

Use each coupon UP TO 5



Prices valid in-store or for pickup

orders placed on Saturday-Monday.

Cage Free Eggs

Large, Grade A, 12 ct, Limit 5 Packages





Screamin' Sicilian

or Cheez-It Pizza.

Pizza

16.7-27.4 oz

16.85-19.9 oz;

Cosmic Crisp or **Pink Lady Apples** Œ

MIX & MATCH

BUY 1, GET 1

/LB With Digital Coupon Price without digital coupon is up to \$1.99 lb with Card.



Jimmy Dean **Breakfast Sausage** Select Varieties Price without digital coupon With Digital Coupon is up to \$3.99 each with Card.

FAMILY SIZE MEXICAN STYLE BLEND SHARP

32 oz **Kroger Cheese** /EA With Digital Coupon Price without digital coupon is up to \$6.99 each with Card

89

/EA*

Oyster Bay or Korbel

Stella Rosa,

750 ml



Philadelphia **Cream Cheese** 8 oz Bar or Club Crackers, 11-13.7 oz; Select Varieties

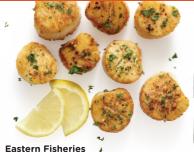
/EA With Digital Coupon Price without digital coupon is up to \$3.99 each with Card.



CLIP A HOT NEW DEAL EVERY DAY through 12/14

Visit FredMeyer.com/MerryDays to clip today's digital coupon!

Each coupon must be redeemed by 12/16





WEEKLY DIGITAL DEALS

CHICKEN BREAST STRIPS

Use each coupon **UP TO 5 TIMES** in one transaction

Look for these tags.





Raw, 31-40 ct, Sold in a 2 lb Bag; Frozen

Sea Scallops 16 oz or Large Peeled & Deveined Shrimp, Price without digital coupon is up to \$16.98 each with Card. With Digital Coupon



Sliced to Order or

Price without digital coupon



With Digital Coupon Price without digital coupon is up to \$8.99 each with Card. Kroger **California Navel Oranges**

Price without digital coupon is up to \$5.49 each with Card.

With Digital Coupon



Private Selection Mesquite Smoked Turkey Breast

Grab 'N Go, In the Deli

With Digital Coupon

is up to \$12.99 lb with Card.



Campbell's **Chunky Soup**

18.6-19 oz or Kroger Salad Dressing, 16 fl oz; Select Varieties

With Digital Coupon

Price without digital coupon is up to \$2.49 each with Card.



Kroger **Frozen Potatoes** Select Varieties,

19-32 oz

With Digital Coupon

Price without digital coupon is up to \$2.99 each with Card.

Green Mountain or McCafé K-Cups

Select Varieties, 10 ct

With Digital Coupon

Price without digital coupon is up to \$8.99 each with Card.

40-Pack Fred Mever **Purified Water** 16.9 fl oz or

Kroger Alkaline Water, 24-Pack, 16.9 fl oz

With Digital Coupon

Price without digital coupon is up to \$4.99 each with Card.



Frito-Lay Multipack

Select Varieties. 18 ct

/EA

With Digital Coupon

Price without digital coupon is up to \$10.49 each with Card



*While supplies last.

Kroger Party Pail Ice Cream Select Varieties, 128 fl oz

With Digital Coupon Price without digital coupon is up to \$6.99 each with Card.



WATER

Tide

Laundry Detergent 73-84 fl oz or Tide Pods, 25-42 ct; Select Varieties

With Digital Coupon

Price without digital coupon is up to \$12.99 each with Card.

MIX & MATCH AN EXTRA

When you spend \$15 on Makeup, Beauty or Personal Care items, with Card.*

*Participating item selection may vary by store. Discount applied at checkout



WEEKLY DIGITAL DEALS

UP TO 5
TIMES
in one transaction



these tags.



L'Oréal or Maybelline Mascara

Select Varieties, 1 ct

Price without digital coupon is up to \$11.99 each with Card.



Price without digital coupon is up to \$12.49 each with Card.

*While supplies last.



Price without digital coupon is up to \$3.79 each with Card.

SHOP. SAVE. REPEAT.



\$AVE

When you **Spend \$150** or more

sAVE

When you Spend \$100 or more

save

When you **Spend \$50** or more

on any mix of Home, Apparel & Electronics

with Digital Coupon.



*Exclusions apply, see Digital Coupon for details.













SAVE \$2 EACH

WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more participating items with Card.



Find even more online!

Scan me to shop all participating items.

*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.





these tags.



