



Askew's

FAMILY-OWNED GROCER
SERVING YOU FOR 96 YEARS



Locally Smoked
**HAMS
SHANK & BUTT
PORTIONS**

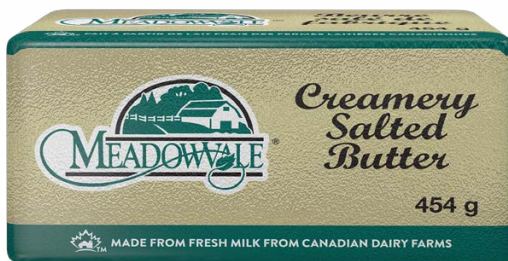
Bone-In, 8.77/kg

3.98
/lb.

Meadowvale

SALTED BUTTER

454 g



4.98

Armstrong

CHEESE

Cheddar, Marble,
Mozza, Harvarti,
Monterey Jack
600 g



7.98

Stove Top

**STUFFING
MIX**

Asst. Var.,
120 g



1.28

China Grown

CHINESE MANDARINS

While Supplies Last
4 lb Box



5.98
ea.

Christie

CRACKERS

Wheat Thins, Ritz
Sel. Var.,
180 g



2/4.98

VALID DECEMBER 14 - DECEMBER 20, 2025 | WE RESERVE THE RIGHT TO LIMIT QUANTITIES WHILE QUANTITIES LAST.



GROCERY *Everything you need*

Heinz
BAKED BEANS

Asst. Var.,
398 mL



3/4⁹⁸

Kraft
MAYONNAISE & MIRACLE WHIP

Asst. Var.,
650 - 890 mL



5⁴⁸



Ocean Spray
CRANBERRY SAUCE

Whole Berry or Jelly
348 mL



2⁴⁸

Stove Top
STUFFING MIX

Asst. Var.,
120g



1²⁸

Bick's
DILL PICKLES

Asst. Var.,
1 L



3⁹⁸



Kraft
DRESSING

Asst. Var., 425 mL

3²⁸

Campbell's
BROTH

Asst. Var.,
900 mL



2²⁸

Heinz
KETCHUP

Asst. Var.,
750 mL - 1 L



5⁴⁸

Clover Leaf
SMOKED OYSTERS

85 g



1⁹⁸

Knorr
SIDEKICKS

Asst. Var.,
121 - 167 g



1⁹⁸

Money's
MUSHROOMS

Asst. Var.,
Sliced & Whole
284 mL



1⁷⁸

Crisco
OIL

Vegetable or Canola
1.18 L



7⁹⁸

French's
MUSTARD

Asst. Var.,
325 - 550 mL



2⁹⁸

Knorr
CLASSIC GRAVY & SAUCE MIXES

Asst. Var.,
26 - 34 g



1⁶⁸



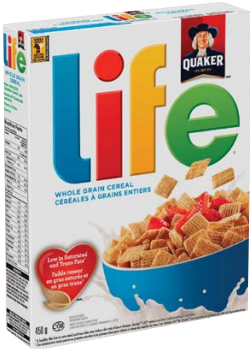
Kellogg's
CEREAL
Jumbo Packs
Asst. Var., 700 g - 1.05 kg

