

food Basics

CANADIAN AND PROUD

VIP

HOLIDAY YOUR WAY

VERY INCREDIBLE
PRICE EVENT

SCHNEIDERS
PEPPERETTES
250 - 375 G
SELECTED VARIETIES



INCREDIBLE
587
EACH

LEMONS
PRODUCT OF
SOUTH AFRICA
2 LB
AVOCADOS
PRODUCT OF MEXICO
AND/OR PERU
5 OR 6 PACK



INCREDIBLE
284
EACH

CLASSICO
PASTA SAUCE
410 - 600 ML
SELECTED VARIETIES



INCREDIBLE
298
EACH



INCREDIBLE
698
EACH

COCA-COLA, CANADA DRY GINGER ALE
OR PEPSI SOFT DRINKS
12 x 355 ML SELECTED VARIETIES

COLAVITA
EXTRA VIRGIN OLIVE OIL
1 L



INCREDIBLE
1297
EACH

CASHMERE
BATHROOM TISSUE
30 - 50
WHILE QUANTITIES LAST



INCREDIBLE
1095
EACH



FRESH BONELESS EYE OF ROUND ROAST
VACUUM PACK
CUT FROM USDA SELECT OR HIGHER GRADE OF BEEF
WHILE QUANTITIES LAST
11.00/KG

INCREDIBLE
499
/LB



FRESH CHICKEN
LEG QUARTERS
INCLUDES HALAL
WHILE QUANTITIES LAST
4.25/KG

INCREDIBLE
193
/LB



SELECTION BACON
375 G SELECTED VARIETIES

INCREDIBLE
298
EACH



TROPICAL
GOLD PINEAPPLE
PRODUCT OF COSTA RICA
BLUEBERRIES
PRODUCT OF PERU, NO. 1 GRADE
170 G

INCREDIBLE
186
EACH

VILLAGGIO BREAD
550 - 675 G
BUNS
6 - 8'S
DEMPSTER'S WHOLE
GRAIN BREAD
600 G
SELECTED VARIETIES



INCREDIBLE
298
EACH

GET READY TO SAVE! GREAT PRICES START ON
THURSDAY, DECEMBER 11TH TO WEDNESDAY, DECEMBER 17TH, 2025

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

food Basics

CANADIAN AND PROUD

V.I.P.

WE LOVE LOCAL Canada

Earth Fresh

GOURMET MINI YELLOW POTATOES
PETITES POMMES DE TERRE JAUNES GOURMET

33¢/LB

INCREIBLE 99¢ EACH

NO. 1 SMALL (1 1/2" - 2 1/4")
N° 1 PETITE (1 1/2 à 2 1/4 po)
WT 3 lb - 1.36 kg POIDS NET
PRODUIT DU CANADA - PRODUIT DU CANADA

GOURMET MINI YELLOW POTATOES
PRODUCT OF CANADA, NO. 1 GRADE 3 LB

HEINZ BEANS ORIGINAL
In Tomato Sauce
HIGH SOURCE OF FIBRE

Campbell's
Tomato Tomatoes

HEINZ ALPHA GETTI

INCREIBLE 99¢ EACH

CAMPBELL'S CONDENSED SOUP 284 ML
HEINZ BEANS OR PASTA 290 ML
SELECTED VARIETIES

NEW LOOK! NOUVELLE ALLURE!

Michelina's
Fettuccine Alfredo with Chicken and Broccoli
Fettuccine Alfredo avec poulet et brocoli

INCREIBLE 99¢ EACH

227 g

NEW LOOK! NOUVELLE ALLURE!

Michelina's
Macaroni and Cheese
Macaroni au fromage

INCREIBLE 99¢ EACH

255 g

MICHELINA'S ENTRÉES
227 - 284 G FROZEN SELECTED VARIETIES

Irresistible
SEA SALT
SEL DE MER

Selection
COLA
NATURALLY FLAVOURED

Selection
GINGER ALE

INCREIBLE 99¢ EACH

IRRESISTIBLE POTATO CHIPS 150 G
SELECTION COLA OR GINGER ALE SOFT DRINKS 2 L
SELECTED VARIETIES

GET READY TO SAVE!
THURSDAY, DECEMBER 11TH TO

To view local store flyer, visit foodbasics.ca, where you can create your own shopping list.

V.I.P.

VERY INCREDIBLE PRICE EVENT

BAKERY² BAGUETTE
235 G

INCREIBLE 99¢ EACH

SELECTION FLAT OR DISTILLED WATER
4 L
SELECTED VARIETIES

INCREIBLE 99¢ EACH

distilled water
ozonated

spring water
natural

Reese's
PEANUT BUTTER CUPS
POULET AU BEURRE D'ARACHIDES

KitKat
The DOUBLE HIT
à BOUCHEE DOUBLE

HERSHEY'S OR NESTLÉ CHOCOLATE BARS
42 - 58 G
SELECTED VARIETIES

INCREIBLE 99¢ EACH

JELL-O JELLY POWDER
11.2 - 85 G
SELECTED VARIETIES

lime

strawberry fraise

INCREIBLE 99¢ EACH

POWERADE
SPORTS DRINK
750 ML
SELECTED VARIETIES

INCREIBLE 99¢ EACH

VIP

VERY INCREDIBLE PRICE EVENT

Black Diamond OLD • FORT Cheddar Cheese Fromage cheddar 400 g (35% min. 34% fat)

Black Diamond BLACK DIAMOND CHEESE 400 G SHREDS 329 G NATURAL CHEESE SLICES 230 - 240 G GALBANI MOZZARELLA 100 G SELECTED VARIETIES

INcredible \$ **4.98** EACH

SCHNEIDERS Applewood Smoked ORIGINAL HAM 700g JAMBON ORIGINAL 700g Fumé au bois de pommier

MAPLE LEAF NATURAL SMOKED HAM JAMBON FUMÉ NATUREL 600 - 700 G SELECTED VARIETIES

INcredible \$ **9.98** EACH

Lactantia Purifiltre OR LACTOSE FREE MILK 2 L BEATRICE CHOCOLATE MILK 2 L PHILADELPHIA CREAM CHEESE PRODUCT 340 G SELECTED VARIETIES

INcredible \$ **4.99** EACH

Lactantia CREAM 473 mL • 1 L BEATRICE BUTTERMILK 1 L SELECTED VARIETIES

INcredible \$ **2.99** EACH

50 points

siggi's PLAIN • NATURAL 3.6% fat yogurt 750 g

oikos PLAIN • NATURAL 3.6% fat yogurt 750 g

LIBERTÉ GREEK PLAIN 750 g

iögo Creamy • Crémeux 4.0% • 4.0% • 4.0% • 4.0% 100 g

LIBERTÉ OR OIKOS GREEK YOGURT 650 - 750 G IÖGO YOGURT 10 X 100 G SIGGI'S SKYR YOGURT 650 - 750 G SELECTED VARIETIES

INcredible \$ **6.49** EACH

McCain Superfries EXTRA CRISPY CROQUILLANTES 650 g

McCain Superfries 51 SWEETENING JULIENNE 650 g

McCain FRENCH FRIES 454 - 600 G SELECTED VARIETIES

INcredible \$ **2.99** EACH

Kraft Singles Original Cheddar Original 410 G

Cheez Whiz 450 G

PHILADELPHIA ORIGINAL CREAM CHEESE 250 g (32% fat) (55% moisture)

