING BEANS 10.5 OZ. (300g)	 50 \$5.99 LAYS NEW! ON THE BORDER CAKESICLES CHRISTIE FAMILY SIZE COOKIE & CREAM 10.5 OZ. (300g)
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Special prices in this flyer are available at select Metro stores only. See store for details.

We reserve the right to limit quantities.
 DESCRIPTIONS TAKE PRECEDENCE OVER PHOTOS.
 SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES.

We accept Visa, MasterCard and American Express at most stores.

Visit us at: **metro.ca**
 Give us your opinion for a chance to
 WIN \$1,000 in groceries.

   

[illegible]

**Healthy
Together**

MAKE THE OUT OF REACH REACHABLE



HELP SOMEONE IN NEED BY DONATING IN-STORE. WE'LL MATCH IT.

Between November 27, 2025 - December 24, 2025, Metro Inc. will match every \$2.00 donation with a Metro gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Metro Employee.

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:
Only until December 17, 2025, in-store or online



NOW
299
ea.
SAVE UP TO
\$1

399
ea.
LECLERC
COOKIES
240 g
SELECTED VARIETIES



NOW
199
ea.
SAVE UP TO
\$1.50

349
ea.
BETTY CROCKER
POTATOES
141 - 215 g
SELECTED VARIETIES



NOW
199
ea.
SAVE UP TO
\$1.30

329
ea.
DEL MONTE
NECTAR
960 ml
SELECTED VARIETIES



NOW
2199
ea.
SAVE UP TO
\$6

2799
ea.
SELECTION CASHEWS
OR MIXED NUTS
1.15 kg
SELECTED VARIETIES



NOW
499
ea.
SAVE UP TO
\$4

899
ea.
GAIN
SCENT BOOSTERS
303 - 379 g
SELECTED VARIETIES



NOW
599
ea.
SAVE UP TO
\$2

799
ea.
PREMIÈRE MOISSON
SOUP
700 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Turn a picture into a plate.

**Every drawing submitted becomes a donation
to Breakfast Club of Canada.**

Submit your drawings online at metro.ca/holiday



metro



Farm Fresh Produce

4⁹⁹
ea.
BLUEBERRIES 1/2 PINT
PRODUCT OF CHILE, GUATEMALA OR
INDONESIA, IN 150g/5oz

3⁹⁹
/lb
EXTRA LARGE RED OR
GREEN OR LARGE
BLACK SEEDLESS GRAPES
8.80kg

2⁹⁹
ea.
RASPBERRIES
PRODUCT OF U.S.A.

1⁹⁹
/lb
SWEET POTATOES
PRODUCT OF MEXICO
4.30kg

2⁹⁹
ea.
CRANBERRIES 100g
JUMBO
JUMBO PINEAPPLES
PRODUCT OF HAWAII
CORED PINEAPPLES 100g

4⁹⁹
ea.
JUMBO PINEAPPLES
PRODUCT OF HAWAII
CORED PINEAPPLES 100g

1⁴⁹
/lb
JUNCO FENNEL
PRODUCT OF U.S.A.

99¢
/lb
GREEN CABBAGE
PRODUCT OF MEXICO
CABBAGE IN 150g/5oz
2.50kg

4⁹⁹
ea.
LEMONS 125g
PRODUCT OF U.S.A.
CLAMOROUS
CLAMOROUS
ORANGE CLEMENTINES 125g
PRODUCT OF MEXICO

8⁹⁹
/lb
JUMBO CHERRIES
PRODUCT OF CHILE, IN 150g/5oz
19.82kg

2⁴⁹
ea.
CARROTS OR
YELLOW ONIONS 1/2 lb
PRODUCT OF MEXICO
CABBAGE IN 150g/5oz

4⁹⁹ **20**
ea. points
GREEN FRENCH BEANS
PRODUCT OF CANADA

9⁹⁹ **45**
ea. points
VANILLA
PERSIMMONS 100g/3.5oz
PRODUCT OF JAPAN

13⁹⁹
ea.
POM WONDERFUL
POMELOFRUIT
PRODUCT OF U.S.A.

3⁴⁹
ea.
ANGEL SWEET OR
ONE SWEET
CHERRY TOMATOES
200g
PRODUCT OF MEXICO

3⁷⁹
ea.
BELLE GROVE
HIGHBUSHES
PRODUCT OF U.S.A.

7⁹⁹
ea.
MOYERS
CHOCOLATE
CARAMEL APPLE
100g

2⁹⁹
ea.
POM WONDERFUL
POMELOFRUIT
PRODUCT OF U.S.A.

