 HOTSALE!  BOGO FREE W/O MVP Card Regular Retail Single Item Mail Price	8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans Select Varieties HOTSALE!  BOGO FREE W/O MVP Card Regular Retail Single Item Mail Price	13-25-14-25 Oz. Select Varieties BETTY CROCKER SUPER MOIST CAKE MIX HOTSALE!  \$1^{EA} W/O MVP Card \$1.99 EA	12 Pack 12 Oz. Bottles or Cans Select Varieties SAMUEL ADAMS, SIERRA NEVADA OR NEW BELGIUM HOTSALE! 16⁹⁹ EA
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5.75-12.4 Oz. Select Varieties CHEEZ-IT OR CHEEZ-IT SNAP'D LIMIT 4 FREE HOT SALE! MVP BOGO FREE WIO MVP Card \$5.99 EA Single Item Half Price	6.5-10 Oz. Select Varieties CHEETOS OR Fritos LIMIT 4 FREE HOT SALE! MVP BOGO FREE WIO MVP Card \$5.99 EA Single Item Half Price	52 Oz. Select Varieties FLORIDA'S NATURAL ORANGE JUICE HOT SALE! MVP 2 \$6 WIO MVP Card \$4.49 EA	16 Oz. Select Varieties Quarters or Cubes CHALLENGE OR DANISH CREAMERY BUTTER QUARTERS HOT SALE! MVP 3 99 EA WIO MVP Card Regular Retail
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MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk



HOT SALE! **349**^{EA}
W/O MVP Card \$5.19 EA

MVP Coupon **-1.00** OFF!

249^{EA}
MVP W/ 10% DISCOUNT SAVINGS LIMIT 1

48 Oz. Select Varieties
BREYERS
ICE CREAM



HOT SALE! **2/5**^{EA}
W/O MVP Card \$3.89 EA

MVP Coupon **-1.00** OFF!

2/\$4
MVP W/ 10% DISCOUNT SAVINGS LIMIT 1

8.4-12.1 Oz. Select Varieties
QUAKER
INSTANT
OATMEAL

47-8.7 Oz. Select Varieties
HAMBURGER
HELPER



HOT SALE! **\$1**^{EA}
MVP

W/O MVP Card \$2.09 EA



HOT SALE! **699**^{EA}
MVP

W/O MVP Card (Regular Retail)

75-110 Oz. Liquid or 32-42 Ct. Paks
Select Varieties
ARM & HAMMER

MVP

**3 DAY
HOTSALE!**

FRIDAY - SUNDAY

HOTSALE!
MVP

2.99
EA

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA MVP

7-9 Oz. Pkg.
Select Varieties
**OSCAR MAYER
DELI FRESH
LUNCH MEAT**



10-11 Oz. - Select Varieties

POST PEBBLES CEREAL

HOTSALE!

179

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA

MVP

A box of Post Fruity Pebbles cereal. The box is red and yellow with the Post logo at the top. It features the text "Fruity PEBBLES" in large, colorful letters, with "CEREAL" in smaller letters below it. The box also says "10-11 OZ." and "POST". The illustration shows several cartoon fruit characters (apple, orange, banana, etc.) playing with the cereal.

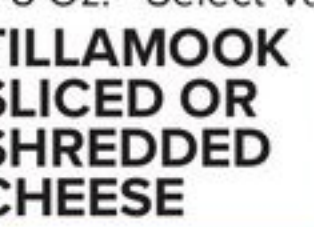
7-8 Oz. - Select Varieties

**TILLAMOOK
SLICED OR
SHREDDED
CHEESE**

HOTSALE!
W/V

2/\$5

W/O MVP Card \$3.79 EA



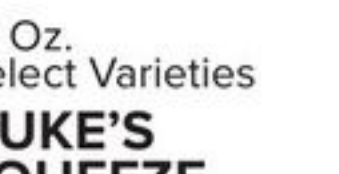
REST OF WEEK 2/\$7 MVP

8.25-18 Oz. - Select Varieties

**FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS**

HOTSALE!
MVP
2.99
EA
Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA



20 Oz.
**WONDER CLASSIC
 WHITE ROUND
 TOP BREAD**

HOT SALE!