Foster Farms Frozen Chicken

24 oz or Cascadian Farm

Organic Family Size Granola, 22 oz; Select Varieties

8.49 With Card -2.00



Dave's Killer Bread **Organic Bread**

18-27 oz or Nature Valley Biscuits. 10 ct: Select Varieties

6.99 With Card -2.00



/EA*

Starbucks Coffee

10-12 oz Bag or K-Cups, 10 ct; Select Varieties

TATE'S







Tate's Bake Shop Cookies

4.6-7 oz or Yoplait Go-Gurt, 16 ct; Select Varieties



6.99 With Card -2.00

Coffee-Mate Creamer

64 fl oz or Califia Farms Organic Almondmilk, 48 fl oz; Select Varieties



3.99 With Card -2.00

/EA*

General Mills Chex Cereal 12-14 oz or Tree Top

Juice, 64 fl oz; Select Varieties



7.49 With Card -2.00

Vitaminwater Select Varieties, 6-Pack, 16.9 fl oz



4.49 With -2.00

Bob's **Red Mill**

Flour Select Varieties, 5 lb



Li'l Yami Yogurt Select Varieties, 6-Pack, 4 oz



4.29 With Card -2.00

Tazo Tea Select Varieties, 16-20 ct





11.99 With Card -2.00

Quilted Northern Bath Tissue

12 Mega Rolls or Viva Paper Towels, 6 Single Plus Rolls; Select Varieties



9.99 With -2.00

Hormel **Beef Entrées** Select Varieties, 15 oz



19.99 With Card -2.00

Cascade **Actionpacs**

47-78 ct or Persil Laundry Detergent, 126-150 fl oz: Select Varieties



26.99 With Card

-2.00

Premier Protein Shakes Select Varieties 12-Pack, 11 fl oz



17.99 With Card -2.00

Olive Oil Select Varieties,



4.49 With Card -2.00

Nature's Own **Perfectly Crafted** Buns

8 ct or Santa Cruz Organic Juice, 32 fl oz; Select Varieties



4.99 With Card -2.00

Post Family Size Cereal

14-25 oz or Nature Valley Protein Bars, 5 ct: Select Varieties



6.99 With Card -2.00

/EA*

José Olé **Taquitos**

16-22.5 oz or Foster Farms Corn Dogs, 12-40 ct; Select Varieties

SAVE \$2 EACH WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more participating items with Card.

*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Look for these tags.





Propel

Select Varieties

12-Pack, 16.9 fl oz Bottles or Topo Chico Sabores Sparkling Water, 8-Pack, 12 fl oz Cans;

-2.00



Seattles Best 10 RECYCLARLE Seattle's Best

7.99 With Card -2.00

Seattle's Best Coffee

10-12 oz Bag or K-Cups, 10 ct; Select Varieties



3.49 With Card -2.00

Oscar Maver Cotto Salami or Bologna Select Varieties,



9.99 With -2.00

/EA*

Hefty Waste Bags Select Varieties, 18-40 ct



8.99 With Card

-2.00

Paper Towels 4 Double Rolls



7.99 With Card -2.00

Stacy's Pita Chips or Pita Thins

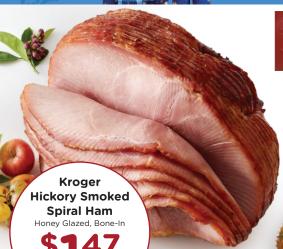
Select Varieties, 15.6-16 oz, In the Deli





HOLIDAY MAGIC FOR LESS

Discover more deals at FredMeyer.com/Holiday



GARANDO CARANDO CARAND

Carando Meatballs Frozen, 16 oz or Johnsonville Summer Sausage,

10-12 oz; Select Varieties

\$6

Red Garnet Yams or White Sweet Potatoes

\$149 /LB With Card

Fresh Baked Private Selection Butter Croissants Large, 4 ct or Muffins, 4 ct; Select Varieties, In the Bakery

With Card

\$5



Seattle International Baking Company Hoagie Rolls Select Varieties, 6 ct

\$449

With Card

Ocean Spray Juice Cocktail Select Varieties, 64 fl oz

2/\$6

With Card



Pacific Foods Organic Broth

32 oz or Pepperidge Farm Stuffing, 12 oz; Select Varieties

\$329

With Card







Kroger Egg Nog Select Varieties, Half Gallon

\$469

With Card



Pillsbury Grands Biscuits, Crescents or Cinnamon Rolls Select Varieties, 8 ct

2/\$5

With Card





Kroger or Simple Truth Organic Spices Select Varieties, 0.11-48 oz



With Card



Budweiser or Miller Select Varieties, 30-Pack, 12 fl oz Cans, Plus Deposit Where Applicable

26⁹⁹



Rubbermaid TakeAlongs Food Storage 4 ct

\$**3**99



Pyrex Pie Plate 9.5 Inch **\$6**99

Seasonal selection varies by store and is limited to stock on hand.