2⁹⁹
/lb
BRUSSELS SPROUTS
PRODUCT OF BELGIUM
6.50kg

1²⁹
/lb
BUTTERBEANS
PRODUCT OF CANADA
2.84kg

Organic

2⁹⁹
/lb
INRESISTIBLE
ORGANIC HERBS
PRODUCT OF MEXICO

3²⁹
ea.
ORGANIC FULL
CRANBERRY SMILES OR
ALL APPLES
PRODUCT OF U.S.A. EXTRA CRANBERRY
4.50kg

4⁹⁹
ea.
ORGANIC
CAMPARI TOMATOES
PRODUCT OF MEXICO

6⁹⁹ **30**
ea. points
ORGANIC
SWEET POTATOES
PRODUCT OF U.S.A.

Sliced & Diced

9⁹⁹
ea.
TACO DIP
LARGE SALADS
OR SMALL FRUIT TRAY
1kg

13⁹⁹
ea.
NACHOS PLATTER 100g
BERRY KISS TRAY
PUMPKINSEKES
TRAY WITH DIP 100g

14⁹⁹
ea.
PORKETTA
1/2 PORKETTA
1/2 PORKETTA
1/2 PORKETTA

40⁰⁰
ea.
GRACEFUL BOUQUET
1/2 PORKETTA
1/2 PORKETTA
1/2 PORKETTA

16⁹⁹
ea.
Bouquet
1/2 PORKETTA
1/2 PORKETTA
1/2 PORKETTA

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Your
GO-TO for
unlimited deliveries.

Subscribe Now



COMES OUT TO

\$125

PER WEEK*

6 OR 12 MONTH PLAN

**SAME PRICES
& FLYER DEALS
AS IN-STORE**

*Certain conditions apply. Details on metro.ca

Holiday Entertaining

\$1
back in
corner

125
points

22⁹⁹
ea.

**HOLIDAY
DESSERT CAKES**
1000g (2.2lb)
12/12/2019

\$1
back in
corner

125
points

21⁹⁹
ea.

**FRONT STREET BAKERY
BLACK FOREST & WHITE
RASPBERRY CAKE 1kg**
12/12/2019

**COPPERBATH
SPICE COOKIES**

5⁹⁹
ea.

**CREATE & TREAT
READY ASSEMBLED
COOKIE KIT 400g**

13⁹⁹
ea.

**FRONT STREET BAKERY
ICE BOX COOKIES**
12/12/2019

75
points

5⁹⁹
ea.

**FRONT STREET BAKERY
CARROT CAKE 1kg**
12/12/2019

\$2
back in
corner

250
points

32⁹⁹
ea.

 BROCHETTE Brioche BREAD 5.99 ea.	 STOUTER'S SUPREME TURKEY HAM & SWISS FLAT BREAD OR HAM FLOUR 3.99 - 3.00 ea. points	 5.99 ea. PIONEER WOMAN PIONEER MOCCASIN COUNTRY BREADS 100% WHOLE WHEAT	 3.99 ea. FRONT STREET BAKERY PUMPKIN ROLLS 100% WHOLE WHEAT
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Deli Favourites

 VALUE PICK 299 /100g	 349 /100g	 579 /100g	 579 /100g
 699 ea.	 599 ea.	 599 /100g	 449 /100g
 799 ea.	 879 ea.	 599 ea.	 1149 ea.
 1549 ea.	 649 ea.	 999 ea.	 799 ea.
 LIMITED TIME	 50 pounds	 399 ea.	 599 ea.

A scenic view of a vineyard in Italy. In the foreground, a vintage silver car is parked on a gravel path, with a person wearing a straw hat and a plaid shirt sitting in the driver's seat. A wooden fence runs across the middle ground. The background features rolling green hills with terraced vineyards and a small village with yellow buildings. The text "FLAVOURS OF" is written in a bold, sans-serif font at the top left, and "italy" is written in a large, white, cursive script across the center, with a green and red horizontal line underlining the 'i' and 't' respectively.

2.49
/lb

LARGE FOREBELL PEARS
WAXED & UNWAXED
COUNTRY CHOICE
6-8oz

2.99
ea.

ENJOYE O ESCALOLE
CILANTRO

SANPELLEGRINO
TRADIZIONE ITALIANA

SPARKLING DRINKS

6 16.9 FL. OZ. CANS

5.99
ea.

SANPELLEGRINO
TRADIZIONE ITALIANA

SPARKLING DRINKS

6 16.9 FL. OZ. CANS

5.99
ea.

