



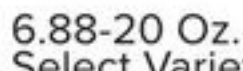

HOTSALE!
MVP

BOGO FREE

8 Pack 12 Oz. Bottles
or 12 Pack 12 Oz. Cans
Select Varieties

PEPSI PRODUCTS
LIMIT 4 FREE

W/O MVP Card Regular Retail
Single Item Mail Price




6.88-20 Oz.
Select Varieties

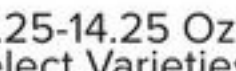
HOMEL'S BAGELS & ENTENMANN'S LITTLE BITES MUFFINS




HOTSALE!
MVP

BOGO FREE

W/O MVP Card Regular Retail
Single Item Mail Price




13.25-14.25 Oz.
Select Varieties

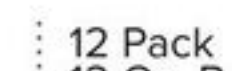
BETTY CROCKER SUPER MOIST CAKE MIX



HOTSALE!
MVP

\$ EA

W/O MVP Card \$1.99 EA




12 Pack 12 Oz. Bottles or Cans
Select Varieties

SAMUEL ADAMS, SIERRA NEVADA or NEW BELGIUM




HOTSALE!
MVP

15.99 EA

5.75-12.4 Oz.
Select Varieties
CHEEZ-IT
OR **CHEEZ-IT**
SNAP'D
LIMIT 4 FREE



HOT SALE!
BOGO FREE
W/O MVP Card \$6.99 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS
OR **FRITOS**
LIMIT 4 FREE



HOT SALE!
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

52 Oz.
Select Varieties
FLORIDA'S
NATURAL
ORANGE JUICE



HOT SALE!
2/\$6
W/O MVP Card \$4.49 EA

16 Oz.
Select Varieties
Quarters or Cubes
CHALLENGE
OR **DANISH**
CREAMERY
BUTTER
QUARTERS



HOT SALE!
3.99^{EA}
W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

HOT SALE! **\$3.49**
EA
W/O MVP Card \$5.19 EA

MVP Coupon **-\$1.00** OFF

2.49
EA

MVP **W/ 10% DISCOUNT SAVINGS**

48 Oz. Select Varieties
BREYERS
ICE CREAM

8.4-12.1 Oz. Select Varieties
QUAKER
INSTANT
OATMEAL

HOT SALE! **\$5**
EA
W/O MVP Card \$5.69 EA

4.7-8.7 Oz. Select Varieties
HAMBURGER
HELPER

HOT SALE! **\$1**
EA
W/O MVP Card \$2.09 EA

HOT SALE! **\$6.99**
EA
W/O MVP Card Regular Bottle

75-110 Oz. Liquid or 32.47 Oz. Paks Select Varieties
ARM & HAMMER

MVP

**3 DAY
HOTSale!**

FRIDAY - SUNDAY

Hot Sale!
MVP

2.99
EA

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA MVP

OSCAR MAYER
DELI FRESH
LUNCH MEAT

7-9 Oz. Pkg.
Select Varieties

Delishious!
HONEY
UNCURED HAM

9 oz



10-11 Oz. - Select Varieties

**POST PEBBLES
CEREAL**

HOTSALE!

MVP

179

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA

MVP



7-8 Oz. - Select Varieties

**TILLAMOOK
SLICED OR
SHREDDED
CHEESE**

HOTSALE!
MVP
2/\$5
W/O MVP Card \$3.79 EA

REST OF WEEK 2/\$7 MVP



8.25-18 Oz. - Select Varieties

**FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS**

HOTSALE!
MVP
2⁹⁹
EA
Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA



20 Oz.

**WONDER CLASSIC
WHITE ROUND
TOP BREAD**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.69 EA
Single Item Half Price
Off Regular Retail

REST OF WEEK \$2.99 EA

MVP



6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties

HOTSALE!
MVP
5.99
EA

W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA MVP

18 Oz.
Select Varieties

**DUKE'S
SQUEEZE
MAYONNAISE**

HOT SALE!

