

weekly deals

SAVE UP TO 36%

3⁵⁰

DR. OETKER RISTORANTE OR CASA DI MAMA PIZZA 320-410 G OR PC® FOCACCIA OR FLATBREAD PIZZA 330-455 G
SELECTED VARIETIES
FROZEN
20236100001_EA
21013452_EA



SAVE UP TO 50%

\$2

MCCAIN FRIES OR HASHBROWNS 800 G OR CHEEMO PEROGIES 745/907 G
SELECTED VARIETIES
FROZEN
20527159_EA
21521219_EA



4⁹⁴

HÄAGEN-DAZS 414-450 ML OR BARS 3/4'S
SELECTED VARIETIES
FROZEN
20302298001_EA
21513555_EA



SAVE \$1.50

\$6

KRAFT PEANUT BUTTER 750 G/1 KG OR HAZELNUT SPREAD 725 G
SELECTED VARIETIES
20039581001_EA
21285418_EA



6⁵⁰

PC® ORANGE JUICE
SELECTED VARIETIES
2.5 L
21531644_EA
21531646_EA

GET 2,000 back in points

\$2



DECEMBER

HIT
OF THE
MONTH



CHRISTIE OREO, CHIPS AHOY! ANIMAL CRACKERS,
TEDDY GRAHAMS OR POKÉMON SNACK PACKS

SELECTED VARIETIES

144-200 G
21522348_EA
21585155_EA



PLANTER'S CASHEW HALVES, COCKTAIL PEANUTS OR
MIXED NUTS WITH 60% PEANUTS

SELECTED VARIETIES

200-225 G
21204908_EA
21620001_EA



PC® EXTRA
THICK
CINNAMON
RAISIN BREAD

675 G
20104367_EA



SAN PELLEGRINO ITALIAN SPARKLING WATER

SELECTED VARIETIES

6X330 ML
21433206_C06
21433198_C06



SOFTSOAP LIQUID HAND SOAP REFILL

SELECTED VARIETIES

1.47 L
21167194_EA
21166983_EA

See in-store for retails.

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.

^*Must be a registered P.C. Optimum™ member to get this offer.

Valid from December 1 - 31, 2025. While quantities last. See in-store for details.

**PROUDLY CANADIAN
OWNED & OPERATED**

Independent™
Your Independent Grocer

3⁵⁰
LB

**PORK SIDE RIB
PORTION**
7.72/KG
20854497_KG



SAVE 32%

3⁵⁰
LB



**CHICKEN DRUMSTICKS
OR THIGHS**
FAMILY SIZE
7.72/KG
20204493_KG
20251617_KG



\$14
LB



**FRESH ATLANTIC
SALMON FILLETS**
SKINLESS, FAMILY SIZE
30.86/KG
FRESH SEAFOOD ITEMS
SUBJECT TO AVAILABILITY
21085873_KG



2⁵⁰
LB



HONEYCRISP APPLES
PRODUCT OF BRITISH COLUMBIA
CANADA FANCY GRADE
5.51/KG
20132621001_KG



5⁹⁹

MANDARINS
PRODUCT OF CHINA
5 LB
20088143001_EA



4⁵⁰



**FARMER'S MARKET™
MINI CUCUMBERS**
PRODUCT OF WESTERN
PROVINCES
6'S
20732570001_EA



\$10

PC® KAKI PERSIMMON
PRODUCT OF SPAIN
NO. 1 GRADE
CASE
211423004_EA



1²⁵
LB



SWEET POTATOES
PRODUCT OF CANADA
2.76/KG
20127708001_KG



**SAVE
UP TO 37%**



\$5

**BOURSIN SOFT
CHEESE**
SELECTED VARIETIES
150 G
20187594_EA
20591214_EA



1⁵⁰

**CAMPBELL'S BROTH
OR CONCENTRATED
BROTH**
SELECTED VARIETIES
250/900 ML
20322348002_EA
21347243_EA



**SAVE
UP TO 40%**

\$3

**RUFFLES POTATO
CHIPS OR
SMARTFOOD
POPCORN**
SELECTED VARIETIES
200/200 G
20105147_EA
20105147_EA



**Optimum™
Members-Only Price**
13⁹⁹
Non-members
19⁹⁹

**Members
SAVE
\$6**

**ROYALE BATHROOM
TISSUE 30+60 ROLLS OR
TIGER TOWELS**
6+12 ROLLS OR
FACIAL TISSUE 12+25 ROLLS
SELECTED VARIETIES
20705292_EA
21378233_EA
21484732_EA



\$20

**TIDE LAUNDRY
DETERGENT**
3.46-3.9 L, PODS OR
FLINGS 45-76'S, DOWNY,
OR GAIN BEADS 853 G OR
CASCADE TUBS
51/67/90'S
SELECTED VARIETIES
21518475_EA
21519367_EA
21659405_EA



**SAVE
UP TO 41%**

3⁵⁰

**CRAVE
BOWLS BOLS**

**CRAVE ENTRÉES
OR BOWLS OR
KRAFT DINNER
ENTRÉES**
SELECTED VARIETIES,
FROZEN
200-340 G
21085515_EA
21481648_EA



\$3

D'ITALIANO BREAD OR BUNS
SELECTED VARIETIES AND SIZES
20038335_EA
20627033_EA



SAVE \$1.29/100 G

\$3/100 G

CASTELLO TICKLER EXTRA MATURE CHEDDAR
IN-STORE DELI CUT
21002831_AG



6⁴⁹

BLACK DIAMOND CHEESE BARS 400 G OR SHREDS 300-320 G OR PC® SHREDS 250-320 G
SELECTED VARIETIES
21278845_EA
21279221_EA



SAVE \$1

6⁴⁴

NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE
100-170 G OR
NESCAFÉ SWEET & CREAMY SACHETS
16/18'S
SELECTED VARIETIES
206618100L_EA
20673036_EA



3⁷⁵

LACTANTIA OR DAIRYLAND CREAM
SELECTED VARIETIES
473 ML-1 L
20073927_EA
21643331_EA



SAVE 33%

EQUIVALENT TO \$1 PER PACK

\$5

KD ORIGINAL MACARONI AND CHEESE DINNER
5'S
21094933_EA



\$7

iöGO CREAMY YOGURT 16X100 G OR LIBERTÉ GREEK YOGURT TUB
650-900 G
SELECTED VARIETIES
20642273_EA
2060918300L_EA



\$6

GET 1,000 back in points

PC® THE DECADENT® CHOCOLATE CHIPS
SELECTED VARIETIES
226-300 G
20094713_EA
20302392_EA



SAVE UP TO 33%

\$3

CATELLI SMART PASTA 340/375 G OR CATELLI GLUTEN FREE PASTA 300/340 G
SELECTED VARIETIES
20527365_EA
20704235_EA



\$11

HIGH LINER PAN SEAR OR SIGNATURE FISH
SELECTED VARIETIES
FROZEN
425-540 G
20643016_EA
21186254_EA



\$3

GOLDFISH BAKED SNACK CRACKERS OR CRISPS 156-200 G OR PC® CRACKERS, PITA CRACKERS OR CHEESE TWISTS
100-225 G
SELECTED VARIETIES
20300320_EA
20538543002_EA



SAVE UP TO 37%

\$3

OCEAN'S WHITE TUNA OR GOLD SEAL PINK SALMON
SELECTED VARIETIES
170/213 G
21005158_EA
21186667_EA



SAVE 37%

\$10

LINDT LINDOR BAGS
SELECTED VARIETIES
240 G
21358220_EA
21358227_EA



SAVE 96¢ WHEN YOU BUY 4

4/\$5

OR \$1.49 EA.

