



\$30
/each



\$4
/each

Taylor FARMS

Everything Toot Garni

CHOPPED KIT - SALADE MACHÉE

320 g (11.0 oz)

\$3 /lb
6.61/kg

\$3
/each



\$9
/each

The collage features three food products. The top right is a box of 'Gold of Or' brand 'Only Breaded Boneless Pork Rib Style' meat, showing a cooked pork rib. The bottom left is a box of 'Golden Delight' brand 'Golden Delight' meat, showing a cooked pork rib. The bottom right is a box of 'Western' brand 'made in Western' meat, showing a cooked pork rib. All three products are associated with the AB logo, which is a red maple leaf with the letters 'AB' inside.

\$5
/each

\$3
/each

\$1
/each

\$5
/each

Dr. Oetker Pizza
Giuseppe Rip'n Share, Thin or Rising Crust
frozen

\$2
/each

\$13
/each

**Coca-Cola or
Canada Dry Products**
Selected Varieties
20 x 355 mL or
Glaceau Smart Water 6 x 1 L

\$3
/each



Nature Valley Crunchy Oats and **Fritos Fruittations** are examples of snack products.

ure Valley Bars
30 g, Betty Crocker Snacks 128 - 226 g,
Mills Snacks 120 - 192 g or Mott's Fruitsations 226 g
and Varieties

PRICING IN EFFECT DEC. 4 - 10, 2025

04 THU	05 FRI	06 SAT	07 SUN	08 MON	09 TUE	10 WED
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The logo for the Dollar Super Sale features the word "DOLLAR" in white, bold, sans-serif capital letters. The letter "O" is replaced by a green circle containing a white downward-pointing arrow. Below "DOLLAR", the word "SUPERSALE" is written in a bold, sans-serif font, with "SUPERS" in blue and "ALE" in green. The entire logo is set against a dark teal background.

\$4 /lb
8.82/kg

**Red or Green
Seedless Grapes**
Produce of Peru or U.S.A.
No. 1 Grade



2 FOR
\$3

Co-op Long English Cucumbers
Greenhouse Grown
Produce of Western Canada
Canada No. 1



\$3

Co-op Whole Chickens
Grain Fed, Free Run, Air Chilled
Value Pack of 2



\$13
/each

Co-op Gold Thick Sliced Side Bacon
1 kg



\$10
/lb



**Co-op Boneless Beef
Sirloin Tip Oven Roast
or Marinating Steak**
Cut In-store by Your Local Butcher from
Canada AA Grade or Higher

\$10
/each

**Schneiders or Maple Leaf
Boneless Ham**
600 - 700 g



\$1
/each

Chicken Breast Tenders
Sold Individually



4 FOR \$5

**Kraft Stove
Top Stuffing**
120 g



5 FOR
\$10

White or Whole Wheat Bread
Baked In-store
Sliced or Unsliced



\$13
/each

Purex
Bathroom Tissue
Selected Varieties & Sizes or



\$5
/each



Dawn Ultra Dish Soap
535 - 982 mL or
Powerwash Spray 473 mL



Bruschetta

Discover new
festive recipes on
FOOD.CRS

[illegible]

PRO-09-012 Week 501 Ave

FARM FRESH

PRODUCE

\$2

/lb

4.41/kg

Large

SIZE

McIntosh,
Ambrosia or
Gala Apples

Produce of Western Canada
Canada Fancy or better

BC

grown in

WESTERN
CANADA

this week's featured
GROWER

DiMaria family

BELLA ROSA ORCHARDS

For over 40 years, Sam DiMaria and his family have been growing premium fruit at Bella Rosa Orchards in Kelowna. Their orchard produces a wide variety of favourites, including Ambrosia, Gala, Fuji and McIntosh apples, Bartlett, Bosc and Anjou pears, plus sweet cherries, table grapes, and peaches.