MVP

4.49
EA

W/O MVP Card \$5.49 EA



PRICED LOW ✓ EVERY DAY
ON ITEMS YOU BUY MOST OFTEN

&

FOOD MILLION MVP
club

HOTSALE!
OUR BEST WEEKLY MVP DEALS

Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail

A white bowl filled with round chuck, topped with shredded cheddar cheese, a slice of jalapeño, and a dollop of sour cream. Next to the bowl is a slice of golden-brown cornbread on a wooden cutting board. A whole biscuit is visible behind the bowl. A silver spoon rests on the cutting board in front of the bowl.

Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail

A white bowl filled with round chuck, topped with shredded cheddar cheese, a slice of jalapeño, and a dollop of sour cream. Next to the bowl is a slice of golden-brown cornbread on a wooden cutting board. A whole biscuit is visible behind the bowl. A silver spoon rests on the cutting board in front of the bowl.

HOT SALE!
MVP

10⁹⁹
LB

W/O MVP Card Regular Retail

**BEEF
T-BONE STEAK**

**USDA
CHOICE**

ZNRH ZGCH ZGCR ZGCT ZGRY ZMBL ZMBM ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI
SCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZVDC ZVRA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 12/03/25

DELlclious BOGOs of the week!



HOTSALE!
W/O MVP Card \$7.99 EA
Single Item Half Price

BOGO FREE

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
W/O MVP Card \$3.49 EA
Single Item Half Price

BOGO FREE

5 Ct.
TEXAS TOAST



HOTSALE!
W/O MVP Card \$4.49 EA
Single Item Half Price

BOGO FREE

12 Ct.
FRUIT BITES



HOTSALE!
W/O MVP Card \$5.99 EA
Single Item Half Price

BOGO FREE

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
W/O MVP Card \$6.99 LB

5.99
LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
W/O MVP Card \$7.99 LB

6.99
LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
W/O MVP Card \$9.99 LB

8.99
LB

Freshly Sliced
**DIETZ &
WATSON
HAM**



HOTSALE!
W/O MVP Card \$4.49 EA

3.49
EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
W/O MVP Card \$6.79 EA

3.99
EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
W/O MVP Card \$5.49 EA

\$5
EA

Drums & Thighs
Made Hot In-Store
**4 PIECE FRESH
BUTTERMILK
HAND
BATTERED
FRIED CHICKEN**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
W/O MVP Card \$6.99 EA

\$5
EA

13.9-15.3 Oz.
Select Varieties
**FRESH &
SIMPLE
PIZZA**
15.16-15.87 Oz.
**LA MEGIC
PIZZA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING

Make the holidays *easy*

Let us do the work!

HOTSALE!
W/O MVP Card Regular Retail

\$5 OFF

SELECT CATERING TRAYS AND PLATTERS



LARGE GARDEN
VEGETABLE
PLATTER



SIGNATURE
SANDWICH PLATTER



LARGE MINI
SANDWICH PLATTER



CHICKEN TENDER TRAY



CHICKEN WING TRAY



Place your order
at the deli counter or
scan the QR code
to order online.