GINGERBREADY



2 FL OZ (59 ML)

Spice Islands Pure Vanilla Extract 2 fl oz

With Card



Kroger All Purpose Flour

With Card





Jell-O **Family Size** Gelatin or **Pudding Mix** Select Varieties,

0.6-6 oz

With Card

Kroger Vegetable Oil 48 fl oz or Grandma's Molasses, 12 fl oz;

With Card

Baking Accessories

Holiday Home or Create-A-Treat Cookie Kit, Select Varieties

With Card

Seasonal selection varies by store and is limited to stock on hand.



GROCERY ESSENTIALS

International **Delight Creamer** Select Varieties,



Baskin Robbins Ice Cream Select Varieties. 14 fl oz



BUY 1, GET 1 of Equal or Lesser Value

Quaker **Rice Cakes** Select Varieties, 4.5-7.23 oz



SALTED

of Equal or Lesser Value With Card



Tillamook Sour Cream 16 oz or Kroger Brown & Serve Rolls

With Card 12 ct: Select Varieties



Coca-Cola, Pepsi or 7UP Select Varieties,

16.9 fl oz Bottles With Card

When you buy 4 or more in the same transaction with Card Quantities less than 4 are up to \$6.99 each with Card.



Arm & Hammer **Laundry Detergent** 100.5-105 fl oz or Power Paks 32-42 ct.

Select Varieties

BUY 1, GET 1 of Equal or Lesser Value With Card

MIX & MATCH EVERYDAY 10% OFF ANY 6 750 ML, 1 LITER OR 1.5 LITER BOTTLES OF WINE

*SAVE 10% Every day when you purchase 6 bottles of wine or more with Card. Mix and Match 6 bottles, 750 ml, 1 Liter or 1.5 Liter sizes. Limit one discount per transaction. Excludes wine sizes 375 ml, 3 Liter, 4 Liter and 5 Liter. Exclusions apply.





12.99 EA -10% With Card

69

Mionetto 750 ml or Ste Chapelle, 1.5 Liters: Select Varieties



18.99 EA -10% With Card

/EA* Chandon

or Meiomi Select Varieties, 750 ml



Sierra Nevada, Payette or Hop Valley Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable



All Holiday Meals Include Choice Of Protein And...

- 1 Home Chef Homestyle Stuffing, 28 oz.
- 1 Home Chef Green Bean Casserole, 30 oz.
- 1 Home Chef Maple Pecan Mashed Sweet Potatoes, 30 oz.
- 1 Home Chef Cranberry Sauce, 14 oz.
- 2 Home Chef Mashed Potatoes, 24 oz.
- 1 Home Chef Classic Gravy, 13 oz.

Products require heating



HOME CHEF

ALSO AVAILABLE

À La Carte Proteins & Sides

3 WAYS TO ORDER

- 1 YourOrderOnline.com
- 2) 1-877-894-3707
- (3) See a Deli Associate

LAST DAY TO ORDER FOR CHRISTMAS 12/22!

DESSERT DONE RIGHT!



Private Selection Four Layer Red Velvet Cake

\$2299

With Card

or Other Varieties, 8", In the Bakery



Private Selection Red Velvet Cake Roll

or Other Varieties, 18 oz, In the Bakery **\$7**99



Private Selection Red Velvet Cupcakes or Other Varieties.

4 ct, In the Bakery

\$6

GIVE THE · GIFT OF GIFT CARDS

SEND CHEER ANYWHERE WITH eGIFT CARDS









Visit giftcards.FredMeyer.com to shop online.

FIND YOUR FAVORITE NATURAL ITEMS







Almond Breeze Almondmilk 64 fl oz or Planet Oat Oatmilk, 52 fl oz; Select Varieties

With Card



Martinelli's **Sparkling Cider** Select Varieties, 25.4 fl oz

With Card



Miss Vickie's **Potato Chips**

8 oz or Frito-Lay Simply Snacks, 5.25-8.5 oz; Select Varieties

> MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value

With Card

Regular retail is up to \$5.29 each with Card.



GT's Kombucha Select Varieties, 16 fl oz

MIX & MATCH BUY 1. GET 1 of Equal or Lesser Value



Simple Truth **Breakfast Sausage Links or Patties** Select Varieties

With Card

HOME, HEALTH & MORE!