8⁹⁸

Everything you need **GROCERY**

Quaker
CEREAL
Oat Squares,
Life, Corn Bran
Asst. Var.,
375 - 500 g

3⁹⁸



Quaker
HOT INSTANT OATMEAL
Asst. Var.,
232 - 344 g

3⁴⁸



Ocean Spray
100% CRANBERRY JUICE BLENDS OR COCKTAILS
Asst. Var.,
1.77 - 1.89 L

4⁴⁸ + dep



Bubly
SPARKLING FLAVOURED WATER
Asst. Var.,
12 x 355 mL

6⁴⁸ + dep



Nabob
COFFEE
Asst. Var.,
340 g

6⁹⁸



Pearl Milling
PANCAKE MIX & SYRUP
Asst. Var.,
710 mL or 905 g

3⁹⁸



Smucker's
PURE FRUIT JAM
Asst. Var.,
500 mL

5⁹⁸



Christie
CRACKERS
Wheat Thins, Ritz
Sel. Var., 180 g

2/4⁹⁸



Molson
EXEL NON-ALCOHOLIC BEER
12 x 355 mL

9⁹⁸ + dep



Mott's
CLAMATO JUICE
Asst. Var.,
1.89 L

3⁴⁸ + dep



Dare Breton
CRACKERS
Asst. Var.,
100 - 225 g

3⁴⁸



Elias
HONEY
Creamed or Liquid
500 g

6⁹⁸



Quaker
CHEWY BARS & DIPPS
120 - 156 g

2⁷⁸



Pepperidge Farms
GOLDFISH BAKED SNACK CRACKERS
Asst. Var.,
156 - 227 g

2⁹⁸



GROCERY *Everything you need*

Milk-Bone
DOG BISCUITS
Asst. Var.,
280 - 900 g



4⁹⁸

Tidy Cats
CAT LITTER
Asst. Var.,
2.72 kg



11⁹⁸

Meow Mix
DRY CAT FOOD
Asst. Var., 1.42 kg

6⁹⁸



Cascade
ACTION PACS
Asst. Var.,
30 - 48 pk



17⁹⁸

Dawn
ULTRA DISHWASHING LIQUID
Asst. Var.,
431 - 473 mL



3²⁸

Sponge Towel
ULTRA PAPER TOWEL
Asst. Var.,
3 Double Rolls



7⁹⁸



Purex
BATHROOM TISSUE
12 Double Roll or 8 Triple Roll
7⁹⁸

OGX
SHAMPOO & CONDITIONER
Asst. Var.,
385 mL

7⁹⁸



Scotties
FACIAL TISSUE
Asst. Var.,
81 - 126 pk

1⁴⁸



PHARMACY *at Uptown*



The staff at Askew's Uptown Pharmacy want to work with you to improve and maintain your good health.

Call us at 250-832-7655

Open 9 am - 6 pm Monday to Saturday.
Closed Sundays and Statutory Holidays.

NeilMed
SINUS PRODUCTS
Asst. Var.,
75 mL or each



6³⁹ - 19⁹⁹

Glysomed
HAND CREAM
Asst. Var.,
50 - 150 mL

3⁸⁹ - 8⁴⁹



Salonpas
MUSCLE & JOINT PAIN PRODUCTS
Asst. Var.,
1 - 40 pk, 85 g
or 118 mL

6⁷⁹ - 17⁸⁹



- + Prescription Services
- + Compliance Packaging
- + Private Medication Reviews
- + Injections
- + Free Prescription Delivery

- + Health and Medication information
- + Custom Orders welcome
- + A wide selection of front store OTC products

Everything you need **GROCERY**

Western Family
**PURE VANILLA
EXTRACT**
125 mL



9⁹⁸

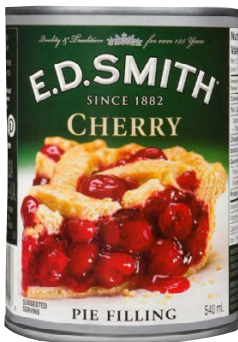
Western Family
BAKING ALMONDS
Asst. Var.,
105 - 135 g



2/4⁹⁸



ED Smith
PIE FILLING
Asst. Var.,
540 mL



5⁴⁸

Sun-Maid
RAISINS
375 g



4⁴⁸

ED Smith
PURE PUMPKIN
796 mL



4⁴⁸

Dempster's
**SIGNATURE
BREAD**
Asst. Var.,
600 - 680 g



3⁷⁸

Dempster's
10" TORTILLAS
Asst. Var.,
6-10 pk



3⁴⁸



BAKERY
Prepared with love

Fresh Baked
**TUXEDO
1/2 BAR CAKE**
12⁴⁸
ea.



Fresh Baked In-Store
FRUIT BREAD



4²⁸
ea.

Fresh Baked In-Store
DINNER BUNS
1 Dozen



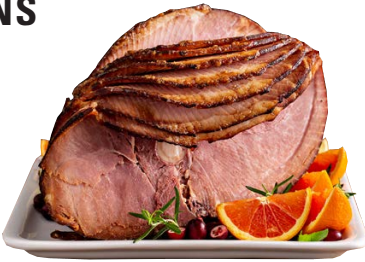
4²⁸

**The appearance
of fresh baked
product may vary
between stores.*

MEAT *Carefully sourced*

Locally Smoked HAMS SHANK & BUTT PORTIONS

Bone-In
8.77/kg



3⁹⁸
/lb.

