

HOLIDAY YOUR WAY

**GREEN
SEEDLESS GRAPES**
PRODUCT OF PERU, NO. 1 GRADE
4.37/KG

198
/LB

**EXTRA
LARGE**

BONELESS

788
/LB

FRESH BONELESS STRIPLOIN STEAKS
FAMILY PACK OR ROAST
CUT FROM UNGRADED SELECTED VARIETIES WHILE QUANTITIES LAST
17.37/KG

PKG OF 3

288
EACH

ROMAINE HEARTS
PRODUCT OF U.S.A. AND/OR MEXICO
1 PK
CLEMENTINES
PRODUCT OF MOROCCO
1 LB

FRESH

548
/LB

250
points
= \$2

NEW ZEALAND
SPRING LAMB
Halal Certified

**NEW ZEALAND
FRESH LAMB LEG**
SELECTED VARIETIES
WHILE QUANTITIES LAST
12.08/KG

CARROTS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
2 LB
YELLOW ONIONS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
2 LB

98¢
EACH

**WE
LOVE
LOCAL**
Ontario

FRESH

888
/LB

ATLANTIC SALMON FILLET FAMILY PACK 19.58/KG

**OLD
CHEDDAR
FORT**

44
EACH

**SELECTION
CHEESE
400 G
SHREDS**
320 G
SELECTED VARIETIES

**SELECTION
LARGE EGGS**
18'S
**LIFE SMART
NATURALIA
OMEGA-3
FREE RUN
EGGS**
12'S
SELECTED VARIETIES

488
EACH

large size
fibre gross
eggs

10 KG



**FIVE
ROSES**

**FIVE ROSES OR
ROBIN HOOD
FLOUR**
10 KI
SELECTED VARIETIES

1198
EACH

MERRY CHRISTMAS!

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, DECEMBER 18TH TO DECEMBER 24TH, 2025
ALL STORES OPEN DECEMBER 24TH FROM 7:00 AM - 6:00 PM

SEE YOUR LOCAL STORE OR FOODBASICS.CA FOR MORE DETAILS

HOLIDAY FAVOURITES YOUR WAY



9⁹⁹
EACH

IRRESISTIBLE GOURMET DELIGHT
COLLECTION COOKIES
700 G SELECTED VARIETIES WHILE QUANTITIES LAST



TOBLERONE CHOCOLATE
200 - 340 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

9⁹⁹
EACH



9⁹⁹
EACH

NESTLÉ TURTLES CHOCOLATES
300 - 350 G SELECTED VARIETIES WHILE QUANTITIES LAST



FERRERO ROCHER CHOCOLATE BOX
375 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

11⁹⁹
EACH

NESTLÉ
QUALITY STREET
CHOCOLATES
600 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

15⁹⁹
EACH



HOLIDAY ENTERTAINING YOUR WAY

IRRESISTIBLE
PACIFIC WHITE
TINY SHRIMP
RING WITH
SAUCE
284 G FROZEN
SELECTED VARIETIES

5⁴⁴
EACH



IRRESISTIBLE BATTERED CHEESE STICKS
OR JALAPEÑO POPPERS
325 - 400 G FROZEN SELECTED VARIETIES

6⁹⁹
EACH



IRRESISTIBLE BANG BANG SHRIMP OR
SHRIMP GYOZA OR TEMPURA SHRIMP
340 - 400 G FROZEN SELECTED VARIETIES



IRRESISTIBLES FULLY COOKED MEATBALLS
500 - 600 G FROZEN SELECTED VARIETIES

9⁹⁹
EACH



IRRESISTIBLES COCONUT
SHRIMP WITH CHILI SAUCE
454 G FROZEN SELECTED VARIETIES

10⁹⁹
EACH

HOLIDAY YOUR WAY



4.99
EACH

SELECTION CHEESECAKE 210 g
IRRESISTIBLE PORTUGUESE STYLE TARTS 450 g
SELECTED VARIETIES



4.49
EACH

BRANDT
KOLBASSA,
IRRESISTIBLES
GOAT CHEESE
OR BOURSIN
CHEESE
150 - 200 g
SELECTED VARIETIES



2.22
EACH

DARE OR CHRISTIE COOKIES
160 - 312 g
SELECTED VARIETIES



2.99
EACH

50
points



2/\$5

REDPATH BAKING SUGAR
1 kg
SELECTED VARIETIES



2.98
EACH

CLASSICO
PASTA SAUCE
410 - 600 mL
SELECTED VARIETIES



4.99
EACH

NESTLÉ
REAL DAIRY
ICE CREAM
1.5 L
NOVELTIES
4-10 g
iögo
FROZEN YOGURT
POPS
HÄAGEN-DAZS
ICE CREAM
400 mL
SELECTED VARIETIES