PC® ORGANICS BABY FOOD POUCH
SELECTED VARIETIES
128 ML
20651270002_EA
20656742_EA



SAVE 30¢

80¢

FRISKIES CAT FOOD
SELECTED VARIETIES
156 G
20316703_EA
2031963700L_EA



BUY 2

GENERAL MILLS CEREAL
FAMILY SIZE
SELECTED VARIETIES
475-778 G
21034495_EA
21667577_EA



GET 1 FREE

BEATRICE OR DAIRYLAND MILK
SELECTED VARIETIES
4 L
20658152_EA
20962518_EA



Y-Optimum

Members-Only Price 1⁵⁰

Non-members 1⁹⁹

PC® DISTILLED WATER
4 L
20963972_EA



PRICE DROP! MORE WAYS TO SAVE

\$2

BETTY CROCKER SUPERMOIST CAKE MIX 375-404 G OR FROSTINGS 340-450 G
SELECTED VARIETIES
205626400R_EA
21547838_EA



3/4⁹⁸

OR \$1.99 EA.

KNORR SIDEKICKS OR CUPS
SELECTED VARIETIES
73-162 G
2032943000L_EA
21564314_EA



\$6

MCCAIN DEEP 'N DELICIOUS CAKES
SELECTED VARIETIES
FROZEN
\$10 G
2037032002_EA



3/\$3

OR \$1.49 EA.

NESTLÉ CHOCOLATE SINGLES 33-60 G OR MR BEAST FEASTABLES MILK OR PEANUT BUTTER CHOCOLATE™ 60 G SELECTED VARIETIES
20066954_EA
21589274_EA



Independent CUSTOMER RELATIONS 1-800-296-2332. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-800-296-2332 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from December 4 - December 31, 2025 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

WB WW WY BACK



crush **fresh** cravings

5⁵⁰

BLUEBERRIES PINT,
PRODUCT OF PERU OR
NO NAME®
STRAWBERRIES 340 G
PRODUCT OF CANADA
20080137001_EA
21591906001_EA



PINT

PRODUCT OF CANADA

8⁵⁰

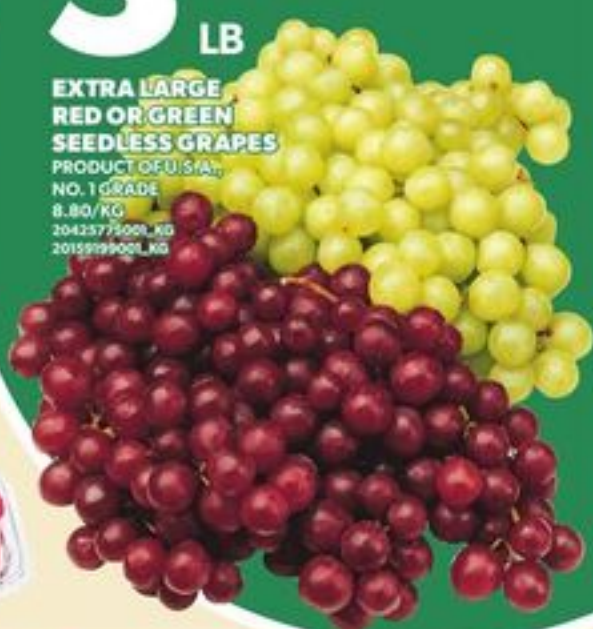
BLACKBERRIES PINT,
PRODUCT OF MEXICO
RASPBERRIES PINT,
PRODUCT OF MEXICO
U.S.A.
20138228001_EA
20034947001_EA



PINT

3⁹⁹
LB

**EXTRA LARGE
RED OR GREEN
SEEDLESS GRAPES**
PRODUCT OF U.S.A.
NO. 1 GRADE
8.80/KG
20423775001_KG
20152199001_KG



\$5

CANTALOUPE PRODUCT
OF GUATEMALA OR HONDURAS
OR **PINEAPPLE** PRODUCT
OF COSTA RICA OR MEXICO
20167017001_EA
20160993001_EA



\$2 LB

**BUTTERNUT
SQUASH**
PRODUCT OF CANADA
4.41/KG
20132574001_KG

PRODUCT OF CANADA



\$6

**FARMER'S MARKET™
GREENHOUSE
PEPPERS**
PRODUCT OF CANADA
OR U.S.A.
6'S
20085851001_EA



3⁸⁸

**LARGE
DRAGONFRUIT**
PRODUCT OF VIETNAM
EACH
20168355001_EA



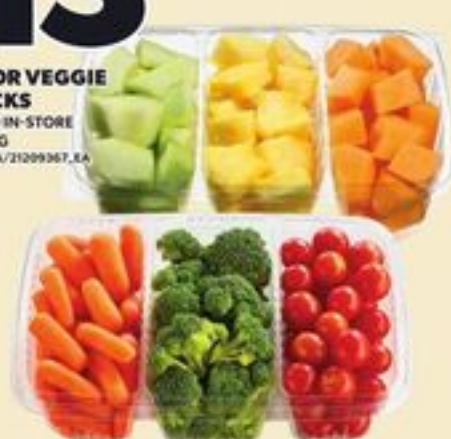
6⁹⁹ LB

ASPARAGUS
PRODUCT OF MEXICO
OR PERU
15.41/KG
20174581001_KG



\$13

**FRUIT OR VEGGIE
TRI PACKS**
PREPARED IN-STORE
830-1200 G
20022119_EA/21209367_EA



\$25

**SIGNATURE GIFT
BOUQUET**
SELECTED VARIETIES
EACH
21830377_EA
21436378_EA



\$24

**9 INCH POINSETTIA
UPGRADE**
EACH
20287951_EA



\$10

**INTERMEDIATE
ROSES**
SELECTED VARIETIES
9 STEM
21503441_EA



\$32

**HOLIDAY
TABLESCAPE SET**
21688334_EA



\$9



**PC® NATURALLY
SMOKED BACON**
SELECTED VARIETIES
375/500 G
20057892_EA
20152629_EA



\$7

**BREADED PORK
LOIN SCHNITZEL**
300 G
21588065_EA



**PREPARED
IN-STORE**

\$15

**air
chilled**

**PC® WHOLE
CHICKEN**
AIR CHILLED
EACH
21666198_EA



\$15

**PC® FREE FROM
GROUND LAMB**
454 G
21532008_EA



\$13

**GRASS FED MEDIUM
GROUND BEEF**
900 G
21675509_EA



\$17

PREPARED IN CANADA

**PC® WINGS 800-907 G
OR PORK BACK RIBS**
680 G
SELECTED VARIETIES
FROZEN
20077915_EA
20708932_EA



find your catch in seafood

\$9

**HERON POINT WILD
CAUGHT CRAB
MEAT**
READY TO EAT
170 G
21647384_EA
21647418_EA



\$11

**PC® BLACK TIGER
SHRIMP RAW ZIPPERBACK®**
16-20 PER LB 400 G OR
SHRIMP APPETIZERS
294-454 G
SELECTED VARIETIES, FROZEN
20001192_EA