Fresh BEEF STRIPLOIN GRILLING STEAK

Grade AA Beef,
Value Pack
41.84/kg



18⁹⁸
/lb.



Fresh
**BEEF OUTSIDE
ROUND ROAST**
Boneless, Grade AA, Value Pack
22.00/kg

9⁹⁸
/lb.

Fresh LEAN GROUND BEEF

Ground Fresh In-Store Daily
Value Pack
15.39/kg



6⁹⁸
/lb.

Fresh PORK LOIN CHOPS

Bone-In, Center Cut, Value Pack
8.77/kg



3⁹⁸
/lb.

Fresh CHICKEN THIGHS

Skinless, Boneless
17.59/kg



7⁹⁸
/lb.

Frozen CORNISH GAME HENS

Grade A
9.88/kg



4⁴⁸
/lb.



Fresh & Local
**CHICKEN
BREASTS**
Boneless, Skinless, Value Pack
Asst. Var., 15.39/kg

6⁹⁸
/lb.

Askew's Own PORK APPLE SAUSAGE

22.00/kg



9⁹⁸
/lb.



Local - Chop N Block SLICED BACON

19.80/kg



8⁹⁸
/lb.

Grimm's SAUSAGE RING

Asst. Var.,
300 g



7⁵⁸
ea.

Askew's Own MENNONITE SAUSAGE

375 g



8⁵⁸
ea.



Mitchell's TOUPE HAM

1.5 kg



12⁹⁸
ea.

Harvest SMOKED SAUSAGE CHUBS

Asst. Var.,
375 g



7⁹⁸
ea.

Freybe DRY SALAMI CHUBS

Asst. Var.,
250 g



8⁶⁸
ea.

Janes PUB STYLE CHICKEN

Asst. Var.,
700 g



12⁹⁸
ea.

Summer Fresh

**ASSORTED
DIPS & HUMMUS**

Asst. Var., 227 g

4⁷⁷

DELI

Prepared with love

Ilios

CRACKERS
Asst. Var.,
175 g



4³⁷

ea.

Freybe

**PITTED CASTELVETRANO, PITTED
KALAMATA OLIVES,
OLIVE BRUSCHETTA**
Asst. Var.,
320 mL

9⁶⁷

ea.



Antica Macelleria

CHARCUTERIE MEATS
Asst. Var.,
350 - 500 g

10⁹⁷

ea.



Yucatan

GUACAMOLE

Authentic, Mild or Spicy

227 g

7⁹⁷

ea.



Frozen

**WILD SOCKEYE SALMON
FILLETS**



4⁹⁸

/ 100 g



7 Seas

PEELED SHRIMP
31 - 40 Raw
41 - 50 Cooked
340 g

7⁹⁸

ea.



Mrs. Friday's

SEAFOOD CRAB CAKES
Frozen
510 g

14⁹⁸

ea.



Nanuk

**SMOKED
SALMON LOX**
Frozen
85 g

9⁹⁸

ea.