PHILADELPHIA CREAM CHEESE 227 - 250 G KRAFT SINGLES 410 G CHEEZ WHIZ SPREAD 450 G SELECTED VARIETIES

INcredible \$ **3.98** EACH

MAXWELL HOUSE HOUSE BLEND MÉLANGE MAISON 30 CAPSULES

Timothy's LIGHT BREAKFAST BLEND 30 CAPSULES

Folgers Lively Colombian 30 CAPSULES

TIMOTHY'S, FOLGERS OR MAXWELL HOUSE COFFEE CAPSULES 30 CAPSULES SELECTED VARIETIES

INcredible \$ **14.95** EACH

KP ORIGINAL 12 BOXES BOITES 12 x 200 g

KRAFT DINNER NOODLE MEAL 12 x 200 G

INcredible \$ **9.99** EACH

CLOVER LEAF MSC SOLID LIGHT TUNA 150 g

CLOVER LEAF MSC FLAKED LIGHT TUNA 150 g

CLOVER LEAF MSC FLAKED LIGHT TUNA 150 g

CLOVER LEAF LIGHT OR FLAVOURED TUNA 85 - 170 G SELECTED VARIETIES

INcredible \$ **1.49** EACH

Scotties HOUSE & HOME 6 ROLLS

Sponge Towels ULTRA 3 DOUBLES = 6 ROLLS

SCOTTIES FACIAL TISSUE 3 x 63 SELECTED VARIETIES

INcredible \$ **7.49** EACH

125 points = \$1

Tide PODS 3-IN-1 100 LOADS

Tide 4+ months 100 LOADS

Cascade COMPLETE 112 TABS

TIDE DETERGENT 3.8 L = 100 LOADS PODS 45 - 70 G CASCADE DISHWASHER TABS 112 TABS SELECTED VARIETIES

INcredible \$ **21.96** EACH

the app-solute best way to save

SCAN TO DOWNLOAD
While quantities last. Visit our app for details.
*Limit one per customer, per transaction.

this week only

IRRESISTIBLE PECAN CLUSTERS* 330 G SELECTED VARIETIES WHILE QUANTITIES LAST

DIGITAL DEAL **6.99** EACH WITH COUPON

Irresistible FESTIVE COLLECTION FESTIVE MILK CHOCOLATE PECAN CLUSTERS ROCHERS AUX PACANES CHOCOLAT AU LAIT 330 g

save \$3

*IN STOCK POLICY: Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nossio Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at Foodbasics.ca. Certain prices and special offers advertised in our flyers may vary by area. To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional error that may occur in the copy or illustration. References for savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. through closing Wednesday. Other exemptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. Upon presentation of the Moi Rewards card, points awarded are calculated on the total amount, before taxes, and excludes the products specified in the terms and conditions of the program. Does not apply to bonus points. Available at stores participating in the Moi program. For \$3 = 1 pt. available at Metro; not available at Food Basics. Points redeemable at participating stores starting at a balance of 500 points (\$4 value). Visit moirewards.ca for terms and conditions. Moi Rewards is a trademark of Metro Inc.

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TOGETHER HELPING LOCAL FOOD BANKS

All bags will be donated
to local community
Food Banks



Visit foodbasics.ca for details. While quantities last.

**Healthy
Together**

**MAKE THE
OUT OF
REACH
REACHABLE**

**HELP SOMEONE
IN NEED BY
DONATING
AT CHECKOUT.
WE'LL MATCH IT.**



Between November 27, 2025 - December 24, 2025, Metro Inc. will match every \$2.00 donation with a Food Basics gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Food Basics Employee.

i earn with moi rewards

moi
rewards

i redeem and
save on what
i buy most often

redeem
500
points = **\$4**
in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