Bring joy
to a family's table when you
buy a holiday box



**FOOD LION
FEEDS**

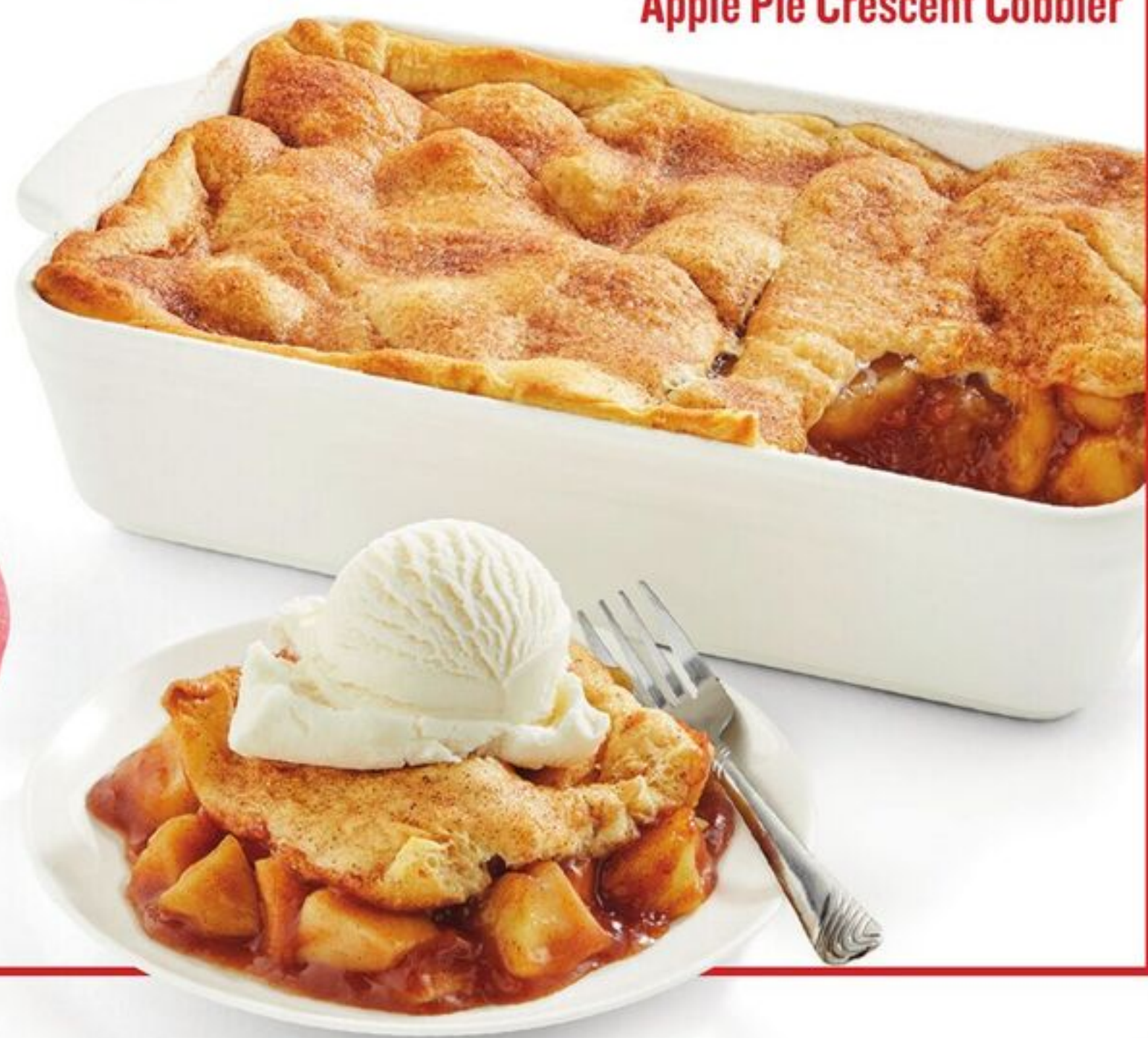
November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. [feedlion.com/feeds](https://www.feedlion.com/feeds)

Baked in
fresh flavor!

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler



PRICED LOW
EVERY DAY ✓
3.49
EA
16 Oz.
Select Varieties
**FOOD LION
BUTTER
QUARTERS**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.29 EA
8-12.4 Oz.
Select Varieties
**FOOD LION
CRESCENT OR
CINNAMON
ROLLS**



2.37 Oz.
**FOOD LION
CINNAMON**
HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA



PRICED LOW
EVERY DAY ✓
2.99
EA
48 Oz.
Select Varieties
**FOOD LION
ICE CREAM**



HOTSALE!
MVP
1.79
EA
W/O MVP Card \$1.99 EA
16 Oz.
Select Varieties
**FOOD LION
BAKING
SUGARS**



HOTSALE!
MVP
1.29
LB
W/O MVP Card \$1.49 LB
Tote Bag
GALA APPLES

PRICED LOW ✓ EVERY DAY

8 Oz.
Select Varieties
**FOOD LION
MUSHROOMS**
2.69
EA



4.10-5.7 Oz.
Select Varieties
**KNORR
PASTA OR
RICE SIDES**
HOTSALE!
MVP
4/\$5
W/O MVP Card \$1.58 EA