\$13

**SEAQUEST®
SHRIMP RING WITH
MILD COCKTAIL
SAUCE 454 G OR**

**PC® TORCH-SEARED
ATLANTIC SALMON
OR WILD AHI TUNA**

TATAKI 130 G
FROZEN
21687111_EA
21687309_EA



baked in comfort

1⁵⁰

BAGUETTE
WHITE OR WHEAT
255 G
21529271_EA



**BAKED
IN-STORE**

4⁵⁰

ARTISAN BREAD
SELECTED VARIETIES
420-660 G
21633048_EA
21633219_EA



**BAKED
IN-STORE**

\$4

DINNER ROLLS
SELECTED VARIETIES
12'S
21392649_EA



**BAKED
IN-STORE**

\$5

TURNOVERS
SELECTED VARIETIES
4'S
21449196_EA
21449200_EA



**BAKED
IN-STORE**

\$9

**EXQUISITE
COFFEE CAKE**
SELECTED VARIETIES
750 G
21648678_EA
21648727_EA



7⁵⁰

**FARMER'S MARKET™
HOMESTYLE TARTS**
SELECTED VARIETIES
348-510 G
21628834_EA
21629191_EA



\$5

**PC® MINI BRIOCHE
ROLLS**
400 G
21400779_EA



\$3

**NO NAME® DINNER
ROLLS 420 G OR
PC® BREAD
CRUMBS 275/300 G**
SELECTED VARIETIES
21431228_EA
21643547_EA



\$7

**LA FORNÉE DORÉE
CHINOIS BRÛCHÉ
WITH VANILLA**
500 G
21315229_EA



\$7

**MARCANGELO
ITALIAN SLICED
MEATS**
SELECTED VARIETIES
85 G
21706089_EA
21706090_EA



in the mood for **deli-cious**

4⁵⁰
/100 G

**APPLEWOOD
SMOKED CHEDDAR**
IN-STORE DELICAT
200/300/400 G



**SAVE
\$1.49**

\$7

**FANTINO AND
MONDELLO
SALAMETTI
DICED OR SLICED**
SELECTED VARIETIES
100-200 G
21510105_EA/21511827_EA



**SAVE
UP TO \$2.49**

\$7

**TRE STELLE
RICOTTA 475 G OR
BOCCONCINI
OR FETA 200 G**
SELECTED VARIETIES
20024992_EA
20093652_EA



\$6

\$7⁵⁰

**FONTAINE SANTÉ
HUMMUS**
SELECTED VARIETIES
454/482 G
20503658_EA
20504090_EA



\$5

\$6

**GARDEN FRESH
TORTILLA CHIPS**
397 G OR
PC® SALSA 430 ML
SELECTED VARIETIES
20325398_EA
20517848_EA



on the run, we got you

**FROM
\$6**

FLATBREAD PIZZA
SELECTED VARIETIES
336-420 G
21487752_EA
21487753_EA



**PREPARED
IN-STORE**

2/\$14

OR
\$8 EA.

**FRESHLY PREPARED
IN-STORE SINGLE
SERVE ONE PAN
MEALS OR POWER
BOWLS**
SELECTED VARIETIES
135-410 G
21696324_EA
21696361_EA



\$9

**OLIVIERI FAMILY
PACK PASTA 500/700 G
OR PASTA SAUCE 600 ML**
SELECTED VARIETIES
20011488_EA
20311594_EA



\$20 meal deals

\$20

**MADE IN-STORE ROTISSERIE
CHICKEN 900 G-1 KG PAIRED
WITH TWO SMALL SIDES OF
YOUR CHOICE 134-454 G AND
PEPSI BEVERAGE 1 L**



\$20

**IN-STORE PREPARED
8 PIECE FRIED CHICKEN
OR 9 PIECE CHICKEN STRIPS
700-870 G WITH TWO SMALL
SIDES OF CHOICE 134-454 G
AND PEPSI BEVERAGE 1 L**



\$20

**IN-STORE PREPARED READY
TO COOK SALMON OR
CHICKEN ENTRÉE 472-637 G
WITH A READY TO COOK SIDE
545-865 G**



WHILE
SUPPLIES LAST

COLLECT & SAVE! BIG IS BACK

Get one stamp for every \$20* spent.
Collect 20 stamps and get 60-80% off*
one piece of high-quality Kuhn Rikon
Swiss design ovenware!

SAVE
60-80%*
OFF EACH



Opt-in digitally in the
PC Optimum™ App and get
8 bonus stamps*

**KUHN
RIKON**
SWISS DESIGN

*Offer available in-store and online at participating Loblaw banner stores starting Oct. 23, 2025. Receive 1 stamp for every \$20 spent before applicable taxes in a single transaction until Feb. 11, 2026. 8 bonus stamps available to PC Optimum™ members who opt-in to program using the PC Optimum™ App (the "App") between Oct. 16, 2025 and Feb. 11, 2026. Limit 1 bonus offer per account/household. Notwithstanding the foregoing, we reserve the right to stop issuing stamps (incl. bonus) earlier upon notice posted in-store, in the App and on pcoptimum.ca/collectandsave. Stamps are not provided for purchase of tobacco, alcohol, prescriptions, gift cards, phone cards, lottery tickets, 3rd party operations (post office, gas bar, dry cleaner, etc.) and any other products which are provincially regulated. When you collect and redeem 20 stamps, you'll get 60 - 80% off 1 Kuhn Rikon ovenware piece, before applicable taxes. Offer cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferrable. PC Optimum™ Members: To obtain a digital stamp card, opt-in to this program using the App. Digital stamps collected by a household will be combined on one digital stamp card. For paper stamp card or for non-PC Optimum™ members, see in-store for card. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Completed stamp cards can be redeemed until Feb. 25, 2026, after which time stamps/cards expire. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales final. Eligible ovenware is under warranty for 2 years from date of purchase and can be replaced at your store of purchase until Feb. 25, 2026 or while supplies last, whichever is earlier, after which time, contact loblawpromotions@l-founders.com for replacement. For full warranty information including warranty exclusions, FAQ's and complete offer details, visit pcoptimum.ca/collectandsave.

start with the basics

\$5

NO NAME® HONEY
375 G OR **NUTELLA**
HAZELNUT
SPREAD 375 G
SELECTED VARIETIES
20007100_EA
20435988_EA



\$5

NO NAME® PEANUT BUTTER
SELECTED VARIETIES
1 KG
20296945001_EA
20296945002_EA



SAVE \$1.49

\$5

QUAKER MUFFIN
OR **COOKIE MIX**
900 G OR **OATS**
FLOUR 700 G
SELECTED VARIETIES
2030064001_EA
21610830_EA



\$5

SCHNEIDERS
BREAKFAST BITES
OR **SANDWICHES**
SELECTED VARIETIES
FROZEN
204-288 G
21623287_EA
21623288_EA



\$4

KELLOGG'S EGGO
WAFFLES 6/8'S OR
PILLSBURY
TOASTER
STRUDEL 326 G OR
SCRAMBLES 204 G
EXCLUDES PROTEIN WAFERS
SELECTED VARIETIES FROZEN
20172644001_EA
20302779_EA



\$4

HEINZ FLAVORED
DIPPING MAYO
SELECTED VARIETIES
340 ML
21686231_EA
21685958_EA



\$4

PC® KETCHUP
SELECTED VARIETIES
750 ML/1 L
20090124_EA
20131845_EA



\$3

FRENCH'S CLASSIC
YELLOW MUSTARD
400 ML
20083238_EA



\$3

NO NAME®
NATURALLY IMPERFECT™
FROZEN FRUIT
SELECTED VARIETIES
300/400 G
21545097_EA
21545106_EA



\$5

TENDERFLAKE
PASTRY 255-397 G OR
COOL WHIP DESSERT
TOPPING 1 L
SELECTED VARIETIES
FROZEN
20030389001_EA
20303840001_EA



SAVE UP TO 49%

\$4

HUNGRY-MAN
ENTRÉES
SELECTED VARIETIES
FROZEN
360-455 G
20296014004_EA
20296014005_EA



\$1

BEN'S FAST AND
FANCY POUCHES
SELECTED VARIETIES
132 G
21397365_EA
21397412_EA



SAVE UP TO 50%

\$1

TINA'S
BURRITOS
SELECTED VARIETIES
FROZEN
113 G
21639787_EA
21639865_EA



\$3

PILLSBURY
PIZZA POPS
SELECTED VARIETIES
FROZEN
280 G
21435994_EA
21689482_EA



\$4

HUMBLE OR HUMBLE
RUMBLES ORGANIC
POTATO CHIPS
SELECTED VARIETIES
135 G
21664846_EA
21664952_EA



\$3

DORITOS, SUNCHIPS
OR **FUNYONS MINIS**
OR **CHEETOS BITES**
CANISERS 81-145 G
OR **HAVOC FLAVOURED**
SNACKS 170-280 G
SELECTED VARIETIES
21635337_EA
21588799_EA



\$5

BEN & JERRY'S 473 ML
OR **MAGNUM BARS** 4'S
SELECTED VARIETIES FROZEN
21194689_EA
21428213_EA



\$2

HEINZ BEANS
OR **PASTA**
SELECTED VARIETIES
398 ML
20040380003_EA
2017278001_EA



\$7

CARNATION HOT
CHOCOLATE CANISERS
400/450 G OR **LAVAZZA**
GROUND COFFEE QUALITA
ROSSA/CREMA
GUSTO 250 G
SELECTED VARIETIES
21397690_EA
21553714_EA



\$5

BREYERS
CREAMERY STYLE
ICE CREAM
SELECTED VARIETIES
FROZEN
1.41 L
21450509_EA
21651432_EA



start with the basics

1⁵⁰

KNORR PASTA SAUCE OR DRY GRAVY MIX
SELECTED VARIETIES
22-48 G
20321329001_EA
20323323001_EA



2⁵⁰

STOVE TOP STUFFING
SELECTED VARIETIES
120 G
20009553001_EA
20310503001_EA



\$3

DEL MONTE CANNED FRUIT
SELECTED VARIETIES
398 ML
20296567008_EA
21657529_EA



\$11

PC® GRAPESEED OIL
750 ML
200990195_EA



SAVE 58¢
WHEN YOU BUY 2

2/\$3
OR \$1.79 EA.

