

deals

2X monthly!

December 3–December 16, 2025

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Wholesome
Sweeteners
Organic
Brown Sugar
selected varieties

\$4²⁹
24 oz



Simple Mills
Almond Flour
Baking Mix
selected varieties

\$5²⁹
9-12.9 oz

'Tis the season for savings!

Annie's
Organic
Mac & Cheese

2/\$5
6 oz



Lily's
Baking Chips
selected varieties

\$6⁴⁹
9 oz



Wildbrine
Kimchi
selected varieties

\$4⁹⁹
18 oz



Bionaturae
Organic
Tomato Paste

2/\$4
7 oz



KeVita
Organic Kombucha
selected varieties

\$3²⁹
15.2 oz



Lakewood
Organic Pure
Carrot Juice

\$5⁴⁹
32 oz



California Olive Ranch
Global Blend
Extra Virgin Olive Oil

\$12⁹⁹
16.9 oz



Amy's
Organic Soup
selected varieties

\$3⁷⁹
14.5 oz



Bob's Red Mill
Gluten Free
Cornbread Mix

\$2⁹⁹
20 oz



Look for new deals on **December 17!**

Imagine
Organic Broth
selected varieties

\$3²⁹

32 oz



Sonoma Creamery
Cheese Crisps
selected varieties

\$2⁷⁹

2.25 oz



Stacy's
Pita Chips
selected varieties

2/\$6

7.33 oz



Dr. McDougall's
Ramen
selected varieties

2/\$4

1.8-1.9 oz



Honey Mama's
Cocoa Truffle Bar
selected varieties

\$3⁷⁹

2.5 oz



TRUFF
Black Truffle Infused
Hot Sauce
selected varieties

\$10⁹⁹

6 oz



St. Dalfour
French Fruit Spread
selected varieties

\$3²⁹

10 oz



Miss Jones Baking Co
Organic Frosting
selected varieties

\$4⁷⁹

11.29 oz



Bonne Maman
Preserves
selected varieties

\$5⁴⁹

13 oz



Melt Organic
Organic Plant
Butter Sticks

\$4²⁹

16 oz



Earth Balance
Organic Vegan
Buttery Spread

\$4⁷⁹

13 oz



Eggs from farmers who care. Our farmers share our commitment to animal welfare. Whether they're scrambled, baked, or fried, they're delicious, responsible, and made to make a difference.



Vital Farms
Pasture Raised Eggs

\$6⁷⁹

1 dz

**Koia
Plant-Based
Protein Shake**
selected varieties



2/\$6

12 oz

**Celestial Seasonings
Tea**
selected varieties



2/\$6

20 ct

**Guittard
Chocolate
Baking Chips**
selected varieties



\$7.99

12 oz

**Navitas
Organic
Cacao Powder**



\$7.99

8 oz

**Garden of Life
Vitamin Code
Raw Zinc**



\$10.99

60 ct

**Nordic Naturals
Omega-3**



\$34.99

180 ct

**Wiley's Finest
Wild Alaskan Fish Oil
Easy Swallow Minis**



\$16.99

60 ct

**derma e
Vitamin C
Concentrated Serum**



\$19.99

2 oz

**Natural Vitality
Calm Gummies**



\$20.99

120 ct

**Natural Factors
Stress Relax Tranquil
Sleep Chewable**



\$22.99

60 tab

**Aura Cacia
Lavender
Essential Oil**



\$7.99

.5 oz

**EO
Hand Soap**
selected varieties



\$5.99

12 oz

**NOW
Essential Oil**
selected varieties



\$6.29

1 oz

**Weleda
Skin Food
Body Butter**



\$13.99

5 oz

**Repurpose
Compostable Plate - 9"**



\$3.49

20 ct

Slow Cooker Squash & Quinoa Stew

4 HR 20 MIN • SERVES 6 • GLUTEN-FREE, PLANT-BASED

INGREDIENTS

3 tablespoons olive oil
1 large yellow onion, diced
1 large garlic clove, minced
2 pounds butternut squash, peeled and cubed
1 medium carrot, peeled and diced
1 quart vegetable broth
1 - 15-oz can fire roasted diced tomatoes
½ cup uncooked quinoa
1 tablespoon sriracha
2 teaspoons ground cumin
1 teaspoon smoked paprika
½ teaspoon dried thyme
1 ½ teaspoons sea salt
½ teaspoon ground black pepper

DIRECTIONS

- 1 Turn slow cooker on high. When hot add olive oil, onions, and garlic. Cook for 3–5 minutes until onions soften.
- 2 Add remaining ingredients. Stir to combine.
- 3 Cover and cook for 4 hours on high or until the butternut squash is tender and cooked through.
- 4 Adjust seasonings to taste and serve.



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