Revlon **Hair Dryer**

or Conair Instant Heat

With Card



Nature Made Supplements

14-300 ct or Nature's Bounty Supplements, 25-360 ct; Select Varieties

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value

With Card





Native

Shampoo 16.5 fl oz or Deodorant. 2.65 oz; Select Varieties

MIX & MATCH

BUY 1, GET 1 of Equal or Lesser Value



Sensodyne **Toothpaste** Select Varieties, With Card



HD Designs Frosted Jar Candle Select Varieties.

With Card



STRETCH YOUR HOLIDAY DOLLARS!





Create-A-Treat Gingerbread **House Kit**

Select Varieties, 1 ct Tag Reflects Savings

SAVE



Holiday Home Christmas Rolled Throw Select Varieties,

Zuru **Mini Brands** Capsules Select Varieties

With Card

Hasbro Game Select Varieties

With Card



Brown & Haley

10 oz

With Card



Select Varieties,

With Card

3.1 oz

With Card



Kinder Joy Eggs

With Card



Hershey's **Giant Size Candy Bar** Select Varieties, 7.13-7.56 oz

With Card











Ferrero Rocher Gift Box Select Varieties, 9.1-10.6 oz

o 1-STOP GAME DAY SHOP



Find more game day deals & recipes at FredMeyer.com/Football







Aidell's **Dinner Sausage** Select Varieties,

With Card

HOME CHEF





Kroger **Family Size Appetizers** Select Varieties, 16-33 oz



Mission **Tortilla Chips** Select Varieties, 9-11 oz Regular retail is up to \$3.79 each with Card.



MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value

With Card



DiGiorno Pizza

Select Varieties, 14.14-30.3 oz

With Card

When you buy 2 or more in the same transaction with Card. Quantities less than 2 are up to \$6.99 each with Card.



Celebration **Plastic Cups** Select Varieties, 50 ct





Stella Artois or Truly Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable

Seasonal selection varies by store and is limited to stock on hand.

Wonderful^{*}

With Card

Wonderful **Pistachios**



©CAL

Kroger Honeycrisp Apples

With Card

3 lb or Simple Truth Organic Honeycrisp Apples 2 lb



Simple Truth Organic Gala or Granny Smith **Apples** With Card 2 lb Bag



Granny Smith or Opal Apples

/LB With Card



Half Loin

Whole Pork Tenderloin

With Card





California Cuties Seedless Mandarins

\$499

With Card



Red, Green or Black Seedless Grapes

\$299 With Card



Bloom Haus Festive Flurries Bouquet

\$999



Kroger Packaged Vegetables Select Varieties, 24-32 oz

\$6
With Card



Fresh Made Large Fruit Tray with Dip, 73.5 oz, In Select Stores

\$**22**99

With Card



GUARANTEED FRESH



Kroger Side DishesSelect Varieties,
16-24 oz

2/\$6 with Card



Fresh Atlantic Salmon Fillets

\$99 /LB With Card

MIX & MATCH

30% OFF

Tag Reflects Savings With Card
Ribeye Steaks

Bone-In or Boneless New York Strip Steaks; Value Pack



Hillshire Farm Lunch Meat

Select Varieties, 7-9 oz

2/\$7

With Card



Shrimp Tray Sale

Select Varieties, 11-25 oz, Frozen or Full Line Crab Sale, Whole Cooked Dungeness Crab, Snow Crab Clusters, King Crab Legs, 9-12 ct;

Previously Frozen

25% off

Tag Reflects Savings With Card

DELI & BAKERY

Order party trays, cakes and more at FredMeyer.com/fresh

Frosted
Sugar Cookies
10 ct or Glazed

Donuts, 12 ct; Select Varieties \$5 With Card



Private Selection Sliced Pepperoni or Salami Cracker Cuts

10-12 oz or Meat & Cheese Roll Ups, 5-6 oz; Select Varieties

\$699

With Card



Home Chef Fried or Baked Chicken

Fully Cooked, 8-Piece, Includes 2 Breasts, 2 Thighs, 2 Wings & 2 Drumsticks

\$999



BOTTLES & BREWS



Incline. **Samuel Adams** or Athletic

Select Varieties, 6-Pack, 12 fl oz Bottles or Cans. Plus Deposit Where Applicable





10.99 EA -10% With Card Sawtooth or Segura Viudas 750 ml or Woodbridge, 1.5 Liters; Select Varieties



Erath Select Varieties. 750 ml With Card