NO NAME® MUSHROOMS
SELECTED VARIETIES
284 ML
20097492_EA
20299211_EA



GET 5,000⁺
when you spend "20" on



TRU EARTH LAUNDRY OR FABRIC SOFTENER
SHEETS 16-32'S
TOILET BOWL CLEANER 12'S
DISH TABS 40'S
OR SCENT BOOSTERS
200-460 G
SELECTED SIZES AND VARIETIES
21625514_EA
21660040_EA

5⁴⁹

HELLMANN'S MAYONNAISE OR CHICKEN WING DIPS
SELECTED VARIETIES
340-445 ML
21591867_EA
21649789_EA
21591817_EA



\$6

TERRY'S CHOCOLATE ORIGINAL OR SIMPLY 145 G OR BOULE D'OR CHOCOLATES 144-154 G
SELECTED VARIETIES
21672489_EA
21672499_EA



APP EXCLUSIVE OFFER*

SAVE UP TO \$5

GET 4,000⁺
back in points

\$14

PC® OR BLUE MENU® ENTRÉES
SELECTED VARIETIES
FROZEN
2/2.27 KG
20134930_EA
21778993_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

SAVE UP TO 49¢

\$3

NO NAME® VEGETABLES
SELECTED VARIETIES
FROZEN
750 G
20295818_EA
20302266_EA



SAVE UP TO 37%

\$5

TASTIEZ SHAREABLES
SELECTED VARIETIES
FROZEN
311 G
21691563_EA
21691571_EA



4⁵⁰

CHAPMAN'S YUKON NOVELTIES
SELECTED VARIETIES
FROZEN
5-8'S
21583339_EA



SAVE \$1
WHEN YOU BUY 2

2/3⁵⁰
OR \$2.25 EA.

PC® PASTA 454 G OR BLUE MENU® WHOLE GRAIN PASTA 375 G
SELECTED VARIETIES
21001578_EA



SAVE \$1
WHEN YOU BUY 2

2/\$7
OR \$4 EA.

PC® BASMATI OR JASMINE RICE
SELECTED VARIETIES
750 G
20961107_EA
20961292_EA



6⁹⁹

FUZE LEMON ICED TEA
SELECTED VARIETIES
12X341 ML
60-270'S
21645443_C12
21645563_C12



4⁵⁰

MOTT'S CLAMATO JUICE 1.89 L OR OCEAN SPRAY 100% JUICE BLEND OR COCKTAIL 1.77-1.89 L
SELECTED VARIETIES
2038955002_EA
20300004008_EA



1⁵⁰

NO NAME® FOIL 25FT OR GLAD CLING WRAP 30 M
SELECTED VARIETIES
21179986_EA



\$10

ZIPLOC MEGAPACK
SELECTED VARIETIES
60-270'S
21796700_EA



\$21

PUREX BATHROOM TISSUE
SELECTED VARIETIES
24-72 ROLLS
2189954_EA
21443672_EA



\$15

COTTONELLE BATHROOM TISSUE 12=48 ROLLS OR FLUSHABLE WIPES 4'S
SELECTED VARIETIES
21477027_EA
21665993_EA



\$11

GLAD OUTDOOR BUNDLE
SELECTED VARIETIES
10-40'S
21164510_EA
21164517_EA



From our home to yours



family meals

\$16

**INSTORE PREPARED
TURKEY CRANBERRY
SLIDERS**
750 G
21696333_EA



**SERVES
4**

\$16

**INSTORE
PREPARED
FAMILY PASTA
TRAY**
900 G-1.14 KG
21395979_EA

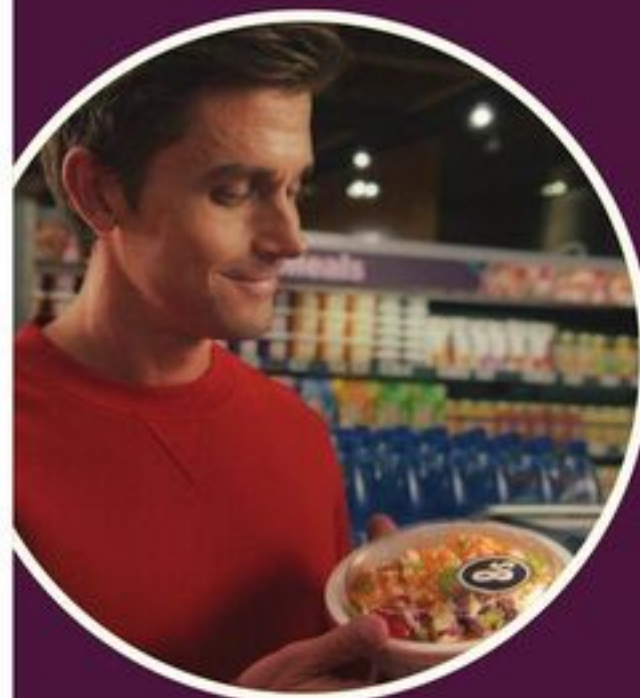


**SERVES
4**

\$8

single meals

**FRESHLY PREPARED
INSTORE SINGLE SERVE
ONE PAN MEALS**
SELECTED VARIETIES
135-410 G
21633777_EA/ 21696353_EA
21633861_EA



\$8

power bowls

INSTORE PREPARED BOWLS
SELECTED VARIETIES
350/400G
21666110_EA/21666166_EA



party platters

Discover our selection of freshly prepared platters for your next occasion.

\$25



**Order
in-store
or online
today.**



feeling zestive

5⁹⁹

5 LB

MANDARINS
PRODUCT OF CHINA
20088143001_EA



\$7

FARMER'S MARKET™ LEMONS
PRODUCT OF SOUTH AFRICA
3 LB BAG
2079887001_EA



\$6

FARMER'S MARKET™ ORANGES
PRODUCT OF SOUTH AFRICA
3 LB
20162943001_EA



\$4

NO NAME® NATURALLY IMPERFECT™ LIMES
PRODUCT OF MEXICO
1.5 LB
21673921001_KG



\$8

FARMER'S MARKET™ GRAPEFRUIT
PRODUCT OF SOUTH AFRICA
3 LB
20118409001_EA



\$9

PC® MANDARINS
PRODUCT OF SOUTH AFRICA
3 LB
20064961001_EA



4⁸⁸
LB

STEM & LEAF CLEMENTINE
PRODUCT OF SPAIN
10.76/KG
200613483001_KG



\$5
LB

PC® SATSUMA MANDARINS
PRODUCT OF U.S.A.
11.02/KG
200923159001_KG



SAVE 76¢
WHEN YOU BUY 2

2/\$5

OR \$2.88 EA.