MVP

**BOGO
 FREE**

W/O MVP Card \$3.69 EA
 Single Item Heat Price
 Off Regular Retail

REST OF WEEK \$2.99 EA MVP



6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA MVP

PRICED LOW ✓ EVERY DAY
ON ITEMS YOU BUY MOST OFTEN

&

HOTSALE!
OUR BEST WEEKLY MVP DEALS

Helping you fill the dinner table *for less!*



100% FRESH
OR DOUBLE YOUR MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN FRESH
ROUND CHUCK

NO MVP Card Regular Retail

Helping you fill the dinner table *for less!*



100% FRESH
OR DOUBLE YOUR MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN FRESH
ROUND CHUCK

NO MVP Card Regular Retail

A close-up photograph of a Beef T-bone Steak and a baked potato. The steak is cooked to a medium-rare doneness, showing a pinkish center and a browned, herb-seasoned exterior. It is served on a white plate. Next to the steak is a baked potato, topped with a dollop of white sour cream and garnished with fresh green chives. The background is a plain, light-colored surface.

23 Oz. Pkg.
All Varieties

**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOTSALE!
Save

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

The image shows a top-down view of a Smithfield Marinated Pork Loin Filet package. The package is dark with a clear window showing the meat. Below the package, a cooked pork loin is served on a white plate, garnished with green beans and sliced onions. The pork loin is golden brown and appears to be marinated.

10.99
 EA
 MVP Card Regular Retail

Small Pack
**FOOD LION
CHICKEN
THIGHS**

HOTSALE!
MVP
1.69
LB

W/O MVP Card Regular Retail



SUSTAINABLY SOURCED SEAFOOD

40 Oz. Pkg. Frozen
FOOD LION
SWAI

SALE!
w/VP
0.99
EA

VP Card Regular Retail



CHICKEN OF THE SEA
Responsibly Raised
SHRIMP
UNCOOKED
12 OZ. BAG
W/NO MYP CARD REGULAR RETAIL

HOT SALE!
MVP
5.99
EA
W/O MVP CARD REGULAR RETAIL

26-30 Ct.
12 Oz. Bag - Froze
**CHICKEN
OF THE SEA
RAW SHRIMP**



Chickadee Sea
RESPONSIBLY RAISED
SHRIMP
COOKED

100% SHRIMP
14g

26-30 Ct.
12 Oz. Bag - Frozen

**CHICKEN OF THE SEA
COOKED
SHRIMP**

HOTSALE!
MVP
799
EA

W/O MVP Card Regular Retail

DELicious BOGOs of the week!



HOTSALE!
W/O MVP Card \$7.99 EA
Single Item Half Price

BOGO FREE

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
W/O MVP Card \$3.49 EA
Single Item Half Price

BOGO FREE

5 Ct.
TEXAS TOAST



HOTSALE!
W/O MVP Card \$4.49 EA
Single Item Half Price

BOGO FREE

12 Ct.
FRUIT BITES



HOTSALE!
W/O MVP Card \$5.99 EA
Single Item Half Price

BOGO FREE

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
W/O MVP Card \$7.99 LB

6.99
EA

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
W/O MVP Card \$7.99 LB

6.99
LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
W/O MVP Card \$4.49 EA

3.49
EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
W/O MVP Card \$6.79 EA

3.99
EA

5.2-5.3 Oz. Pkg.
**BOURSION
CHEESE**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
W/O MVP Card \$5.49 EA

\$5
EA

Drums & Thighs
Made Hot In-Store
**4 PIECE FRESH
BUTTERMILK
HAND
BATTERED
FRIED CHICKEN**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
W/O MVP Card \$6.99 EA

\$5
EA

14-15.8 Oz.
VICOLA PIZZA



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION
CATERING

Make the
holidays easy

Let us do the work!

HOTSALE!
W/O MVP Card Regular Retail

\$5 OFF

SELECT CATERING TRAYS
AND PLATTERS

LARGE GARDEN
VEGETABLE
PLATTER

CHICKEN TENDER TRAY

SIGNATURE
SANDWICH PLATTER

LARGE MINI
SANDWICH PLATTER

CHICKEN WING TRAY



Place your order
at the deli counter or
scan the QR code
to order online.