2.99
EACH

DORITOS, RUFFLES POTATO CHIPS OR CHEETOS
180 - 285 g
SELECTED VARIETIES



4.99
EACH

DR. OETKER GIUSEPPE PIZZA 439 - 785 g
HUNGRY-MAN MEAL 360 - 455 g FROZEN
SELECTED VARIETIES



9.99
EACH

IRRESISTIBLES
WALNUTS
HALVES & PIECES
750 g

MERRY CHRISTMAS!

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ALL STORES OPEN DECEMBER 24TH FROM 7:00 AM - 6:00 PM
SEE YOUR LOCAL STORE OR FOODBASICS.CA FOR MORE DETAILS

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

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We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at FoodBasics.ca. Certain prices and special offers advertised in our flyers may vary by area. To view local store flyer, visit FoodBasics.ca, where you can create an account (or sign into an account) and select your preferred location. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional error that may occur in the copy or illustration. References for savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. until Wednesday. Other exceptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. Upon presentation of the Rewards card, points awarded are calculated on the total amount, before taxes, and excludes the products specified in the terms and conditions of the program. Does not apply to bonus points. Available at stores participating in the Mail Program. For \$3 = 1 pt. available at Metro; not available at Food Basics. Points redeemable at participating stores starting at a balance of 500 points (\$4 value). Visit mymorewards.ca for terms and conditions. Most Rewards is a trademark of Metro Inc.

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Healthy Together

MAKE THE OUT OF REACH REACHABLE

HELP SOMEONE
IN NEED BY
DONATING
AT CHECKOUT.
WE'LL MATCH IT.



Between November 27, 2025 - December 24, 2025, Metro Inc. will match every \$2.00 donation with a Food Basics gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Metro Employee.

TOGETHER HELPING LOCAL FOOD BANKS

All bags will be donated
to local community
Food Banks



ACTUAL PRODUCT SELECTION MAY VARY

Visit foodbasics.ca for details. While quantities last.

PRODUCE

SEEDLESS ORANGES
PRODUCT OF SOUTH AFRICA
4.36/KG

THIS WEEK ONLY

1.98
/LB

TROPICAL GOLD PINEAPPLE
PRODUCT OF COSTA RICA

BLACKBERRIES
PRODUCT OF MEXICO, NO. 1 GRADE
178 G

BLUEBERRIES
PRODUCT OF PERU, NO. 1 GRADE
178 G

THIS WEEK ONLY

2.98
EACH

POMEGRANATE
PRODUCT OF EGYPT

THIS WEEK ONLY

1.98
EACH

LEMONS
PRODUCT OF SOUTH AFRICA
218

CITRON
PRODUCT OF MEXICO

AVOCADOS
PRODUCT OF MEXICO AND/OR PERU
5 OR 6 PACK

THIS WEEK ONLY

3.98
EACH

BRUSSELS SPROUTS
PRODUCT OF HOLLAND OR U.S.A. OR MEXICO
6.57/KG

THIS WEEK ONLY

2.98
/LB

ATTITUDE BABY SPINACH OR SPRING MIX
312 G

THIS WEEK ONLY

4.98
EACH

WE LOVE LOCAL
RUTABAGAS
PRODUCT OF ONTARIO
2.16/KG

THIS WEEK ONLY

98¢
/LB

POM WONDERFUL POMEGRANATE ARILS
110 G

THIS WEEK ONLY

4.98
EACH

IRRESISTIBLES FRESH HERBS
21 G

THIS WEEK ONLY

2/\$4

WE LOVE LOCAL
CRANBERRIES
PRODUCT OF CANADA
340 G

THIS WEEK ONLY

2.88
EACH

SWEET POTATOES
PRODUCT OF U.S.A.
3.26/KG

THIS WEEK ONLY

1.48
/LB

THE LITTLE POTATO COMPANY POTATOES
PRODUCT OF CANADA, 600 G SELECTED VARIETIES

THIS WEEK ONLY

2.98
EACH

30 points

GREEN BEANS
PRODUCT OF U.S.A.
340 G

GREEN FRENCH BEANS
PRODUCT OF GUYANA
400 G

THIS WEEK ONLY

3.98
EACH

HOthouse GRAPE TOMATOES
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE 200 G