LITEHOUSE
348 G SELECTED VARIETIES

THIS WEEK ONLY
399
EACH

50
points



MAPLE LEAF
PREPARED & READY
SHREDDED CHICKEN
250 G SELECTED VARIETIES

THIS WEEK ONLY
799
EACH

40
points



CRACKER BARREL
CHEESE SNACKS
168 G
SELECTED VARIETIES

LOCKED DOWN
499
EACH

25
points



BLACK DIAMOND
CHEESE SLICES
410 G
SELECTED VARIETIES

LOCKED DOWN
398
EACH

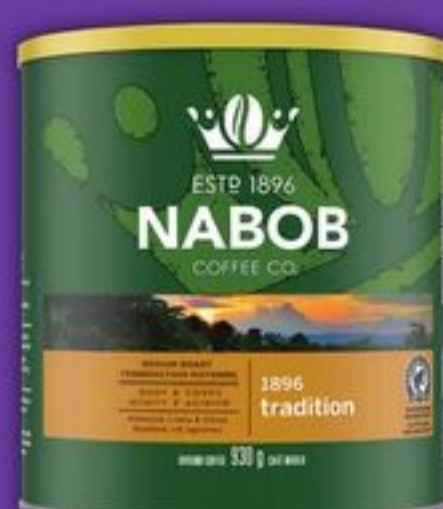
20
points



KICKING HORSE
ORGANIC BEAN COFFEE
454 G
SELECTED VARIETIES

LOCKED DOWN
1999
EACH

55
points



NABOB TRADITION
GROUND COFFEE
530 G
SELECTED VARIETIES

LOCKED DOWN
2499
EACH

55
points



GUSHERS FRUIT
FLAVOURED SNACKS
120 G
SELECTED VARIETIES

LOCKED DOWN
249
EACH

15
points



JOLLY RANCHER CANDY
182 G
SELECTED VARIETIES

LOCKED DOWN
249
EACH

15
points



HERSHEY/CELLO CANDY
160 - 210 G
SELECTED VARIETIES

LOCKED DOWN
449
EACH

25
points



MINUTE MAID OR
FIVE ALIVE DRINKS
8 X 200 ML, 10 X 200 ML
SELECTED VARIETIES

LOCKED DOWN
349
EACH

30
points



JACK LINK'S
BEEF JERKY
230 G
SELECTED VARIETIES

LOCKED DOWN
1449
EACH

55
points



PERRIER CARBONATED
WATER
1 L
SELECTED VARIETIES

LOCKED DOWN
179
EACH

25
points

CHOOSE CANADIAN



THE LITTLE POTATO COMPANY POTATOES
PRODUCT OF CANADA 600 G

298
EACH

30
points



MINI
CUCUMBERS
PRODUCT OF CANADA
NO.1 GRADE
397 G

298
EACH



SCHNEIDERS JUICY JUMBOS WIENERS OR
SMOKED SAUSAGES
375 - 450 G SELECTED VARIETIES



699
EACH



SWISS CHALET
BBQ PORK
BACK RIBS
600 G
SELECTED VARIETIES



1099
EACH



RUDOLPH'S
BREAD
500 G
SELECTED VARIETIES

299
EACH



IRRESISTIBLE
PIE
750 G - 1 KG
SELECTED VARIETIES

699
EACH



LACTANTIA CREAM
473 ML - 1 L
BEATRICE
BUTTERMILK
1 L
SELECTED VARIETIES

299
EACH

50
points



LACTANTIA PURFILTRE OR
LACTOSE FREE MILK
2 L
BEATRICE
CHOCOLATE MILK
2 L
SELECTED VARIETIES

499
EACH



LIBERTÉ OR
OIKOS GREEK
YOGURT
450 - 750 G
IÖGO YOGURT
16 X 100 G
SIGGI'S SKYR
450 - 750 G
SELECTED VARIETIES

649
EACH



TIMOTHY'S,
FOLGERS OR
NABOB COFFEE
CAPSULES
30'S
SELECTED VARIETIES

1495
EACH



IRRESISTIBLE
POTATO CHIPS
150 G
SELECTION COLA OR
GINGER ALE
2 L
SELECTED VARIETIES

99¢
EACH



698
EACH

COCA-COLA, CANADA DRY
GINGER ALE OR PEPSI SOFT DRINKS
12 X 355 ML SELECTED VARIETIES



SPONGE TOWELS ULTRA PAPER TOWELS 3 - 4'S
SCOTTIES FACIAL TISSUE 6'S
SELECTED VARIETIES

749
EACH

125
points
= \$1



CASHMERE BATHROOM
TISSUE
30 - 50'S
WHILE QUANTITIES LAST

1095
EACH

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

PRODUCE



BEEFSTEAK TOMATOES
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE
4.37/KG

THIS WEEK ONLY
1⁹⁸
/LB



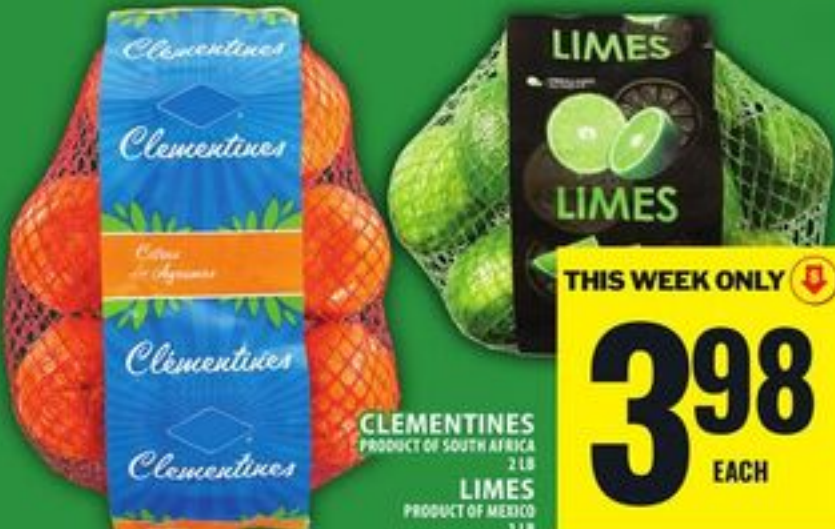
BLACKBERRIES
PRODUCT OF MEXICO, NO. 1 GRADE
170 G
RASPBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE
170 G

THIS WEEK ONLY
2⁹⁸
EACH



BRUSSELS SPROUTS
PRODUCT OF HOLLAND OR U.S.A. OR MEXICO
6.57/KG

THIS WEEK ONLY
2⁹⁸
/LB



CLEMENTINES
PRODUCT OF SOUTH AFRICA
2 LB
LIMES
PRODUCT OF MEXICO
1 LB

THIS WEEK ONLY
3⁹⁸
EACH



GREEN FRENCH BEANS
PRODUCT OF GUATEMALA
400 G
ASPARAGUS
PRODUCT OF MEXICO AND/OR PERU
NO. 1 GRADE
325 G

THIS WEEK ONLY
3⁹⁸
EACH



VISION GREENS LETTUCE
115 G
SELECTED VARIETIES

THIS WEEK ONLY
3⁹⁸
EACH

30 points



RUTABAGAS
PRODUCT OF ONTARIO
2.16/KG

THIS WEEK ONLY
98¢
/LB



IRRESISTIBLES FRESH HERBS
21 G
SELECTED VARIETIES

THIS WEEK ONLY
2/\$4



HONEYCRISP APPLES
PRODUCT OF ONTARIO
EXTRA FANCY GRADE
6.57/KG

THIS WEEK ONLY
2⁹⁸
/LB



CRANBERRIES
PRODUCT OF CANADA
340 G

THIS WEEK ONLY
2⁸⁸
EACH



HOTHOUSE GRAPE TOMATOES
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE 283 G
MINI CUCUMBERS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE 397 G