Bring joy
to a family's table when you
buy a holiday box



November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

FOOD LION
FEEDS | FEEDING
AMERICA

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. [feedlion.com/feeds](https://www.feedlion.com/feeds)

Baked in —————
fresh **flavor!**
Find our recipe on foodli

PRICED LOW ✓ EVERY DAY

MVP PRICED LOW EVERY DAY ✓
289 EA

HOT SALE!
MVP
2/\$5

HOTSALE!
MVP
2/\$4

HOT SALE!
MVP
2/\$5

HOT SALE!
MVP
399
EA

HOT SALE! **3.99**^{EA}
W/D MVP Card \$4.49 EA

HOT SALE! **899**^{EA}
W/O MVP Card \$114.99 EA

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Shredded Mozzarella Cheese

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

2 Liter Select Varieties CELSIUS

HOTSALE!

2/\$4

12 Oz. Select Varieties CELSIUS

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

6.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

13.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA, YUENGLING FLIGHT OR KONA

HOTSALE!

15.49 EA

30 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH LIGHT OR KEYSTONE LIGHT

HOTSALE!

19.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

22.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.99 EA

8 Pack - 12 Oz. Cans Select Varieties DEVIL'S BACKBONE, HIGH NOON OR COASTAL COCKTAILS

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX 12/03/25

DAIRY



FOOD LION
Sharp Cheddar Cheese Snack Bars

FOOD LION
Colby Jack Cheese Casserole

NESTLE TOLL HOUSE
Chocolate Chip Cookies

HOTSALE!
14-16.5 Oz. Select Varieties
NESTLE TOLL HOUSE COOKIES
W/O MVP Card \$4.69 EA

6-4-7.5 Oz. Select Varieties
FOOD LION CHEESE CUBES OR SNACK BARS

2/\$5
W/O MVP Card Regular Retail

16 Oz. Select Varieties
KRAFT SINGLES

2/\$5
W/O MVP Card \$2.99 EA

46 Oz. Select Varieties
TROPICANA PREMIUM ADES OR PUNCHES

2/\$5
W/O MVP Card \$2.99 EA

5-5.3 Oz. Select Varieties
YOPLAIT OUI OR TOO GOOD YOGURT

4/\$5
W/O MVP Card \$1.69 EA

4-6 Pack Select Varieties
DANIMALS SMOOTHIE OR YOCRUNCH YOGURT

2/99
W/O MVP Card \$3.99 EA

16 Oz. Select Varieties
KRAFT SINGLES

3/99
W/O MVP Card \$4.99 EA

8 Oz. Bar Select Varieties
FOOD LION CREAM CHEESE

2/\$3
W/O MVP Card \$1.69 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

Silk
48-64 Oz. Select Varieties
SILK PROTEIN OR SOY MILK

HOT SALE!
3/99
W/O MVP Card \$4.69 EA
MVP Coupon -50¢ OFF

3/49
W/ MVP DISCOUNT SAVINGS LIMIT 1

FROZEN



EGGO
Homestyle

HOTSALE!
10-7-12-3 Oz. Select Varieties
EGGO FROZEN WAFFLES

2/\$5
W/O MVP Card \$3.68 EA



MARIE CALLENDER'S
POT PIE

PRICED LOW EVERY DAY
2/99
W/O MVP Card \$3.68 EA

4-5-8-5 Oz. Select Varieties
MICHELINA'S FROZEN DINNERS

HOTSALE!
99¢
W/O MVP Card \$1.58 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S DINNERS OR HEALTHY CHOICE SIMPLY STEAMERS

