

Shop our *best deals*
this week!

HOTSALE!

(MVP)

1.99

LB

Family Pack
FOOD LION
BONELESS
CHICKEN BREAST

W/O MVP Card \$2.69 LB

HOTSALE!

(MVP)

99¢

LB

Limit 2
 Pork
WHOLE
BOSTON
BUTT

W/O MVP Card \$2.29 LB

HOTSALE!

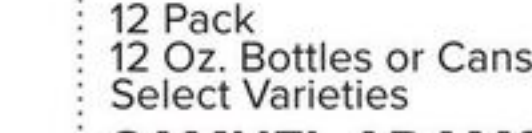
(MVP)

7.99

EA

FOOD LION
RAW SHRIMP
PEELED AND
DEVEINED TAIL-OFF

W/O MVP Card \$10.99 EA

 HOTSALE! MVP BUY 2 GET 2 FREE W/O MVP Card \$10.99 EA Single Item Half Price LIMIT 4 FREE	6.88-20 Oz. Select Varieties THOMAS BAGELS or ENTENMANN'S LITTLE BITES MUFFINS  HOTSALE! MVP BOGO FREE W/O MVP Card Regular Retail Single Item Half Price	13.25-14.25 Oz. Select Varieties BETTY CROCKER SUPER MOIST CAKE MIX  HOTSALE! MVP \$1 EA W/O MVP Card \$1.99 EA	12 Pack 12 Oz. Bottles or Cans Select Varieties SAMUEL ADAMS, SIERRA NEVADA or NEW BELGIUM  HOTSALE! 15.99 EA
---	---	---	---

75-124 Oz.
Select Varieties

CHEEZ-IT
OR CHEEZ-IT
SNAP'D

LIMIT 4 FREE

HOTSALE!
(WV)

BUGO FREE

WFO MVP Card \$3.99 EA
Single Item Retail Price

6.5-10 Oz.
Select Varieties

CHEETOS
OR FRITOS

LIMIT 4 FREE

HOTSALE!
(WV)

BUGO FREE

WFO MVP Card \$5.69 EA
Single Item Retail Price

52 Oz.
Select Varieties

FLORIDA'S
NATURAL
ORANGE JUICE

HOTSALE!
(WV)

2 \$6

WFO MVP Card \$4.49 EA

16 Oz.
Select Varieties

CHALLENGE
OR DANISH
CREAMERY
BUTTER

QUARTERS

HOTSALE!
(WV)

399

WFO MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

84-12.1 Oz.
Select Varieties
**QUAKER
INSTANT
OATMEAL**

HOT SALE!
MVP
3⁴⁹
EA
10 MVP CUP \$3.99 EA

**MVP
Coupon** -1⁰⁰ OFF!

**2⁴⁹
EA**
MVP • W/ 10% DISCOUNT SAVINGS
LIMIT

WVO MVP CUP \$3.69 EA

47-8.7 Oz.
Select Varieties
**HAMBURGER
HELPER**

HOT SALE!
MVP
\$1^{EA}
WVO MVP CUP \$2.09 EA

75-10 Oz. Liquid
or 32-42 Ct. Paks
Select Varieties
ARM & HAMMER

HOT SALE!
MVP
6⁹⁹
EA
WVO MVP CUP Regular Retail

MVP

**3 DAY
HOTSALE!**

FRIDAY - SUNDAY

HOTSALE!
MVP
2.99
EA
W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA MVP

OSCAR MAYER
Deli Fresh
HONEY CURED HAM

7-9 Oz. Pkg.
Select Varieties
OSCAR MAYER
DELI FRESH
LUNCH MEAT

9 oz

10-11 Oz. - Select Varieties

POST PEBBLES CEREAL

HOTSALE!

179

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA

MVP

A box of Post Fruity Pebbles cereal, featuring the cartoon characters Pebbles and the Postman, with the text 'Post Fruity PEBBLES' and 'Fruity Pebbles Cereal' visible.