ILLY

CLASSICO
MEDIUM ROAST

12 FL. OZ. CAN

11.99
ea.

ILLY

INTENSO
DARK ROAST

12 FL. OZ. CAN

[illegible]

IRRESISTIBLE SMOKED ATLANTIC SALMON 100% PURE 30 pieces 5⁹⁹ ea. ATLANTIC SALMON SMOKED ATLANTIC SALMON 100% PURE	IRRESISTIBLE WILD CAUGHT TUNA STEAKS 100% PURE 40 pieces 8⁹⁹ ea. Irresistible TUNA STEAKS 100% PURE	IRRESISTIBLE SHAYOHO MARLEY BLEND IN A MEE 100% PURE 40 pieces 9⁹⁹ ea. Irresistible SHAYOHO MARLEY BLEND IN A MEE 100% PURE	IRRESISTIBLE SHAYOHO MARLEY BLEND IN A MEE 100% PURE 40 pieces 10⁹⁹ ea. Irresistible SHAYOHO MARLEY BLEND IN A MEE 100% PURE
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PRINGLES CHIPS ORIGINAL CHEDDAR CHEESE SELECTED VARIETIES 2.99 ea.	PRINGLES COOKIES DOUBLE CHOCOLATE SELECTED VARIETIES 2.99 ea.	WALKER'S SHORTBREAD COOKIES VANILLA WHITE SELECTED VARIETIES 4.99 ea.	INDESECBLE RECHARGEABLES 700mAh SELECTED WHITE/BLACK 1.99 ea.	OREO HOLIDAY COOKIES DOUBLE CHOCOLATE WHITE CHOCOLATE LAYERS 2.22 ea.
MONTA VERDE PANETTONE 1.5kg SELECTED VARIETIES 5.99 ea.	Biscoff BISCUITS 100g SELECTED VARIETIES 3.99 ea.	M&M'S M&M'S 100g SELECTED VARIETIES 5.99 ea.	KINDER SURPRISE EGG 100g SELECTED VARIETIES 6.99 ea.	LOTUS BISCOFF BISCUITS 100g SELECTED VARIETIES 3.99 ea.
WHITE CLAW HARD SELTZER 12oz SELECTED VARIETIES 9.99 ea.	PHILIPS IOTA 4 HAZY IPA 330ml SELECTED VARIETIES 8.49 ea.	GRÖVI NON ALCOHOLIC BEER 330ml SELECTED VARIETIES 12.49 ea.	ALLEN'S APPLE CIDER 1.5L SELECTED VARIETIES 3.99 ea.	WHITE CLAW HARD SELTZER 12oz SELECTED VARIETIES 9.99 ea.
STARBUCKS COFFEE 12oz SELECTED VARIETIES 7.99 ea.	TAZO TEA 12oz SELECTED VARIETIES 4.99 ea.	BEATRICE BUTTER MILK 12oz SELECTED VARIETIES 20 points 3.99 ea.	CHEETOS 12oz SELECTED VARIETIES 3.49 ea.	STARBUCKS COFFEE 12oz SELECTED VARIETIES 7.99 ea.



metro
FRESH
2 GO

ENTERTAINING MADE EASY

We have your catering covered.

**Minimum of 48 hours notice on all orders.*



Place Your Catering Order Today



Online
fresh2go.metro.ca



In Store
Visit Our Deli

BASK
BACKYARD
ROSE
750 ml
12.49 ea.

JACKSON TRIGGS
PINOT GRUGO
750 ml
11.49 ea.

OPEN CAB
REDLOT
750 ml
12.49 ea.

PELLER FAMILY
CHASSIGNAY
750 ml
12.49 ea.

DON'T POKE THE BEAR
RED
750 ml
13.99 ea.

TRIGGS
SAUVIGNON WHITE
750 ml
15.99 ea.

TWENTY BEES
PINOT GRUGO
750 ml
12.49 ea.

JACOB'S CREEK
MOSCATO ROSE
750 ml
13.99 ea.

Advertisement prices are subject to change and exclude HST and deposit fees, which are added at checkout. Beer, wine and ribs are available at select stores. See menu in for availability.

