

HOTSALE!

MVP

5.99

LB

U.S.D.A. CHOICE

Boneless BEEF CHUCK ROAST

W/O MVP Card \$9.49 LB

YOU SAVE

\$3.50

LB

HOTSALE!

MVP

1.99

LB

Family Pack FOOD LION BONELESS CHICKEN BREAST

W/O MVP Card \$2.69 LB

HOTSALE!

MVP

2.49

LB

Limit 2 PORK BABY BACK RIBS

W/O MVP Card \$4.99 LB

HOTSALE!

MVP

BOGO FREE

31-40 Ct. 16 Oz. Bag - Frozen FOOD LION RAW SHRIMP PEELED AND DEVEINED TAIL-OFF

W/O MVP Card \$10.99 EA Single Item Half Price

YOU SAVE

\$2.30

EA

HOTSALE!

MVP

1.49

EA

Pint BLUEBERRIES

W/O MVP Card \$3.79 EA

4 Oz. - Select Varieties NATURE'S PROMISE GREENHOUSE GROWN SALADS

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$2.99 EA

8.25-18 Oz. - Select Varieties NATURE'S PROMISE BUTTER LETTUCE

HOTSALE!

MVP

1.49

EA

W/O MVP Card \$2.99 EA

14 Oz. FOOD LION MINI CUCUMBERS

HOTSALE!

MVP

1.79

LB

W/O MVP Card \$3.59 LB

ASPARAGUS

HOTSALE!

MVP

1.79

LB

W/O MVP Card \$3.59 LB

8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans Select Varieties PEPSI PRODUCTS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

6.88-20 Oz. Select Varieties THOMAS BAGELS or ENTENMANN'S LITTLE BITES MUFFINS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

5.75-12.4 Oz. Select Varieties CHEEZ-IT or CHEEZ-IT SNAP'D

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.99 EA Single Item Half Price

12 Pack 12 Oz. Bottles or Cans Select Varieties SAMUEL ADAMS

HOTSALE!

MVP

14.99

EA

W/O MVP Card \$3.89 EA Single Item Half Price

13.25-14.25 Oz. Select Varieties BETTY CROCKER SUPER MOIST CAKE MIX

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$1.99 EA

18 Ct. Select Varieties FRITO LAY VARIETY PACK

HOTSALE!

MVP

8.99

EA

W/O MVP Card \$13.69 EA

52 Oz. Select Varieties FLORIDA'S NATURAL ORANGE JUICE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

16 Oz. Select Varieties Quarters or Cubes CHALLENGE or DANISH CREAMERY BUTTER QUARTERS

HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk

48 Oz. Select Varieties BREYERS ICE CREAM

HOT SALE!

MVP

3.49

EA

W/O MVP Card \$5.99 EA

MVP Coupon -1.00 OFF

2.49

EA

W/O MVP DISCOUNT SAVINGS LIMIT 1

8.4-12.1 Oz. Select Varieties QUAKER INSTANT OATMEAL

HOT SALE!

MVP

2/\$5

W/O MVP Card \$3.89 EA

MVP Coupon -1.00 OFF

2/\$4

W/O MVP DISCOUNT SAVINGS LIMIT 1

4.7-8.7 Oz. Select Varieties HAMBURGER HELPER

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$2.09 EA

75-110 Oz. Liquid or 32-42 Ct. Paks Select Varieties ARM & HAMMER

HOTSALE!

MVP

6.99

EA

W/O MVP Card Regular Retail

MVP

3 DAY

HOTSALE!

FRIDAY - SUNDAY

HOTSALE!

MVP

2.99

EA

W/O MVP Card Regular Retail

7-9 Oz. Pkg. Select Varieties OSCAR MAYER DELI FRESH LUNCH MEAT

HOTSALE!

MVP

9.99

EA

W/O MVP Card Regular Retail

10-11 Oz. - Select Varieties POST PEBBLES CEREAL

HOTSALE!