7-8 Oz. - Select Varieties

**TILLAMOOK
SLICED OR
SHREDDED
CHEESE**



HOT SALE!
MVP

2/\$5

W/O MVP Card \$3.79 EA

8.25-18 Oz. - Select Varieties

**FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS**



HOT SALE!

MVP

2.99

EA

Limits 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA

20 Oz.

**WONDER CLASSIC
WHITE ROUND
TOP BREAD**

HOTSALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.69 EA
Single Item Heat Price
Off Regular Retail

REST OF WEEK \$2.99 EA **MVP**



6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties

HOTSALE!
MVP
\$5.99
EA

W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA MVP



18 Oz.
Select Varieties

**DUKE'S
SQUEEZE
MAYONNAISE**

HOT SALE!
MVP

4.49
EA

W/O MVP Card \$5.49 EA



Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

10 MVP Card Regular Retail

A white bowl filled with ground beef, beans, shredded cheese, and jalapeños sits on a wooden cutting board. Next to it is a slice of cornbread and a piece of pie crust. A silver spoon lies on the board in front of the bowl.

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

10 MVP Card Regular Retail

A white bowl filled with ground beef, beans, shredded cheese, and jalapeños sits on a wooden cutting board. Next to it is a slice of cornbread and a piece of pie crust. A silver spoon lies on the board in front of the bowl.

HOT SALE!
MVP

0.99
LB

MVP Card Regular Retail

**BEEF
T-BONE STEAK**

**USDA
CHOICE**

23 Oz. Pkg.
All Varieties

**SMITHFIELD
MARINATED
PORK LOIN
FILET**



HOT SALE!
Save

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

ish - Select Varieties
SCHWEID & SONS
GOURMET
ROSTERS

SALE!
 MWP

0.99
 EA

MVP Card Regular Retail

 A promotional image for Schweid & Sons. At the top, a box of 'Signature Series The Chuck Brisket' is shown, featuring a Facebook logo and the text 'Schweid & Sons'. Below the box, five gourmet sandwiches are displayed on a white plate. Each sandwich consists of a round, golden-brown bun, a thick slice of brisket, a slice of red tomato, and a layer of green lettuce. The sandwiches are arranged in a cluster, with one in the foreground and four behind it. The background is a solid light blue.

Small Pack
**FOOD LION
CHICKEN
THIGHS**

HOT SALE!
MVP
1.69
LB

(W/O MVP Card Regular Retail)





Select Varieties
PPERONI



8 Oz. Plug - Select Varieties
**SMITHFIELD BONELESS
 SLICED QUARTER HAM**



Regular Retail

SUSTAINABLY SOURCED SEAFOOD

HOT SALE!
MVP
\$9.99
EA
MVP Card Regular Retail

16 Oz. - Fresh
SALMON FILLET

HOT SALE!
MVP
\$10.99
EA
W/O MVP Card Regular Retail

ED

40 Oz. Pkg.
Frozen
FOOD LION
SWAI

HOT SALE!
W/O MVP Card Regular Retail
\$5.99
EA
8 Oz. - Frozen
SHRIMP RING

HOT SALE!

MYP

9.99

EA

MYP Carp Regular Retail

16 Oz. - Fresh
**SALMON
FILLET**

HOT SALE!

MYP

10.99

EA

MYP Carp Regular Retail

W/O MYP Carp Regular Retail

FL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNL ZNRA ZN
H ZTKN ZTTR ZVDC ZVRA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZV

RR ZGCH ZGCR ZGCT ZGRY ZMBL ZMBM ZMWA ZMWK ZMWS
ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA

ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNIN
ZNV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZVDZNGS ZNGV ZNHP ZNLE ZNNB ZNNL ZNRA
ZVRA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT

NRE ZNRG ZNRI ZNRL ZNRR ZNWA ZNWI Z
WX ZWCA ZWCL ZWWA ZWWS 12/03/25

VL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI

DELlclious BOGOs of the week!



