

weekly deals

**SAVE
UP TO 36%**

3⁵⁰

**DR. OETKER RISTORANTE
OR CASA DI MAMA PIZZA**
320-410 G OR **PC® FOCACCIA
OR FLATBREAD PIZZA**
330-455 G
SELECTED VARIETIES FROZEN
20296100001_EA
20013452_EA



**SAVE
UP TO 50%**

\$2

**MCCAIN FRIES OR
HASHBROWNS**
800 G OR **CHEEMO
PEROGIES** 745-907 G
SELECTED VARIETIES
FROZEN
20527159_EA
21521219_EA



1⁵⁰

**CAMPBELL'S BROTH
OR CONCENTRATED
BROTH**
SELECTED VARIETIES
250/900 ML
20322348003_EA
21347245_EA



4⁹⁴

HÄAGEN-DAZS
414-450 ML OR
BARs 3/4'S
SELECTED VARIETIES
FROZEN
20302298001_EA
21513555_EA



**SAVE
\$1⁵⁰**

\$6

**KRAFT PEANUT
BUTTER** 750 G/1 KG OR
**HAZELNUT
SPREAD** 725 G
SELECTED VARIETIES
20039581001_EA
21285418_EA



6⁵⁰

PC® ORANGE JUICE
SELECTED VARIETIES
2.5 L
21531644_EA
21531646_EA

**GET
2,000⁰⁰**

\$2⁰⁰
back
in points



DECEMBER

HIT
OF THE
MONTH

LIMIT 6
AFTER LIMIT
2.75 EA.



\$2

CHRISTIE OREO, CHIPS AHOY!
ANIMAL CRACKERS,
TEDDY GRAHAMS OR
POKÉMON SNACK PACKS
SELECTED VARIETIES
144-200 G
21522348_EA
21585155_EA

LIMIT 6
AFTER LIMIT
3.50 EA.



\$2⁵⁰

PLANTER'S CASHEW HALVES,
COCKTAIL PEANUTS OR MIXED
NUTS WITH 60% PEANUTS
SELECTED VARIETIES
200-225 G
21204908_EA
21620001_EA

LIMIT 6
AFTER LIMIT
\$4 EA.



\$2⁸⁵

PC® EXTRA THICK
CINNAMON RAISIN BREAD
675 G
20639729_EA

LIMIT 6
AFTER LIMIT
\$6 EA.



\$5

SAN PELLEGRINO
ITALIAN
SPARKLING WATER
SELECTED VARIETIES
6X330 ML
21433206_C06/21433205_C06

LIMIT 6
AFTER LIMIT
5.50 EA.



\$4⁵⁰

SOFTSOAP LIQUID
HAND SOAP REFILL
SELECTED VARIETIES
1.47 L
21167194_EA
21166983_EA

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.

*Must be a registered P.C. Optimum™ member to get this offer.

Valid from December 1 - 31, 2025. While quantities last. See in-store for details.

**PROUDLY CANADIAN
SINCE 1919**

Loblaws

\$3 **LB**



PC® WHOLE CHICKEN
AIR CHILLED
6.61/KG
20089413_EA



SAVE 31%

10⁸⁸

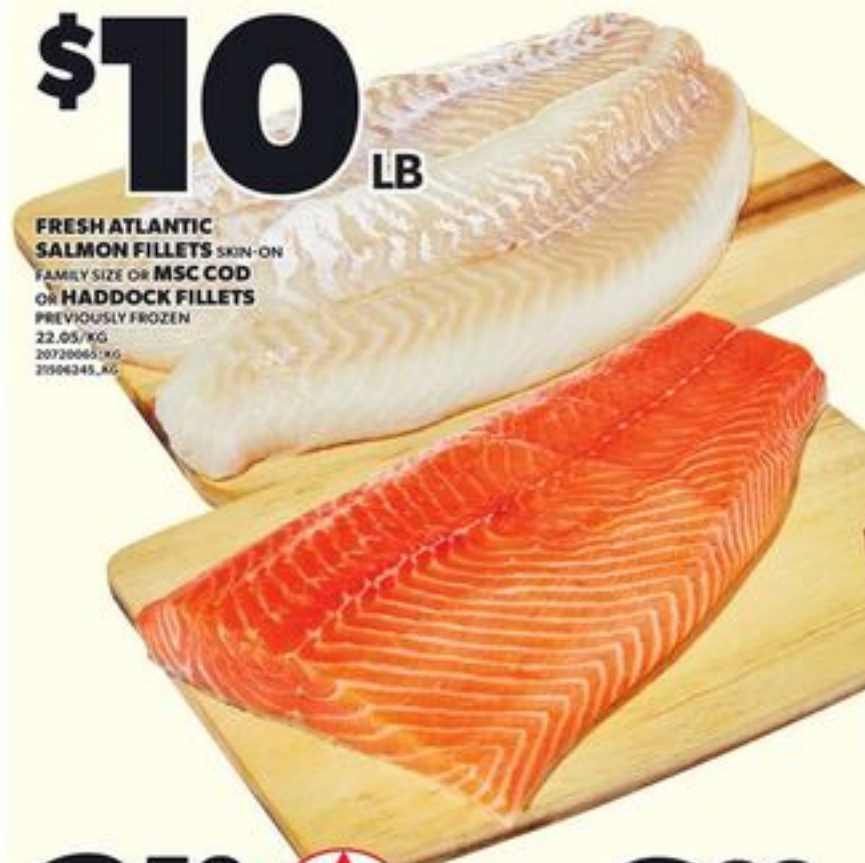
Equivalent to
\$5.49/LB

**GRASS FED LEAN
GROUND BEEF**
900 G
21618300_EA



\$10 **LB**

**FRESH ATLANTIC
SALMON FILLETS** SKIN-ON
FAMILY SIZE OR **MSC COD**
OR **HADDOCK FILLETS**
PREVIOUSLY FROZEN
22.05/KG
20720063_KG
21046245_KG



\$5

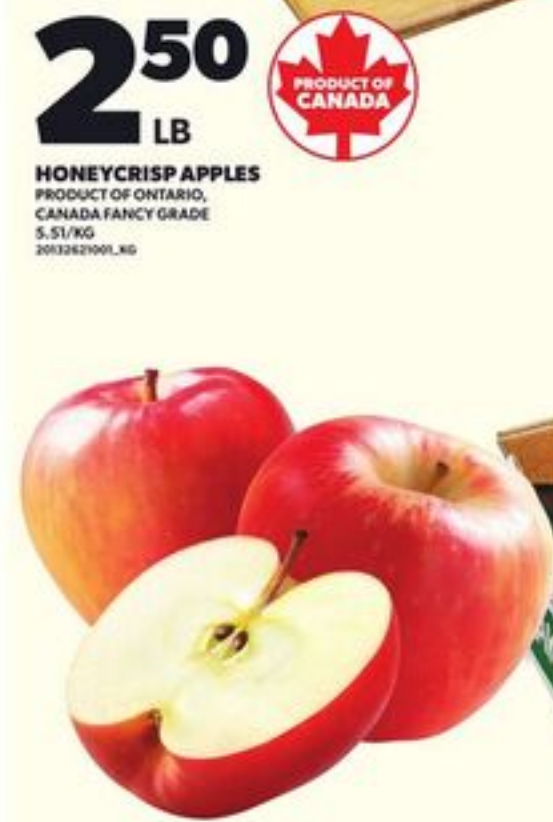
CLEMENTINES
PRODUCT OF MOROCCO
OR SPAIN
5 LB
20182546001_EA



2⁵⁰ **LB**



HONEYCRISP APPLES
PRODUCT OF ONTARIO,
CANADA FANCY GRADE
5.51/KG
20132621001_KG



6⁸⁸

PC® KAKI PERSIMMON
PRODUCT OF SPAIN, NO. 1 GRADE
CASE
21211628001_EA



SAVE 50%

\$2

RASPBERRIES
PRODUCT OF MEXICO
OR U.S.A.
HALF PINT
20128938001_EA



\$3



**D'ITALIANO BREAD
OR BUNS**
SELECTED VARIETIES
AND SIZES
20038335_EA
20627103_EA



**SAVE
UP TO 37%**

\$5

**BOURSIN SOFT
CHEESE**
SELECTED VARIETIES
150 G
20086794_EA
20091214_EA



**SAVE
UP TO 40%**

\$3

**RUFFLES POTATO
CHIPS OR
SMARTFOOD
POPCORN**
SELECTED VARIETIES
150/200 G
20912105_EA
21424013_EA



Optimum
Members-Only Price
13⁹⁹
Non-members
19⁹⁹

**ROYALE BATHROOM
TISSUE** 30=60 ROLLS OR
TIGER TOWELS 6=12 ROLLS OR
FACIAL TISSUE 12'S
SELECTED VARIETIES
20701292_EA
2137923101_EA
21446135_EA



\$20

**TIDE LAUNDRY
DETERGENT**
3.46-3.9 L, **PODS OR
FLINGS** 45-76'S, **DOWNY**
OR **GAIN BEADS** 853 G
OR **CASCADE TUBS**
51/67/90'S
SELECTED VARIETIES
21018479_EA
21030670_EA
21659405_EA



3⁵⁰

**CRAVE ENTRÉES
OR BOWLS OR
KRAFT DINNER
ENTRÉES**
SELECTED VARIETIES
FROZEN
200-340 G
21085515_EA
21611688_EA



Flyer prices effective from Thursday, December 4th to Wednesday, December 10th, 2025. SEE BACK PAGE FOR DETAILS.