MVP

1.79

EA

W/O MVP Card \$4.89 EA

7-8 Oz. - Select Varieties TILLAMOOK SLICED OR SHREDDED CHEESE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.79 EA

8.25-18 Oz. - Select Varieties FRITO LAY PARTY SIZE CHIPS OR SNACKS

HOTSALE!

MVP

2.99

EA

Limit 4 W/O MVP Card \$5.99 EA

20 Oz. WONDER CLASSIC WHITE ROUND TOP BREAD

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.89 EA Single Item Half Price

6 Mega Rolls CHARMIN 4 Double Rolls BOUNTY Select Varieties

HOTSALE!

MVP

5.99

EA

W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA

MVP

PRICED LOW EVERY DAY

ON ITEMS YOU BUY MOST OFTEN

&

FOOD LION MVP

HOTSALE!

OUR BEST WEEKLY MVP DEALS

1 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNTT 12/03/25

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
7 Oz. Select Varieties
TILLAMOOK CHEDDARS
W/O MVP Card \$7.99 EA
Single Item Half Price



HOTSALE!
MVP
BOGO FREE
5 Ct.
TEXAS TOAST
W/O MVP Card \$3.49 EA
Single Item Half Price



HOTSALE!
MVP
BOGO FREE
12 Ct.
FRUIT BITES
W/O MVP Card \$4.49 EA
Single Item Half Price



HOTSALE!
MVP
BOGO FREE
12 Oz.
MEURER BROTHERS MINI DANISH
W/O MVP Card \$5.99 EA
Single Item Half Price

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
MVP
8.99
LB
W/O MVP Card \$9.99 LB

DIETZ & WATSON
Freshly Sliced
DIETZ & WATSON HAM



HOTSALE!
MVP
5.99
LB
W/O MVP Card \$6.99 LB

Freshly Sliced Select Varieties
FOOD LION TURKEY OR CHICKEN BREAST



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
COOPER AMERICAN CHEESE



HOTSALE!
MVP
8.99
EA
W/O MVP Card \$9.99 EA

14 Oz.
ROBERT'S FAMOUS CHICKEN SALAD



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
BOURSIN CHEESE



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

18 Oz.
FOOD LION CORNBREAD TRAY



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz. Select Varieties
FOOD LION SLICED LOAF CAKES



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct. Made Hot In-Store
CHICKEN LEG QUARTERS



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$6.99 EA

13.9-15.3 Oz. Select Varieties
FRESH & SIMPLE PIZZA
15.16-15.87 Oz.
LA MEGIC PIZZA



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
TASTE OF INSPIRATIONS PROTEIN SALADS

FOOD LION CATERING
Make the holidays *easy*
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

SELECT CATERING TRAYS AND PLATTERS

LARGE GARDEN VEGETABLE PLATTER



CHICKEN TENDER TRAY



SIGNATURE SANDWICH PLATTER



LARGE MINI SANDWICH PLATTER



CHICKEN WING TRAY





Place your order at the deli counter or scan the QR code to order online.



Bring joy to a family's table when you buy a holiday box



FOOD LION FEEDS

November 5 - December 9, 2025
Your purchase will be donated to your local food bank.

FOOD LION FEEDS | **FEEDING AMERICA**

*Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. \$1.00 helps provide at least 10 meals secured by Feeding America on behalf of local member food banks. Each box purchased will be donated to local food banks within Food Lion's 10-state footprint. Funds raised could go to support Feeding America® programs that benefit local families. [feedlion.com/feeds](https://www.feedlion.com/feeds)