2 FOR

\$10

Co-op Potatoes

Red, Russet, Yellow or White
Produce of Western Canada
Canada No. 1
5 lb (2.27 kg)

RUSSET

RED ROUGES

grown in

WESTERN
CANADA

\$1

/lb

2.21/kg

Cabbage

Green Variety
Produce of Western Canada
Canada No. 1

grown in

WESTERN
CANADA

\$4

/each

Celery Hearts

Produce of U.S.A.
No. 1 Grade
680 g

grown in

WESTERN
CANADA

\$3

/each

Inspired Greens

Living Lettuce
Red or Green Batavia or Multi Leaf
Greenhouse Grown
Produce of Western Canada
Canada No. 1

grown in

WESTERN
CANADA

\$1

/each

Green Onions

Produce of Mexico
Bunch

grown in

WESTERN
CANADA

4 FOR

\$5

Avocados

Hass Variety
Produce of Mexico

grown in

WESTERN
CANADA

\$2

/each

Co-op Baby-Cut Carrots

Produce of Western Canada
1 lb (454 g)

grown in

WESTERN
CANADA

\$4

/ea

Lemons

Produce of U.S.A.
2 lb (907 g)

grown in

WESTERN
CANADA

\$6

/ea

Halos Mandarins

Produce of U.S.A.
2 lb (907 g)

grown in

WESTERN
CANADA

\$4

/ea

Golden Berries

Produce of Colombia
170 g

grown in

WESTERN
CANADA

\$7

/each

Organic Navel Oranges

Produce of U.S.A.
3 lb (1.36 kg)

ORGANIC

\$6

/each

Organic Hot House Peppers

Produce of Mexico
Package of 2

ORGANIC

\$5

/each

Organic Whole Stuffer Mushrooms

Produce of Western Canada
1 lb (454 g)

grown in

WESTERN
CANADA

ORGANIC

2

DOLLAR SUPERSALE

CO-OP logo used by permission



Go for Greek salad.

Buy Co-op Gold Feta Cheese and get
\$2 off Co-op Tomatoes on the Vine
with this exclusive app coupon.

GET COUPON >>

11:51



← In-Store Coupons



Food



Home

CO-OP Tomatoes on the Vine



\$2 OFF

with purchase of CO-OP GOLD Feta Cheese 200 g

BUTCHER

SHOP

SALE

1⁸⁹

/lb

4.17/kg

Co-op Gold Grade A Turkey

Frozen

All Available Sizes

THE STAR OF YOUR HOLIDAY SPREAD

Bring everyone together for a festive feast to remember. Scan or visit [food.crs](#) for tips to prepare and cook your turkey to golden perfection.

\$14

/lb

Co-op Boneless Beef Top Sirloin Grilling Steaks

Cut in-store by Your Local Butcher from Canada AA Grade or Higher Aged 14 Days Value Pack

30.86/kg

related to WESTERN CANADA

\$6

/lb

Pork Back Ribs

Random Cryovac/Wrapped

13.23/kg

related to WESTERN CANADA

\$3

/lb

Co-op Chicken Legs

Back Attached Grain Fed, Free Run, Air Chilled Value Pack

6.61/kg

related to WESTERN CANADA

\$5

/ea

Maple Leaf Prime Chicken Drumsticks or Thighs

Grain Fed, Free Run, Air Chilled Family Pack

related to WESTERN CANADA

\$22

/ea

Maple Leaf Prime Boneless Skinless Chicken Breasts

Grain Fed, Free Run, Air Chilled Club Pack

related to WESTERN CANADA

\$3

/lb

Pork Shoulder Picnic

Grain Fed, Free Run, Air Chilled Family Pack

6.61/kg

related to WESTERN CANADA

\$17

/lb

SunGold Lamb Leg Steak

Rich and Juicy Flavour of Premium Lamb Tray Pack

37.48/kg

related to WESTERN CANADA

\$8

/lb

Co-op Ground Chicken Breasts

Tray Pack

17.64/kg

related to WESTERN CANADA

\$10

/ea

Waterview Market Shrimp

Frozen 454 g

\$4

/100 g

Fresh Atlantic Salmon Fillets

Farmed Value Pack

related to WESTERN CANADA

\$15

/each

Sogel Fresh Cooked Mussels

908 g

\$15

/each

Sugiyo Alaskan Snow Legs

680 g

\$4

/each

Clover Leaf Delectables

227 g

DOLLAR SUPERSALE

3

NEW
AT CO-OP

Check out the many
new products we have
in-store at your local
Co-op.