HOTSALE!
3/49
W/O MVP Card \$3.99 EA

10-7-12-3 Oz. Select Varieties
EGGO FROZEN WAFFLES

2/\$5
W/O MVP Card \$3.68 EA

17-65-27-51 Oz. Select Varieties
Excludes Gluten Free
FRESCHETTA PIZZA

HOT SALE!
5/99
W/O MVP Card \$6.99 EA
MVP Coupon -1.00 OFF

4/99
W/ MVP DISCOUNT SAVINGS LIMIT 1

15-77-23-45 Oz. Select Varieties
RED BARON 12" PIZZA

HOT SALE!
4/49
W/O MVP Card \$6.19 EA
MVP Coupon -1.00 OFF

3/49
W/ MVP DISCOUNT SAVINGS LIMIT 1

16-35-22-3 Oz. Select Varieties
SCREAMIN' SICILIAN PIZZA

HOTSALE!
BOGO FREE
W/O MVP Card \$10.99 EA
Single Item Half Price

35-42 Oz. - Select Varieties
BIRDS EYE VOILA! OR CHEF BOYARDEE FAMILY DINNERS

HOTSALE!
6/99
W/O MVP Card \$8.99 EA

28-40 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS

HOT SALE!
7/99
W/O MVP Card \$13.29 EA
MVP Coupon -1.00 OFF

6/99
W/ MVP DISCOUNT SAVINGS LIMIT 1

BREAKFAST

32 Oz.
JIM DANDY QUICK GRITS

HOTSALE!
1/99
W/O MVP Card \$2.29 EA

12-14 Oz. Select Varieties
GENERAL MILLS CHEX CEREAL

HOTSALE!
2/\$6
W/O MVP Card \$4.99 EA

7-27 Oz. Select Varieties
DAVE'S KILLER ORGANIC BREAD OR SNACK BARS

HOTSALE!
4/99
W/O MVP Card Regular Retail

10-12 Ct. K-Cups or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK COFFEE

HOTSALE!
5/99
W/O MVP Card Regular Retail

42 Oz. Old Fashioned or Quick
FOOD LION OATS

PRICED LOW EVERY DAY
4/29
W/O MVP Card Regular Retail

24-32 Oz. Select Varieties
PEARL MILLING COMPANY PANCAKE MIX OR SYRUP

HOTSALE!
2/\$6
W/O MVP Card Regular Retail

22-6-25-9 Oz. Can Select Varieties
FOLGERS COFFEE

HOTSALE!
11/99
W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION COFFEE

HOTSALE!
12/79
W/O MVP Card Regular Retail

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA



VALUE PACK

Blistex

3 Balm VALUE PACK

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

15 Minute Instant Dry Lip

Prevents Chapping

Blistex

Blistex

60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No drowsiness
• No irritations, rashes
• No side effects

30 TABLETS • DIETARY SUPPLEMENT

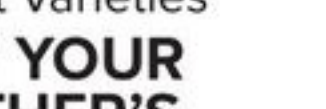
6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



**NOT YOUR MOTHER'S
CURL TALK**
DRY SHAMPOO

**NOT YOUR MOTHER'S
CURL TALK**
CREAM

12 Oz.
Select Varieties

**CEAVE
FACEAVE
CLEANSER OR
LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Daily Moisturizing
Lotion

CeraVe
Daily Moisturizing
Facial
Cleanser

HOUSE & HOME



FOOD LION
Disinfecting Wipes
KILLS 99.9% OF GERMS
35 WIPES PER BOTTLE

35 CT.
Select Varieties
**FOOD LION
DISINFECTING
WIPES**

HOT SALE!
MVP
1.49
EA

W/O MVP Card \$1.99 EA

HOTSALE! MVP 6⁹⁹ EA W/O MVP Card \$8.99 EA	 43 Ct. Select Varieties FOP LION PUSHPODS	16 Oz. Select Varieties DAWN POWERWASH HOTSALE! MVP 4⁹⁹ EA W/O MVP Card \$5.59 EA	 80-100 Ct. Sheets or 18 Oz. Booster Select Varieties ARM & HAMMER HOTSALE! MVP 2/\$6 W/O MVP Card Regular Retail
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BABY

- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**

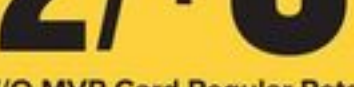


HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

17.60 Oz. Select Varieties
CRISO
PASTA
HOTSALE!
1⁹⁹
W/O MVP Card \$2.49 EA

3.7 Oz.
FERRERO ROCHER
CHOCOLATE
SQUARES
ASSORTED
HOTSALE!
4⁴⁹
W/O MVP Card \$5.79 EA

4 Pack - 12 Oz. Cans
Select Varieties
OLIPOPO
PROBIOTIC
SODA
HOTSALE!
6⁹⁹
W/O MVP Card \$8.99 EA

2-3 Ct. - Medium
RUBBERMAID
EASY STORE
ROUND OR
RECTANGLE
CONTAINERS
HOTSALE!
BOGO
FREE
W/O MVP Card \$10.99 EA
Single Item Retail Price