FOOD MALLION MVP

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz. Select Varieties DEL MONTE CANNED VEGETABLES HOTSALE! W/O MVP 2/\$3 W/O MVP Card \$1.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	8-13.9 Oz. Select Varieties PILLSBURY CRESCENTS OR CINNAMON ROLLS HOTSALE! W/O MVP 2/\$6 W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	45 Oz. Select Varieties BLUE RIBBON NOVELTIES HOTSALE! W/O MVP 5⁹⁹_{EA} W/O MVP Card \$6.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	50 Ct. Select Varieties TOSTITOS'S PIZZA ROLLS HOTSALE! W/O MVP 4⁹⁹_{EA} W/O MVP Card \$7.39 EA. Purchase of 2 Required to Get 3rd Item FREE!	4.25-4.4 Oz. Select Varieties HERSHEY'S XL BAR HOTSALE! W/O MVP 2⁹⁹_{EA} W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!
8 Oz. Select Varieties SMUCKER'S UNCRUSTABLES HOTSALE! W/O MVP 3⁹⁹_{EA} W/O MVP Card \$4.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	9-12 Oz. Select Varieties DEVOUR FROZEN DINNERS HOTSALE! W/O MVP 2⁹⁹_{EA} W/O MVP Card \$3.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	8.25-10.5 Oz. Select Varieties LITTLE DEBBIE BAGGED MINI DONUTS HOTSALE! W/O MVP 2⁷⁹_{EA} W/O MVP Card \$3.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	10 Ct. K-Cups or 12 Oz. Bags Select Varieties LAVAZZA COFFEE HOTSALE! W/O MVP 8⁴⁹_{EA} W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	32 Oz. Select Varieties SILK CREAMER HOTSALE! W/O MVP 4⁹⁹_{EA} W/O MVP Card \$5.29 EA. Purchase of 2 Required to Get 3rd Item FREE!
8.9-12.2 Oz. Select Varieties KELLOGG'S FROSTED FLAKES OR FROOT LOOPS CEREAL HOTSALE! W/O MVP 2/\$7 W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	18.5-19 Oz. Select Varieties PROGRESSO SOUP HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$2.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	14.5-15.25 Oz. Select Varieties DEL MONTE CANNED FRUIT HOTSALE! W/O MVP 2/\$4 W/O MVP Card \$2.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	19.70 Oz. Select Varieties ROCKIN' PROTEIN BUILDER HOTSALE! W/O MVP 3⁹⁹_{EA} W/O MVP Card \$2.19 EA. Purchase of 2 Required to Get 3rd Item FREE!	20 Oz. Bottle Select Varieties GLACÉAU VITAMIN WATER HOTSALE! W/O MVP 1⁵⁰_{EA} W/O MVP Card \$2.19 EA. Purchase of 2 Required to Get 3rd Item FREE!
11-12 Oz. Pkg. Select Varieties NATHAN'S FAMOUS FRANKS HOTSALE! W/O MVP 5⁹⁹_{EA} W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	4 Pack - 12 Oz. Cans Select Varieties RED BULL ENERGY DRINK HOTSALE! W/O MVP 11⁹⁹_{EA} W/O MVP Card \$3.28 EA. Purchase of 2 Required to Get 3rd Item FREE!	7 Oz. Select Varieties ORE-IDA BAGEL BITES HOTSALE! W/O MVP 2⁴⁹_{EA} W/O MVP Card \$2.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	15 Oz. Tub or 14.3 Oz. Squeeze Select Varieties COUNTRY CROCK SPREAD OR SQUEEZE BUTTER HOTSALE! W/O MVP 2⁹⁹_{EA} W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	4.5 Oz. Select Varieties OIKOS OR LIGHT & FIT REMIX YOGURT HOTSALE! W/O MVP 1⁶⁹_{EA} W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!
9-12.6 Oz. Select Varieties KELLOGG'S RICE KRISPIES CEREAL HOTSALE! W/O MVP 2/\$7 W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	10 Oz. Select Varieties PEPPERIDGE FARM GARLIC BREAD HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$3.28 EA. Purchase of 2 Required to Get 3rd Item FREE!	11-12 Oz. Select Varieties BIRDS EYE ULTIMATE VEGETABLES HOTSALE! W/O MVP 2/\$6 W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	13.7 Oz. Select Varieties DUNKIN' DONUTS ICED COFFEE HOTSALE! W/O MVP 2⁹⁹_{EA} W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	9 Oz. Select Varieties MOTHER'S CIRCUS ANIMAL COOKIES HOTSALE! W/O MVP 3⁸⁹_{EA} W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!
10.6-11.2 Oz. Select Varieties GENERAL MILLS FLAVORED CHEERIOS CEREAL HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$4.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	13.2-16.2 Oz. Select Varieties DAVE'S KILLER BREAD ORGANIC BAGELS OR ENGLISH MUFFINS HOTSALE! W/O MVP 6¹⁹_{EA} W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	17.5 Oz. Select Varieties MISSION FLOUR TORTILLAS HOTSALE! W/O MVP 2/\$5 W/O MVP Card Regular Retail Purchase of 2 Required to Get 3rd Item FREE!	5 Oz. Select Varieties CHOLULA HOT SAUCE HOTSALE! W/O MVP 3⁴⁹_{EA} W/O MVP Card \$4.39 EA. Purchase of 2 Required to Get 3rd Item FREE!	5.25-6.5 Oz. Select Varieties BOULDER CANYON KETTLE CHIPS HOTSALE! W/O MVP 4²⁹_{EA} W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!
18 Oz. Select Varieties SMUCKER'S PRESERVES OR JAMS HOTSALE! W/O MVP 3⁹⁹_{EA} W/O MVP Card \$4.98 EA. Purchase of 2 Required to Get 3rd Item FREE!	9 Oz. Select Varieties TASTEE CHOICE SHRIMP HOTSALE! W/O MVP 4⁹⁹_{EA} W/O MVP Card \$5.99 EA. Purchase of 2 Required to Get 3rd Item FREE!	2.18-2.5 Oz. Select Varieties PERFECT BAR HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$2.79 EA. Purchase of 2 Required to Get 3rd Item FREE!	13.2-14.10 Oz. Select Varieties JUS-ROL PUFF PASTRY DOUGH OR PIZZA CRUST HOTSALE! W/O MVP 3⁹⁹_{EA} W/O MVP Card \$4.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	4 Pack - 12 Oz. Cans Select Varieties REED'S REAL GINGER ALE HOTSALE! W/O MVP 4⁹⁹_{EA} W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!
13.7 Oz. Select Varieties VICTOR ALLEN'S ICED COFFEE HOTSALE! W/O MVP 2/\$5 W/O MVP Card \$3.19 EA. Purchase of 2 Required to Get 3rd Item FREE!	20.8 Oz. Select Varieties KELLOGG'S NUTRI GRAIN BARS HOTSALE! W/O MVP 2/\$10 W/O MVP Card \$6.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	10.4-12.4 Oz. Select Varieties KELLOGG'S TREATS OR MINI SQUARES HOTSALE! W/O MVP 2/\$10 W/O MVP Card \$5.69 EA. Purchase of 2 Required to Get 3rd Item FREE!	5-7.75 Oz. Select Varieties SMARTFOOD POPCORN HOTSALE! W/O MVP 4²⁹_{EA} W/O MVP Card \$3.49 EA. Purchase of 2 Required to Get 3rd Item FREE!	10 Oz. Select Varieties WOW BAO TERIYAKI CHICKEN BAO HOTSALE! W/O MVP 6⁹⁹_{EA} W/O MVP Card \$7.79 EA. Purchase of 2 Required to Get 3rd Item FREE!