HOTSALE!
W/O MVP Card \$7.99 EA
Single Item Half Price

BOGO FREE

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
W/O MVP Card \$3.49 EA
Single Item Half Price

BOGO FREE

5 Ct.
TEXAS TOAST



HOTSALE!
W/O MVP Card \$4.49 EA
Single Item Half Price

BOGO FREE

12 Ct.
FRUIT BITES



HOTSALE!
W/O MVP Card \$5.99 EA
Single Item Half Price

BOGO FREE

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
W/O MVP Card \$6.99 LB

5.99
LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
W/O MVP Card \$7.99 LB

6.99
LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
W/O MVP Card \$9.99 LB

8.99
LB

Freshly Sliced
**DIETZ &
WATSON
HAM**



HOTSALE!
W/O MVP Card \$4.49 EA

3.49
EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
W/O MVP Card \$6.79 EA

3.99
EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
W/O MVP Card \$5.49 EA

\$5
EA

Drums & Thighs
Made Hot In-Store
**4 PIECE FRESH
BUTTERMILK
HAND
BATTERED
FRIED CHICKEN**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
W/O MVP Card \$6.99 EA

\$5
EA

13.9-15.3 Oz.
Select Varieties
**FRESH &
SIMPLE
PIZZA**
15.16-15.87 Oz.
**LA MEGIC
PIZZA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING

Make the holidays easy

Let us do the work!

HOTSALE!
W/O MVP Card Regular Retail

\$5 OFF

SELECT CATERING TRAYS AND PLATTERS



LARGE GARDEN
VEGETABLE
PLATTER



CHICKEN TENDER TRAY



SIGNATURE
SANDWICH PLATTER



LARGE MINI
SANDWICH PLATTER



CHICKEN WING TRAY



Place your order
at the deli counter or
scan the QR code
to order online.



*Bring joy
to a family's table when you
buy a holiday box*



**FOOD LION
FEEDS**

November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. [feedlion.com/feeds](https://www.feedlion.com/feeds)

Baked in
fresh flavor!

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler

PRICED LOW EVERY DAY

3.49^{EA}

16 Oz.
Select Varieties
FOOD LION BUTTER
QUARTERS

HOTSALE!

2/\$4^{EA}

8-12.4 Oz.
Select Varieties
FOOD LION CRESCENT OR CINNAMON ROLLS

HOTSALE!

2.49^{EA}

2.37 Oz.
FOOD LION CINNAMON

PRICED LOW EVERY DAY

2.99^{EA}

48 Oz.
Select Varieties
FOOD LION ICE CREAM

HOTSALE!

1.79^{EA}

16 Oz.
Select Varieties
FOOD LION BAKING SUGARS

HOTSALE!

1.29^{LB}

Tote Bag
GALA APPLES

PRICED LOW EVERY DAY

8 Oz.
Select Varieties
FOOD LION MUSHROOMS

2.69^{EA}

4.10-5.7 Oz.
Select Varieties
KNORR PASTA OR RICE SIDES

4/\$5^{MVP}

HOTSALE!

15-16 Oz.
Select Varieties
HUNT'S MANWICH

1.19^{EA MVP}

12 Oz.
FOOD LION VANILLA WAFERS

2/\$4^{MVP}

24 Oz.
Select Varieties
WESSON VEGETABLE OR CANOLA OIL

2.89^{EA}

2.12-3.5 Oz.
Select Varieties
MCCORMICK GRILL MATES SEASONING

2.19^{EA}

16 Oz.
Select Varieties
TEDDIE NATURAL PEANUT BUTTER

2.99^{EA}

8-16 Oz.
Select Varieties
UTZ PRETZELS

2/\$6^{MVP}

HOTSALE!

2/\$5^{MVP}

6 Pack
Select Varieties
WHITE HOUSE APPLE SAUCE

14.5-15 Oz.
Select Varieties
CHEF BOYARDEE CANNED PASTA

4/\$5^{MVP}

11-20 Oz.
Select Varieties
PEPPERIDGE FARM DINNER ROLLS, BREAD OR BUNS

3.99^{EA MVP}

HOTSALE!