Excludes Loblaws 500 Lake Shore Boulevard West.

LSL 1

SAVE 33%

\$5

EQVALENT TO \$1 PER PACK

KD ORIGINAL MACARONI AND CHEESE DINNER 5'S
21594513_EA



\$7

JANES PUB STYLE BREADED CHICKEN
SELECTED VARIETIES
FROZEN
700 G
21091828_EA
21091830_EA

JANES PUB STYLE chicken Strips
SELECTED VARIETIES
FROZEN
700 G
21091828_EA
21091830_EA

JANES PUB STYLE chicken Nuggets
SELECTED VARIETIES
FROZEN
700 G
21091828_EA
21091830_EA



6⁴⁹

BLACK DIAMOND CHEESE BARS 400 G OR SHREDS 300-320 G OR PC® SHREDS 250-320 G
SELECTED VARIETIES
21278845_EA
21279221_EA

BLACK DIAMOND MARBLE • MARBRÉ
SELECTED VARIETIES
400 G
21278845_EA
21279221_EA



SAVE \$1.29/100 G

\$3 /100 G

CASTELLO TICKLER EXTRA MATURE CHEDDAR
IN-STORE DELI CUT
21002831_KG



SAVE \$1

6⁴⁴

NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE
100-170 G OR
NESCAFÉ SWEET & CREAMY SACHETS
16/18'S
SELECTED VARIETIES
2064810001_EA
20873036_EA

NESCAFÉ Taster's Choice
SELECTED VARIETIES
100-170 G OR
NESCAFÉ SWEET & CREAMY SACHETS
16/18'S
SELECTED VARIETIES
2064810001_EA
20873036_EA



SAVE UP TO 36%

3²⁵

NEILSON CREAM
SELECTED VARIETIES
473 ML/1 L
20123609_EA
20776421_EA

NEILSON half & half cream
SELECTED VARIETIES
473 ML/1 L
20123609_EA
20776421_EA



\$7

iöGO CREAMY YOGURT 16X100 G OR LIBERTÉ GREEK YOGURT TUB 650-900 G
SELECTED VARIETIES
20642273_EA
206095181001_EA

LIBERTÉ GREEK
PROTEIN



\$3

GOLDFISH BAKED SNACK CRACKERS OR CRISPS 156-200 G OR PC® CRACKERS, PITA CRACKERS OR CHEESE TWISTS 100-225 G
SELECTED VARIETIES
20306030_EA
20538543002_EA

PARMESAN CHEESE & GARLIC
WIDE STICKS

GOLDFISH BAKED CRACKERS
CHEDDAR



\$6

GET 1,000 back in points

PC® THE DECADENT® CHOCOLATE CHIPS
SELECTED VARIETIES
226-300 G
20011473_EA
20992302_EA

THE DECADENT CHOCOLATE CHIPS
SELECTED VARIETIES
226-300 G
20011473_EA
20992302_EA



SAVE UP TO 37%

\$3

OCEAN'S WHITE TUNA OR GOLD SEAL PINK SALMON
SELECTED VARIETIES
170/213 G
21005108_EA
21066867_EA

GOLD SEAL
WILD PINK SALMON / SAUMON ROSE SAUVAGE

OCEAN'S
ALBACORE TUNA
SOLID WHITE TUNA



SAVE UP TO 30%

\$3

CATELLI SMART PASTA 340/375 G OR CATELLI GLUTEN FREE PASTA 300/340 G
SELECTED VARIETIES
20527265_EA
20704235_EA

CATELLI
SMART PASTA
FUSILLI

CATELLI
SMART PASTA
ROTINI



SAVE UP TO 44%

\$11

HIGH LINER PAN SEAR OR SIGNATURE FISH
SELECTED VARIETIES
FROZEN
425-540 G
20845016_EA
21062154_EA

Signature Co. HADDOCK
ENGLISH STYLE
FILLETS

Pure Sea HADDOCK
ROASTED GARLIC & HERBS



SAVE 37%

\$10

LINDT LINDOR BAGS
SELECTED VARIETIES
240 G
21358220_EA
21358227_EA

LINDT LINDOR
SELECTED VARIETIES
240 G
21358220_EA
21358227_EA



SAVE 96¢ WHEN YOU BUY 4

4/\$5

OR \$1.49 EA.

PC® ORGANICS BABY FOOD POUCH
SELECTED VARIETIES
128 ML
20651270002_EA
21056742_EA

Organics Biologique
SELECTED VARIETIES
128 ML
20651270002_EA
21056742_EA



SAVE 30¢

80¢

FRISKIES CAT FOOD
SELECTED VARIETIES
156 G
20316703_EA
20319657001_EA

FRISKIES
CAT FOOD
SELECTED VARIETIES
156 G
20316703_EA
20319657001_EA



BUY 2

GENERAL MILLS CEREAL
FAMILY SIZE
SELECTED VARIETIES
475-778 G
21034495_EA
21067577_EA

Oatmeal Crisp
PROTEIN 15g

Honey Nut Cheerios
REAL HONEY



GET 1 FREE

NEILSON MILK
SELECTED VARIETIES
4 L
20047439_EA
2098873_EA

NEILSON
fresh partly skimmed milk
1% fat

NEILSON
fresh partly skimmed milk
1% fat



\$1

PC® DISTILLED WATER
4 L
20797191_EA

PC® DISTILLED WATER
4 L
20797191_EA



PRICE DROP!

MORE WAYS TO SAVE

\$2

BETTY CROCKER SUPERMOIST CAKE MIX 375-404 G OR FROSTINGS 340-450 G
SELECTED VARIETIES
205626400R_EA
21047838_EA

Betty Crocker
SuperMoist
David's Food - Chocolate

Betty Crocker
Creamy
Buttercream



3/4⁹⁸

OR \$1.99 EA.

KNORR SIDEKICKS OR CUPS
SELECTED VARIETIES
73-162 G
20321430001_EA
21064314_EA

Knorr
SIDEKICKS
POTATO ALBU

Knorr
CUPS
POTATO ALBU



\$6

MCCAIN DEEP 'N DELICIOUS CAKES
SELECTED VARIETIES
FROZEN
\$10 G
20370132002_EA

McCain Deep 'n Delicious
SELECTED VARIETIES
FROZEN
\$10 G
20370132002_EA



3/\$3

OR \$1.49 EA.

NESTLÉ CHOCOLATE SINGLES 33-60 G OR MR BEAST FEASTABLES MILK OR PEANUT BUTTER CHOCOLATE 60 G
SELECTED VARIETIES
20060954_EA
21089274_EA

Nestlé
CHOCOLATE SINGLES
33-60 G

MR BEAST
FEASTABLES
MILK OR PEANUT BUTTER CHOCOLATE



Loblaw's CUSTOMER RELATIONS 1-800-296-2332 VISIT loblaws.ca FOR STORE HOURS. **f** Loblawson **ig** Loblawson

Please call Customer Relations at 1-800-296-2332 or visit our website at loblaws.ca for your store's hours and to see which Loblaw's® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See loblaws.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaw's Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from December 4 - December 31, 2025 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

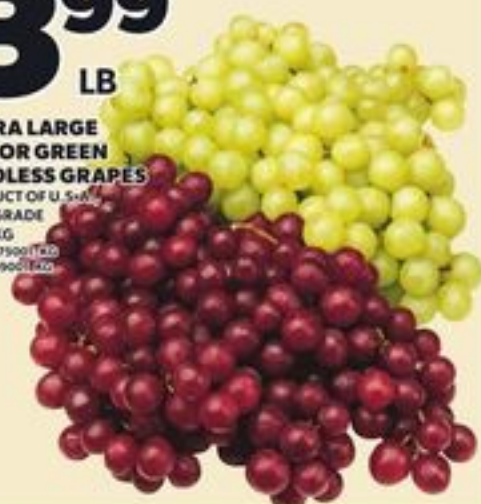
LSL BACK



crush **fresh** cravings

3⁹⁹
LB

EXTRA LARGE RED OR GREEN SEEDLESS GRAPES
PRODUCT OF U.S.A.
NO. 1 GRADE
8.80/KG
20423779001_EA
20155199001_EA



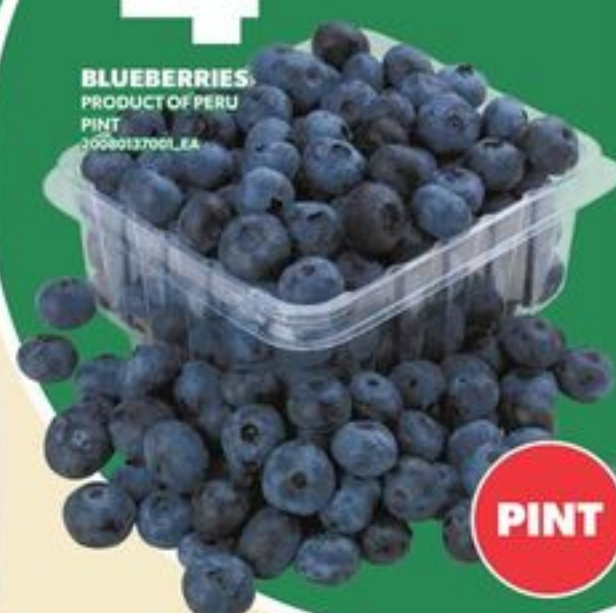
\$6

FARMER'S MARKET™ GREENHOUSE PEPPERS
PRODUCT OF CANADA
OR U.S.A.
3'S
20085851001_EA



\$4

BLUEBERRIES
PRODUCT OF PERU
PINT
20080137001_EA



PINT

\$5

CANTALOUPE
PRODUCT OF GUATEMALA
OR HONDURAS OR
LARGE CROWNLESS
PINEAPPLE
PRODUCT OF COSTA RICA
EACH
20167017001_EA
20191813001_EA