SEAFOOD

Healthy & delicious



≡

fish
FRIDAY

≡

FRESH
ROCK FISH FILLETS

DAIRY *From basics to deluxe*

Parkay
MARGARINE
Quarters & Soft Tub
1.28 - 1.36 kg

5⁹⁸



Dairyland
**ORIGINAL
EGG NOG**
2 L

4⁴⁸ + dep



Armstrong
CHEESE

Cheddar, Marble, Mozza,
Harvarti, Monterey Jack
600 g

7⁹⁸



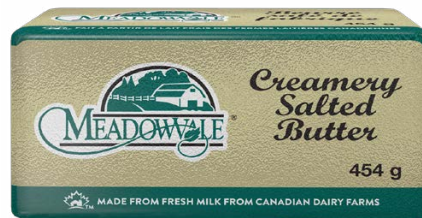
Broadview
LARGE FREE RANGE EGGS
1 dozen

5⁴⁸



Dairyland
SALTED BUTTER
454 g

4⁹⁸



Philadelphia
CREAM CHEESE
Asst. Var.,
227 - 250 g

3⁹⁸



Dairyland
10% CREAM
946 mL

2⁹⁸

Dairyland
**SOUR
CREAM**
750 mL

4⁴⁸



Dairyland
**COTTAGE
CHEESE**
Light, 2%
750 g

4⁹⁸



Dairyland
18% CREAM
946 mL

3⁹⁸



Dairyland
**WHIPPING
CREAM**
946 mL

4⁹⁸



Dairyland
**AEROSOL WHIP
CREAM**
225 g

3⁴⁸



Castello
CAMEMBERT & BRIE
Asst. Var.,
125 g

3⁴⁸



Tropicana
**ORANGE
JUICE**
Asst. Var.,
2.63 L

8⁹⁸ + dep



Activia
YOGURT
Asst. Var.,
650 g

3²⁸



Dr Oetker
PIZZA
 Rising Crust or
 Giuseppe
 Asst. Var.,
 439 - 785 g



5⁹⁸

McCain's
FRIES
 Superfries, Extra
 Crispy, Wedges,
 Tasti Taters
 Asst. Var.,
 454 - 800 g



2⁹⁸

Green Giant
**VEGETABLES
 OR VALLEY SELECT
 VEGETABLE BLENDS**
 Asst. Var., 400 - 750 g

3⁴⁸



Pillsbury
PIZZA POPS
 Asst. Var.,
 760 g



5⁹⁸

Tenderflake
PIE & TART SHELLS
 Asst. Var.,
 255 - 397 g



3⁹⁸

Chapman's
**SUPER PREMIUM
 ICE CREAM**
 Asst. Var.,
 500 mL



3⁹⁸

Chapman's
ICE CREAM
 Asst. Var.,
 4 L



9⁹⁸

Tostitos
**TORTILLA
 CHIPS**
 Asst. Var., 295 g
2/8⁹⁸

Tostitos
SALSA
 Asst. Var.,
 418 mL



4⁹⁸

Pepsi, 7-Up, Schweppé's
POP
 Asst. Var.,
 12 x 355 mL



7⁹⁸
 + dep

Everything you need **GROCERY**

Old Dutch
POTATO CHIPS
 Asst. Var., 200 - 235 g
3/9⁹⁸



Lay's
**POTATO
 CHIPS**
 Asst. Var.,
 200 - 235 g



4²⁸

Old Dutch
PRETZELS
 Asst. Var.,
 240 - 400 g



3⁹⁸

Old Dutch
**RESTAURANTE
 TORTILLA
 CHIPS**
 Asst. Var.,
 240 - 400 g



3⁹⁸

Old Dutch
**RIP-L
 VEGGIE
 CRISPS**
 Asst. Var.,
 200 g

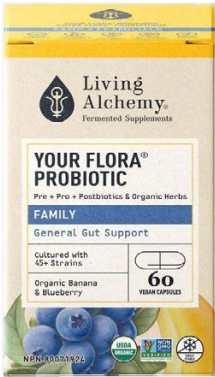


3/9⁹⁸



WELLNESS *Living life to the fullest*

Living Alchemy
**PROBIOTIC
FAMILY**
60 V Caps



39⁹⁸

Helps promote favorable gut flora.

New Roots
**ULTRA B
COMPLEX**
90 V Caps



29⁹⁸

Helps metabolize nutrients.

Sukin
**GLOW
ACTIVE C
BRIGHTENING
MIST**
125 mL



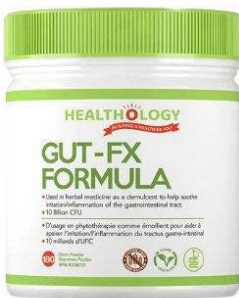
15⁹⁸

Soothing & hydrating for the skin.

Organika
**ORGANIC
PLANT PROTEIN
POWDER**
Asst. Var., 740 g

44⁹⁸

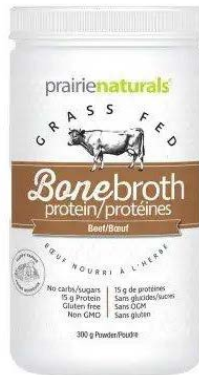
Healthology
**GUT FX
POWDER**
180 g



31⁹⁸

Soothes irritation of the
gastrointestinal tract.

Prairie Naturals
BONE BROTH
Asst. Var.
300 g



39⁹⁸

Gluten & dairy free tasty bone broth.

Back to Earth
**TRANQUILITY
BATH
SALTS**
Asst. Var.
1 kg



19⁹⁸

Naturally relaxing bath salts.