More Great Savings



2 for \$7.99
PRIMO PASTA SAUCE
16 oz. (1.125 L)
SELECTED VARIETIES



6.99
STEFANO PASTA SAUCE
16 oz. (1.125 L)
SELECTED VARIETIES



2.99
ITAL PASTA LASAGNE
17 oz.
SELECTED VARIETIES



5.49
SOMETHING SPECIAL TOP SPREAD & MARINADE
16 oz. (1.125 L)
SELECTED VARIETIES



4.99
KELLOGG'S RICE KRISPIES
10 oz. (283 g)
SELECTED VARIETIES



4.99
KELLOGG'S RAISIN BRAN
10 oz. (283 g)
SELECTED VARIETIES



45¢
KRAFT PARMESAN CHEESE
1/2 lb. (226 g)
SELECTED VARIETIES



3.99
KASHI GRANOLA BARS
10 oz. (283 g)
SELECTED VARIETIES



5.79
ULTRACR 20g PROTEIN MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



5.79
ULTRACR 20g PROTEIN MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.49
LACTANTIA LACTOSE FREE MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.49
LACTANTIA LACTOSE FREE MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



7.99
TRACKLEMENTS CONDIMENT
250 g (8.8 oz)
SELECTED VARIETIES



Best-tasting, Best-quality
Cheeseboard Champions for the Holiday Season



10.49
HÄAGEN-DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.49
HÄAGEN-DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.49
HÄAGEN-DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.49
HÄAGEN-DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.99
HÄAGEN-DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.99
HÄAGEN-DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.99
HÄAGEN-DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



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1 L (33.8 FL OZ)
SELECTED VARIETIES



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SELECTED VARIETIES



6.99
HÄAGEN-DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.99
HÄAGEN-DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



9.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



9.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



9.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



9.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



13.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



13.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



13.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



13.00
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1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
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1 L (33.8 FL OZ)
SELECTED VARIETIES



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1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
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1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
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1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES

**ONLINE
EXCLUSIVE**

metro.ca

Enjoy the Offer

*Minimum purchase of \$150 (before taxes) required.
Certain conditions apply. Details on metro.ca

FREE

**BELGIAN
COOKIES
650 g**



\$15⁹⁹
VALUE

**PROMO CODE
COOKIE**

10.99 each

6.99 each

6.99 each

16.99 each

10.99 each

10.99 each

jolly delights for your

SWEET TABLE

Our range of treats, candies & cookies also make great host(ess) gifts & stocking stuffers.

22.99 each

11.99 each

12.99 each

15.99 each

15.99 each

1.49 each

18.99 each

2.99 each

10.99 each

2.49 each

4.99 each

5.99 each

5.99 each

4.99 each

4.99 each

19.99 each

10.99 each

14.99 each

MARTELLI FIAT 500
CANTUCCI COOKIES
10.5

18⁹⁹
ea.

Sperlan
TORTONE
150g

7⁹⁹
ea.

VERGANI
PANETTONE
100g
SELECTED VARIETIES

3⁹⁹
ea.

GIOL AURORA
ON LUSON
PANETTONE
400g - 300g
SELECTED VARIETIES

11⁹⁹
ea.

THE MARIE
EXCEL-SIOR OR
MILKLETT
PANETTONE
OR PANDORO
750g
SELECTED VARIETIES

14⁹⁹
ea.

MOTTA OR
FASCONARO
PANETTONE
OR PANDORO
500 - 800g
SELECTED VARIETIES

21⁹⁹
ea.

SANTANGELO OR
PASTICCERIA
PANETTONE OR
PANDORO
200g - 1kg
SELECTED VARIETIES

23⁹⁹
ea.

PALUANI 1921
PANDORO, CHIOSTO
OR LUSON MASON
PANETTONE
600 - 750g - 1kg
SELECTED VARIETIES

29⁹⁹
ea.

MUZZI TOMMASO
PALUANI CREAM OR
LUSON PANDORO OR
PANETTONE
500 - 750g - 1kg
SELECTED VARIETIES

18⁹⁹
ea.

CHIOSTO TIN
VERGANI AGRUMI OR
SCARPELLO PANETTONE
750g - 1kg
SELECTED VARIETIES

32⁹⁹
ea.

FASCONARO
WRAPPED
PANETTONE
750g
SELECTED VARIETIES

19⁹⁹
ea.

FASCONARO ORO
OR STREGA
PANETTONE OR
PANDORO
1kg
SELECTED VARIETIES

46⁹⁹
ea.

BAULI OR
MILKLETT
PANETTONE OR
PANDORO
200 - 800g
SELECTED VARIETIES

16⁹⁹
ea.

FASCONARO
1953
PANETTONE
1kg
SELECTED VARIETIES

41⁹⁹
ea.

FASCONARO
DOLCE & GABBANA
PASTICCHIO, NOCCOLA OR
MARRONINO PANETTONE 1kg
SELECTED VARIETIES

71⁹⁹
ea.

FABRI AMARENA
PANETTONE
1kg

31⁹⁹
ea.