THIS WEEK ONLY
2⁹⁸
EACH



THE LITTLE POTATO COMPANY POTATOES
PRODUCT OF CANADA, 480 G
SELECTED VARIETIES

THIS WEEK ONLY
2⁹⁸
EACH

30 points



HONEYDEW MELONS
PRODUCT OF MEXICO

THIS WEEK ONLY
3⁹⁸
EACH



SUN RICH FRUIT OR VEGETABLE TRAY
900 G - 1.13 KG
SELECTED VARIETIES

THIS WEEK ONLY
10⁹⁹
EACH



6" POINSETTIA
WHILE SUPPLIES LAST

THIS WEEK ONLY
5⁹⁸
EACH



VANILLA PERSIMMONS
CASE PRODUCT OF SPAIN

THIS WEEK ONLY
9⁸⁸
EACH



IRRESISTIBLE SNACK TRAY
325 - 400 G
SELECTED VARIETIES

THIS WEEK ONLY
11⁹⁹
EACH



BOLTHOUSE JUICES
360 ML - 1 L
SELECTED VARIETIES

THIS WEEK ONLY
5⁹⁸
EACH

50 points

FLORAL



8 STEM TULIPS OR GERBERAS
WHILE SUPPLIES LAST

THIS WEEK ONLY
\$8
EACH



LARGE BOUQUETS
WHILE SUPPLIES LAST

THIS WEEK ONLY
\$15
EACH



6" ZYGOCACTUS
WHILE SUPPLIES LAST

THIS WEEK ONLY
8⁹⁸
EACH



DELUXE BOUQUET OR 12" POINSETTIA
WHILE SUPPLIES LAST

THIS WEEK ONLY
24⁹⁸
EACH

MEAT



HALAL
AT SAME
PRICE

PRIME
RAISED
WITHOUT
antibiotics



FRESH WHOLE
CHICKEN WINGS
BAGGED
INCLUDES ZABIHA HALAL
SELECTED VARIETIES
8.80/KG

THIS WEEK ONLY

3.99
/LB



LIFE SMART
OR ZABIHA
HALAL EXTRA
LEAN GROUND
CHICKEN
450 G
SELECTED VARIETIES

THIS WEEK ONLY

5.99
EACH



PRIME RAISED
WITHOUT
ANTIBIOTICS
FRESH WHOLE
CHICKEN
AIR CHILLED
SELECTED VARIETIES
9.90/KG

THIS WEEK ONLY

4.49
/LB



FRESH LAMB
SHOULDER
CHOPS
FAMILY PACK
SELECTED VARIETIES
WHILE QUANTITIES LAST
19.82/KG

THIS WEEK ONLY

8.99
/LB



STEELHEAD TROUT FISH FILLET
FAMILY PACK
FRESH SELECTED VARIETIES
24.23/KG

THIS WEEK ONLY

10.99
/LB



FRESH
BONELESS
STEWING BEEF
FAMILY PACK
INCLUDES HALAL
SELECTED VARIETIES
22.02/KG

THIS WEEK ONLY

9.99
/LB



FLETCHER'S
CURED PORK
COTTAGE ROLL
SELECTED VARIETIES
6.59/KG

THIS WEEK ONLY

2.99
/LB



LEGACY
MARINATED
BONE-IN
PORK CHOPS OR
FLATTENED PORK
TENDERLOIN
400 - 440 G
SELECTED VARIETIES

THIS WEEK ONLY

8.99
EACH



SCHNEIDERS JUICY JUMBOS WIENERS OR
SMOKED SAUSAGES
375 - 450 G SELECTED VARIETIES

THIS WEEK ONLY

6.99
EACH



SWISS CHALET
BBQ PORK
BACK RIBS
600 G
SELECTED VARIETIES

THIS WEEK ONLY

10.99
EACH



O'SOLE MIO
FRESH PASTA
225 G
SELECTED VARIETIES

THIS WEEK ONLY

2.49
EACH



IRRESISTIBLES ARTISAN SMOKED
BONELESS HALF MOON HAM
SELECTED VARIETIES
13.21/KG

THIS WEEK ONLY

5.99
/LB



FONTAINE
SANTÉ
HUMMUS
227 - 240 G
SELECTED VARIETIES

THIS WEEK ONLY

3.49
EACH

25
points



AGROPUR
OKA,
ENTREMONT
BRIE OR
CAMEMBERT
OF KERRYGOLD
DUBLINER
SELECTED VARIETIES

THIS WEEK ONLY

5.99
EACH



BALDERSON
CHEDDAR
250 - 280 G
SELECTED VARIETIES

THIS WEEK ONLY

7.49
EACH



TRE STELLE
PARMIGIANO
REGGIANO OR
GRANA PADANO OR
PECORINO ROMANO
200 G
SELECTED VARIETIES

THIS WEEK ONLY

7.99
EACH



MAPLE LEAF
NATURAL
SELECTIONS
SLICED DELI MEAT
100 - 200 G
SELECTED VARIETIES

LOCKED DOWN

10.99
EACH



CHELSEA
BONED
SALTED
FISH BITS
400 G
SELECTED VARIETIES

THIS WEEK ONLY

3.99
EACH

MORE GREAT SAVINGS FOR LESS



Green Giant
Géant Vert.

GREEN BEANS
HARICOTS VERTS

LOCKED DOWN

2.98
EACH



Post Shreddies
Original • Originale

Post Honeycomb
CLASSIC TASTE
GOÛT CLASSIQUE

THIS WEEK ONLY

2.99
EACH

POST SHREDDIES OR HONEYCOMB CEREAL
SELECTED VARIETIES



BURNBRAE
EGGS2go!
OEUFSPRESTO!

BURNBRAE
PEELED HARD
BOILED EGGS

LOCKED DOWN

3.99
EACH

50
points



MAXWELL HOUSE
DARK ROAST
TORREFACTION FONCÉE

MAXWELL HOUSE
ORIGINAL ROAST
TORREFACTION ORIGINALE

LOCKED DOWN

17.99
EACH

375
points
= \$3

MAXWELL HOUSE
GROUND COFFEE
SELECTED VARIETIES



fuze
iced tea

LOCKED DOWN

6.99
EACH



VAN HOUTTE
COLOMBIAN DARK
COLOMBIAN MEDIUM

LOCKED DOWN

28.99
EACH

VAN HOUTTE COFFEE CAPSULES
SELECTED VARIETIES



Bits & Bites
Méli-Mélo
Crispers

Crispers
DILL PICKLE
CORNICHONS À L'ANETH

OREO
The Original
L'original

OREO mini
MADE WITH REAL COCOA

LOCKED DOWN

2/\$5

2.99
EACH

CHRISTIE BITS & BITES OR CRISPERS SNACKS
SELECTED VARIETIES

CHRISTIE OREO OR CHIPS AHOY! COOKIES
SELECTED VARIETIES



KIND
HEALTHY GRAINS
Oats & Honey

Baci
PERUGINA BACI CHOCOLATES

RITTER SPORT
CHOCOLATE BAR

Bounty
PAPER TOWELS

Charmin
BATHROOM TISSUE

LOCKED DOWN

4.99
EACH

15.99
EACH

3.99
EACH

13.99
EACH



BAKERY

Rudolph's
BREAD

Dempster's
BAGELS

SUN-MAID
RAISIN BREAD OR CINNABON BREAD

Irresistible
PIE

THIS WEEK ONLY

2.99
EACH

3.49
EACH

4.49
EACH

6.99
EACH

LOCKED DOWN



BLACK DIAMOND
CHEESTRINGS OR
CHEESE STICKS
252 - 354 G
SELECTED VARIETIES



LOCKED DOWN

6.99
EACH



NESTLÉ
PARLOUR
ICE CREAM
1.5 L
NOVELTIES
8 - 12'S
SELECTED VARIETIES



LOCKED DOWN

3.49
EACH



LOCKED DOWN

2/\$5



SAN PELLEGRINO OR MAISON PERRIER
CARBONATED WATER
6 X 1 L SELECTED VARIETIES

LOCKED DOWN

8.99
EACH

150
points



PILLSBURY
PREPARED
DOUGH
454 - 496 G
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH



SUN-MAID
RAISINS
375 G
SELECTED VARIETIES

LOCKED DOWN

4.49
EACH



CATELLI
PASTA
375 - 500 G
SELECTED VARIETIES

LOCKED DOWN

1.99
EACH



TWINNINGS
HERBAL TEA
30'S
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH



DOLE
PINEAPPLE
396 mL
SELECTED VARIETIES

LOCKED DOWN

2.49
EACH



NESCAFÉ OR
TASTER'S CHOICE
INSTANT COFFEE
100 - 170 G
SELECTED VARIETIES

LOCKED DOWN

6.99
EACH



NO YOLKS
EGG NOODLES
340 G
SELECTED VARIETIES

LOCKED DOWN

2.79
EACH



BISTRO
EXPRESS OR
TASTY BITE RICE
340 - 250 G
SELECTED VARIETIES

LOCKED DOWN

2.79
EACH



SENSIBLE
PORTIONS
VEGGIE
SNACKS
120 - 142 G
SELECTED VARIETIES

LOCKED DOWN

2.75
EACH



MELITTA
COFFEE
BEANS
300 G
SELECTED VARIETIES

LOCKED DOWN

2.89
EACH



FRISKIES
CAT FOOD
154 G
SELECTED VARIETIES

LOCKED DOWN

89¢
EACH



GLADE
CANDLE OR
WAX MELTS
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH



ZIPLOC
SEAL TOP BAGS
13 - 22'S
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH



WINDEX
WINDOW
CLEANER
750 mL
SELECTED VARIETIES

LOCKED DOWN

5.49
EACH

ALWAYS GREAT PRICE



SELECTION OR LIFE SMART COTTAGE CHEESE
100g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁸⁸
EACH



LIFE SMART NATURALIA FRUIT SPREAD
150g & SELECTED VARIETIES

SELECTION JAM
150g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

4⁴⁹
EACH



SELECTION SNACKS
285g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

2⁸⁸
EACH



SELECTION OR LIFE SMART CANNED FRUIT
296 mL & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁷⁹
EACH



SELECTION FLOUR
2.5 kg & SELECTED VARIETIES

SELECTION PEANUTS
700-800g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

4⁹⁷
EACH



SELECTION SODA CRACKERS
454g & SELECTED VARIETIES

SELECTION CHICKEN NOODLE SOUP
384 mL & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁴⁹
EACH

ALWAYS GREAT PRICE 

1²⁷
EACH



SELECTION MULTI PURPOSE CLEANER
710-908 mL & SELECTED VARIETIES

SELECTION BATHROOM TISSUE
30-100's

ALWAYS GREAT PRICE 

2⁹⁹
EACH

ALWAYS GREAT PRICE 

1⁹⁹
EACH



SELECTION HONEY GARLIC OR PLUM SAUCE
250 mL & SELECTED VARIETIES

SELECTION SOY SAUCE
450 mL & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁴⁹
EACH

ALWAYS GREAT PRICE 

4⁴⁹
EACH



CRACKER BARREL SHREDDED CHEESE
320g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

6⁹⁹
EACH



KELLOGG'S JUMBO RAISIN BRAN
1.01 kg

KELLOGG'S JUMBO VECTOR CEREAL
1.01 kg & SELECTED VARIETIES

ALWAYS GREAT PRICE 

9⁴⁹
EACH



PHILADELPHIA DIPS
340g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

5⁹⁹
EACH



KRAFT PEANUT BUTTER
2kg & SELECTED VARIETIES

ALWAYS GREAT PRICE 

11⁴⁹
EACH



NATURE VALLEY FAMILY PACK BARS
525g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

6⁹⁹
EACH



BETTY CROCKER DUNKAROOS
168g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁹⁹
EACH



KRAFT BBQ SAUCE
455 mL & SELECTED VARIETIES

ALWAYS GREAT PRICE 

2⁴⁹
EACH



CHEEZ-IT CRACKERS FAMILY SIZE
352g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁹⁹
EACH

HOLIDAY ENTERTAINING YOUR WAY

WORTHY CRUMB MINCE FRUIT TARTS
510 G

5⁴⁹
EACH

TWO BITE CHRISTMAS CUPCAKES
284 G
SELECTED VARIETIES

3⁹⁹
EACH

IRRESISTIBLE GINGERBREAD COOKIES
400 G

4⁹⁹
EACH

IRRESISTIBLE HOLIDAY COOKIES TO DECORATE
454 G

12⁹⁹
EACH

IRRESISTIBLE BATTERED CHEESE STICKS, JALAPENO POPPERS OR QUICHE APPETIZERS
FROZEN 325 - 400 G SELECTED VARIETIES

6⁹⁹
EACH

IRRESISTIBLES FULLY COOKED MEATBALLS
FROZEN 500 - 680 G SELECTED VARIETIES

9⁹⁹
EACH

IRRESISTIBLE SPANAKOPITA, CAULIFLOWER BITES OR POTATO TOTS APPETIZERS
FROZEN 228 - 493 G SELECTED VARIETIES

5⁹⁹
EACH

IRRESISTIBLE GOURMET SAUSAGE ROLLS, CHICKEN BITES OR PARTY PACK APPETIZERS
FROZEN 305 - 468 G SELECTED VARIETIES

8⁹⁹
EACH

IRRESISTIBLE VEGETABLE LUMPIAS, BOREK PHYLLO BITES OR HONEY CHILI CHEESE BITES
FROZEN 216 - 400 G SELECTED VARIETIES

5⁹⁹
EACH

IRRESISTIBLE TINY SHRIMP RING WITH SAUCE
FROZEN 284 G
SELECTED VARIETIES

7⁹⁹
EACH

IRRESISTIBLE COCONUT SHRIMP WITH SWEET CHILI SAUCE
FROZEN 454 G
SELECTED VARIETIES

10⁹⁹
EACH

IRRESISTIBLE TEMPURA OR BANG BANG SHRIMP OR SHRIMP GYOZA DUMPLINGS
FROZEN 340 - 400 G SELECTED VARIETIES

7⁹⁹
EACH

FANTINO & MONDELLO

Savour la dolce vita

CHARCUTERIE TRIO

- PARMESAN PEPPER SALAMI
- RED WINE SALAMI
- SPICY CALABRESSE SALAMI

PROSCIUTTO

DRY CURED HAM JAMON SÈC À 100%

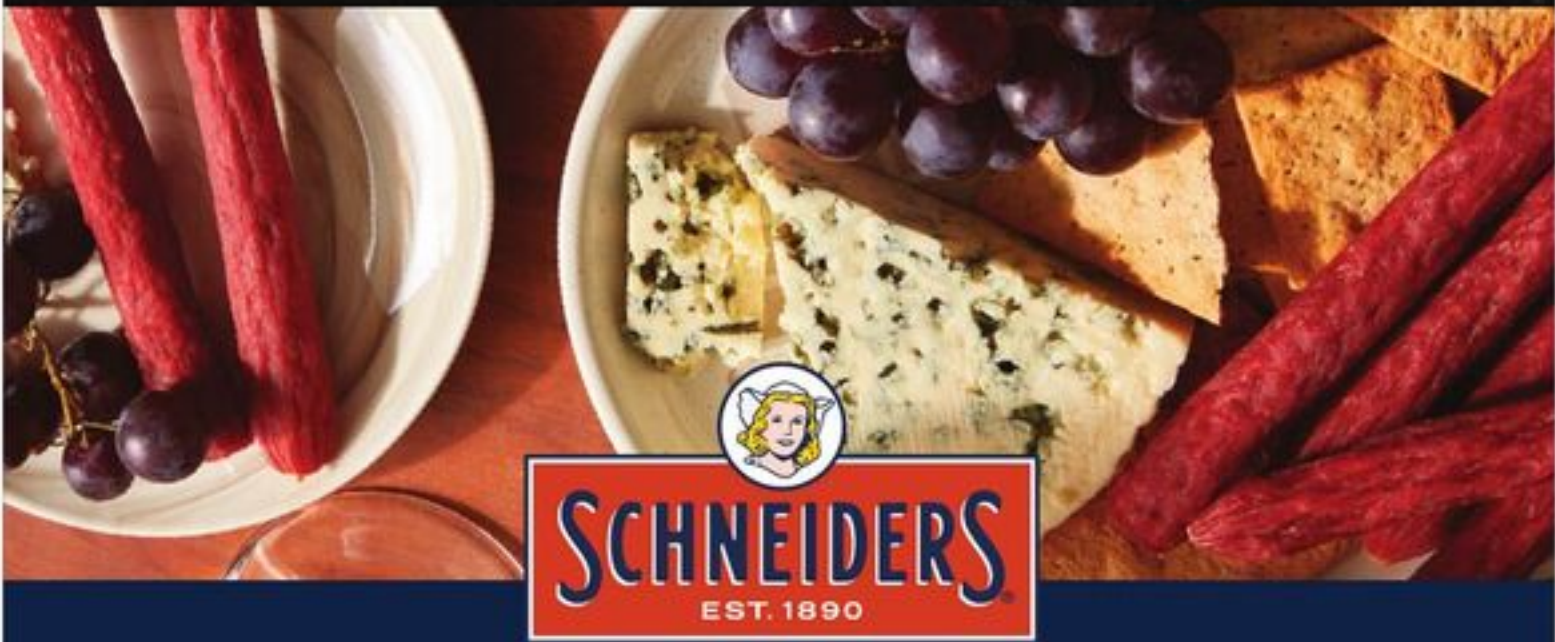
VINO ROSSO
SALAMETTI
SALAMI SÈC AU VIN ROUGE