LARGE

7⁵⁰

BLACKBERRIES
PRODUCT OF MEXICO
PINT
20138228001_EA



PINT

1⁵⁰
LB



SWEET POTATOES
PRODUCT OF CANADA
3.31/KG
20127708001_KG



\$6

ROMAINE HEARTS
PRODUCT OF U.S.A.
3'S
20067389001_EA



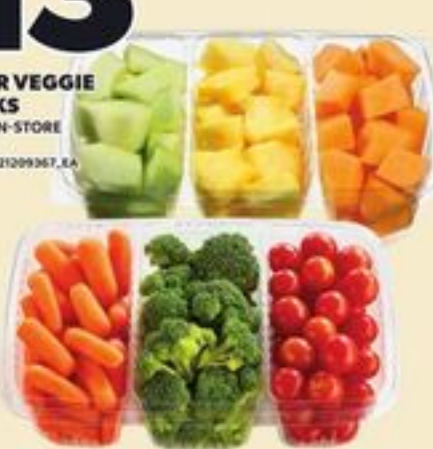
5⁵⁰
LB

ASPARAGUS
PRODUCT OF MEXICO
OR PERU
12.13/KG
20174581001_KG



\$13

FRUIT OR VEGGIE TRI PACKS
PREPARED IN-STORE
830-1200 G
20022119_EA/212099367_EA



\$25

SIGNATURE HOLIDAY BOUQUET
SELECTED VARIETIES
EACH
21430377_EA
21430378_EA



\$22

SMALL HOLIDAY GARDEN
EACH
21204487_EA



\$10

INTERMEDIATE ROSES
9 SEEDS
21430380_EA



\$29

5,000
\$5
per plant

HOLIDAY TABLESCAPE SET
SELECTED VARIETIES
21688834_EA



\$9



PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
375/500 G
20057892_EA
20152629_EA



\$7

BREADED PORK LOIN SCHNITZEL
300 G
21588065_EA



PREPARED IN-STORE

\$7



PC® BLUE MENU® GROUND CHICKEN
454 G
21100091_EA



\$15

PC® FREE FROM GROUND LAMB
454 G
21352008_EA



\$12
LB

EYE OF ROUND MARINATING STEAK
FAMILY SIZE, CUT FROM CANADA AA OR USDA SELECT GRAD BEEF OR HIGH END
26.46/KG
204122021_KG



\$17



PC® WINGS 800-907 G OR PORK BACK RIBS 680 G
SELECTED VARIETIES
FROZEN
20077115_EA
20708932_EA



find your catch in seafood

8⁵⁰

HERON POINT WILD CAUGHT CRAB MEAT
READY TO EAT
170 G
21647384_EA
21647418_EA



\$11

PC® BLACK TIGER SHRIMP RAW ZIPPERBACK®
16-20 PER LB 400 G OR SHRIMP APPETIZERS
294-454 G
SELECTED VARIETIES, FROZEN
20901192_EA



\$13

SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE 454 G OR PC® TORCH-SEARED ATLANTIC SALMON OR WILD AHI TUNA TATAKI 130 G
FROZEN
21687111_EA
21687109_EA



baked in comfort

1⁵⁰

BAGUETTE
WHITE OR WHEAT
255 G
21529271_EA



**BAKED
IN-STORE**

4⁵⁰

ARTISAN BREAD
SELECTED VARIETIES
420-660 G
21633048_EA
21633219_EA



**BAKED
IN-STORE**

\$4

DINNER ROLLS
SELECTED VARIETIES
12'S
21392649_EA



**BAKED
IN-STORE**

\$5

TURNOVERS
SELECTED VARIETIES
4'S
21449196_EA
21449200_EA



**BAKED
IN-STORE**

\$9

**EXQUISITE
COFFEE CAKE**
SELECTED VARIETIES
750 G
21648678_EA
21648727_EA



7⁵⁰

**FARMER'S MARKET™
HOMESTYLE TARTS**
SELECTED VARIETIES
348-510 G
21628834_EA
21629191_EA



\$5

**PC® MINI BRIOCHE
ROLLS**
400 G
21400779_EA



\$3

**NO NAME® DINNER
ROLLS 420 G OR
PC® BREAD
CRUMBS 275/300 G**
SELECTED VARIETIES
21431228_EA
21643547_EA



\$7

**LA FORNÉE DORÉE
CHINOIS BRÛCHÉ
WITH VANILLA**
500 G
21315229_EA



\$7

**MARCANGELO
ITALIAN SLICED
MEATS**
SELECTED VARIETIES
85 G
21706089_EA
21706090_EA



in the mood for deli-cious

**SAVE
\$1.99/100 G**

\$5

**GERMAN
CAMBOZOLA
BLUE CHEESE**
IN-STORE DELICUT
200/200 G



**SAVE
\$1.49**

\$7

**FANTINO AND
MONDELLO
SALAMETTI
DICED OR SLICED**
SELECTED VARIETIES
100-200 G
21501016_EA
21501022_EA



**SAVE
UP TO \$2.49**

\$7

**TRE STELLE
RICOTTA 475 G OR
BOCCONCINI OR
FETA 200 G**
SELECTED VARIETIES
20024992_EA
20093652_EA



\$6

\$7⁵⁰

**FONTAINE SANTÉ
HUMMUS**
SELECTED VARIETIES
454/482 G
20503656_EA
20504506_EA



\$5

\$6

**GARDEN FRESH
TORTILLA CHIPS**
397 G OR SALSA 473 ML
SELECTED VARIETIES
20325398_EA
20565699_EA



on the run, we got you

**FROM
\$6**

FLATBREAD PIZZA
SELECTED VARIETIES
336-420 G
21487752_EA
21487753_EA



**PREPARED
IN-STORE**

2/\$14

**OR
\$8 EA.**

**FRESHLY PREPARED
IN-STORE SINGLE
SERVE ONE PAN
MEALS OR POWER
BOWLS**
SELECTED VARIETIES
135-410 G
21696321_EA
21696324_EA



\$9

**OLIVIERI FAMILY
PACK PASTA 500/700 G
OR PASTA SAUCE 600 ML**
SELECTED VARIETIES
20011488_EA
20311594_EA



\$20 meal deals

\$20

**IN-STORE PREPARED
ROTISSERIE CHICKEN 900 G-1 KG
PAIRED WITH TWO SMALL SIDES
OF YOUR CHOICE 134-454 G AND
PEPSI BEVERAGE 1 L**



\$20

**IN-STORE PREPARED
8 PIECE FRIED CHICKEN
OR 9 PIECE CHICKEN STRIPS
700-870 G WITH TWO SMALL
SIDES OF CHOICE 134-454 G
AND PEPSI BEVERAGE 1 L**



\$20

**IN-STORE PREPARED
READY TO COOK SALMON
OR CHICKEN ENTREE 472-637 G
WITH A READY TO COOK SIDE
545-865 G**



WHILE
SUPPLIES LAST

COLLECT & SAVE! BIG IS BACK

Get one stamp for every \$20* spent.
Collect 20 stamps and get 60-80% off*
one piece of high-quality Kuhn Rikon
Swiss design ovenware!