MINI CUCUMBERS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE 397 G

THIS WEEK ONLY

2.98
EACH

IRRESISTIBLE SNACK TRAY
327 - 400 G

THIS WEEK ONLY

11.99
EACH

FRUIT OR VEGETABLE TRAY
920 G - 1.13 KG

THIS WEEK ONLY

10.99
EACH

FLORAL

CHRISTMAS BUNCHES & BOUQUETS
WHILE SUPPLIES LAST

THIS WEEK ONLY

2/\$12

HOLIDAY BOUQUET
WHILE SUPPLIES LAST

THIS WEEK ONLY

18.88
EACH

6" POINSETTIA
WHILE SUPPLIES LAST

THIS WEEK ONLY

6.98
EACH

5" ORCHID
WHILE SUPPLIES LAST

THIS WEEK ONLY

9.98
EACH

MEAT

FRESH CHICKEN DRUMSTICKS
INCLUDING ZARINA HALAL
6.59/KG

THIS WEEK ONLY

2.99
/LB

HALAL AT SAME PRICE

SELECTION FRESH PORK SAUSAGES FAMILY PACK
HOT, MILD, HONEY GARLIC OR BREAKFAST
SELECTED VARIETIES
9.90/KG

THIS WEEK ONLY

4.49
/LB

LEGACY CURED BONELESS PORK LOIN
HALAL OR NON-HALAL
8.80/KG

THIS WEEK ONLY

3.99
/LB

FRESH BONELESS PORK COMBINATION CHOPS
INCLUDING CENTRE CUT CHOPS
11.00/KG

THIS WEEK ONLY

4.99
/LB

FRESH SKINLESS CHICKEN BREAST FAMILY PACK
BONE-IN, SPLIT
11.00/KG

THIS WEEK ONLY

4.99
/LB

EXTRA LEAN GROUND BEEF FAMILY PACK
INCLUDING HALAL
19.82/KG

THIS WEEK ONLY

8.99
/LB

HALAL AT SAME PRICE

SELECTION SMOKED BONELESS HALF HAM
675 G
SELECTED VARIETIES

THIS WEEK ONLY

8.99
EACH

MARC ANGELO OVEN READY ROASTS
300 G - 1 KG SELECTED VARIETIES

THIS WEEK ONLY

10.99
EACH

MONSIEUR GUSTAV GOUDA OR DOUBLE CREME BRIE OR JARLSBERG SLICES OR AGROPUR 2 YEAR CHEDDAR
340 G - 400 G SELECTED VARIETIES