MIRTILLO ROSSO
SALAMETTI
SALAMI SÈC AUX CANNELIERES ET ÉPICES

ORIGINAL
SALAMETTI
SALAMI SÈC

4.99
EACH

FANTINO & MONDELLO®
SLICED DELI MEAT OR CHUBS
100 - 175 G SELECTED VARIETIES



ELEVATED ENTERTAINING

SCHNEIDERS®
Pepperettes

PEPPERONI

TURKEY / DINDE

EUROPEAN / À L'EUROPÉENNE

SCHNEIDERS®
Pepperettes

ORIGINAL / ORIENTALES

SCHNEIDERS®
PEPPÉRETTES®
250 - 375 G
SELECTED VARIETIES

5.87
EACH

HOLIDAY ENTERTAINING YOUR WAY

IRRESISTIBLE EGG NOG
1L
SELECTED VARIETIES
WHILE QUANTITIES LAST

2.99
EACH

TOSTITOS TORTILLA CHIPS
240 - 295 G
SELECTED VARIETIES

2/\$7

NESTLÉ COFFEE MATE COFFEE ENHANCERS
820 - 946 ML
SELECTED VARIETIES

4.49
EACH

NESTLÉ REAL DAIRY ICE CREAM
1.5 L
SELECTED VARIETIES

4.49
EACH

BECEL MARGARINE
427 G
SELECTED VARIETIES

4.49
EACH

PILLSBURY PREPARED DOUGH
200 - 227 G
SELECTED VARIETIES

1.99
EACH

OCEAN SPRAY CRANBERRY COCKTAIL OR JUICE BLENDS
1.27 - 1.89 L
SELECTED VARIETIES

3.99
EACH

ESKA SPRING WATER
24 X 500 ML

4.49
EACH

GAY LEA REAL WHIPPED CREAM
225 G
SELECTED VARIETIES

3.99
EACH

20 points

SELECTION SOFT DRINKS OR CRANBERRY GINGER ALE
12 X 335 ML
SELECTED VARIETIES
WHILE QUANTITIES LAST

5.97
EACH

CLOVER LEAF SMOKED OYSTERS OR MUSSELS
85 G
SELECTED VARIETIES

1.99
EACH

HERDEZ SALSA
453 G
SELECTED VARIETIES

3.49
EACH

50 points

McCAFÉ COFFEE CAPSULES
10'S
GROUND COFFEE
875 G
SELECTED VARIETIES

26.99
EACH

KAWARTHA MOOSE TRACKS ICE CREAM
2 L
WHILE QUANTITIES LAST

6.99
EACH

FRANCO-AMERICAN GRAVY
204 ML
SELECTED VARIETIES

99¢
EACH

CLUB HOUSE GRAVY MIX
EACH

99¢
EACH

CAMPBELL'S BROTH
250 - 900 ML
SELECTED VARIETIES

1.88
EACH

OCEAN SPRAY CRANBERRY SAUCE
340 ML
SELECTED VARIETIES

1.99
EACH

DEL MONTE CANNED VEGETABLES
547 - 597 ML
SELECTED VARIETIES

1.59
EACH

STOVE TOP STUFFING MIX
120 G
SELECTED VARIETIES

1.39
EACH

CLUB HOUSE SEASONING BLENDS
120 - 170 G
SELECTED VARIETIES

5.99
EACH

SELECTION NAPKINS
100'S
SELECTED VARIETIES

4.99
EACH

SELECTION PLASTIC RED GLASSES
42 ML - 124 ML
SELECTED VARIETIES

4.99
EACH

SELECTION PAPER BOWLS OR PLATES
24 - 30'S
SELECTED VARIETIES

5.99
EACH

SELECTION PAPER TOWELS
4'S
SELECTED VARIETIES

5.99
EACH

HOLIDAY FAVOURITES YOUR WAY

TOBLERONE CHOCOLATE BAR
200 - 340 G SELECTED VARIETIES WHILE QUANTITIES LAST

10⁹⁹ EACH

125 points = \$1

STORCK MERCI FINEST SELECTION CHOCOLATES
400 G SELECTED VARIETIES WHILE QUANTITIES LAST

13⁹⁹ EACH

FERRERO ROCHER CHOCOLATES
375 G

LINDT LINDOR CHOCOLATE
156 G SELECTED VARIETIES WHILE QUANTITIES LAST

11⁹⁹ EACH

IRRESISTIBLE GOURMET DELIGHT COLLECTION
200 G

IRRESISTIBLE SCOTTISH SHORTBREAD COOKIES
500 G SELECTED VARIETIES WHILE QUANTITIES LAST

9⁹⁹ EACH

SELECTION PEPPERMINT CANDY CANES
12'S, 120 G SELECTED VARIETIES WHILE QUANTITIES LAST

1²⁹ EACH

IRRESISTIBLE CHOCOLATE TRUFFLES
200 G SELECTED VARIETIES WHILE QUANTITIES LAST

3⁹⁹ EACH

LINDT CHOCOLATE TEDDY
100 G SELECTED VARIETIES WHILE QUANTITIES LAST

8⁹⁹ EACH

HERSHEY'S KISSES
180 G

MAYNARDS CHRISTMAS CANDY
315 G SELECTED VARIETIES WHILE QUANTITIES LAST

4⁴⁹ EACH

POT OF GOLD CHOCOLATES
240 - 245 G SELECTED VARIETIES WHILE QUANTITIES LAST

5⁹⁹ EACH

TERRY'S CHOCOLATE
145 G SELECTED VARIETIES WHILE QUANTITIES LAST

6⁹⁹ EACH

KINDER SURPRISE
100 G SELECTED VARIETIES WHILE QUANTITIES LAST

5⁹⁹ EACH

STORCK TOFFIFEE
123 G SELECTED VARIETIES WHILE QUANTITIES LAST

2⁹⁹ EACH

BAUDUCCO MINI PANETTONE
40 G SELECTED VARIETIES WHILE QUANTITIES LAST

1⁹⁹ EACH

BAUDUCCO PANETTONE
454 - 680 G SELECTED VARIETIES WHILE QUANTITIES LAST

8⁹⁹ EACH

AURORA PANETTONE OR PANDORO
800 - 900 G SELECTED VARIETIES WHILE QUANTITIES LAST

11⁹⁹ EACH

FESTA PANDORO OR BONBON PANETTONE
750 G SELECTED VARIETIES WHILE QUANTITIES LAST