SAVE
60-80%*
OFF EACH



Opt-in digitally in the
PC Optimum™ App and get
8 bonus stamps*

**KUHN
RIKON**
SWISS DESIGN

*Offer available in-store and online at participating Loblaw banner stores starting Oct. 23, 2025. Receive 1 stamp for every \$20 spent before applicable taxes in a single transaction until Feb. 11, 2026. 8 bonus stamps available to PC Optimum™ members who opt-in to program using the PC Optimum™ App (the "App") between Oct. 16, 2025 and Feb. 11, 2026. Limit 1 bonus offer per account/household. Notwithstanding the foregoing, we reserve the right to stop issuing stamps (incl. bonus) earlier upon notice posted in-store, in the App and on pcoptimum.ca/collectandsave. Stamps are not provided for purchase of tobacco, alcohol, prescriptions, gift cards, phone cards, lottery tickets, 3rd party operations (post office, gas bar, dry cleaner, etc.) and any other products which are provincially regulated. When you collect and redeem 20 stamps, you'll get 60 - 80% off 1 Kuhn Rikon ovenware piece, before applicable taxes. Offer cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferrable. PC Optimum™ Members: To obtain a digital stamp card, opt-in to this program using the App. Digital stamps collected by a household will be combined on one digital stamp card. For paper stamp card or for non-PC Optimum™ members, see in-store for card. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Completed stamp cards can be redeemed until Feb. 25, 2026, after which time stamps/cards expire. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales final. Eligible ovenware is under warranty for 2 years from date of purchase and can be replaced at your store of purchase until Feb. 25, 2026 or while supplies last, whichever is earlier, after which time, contact loblawpromotions@l-founders.com for replacement. For full warranty information including warranty exclusions, FAQ's and complete offer details, visit pcoptimum.ca/collectandsave.

start with the basics

\$5

NO NAME® HONEY
375 G OR **NUTELLA**
HAZELNUT
SPREAD 375 G
SELECTED VARIETIES
20007100_EA
20435988_EA



\$5

NO NAME® PEANUT BUTTER
SELECTED VARIETIES
1 KG
20296945001_EA
20296945002_EA



SAVE \$1.49

\$5

QUAKER MUFFIN
OR **COOKIE MIX**
900 G OR **OATS**
FLOUR 700 G
SELECTED VARIETIES
2030064001_EA
21610830_EA



\$5

SCHNEIDERS
BREAKFAST BITES
OR **SANDWICHES**
SELECTED VARIETIES
FROZEN
204-288 G
21623287_EA
21623288_EA



\$4

KELLOGG'S EGGO
WAFFLES 6/8'S OR
PILLSBURY
TOASTER
STRUDEL 326 G OR
SCRAMBLES 204 G
EXCLUDES PROTEIN WAFERS
SELECTED VARIETIES FROZEN
20172644001_EA
20302779_EA



\$4

HEINZ FLAVORED
DIPPING MAYO
SELECTED VARIETIES
340 ML
21686231_EA
21685958_EA



\$4

PC® KETCHUP
SELECTED VARIETIES
750 ML/1 L
20090124_EA
20131845_EA



\$3

FRENCH'S CLASSIC
YELLOW MUSTARD
400 ML
20083238_EA



\$3

NO NAME®
NATURALLY IMPERFECT™
FROZEN FRUIT
SELECTED VARIETIES
300/400 G
21545097_EA
21545106_EA



\$5

TENDERFLAKE
PASTRY 255-397 G OR
COOL WHIP DESSERT
TOPPING 1 L
SELECTED VARIETIES
FROZEN
20030389001_EA
20303840001_EA



SAVE UP TO 49%

\$4

HUNGRY-MAN
ENTRÉES
SELECTED VARIETIES
FROZEN
360-455 G
20296014004_EA
20296014005_EA



\$1

BEN'S FAST AND
FANCY POUCHES
SELECTED VARIETIES
132 G
21397365_EA
21397412_EA



SAVE UP TO 50%

\$1

TINA'S
BURRITOS
SELECTED VARIETIES
FROZEN
113 G
21639787_EA
21639865_EA



\$3

PILLSBURY
PIZZA POPS
SELECTED VARIETIES
FROZEN
280 G
21435994_EA
21689482_EA



\$4

HUMBLE OR HUMBLE
RUMBLES ORGANIC
POTATO CHIPS
SELECTED VARIETIES
135 G
21664846_EA
21664952_EA



\$3

DORITOS, SUNCHIPS
OR **FUNYONS MINIS**
OR **CHEETOS BITES**
CANISERS 81-145 G
OR **HAVOC FLAVOURED**
SNACKS 170-280 G
SELECTED VARIETIES
21635337_EA
21588799_EA



\$5

BEN & JERRY'S 473 ML
OR **MAGNUM BARS** 4'S
SELECTED VARIETIES FROZEN
21194689_EA
21428213_EA



\$2

HEINZ BEANS
OR **PASTA**
SELECTED VARIETIES
398 ML
20040380003_EA
2017278001_EA



\$7

CARNATION HOT
CHOCOLATE CANISERS
400/450 G OR **LAVAZZA**
GROUND COFFEE QUALITA
ROSSA/CREMA
GUSTO 250 G
SELECTED VARIETIES
21397690_EA
21553714_EA



\$5

BREYERS
CREAMERY STYLE
ICE CREAM
SELECTED VARIETIES
FROZEN
1.41 L
21450509_EA
21651432_EA



start with the basics

1⁵⁰

KNORR PASTA SAUCE OR DRY GRAVY MIX
SELECTED VARIETIES
22-48 G
20321329001_EA
20323323001_EA



2⁵⁰

STOVE TOP STUFFING
SELECTED VARIETIES
120 G
20009553001_EA
20310503001_EA



\$3

DEL MONTE CANNED FRUIT
SELECTED VARIETIES
398 ML
20296567008_EA
21657529_EA



\$11

PC® GRAPESEED OIL
750 ML
200990195_EA



SAVE 58¢
WHEN YOU BUY 2

2/\$3

OR \$1.79 EA.
NO NAME® MUSHROOMS
SELECTED VARIETIES
284 ML
20097492_EA
20299211_EA



GET 5,000⁺
when you spend "20" on



TRU EARTH LAUNDRY OR FABRIC SOFTENER
SHEETS 16-32'S
TOILET BOWL CLEANER 12'S
DISH TABS 40'S
OR SCENT BOOSTERS
200-460 G
SELECTED SIZES AND VARIETIES
21625514_EA
21660040_EA

5⁴⁹

HELLMANN'S MAYONNAISE OR CHICKEN WING DIPS
SELECTED VARIETIES
340-445 ML
21591867_EA
21649789_EA
21591817_EA



\$6

TERRY'S CHOCOLATE ORIGINAL OR SIMPLY 145 G OR BOULE D'OR CHOCOLATES 144-154 G
SELECTED VARIETIES
21672489_EA
21672499_EA



APP EXCLUSIVE OFFER*

SAVE UP TO \$5

GET 4,000⁺
back in points

\$14

PC® OR BLUE MENU® ENTRÉES
SELECTED VARIETIES
FROZEN
2/2.27 KG
20134930_EA
21778993_EA



*Open your PC Optimum™ app or visit pc optimum.ca to get the offer

SAVE UP TO 49¢

\$3

NO NAME® VEGETABLES
SELECTED VARIETIES
FROZEN
750 G
20295818_EA
20302266_EA



SAVE UP TO 37%

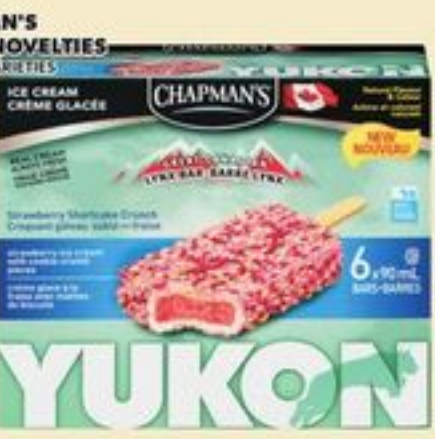
\$5

TASTIEZ SHAREABLES
SELECTED VARIETIES
FROZEN
311 G
21691563_EA
21691571_EA



4⁵⁰

CHAPMAN'S YUKON NOVELTIES
SELECTED VARIETIES
FROZEN
5-8'S
21583339_EA



SAVE \$1
WHEN YOU BUY 2

2/3⁵⁰

OR \$2.25 EA.
PC® PASTA 454 G OR BLUE MENU® WHOLE GRAIN PASTA 375 G
SELECTED VARIETIES
21001578_EA



SAVE \$1
WHEN YOU BUY 2

2/\$7

OR \$4 EA.
PC® BASMATI OR JASMINE RICE
SELECTED VARIETIES
750 G
20961107_EA
20961292_EA



6⁹⁹

FUZE LEMON ICED TEA
SELECTED VARIETIES
12X341 ML
21645443_C12
21645563_C12



4⁵⁰

MOTT'S CLAMATO JUICE 1.89 L OR OCEAN SPRAY 100% JUICE BLEND OR COCKTAIL 1.77-1.89 L
SELECTED VARIETIES
20308955002_EA
20300004008_EA