**Clubhouse
Imitation Extract**

Selected Varieties
43 mL



NEW Clubhouse Blueberry Flavoured Extract
delivers concentrated, authentic blueberry
flavour to enhance your favourite dishes!



**Giovanni Rana
Pasta**

227 - 300 g



Restaurant Quality Meals Made Easy!

PREPARED FOODS

\$2
/100 g

Dill Pickle Potato
or Buffalo Chicken
Pasta Salad

\$4
/each

Chicken Pot Pie
Made In-store
375 g

\$5
/each

Flatbread Pizza
Made In-store

FRESH FROM OUR DELI

\$3
/100 g

Schneiders
Dry Cured Salami
or Sausage
or Fantino & Mondello Capicola
Fresh Sliced In-store

\$3
/each

Co-op Gold PURE
Hummus
227 g

2 FOR
\$8

Woolwich Goat Cheese
113 g or Mini Babybel Package of 6

\$10
/each

Grimm's Smoked
Pepperoni Sticks
Selected Varieties
450 - 600 g

\$7
/each

Lesley Stowe
Raincoast Crisps

\$5
/each

Castello Havarti
or Tre Stelle Feta
200 g

PACKAGED MEATS

SALE
2⁴⁹
/lb

Butterball Turkey
Frozen
All Available Sizes
5.49/kg

SALE
2⁴⁹
/lb

Sugardale Smoked
Ham Portion
Bone-In
Random Cryovac Wrapped
5.49/kg

\$10
/each

Pogo Corn Dogs
Frozen
Package of 10
750 g

\$7
/each

Grimm's Smokies or
Sizzlin' Wieners
450 g

\$8
/each

Schneiders
Sliced Bologna
500 g

\$7
/each

Maple Leaf
Natural Selections
Sliced Deli Meats
125 - 175 g

\$8
/each

Schneiders Smoked
Sausages, Juicy Jumbos
or All Beef Wieners
375 - 450 g

\$9
/each

Co-op Gold
Sausage Stick
400 - 500 g or
Harvest Peppersoni Sticks 375 g



**Kraft Miracle Whip
or Mayo**
1.5 L



**Crave or KD Deluxe
Frozen Entrées**
200 - 340 g



Heinz Ketchup
1.5 L or Kraft Pizza Mix 850 g

FRESH FROM OUR BAKERY

\$4/each

Buttery
Flake Rolls
Baked In-store
Package of 12



MADE IN CANADA

\$4/each

Twisted
Croissants
Baked In-store
Apple Cinnamon,
Raspberry or Lemon
Package of 6



MADE IN CANADA

\$10/each

Co-op Gold Gingerbread
House Kit
695 g



MADE IN CANADA

\$4/each

Co-op Gold
PURE Artisan
Sourdough
or Harvest Grain
Baked In-store
400 g



MADE IN CANADA

\$4/each

Cinnamon
Brioche Rolls
Baked In-store
Package of 4



MADE IN CANADA

\$6/each

Kimberley's
Festive
Cookies
283 - 383 g or
Two-Bite Cookies
220 - 240 g
Selected Varieties