THIS WEEK ONLY

8.99
EACH

MASTRO BABY GENOA OR SLICED TRIO OR SAN DANIELE MORTADELLA
250 - 750 G
SELECTED VARIETIES

THIS WEEK ONLY

9.99
EACH

TRE STELLE RICOTTA OR BOCCONCINI
400 G - 500 G
SELECTED VARIETIES

THIS WEEK ONLY

4.99
EACH

TRE STELLE MOZZARELLA BALL
340 G - 400 G
SELECTED VARIETIES

THIS WEEK ONLY

4.99
EACH

IRRESISTIBLES PEPPERONI STICKS
300 G - 400 G
SELECTED VARIETIES

THIS WEEK ONLY

6.99
EACH

SUMMER FRESH HUMMUS OR DIPS
200 - 327 G SELECTED VARIETIES

THIS WEEK ONLY

3.49
EACH

CLOVER LEAF DELECTABLES
227 G SELECTED VARIETIES

THIS WEEK ONLY

3.49
EACH

IRRESISTIBLES PACIFIC WHITE SHRIMP
COOKED OR RAW
31 - 40 C
SELECTED VARIETIES

THIS WEEK ONLY

7.49
EACH

IRRESISTIBLE SPANAKOPITA, CAULIFLOWER BITES, POTATO TOTS APPETIZERS
216 - 490 G FROZEN SELECTED VARIETIES

LOCKED DOWN

5.99
EACH

IRRESISTIBLE GOURMET SAUSAGE ROLLS, PARTY PACK PUFF PASTRIES OR CHICKEN BITES
305 - 400 G FROZEN SELECTED VARIETIES

LOCKED DOWN

8.99
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

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BAKERY

Dempster's BAGELS
EVERYTHING TOUT GARNI
400-510 G
245 SELECTED VARIETIES

24 DINNER ROLLS
PAINS MICHETTES
400-510 G
245 SELECTED VARIETIES

Villaggio CLASSICO
400-510 G
245 SELECTED VARIETIES

Dempster's 12 GRAIN
400-510 G
245 SELECTED VARIETIES

THIS WEEK ONLY

2⁹⁸
EACH

SUN-MAID Raisin
CINNAMON / MARRÉE À LA CANNELLE
400-510 G
245 SELECTED VARIETIES

CINNABON Bakery Inspired
Cinnamon Bread with Cinnamon Buns
Pain à la Cannelle avec explosions de cannelle
400-510 G
245 SELECTED VARIETIES

THIS WEEK ONLY

4⁴⁹
EACH

Selection PUMPKIN PIE
600 G
245 SELECTED VARIETIES

IRRESISTIBLE CROISSANTS
400-510 G
245 SELECTED VARIETIES

THIS WEEK ONLY

4⁹⁹
EACH

Irresistible APPLE
PIE - TARTÉ POMMES
1 kg
245 SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹
EACH

MORE GREAT SAVINGS FOR LESS

Silk Almond
1.8 L
245 SELECTED VARIETIES

Silk OAT
1.8 L
245 SELECTED VARIETIES

LOCKED DOWN

3⁷⁹
EACH

MAXWELL HOUSE ORIGINAL ROAST
TORRÉFACTION ORIGINALE
900 G
245 SELECTED VARIETIES

MAXWELL HOUSE DARK ROAST
TORRÉFACTION FONCÉE
900 G
245 SELECTED VARIETIES

LOCKED DOWN

17⁹⁹
EACH

375 points = \$3

Lindt EXCELLENCE 70% CACAO
DARK NOIR
100 G
245 SELECTED VARIETIES

Lindt EXCELLENCE 90% CACAO
DARK NOIR
100 G
245 SELECTED VARIETIES

LOCKED DOWN

4⁴⁹
EACH

M&M'S M&M'S OR MALTESERS CHOCOLATE BITES
100 G
245 SELECTED VARIETIES

LOCKED DOWN

4⁴⁹
EACH

PRIMO LASAGNE OR PASSATA
375-500 G
245 SELECTED VARIETIES

LOCKED DOWN

2⁴⁹
EACH

CHOLULA HOT OR CREMOSA SAUCE
100-250 ML
245 SELECTED VARIETIES

LOCKED DOWN

4⁹⁹
EACH

GIVE THE GIFT OF POSSIBILITY

GIFT ONE TODAY!