1⁵⁰

NO NAME® FOIL 25FT OR GLAD CLING WRAP 30 M
SELECTED VARIETIES
21179986_EA



\$10

ZIPLOC MEGAPACK
SELECTED VARIETIES
60-270'S
21796700_EA



\$21

CASHMERE BATHROOM TISSUE
SELECTED VARIETIES
24-72 ROLLS
21089845_EA
21443648_EA



\$15

COTTONELLE BATHROOM TISSUE 12=48 ROLLS OR FLUSHABLE WIPES 4'S
SELECTED VARIETIES
21477027_EA
21665993_EA



\$11

GLAD OUTDOOR BUNDLE
SELECTED VARIETIES
10-40'S
21164510_EA
21164547_EA



From our home to yours



family meals



\$16

INSTORE PREPARED
TURKEY CRANBERRY
SLIDERS
750 G
21696333_EA



SERVES
4

\$16

INSTORE
PREPARED
FAMILY PASTA
TRAY
900 G-1.14 KG
21395979_EA

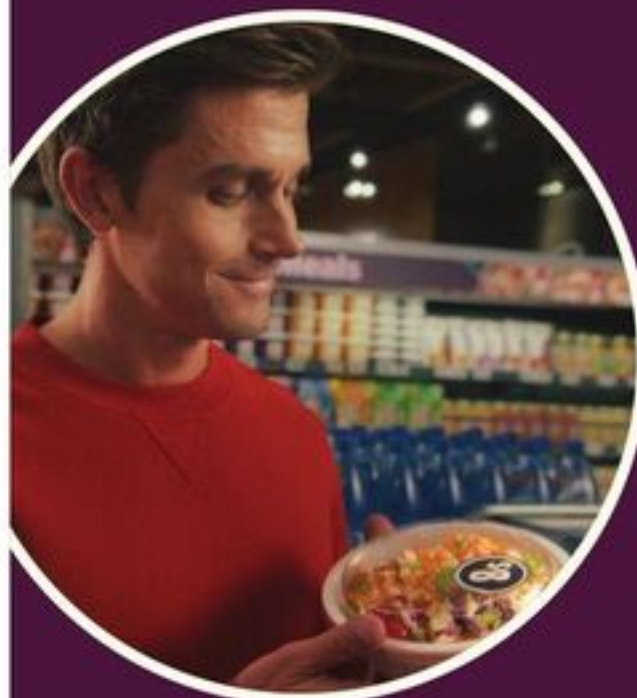


SERVES
4

\$8

single meals

FRESHLY PREPARED
INSTORE SINGLE SERVE
ONE PAN MEALS
SELECTED VARIETIES
135-410 G
21633777_EA/ 21696353_EA
21633861_EA



\$8

power bowls

INSTORE PREPARED BOWLS
SELECTED VARIETIES
350/400G
21666110_EA/21666166_EA



party platters

Discover our selection of freshly prepared platters for your next occasion.

\$25



Order
in-store
or online
today.



feeling zestive

\$5 **5 LB**

CLEMENTINES
PRODUCT OF MOROCCO
OR SPAIN
5 LB
20182566001_EA



\$6

FARMER'S MARKET™ LEMONS
PRODUCT OF SOUTH AFRICA
2 LB
20795315001_EA



\$6

FARMER'S MARKET™ ORANGES
PRODUCT OF SOUTH AFRICA
3 LB
20182945001_EA



\$4

NO NAME® NATURALLY IMPERFECT™ LIMES
PRODUCT OF MEXICO
1.5 LB
21673921001_KG



\$7

FARMER'S MARKET™ GRAPEFRUIT
PRODUCT OF SOUTH AFRICA
3 LB
20184099001_EA



\$5

FARMER'S MARKET™ MANDARINS
PRODUCT OF SOUTH AFRICA
2 LB
20099819001_EA



\$4 **LB**

STEM & LEAF CLEMENTINE
PRODUCT OF SPAIN
8.82/KG
20613483001_KG



\$5 **LB**

PC® SATSUMA MANDARINS
PRODUCT OF U.S.A.
11.02/KG
200925159001_KG



SAVE 76¢ WHEN YOU BUY 2

2/\$5
OR \$2.88 EA.

RED POMELO
PRODUCT OF CHINA
20081390001_EA



20% OFF
TOTAL BULK

'tis the **sweetest** season

4 DAY SALE
THURSDAY, DECEMBER 4TH
TO SUNDAY, DECEMBER 7TH

\$4

SOUR JU JUBES
320 G
21694414_EA



\$4

GUMMI BEARS
280 G
21694433_EA



4.50

CHOCOLATE FLAVOURED MACAROONS
260 G
21694436_EA



\$7

MILK CHOCOLATE COVERED ALMONDS
240 G
21694434_EA



\$4

CRANBERRY COCKTAIL MIX
300 G
21694435_EA



\$7

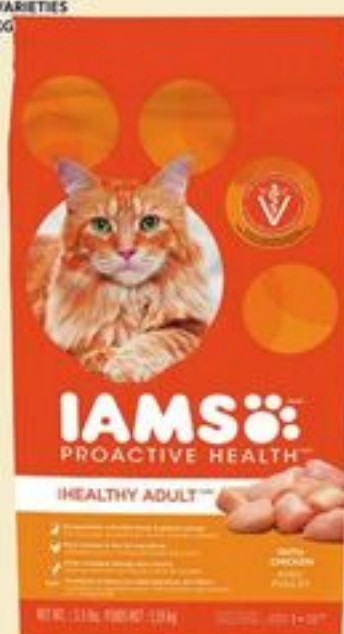
ROASTED CASHEWS
230 G
21694434_EA



for the love of **pets**

\$13

IAMS CAT FOOD
SELECTED VARIETIES
1.36/1.59 KG
21027553_EA



\$9

WHISKAS CAT FOOD
SELECTED VARIETIES
1.5/2 KG
21088889_EA



\$7

CATIT CATNIP
56 G
21478271_EA



SAVE \$1.99

\$7

FRISKIES CAT FOOD
1.4/1.5 KG
SELECTED VARIETIES
20912315_EA



SAVE \$1.49

\$6.50

FRISKIES CAT TREATS
SELECTED VARIETIES
454 G
21069907_EA



\$26

GET 2,500 back in points

FRISKIES OR FANCY FEAST
SELECTED VARIETIES
24'S
21082326_C01
21170917_C01



\$25

WHISKAS CAT FOOD
SELECTED VARIETIES
24'S
21069998_EA



\$24

GET 2,000 back in points

TIDY CATS CAT LITTER
SELECTED VARIETIES
5.44 KG
21217951_C01



SAVE \$1.99

\$20

ARM & HAMMER CAT LITTER
SELECTED VARIETIES
6.35-12.7 KG
21086970_EA



2/5.50

OR \$3.49 EA.

TEMPTATIONS CAT TREATS
SELECTED VARIETIES
160/180 G
2029813005_EA



\$9

MILK-BONE COMFORT CHEWS DOG TREATS
SELECTED VARIETIES
210/312 G
21026350E1A



\$5

MILK-BONE DOG BISCUITS
SELECTED VARIETIES
750-900 G
21014603_EA



\$9

DENTALIFE DOG TREATS
SELECTED VARIETIES
408-595 G
21081077_EA



\$18

CESAR DOG FOOD
SELECTED VARIETIES
12X100 G
20548229_EA



\$18

IAMS DOG FOOD
SELECTED VARIETIES
2.72/3.18 KG
20912435_EA



Festival of lights. Prices that shine.

Eight nights of Chanukah.
All in one cart.



**SAVE \$1
WHEN YOU BUY 2**

2/\$5

OR
\$3 EA.

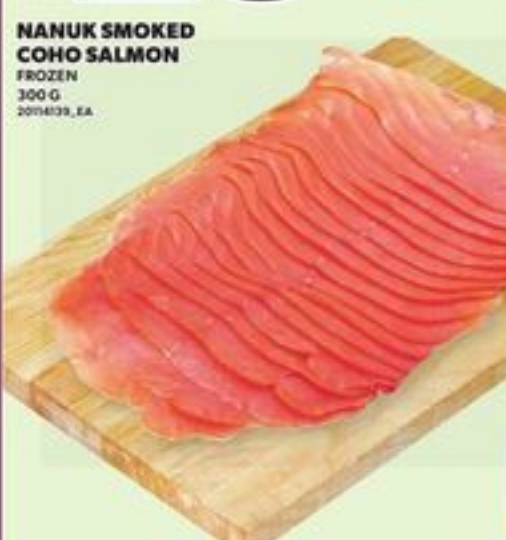
POMEGRANATE
PRODUCT OF U.S.A.
20134767001_EA



\$23



**NANUK SMOKED
COHO SALMON**
FROZEN
300 G
20114139_EA



\$12

MEDJOL DATES
PRODUCT OF U.S.A.
2 LB TUB
20001686_EA



6²⁹-\$11

CROWN CINNAMON BUNS
454 G OR **DR. LAFFA CHALLAH**
SWEET BREAD 640 G
20109501_EA
21492760_EA



21⁹⁹

**MANISCHEWITZ
CHANUKAH HOUSE KIT**
1.2 KG OR **TUSCANINI
CHOCOLATE TRUFFLES**
GIFT BOX
SELECTED VARIETIES
214955028_EA/21645942_EA



Optimum
Members-Only Price
3⁹⁹
Non-members
7⁹⁹

**KEDEM SPARKLING
GRAPE JUICE** 750 ML OR
KEDEM GRAPE JUICE
LARGE 1.8 L
SELECTED VARIETIES
20314032001_EA/20034185006_EA

Members
save
\$4



2/1⁵⁰

OR
\$0.89 EA.

**AISH TAMID OR
NER MITZVAH
CHANUKAH
CANDLES**
SELECTED VARIETIES
44 CT PACK
21220142_EA/21645525_EA



69¢

**GLICKS CHOCOLATE
COINS SINGLES**
15 G OR **BAKOL
CHOCOLATE
COINS SINGLES** 18 G
SELECTED VARIETIES
21582004_EA
20648133_EA



5⁴⁹

**IZZY 'N' DIZZY
BOUNCING
MUSICAL DREIDEL
OR ACHVA TAHINI**
SELECTED VARIETIES
500 G
21212749_EA
20122784001_EA



2⁴⁹

**LIEBER'S CANDY
FILLED DREIDELS**
(LARGE) 70 G OR
OSEM BAMBA 100 G
SELECTED VARIETIES
21514326_EA
20770704_EA



89¢

**GEFEN RAMEN
NOODLES** 85 G OR
**WILLI FOOD NOODLE
SOUP BOWL** 70 G
SELECTED VARIETIES
20307234002_EA
20071540001_EA



2⁹⁹

**FOULDS MAC &
CHEESE WACKY**
156 G OR **BERMAN
HAMANTASCHEN**
BAG 175 G
SELECTED VARIETIES
20122898_EA/21099572_EA



ITEMS AVAILABLE AT THE FOLLOWING LOBLAWS LOCATIONS:

1048 MIDLAND AVE., KINGSTON, 5010 GLEN ERIN DR., MISSISSAUGA, 50 MUSGRAVE ST., MUSGRAVE,
301 HIGH TECH RD., RICHMOND HILL, 2877 BAYVIEW AVE., 60 CARLTON ST., 650 DUPONT ST., TORONTO.