MADE IN CANADA

\$11/each

Two Bite
Cupcake Platter
568 g



MADE IN CANADA

\$4/each

Dempster's
or Tia Rosa
Tortillas
7-inch
Package of 8 - 10



MADE IN CANADA

2 FOR
\$7

Dempster's
Sandwich Bread
or Texas Toast Bread
White or Whole Wheat
675 g



MADE IN CANADA

FLORAL

\$10/each

7 Day
Bouquet



\$20/each

Blooming
Daydream
Bouquet



\$20/each

Season
to Sparkle
Arrangement



\$18/each

Mixed
Poinsettia
7-inch



FRESH DAIRY

2 FOR
\$10

Philadelphia
Cream Cheese
Selected Varieties
227 - 250 g



MADE IN CANADA

\$10/each

Kraft Singles
825 g or Cheez Whiz 900 g



MADE IN CANADA

5 FOR
\$5

Milk 2 Go or
Neilson Milkshakes
310 mL or Yoplait Yop 200 mL



MADE IN CANADA

\$3/each

Yoplait
Source Yogurt
630 - 650 g, Tubes
8 x 56 g or Liberté
Méditerranée Yogurt
500 g or Package of 4



MADE IN CANADA

\$5/each

Simply
Beverages
Selected Varieties
1.54 L



MADE IN CANADA

CHEESE
Festival
FIND OUT MORE AT
WWW.FREECHEESE.CA



\$5/each

Cracker Barrel
Natural Cheese
Slices
200 - 240 g or Cheese
Snacks 168 g



MADE IN CANADA

\$4/each

lôgo Nanô
Drinkable
Yogurt
6 x 93 mL or Siggi's Skyr
Yogurt 4 x 100 g



MADE IN CANADA

\$5/each

Krema
Yogurt
650 g



MADE IN CANADA

DOLLAR SUPERSALE

5

CO-OP FOOD BANK & SUPERMARKET



Find Our Prep Ahead Recipes
on *Pinterest*
@kraftfestivefaves



*Based on the 2025 BrandSpark® Canadian Trust Study.



Kraft Peanut Butter
2 kg



Kraft BBQ Sauce
455 mL



**Kraft Miracle Whip
or Mayo**
650 mL or Sandwich Spread
475 mL



The perfect colours
and flavours to add to
your holiday table.

GET THE RECIPE »

Your Holiday
Charcuterie
Starts Here!

SALE
5⁹⁹
/ea

Piller's
Charcuterie
125 g



MADE IN
CANADA

SALE
9⁹⁹
/ea

Balderson
Championship
Cheddar
250 - 280 g



MADE IN
CANADA

SALE
8⁹⁹
/ea

Co-op Gold
Gouda
200 g



MADE IN
AB

SALE
5⁹⁹
/ea

Fontaine Santé
Boursin Dips
227 g



MADE IN
CANADA

SALE
5⁹⁹
/ea

Wildly
Delicious
Spreads
185 mL



MADE IN
CANADA

SALE
7⁹⁹
/ea

Divina Olives
198 - 320 mL



SALE
11⁹⁹
/ea

Wonderful
Pistachios
Product of U.S.A.
Assorted Varieties
450 g



SALE
4⁹⁹
/ea

Armstrong Cheese
400 g



MADE IN
CANADA

SALE
3⁹⁹
/ea

Co-op Gold
Rosemary Focaccia
Bread
400 g or Pane Roma Loaf 450 g



SALE
2⁹⁹
/ea

Co-op Gold
Stuffed
Manzanilla
Olives
375 mL



SALE
2⁴⁹
/ea

Co-op Gold PURE Baguettes
Artisan, Sourdough, Rustic or Golden
Baked In-store
285 - 330 g



MADE IN
CANADA

SALE
2⁹⁹
/ea

Co-op Gold
Sandwich
Pickles
500 mL



3 FOR
9⁹⁹

Co-op Gold
Cracker Sticks
130 g



MADE IN
CANADA

2 FOR
\$6

Co-op Gold
Snack
Crackers
200 g



MADE IN
CANADA

3 FOR
9⁹⁹

Pepperidge
Farm
Goldfish
168 - 200 g



SALE
4⁹⁹
/ea

Snyders
Pretzels
340 g



Mix, Mingle
and Munch

THE SNACK THAT FEEDS YOUR STRENGTH.*

**24g
PROTEIN†**

**NO
ADDED
SUGAR**

NEW



PLUS DEPOSIT & ENVIRONMENTAL
LEVIES WHERE APPLICABLE

**Oikos Pro
Drinkable
Yogurt**
300 mL



**MADE IN
CANADA**



PLUS DEPOSIT & ENVIRONMENTAL
LEVIES WHERE APPLICABLE

**Oikos
Drinkable
Yogurt**
190 mL



**Oikos Greek
Yogurt**
12 x 100 g or 1.5 kg

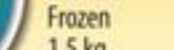
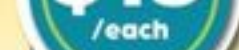