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

Island Hopper Variety Pack

HOTSALE!

15.49 EA

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA OR KONA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK Select Varieties

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNRH ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNF ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 12/03/25

DAIRY



FOOD LION
Sharp Cheddar Cheese Snack Bars

HOTSALE!
2/\$5
W/O MVP Card Regular Retail

6.4-7.5 Oz. Select Varieties
FOOD LION
CHEESE CUBES OR SNACK BARS



HOTSALE!
3.99
EA

52 Oz. Select Varieties
FOOD LION
TEA



HOTSALE!
2/\$5
W/O MVP Card \$2.99 EA

45 Oz. Select Varieties
TROPICANA
PREMIUM ADES OR PUNCHES



HOTSALE!
4/\$5
W/O MVP Card \$1.69 EA

5-5.3 Oz. Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT



HOTSALE!
2.99
EA
W/O MVP Card \$3.99 EA

4-6 Pack Select Varieties
DANIMALS
SMOOTHIE OR **YOCCRUNCH**
YOGURT



PRICED LOW EVERY DAY
1.99
EA

8 Oz. Bar Select Varieties
FOOD LION
CREAM CHEESE



HOTSALE!
2/\$3
W/O MVP Card \$1.69 EA

16-35-22.3 Oz. Select Varieties
SCREAMIN' SICILIAN
PIZZA
W/O MVP Card \$10.99 EA
Single Item Half Price