Shop the **world** in our aisles



**SAVE
30%**



3⁵⁰

**FARMER'S MARKET™
RED ONIONS**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
3 LB BAG
2081362001_EA



**SAVE
\$1
WHEN YOU BUY 2**

2/\$5

OR
\$3 EA.

POMEGRANATE
PRODUCT OF U.S.A.
20134767001_EA



**SAVE
\$1.02
WHEN YOU BUY 3**

3/4⁹⁸

OR
\$2 EA.

ATAULFO MANGO
PRODUCT OF PERU
EACH
20121595001_EA



\$3

**LARGE
DRAGONFRUIT**
PRODUCT OF VIETNAM
20165395001_EA



**SAVE
UP TO \$1.99**

\$9

**SEAQUEST®
WHOLE POMPANO**
800 G OR WHOLE
TILAPIA 1.36 KG
FROZEN
21551947_EA
21552084_EA



\$4

**CRISPY POUND
CAKE**
SELECTED VARIETIES
368 G
20814078_EA
20814080_EA

13⁵⁰

**NATUR SOURCE
NUT MIX**
SELECTED VARIETIES
450-625 G
21195937_EA
21196004_EA



\$10

PC® SPRING ROLLS
SELECTED VARIETIES
FROZEN
574 G
20698096_EA
20698133_EA



1²⁹

**NONGSHIM
NOODLES**
SELECTED VARIETIES
120 G
21504277_EA
21504375_EA



3⁵⁰

**ORION TURTLE
CHIPS**
SELECTED VARIETIES
160 G
21654281_EA
21654241_EA



\$6

**HUY FONG
SRIRACHA HOT
CHILI SAUCE**
734 ML
20076956_EA



3⁴⁹

FARKAY NOODLES
397 G SELECTED VARIETIES OR
LAOGANMA SPICY
CHILI CRISP 210 G
20147835001_EA
20874066_EA



50¢

CHUBBY SODA
SELECTED VARIETIES
250 ML
20940724_EA
21567411_EA



2⁵⁰

GRACE EXOTIC CHIPS
SELECTED VARIETIES
75 G
21626379_EA
21626383_EA



**SAVE
98¢
WHEN YOU BUY 2**

2/\$7

OR
\$3.99 EA.

**LAY'S INTERNATIONAL
FLAVORED CHIPS**
SELECTED VARIETIES
200 G
21643082_EA
21643206_EA





**Value you
can count on.**

\$13



**PC® BLUE MENU®
CHICKEN BREASTS**
BONELESS, SKINLESS
AIR CHILLED
3'S
25340952_EA



2⁵⁰

**NO NAME®
CHICKEN WIENERS**
450 G
20058192_EA



\$13

**NO NAME®
MEAT LASAGNA**
FROZEN
2.27 KG
20099795_EA



\$1

**PC® BLUE MENU®
OR FREE & CLEAR®
SPARKLING WATER**
SELECTED VARIETIES
1L
20320832004_EA
20320832002_EA



\$7

**NO NAME®
CAT LITTER**
SELECTED VARIETIES
7 KG
2003746002_EA



live well, spend less

5⁵⁰

DOVE BODY WASH 325 ML OR BAR SOAP 6X106 G
SELECTED VARIETIES
21239554_EA/21510864_EA



\$8

METHOD BODY WASH 532 ML OR LIQUID HAND SOAP REFILL 828 ML-1L
SELECTED VARIETIES
21425085_EA
21640640_EA



SAVE UP TO

25%

OLAY BODY WASH OR BAR SOAP
SELECTED VARIETIES AND SIZES
21000889_EA
21642769_EA



6⁵⁰

LIMIT 6
AFTER LIMIT 7.49 EA.

SENSODYNE OR PRONAMEL TOOTH PASTE
SELECTED VARIETIES
150/135 ML
20247931002_EA
20432248002_EA



3⁵⁰

LIMIT 6
AFTER LIMIT 4.49 EA.

CREST COMPLETE TOOTH PASTE 120 ML, CREST STAIN ERASER TOOTH PASTE 65 ML, CREST KIDS TOOTH PASTE 85-100 ML OR ORAL-B COMPLETE SATIN FLOSS 50 M
SELECTED VARIETIES
20348190001_EA/21354028_EA



\$6

LIMIT 6
AFTER LIMIT 8.39 EA.

LISTERINE CLASSIC 1 L OR KIDS 500 ML MOUTHWASH
SELECTED VARIETIES
20348438001_EA
21356791_EA



\$8

DOVE WOMEN'S DEODORANT 74 G OR DRY SPRAYS 107/113 G
SELECTED VARIETIES
20840721_EA/21196170_EA



SAVE UP TO 25%

IVORY BODY WASH OR BAR SOAP
SELECTED VARIETIES AND SIZES
20489974001_EA
20860346002_EA



7⁵⁰

LIMIT 6
AFTER LIMIT 8.99 EA.

COLGATE MAXFRESH OR TOTAL TOOTH PASTE 3'S OR MANUAL TOOTHBRUSH 2'S, BATTERY TOOTHBRUSH OR COLGATE TOTAL OR PRO RELIEF MOUTHWASH
SELECTED VARIETIES AND SIZES
2118930_EA/21166655_EA



\$8

TRESEMMÉ HAIR CARE
SELECTED VARIETIES AND SIZES
2031530016_EA
21696637_EA



\$4

GARNIER FRUCTIS HAIR CARE
SELECTED VARIETIES
370 ML
21005887_EA
21007302_EA



\$10

JOHN FRIEDA OR MARC ANTHONY HAIR CARE
SELECTED SIZES AND VARIETIES
21570404_EA
21646736_EA



\$14

L'ORÉAL PREFERENCE, FÉRIA OR OLIA HAIR COLOUR
SELECTED VARIETIES
20304062009_EA
21474523_EA



SAVE 20%

GET 5,000⁺ back in points
when you buy 2

AVEENO FACE OR BODY LOTIONS
SELECTED VARIETIES AND SIZES
20102023001_EA
20102023003_EA



SAVE 20%

CERAVE CLEANSERS OR MOISTURIZERS
SELECTED VARIETIES AND SIZES
21295400_EA
21354743_EA



SAVE 20%

CETAPHIL CLEANSERS OR MOISTURIZERS
SELECTED VARIETIES AND SIZES
20432313001_EA



\$10

DR. TEAL'S EPSOM SALT OR FOAM BATH
SELECTED VARIETIES AND SIZES
20335315_EA
21311642_EA



SAVE 25%

ST. IVES FACE SCRUBS, EXFOLIATORS OR LOTION
SELECTED VARIETIES AND SIZES
21086101_EA
21429055003_EA



live well, spend less

65⁴⁷

**ENFAMIL A+ NEUROPRO
AND GENTLEASE
POWDER REFILLS**
SELECTED VARIETIES
862/890 G
21589079_EA
21589205_EA



38⁹⁹

**SIMILAC 360 TOTAL CARE
READY TO FEED INFANT FORMULA**
24 X 59 ML
21702779_C24



4⁵⁰

**EARTH'S BEST
VEGGIE STRAWS
OR PUFFS**
SELECTED VARIETIES
44-78 G
21534806_EA
21534802_EA



2/\$5

OR
\$3.99 EA.
**GERBER SNACKS
OR ENTRÉES**
SELECTED VARIETIES
42-187 G
2030463003_EA
2030573800L_EA



5⁵⁰

**LITTLE BELLIES
ORGANIC
COOKIES**
SELECTED VARIETIES
130 G
21606647_EA
21606746_EA



\$13

**U BY KOTEX
LINERS 112-150'S,
PADS 30-60'S OR
TAMPONS 45'S**
SELECTED VARIETIES
21700475_EA / 21239169_EA



\$11

**ALWAYS FLEX
FOAM PADS**
SELECTED VARIETIES
AND SIZES
18-36'S
21284428_EA / 21641927_EA



\$18

**TENA UNDERWEAR
OR BRIEFS**
SELECTED VARIETIES
AND SIZES
20957423_EA / 21033778_EA



SAVE UP TO

15%

**ONE A DAY
MULTIVITAMINS**
60-130'S OR
FLINTSTONE'S
CHILDREN'S
VITAMINS OR
SUPPLEMENTS

60-180'S
SELECTED
VARIETIES
21663606_EA
21663766_EA



SAVE UP TO

25%

**WEBBER NATURALS
OR SESAME STREET
VITAMINS OR
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
20866422_EA
21795800_EA



SAVE UP TO

15%

**PERFECT SPORTS
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
21068247_EA / 21068329_EA



SAVE UP TO \$2

GET
2,000[®]
when you buy 2

\$2
back
in points

FROM 5⁴⁹-21⁹⁹

VICKS
SELECTED VARIETIES
AND SIZES
21295974_EA
21456315_EA



13⁵⁰

BENYLIN[®]
COUGH RELIEF
SYRUP 170-250 ML OR
CAPLETS 24'S OR
TYLENOL COLD,
COUGH AND FLU
PRODUCTS 24/40'S OR
SYRUP 170/180 ML
SELECTED VARIETIES
EACH
2012948400L_EA / 21263833_EA



BENYLIN[®]

EXTRA STRENGTH
Sore Throat
& Cough



GET 4,000[®]

when you buy 2

\$4
back
in points

**ENSURE OR
GLUCERNA READY
TO DRINK SHAKES**
SELECTED VARIETIES
AND SIZES
20180283003_EA
20308731008_C06



MARC ANGELO

The Best Things are Meant to be Shared!