RED POMELO
PRODUCT OF CHINA
20081390001_EA



20% OFF
TOTAL BULK

'tis the **sweetest** season

4 DAY SALE
THURSDAY, DECEMBER 4TH
TO SUNDAY, DECEMBER 7TH

\$4

SOUR JU JUBES
320 G
21694414_EA



\$4

GUMMI BEARS
280 G
21694433_EA



4⁵⁰

CHOCOLATE FLAVOURED MACAROONS
260 G
21694465_EA



\$7

MILK CHOCOLATE COVERED ALMONDS
240 G
21694434_EA



\$4

CRANBERRY COCKTAIL MIX
300 G
21694395_EA



\$7

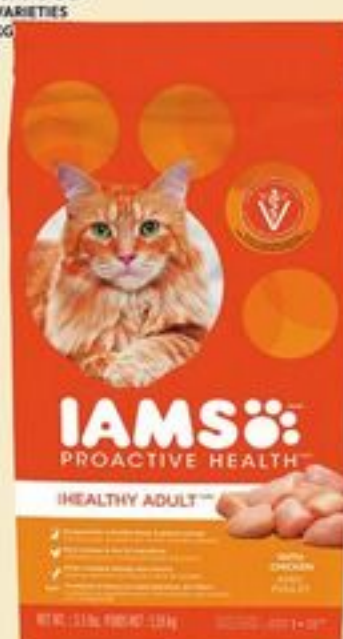
ROASTED CASHEWS
230 G
21694434_EA



for the love of **pets**

\$13

IAMS CAT FOOD
SELECTED VARIETIES
1.36/1.59 KG
21027553_EA



\$9

WHISKAS CAT FOOD
SELECTED VARIETIES
1.5/2 KG
21088889_EA



\$7

CATIT CATNIP
56 G
21478271_EA



SAVE \$1.99

\$7

FRISKIES CAT FOOD
1.4/1.5 KG
SELECTED VARIETIES
20912315_EA



SAVE \$1.49

6⁵⁰

FRISKIES CAT TREATS
SELECTED VARIETIES
454 G
21069907_EA



\$26

GET 2,500 back in points

FRISKIES OR FANCY FEAST
SELECTED VARIETIES
24'S
21082326_C01
21170917_C01



\$25

WHISKAS CAT FOOD
SELECTED VARIETIES
24'S
21069998_EA



\$24

GET 2,000 back in points

TIDY CATS CAT LITTER
SELECTED VARIETIES
5.44 KG
21217951_C01



SAVE \$1.99

\$20

ARM & HAMMER CAT LITTER
SELECTED VARIETIES
6.35-12.7 KG
21086970_EA



2/5⁵⁰

OR \$3.49 EA.

TEMPTATIONS CAT TREATS
SELECTED VARIETIES
160/180 G
2029813005_EA



\$9

MILK-BONE COMFORT CHEWS DOG TREATS
SELECTED VARIETIES
210/312 G
21026350E1A



\$5

MILK-BONE DOG BISCUITS
SELECTED VARIETIES
750-900 G
21014603_EA



\$9

DENTALIFE DOG TREATS
SELECTED VARIETIES
408-595 G
21081077_EA



\$18

CESAR DOG FOOD
SELECTED VARIETIES
12X100 G
20548229_EA



\$18

IAMS DOG FOOD
SELECTED VARIETIES
2.72/3.18 KG
20912435_EA



Festival of lights. Prices that shine.

Eight nights of Chanukah.
All in one cart.



2/\$5

OR
\$3 EA.

POMEGRANATE
PRODUCT OF U.S.A.
20134767001_EA



\$11



PC® SMOKED ATLANTIC SALMON
FROZEN
150 G
20108286_EA



\$12

MEDJOO DATES
PRODUCT OF U.S.A.
2 LB TUB
20001686_EA



6²⁹-\$8

CROWN CINNAMON BUNS
454 G OR **DR. LAFFA CHALLAH**
SWEET BREAD 640 G
SELECTED VARIETIES
201095501_EA
21492760_EA



21⁹⁹

MANISCHEWITZ CHANUKAH HOUSE KIT
1.2 KG OR **TUSCANINI CHOCOLATE TRUFFLES**
GIFT BOX
SELECTED VARIETIES
214955028_EA/216455942_EA



Optimum
Members-Only Price
3⁹⁹
Non-members
7⁹⁹

KEDEM SPARKLING GRAPE JUICE 750 ML OR
KEDEM GRAPE JUICE
LARGE 1.8 L
SELECTED VARIETIES
20314032001_EA/20034185006_EA



2/1⁵⁰

OR
\$0.89 EA.

AISH TAMID OR NER MITZVAH CHANUKAH CANDLES
SELECTED VARIETIES
44 CT PACK
21220142_EA/21645525_EA



69¢

GLICKS CHOCOLATE COINS SINGLES
15 G OR **BAKOL CHOCOLATE COINS SINGLES** 18 G
SELECTED VARIETIES
21582004_EA
20648133_EA



5⁴⁹

IZZY 'N' DIZZY BOUNCING MUSICAL DREIDEL OR ACHVA TAHINI
SELECTED VARIETIES
500 G
21212749_EA
20122784001_EA



2⁴⁹

LIEBER'S CANDY FILLED DREIDELS (LARGE) 70 G OR
OSEM BAMBA 100 G
SELECTED VARIETIES
21514326_EA
20770704_EA



89¢

GEFEN RAMEN NOODLES 85 G OR
WILLI FOOD NOODLE SOUP BOWL 70 G
SELECTED VARIETIES
20307234002_EA
20071540001_EA



2⁹⁹

FOULDS MAC & CHEESE WACKY
156 G OR **BERMAN HAMANTASCHEN**
BAG 175 G
SELECTED VARIETIES
20122898_EA/21095572_EA



ITEMS AVAILABLE AT THE FOLLOWING YOUR INDEPENDENT GROCERS LOCATIONS:
PETER'S YIG 1835 GORDON DR., KELOWNA, BC, CITY MARKET YIG VANCOUVER HOMER, VANCOUVER, BC.

Shop the **world** in our aisles



SAVE 30%



3⁵⁰

FARMER'S MARKET™ RED ONIONS
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
3 LB BAG
20811362001_EA



SAVE \$1 WHEN YOU BUY 2

2/\$5
OR \$3 EA.

POMEGRANATE
PRODUCT OF U.S.A.
20134797001_EA



\$2

ATAULFO MANGO
PRODUCT OF PERU
EACH
20121509001_EA



4⁵⁰

YELLOW DRAGONFRUIT
PRODUCT OF COLOMBIA
20826393001_EA



SAVE UP TO \$1.49

9⁵⁰

SEAQUEST® WHOLE POMPANO 800 G OR
WHOLE TILAPIA 1.36 KG
FROZEN
21591947_EA
21592084_EA



\$4

CRISPY POUND CAKE
SELECTED VARIETIES
368 G
20814078_EA
20814080_EA

13⁵⁰

NATUR SOURCE NUT MIX
SELECTED VARIETIES
450-625 G
21995937_EA
21996004_EA



\$10

PC® SPRING ROLLS
SELECTED VARIETIES
FROZEN
574 G
20698096_EA
20698133_EA



1²⁹

NONGSHIM NOODLES
SELECTED VARIETIES
120 G
21504277_EA
21504375_EA



3⁴⁹

ORION TURTLE CHIPS
SELECTED VARIETIES
160 G
21454281_EA
21563441_EA



\$6

HUY FONG SRIRACHA HOT CHILI SAUCE
734 ML
20074936_EA



\$3

LAOGANMA SPICY CHILI CRISP
210 G
20874066_EA



50¢

CHUBBY SODA
SELECTED VARIETIES
250 ML
20941724_EA
21563441_EA



2⁵⁰

GRACE EXOTIC CHIPS
SELECTED VARIETIES
75 G
21626319_EA
21626383_EA



SAVE 98¢ WHEN YOU BUY 2

2/\$7
OR \$3.99 EA.