**MADE IN
CANADA**

*OIKOS® PRO™ IS A SOURCE OF PROTEIN. PROTEIN HELPS BUILD STRONG MUSCLES AS PART OF A HEALTHY ACTIVE LIFESTYLE AND BALANCED DIET. †PER 300 ML PORTION.

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FROM THE FREEZER

\$10 /each Co-op Gold Fruit Frozen 1.5 kg   MADE IN CANADA	\$6 /each Pillsbury Pizza Pops 760 g or Bites 693 g Frozen  	3 FOR \$10 Cheemo Peregies Frozen 815 - 907 g   MADE IN CANADA	\$13 /each BlueWater Seafoods Frozen Selected Varieties 480 - 725 g 
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FOR YOUR PANTRY

\$3
/each

Campbell's Ready to Serve Soup
515 mL or Prego Pasta Sauce
645 mL

\$3
/each

Campbell's Chunky Soup
515 mL or Kettle Brand Potato Chips
156 - 198 g

\$2
/each

Campbell's Soup or Cooking Broth
Selected Varieties
284 mL

THIS HOLIDAY SEASON

ALL ABOUT THE SIDES

Try Campbell's Red Home Made Sweet Potatoes

© 2023 Campbell Company of Canada

Energizer®



Energizer Max Batteries
AA Package of 4 or AAA
Package of 2



Energizer Max Batteries
C or D
Package of 2



Energizer Max Batteries
9 Volt
Package of 1



DRINKS & SNACKS

4 FOR
\$10



Coca-Cola or Pepsi Products
Selected Varieties
2 L

4 FOR
\$5



Nestlé Chocolate Bars
33 - 60 g

2 FOR
\$7



Dare Snack Crackers
120 - 225 g or
Crisps 100 g
Selected Varieties

2 FOR
\$7



Cadbury Family Bars
Selected Varieties
80 - 100 g

4 FOR
\$10



Co-op Gold Water
12 x 500 mL or
Poppi Soda 355 mL

\$9
/each



Co-op Gold Iced Tea or Lemonade Powder
or Co-op Centisibles Powder Mix
2 kg

\$7
/each



San Pellegrino Sparkling Beverage
6 x 330 mL or
Fever-Tree Soda
4 x 200 mL
Selected Varieties

\$12
/each



Liquid IV Electrolyte Powder
Package of 6

Holiday
HOSTING
EXPRESS

WIN
\$500
Cash Prizes

2 FOR
\$7



Christie or Triscuit Snack Crackers
Selected Varieties
175 - 200 g

2 FOR
\$11



Christie Cookies
285 - 488 g

\$5
/each



Christie Premium Plus Crackers
450 - 481 g

FOR YOUR baby

\$27
/each



Pampers Diapers
Squaddlers, Cruisers or Easy Ups
Selected Varieties
Package of 44 - 96

5 FOR
\$9



Nestlé Gerber Baby Food Pouches and Jars
92 - 99 g or 128 - 162 mL

\$6
/each



Belov Organic Oat Blend
180 g

FOR YOUR PETS

3 FOR
\$10



Whiskas Temptations
180 g

\$35
/each



Purina Dog Chow
14 kg

\$11
/each



Pedigree Treats
Dentastix 553 - 608 g
or Marrobone 1.9 kg

4 FOR
\$10



Cesar Singles Dog Food
100 g

FOR YOUR HOME

\$13
/each



Sunlight Laundry Detergent
4 L, Snuggle 2.77 - 3.41 L, Scent Booster
595 g, Purex 92 - 110 Wash Loads or Persil
37 - 48 Wash Loads

\$12
/each



Scotties Facial Tissue
Selected Varieties
Package of 4 or 9

\$5
/each



Glad Cling Wrap
90 m or Press'n Seal
Food Wrap 70 ft

\$80
/each



Electric Black Oven Roaster
18 Qt.