15-16 Oz.
Select Varieties
**HUNT'S
MANWICH**
1.19
EA
MVP
W/O MVP Card \$1.88 EA



12 Oz.
**FOOD LION
VANILLA
WAFERS**
2/\$4
MVP
W/O MVP Card \$2.79 EA



24 Oz.
Select Varieties
**WESSON
VEGETABLE OR
CANOLA OIL**
HOTSALE!
MVP
2.89
EA
W/O MVP Card \$3.58 EA



2.12-3.5 Oz.
Select Varieties
**MCCORMICK
GRILL MATES
SEASONING**
HOTSALE!
MVP
2.19
EA
W/O MVP Card \$2.69 EA



16 Oz.
Select Varieties
**TEDDIE
NATURAL
PEANUT BUTTER**
HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.99 EA



8-16 Oz.
Select Varieties
**UTZ
PRETZELS**
HOTSALE!
MVP
2/\$6
W/O MVP Card \$3.99 EA



HOTSALE!
MVP
2/\$5
W/O MVP Card \$3.48 EA
6 Pack
Select Varieties
**WHITE HOUSE
APPLE SAUCE**

HOTSALE!
MVP
4/\$5
W/O MVP Card \$1.58 EA
14.5-15 Oz.
Select Varieties
**CHEF BOYARDEE
CANNED PASTA**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$4.49 EA
11-20 Oz.
Select Varieties
**PEPPERIDGE FARM
DINNER ROLLS,
BREAD OR BUNS**



HOTSALE!
MVP
3.99
EA
W/O MVP Card Regular Retail
9.31-19.5 Oz.
Select Varieties
**NABISCO
FAMILY SIZE
CHIPS AHOY! OR
OREO COOKIES**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.99 EA
16 Oz.
Select Varieties
**AL BRONZO
PASTA**

HOTSALE!
MVP
2/\$3
W/O MVP Card \$2.48 EA
0.4-11 Oz.
Select Varieties
**HIDDEN VALLEY
SALAD
DRESSING MIX**



HOTSALE!
MVP
2/\$6
W/O MVP Card Regular Retail
14 Oz.
**LA BANDERITA
TOTOPOS
TORTILLA CHIPS**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$5.49 EA
3.5-13.7 Oz.
Select Varieties
**NABISCO RITZ
OR SNACK
CRACKERS**



23.9-24 Oz.
Select Varieties
**RAGÙ
PASTA SAUCE**
HOTSALE!
MVP
2/\$5
W/O MVP Card Regular Retail



HOTSALE!
MVP
**BOGO
FREE**
W/O MVP Card \$5.29 EA
Single Item Half Price
6.5-8 Oz.
Select Varieties
**CAPE COD
POTATO CHIPS**
LIMIT 4 FREE



HOTSALE!
MVP
2/\$6
W/O MVP Card Regular Retail
6-10.7 Oz. - Select Varieties
**LITTLE DEBBIE
HOLIDAY CAKES OR
CHRISTMAS COFFEE
CREAMER**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$4.48 EA
16 Oz.
Select Varieties
RAO'S SOUP
HOTSALE!
MVP
2.99
EA
W/O MVP Card \$4.48 EA
MVP Coupon -1.00 OFF
W/O MVP Card \$3.48 EA
MVP W/ MFR DISCOUNT SAVINGS
LIMIT 1



30 Oz.
Select Varieties
**KRAFT
MAYONNAISE**
HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.19 EA



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.59 EA
4 Pack
Select Varieties
**GOGO SQUEEZ
ACTIVE**



HOTSALE!
MVP
5.49
EA
W/O MVP Card \$6.99 EA
4.6 Oz.
Select Varieties
**FERRERO
COLLECTION
12 PIECE
GIFT BOX**
WHILE
SUPPLIES LAST!



HOTSALE!
MVP
6.99
EA
W/O MVP Card \$8.48 EA
MVP Coupon -2.00 OFF
W/O MVP Card \$6.48 EA
MVP W/ MFR DISCOUNT SAVINGS
LIMIT 1
14 Oz. - Select Varieties
**BLUE DIAMOND
ALMONDS
AND MORE**



Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

Island Hopper Variety Pack

HOTSALE!