3.99^{EA MVP}

9.31-19.5 Oz.
Select Varieties
NABISCO FAMILY SIZE CHIPS AHOY! OR OREO COOKIES

HOTSALE!

2/\$4^{MVP}

16 Oz.
Select Varieties
AL BRONZO PASTA

0.4-11 Oz.
Select Varieties
HIDDEN VALLEY SALAD DRESSING MIX

2/\$3^{MVP}

14 Oz.
LA BANDERITA TOTOPOS TORTILLA CHIPS

2/\$6^{MVP}

3.5-13.7 Oz.
Select Varieties
NABISCO RITZ OR SNACK CRACKERS

3.99^{EA MVP}

23.9-24 Oz.
Select Varieties
RAGU PASTA SAUCE

2/\$5^{MVP}

6.5-8 Oz.
Select Varieties
CAPE COD POTATO CHIPS
LIMIT 4 FREE

BOGO FREE^{MVP}

6-10.7 Oz. - Select Varieties
LITTLE DEBBIE HOLIDAY CAKES OR CHRISTMAS COFFEE CREAMER

2/\$6^{MVP}

30 Oz.
Select Varieties
KRAFT MAYONNAISE

3.99^{EA MVP}

4 Pack
Select Varieties
GOGO SQUEEZ ACTIVE

3.49^{EA MVP}

HOTSALE!

5.49^{EA MVP}

4.6 Oz.
Select Varieties
FERRERO COLLECTION 12 PIECE GIFT BOX
WHILE SUPPLIES LAST!

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

16 Oz.
Select Varieties
RAO'S SOUP

2.99^{EA}

14 Oz. - Select Varieties
BLUE DIAMOND ALMONDS AND MORE

6.99^{EA}

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

Island Hopper Variety Pack

HOTSALE!

15.49 EA

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA OR KONA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK Select Varieties

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNRH ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNF ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 12/03/25

DAIRY



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT



HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER



FROZEN



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES



PRICED LOW EVERY DAY

2.99
EA

W/O MVP Card \$3.68 EA

10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE



HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS



HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS



HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS



HOTSALE!
MVP

12.79
EA

W/O MVP Card \$12.99 EA

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE



BREAKFAST



HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
JIM DANDY
QUICK GRITS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL



HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
"ORGANIC"
BREAD OR
SNACK BARS



HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE



PRICED LOW EVERY DAY

4.29
EA

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING COMPANY
PANCAKE MIX
OR SYRUP



HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE



HEALTH & BEAUTY

Colgate Total
51-33.8 Oz. Select Varieties
COLGATE TOOTHPASTE OR MOUTHWASH
W/O MVP Card Regular Retail

HOTSALE!
MVP
2/\$10

45 Oz. Select Varieties
BLISTEX MEDICATED LIP BALM

HOTSALE!
MVP
2.99 EA
W/O MVP Card \$3.79 EA

60-70 Ct. Select Varieties
NATROL MELATONIN

HOTSALE!
MVP
7.99 EA
W/O MVP Card \$8.99 EA

6-8 Oz. Select Varieties
NOT YOUR MOTHER'S CURL TALK OR DRY SHAMPOO

HOTSALE!
MVP
8.99 EA
W/O MVP Card \$9.99 EA

12 Oz. Select Varieties
CERAVE CLEANSER OR LOTION

HOTSALE!
MVP
13.69 EA
W/O MVP Card \$15.99 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

OLAY
22 Oz. Body Wash
Select Varieties
OLAY

HOT SALE! 2/\$14
W/O MVP Card \$7.99 EA
MVP Coupon -5.00 OFF 2
2/\$9
W/O MVP Card \$7.99 EA
W/ MVP DISCOUNT SAVINGS LIMIT 1

DOWNY UNSTOPABLES
24 Oz. Select Varieties
DOWNY UNSTOPABLES

PRICED LOW EVERY DAY 19.99 EA
W/O MVP Card \$24.58 EA
MVP Coupon -5.00 OFF 1
14.99 EA
W/O MVP Card \$17.99 EA
W/ MVP DISCOUNT SAVINGS LIMIT 1