DOLLAR SUPERSALE

9

CO-OP STORES & \$10 STORE

SAVE ON YOUR MUST-HAVES



\$1 from every McCafé purchase helps support Ronald McDonald House® Canada.*





\$40
/each



\$27
/each



\$15
/each



\$13
/each

*For each retail McCafé coffee product purchased from December 1 to 31, 2025.
*It will be donated to Ronald McDonald House Canada up to a maximum of \$10,000.

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\$7
/each

Nature Valley Bars
535 - 690 g, Betty Crocker Snacks 340 - 368 g,
General Mills Bars 385 g, Larabar 225 - 240 g
or Mott's Fruittations 498 g
Selected Varieties



2 FOR \$5

Betty Crocker Cake Mixes
375 g or Frosting
340 - 450 g
Selected Varieties



Holiday Savings
FOR EVERY OCCASION!



\$2
/each

Pillsbury Crescent Rolls
226 - 227 g or
Wiener Wraps 200 g



\$4
/each

General Mills Cereal
Selected Varieties
300 - 437 g



2 FOR \$7

Mott's Clamato or Nestea Lemon Iced Tea
1.89 L



\$9
/each

Nestea
12 x 341 mL



2 FOR \$6

Mott's Fruittations
Package of 6



\$16
/each

Budweiser Zero
12 x 355 mL



\$22
/each

Corona 0.0%
12 x 355 mL



\$8
/each

Atypique Mocktails
4 x 355 mL



2 FOR \$8

Pepsi Products
6 x 222 mL



\$14
/each

Pepsi Products
Selected Varieties
24 x 355 mL



2 FOR \$9

Doritos Chips
210 - 235 g



2 FOR \$7

Lay's Potato Chips
200 - 235 g



2 FOR \$8

Ruffles Potato Chips
180 - 200 g



2 FOR \$9

Tostitos Tortilla Chips
215 - 295 g

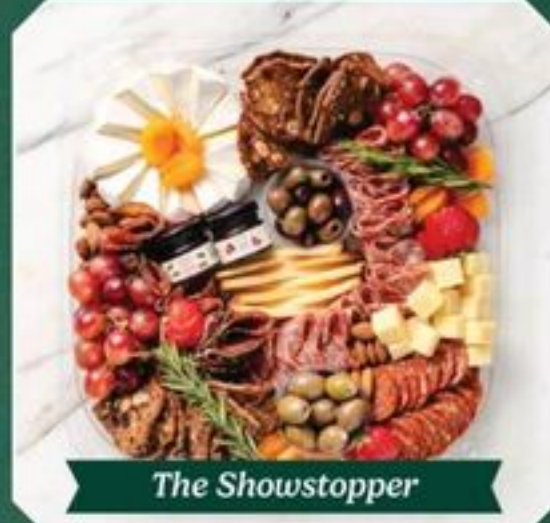


Entertaining Made Easy Trays

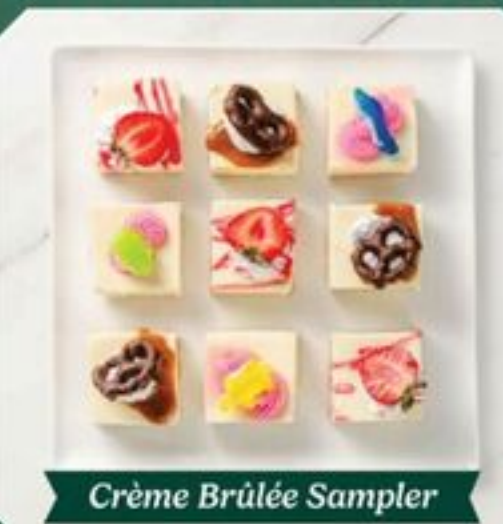
Get ready for Christmas with our delicious and convenient trays.
Visit our experts to learn more and pre-order yours today!