15.49 EA

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA OR KONA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK Select Varieties

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

DAIRY



FOOD LION
Sharp Cheddar
Cheese Snack Bars

FOOD LION
Colby Jack Cheese
Snack Bars

NESTLE
TOLL HOUSE
Chocolate Chip
Cookies

HOTSALE!
MVP
2/\$5
EA
W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS

LAND O LAKES
MARGARINE

LAND O LAKES
Butter

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES

FOOD LION
Cream Cheese Bar

HOTSALE!
MVP
2/\$5
EA
W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
LAND O LAKES
BUTTER OR
MARGARINE

2/\$5
EA
W/O MVP Card \$2.99 EA

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

bliss
REAL MILK & CREAM
CREAMER

STARBUCKS
CREAMER

HOTSALE!
MVP
4/\$5
EA
W/O MVP Card Regular Retail

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT

YOGURT

YOGURT

HOTSALE!
MVP
2/\$3
EA
W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

YOCRUNCH
SMOOTHIE

DANIMALS
SMOOTHIE

YOCRUNCH
YOGURT

HOTSALE!
MVP
3/\$9
EA
W/O MVP Card \$4.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES

KRAFT
Singles

FOOD LION
Cream Cheese Bar

HOTSALE!
MVP
2/\$3
EA
W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

YOCRUNCH
SMOOTHIE

DANIMALS
SMOOTHIE

YOCRUNCH
YOGURT

FROZEN



EGGO
Homestyle

HOTSALE!
MVP
2/\$5
EA
W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS

MICHELINA'S
FROZEN DINNERS

HOTSALE!
MVP
99¢
EA
W/O MVP Card \$1.58 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS

MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS

HOTSALE!
MVP
3/\$4
EA
W/O MVP Card \$3.99 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA

RED BARON
12" PIZZA

HOTSALE!
MVP
4/\$4
EA
W/O MVP Card \$3.10 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA

FRESCHETTA
PIZZA

HOTSALE!
MVP
5/\$9
EA
W/O MVP Card \$6.99 EA

10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE

MARIE CALLENDER'S
POT PIE

HOTSALE!
MVP
2/\$9
EA
W/O MVP Card \$3.68 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES

GREEN GIANT
BOXED
VEGETABLES

HOTSALE!
MVP
\$1
EA
W/O MVP Card \$1.88 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS

BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS

HOTSALE!
MVP
6/\$9
EA
W/O MVP Card \$8.99 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

STOUFFER'S
FAMILY SIZE
DINNERS

HOTSALE!
MVP
7/\$9
EA
W/O MVP Card \$12.29 EA

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

JIM DANDY
QUICK GRITS

HOTSALE!
MVP
1/\$9
EA
W/O MVP Card \$2.29 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP
2/\$6
EA
W/O MVP Card \$4.99 EA

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
MVP
4/\$9
EA
W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

EIGHT O'CLOCK
COFFEE

HOTSALE!
MVP
5/\$9
EA
W/O MVP Card Regular Retail

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS

FOOD LION
Old Fashioned
Oats

HOTSALE!
MVP
4/\$29
EA
W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP

PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP
2/\$6
EA
W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

FOLGERS
CLASSIC ROAST
COFFEE

HOTSALE!
MVP
11/\$99
EA
W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

FOOD LION
Breakfast Blend
COFFEE

HOTSALE!
MVP
12/\$79
EA
W/O MVP Card Regular Retail

HEALTH & BEAUTY

Colgate Total
51-33.8 Oz. Select Varieties
COLGATE TOOTHPASTE OR MOUTHWASH
W/O MVP Card Regular Retail

HOTSALE!
MVP
2/\$10

45 Oz. Select Varieties
BLISTEX MEDICATED LIP BALM

HOTSALE!
MVP
2.99 EA
W/O MVP Card \$3.79 EA

60-70 Ct. Select Varieties
NATROL MELATONIN

HOTSALE!
MVP
7.99 EA
W/O MVP Card \$8.99 EA

6-8 Oz. Select Varieties
NOT YOUR MOTHER'S CURL TALK OR DRY SHAMPOO

HOTSALE!
MVP
8.99 EA
W/O MVP Card \$9.99 EA

12 Oz. Select Varieties
CERAVE CLEANSER OR LOTION

HOTSALE!
MVP
13.69 EA
W/O MVP Card \$15.99 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