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price



FROZEN



HOTSALE!
2/\$5
W/O MVP Card \$3.68 EA

10.7-12.3 Oz. Select Varieties
EGGO
FROZEN
WAFFLES



HOTSALE!
99¢
EA
W/O MVP Card \$1.58 EA

4.5-8.5 Oz. Select Varieties
MICHELINA'S
FROZEN DINNERS



PRICED LOW EVERY DAY
2.99
EA
W/O MVP Card \$3.68 EA

10 Oz. Select Varieties
MARIE CALLENDER'S
POT PIE



HOTSALE!
\$1
EA
W/O MVP Card \$1.88 EA

7-10 Oz. Select Varieties
GREEN GIANT
BOXED
VEGETABLES



HOTSALE!
6.99
EA
W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS



HOTSALE!
7.99
EA
W/O MVP Card \$10.99 EA

17.65-27.51 Oz. Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA



HOTSALE!
4.49
EA
W/O MVP Card \$6.99 EA

15.77-23.45 Oz. Select Varieties
RED BARON
12" PIZZA



HOTSALE!
3.49
EA
W/O MVP Card \$4.69 EA

48-64 Oz. Select Varieties
SILK
PROTEIN
OR SOY MILK

BREAKFAST



HOTSALE!
1.99
EA
W/O MVP Card \$2.29 EA

32 Oz.
JIM DANDY
QUICK GRITS



HOTSALE!
2/\$6
W/O MVP Card \$4.99 EA

12-14 Oz. Select Varieties
GENERAL MILLS
CHEX CEREAL



HOTSALE!
4.99
EA
W/O MVP Card Regular Retail

7-27 Oz. Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS



HOTSALE!
5.99
EA
W/O MVP Card Regular Retail

10-12 Ct. K-Cups or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE



PRICED LOW EVERY DAY
4.28
EA

42 Oz. Old Fashioned or Quick
FOOD LION
OATS



HOTSALE!
2/\$6
W/O MVP Card Regular Retail

24-32 Oz. Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP



HOTSALE!
11.99
EA
W/O MVP Card Regular Retail

22.6-25.9 Oz. Can Select Varieties
FOLGERS
COFFEE



HOTSALE!
12.79
EA
W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA



VALUE PACK

Blistex

3 Balm VALUE PACK

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

15 Minute Instant Dry Lip

Prevents Chapping

Blistex

Blistex

60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No drowsiness
• No melatonin residue
• No sugar or dyes

30 TABLETS • DIETETIC SUGAR FREE

6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



NOT YOUR
MOTHER'S
CURL TALK
DRY SHAMPOO

**CLEAN
TALK**
DRY SHAMPOO

• Cleanses hair
• Adds volume
• No sulfates or parabens



NOT YOUR
MOTHER'S
CURL TALK
DRY SHAMPOO

**CURL
TALK**
DRY SHAMPOO

• Cleanses hair
• Adds volume
• No sulfates or parabens

12 Oz.
Select Varieties

**CERA
AVE
CLEANSER
OR LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Daily Moisturizing
Lotion

• Fragrance free
• Non-comedogenic
• Contains ceramides
• Contains hyaluronic acid

12 FL OZ (354 mL)



CeraVe
Daily Moisturizing
Lotion

• Fragrance free
• Non-comedogenic
• Contains ceramides
• Contains hyaluronic acid

12 FL OZ (354 mL)

HOUSE & HOME



HOT SALE!

MVP

1.49
EA

35 Ct.
Select Varieties

**FOOD LION
DISINFECTING
WIPES**

W/O MVP Card \$1.99 EA

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PUSHPODS**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA

16 Oz. Select Varieties
**DAWN
POWERWASH**



HOTSALE!