MORTADELLA AND MORTADELLA WITH PISTACHIO SLICED
110 g
21707188_EA
\$5

ANTIPASTO QUATTRO
150 g
21706582_EA
\$12

BUON APPETITO
200 g
21692121_EA
\$14

ASSORTED SALAMI CHUBS
225 - 300 g
21021491_EA
\$10-\$12

24g of PROTEIN

CHICKEN BREAST BITES
200 g
21633170_EA
\$7

A TASTE OF WINTER CHEER

Arizona
Assorted flavours
960 mL
21043736_EA
3²⁹

Allen's
Assorted flavours
1.89L
21518094_EA
4⁴⁹

Del Monte
Assorted flavours
8 x 200 mL
21649074_EA
5⁴⁹

Oasis
100% JUICE
10X CRANBERRY JUICE
10X APPLE JUICE
20X APPLE JUICE
40 x 200 mL
21030520_C01
21⁹⁹

PROUD CANADIAN COMPANY

SCHNEIDERS
EST. 1890

CANADIAN CRAFTED SINCE 1890

15% OFF /100 g

Schneiders® Blue Ribbon® Bologna Service Case Meat
20279910_EA

15% OFF /100 g

Schneiders® Deli Best® Service Case Meats Select Varieties
21201089_EA/20967023_EA

Prepared in Canada

CALLS FOR Saputo CHEESE

\$6

ALEXIS DE PORTNEUF
BRIE & CAMEMBERT, SELECTED VARIETIES
125 g
20044802_EA

\$6

SAPUTO
FRESH CHEESE, ASSORTED VARIETIES
170-200 g
20051344_EA

\$6

CATHEDRAL CITY
CHEDDAR
200 g
21245346_EA

\$9

ALEXIS DE PORTNEUF
TRIPLE CREAM, WASHED RIND OR GOAT CHEESES, SELECTED VARIETIES
125-200 g
20064979_EA

\$7

SAPUTO
RICOTTA
500 g
20073931_EA

1,500

From domestic and imported ingredients.

CHEESE Festival

ENTER FOR A CHANCE TO **WIN CHEESE FOR A YEAR!**

WWW.FREECHEESE.CA

NEW

LEERDAMMER
250 g
20087905_EA
\$8

BALDERSON
Premium Cheddar
250 - 280 g
20050555_EA
\$8

BALDERSON
Premium Aged Cheddar
280 g
20707405_EA
\$14

Rondele
Rondele Spread
125 g
20672975_EA
\$4

PRÉSIDENT
Brie
300 g
25080790_EA
\$10

*No purchase necessary. Contest starts on November 18, 2025 (12:00:01 a.m. ET) and ends on December 31, 2025, 11:59:59 p.m. ET. One form of entry for your chance to win a Grand Prize is to purchase any Participating Product, submit the purchase receipt, and complete the entry form at www.freecheese.ca (the "Website"). Maximum of ten (10) entries per household. One (1) participating product purchased equals one (1) chance to win a Grand Prize. Purchasing two (2) or more participating products on a single receipt earns a maximum of five (5) entries. There are five (5) Grand Prizes available to be won by random draw, consisting of Cheese for a Year (in the form of 144 FREE Cheese coupons, 48¢ of each Grand Prize is \$1.44). The winner must correctly answer a quiz before drawing. The odds of winning depend on the number of eligible entries received for all participating products and full rules, visit the Website. Contest is open to Canadian residents who are in Canada at the time of entry, except individuals under the age of 18 (or 19 in Quebec). ©2025 Lactalis Canada. All rights reserved. Trademarks owned or used under license by Lactalis Canada, Toronto (ON, M9C 5L7).

RESTAURANT-INSPIRED FLAVOURS

Kraft Dinner Deluxe
Entrées
Selected Varieties
333 - 346 g
21694728_EA/21694895_EA
4⁹⁹

TACO BELL.

Taco Bell Dinner Kits
Selected Varieties
401 - 642 g
21663631_EA
2/\$10
OR \$5.99 EA.

Taco Bell Creamy Sauces
Selected Varieties
354 mL
21661774_EA
2/\$10
OR \$5.99 EA.

Taco Bell Sauces
Selected Varieties
207 mL
21661786_EA
21661788_EA
2/\$7
OR \$4.49 EA.

Kraft Dinner Macaroni & Cheese
156 - 200 g
21548655_EA
21549589_EA
2/\$5
OR \$2.99 EA.

Kraft Dinner Macaroni & Cheese
Snack Cups
4 x 55 - 58 g
21565025_EA
7⁴⁹

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windsor
SINCE 1893

GET INTO SALT

BALÉINE
Fine Fine
750 g
20323596001_EA
\$7

BALÉINE
Gros Coarse
750 g
20323596002_EA
\$7

Le Saunier de Camargue
Fleur de Sel
125 g
2003394508_EA
\$7

Our butchers cut quality meat in your store every day!

pork loin schnitzel
21588065_EA

beef meatballs
plain
21587897_EA

beef stir fry strips
cut from Canadian A-grade beef or higher
21588067_EA

pork stir fry strips
21588095_EA

chicken stir fry strips
21588091_EA

General Mills

Holiday Savings

FOR EVERY OCCASION!

21125390_EA
21682347_EA

\$4.50

General Mills™ Winter Edition Cereals 264-340 g

21305885_EA
21305908_EA

\$4.50

Pillsbury™ Ready to Bake Seasonal Cookies 260 - 396 g

21435931_EA
21435938_EA

2/\$14
OR \$8.99 EA.

Pillsbury™ Pizza Pops™ 8's 760 g and Pizza Bites 50's

21675994_EA
20318474001_EA

3/\$9
OR \$3.75 EA.

Nature Valley™ Granola Bars 120-230 g, Betty Crocker™ and Mott's Fruit Snacks 128-226 g, Pillsbury™ Soft Baked Bars 150 g and Cereal Treat Bars 120 g

20320962002_EA
20317832003_EA

\$3.50

Pillsbury™ Base Sweet Goods & Breads 318 - 468 g

21505340_EA
20305424002_EA

\$2.50

Pillsbury™ Crescents and Weiner Wrap 200-227 g

20306992001_EA
200631080001_EA

2/\$7
OR \$4.49 EA.

Old El Paso™ Components selected varieties 94 - 334 g/243 - 398 mL

21305885_EA
21305908_EA

\$4.50

Pillsbury™ Premium Sweet Goods 454 - 496 g

MAKE EVERYDAY BETTER WITH THE GOODNESS OF PLANTS

1.75 L LACTOSE & DAIRY FREE

\$3

Silk Non-dairy Beverages Selected Varieties 1.74-1.89 L
203022002_EA/20303080_EA

1.2 L LACTOSE FREE & DAIRY FREE

\$2.50

Silk Non-dairy Beverages Selected Varieties 946 mL
2130420_EA

1.2 L LACTOSE & DAIRY FREE

\$5

Silk Non-dairy Barista Beverages Selected Varieties 946 mL
21307000_EA

500 g

2/\$12
OR \$6.99 EA.

Silk Non-dairy Yogurt Selected Varieties 500 - 650 g
2030620_EA/20306100_EA

1.2 L LACTOSE & DAIRY FREE

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Mobile

Get 25GB for \$29/mo*

+ Earn PC Optimum™ points

*Conditions apply, visit pcmobile.ca for full details. Subject to change.



FOOD DESERVES PEPSI

Family Meals \$20



1 Rotisserie Chicken 900 g with two small sides 134-454g and 1 L bottle of Pepsi
1980-2600 Cals



2 8 Piece Fried Chicken with two small sides 134-454 g and 1 L bottle of Pepsi
1740-2360 Cals



3 9 Piece Chicken Strips with two small sides 134-454 g and 1 L bottle of Pepsi
2470-3090 Cals

Combos for One \$11



4 2 Piece Fried Chicken + small side + Pepsi beverage 591 mL 680-1050 Cals



5 3 Piece Chicken Strips + small side + Pepsi Beverage 591 mL 780-1440 Cals



6 4 Piece Wings + small side + Pepsi Beverage 591 mL 490-1140 Cals

CHEESE Festival

ENTER FOR A CHANCE TO
WIN CHEESE FOR A YEAR!
WWW.FREECHEESE.CA



\$12 Black Diamond Cheese sticks, Cheestrings 24 - 28 pk. 504-588 g
20793883_EA/20794901_EA



2/\$10 OR \$5.99 EA.