Suku
**BUH BYE
STRESS**
60 Gummies



21⁹⁸

Helps promote relaxation & reduce
stress.

A Vogel
**ECHINAFORCE
JUNIOR**



18⁹⁸ 90 chews

29⁹⁸ 180 chews

Supports immune system to fight off
colds.

Essentials
**AROMATHERAPY
IONIZING
DIFFUSER &
HUMIDIFIER**
1.3 L



37⁹⁸

Multi-coloured diffuser for dry air relief.



Organika Organic Plant Protein
Healthy protein plus Probiotics
for good health.

** Not all products available at all locations.*



*Custom gift
Baskets!*

DID YOU KNOW?

Our **Askew's Delis** will happily
create a **custom gift basket** to
suit your specific needs!

Creativity takes a little time, so
please allow us **24 hours'** notice
to make that **perfect gift** for that
special someone.





Knudsen
JUST JUICE
Cranberry, Blueberry, Pomegranate,
Black Cherry, Tart Cherry
946 mL
9.98
+ dep

NATURALLY 
Good!

Nuts to You
CASHEW BUTTER
365 g
7.88



Martinelli's
SPARKLING JUICE
Asst. Var.,
750 mL
6.98
+ dep



Natur-a
DAIRY FREE BEVERAGE
Rice, Soy, Oat, Almond
Asst. Var.,
946 mL
2.98
+ dep



Annie's
PASTA DINNERS
Asst. Var.,
4 pk
9.98



Kettle
POTATO CHIPS
Asst. Var.,
368 g
4.98



Pacific
ORGANIC BROTH
Asst. Var.,
946 - 1 L
4.98



Stahlbush Island Farms
VEGETABLES
Frozen
Sel. Var.,
198 - 397 g
2.98



Que Pasa
ORGANIC TORTILLA CHIPS
Sel. Var., 300 - 350 g
3.68



BC

Whittaker's
CHOCOLATE BARS
Sel. Var.,
200 g
6.98



Hornby
ORGANIC O SNACK ENERGY BARS
Asst. Var.,
45 g
3/4.98



BC

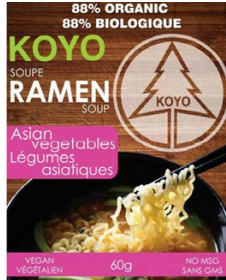
GT's
RAW KOMBUCHA
Asst. Var.,
480 mL
4.48
+ dep



Filsinger's
ORGANIC APPLE CIDER VINEGAR
945 mL
7.98



Koyo
RAMEN NOODLE SOUP
Asst. Var.,
57 - 60 g
3/4.98



Que Pasa
ORGANIC SALSA
Asst. Var.,
420 mL
4.98





PRODUCE *Seasonal goodness & more*

China Grown

CHINESE MANDARINS

While Supplies Last

4 lb Box



5⁹⁸
ea.



California Grown
BROCCOLI CROWNS

5.91/kg

2⁶⁸
/ lb.

BC Grown

RUSSET POTATOES

10 lb Bag



4⁹⁸
ea.



California Grown

CELERY

3.70/kg



1⁶⁸
/ lb.



California Grown

JUMBO YAMS & SWEET POTATOES

3.26/kg

1⁴⁸
/ lb.



California Grown

BABY PEELED CARROTS

2 lb Bag



2⁹⁸
ea.

USA Grown

MEDIUM ONIONS

3 lb Bag



1⁴⁸
ea.

Canada Grown

ORGANIC RUSSET POTATOES

5 lb Bag



4⁶⁸
ea.

China Grown

ORGANIC CHINESE MANDARINS

While Supplies Last

4 lb Box



6⁹⁸
ea.



Askew's

SA Downtown: 250-832-2064

SA Uptown: 250-832-7622

Armstrong: 250-546-3039

Enderby: 250-838-6064

Sicamous: 250-836-4899

To reduce our environmental impact our flyer is printed on unbleached recycled fibres using soy-based inks.



@askewsfoods | askewsfoods.com

We reserve the right to limit quantities.



**PLEASE HELP SUPPORT
YOUR LOCAL FOOD BANK**

**Bring your non-perishable food items
or cash to the food bank**

ALL STORES OPEN DAILY - FOR HOURS VISIT **ASKEWSFOODS.COM**