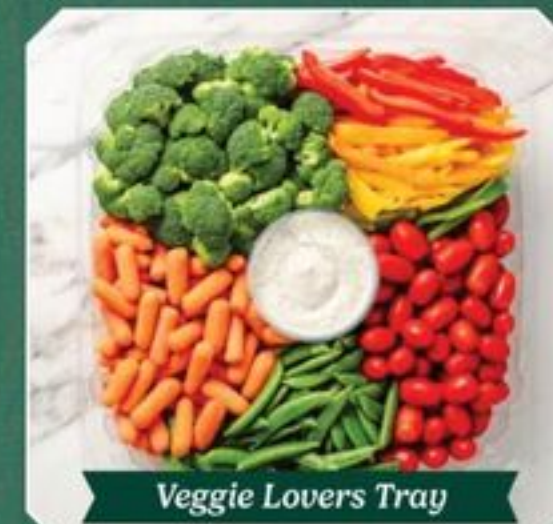
Savoury Cheeseball



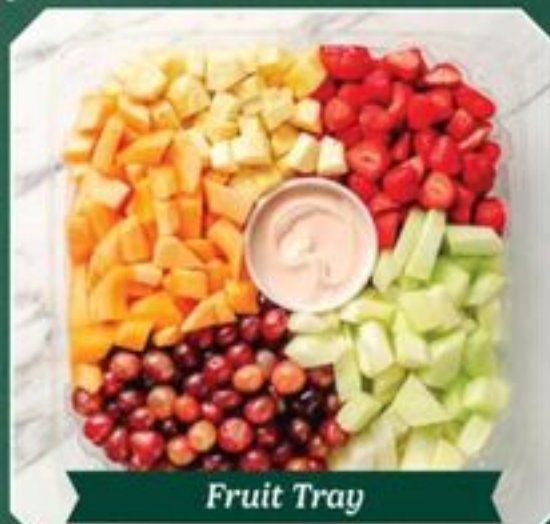
The Showstopper



Crème Brûlée Sampler



Veggie Lovers Tray



Fruit Tray



Simple Ingredients + Big Flavour = Small Bites

SALE

\$11⁹⁹

/ea

Co-op Signature Smokehouse
Mennonite Style Farmer's Sausage

675 g



MADE IN
WESTERN
CANADA

AB

SALE

\$2⁹⁹

/ea

Co-op Gold
Mustard

325 - 400 mL



MADE IN
CANADA

AB



Seared Sausage with
Dill Pickle Mustard

SALE

\$9⁹⁹

/ea

Cavendish
Hash Browns

Frozen
1 - 1.8 kg



MADE IN
CANADA

AB

SALE

\$5⁴⁹

/ea

Co-op Gold
Sliced Side
Bacon

375 g



MADE IN
WESTERN
CANADA

AB

SALE

\$4⁹⁹

/ea

Armstrong
Shredded Cheese

300 - 320 g



MADE IN
CANADA

AB



Hashbrown Shell with
Bacon & Cheese

SALE

\$3⁹⁹

/ea

Vadiya
Mini Naan

Package of 12



MADE IN
WESTERN
CANADA

AB

SALE

\$6⁹⁹

/ea

Co-op Gold
Brie

180 g



MADE IN
WESTERN
CANADA

AB

2 FOR

\$5

Co-op Gold
Asian Sauces

350 mL



MADE IN
CANADA

AB



Mini Naan with
Brie & Sweet Chilli

SALE

\$10⁹⁹

/ea

Co-op Gold
Meatballs

680 - 895 g
Frozen



MADE IN
WESTERN
CANADA

AB

2 FOR

\$7

Co-op Gold
PURE Pasta Sauce

425 mL



MADE IN
CANADA

AB

SALE

\$4⁷⁹

/ea

Co-op Gold
Shredded Cheese

250 - 340 g



MADE IN
WESTERN
CANADA

AB



Meatball Slider

11