60 Ct.
Select Varieties
BOUNCE
DRYER SHEETS
HOTSALE!
9⁹⁹
W/O MVP Card \$10.99 EA

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

OLAY
22 Oz. Body Wash
Select Varieties
OLAY

HOT SALE! 2/\$14
W/ MVP Card \$7.99 EA

MVP Coupon -50% OFF

2/\$9
EA
MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

DOWNY UNSTOPPABLES
24 Oz.
Select Varieties
DOWNY UNSTOPPABLES

HOT SALE! 15.99 EA
W/ MVP Card \$11.99 EA

MVP Coupon -40% OFF

11.99
EA
MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

TIDE
76 Ct. Pods
or 132 Oz. Liquid
Select Varieties
TIDE

PRICED LOW EVERY DAY! 19.99 EA
W/ MVP Card \$24.99 EA

MVP Coupon -50% OFF

14.99
EA
MVP W/ MVP DISCOUNT SAVINGS LIMIT 1



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹

EA

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹

EA

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹

EA

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹

EA

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹

LB

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢

EA

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹

LB

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹

EA

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢

LB

W/O MVP Card Regular Retail

GREEN CABBAGE



HOTSALE!

3⁴⁹

EA

W/O MVP Card Regular Retail

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING



While Supplies Last

9⁹⁹

EA

SUGAR PLUM
BOUQUET



HOTSALE!

3⁹⁹

LB

W/O MVP Card Regular Retail

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:

Prices in this ad good at stores conveniently located in these cities:
Elkton, Fishersville, Grottoes, Harrisonburg, Staunton,
Stuarts Draft, Timberville, Verona, Waynesboro

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZVHA 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



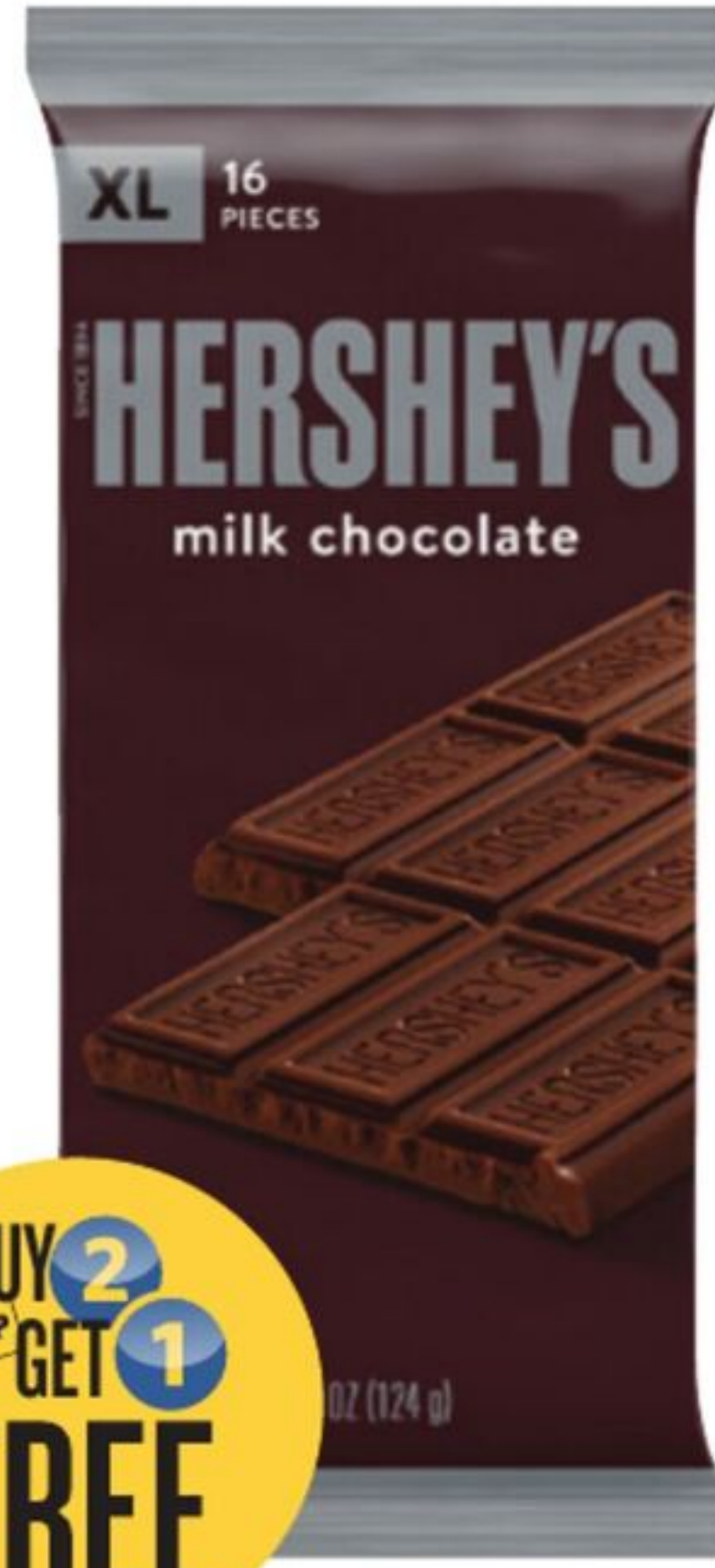
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