HOUSE & HOME

FOOD LION
35 Ct. Select Varieties
FOOD LION DISINFECTING WIPES
W/O MVP Card \$1.99 EA

HOTSALE!
MVP
1.49 EA

43 Ct. Select Varieties
FOOD LION DISH PODS

HOTSALE!
MVP
6.99 EA
W/O MVP Card \$8.99 EA

16 Oz. Select Varieties
DAWN POWERWASH

HOTSALE!
MVP
4.99 EA
W/O MVP Card \$5.69 EA

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!
MVP
2/\$6
W/O MVP Card Regular Retail

10 Oz. Air or 41 Oz. Laundry Sanitizer
Select Varieties
LYSOL

HOTSALE!
MVP
6.99 EA
W/O MVP Card Regular Retail

48 Oz. Select Varieties
OXICLEAN

HOTSALE!
MVP
6.99 EA
W/O MVP Card Regular Retail

1000 Sheets Bath Tissue
12 Rolls
Select Varieties
FOOD LION BATH TISSUE

HOTSALE!
MVP
7.49 EA
W/O MVP Card \$8.99 EA

60-70 Ct. Select Varieties
FOOD LION TISSUE CUBE

HOTSALE!
MVP
\$1 EA
W/O MVP Card \$1.79 EA

BABY

4 Oz. - Select Varieties
PLUM ORGANICS MIGHTY 4 BLEND POUCHES

HOTSALE!
MVP
2/\$3
W/O MVP Card \$1.79 EA

1.85 Oz. Select Varieties
PLUM ORGANICS MIGHTY PUFFS

HOTSALE!
MVP
3.29 EA
W/O MVP Card \$3.69 EA

156-216 Ct. Select Varieties
PAMPERS BABY WIPES

HOTSALE!
MVP
6.99 EA
W/O MVP Card \$7.89 EA

64 Ct. Select Varieties
NATURE'S PROMISE BABY WIPES

PRICED LOW EVERY DAY 2.59 EA

PET

4 Oz. Select Varieties
FANCY FEAST GEMS CAT FOOD

HOTSALE!
MVP
1.99 EA
W/O MVP Card \$2.29 EA

6.3 Lb. Bag
Select Varieties
PURINA CAT CHOW NATURALS DRY CAT FOOD

HOTSALE!
MVP
11.99 EA
W/O MVP Card \$12.99 EA

5.6-24 Oz. Select Varieties
PUP-PERONI OR MILK-BONE DOG TREATS

HOTSALE!
MVP
2/\$6
W/O MVP Card Regular Retail

16 Lb. KIBBLES 'N BITS MINI BITS DOG FOOD

PRICED LOW EVERY DAY 14.99 EA
W/O MVP Card \$16.79 EA

NEW ITEM CENTER

17.60 Oz. Select Varieties
CIRIO PASSATA

HOTSALE!
MVP
1.99 EA
W/O MVP Card \$2.49 EA

3.7 Oz. FERRERO ROCHER CHOCOLATE SQUARES ASSORTED

HOTSALE!
MVP
4.49 EA
W/O MVP Card \$5.79 EA

4 Pack - 12 Oz. Cans
Select Varieties
OLIPOP PREBIOTIC SODA

HOTSALE!
MVP
6.99 EA
W/O MVP Card \$8.99 EA

2-3 Ct. - Medium RUBBERMAID EASY STORE ROUND OR RECTANGLE CONTAINERS

HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$10.99 EA
Single Item Half Price