Fuze Iced Tea
1.8 L
245 SELECTED VARIETIES

PRINGLES POTATO CHIPS
100-150 G
245 SELECTED VARIETIES

LOCKED DOWN

2⁴⁹
EACH

15 points

Gift Pack
1.8 L
245 SELECTED VARIETIES

LOCKED DOWN

6⁹⁹
EACH

IRRESISTIBLE
CLASSIC
EGG NOG
2L
2.99 EACH

KRAFT SINGLES
PHILADELPHIA CREAM CHEESE PRODUCT
217-226S
3.98 EACH

NESTLÉ COFFEE MATE COFFEE ENHANCERS
827-1940 ML
4.49 EACH

KAWARTHA MOOSE TRACKS ICE CREAM
2L
6.99 EACH

CLUB HOUSE TURKEY DINDON
FRANCO-AMERICAN GRAVY
248 ML
99¢ EACH

SELECTION OF LIFE SMART DELUXE MIXED NUTS
1.13 KG
24.99 EACH

TROPHY MIXED NUTS
296 G
4.99 EACH

MOTT'S CLAMATO COCKTAIL
1.89L
3.29 EACH

OCEAN SPRAY CRANBERRY COCKTAIL OR JUICE BLENDS
1.27-1.89L
3.99 EACH

BECEL MARGARINE
427 G
4.49 EACH

PILLSBURY PREPARED DOUGH
800-227 G
1.99 EACH

PERRIER CARBONATED SPRING WATER
1L
1.79 EACH

SELECTION SOFT DRINKS OR CRANBERRY GINGER ALE
1.5L-2.0L
5.97 EACH

KIRKURE CHIPS
270 G
3.29 EACH

CASABLANCA BUTTER COOKIES
454 G
3.99 EACH

BAUDUCCO MINI PANETTONE
80 G
1.99 EACH

FESTA PANDORO OR BON BON PANETTONE
710 G
10.99 EACH

CLOVER LEAF SMOKED OYSTERS OR MUSSELS
21.5 G
1.99 EACH

CAMPBELL'S BROTH
290-390 ML
1.88 EACH

STOVE TOP TURKEY DINDÉ STUFFING MIX
130 G
1.39 EACH

DEL MONTE CANNED VEGETABLES
340-390 ML
1.59 EACH

OCEAN SPRAY WHOLE BERRY CRANBERRY SAUCE
248 ML
1.99 EACH

IRRESISTIBLE PECAN CLUSTERS
150 G
9.99 EACH

FERRERO ROCHER CHOCOLATES
150-200 G
8.99 EACH

TERRY'S CHOCOLATE
150 G
6.99 EACH

SELECTION RED PLASTIC GLASSES
50'S
4.99 EACH

SELECTION PAPER TOWELS
20'S
5.99 EACH

SELECTION SANDWICH BAGS
30'S
6.99 EACH

SELECTION VALUE SIZE PARCHMENT PAPER
30"X
9.99 EACH



DELIVERING
HOLIDAY FAVES



EXCLUSIVE ONLINE OFFER

Offer valid from Thursday December 4th, 2025 to Wednesday January 7th, 2026.

Limit only one use of this coupon for the duration of the promotion unless otherwise stated. The required purchase minimums are always before taxes and during a single transaction.

PROMO CODE:
FBHOLIDAY10

food
Basics
CANADIAN AND PROUD

SHOP [FOODBASICS.CA](https://www.foodbasics.ca)



BERTOLLI
OLIVE OIL
750 ML, 1 L
SELECTED VARIETIES



**NESTLÉ
PARLOUR
1.5 L
NOVELTIES
6 - 12'S
SELECTED VARIETIES**

LOCKED DOWN 
349
EACH



**BEN'S ORIGINAL
BISTRO EXPRESS RICE**
240 - 250 G
SELECTED VARIETIES

LOCKED DOWN 
279
EACH



LOCKED DOWN 
399
EACH

50
points



LOCKED DOWN 
299
EACH



LOCKED DOWN 

4.99
EACH



LOCKED DOWN 
1149
EACH



LOCKED DOWN 
199
EACH



LOCKED DOWN 
349
EACH



LOCKED DOWN 

279
EACH



BILLY BONE
54
SELECTED VARIETIES

LOCKED DOWN 

799
EACH



LOCKED DOWN 
399
EACH



LOCKED DOWN 

4.99
EACH



LOCKED DOWN £
13.99
EACH



LOCKED DOWN 
1399
EACH

NESTLÉ NIDO
My first steps
Plus, premium's plus

1+

850g

LOCKED DOWN £

2649
EACH



LOCKED DOWN 
129
EACH



LOCKED DOWN 

699
EACH



LOCKED DOWN 

26⁴⁹
EACH

ALWAYS GREAT PRICE



SELECTION
CREAM CHEESE PRODUCT
246 g
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3⁸⁸
EACH



SELECTION
CEREALS
755 g
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4⁹⁷
EACH



SELECTION
MOZZA STICKS
336 g
SELECTED VARIETIES

ALWAYS GREAT PRICE 
5⁹⁹
EACH



SELECTION
GROUND COFFEE
925 g
SELECTED VARIETIES

ALWAYS GREAT PRICE 
14⁹⁹
EACH



IRRESISTIBLES
SNACKS
142 g
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2⁴⁹
EACH



IRRESISTIBLE
SPARKLING
SPRING WATER
6x1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4⁴⁴
EACH



SELECTION
MAYONNAISE
400 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4⁷⁷
EACH



IRRESISTIBLES OR
SELECTION
PARMESAN CHEESE
250 g
SELECTED VARIETIES

ALWAYS GREAT PRICE 
6⁹⁹
EACH



SELECTION
SPICES
30 g
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



SELECTION
POTATO
GNOCCHI
500 g

ALWAYS GREAT PRICE 
1⁹⁷
EACH



SELECTION/LIFE
SMART
VEGETABLE
COCKTAIL
1.8 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2⁹⁹
EACH



IRRESISTIBLE
CHOCOLATE
COVERED
ALMONDS
386 g
SELECTED VARIETIES

ALWAYS GREAT PRICE 
6⁹⁹
EACH



SELECTION
PEANUTS
497 g
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4⁹⁷
EACH