4.39
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

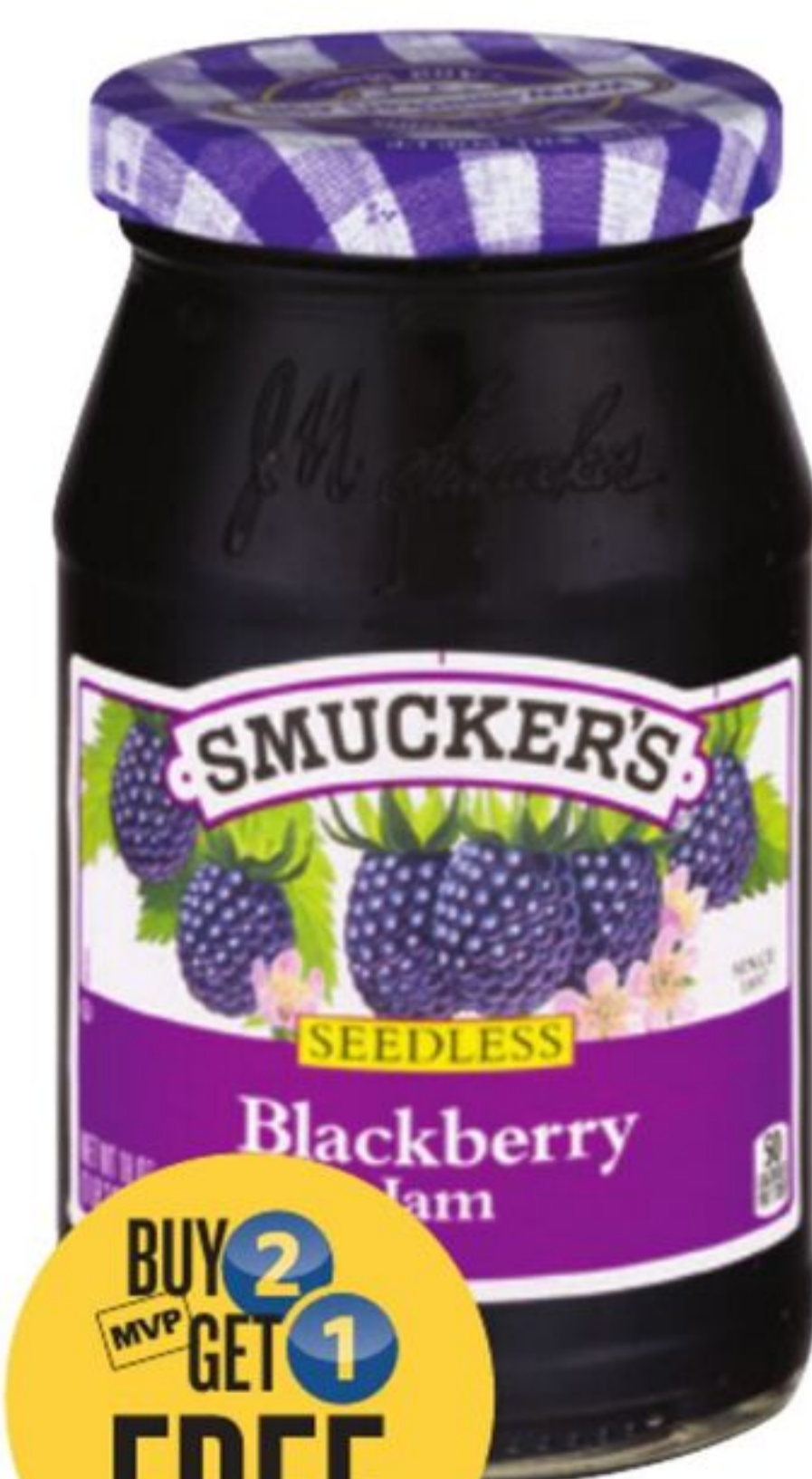
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!