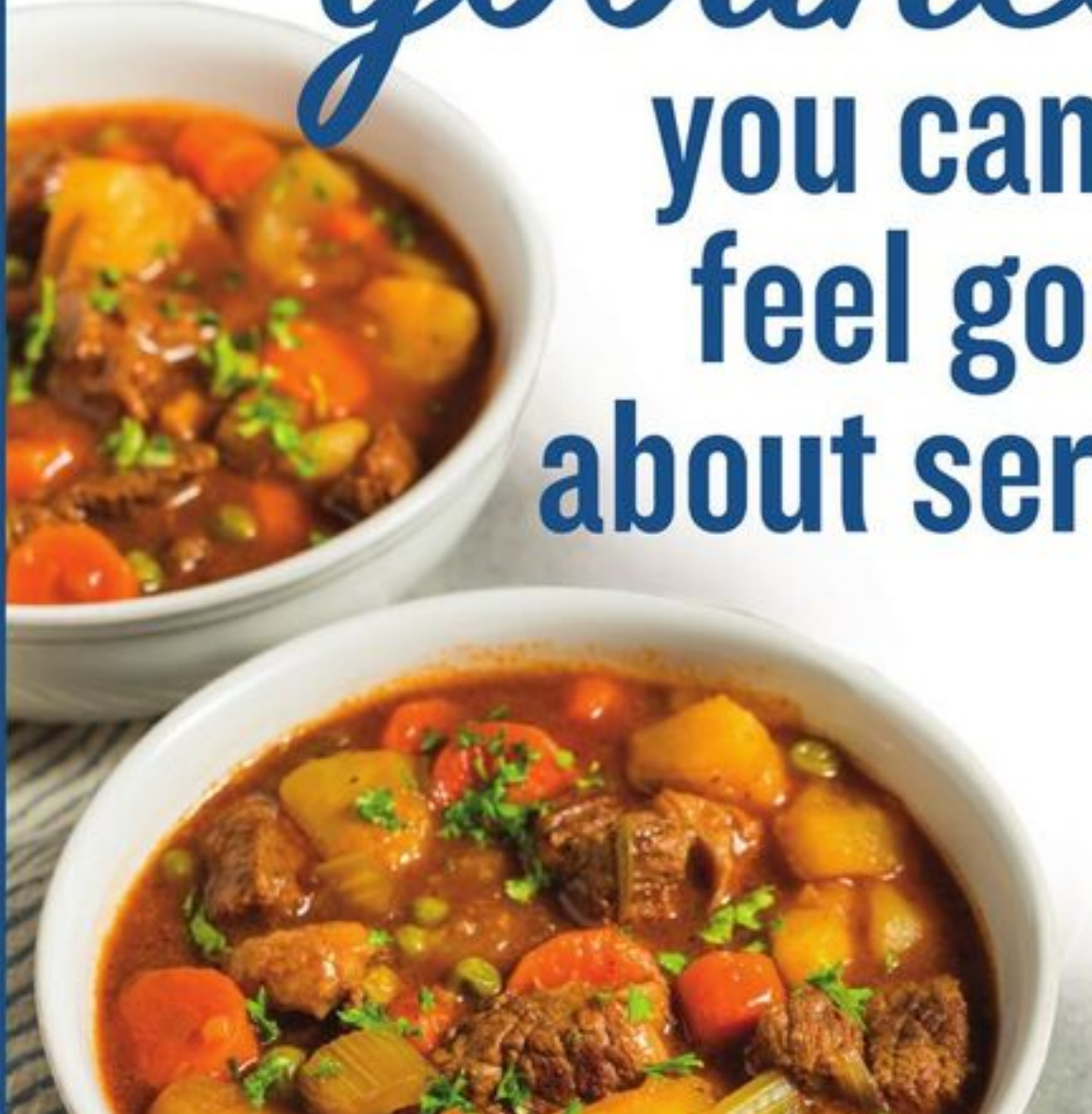
60 Ct. Select Varieties
BOUNCE DRYER SHEETS

HOTSALE!
MVP
9.99 EA
W/O MVP Card \$10.99 EA

7 ZNRH ZNLE ZNRA ZNRE ZNRG ZNRI ZNRL ZNRR ZVRA 12/03/25



Quality goodness you can feel good about serving!



2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



While Supplies Last

HOTSALE!