OLAY
22 Oz. Body Wash
Select Varieties
OLAY

HOT SALE! 2/\$14
W/O MVP Card \$7.99 EA
MVP Coupon -5.00 OFF 2
2/\$9
W/O MVP Card \$7.99 EA
W/O MVP Card \$7.99 EA

DOWNY UNSTOPABLES
24 Oz. Select Varieties
DOWNY UNSTOPABLES

PRICED LOW EVERY DAY 19.99 EA
W/O MVP Card \$24.58 EA
MVP Coupon -5.00 OFF 1
14.99 EA
W/O MVP Card \$17.99 EA

HOUSE & HOME

35 Ct. Select Varieties
FOOD LION DISINFECTING WIPES
W/O MVP Card \$1.99 EA

HOTSALE!
MVP
1.49 EA

43 Ct. Select Varieties
FOOD LION DISH PODS

HOTSALE!
MVP
6.99 EA
W/O MVP Card \$8.99 EA

16 Oz. Select Varieties
DAWN POWERWASH

HOTSALE!
MVP
4.99 EA
W/O MVP Card \$5.69 EA

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!
MVP
2/\$6
W/O MVP Card Regular Retail

10 Oz. Air or 41 Oz. Laundry Sanitizer
Select Varieties
LYSOL

HOTSALE!
MVP
6.99 EA
W/O MVP Card Regular Retail

48 Oz. Select Varieties
OXICLEAN

HOTSALE!
MVP
6.99 EA
W/O MVP Card Regular Retail

1000 Sheets Bath Tissue
12 Rolls
Select Varieties
FOOD LION BATH TISSUE

HOTSALE!
MVP
7.49 EA
W/O MVP Card \$8.99 EA

60-70 Ct. Select Varieties
FOOD LION TISSUE CUBE

HOTSALE!
MVP
\$1 EA
W/O MVP Card \$1.79 EA

BABY

4 Oz. - Select Varieties
PLUM ORGANICS MIGHTY 4 BLEND POUCHES

HOTSALE!
MVP
2/\$3
W/O MVP Card \$1.79 EA

185 Oz. Select Varieties
PLUM ORGANICS MIGHTY PUFFS

HOTSALE!
MVP
3.29 EA
W/O MVP Card \$3.69 EA

156-216 Ct. Select Varieties
PAMPERS BABY WIPES

HOTSALE!
MVP
6.99 EA
W/O MVP Card \$7.89 EA

64 Ct. Select Varieties
NATURE'S PROMISE BABY WIPES

PRICED LOW EVERY DAY 2.59 EA

PET

4 Oz. Select Varieties
FANCY FEAST GEMS CAT FOOD

HOTSALE!
MVP
1.99 EA
W/O MVP Card \$2.29 EA

6.3 Lb. Bag
Select Varieties
PURINA CAT CHOW NATURALS DRY CAT FOOD

HOTSALE!
MVP
11.99 EA
W/O MVP Card \$12.99 EA

5.6-24 Oz. Select Varieties
PUP-PERONI OR MILK-BONE DOG TREATS

HOTSALE!
MVP
2/\$6
W/O MVP Card Regular Retail

16 Lb. KIBBLES 'N BITS MINI BITS DOG FOOD

PRICED LOW EVERY DAY 14.99 EA
W/O MVP Card \$16.79 EA

NEW ITEM CENTER

17.60 Oz. Select Varieties
CIRIO PASSATA

HOTSALE!
MVP
1.99 EA
W/O MVP Card \$2.49 EA

3.7 Oz. FERRERO ROCHER CHOCOLATE SQUARES ASSORTED

HOTSALE!
MVP
4.49 EA
W/O MVP Card \$5.79 EA

4 Pack - 12 Oz. Cans
Select Varieties
OLIPOP PREBIOTIC SODA

HOTSALE!
MVP
6.99 EA
W/O MVP Card \$8.99 EA

2-3 Ct. - Medium
RUBBERMAID EASY STORE ROUND OR RECTANGLE CONTAINERS

HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$10.99 EA
Single Item Half Price

60 Ct. Select Varieties
BOUNCE DRYER SHEETS

HOTSALE!
MVP
9.99 EA
W/O MVP Card \$10.99 EA



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



While Supplies Last

HOTSALE!