LAY'S INTERNATIONAL FLAVORS
SELECTED VARIETIES
200 G
21663082_EA
21663203_EA



ITEMS AVAILABLE AT THE FOLLOWING YOUR INDEPENDENT GROCERS LOCATIONS: EDSON'S YIG 4431 4TH AVENUE, EDSON, AB, JOLY'S YIG 251 POWDER DRIVE, FORT MCMURRAY, AB, SINNOTT'S YIG 3 CLEARVIEW MARKET WAY, RED DEER, AB, PEARSON'S YIG 925 ST. ALBERT TRAIL, ST. ALBERT, AB, ELDOH'S YIG 1792 A 9TH AVENUE, FERNIE, BC, PETER'S YIG 1835 GORDON DR., KELOWNA, BC, LONSDALE CITY MARKET, 1650 LONSDALE AVENUE, NORTH SIDE, BC, NIELSEN'S YIG 18765 FRASER HIGHWAY, SURREY, BC, MILLER'S YIG 7190 KERR ST., VANCOUVER, BCPARK ROYAL CITY MARKET YIG, 845 PARK ROYAL NORTH, VANCOUVER, BC, NIEL'S YIG REGINA 1341 BROADWAY AVE., REGINA, SK, MICHAEL'S YIG 2815 WANUSKEWIN RD., SASKATOON, SK, YIG 335 HORNER CRES., SASKATOON, SK



**Value you
can count on.**

\$16



**PC® BLUE MENU®
CHICKEN BREASTS**
BONELESS, SKINLESS
AIR CHILLED
3'S
25340952_EA



2⁴⁷

**NO NAME®
CHICKEN WIENERS**
450 G
20058192_EA



\$13

**NO NAME®
MEAT LASAGNA**
FROZEN
2.27 KG
20099795_EA



\$1

**PC® BLUE MENU®
OR FREE & CLEAR®
SPARKLING WATER**
SELECTED VARIETIES
1L
20320832004_EA
20320832002_EA



\$7

**NO NAME®
CAT LITTER**
SELECTED VARIETIES
7 KG
20033746002_EA



live well, spend less

5⁵⁰

DOVE BODY WASH 325 ML OR BAR SOAP 6X106 G
SELECTED VARIETIES
21239554_EA/21510864_EA



\$8

METHOD BODY WASH 532 ML OR LIQUID HAND SOAP REFILL 828 ML-1 L
SELECTED VARIETIES
21425085_EA
21640640_EA



SAVE UP TO

25%

OLAY BODY WASH OR BAR SOAP
SELECTED VARIETIES AND SIZES
21000889_EA
21642769_EA



6⁵⁰

LIMIT 6
AFTER LIMIT 7.49 EA.

SENSODYNE OR PRONAMEL TOOTH PASTE
SELECTED VARIETIES
150/135 ML
20247931002_EA
20432248002_EA



3⁵⁰

LIMIT 6
AFTER LIMIT 4.49 EA.

CREST COMPLETE TOOTH PASTE 120 ML, CREST STAIN ERASER TOOTH PASTE 65 ML, CREST KIDS TOOTH PASTE 85-100 ML OR ORAL-B COMPLETE SATIN FLOSS 50 M
SELECTED VARIETIES
20348190001_EA/21354028_EA



\$6

LIMIT 6
AFTER LIMIT 8.39 EA.

LISTERINE CLASSIC 1 L OR KIDS 500 ML MOUTHWASH
SELECTED VARIETIES
20348438001_EA
21356791_EA



\$8

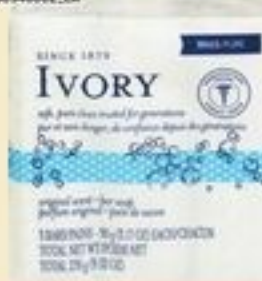
DOVE WOMEN'S DEODORANT 74 G OR DRY SPRAYS 107/113 G
SELECTED VARIETIES
20840721_EA/21196170_EA



SAVE UP TO

25%

IVORY BODY WASH OR BAR SOAP
SELECTED VARIETIES AND SIZES
20489974001_EA
20860346002_EA



7⁵⁰

LIMIT 6
AFTER LIMIT 8.99 EA.

COLGATE MAXFRESH OR TOTAL TOOTH PASTE 3'S OR MANUAL TOOTHBRUSH 2'S, BATTERY TOOTHBRUSH OR COLGATE TOTAL OR PRO RELIEF MOUTHWASH
SELECTED VARIETIES AND SIZES
2118930_EA/21166655_EA



\$8

TRESEMMÉ HAIR CARE
SELECTED VARIETIES AND SIZES
2031530016_EA
21696637_EA



\$4

GARNIER FRUCTIS HAIR CARE
SELECTED VARIETIES
370 ML
21005887_EA
21007302_EA



\$10

JOHN FRIEDA OR MARC ANTHONY HAIR CARE
SELECTED SIZES AND VARIETIES
21570404_EA
21646736_EA



\$14

L'ORÉAL PREFERENCE, FÉRIA OR OLIA HAIR COLOUR
SELECTED VARIETIES
20304062009_EA
21474523_EA



SAVE

GET 5,000⁺ back in points
when you buy 2

20%

AVEENO FACE OR BODY LOTIONS
SELECTED VARIETIES AND SIZES
20102023001_EA
20102023003_EA



SAVE

20%

CERAVE CLEANSERS OR MOISTURIZERS
SELECTED VARIETIES AND SIZES
21295400_EA
21354743_EA



SAVE

20%

CETAPHIL CLEANSERS OR MOISTURIZERS
SELECTED VARIETIES AND SIZES
20432313001_EA



\$10

DR. TEAL'S EPSOM SALT OR FOAM BATH
SELECTED VARIETIES AND SIZES
20335315_EA
21311642_EA



SAVE

25%

ST. IVES FACE SCRUBS, EXFOLIATORS OR LOTION
SELECTED VARIETIES AND SIZES
21086101_EA
21429055003_EA



live well, spend less

65⁴⁷

**ENFAMIL A+ NEUROPRO
AND GENTLEASE
POWDER REFILLS**
SELECTED VARIETIES
862/890 G
21589079_EA
21589205_EA



38⁹⁹

**SIMILAC 360 TOTAL CARE
READY TO FEED INFANT FORMULA**
24 X 59 ML
21702779_C24



4⁵⁰

**EARTH'S BEST
VEGGIE STRAWS
OR PUFFS**
SELECTED VARIETIES
44-78 G
21534806_EA
21534802_EA



2/\$5

OR
\$3.99 EA.
**GERBER SNACKS
OR ENTRÉES**
SELECTED VARIETIES
42-187 G
2030463003_EA
2030573800L_EA



5⁵⁰

**LITTLE BELLIES
ORGANIC
COOKIES**
SELECTED VARIETIES
130 G
21606647_EA
21606746_EA



\$13

**U BY KOTEX
LINERS 112-150'S,
PADS 30-60'S OR
TAMPONS 45'S**
SELECTED VARIETIES
21700475_EA / 21239949_EA



\$11

**ALWAYS FLEX
FOAM PADS**
SELECTED VARIETIES
AND SIZES
18-36'S
21284428_EA / 21641927_EA



\$18

**TENA UNDERWEAR
OR BRIEFS**
SELECTED VARIETIES
AND SIZES
20957423_EA / 21033778_EA



SAVE UP TO

15%

**ONE A DAY
MULTIVITAMINS
60-130'S OR
FLINTSTONE'S
CHILDREN'S
VITAMINS OR
SUPPLEMENTS**
60-180'S
SELECTED
VARIETIES
21663606_EA
21663766_EA



SAVE UP TO

25%

**WEBBER NATURALS
OR SESAME STREET
VITAMINS OR
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
20866422_EA
21795800_EA



SAVE UP TO

15%

**PERFECT SPORTS
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
21068247_EA / 21068329_EA



SAVE UP TO \$2

GET
2,000[®]
when you buy 2

\$2
back
in points

FROM 5⁴⁹-21⁹⁹

VICKS
SELECTED VARIETIES
AND SIZES
21295974_EA
21456315_EA



13⁵⁰

**BENYLIN[®]
COUGH RELIEF
SYRUP 170-250 ML OR
CAPLETS 24'S OR
TYLENOL COLD,
COUGH AND FLU
PRODUCTS 24/40'S OR
SYRUP 170/180 ML**
SELECTED VARIETIES
EACH
2012948400L_EA / 21263833_EA



BENYLIN[®]

EXTRA STRENGTH
**Sore Throat
& Cough**



GET 4,000[®]

when you buy 2

\$4
back
in points

**ENSURE OR
GLUCERNA READY
TO DRINK SHAKES**
SELECTED VARIETIES
AND SIZES
20180283003_EA
20308731008_C06





Prepared in Canada

SCHNEIDERS
EST. 1890

CANADIAN CRAFTED SINCE 1890

15% OFF
/100 g

Schneiders®
Blue Ribbon®
Bologna
Service
Case Meat
20303577_EA

15% OFF
/100 g

Schneiders®
Deli Best®
Service Case Meats
Select Varieties
20299821_EA

A TASTE OF WINTER CHEER

3⁴⁹

Arizona
Assorted flavours
960 mL
21043736_EA

4⁴⁹

Allen's
Assorted flavours
1.89L
21518094_EA

5⁴⁹

Del Monte
Assorted flavours
8 x 200 mL
21649074_EA

19⁹⁹

Oasis
Assorted flavours
40 x 200 mL
21030520_C01

PROUD CANADIAN COMPANY

CHEESE Festival

ENTER FOR A CHANCE TO
WIN CHEESE FOR A YEAR!