SELECTION
OATS
1.4 L
INSTANT
OATMEAL
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2⁸⁸
EACH



SELECTION
GLASS CLEANER
900 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1⁹⁷
EACH



SELECTION
DISHWASHING
DETERGENT
600 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1⁹⁷
EACH



SELECTION
RINSE AGENT
621 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4⁷⁹
EACH



SELECTION
FACIAL TISSUES
125
SELECTED VARIETIES

ALWAYS GREAT PRICE 
13⁹⁹
EACH

i earn with moi rewards

moi
rewards

i redeem and
save on what
i buy most often

redeem
500
points = **\$4**
in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



THIS WEEK ONLY
399
EACH

50
points



229
EACH

15
points



LOCKED DOWN
449
EACH

25
points



LOCKED DOWN
499
EACH

25
points



LOCKED DOWN
849
EACH

45
points



G.H. CRETORS
POPCORN
215g
SELECTED VARIETIES

LOCKED DOWN
429
EACH

25
points



ANNIE'S
NOODLE MEALS
170g
SELECTED VARIETIES

LOCKED DOWN
249
EACH

15
points



PURE HEAVEN OR
CASABLANCA DRINKS
750 mL
SELECTED VARIETIES

LOCKED DOWN
399
EACH

20
points



SHERBON JUICE
2L
SELECTED VARIETIES

LOCKED DOWN
499
EACH

25
points



COTTONELLE
FLUSHABLE WIPES
168g
SELECTED VARIETIES

LOCKED DOWN
1049
EACH

55
points



PERSONNELLE
BABY TRAINING PANTS
33g
SELECTED VARIETIES

ALWAYS ONE AT PRICE
1299
EACH

125
points
= \$1



S.O.S STEEL
WOOL PADS
10g
SELECTED VARIETIES

LOCKED DOWN
299
EACH

15
points



PURINA
TIDY CATS LITTER
2.77kg
SELECTED VARIETIES

LOCKED DOWN
1299
EACH

55
points

CHOOSE CANADIAN



RUTABAGAS
PRODUCT OF ONTARIO
2.16/KG

98¢
/LB

THE LITTLE POTATO CO.
LITTLE TRIOS™
TRIO DE PETITES
PATATES

THE LITTLE POTATO CO.
LITTLE YELLOWS™
PETITES JAUNES

THE LITTLE POTATO COMPANY POTATOES
PRODUCT OF CANADA
400 G
SELECTED VARIETIES

298
EACH

30
points

Summer Fresh
Artichoke & Asiago Dip
Trempette d'artichauts et asiago

Summer Fresh
HUMMUS
compagnon
à la menthe

349
EACH

SUMMER FRESH HUMMUS OR DIPS
200-422 G
SELECTED VARIETIES

MARC ANGELO OVEN READY ROASTS
200 G - 1 KG
SELECTED VARIETIES

10⁹⁹
EACH

Irresistible
SPANAKOPITA
SAUSAGE ROLLS
ROULES DE SAUCISSES

599
EACH

IRRESISTIBLE SPANAKOPITA, CAULIFLOWER BITES, POTATO TOTS APPETIZERS
210-493 G FROZEN SELECTED VARIETIES

Irresistible
GOURMET SAUSAGES
DOUGHMANDES

Irresistible
PARTY PACK
PORTIMENTS

899
EACH

IRRESISTIBLE GOURMET SAUSAGE ROLLS, PARTY PACK PUFF PASTRIES OR CHICKEN BITES
305-400 G FROZEN SELECTED VARIETIES

Irresistible
CROISSANTS

499
EACH

IRRESISTIBLE CROISSANTS
6'S

Irresistible
APPLE
PIE - TARTE
POMMES

699
EACH

IRRESISTIBLE PIE
750 G - 1 KG
SELECTED VARIETIES

FIVE ROSES
ALL PURPOSE FLOUR
WHITE

Robin Hood
ALL PURPOSE
FLOUR
ORIGINAL

1198
EACH

FIVE ROSES OR ROBIN HOOD FLOUR
10 KG
SELECTED VARIETIES

HELLMANN'S
REAL VRAIE
MAYONNAISE

599
EACH

HELLMANN'S MAYONNAISE
750-890 ML
SELECTED VARIETIES

Beatrice
Low fat cultured buttermilk
Baieure de culture faible en gras

Lactantia
Half & Half Cream
Crème à café

Lactantia
Whipping Cream
Crème à fouetter

299
EACH

50
points

Doritos
PACHO

Ruffles
REGULAR
NATURE

Cheetos
CHEDDAR CHEESE

299
EACH

DORITOS, RUFFLES POTATO CHIPS OR CHEETOS
185-285 G SELECTED VARIETIES

Sponge Towels
ULTRA

Cashmere
BATHROOM TISSUE

Scotties
HOUSEHOLD TISSUE

749
EACH

125
points
= \$1

**CASHMERE BATHROOM TISSUE 12-24'S
SPONGE TOWELS ULTRA PAPER TOWELS 1-6'S
SCOTTIES FACIAL TISSUE 4'S SELECTED VARIETIES**