10⁹⁹ EACH

GIOIA PANDORO
800 G SELECTED VARIETIES WHILE QUANTITIES LAST

12⁹⁹ EACH

BAULI CLASSIC PANDORO
700 G SELECTED VARIETIES WHILE QUANTITIES LAST

14⁹⁹ EACH

MELEGATTI PANETTONE OR PANETTONDORO
750 G SELECTED VARIETIES WHILE QUANTITIES LAST

14⁹⁹ EACH

TRE MARIE PANETTONE OR PANDORO
750 G SELECTED VARIETIES WHILE QUANTITIES LAST

14⁹⁹ EACH

250 points = \$2

HOLIDAY BAKING YOUR WAY

SELECTION
EVAPORATED MILK
354 ML
SELECTED VARIETIES

1.88
EACH

FIVE ROSES
ALL PURPOSE FLOUR
WHITE
ENRICHED + PRE-SIFTED
2.5 kg (5.5 lb)

FIVE ROSES OR ROBIN HOOD FLOUR
2.5 KG
SELECTED VARIETIES

4.99
EACH

Robin Hood
ALL PURPOSE FLOUR
ORIGINAL

Tenderflake

MAPLE LEAF
TENDERFLAKE
PURE LARD OR
CRISCO
SHORTENING
454 G
SELECTED VARIETIES

3.49
EACH

SELECTION
marshmallows
guimauves

SELECTION MARSHMALLOWS
454 G
SELECTED VARIETIES

2.99
EACH

E.D. SMITH
CHERRY
CERISES

E.D. SMITH PIE
FILLING
540 ML
SELECTED VARIETIES

5.49
EACH

Eagle Brand
CONDENSED MILK
390 ML
SELECTED VARIETIES

3.79
EACH

SELECTION
BLANCHED + MONDÉES
Almonds
SLICED + TRANCHÉES
Amandes

SELECTION
Pecan
PIECES + MORCEAUX
Pacane

SELECTION
BAKING NUTS
100 G
SELECTED VARIETIES

2.99
EACH

Redpath
ICING SUGAR
SUCRE À GLACER
1 kg

REDPATH BAKING SUGAR
1 KG
SELECTED VARIETIES

Redpath
DARK BROWN SUGAR
CASSONADE FONCÉE
1 kg

2/\$5

Jaffa Pitted DATES
DATTES sans noyaux
SOURCE OF FIBRE + SOURCE DE FIBRE

JAFFA PITTED DATES
500 G
SELECTED VARIETIES

3.99
EACH

SELECTION
graham crumbs
chapelure graham
400 g

SELECTION
CORN STARCH
454 g

SELECTION GRAHAM CRUMBS
400 G
CORN STARCH
454 G
SELECTED VARIETIES

3.99
EACH

SELECTION
SWEETENED SHREDDED
COCONUT NOIX DE COCO
SUCRÉE RAPÉE
200 g

SELECTION COCONUT
200 G
SELECTED VARIETIES

2.99
EACH

SELECTION
BAKING POWDER
POUDRE À PÂTE
454 g

SELECTION BAKING POWDER
454 G
SELECTED VARIETIES

4.99
EACH

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Time
Offers

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\$100 PlayStation Store
gift card

Get a
FREE \$15



Offer valid **December 11 - 17**

\$10 OFF

2 x \$25 Ardene, \$50 Inspired Dining Card,
\$50 Wayfair or 2 x \$50 Uber gift cards



Offer valid **December 11 - 17**

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ALWAYS STIRRING UP GREAT PRICES




siggi's
Islandic-style yogurt
creamy à la crème
3.6% M.F./M.G.
PLAIN • NATURE
2%
19. 150g

LIBERTÉ GREEK
PLAIN
750g

THIS WEEK ONLY

649
EACH



iögo
Creamy • Crèmeux
4% M.F./M.G. 4% M.F./M.G.
100% WHOLE MILK YOGURT • 100% LAIT ENTIER

THIS WEEK ONLY

649
EACH

iögo
YOGURT
16 X 100 G
SELECTED VARIETIES



OLYMPIC
ORGANIC
MILK FROM GRASS-FED COWS
PLAIN
650g

OLYMPIC ORGANIC
YOGURT
650 G
SELECTED VARIETIES

LOCKED DOWN

549
EACH



LIBERTÉ KEFIR
PROBIOTIC
PLAIN
750g

LOCKED DOWN

499
EACH

LIBERTÉ KEFIR
1 L
SELECTED VARIETIES

25
points



OÏKOS PRO
24g PROTEINES
NO ADDED SUGAR
200 mL

OÏKOS GREEK
DRINKABLE YOGURT
200 ML
SELECTED VARIETIES

LOCKED DOWN

249
EACH



Astro
ORIGINAL
BALKAN YOGURT BALKAN
FRUIT ON THE BOTTOM • FRUITS AU FOND
12 X 100 G

ASTRO
ORIGINAL BALKAN
YOGURT
12 X 100 G
SELECTED VARIETIES

LOCKED DOWN

549
EACH



iögo
NANO DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

349
EACH

20
points



Irresistibles
PROBIOTIC
PROBIOTIQUE
STIRRED YOGURT BRASSÉ
2.9% M.F./M.G.
12 X 100 G

IRRESISTIBLES
YOGURT
12 X 100 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

599
EACH



Irresistibles
SKYR
YOGURT
2%
PLAIN
750g

IRRESISTIBLES
GREEK OR SKYR
YOGURT
750 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

477
EACH



Irresistibles
GREEK
GREC
YOGURT
2%
8g PROTEIN
4 X 100 G

IRRESISTIBLES
SKYR OR GREEK
YOGURT
4 X 100 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