2/\$6

W/O MVP CARD Regular Retail

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER



BABY

- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**



HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

45 Oz. Select Varieties
BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



VALUE PACK
Blistex
MEDICATED LIP BALM
Smooth, Easy-Gliding Protection
Seals in Moisture To Soothe & Prevent Dry Lips
3 Balm VALUE PACK
Blistex
Blistex

MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

22 Oz. Body Wash Select Varieties
OLAY

24 Oz. Select Varieties
DAWN UNSTOPPABLES

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

HOT SALE! 2/\$14
 W/ MVP Card \$7.99 EA
MVP Coupon -500 OFF 2

15.99 EA
MVP Coupon -400 OFF 1

11.99 EA
MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

PRICED LOW EVERY DAY! 19.99 EA
 W/ MVP Card \$24.99 EA
MVP Coupon -500 OFF 1

14.99 EA
MVP W/ MVP DISCOUNT SAVINGS LIMIT 1



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1.99

EA

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2.19

EA

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3.49

EA

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2.69

EA

W/O MVP Card Regular Retail





HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢

EA

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3.99

EA

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢

LB

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3.49

EA

W/O MVP Card Regular Retail





While Supplies Last

9.99

EA

SUGAR PLUM
BOUQUET

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3.99

LB

W/O MVP Card Regular Retail



Find us online:
foodlion.com



Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:



Prices in this ad good at stores conveniently located in these cities:
**Conover, Hickory, Hildebran,
Longview, Newton**

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Doll/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZNCA 12/03/25

Check out all the BOGOs at your

Refreshed

FOODLION

December 3 - December 9, 2025

Offers valid while supplies last.

BOGO FREE

MVP

On Participating Items

Fritos

The ORIGINAL

Cheetos

Crunchy

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.69 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties

CHEETOS
OR FRITOS

LIMIT 4 FREE

14.3-22 Oz.
Select Varieties

FARM RICH
SNACKS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$6.99 EA
Single Item Half Price

FarmRich

Breaded
MOZZARELLA
STICKS

100% REAL
MOZZARELLA CHEESE

12g Protein

12-16 Oz.
Select Varieties

GRAIN BERRY
CEREAL

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$4.49 EA
Single Item Half Price

Now More Powerful Antioxidants!

Grain Berry

MULTI-BRAN FLAKES

with ONYX Sorghum

Whole Wheat Cereal

16.3 Oz.
Select Varieties

PILLSBURY
GRANDS!
BISCUITS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.68 EA
Single Item Half Price

Pillsbury

Grands!

Flaky Layers

more Flaky Layers

12 Oz.
Select Varieties

GUAYAKI
YERBA MATE

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$2.99 EA
Single Item Half Price

GUAYAKI

ORGANIC
YERBA MATE

REVEL BERRY

USDA
ORGANIC

10-12 Oz.
Select Varieties

POST
OREO PUFFS OR
HONEY BUNCHES
OF OATS CEREAL

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

Post

HONEY BUNCHES
OF OATS

with ALMONDS

Post

OREO PUFFS

CEREAL

48 Oz.
Select Varieties

STOK
COLD BREW
ICED COFFEE

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$7.39 EA
Single Item Half Price

UN-SWEET
BLACK

STOK

COLD BREW
COFFEE

LOW & SLOW

10-HR BREW

1.5 Liter

ETERNAL
NATURALLY
ALKALINE
SPRING WATER

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$2.29 EA
Single Item Half Price

Eternal

Naturally Alkaline
Spring Water

1.5 Liter

16 Oz.
Select Varieties

KRAFT
SINGLES

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$4.99 EA
Single Item Half Price

24 SLICES

Kraft

Singles

AMERICAN

MADE WITH REAL DAIRY

PASTEURIZED PREPARED CHEESE PRODUCT

64 Oz.
Select Varieties

V8
SPLASH

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.18 EA
Single Item Half Price