PEPSI

Coca-Cola
REGULAR, DIET, SWEETENED

CANADA DRY
GINGER ALE

199
EACH

COCA-COLA, CANADA DRY GINGER ALE OR PEPSI SOFT DRINKS
1 L
SELECTED VARIETIES

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

**HAPPY
PONGAL**



EACH



+ EACH



J EACH



149
EACH



KITCHENS OF THE WORLD



KITCHENS OF THE WORLD



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD



0.50
EACH



5 EACH



249



ALL AISLES LEAD HOME



Donata en
bona tradició



ALL AISLES LEAD HOME



599

EACH

The Perfect Stocking Surprise



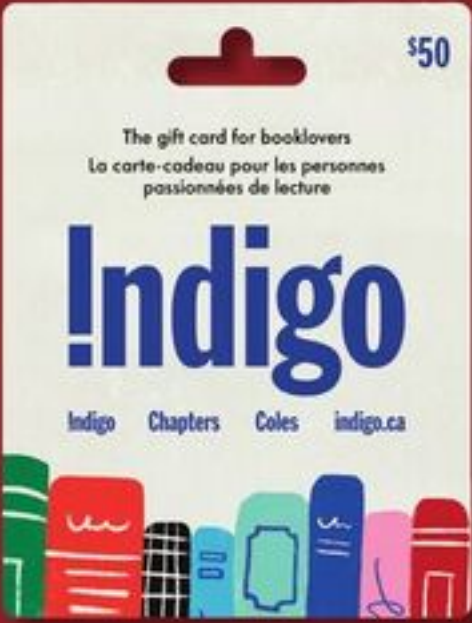
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Get a **FREE \$10**



Gift card
Carte cadeau



Offer valid **December 18 - 24**

15% OFF

\$20 Subway gift card



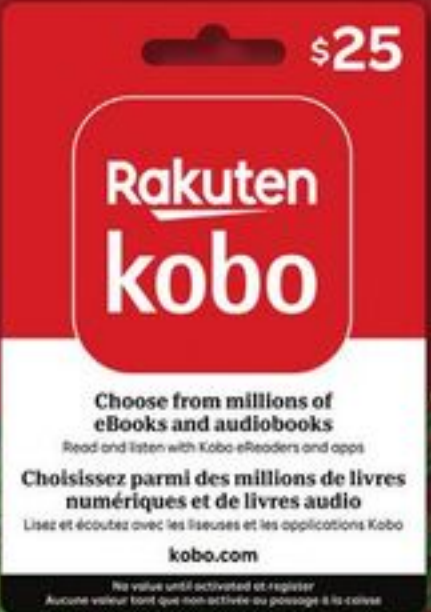
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ARDENE



Offer valid **December 18 - 24**

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HOLIDAY CHEERS

ALL BEER, WINE AND CIDER ADVERTISED ARE AVAILABLE AT SELECTED STORES

Please visit foodbasics.ca for store details. Beer and wine prices subject to change in accordance with the LCBO. Prices include HST and deposit.