333
EACH



Selection
HONEY MIEL
1kg

SELECTION
HONEY
1 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE

1099
EACH



Kellogg's
VECTOR
HIGH PROTEIN
WITH CRUNCHY GRANOLA CLUSTERS
400g

KELLOGG'S
VECTOR
CEREAL
400 G
ALL BRAN
525 G
SELECTED VARIETIES

LOCKED DOWN

449
EACH

HAPPY LOHRI

HAPPY MAKAR SANKRANTI

HAPPY PONGAL



SEEDLESS ORANGES
PRODUCT OF SOUTH AFRICA: 1.98/LB, 4.37/KG
POMEGRANATE
PRODUCT OF U.S.A.: 1.98 EA

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.98
/LB OR EACH



IRRESISTIBLES
DRY ROASTED
PEANUTS
PRODUCT OF U.S.A.: 1 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.98
EACH



NOOR OR
ARJUN
BASMATI
RICE
3.43 / 4.54 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
7.99
EACH



PILLSBURY
CHAKKI OR
DIVYA
ATTA FLOUR
9.07 / 9.1 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
9.99
EACH



CEDAR
CANNED
BEANS
540 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



DIVYA
OKRA OR
VEGETABLES
375 G FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.29
EACH



PHOENICIA
OR CEDAR
YOGURT
650 / 750 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.79
EACH



CRISPY
PUNJABI
COOKIES
1.34 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
6.99
EACH



DIVYA
LENTILS OR
BLACK
CHICKPEAS
1.8 / 3.81 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



PATAK'S OR KFI
COOKING SAUCE
375 / 400 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



MAGGI
NOODLES
70 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
39¢
EACH



SURATI SNACKS
OR DIVYA
ROASTED
CHANA
200 / 400 G
RUBICON
DRINKS
1 L
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.49
EACH



LAZEEZ SPRING
ROLLS OR
SAMOSAS,
NATIONAL
COOKING SAUCE
100 / 400 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH
15
points



BHIKHARAM
OR SHALINI
SNACKS
100 / 140 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



CASABLANCA HONEY,
TATA TEA AGNI, PREMIUM OR GOLD
1 KG, 220 G, 450 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
6.99
EACH



SHER CANE
BROWN SUGAR
1.82 KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
8.99
EACH
45
points



DIVYA SPICES
OR PICKLE
CONDIMENTS
400 / 500 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH
15
points

PERSONAL CARE FOR LESS



PAMPERS
EASY-UPS
TRAINING
UNDERWEAR
4T-6T
SELECTED VARIETIES

LOCKED DOWN

29⁹⁹
EACH



PAMPERS
SWADDLERS
DIAPERS
124-1745
SELECTED VARIETIES

THIS WEEK ONLY

36⁹⁹
EACH



HEAD & SHOULDERS
370 ML
SELECTED VARIETIES

LOCKED DOWN

6⁹⁹
EACH



TAMPAX PEARL
TAMPONS
28-36'S
SELECTED VARIETIES

LOCKED DOWN

10⁹⁹
EACH



DEPEND
UNDERWEAR
POISE PADS
27-46'S
SELECTED VARIETIES

LOCKED DOWN

17⁹⁹
EACH



SOFTSOAP OR
IRISH SPRING
BODY WASH
370 ML
SELECTED VARIETIES

LOCKED DOWN

4⁹⁹
EACH



LISTERINE
MOUTHWASH
1 L
SELECTED VARIETIES

THIS WEEK ONLY

5⁹⁹
EACH



IVORY BARS
19'S OR
BODY WASH
621 ML
SELECTED VARIETIES



THIS WEEK ONLY

5⁹⁹
EACH



OLD SPICE
DEODORANT
83.5
SELECTED VARIETIES



THIS WEEK ONLY

5⁹⁹
EACH

GET YOUR FLU SHOT HERE



pharmacy

Speak to our pharmacist for details.

Click [here](#) or visit foodbasics.ca/flushot to register online for the flu shots

Available at pharmacy locations only. Visit foodbasics.ca/pharmacy to find a location near you.



LOCKED DOWN

7⁹⁹
EACH



PEDIALYTE
LIQUID
1 L
SELECTED VARIETIES

LOCKED DOWN

8⁹⁹
EACH



JAMIESON D3
OR MELATONIN
GUMMIES
60'S
SELECTED VARIETIES

LOCKED DOWN

8⁹⁹
EACH



RESTORALAX
100'S
SELECTED VARIETIES

LOCKED DOWN

8⁹⁹
EACH



COLD-FX
12'S
SELECTED VARIETIES

LOCKED DOWN

10⁹⁹
EACH



BUCKLEY'S
LIQUID GELS
COUGH SYRUP
100 ML
SELECTED VARIETIES

LOCKED DOWN

10⁹⁹
EACH



BOOST MEAL
REPLACEMENT
6.21 L
SELECTED VARIETIES

LOCKED DOWN

12⁷⁹
EACH



JAMIESON ZINC
OR VITAMIN C
100'S
SELECTED VARIETIES

LOCKED DOWN

12⁹⁹
EACH



JAMIESON
GUMMIES MULTI
150-180'S
SELECTED VARIETIES

LOCKED DOWN

15⁹⁹
EACH



JAMIESON
ORGANIC
ECHINACEA
OR SALMON
& FISH OIL
120'S
SELECTED VARIETIES

LOCKED DOWN

15⁹⁹
EACH



WEBBER
NATURALS
MAGNESIUM
BISGLYCINATE
120'S
SELECTED VARIETIES

LOCKED DOWN

17⁹⁹
EACH



TYLENOL
EZ-TABS
200'S
SELECTED VARIETIES

LOCKED DOWN

19⁹⁹
EACH

PHILADELPHIA

Fluffy. Dippable.



*Voted most trusted Cream Cheese brand, 2026 BrandSpark® Canadian Trust Study

no artificial flavours or colours

PHILADELPHIA WHIPPED CREAM CHEESE PRODUCT
227 G
SELECTED VARIETIES



LOCKED DOWN

3.98
EACH



PHILADELPHIA CREAM CHEESE PRODUCT
450 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

7.49
EACH



PHILADELPHIA DIPS
227 G
SELECTED VARIETIES

LOCKED DOWN

3.49
EACH



PHILADELPHIA CREAM CHEESE
227 - 250 G
SELECTED VARIETIES

LOCKED DOWN

3.98
EACH



PHILADELPHIA CREAM CHEESE PRODUCT
340 G
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH



Classic PHILADELPHIA Cheesecake

Ingredients:

- 1 cup graham crumbs
- 3 tbsp sugar
- 3 tbsp butter, melted
- 5 pkg (250 g each) Philadelphia Brick Cream Cheese, softened
- 1 cup sugar
- 3 tbsp flour
- 1 tbsp vanilla
- 1 cup sour cream
- 4 eggs

Instructions:

- 1 | Heat oven to 325°F.
- 2 | Mix crumbs, 3 Tbsp. sugar and butter; press onto bottom of 9-inch springform pan. Bake 10 min.
- 3 | Beat cream cheese, 1 cup sugar, flour and vanilla in large bowl with mixer until blended. Add sour cream; mix well. Add eggs, 1 at a time, mixing on low speed after each just until blended. Pour over crust.
- 4 | Bake 1 hour 10 min. or until centre is almost set. Run knife around rim of pan to loosen cake; cool before removing rim. Refrigerate 4 hours.

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