Black Diamond Combo, 129 g
20798897_EA



\$7 **GET 750***

Lactantia Butter Sticks, 454 g
21609668_EA/21607792_EA



\$5

Amooza Cheese Sticks 228 g
2077081_EA



\$6 **GET 500***

Cracker Barrel Cheese Snacks 168 g
20790863_EA



\$6 **GET 500***

President Butter, 250 g
21009552_EA



\$6 **GET 500***

Lactantia Margarine, 850 g
2079497001_EA

*The purchase necessary. Contest starts on November 16, 2025, 12:00:01 a.m. ET, and ends on December 31, 2025, 11:59:59 p.m. ET. One form of entry for your chance to win a Grand Prize is to purchase any Participating Product, submit the purchase receipt, and complete the entry form at www.freecheese.ca (the "Website"). Maximum of ten (10) entries per household. One (1) participating product purchased equals one (1) chance to win a Grand Prize. Purchasing ten (10) or more participating products in a single receipt earns a maximum of ten (10) entries. There are two (2) Grand Prizes available to be won by random draw, consisting of Cheese for a Year on the basis of 1 kg (2.2 lb) Cheese sticks, 400 g of each Grand Prize is \$5 and 400 g. The winner must correctly answer a skill testing question. The odds of winning depend on the number of eligible entries received. For all participating products and full rules, visit the Website. Contest is open to Canadian residents who are in Canada at the time of entry, except individuals under the age of 18 years (18+ in Quebec). ©2025 Lactantia Canada. All rights reserved. Trademarks owned or used under license by Lactantia Canada, Toronto, ON, M9C 1A7.

Campbell's

THIS HOLIDAY SEASON



Try Campbell's easy-to-make side dish recipes



\$2

Campbell's® Condensed Soups selected varieties 284 mL
20797246002_EA
20797242_EA



2⁵⁰

Campbell's® Ready to Serve Soups selected varieties 515 mL
21617896_EA/21479503_EA



5⁵⁰

Pace® Chunky Salsa selected varieties 642 mL
20797230001_EA
20797230002_EA



\$3

Prego® Pasta Sauce selected varieties 645 mL
20725820001_EA
21340384_EA

© 2025 Campbell Company of Canada

Juice up your holiday



21434019_EA 21652207_EA 21086064_EA 21679526_EA

MINUTE MAID NO SUGAR ADDED DRINKS 1.54 L, SIMPLY ORANGE JUICE, LEMONADE OR DRINKS 1.54/1.75 L OR FUZE ICED TEA 1.75 L, SELECTED VARIETIES

GET 1,000* **\$1** back in points

* The Coca-Cola Company, used under license.

A MATCH MADE FESTIVE



2/\$14 OR \$7.99 EA.

MONTPELLIER Carbonated Natural Spring Water selected varieties 10x355 mL
20960722_C10/20960704_C10

3/4⁹⁸ OR \$1.99 EA.

MONTPELLIER Carbonated Natural Spring Water selected varieties 1 L
20662284_EA/20966445_EA

2/\$6 OR \$3.99 EA.

ROCKSTAR® Energy Drink selected varieties 473 mL
21656676_EA/21656669_EA

2/\$6 OR \$3.79 EA.

CELSIUS® Energy Drink selected varieties 355 mL
21648038_EA
21576466_EA



0 SUGAR 0 CAL PER CAN 10 CAL PER CAN

What if buying gas fuelled your points?

Only Esso™ and Mobil™ gas earns you PC Optimum™ points.



Esso Mobil + Optimum

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PROUDLY CANADIAN
SINCE 1883

CLUB HOUSE

6.99-11.99
McCormick® Gourmet Spices,
Selected Varieties
1.5-4.2 g
2132925_EA

2/\$4
Club House® Curry and Hot Sauce Mixes
71-42 g
2080216061_EA
MADE IN CANADA

\$7
Club House® Pure
Vanilla Extract, 48 mL
20803348_EA
MADE IN CANADA

\$8
Club House® One Step
Seasoning Blends
111-181 g
2080806081_EA
MADE IN CANADA

3.99
French's® Yellow and
Specialty Mustards
325-400 mL
20803238_EA/21044853_EA

3.50
Club House® Organic Spices
Selected Varieties
18-47 g
20951345_EA

7.49
ChiliMan® Hot Sauce,
Creamy and Salsa
150-325 mL
21392771_EA

5.29
Fenwick's® Berry®
Hot Sauces, 354 mL
20187632901_EA/21044860_EA

**HELP US PUT FOOD
ON EVERY TABLE**
YOUR SUPPORT MAKES A DIFFERENCE!

Food Bank
Canada
Banques
alimentaires
Canada

This holiday season, Club House® is donating
400,000 meals to Food Banks Canada.*

*Club House® will donate \$200K to Food Banks Canada. Meals donated
is based on Food Banks Canada's meal metric of \$1 = 3 meals.

BURNBRAE
FARMS • FERMES

**REAL EGGS.
REAL EASY.®**

\$7 EACH
Naturegg Solar Free Range or
Omega Plus Solar Free Range
12 Large Brown Eggs
21565655001_EA

5⁵⁰ EACH
Naturegg Nature's Best
or Nestlaid
12 Large White Eggs
20816075001_EA

6⁵⁰ EACH
Naturegg Omega Plus
12 Large White Eggs
20815787001_EA

5⁵⁰ EACH
Naturegg Simply
Egg Whites or
Free Run Simply
Egg Whites
500 g
20820130001_EA

\$6 EACH
Naturegg Omega 3 Nestlaid
12 Large White Eggs
21069384001_EA

**Fuel Your Body,
Feed a Cause.** **\$1 DONATION PER
CARTON PURCHASED** **KIP KIDS
HELP PHONE**

Tim Hortons

Tim Hortons®
Hot Chocolate tin
500 g
20055988_EA
\$6.50

Tim Hortons®
Nespresso
Compatible Capsules,
selected varieties
10's
21499820_EA
\$7.50

Tim Hortons®
hot chocolate sachets 8's
21314155_EA
\$6.50

Tim Hortons®
Instant coffee
selected varieties, 100 g
21167584_EA
\$8

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\$5
Angie's BOOMCHICKAPOP®
Sea Salt
136 g
20770751_EA

\$5
Angie's BOOMCHICKAPOP®
White Chocolatey & Peppermint
Drizzle or Dark Chocolatey Drizzle
136 g
20714552001_EA
20714552002_EA

\$5
Angie's BOOMCHICKAPOP®
Sweet & Salty
198 g
20811709_EA

**Share
in the
CELEBRATION**

\$12
Gardein® SUPRÊME™ Chick'n Wings
419 g
21551757_EA

\$12
Gardein® SUPRÊME™ Chick'n Tenders
425 g
21698368_EA

ALCAN CANADA'S #1 FOIL | **Reynolds KITCHENS** CANADA'S #1 PARCHMENT

**EVERYDAY KITCHEN
ESSENTIALS**
Prepared in Canada

\$4
• ALCAN® Classic Foil 50 ft
• ALCAN® Non-Stick Foil 25 ft
• Reynolds Kitchens® Unbleached
Parchment Paper 35 ft
20051862_EA

\$8
• ALCAN® Classic Foil 100 ft
• Reynolds Kitchens® Unbleached
Parchment Paper 75 ft
20030018_EA

Reference: Nielsen IQ August 2025 Data
Grocery Drug Mass Channel.

GET 7,500^{OP}
for every \$50*
spent on

\$7⁵⁰
back
in points

**OFFER DATES:
(DEC 4TH-10TH)**

GAP INC. BRANDS GIFT CARDS

OLD NAVY **ATHLETA**
BANANA REPUBLIC **GAP**

Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details,
terms & conditions. Offer applies to every \$50 spent on Gap Inc. Brands gift cards in a single transaction in store or online at
www.giftchoice.ca/en. Must be a registered PC Optimum member and use email associated with PC Optimum account if purchased
online. Cannot be combined with any other gift card offers. One offer per PC Optimum account. Not valid on prior purchases.
No cash value. PC Optimum points cannot be redeemed toward the purchase of gift cards. We are not obligated to award points based
on errors or misprints. Points will be awarded within 2 weeks of qualifying online transactions. Subject to change.

**TRUSTED
SOFTNESS,
BETTER
TEAR**

*vs. leading US
1-ply bargain brand

\$18 Charmin
Bath Tissue, 12=48 roll, soft,
21707532_EA

NEW
12=48 MEGA
Charmin
Ultra Soft
Ultra Doux
Smooth Tear
Softness
Softness

**cleans
Better**

\$18 Charmin
Bath Tissue,
12=48 roll, strong,
21636641_EA

*vs. Leading Canada 2-ply bath tissue

12=48 MEGA
Charmin
Ultra Strong
Ultra Resistant
Cleans Better
Softness
Softness

**+50% MORE
ABSORBENT**
*vs. leading ordinary brand.

\$18 Bounty
Paper Towel,
Select A Size, 6=12 roll,
21670280_EA

6=12 Doubles
Bounty
Select A Size
Softness
Softness

**THICKER
AND MORE
ABSORBENT**
*vs. the leading US 2-ply napkin

\$11 Bounty
Napkin 400's,
21053171_EA

400
White
Bounty
Napkins
The Quicker
Picker
Upper