V8

Splash

Mango Peach

ANTIOXIDANT C & B VITAMINS



BOGO FREE

16.2-22.5 Oz.
Select Varieties
**JOSÉ OLÉ
SHREDDED
TAQUITOS**



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$6.99 EA
Single Item Half Price



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

10.3-16 Oz.
Select Varieties
**TALENTI
GELATO OR
LAYERS**

11-12 Oz.
Select Varieties
**KETO
ICE CREAM
BARS**



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$5.99 EA
Single Item Half Price



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$4.49 EA
Single Item Half Price

13.3-16 Oz.
Select Varieties
**FOSTER
FARMS
CORN DOGS**

8-10 Oz.
Select Varieties
**FARM RICH
APPETIZERS**



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

24-36 Oz.
Select Varieties
**LINDY'S
ITALIAN OR
SWIRLED
ITALIAN ICE**

10.5 Oz.
Select Varieties
**ZATARAIN'S
FROZEN
DINNERS**



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$4.29 EA
Single Item Half Price

8.4 Oz.
Select Varieties
**ATHENS
PHYLLO
BITES**



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$5.99 EA
Single Item Half Price



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$6.79 EA
Single Item Half Price

22.5-24.5 Oz.
Select Varieties
**TAI PEI
CHICKEN
EGGROLLS**

21 Oz.
Select Varieties
ELECTROLIT



HOTSALE!
MVP
**BOGO
FREE**

W/O MVP Card \$2.50 EA
Single Item Half Price



BOGO FREE



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.79 EA
Single Item Half Price

8-11 Oz.
Select Varieties
**TAI PEI
FROZEN
MEALS**

14 Oz.
Select Varieties
**BASKIN
ROBBINS
ICE CREAM**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.99 EA
Single Item Half Price



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$5.49 EA
Single Item Half Price

16.5-18 Oz.
Select Varieties
**GOOD
HUMOR
BARS**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.49 EA
Single Item Half Price

14-14.8 Oz.
Select Varieties
**HUNGRY
JACK
PANCAKES**

10.8-14 Oz.
Select Varieties
**FARM RICH
FROZEN
BREAKFAST**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$5.99 EA
Single Item Half Price



14.1 Oz.
Select Varieties
**SHARWOOD'S
SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price



6-8 Oz.
Select Varieties
**WELCH'S
FRUIT
SNACKS**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.19 EA
Single Item Half Price



3 Oz.
Select Varieties
**MAC'S
PORK SKINS**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price



16 Oz.
Select Varieties
**GOLDEN BLOSSOM
PURE &
UNFILTERED U.S.
HONEY**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$8.99 EA
Single Item Half Price



9 Oz.
Select Varieties
**HERDEZ
SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price





BOGO FREE

10.35-12.65 Oz.
Select Varieties

**PUFF
COOKIES**
LIMIT 2 FREE

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price



6.5-8 Oz. Tub
or 16 Oz. Quarters
Select Varieties

**LAND O LAKES
BUTTER OR
MARGARINE**
LIMIT 2 FREE

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.99 EA
Single Item Half Price



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$7.99 EA
Single Item Half Price

21.2 Oz.
**OLD EL PASO
HARD & SOFT
TACO DINNER
KIT TWIN
PACK**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price

11.2-17.6 Oz.
Select Varieties
**WILD MIKE'S
PIZZA**



HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.99 EA
Single Item Half Price

14 Oz.
Select Varieties
**DOGSTERS
FROZEN
TREATS**

22.40 Oz.
Select Varieties
**CAMPBELL'S
SPAGHETTIOS
ORIGINAL**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.29 EA
Single Item Half Price



2 Lb.
**SOUTHERN
BISCUIT
FLOUR**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$2.99 EA
Single Item Half Price



9-10 Oz.
Select Varieties
**LOUISIANA
FISH FRY**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$1.99 EA
Single Item Half Price



12 Oz.
Select Varieties
**TEXAS PETE
WING SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.69 EA
Single Item Half Price



10 Oz.
**FOOD LION
SOY SAUCE**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