GIRLS' NIGHT OUT, MINDFUL, OR BASK ROSE WINE
750 ML
SELECTED VARIETIES

12⁴⁹
EACH

VILLA SANDI, BLU GIOVELLO, OR JACKSON TRIGGS SPARKLING WINE
750 ML
SELECTED VARIETIES

15⁹⁹
EACH

PELLER FAMILY RESERVE CHARDONNAY WHITE WINE
750 ML

12⁴⁹
EACH

JACKSON TRIGGS PINOT GRIGIO WHITE WINE
750 ML

11⁴⁹
EACH

BASK SAUVIGNON BLANC WINE
750 ML

12⁴⁹
EACH

INNISKILLIN NIAGARA ESTATE RIESLING PINOT GRIGIO WHITE WINE
750 ML

13⁹⁹
EACH

SMOKY BAY CABERNET SAUVIGNON RED WINE
750 ML

9⁴⁹
EACH

BODACIOUS SMOOTH RED WINE
750 ML

10⁴⁹
EACH

OPEN MERLOT RED WINE
750 ML

12⁴⁹
EACH

YELLOW TAIL SHIRAZ RED WINE
750 ML

12⁹⁹
EACH

MICHELOB ULTRA LIGHT BEER
6 x 473 ML

15⁹⁹
EACH

STELLA ARTOIS BEER
6 x 473 ML

17⁴⁹
EACH

COORS LIGHT BEER
6 x 473 ML

12⁹⁹
EACH

HEINEKEN BEER
6 x 500 ML

17⁴⁹
EACH

BUDWEISER ZERO NON-ALCOHOLIC BEER
12 x 355 ML

14⁹⁹
EACH

BUDWEISER BEER
12 x 473 ML

14⁹⁹
EACH

CORONA EXTRA BEER
6 x 330 ML

14⁹⁹
EACH

CORONA CERO NON-ALCOHOLIC BEER
12 x 355 ML

21⁹⁹
EACH

INVITATIONS DE-ALCOHOLIZED RED WINE
750 ML
SELECTED VARIETIES

6⁹⁹
EACH

PARTAKE IPA NON-ALCOHOLIC BEER
12 x 355 ML
SELECTED VARIETIES

7⁴⁹
EACH

RED LAGER BEER
12 x 355 ML
SELECTED VARIETIES

8⁴⁹
EACH

GUINNESS NON-ALCOHOLIC DRAUGHT BEER
12 x 440 ML

11⁹⁹
EACH

Santa Hat Cupcakes

BAKE UP THE PERFECT GIFT

SCAN FOR DELICIOUS HOLIDAY RECIPES

Robin Hood ALL PURPOSE FLOUR ORIGINAL

Carnation Evaporated Milk

CARNATION EVAPORATED MILK 354 ML ASSORTED VARIETIES

THIS WEEK ONLY

2/\$4

FIVE ROSES OR ROBIN HOOD FLOUR 2.5 KG SELECTED VARIETIES

LOCKED DOWN

4.99 EACH

Eagle Brand Condensed Milk

EAGLE BRAND CONDENSED MILK 300 ML SELECTED VARIETIES

LOCKED DOWN

3.79 EACH

Folgers

LOVED BY MILLIONS. TASTE WHY.

Folgers Classic Roast

THIS WEEK ONLY

19.99 EACH

Folgers Ground Coffee

THIS WEEK ONLY

19.99 EACH

Folgers Coffee Capsules

THIS WEEK ONLY

7.99 EACH

BRING HOME the Paw-fect gift!

MILK-BONE

LOCKED DOWN

3.99 EACH

25 points

MUTTI
PEELED
TOMATOES
796 mL

THIS WEEK ONLY

399

EACH

MUTTI
PASSATA
680 mL
SELECTED VARIETIES

THIS WEEK ONLY

399

EACH

MUTTI POLPA
398 mL

LOCKED DOWN

249

EACH

MUTTI SAN
MARZANO
TOMATOES
398 mL

LOCKED DOWN

499

EACH

MUTTI
PIZZA SAUCE
OR TOMATO
PASTE
398 mL
SELECTED VARIETIES

LOCKED DOWN

349

EACH

MUTTI
PASTA
SAUCE
680 mL
SELECTED VARIETIES

LOCKED DOWN

799

EACH

UNICO TOMATO
PASTE
156 mL
SELECTED VARIETIES

LOCKED DOWN

99¢

EACH

UNICO
SUNFLOWER
OIL
3L

THIS WEEK ONLY

999

EACH

UNICO TUNA
198 g

LOCKED DOWN

229

EACH

UNICO
OLIVES OR
SUNDRIED
TOMATOES
220 mL
SELECTED VARIETIES

LOCKED DOWN

249

EACH

UNICO
HOT PEPPERS
OR MIXED
VEGETABLES
750 mL
SELECTED VARIETIES

LOCKED DOWN

349

EACH

UNICO
HOT PEPPERS
OR MIXED
VEGETABLES
750 mL
SELECTED VARIETIES

LOCKED DOWN

349

EACH

UNICO
ARBORIO OR
ITALIAN
STYLE RICE
750 g
SELECTED VARIETIES

LOCKED DOWN

349

EACH