ITEM AVAILABILITY VARIES BY STORE - WHILE QUANTITIES LAST

Organic

MARINATA
PEANUT BUTTER
100% PEANUT BUTTER
SELECTED VARIETIES

8⁹⁹
ea.

MARINATA
Peanut Butter
SELECTED VARIETIES

3⁹⁹
ea.

FARMER'S MARKET
CANNED
VEGETABLES
SELECTED VARIETIES

4⁴⁹
ea.

ORGANIC
Green Tea
SELECTED VARIETIES

8⁴⁹
ea.

GO BIO
BOUILLON CUBES #10
SELECTED VARIETIES

3⁹⁹
ea.

PEACE RIVER
HONEY
SELECTED VARIETIES

14⁴⁹
ea.

MANITOBA HARVEST
HEMP HEARTS #10
SELECTED VARIETIES

10⁹⁹
ea.

Gluten-Free

ROSE
MONSIEUR
SELECTED VARIETIES

3⁹⁹
ea.

CRETORS
CHOCOLATE
SELECTED VARIETIES

4⁹⁹
ea.

MAPLE LEAF
MIGHTY PROTEIN
CHICKEN STICKS
SELECTED VARIETIES

2⁴⁹
ea.

TRY NEW
MIGHTY PROTEIN
SELECTED VARIETIES

2⁴⁹
ea.

Plant-Based

NEAL BROTHERS
SALSA
SELECTED VARIETIES

5⁴⁹
ea.

EARTH'S OWN
SOFT CREAM
SELECTED VARIETIES

6⁴⁹
ea.

GENERAL MILLS
CHEX CEREAL
SELECTED VARIETIES

5⁴⁹
ea.

VIOLIFE
CHEESE
SELECTED VARIETIES

6⁴⁹
ea.

Household Helpers

15
POUR
SCOTTIES
FACIAL TISSUES
SELECTED VARIETIES

2⁴⁹
ea.

LOW
EVERY DAY
SELECTION
COMPOSTABLE NAPKINS
SELECTED VARIETIES

3⁹⁹
ea.

BUY MORE
SAVE MORE!
2 for
20⁰⁰
each
CLADE 3 WICK
CANDLES OR
OIL LAMP FRESHENER
DETAILS
SELECTED VARIETIES

5⁴⁹
ea.

Ziploc
FREEZER OR
SANDWICH BAGS
SELECTED VARIETIES

9⁹⁹
ea.

ALCAN
ALUMINUM FOIL
SELECTED VARIETIES

5⁴⁹
ea.

RED BIRCH
CUTLERY
SELECTED VARIETIES

2⁴⁹
ea.

SELECTION
RED CUPS
SELECTED VARIETIES

7⁴⁹
ea.

SAVE \$4*
when you buy any 3
Carlton Cards

with greeting card coupon

Dawn
Dish Soap
SELECTED VARIETIES

10⁹⁹
ea.

Cascade
Dishwasher Detergent
SELECTED VARIETIES

15⁹⁹
ea.

SELECTION
WINDFIELL
WASHING FLUID
SELECTED VARIETIES

15⁹⁹
ea.

Pet

BUY MORE
SAVE MORE!
2 for
5⁰⁰
each
PROCKES
PARTY MIX CAT TREATS
SELECTED VARIETIES

2⁹⁹
ea.

15
POUR
TUMMERS
CAT TREATS
SELECTED VARIETIES

2⁹⁹
ea.

VITALIFE
DOG TREATS
SELECTED VARIETIES

14⁴⁹
ea.

COOKIES
DOG TREATS
SELECTED VARIETIES

8⁴⁹
ea.

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3⁹⁹

ea.

7⁹⁹

ea.

2⁴⁹

ea.

3⁹⁹

ea.

3⁴⁹

ea.

4⁹⁹

ea.

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5⁴⁹

ea.

4⁹⁹

ea.

2⁹⁹

ea.

3⁹⁹

ea.

25

points

4⁹⁹

ea.

1²⁵

ea.

10⁹⁹

ea.

3⁴⁹

ea.

2⁹⁹

ea.

2⁹⁹

ea.

2⁹⁹

ea.

8⁹⁹

ea.

8⁹⁹

ea.

15⁴⁹

ea.

9⁹⁹

ea.

5⁹⁹

ea.

36⁹⁹

ea.

28⁹⁹

ea.

3⁹⁹

ea.

4⁹⁹

ea.

42⁰⁰

ea. Buy 2 pay 21.99 ea.

3⁹⁹

ea.

6⁹⁹

ea.