WWW.FREECHEESE.CA

\$8

Balderson
Premium Cheddar
250 - 280 g
2049401_EA

\$14

Balderson
Premium Aged Cheddar
280 g
20767482_EA

\$4

Rondelle
President
Brie
125 g
20672975_EA

\$10

President
Brie
300 g
20586276_EA

*No purchase necessary. Contest starts on November 14, 2025 12:00:01 a.m. ET and ends on December 31, 2025 11:59:59 p.m. ET. One form of entry for your chance to win a Grand Prize is to purchase any Participating Product, submit the purchase receipt, and complete the entry form at www.freecheese.ca (the "Website"). Maximum of ten (10) entries per household. One (1) participating product purchase equals one (1) chance to win a Grand Prize. Purchasing two (2) or more participating products on a single receipt earns a maximum of two (2) entries. There are two (2) Grand Prizes available to be won by random draw, consisting of Cheese for a Year (in the form of 144 1982 Cheese packages, 200 of each Grand Prize is \$1,440 CAD). The winner must currently possess a valid mailing address. The odds of winning depend on the number of eligible entries received. For all participating products and full rules, visit the Website. Contest is open to Canadian residents who are in Canada at the time of entry except individuals under the age of 18 (18) residing in Quebec. ©2025 Lactalis Canada. All rights reserved. Trademarks owned or used under license by Lactalis Canada, Toronto (ON, M9C 5L7).

CALLS FOR Saputo CHEESE

\$6

ALEXIS DE PORTNEUF
BRIE & CEMBERT,
SELECTED VARIETIES
125 g
20044852_EA

\$12

SAPUTO
PETALS
300 g
20600090_EA

\$6

SAPUTO
FRESH CHEESE,
ASSORTED VARIETIES
170-200 g
20051344_EA

7⁵⁰

ALEXIS DE PORTNEUF
BONAPARTE SOFT
RIPENED CHEESE
300 g
20677665_EA

5⁵⁰

WOOLWICH
GOAT LOGS:
ASSORTED VARIETIES
113 g
20682148_EA

*From domestic and imported ingredients.

windsor
SINCE 1873

GET INTO SALT

\$7

La Baleine Sea Salt
Fine or Coarse
750 g
20323596001_EA 20323596002_EA

\$8

Le Saunier de Camargue
Fleur de Sel
125 g
20039456_EA

RESTAURANT-INSPIRED FLAVOURS

4⁹⁹

Kraft Dinner Deluxe
Entrées
Selected Varieties
333 - 346 g
21694728_EA/21694895_EA

2/\$10
OR \$5.99 EA.

Taco Bell
Dinner Kits
Selected Varieties
401 - 642 g
21663631_EA

2/\$10
OR \$5.99 EA.

Taco Bell
Creamy Sauces
Selected Varieties
354 mL
21661774_EA

2/\$7
OR \$4.49 EA.

Taco Bell Sauces
Selected Varieties
207 mL
21661786_EA 21661788_EA

2/\$5
OR \$2.99 EA.

Kraft Dinner
Macaroni & Cheese
156 - 200 g
21548555_EA 21549589_EA

7⁴⁹

Kraft Dinner
Macaroni & Cheese
Snack Cups
4 x 55 - 58 g
21565025_EA

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Our butchers cut quality meat in your store every day!

pork loin schnitzel
21588065_EA

beef meatballs plain
21587897_EA

pork stir fry strips
21588095_EA

beef stir fry strips cut from Canada AA grade beef or higher
21588067_EA

chicken stir fry strips
21588091_EA

Holiday Savings

FOR EVERY OCCASION!

21125390_EA
21682347_EA

\$4.50 General Mills™ Winter Edition Cereals 264-340 g

21305885_EA
21305908_EA

\$4.50 Pillsbury™ Ready to Bake Seasonal Cookies 260 - 396 g

21435931_EA
21435938_EA

2/\$14 Pillsbury™ Pizza Pops™ 8's 760 g and Pizza Bites 50's
OR \$8.99 EA.

21675994_EA
20318474001_EA

3/\$9 Nature Valley™ Granola Bars 120-230 g, Betty Crocker™ and Mott's Fruit Snacks 128-226 g, Pillsbury™ Soft Baked Bars 150 g and Cereal Treat Bars 120 g
OR \$3.75 EA.

20320962002_EA
20317832003_EA

\$3.50 Pillsbury™ Base Sweet Goods & Breads 318 - 468 g

21505340_EA
20305424002_EA

\$2.50 Pillsbury™ Crescents and Wiener Wrap 200-227 g

20306992001_EA
200631080001_EA

2/\$7 Old El Paso™ Components selected varieties 94 - 334 g/243 - 398 ml
OR \$4.49 EA.

21305885_EA
21305908_EA

\$4.50 Pillsbury™ Premium Sweet Goods 454 - 496 g

MAKE EVERYDAY BETTER WITH THE GOODNESS OF PLANTS

1.75 L LACTOSE & DAIRY FREE

\$3.25 Silk Non-dairy Beverages Selected Varieties 1.74-1.89 L
203022002_EA/20303080_EA

1.2 L LACTOSE FREE & DAIRY FREE

\$2.50 Silk Non-dairy Beverages Selected Varieties 946 mL
2138420_EA

1.2 L LACTOSE & DAIRY FREE

\$5 Silk Non-dairy Barista Beverages Selected Varieties 946 mL
21357000_EA

500 g

2/\$12 Silk Non-dairy Yogurt Selected Varieties 500 - 650 g
2030620_EA/20306100_EA

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Get 25GB for \$29/mo*

+ Earn PC Optimum™ points

*Conditions apply, visit pcmobile.ca for full details. Subject to change.



FOOD DESERVES PEPSI

Family Meals \$20



1 Rotisserie Chicken 900 g with two small sides 134-454g and 1 L bottle of Pepsi
1980-2600 Cals



2 8 Piece Fried Chicken with two small sides 134-454 g and 1 L bottle of Pepsi
1740-2360 Cals



3 9 Piece Chicken Strips with two small sides 134-454 g and 1 L bottle of Pepsi
2470-3090 Cals

Combos for One \$11



4 2 Piece Fried Chicken + small side + Pepsi beverage 591 mL 680-1050 Cals



5 3 Piece Chicken Strips + small side + Pepsi Beverage 591 mL 780-1440 Cals



6 4 Piece Wings + small side + Pepsi Beverage 591 mL 490-1140 Cals

CHEESE Festival

ENTER FOR A CHANCE TO
WIN CHEESE FOR A YEAR!

WWW.FREECHEESE.CA



\$12 Black Diamond Cheese sticks, Cheestrings 24 - 28 pk. 504-588 g
20793883_EA/20794901_EA



2/\$10

OR \$5.99 EA.

Black Diamond Combo, 129 g

20798897_EA

Natural Cheese Slices 220 - 240 g

20798890_EA



\$5

Amooza Cheese Sticks 228 g

20797818_EA

Cracker Barrel Cheese Snacks 168 g

20790863_EA



\$7

Lactantia Butter Sticks, 454 g

20679968_EA/20679792_EA

Kraft Parmesan Shredded Cheese, 200 g

20799502_EA



\$6

Parkay Margarine 1.28-1.36 kg

20799976_EA

20096009_EA

*The purchase necessary. Contest starts on November 16, 2025, 12:00:01 a.m. ET, and ends on December 31, 2025, 11:59:59 p.m. ET. One form of entry for your chance to win a Grand Prize is to purchase any Participating Product, submit the purchase receipt, and complete the entry form at www.freecheese.ca (the "Website"). Maximum of ten (10) entries per household. One (1) participating product purchased equals one (1) chance to win a Grand Prize. Purchasing ten (10) or more participating products in a single receipt earns a maximum of ten (10) entries. There are two (2) Grand Prizes available to be won by random draw, consisting of Cheese for a Year on the basis of 1 kg (1000 g) Cheese sticks, 400 g of each Grand Prize is \$5 and 400 g. The winner must correctly answer a skill testing question. The odds of winning depend on the number of eligible entries received. For all participating products and full rules, visit the Website. Contest is open to Canadian residents who are in Canada at the time of entry, except individuals under the age of 18 years (18+ in Quebec). ©2025 Lactantia Canada. All rights reserved. Trademarks owned or used under license by Lactantia Canada, Toronto, ON, M9C 5L7.