9⁹⁹_{EA}

W/O MVP Card Regular Retail



SUGAR PLUM
BOUQUET

Fresh ways
to sweeten your
meal!



In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail

Find us online:
foodlion.com



Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES
ACCEPT:



Prices in this ad good at stores conveniently located in these cities:
**Butner, Carrboro, Chapel Hill, Creedmoor, Durham,
Henderson, Hillsborough, Morrisville, Norlina, Oxford, Roxboro**

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZNLE 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA

Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**

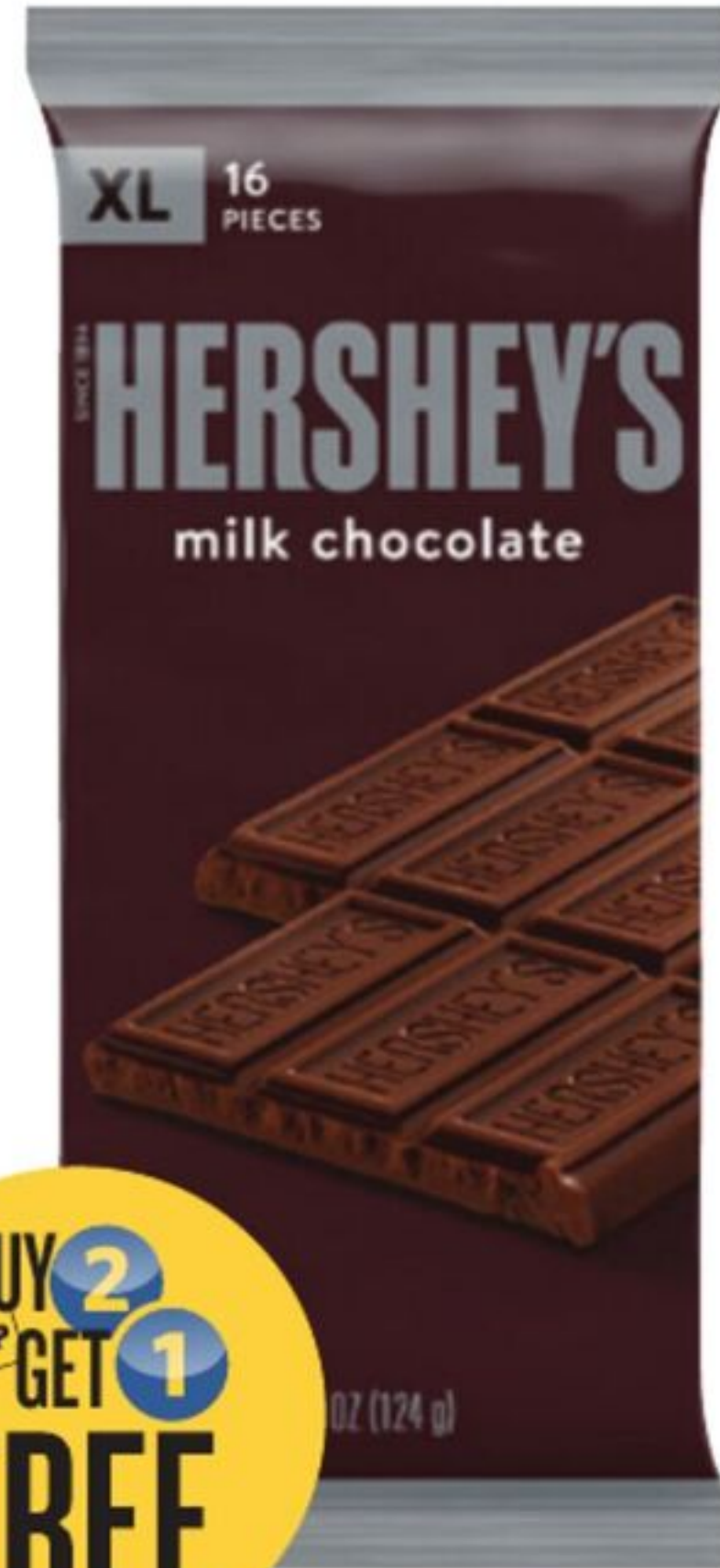


HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

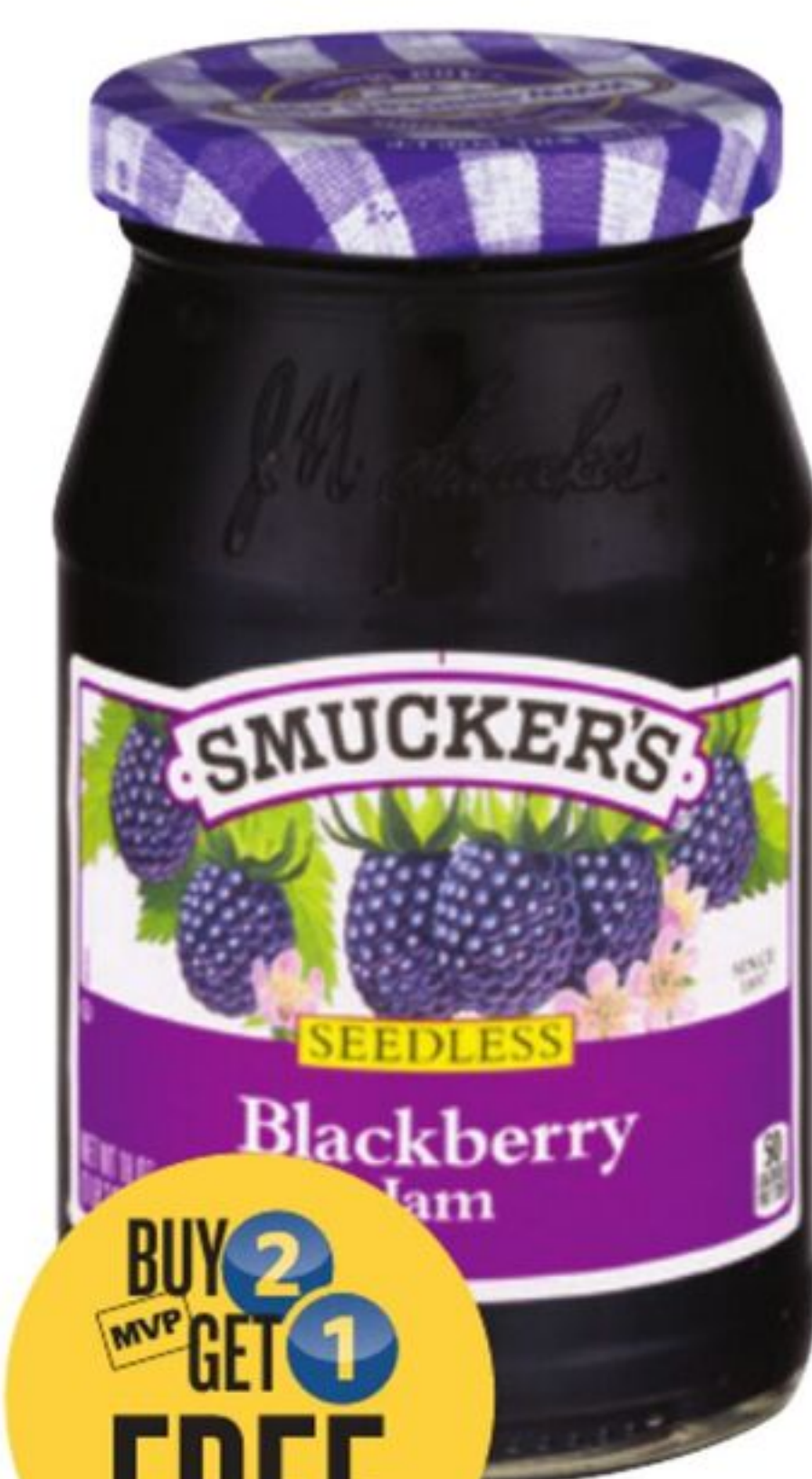
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!