

2X monthly!

December 3-December 16, 2025





Wholesome Sweeteners Organic **Brown Sugar** selected varieties

24 oz



Simple Mills **Almond Flour Baking Mix**

selected varieties

9-12.9 oz

'Tis the season for savings!

Annie's Organic Mac & Cheese





Lily's **Baking Chips** selected varieties

9 oz



Wildbrine Kimchi

selected varieties

\$499

18 oz



Bionaturae Organic **Tomato Paste**



7 oz



KeVita Organic Kombucha

selected varieties

15.2 oz



Lakewood **Organic Pure Carrot Juice**

32 oz



California Olive Ranch Global Blend Extra Virgin Olive Oil

16.9 oz



Amy's **Organic Soup**

selected varieties

14.5 oz



Bob's Red Mill Gluten Free Cornbread Mix

20 oz





Imagine Organic Broth

selected varieties

\$329

32 oz



selected varieties



2.25 oz

Stacy's

Pita Chips

7.33 oz

selected varieties



ORGANIC

Imagine.

FRESH VEGETABLES

FREE RANGE CHICKEN

> Dr. McDougall's Ramen

EST. 2007

Eggs from farmers who

care. Our farmers share

our commitment to

animal welfare. Whether

they're scrambled, baked,

or fried, they're delicious,

responsible, and made to

make a difference.

selected varieties

French Fruit Spread

1.8-1.9 oz

St. Dalfour

selected varieties



Honey Mama's Cocoa Truffle Bar

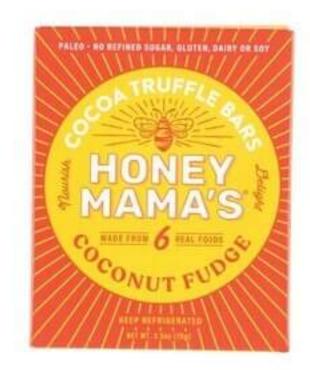
\$779

Vital Farms

Pasture Raised Eggs

1 dz

selected varieties



2.5 oz

TRUFF Black Truffle Infused Hot Sauce

selected varieties



10 oz



Miss Jones Baking Co **Organic Frosting**

selected varieties



11.29 oz



Bonne Maman Preserves

6 oz

selected varieties



Melt Organic Organic Plant Butter Sticks



16 oz

Earth Balance Organic Vegan Buttery Spread



13 oz

13 oz

Koia Plant-Based **Protein Shake**

selected varieties



Celestial Seasonings Tea

selected varieties



20 ct

60 ct

Guittard Chocolate **Baking Chips** selected varieties



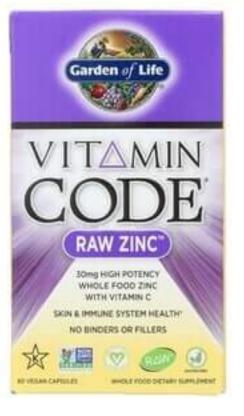
12 oz

Navitas Organic Cacao Powder

12 oz



Garden of Life Vitamin Code Raw Zinc



Nordic Naturals Omega-3



180 ct

8 oz Wiley's Finest





derma e Vitamin C Concentrated Serum

\$7999



Natural Vitality Calm Gummies



\$2099

120 ct

Natural Factors

60 ct





Aura Cacia Lavender **Essential Oil**

2 oz



EO **Hand Soap** selected varieties



\$599

12 oz



NOW **Essential Oil**

60 tab

selected varieties



Weleda Skin Food **Body Butter**

.5 oz



Repurpose Compostable Plate - 9"



20 ct

1 oz



Repurpose.

Slow Cooker Squash & Quinoa Stew

4 HR 20 MIN · SERVES 6 · GLUTEN-FREE, PLANT-BASED

INGREDIENTS

3 tablespoons olive oil

1 large yellow onion, diced

1 large garlic clove, minced

2 pounds butternut squash, peeled and cubed

1 medium carrot, peeled and diced

1 quart vegetable broth

1 - 15-oz can fire roasted diced tomatoes

1/3 cup uncooked quinoa

1 tablespoon sriracha

2 teaspoons ground cumin

1 teaspoon smoked paprika

1/2 teaspoon dried thyme

1 ½ teaspoons sea salt

1/2 teaspoon ground black pepper

DIRECTIONS

- 1 Turn slow cooker on high. When hot add olive oil, onions, and garlic. Cook for 3–5 minutes until onions soften.
- 2 Add remaining ingredients. Stir to combine.
- **3** Cover and cook for 4 hours on high or until the butternut squash is tender and cooked through.
- 4 Adjust seasonings to taste and serve.





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As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

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SW-A