9⁹⁹_{EA}

W/O MVP Card Regular Retail



SUGAR PLUM
BOUQUET

Fresh ways
to sweeten your
meal!

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail



Find us online:
foodlion.com



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We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:



Prices in this ad good at stores conveniently located in these cities:
Cameron, Clinton, Dunn, Fayetteville, Hope Mills, Mount Olive,
Newton Grove, Roseboro, Spring Lake, Stedman

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZNRA 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



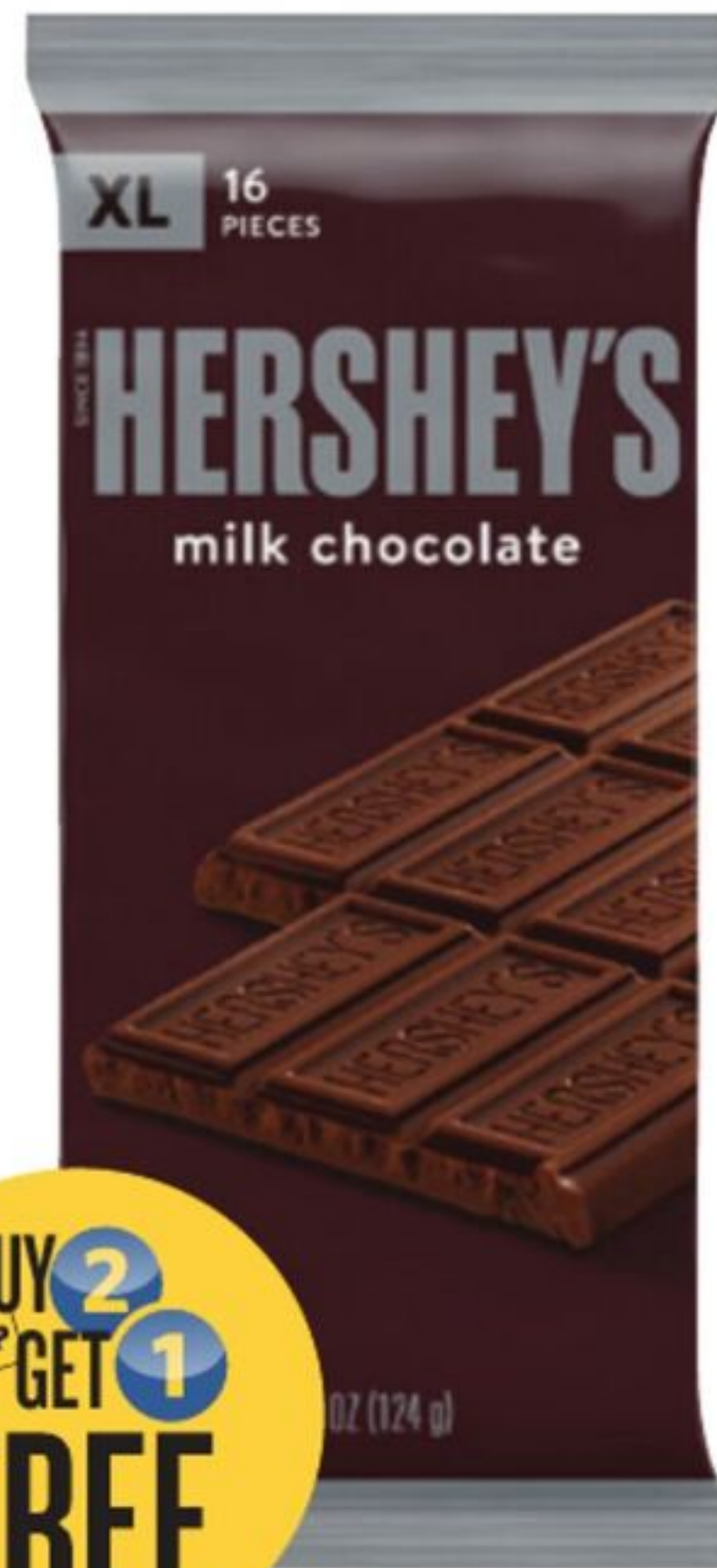
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!