Campbell's

THIS HOLIDAY SEASON



Try Campbell's easy-to-make side dish recipes



\$2

Campbell's® Condensed Soups selected varieties 284 mL

20387246002_EA

203979242_EA



2⁵⁰

Campbell's® Ready to Serve Soups selected varieties 515 mL

20387246002_EA

203979242_EA



5⁵⁰

Pace® Chunky Salsa selected varieties 642 mL

20387246002_EA

203979242_EA



\$3

Prego® Pasta Sauce selected varieties 645 mL

20325820001_EA

20340384_EA

© 2025 Campbell Company of Canada

Juice up your holiday



21434019_EA

21652207_EA

21086064_EA

21679928_EA

MINUTE MAID NO SUGAR ADDED DRINKS 1.54 L, SIMPLY ORANGE JUICE, LEMONADE OR DRINKS 1.54/1.75 L OR FUZE ICED TEA 1.75 L, SELECTED VARIETIES

GET 1,000[®] back in points

* The Coca-Cola Company, used under license.



2/\$14

OR \$8.99 EA.

MONTELLIER Carbonated Natural Spring Water selected varieties 10x355 mL

2096722_C10/2096704_C10

3/4⁹⁸

OR \$1.99 EA.

MONTELLIER Carbonated Natural Spring Water selected varieties 1 L

20662384_EA/20966445_EA

2/\$6

OR \$3.99 EA.

ROCKSTAR® Energy Drink selected varieties 473 mL

21656676_EA/21656669_EA

CELSIUS LIVE FIT

2/\$6

OR \$3.79 EA.

CELSIUS® Energy Drink selected varieties 355 mL

21648038_EA

21576466_EA



What if buying gas fuelled your points?

Only Esso™ and Mobil™ gas earns you PC Optimum™ points.



Esso Mobil + Optimum

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PROUDLY CANADIAN
SINCE 1883

CLUB HOUSE

6.99-11.99
McCormick® Gourmet Spices,
Selected Varieties
8.5-12 g
2132925_EA

2/\$4
Club House® Crafty and Bold Spice Mixes
21-42 g
208021601_EA
MADE IN CANADA

\$7
Club House® Pure
Vanilla Extract, 48 mL
20803348_EA
MADE IN CANADA

\$8
Club House® One Step
Seasoning Blends
131-181 g
208080601_EA
MADE IN CANADA

3.99
French's® Yellow and
Specialty Mustards
325-400 mL
20803238_EA/21044853_EA

3.50
Club House® Organic Spices
Selected Varieties
10-37 g
20951345_EA

7.49
ChiliMan® Hot Sauce,
Creamy and Salsa
150-325 mL
21392771_EA

5.49
Frank's® RedHot®
Hot Sauces, 354 mL
20187632001_EA/21044860_EA

**HELP US PUT FOOD
ON EVERY TABLE**
YOUR SUPPORT MAKES A DIFFERENCE!

Food Bank
Canada
Banques
alimentaires
Canada

This holiday season, Club House® is donating
400,000 meals to Food Banks Canada.*

*Club House® will donate \$200K to Food Banks Canada. Meals donated
is based on Food Banks Canada's meal metric of \$1 = 3 meals.

BURNBRAE
FARMS • FERMES

**REAL EGGS.
REAL EASY.®**

5⁵⁰ EACH
Naturegg Nature's Best
or Nestlaid
12 Large White Eggs
20818075001_EA

\$7 EACH
Naturegg Omega 3
12 Large White Eggs
20815563001_EA

5⁵⁰ EACH
Naturegg Simply Egg Whites
or Free Run Simply Egg Whites
500 g
20820130001_EA

**Fuel Your Body,
Feed a Cause.** **\$1 DONATION PER
CARTON PURCHASED** **KIP KIDS
HELP PHONE**

Tim Hortons

Tim Hortons®
Hot Chocolate tin
500 g
20055988_EA
\$6.50

Tim Hortons®
Nespresso
Compatible Capsules,
selected varieties
10's
21499820_EA
\$7.50

Tim Hortons®
hot chocolate sachets 8's
21314155_EA
\$6.50

Tim Hortons®
Instant coffee
selected varieties, 100 g
21167584_EA
\$8

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\$5
Angie's BOOMCHICKAPOP®
Sea Salt
136 g
20770751_EA

\$5
Angie's BOOMCHICKAPOP®
White Chocolatey & Peppermint
Drizzle or Dark Chocolatey Drizzle
136 g
20714552001_EA
20714552002_EA

\$5
Angie's BOOMCHICKAPOP®
Sweet & Salty
198 g
20811709_EA

**Share
in the
CELEBRATION**

\$12
Gardein® SUPRÊME™ Chick'n Wings
419 g
21551757_EA

\$12
Gardein® SUPRÊME™ Chick'n Tenders
425 g
21698368_EA

ALCAN CANADA'S #1 FOIL | **Reynolds KITCHENS** CANADA'S #1 PARCHMENT

**EVERYDAY KITCHEN
ESSENTIALS**
Prepared in Canada

\$4
• ALCAN® Classic Foil 50 ft
• ALCAN® Non-Stick Foil 25 ft
• Reynolds Kitchens® Unbleached
Parchment Paper 35 ft
20051862_EA

\$8
• ALCAN® Classic Foil 100 ft
• Reynolds Kitchens® Unbleached
Parchment Paper 75 ft
20030018_EA

Reference: Nielsen IQ August 2025 Data
Grocery Drug Mass Channel.

GET 7,500^{PC}
for every \$50*
spent on

\$7⁵⁰
back
in points

**OFFER DATES:
(DEC 4TH-10TH)**

GAP INC. BRANDS GIFT CARDS

OLD NAVY **ATHLETA**
BANANA REPUBLIC **GAP**

Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details,
terms & conditions. Offer applies to every \$50 spent on Gap Inc. Brands gift cards in a single transaction in store or online at
www.giftchoice.ca/en. Must be a registered PC Optimum member and use email associated with PC Optimum account if purchased
online. Cannot be combined with any other gift card offers. One offer per PC Optimum account. Not valid on prior purchases.
No cash value. PC Optimum points cannot be redeemed toward the purchase of gift cards. We are not obligated to award points based
on errors or misprints. Points will be awarded within 2 weeks of qualifying online transactions. Subject to change.

**TRUSTED
SOFTNESS,
BETTER
TEAR**

*vs. leading US
1-ply bargain brand

\$18 Charmin
Bath Tissue, 12=48 roll, soft,
21707532_EA

NEW
12=48 MEGA
Charmin
Ultra Soft
Ultra Doux
Smooth Tear
Softness
Softness

**cleans
Better**

\$18 Charmin
Bath Tissue, 12=48 roll, strong,
21636641_EA

*vs. Leading Canada 2-ply bath tissue

12=48 MEGA
Charmin
Ultra Strong
Ultra Resistant
Cleans Better
Softness

**+50% MORE
ABSORBENT**
*vs. leading ordinary brand.

\$18 Bounty
Paper Towel,
Select A Size, 6=12 roll,
21670280_EA

6=12 Doubles
Bounty
Select A Size
Absorbent
Softness

**THICKER
AND MORE
ABSORBENT**
*vs. the leading US 2-ply napkin

\$11 Bounty
Napkin 400's,
21053171_EA

400
White
Bounty
Napkins
The Quicker
Picker
Upper

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