

HOLIDAY ENTERTAINING

Irresistible
CHEESE STICKS
JALAPENO
POPPERS OR
SAUSAGE ROLLS
100% REAL MEAT

5⁹⁹
ea.

Irresistible
HOT SAUSAGE ROLLS
NEW

Irresistible
MEDITERRANEAN
MOZZARELLA
BATTERED CHEESE STICKS

Irresistible
MEATBALLS
100% REAL MEAT
GLUTEN FREE

8⁹⁹
ea.

Irresistible
MEATBALLS
BOULETTES

Irresistible
MEATBALLS
BOULETTES

Irresistible
PARTY PACK
ASSORTMENT
FESTIVE

8⁹⁹
ea.

Irresistible
GOURMET
BOULETTES WITH
SAUSAGE &
PEPPERS

Irresistible
CANNIBY BITE
GOURMET SAUSAGES OR
PARTY PACK PARTY PACK

Irresistible
PINEAPPLE
BITE
BOULETTES
W/ CRISPY RICE

5⁹⁹
ea.

Irresistible
LUMPIAS
NEW

Irresistible
APPETIZERS
ROLLS 20-24
GLUTEN FREE

\$1
back in
points

125
points

10⁹⁹
ea.

Irresistible
COCONUT SHIMP
CRISPY

Irresistible
COCONUT SHIMP
CRISPY
TENDERLOIN

\$1
back in
points

125
points

10⁹⁹
ea.

Irresistible
PACIFIC WHITE SHIMP RING

\$ New Lower Prices

D'ITALIANO
ORIGINAL
2.00
ITALIAN BREAD, ROLLS OR
BAGUETTES
7.00

Donagettes
Bagels
2.00
DONUTS, BAGELS, ROLLS OR
BAGUETTES
7.00

FRESH 2 GO
CHICKEN WRAP OR
PEPPERONI &
CHEESE 8" X
12" LARGE
HOT PIZZA (12")
\$2.00
\$11.99
ea.
250
guts

PIZZA
2.00
PIZZA (12")
2.50

 MAPLE LEAF® CANADIAN SMOKED HAM BUTTERFLY CUT 10 lb. or 5 lb. \$1 bottle of orange	 35 cents RENUZIT® CITRUS CLEAN AIR FRESHENER	 IRRESISTIBLE ARTISAN SLICED MEAT ON CASTLEBERRY CRUST 10 lb. or 5 lb.	 mix & match VEGGIE CALIFORNIA OR SPICY CALIFORNIA RANCH 10 lb. or 5 lb.
9.99 12.50 ea.	7.99 ea.	6.99 ea.	7.00 ea.

Fuzo MACARONI & CHEESE DINNER ORIGINAL CHEDDAR CHEESE SAUCE \$2 booster coupon 3.99 ea.	PELFREY'S CREAMY CHICKEN & CHEDDAR SOUP \$1 booster coupon 1.99 ea.	Campbell's CONDENSED SOUP 6.49 ea.	Campbell's CONDENSED SOUP 99¢ ea.
MEAT SAUCE WITH PASTA DRINK UP THE GOOD FUSO	PELFREY'S CREAMY CHICKEN & CHEDDAR SOUP	MEETS YOUR PASTA BITE FOR THE GOOD OF JAM SANDWICHES	CAMPBELL'S CONDENSED SOUP CAMPBELL'S CONDENSED SOUP CAMPBELL'S CONDENSED SOUP CAMPBELL'S CONDENSED SOUP

Learn with mol rewards

 40 \$5.49 CHRISTIE FAMILY SIZE COOKIE & CAKE MIXES 10.5 OZ. (300g) 10.5 OZ. (300g)	 40 \$4.99 CRACKERS CRACKERS 10.5 OZ. (300g) 10.5 OZ. (300g)	 25 \$1.99 CRACKERS CRACKERS 10.5 OZ. (300g) 10.5 OZ. (300g)	 50 \$5.99 CHRISTIE FAMILY SIZE COOKIE & CAKE MIXES 10.5 OZ. (300g) 10.5 OZ. (300g)
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Special prices in this flyer are available at select Metro stores only. See store for details.

We reserve the right to limit quantities.
 DESCRIPTIONS TAKE PRECEDENCE OVER PHOTOS.
 SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES.

We accept Visa, MasterCard and American Express at most stores.

Visit us at: **metro.ca**
 Give us your opinion for a chance to
 WIN \$1,000 in groceries.

   

[illegible]

**Healthy
Together**

MAKE THE OUT OF REACH REACHABLE



HELP SOMEONE IN NEED BY DONATING IN-STORE. WE'LL MATCH IT.

Between November 27, 2025 - December 24, 2025, Metro Inc. will match every \$2.00 donation with a Metro gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Metro Employee.

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:
Only until December 17, 2025, in-store or online



NOW
299
ea.
SAVE UP TO
\$1

399
ea.
LECLERC
COOKIES
240 g
SELECTED VARIETIES



NOW
199
ea.
SAVE UP TO
\$1.50

349
ea.
BETTY CROCKER
POTATOES
141 - 215 g
SELECTED VARIETIES



NOW
199
ea.
SAVE UP TO
\$1.30

329
ea.
DEL MONTE
NECTAR
960 ml
SELECTED VARIETIES



NOW
2199
ea.
SAVE UP TO
\$6

2799
ea.
SELECTION CASHEWS
OR MIXED NUTS
1.15 kg
SELECTED VARIETIES



NOW
499
ea.
SAVE UP TO
\$4

899
ea.
GAIN
SCENT BOOSTERS
303 - 379 g
SELECTED VARIETIES



NOW
599
ea.
SAVE UP TO
\$2

799
ea.
PREMIÈRE MOISSON
SOUP
700 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Turn a picture into a plate.

**Every drawing submitted becomes a donation
to Breakfast Club of Canada.**

Submit your drawings online at metro.ca/holiday



metro



Farm Fresh Produce

4⁹⁹
ea.
BLUEBERRIES 1/2 PINT
PRODUCT OF CHILE, GUATEMALA OR
INDONESIA, IN 1/2 PINT

3⁹⁹
/lb
EXTRA LARGE RED OR
GREEN OR LARGE
BLACK SEEDLESS GRAPES
8.80 kg

2⁹⁹
ea.
RASPBERRIES
PRODUCT OF U.S.A.

1⁹⁹
/lb
SWEET POTATOES
PRODUCT OF GUATEMALA
4.30 kg

2⁹⁹
ea.
CRANBERRIES 1/2 lb
PRODUCT OF U.S.A.

4⁹⁹
ea.
JUMBO PINEAPPLES
EACH PINEAPPLE
CORED PINEAPPLES
2.00 kg

1⁴⁹
/lb
JUNCO FENNEL
2.20 kg

99¢
/lb
GREEN CABBAGE
PRODUCT OF GUATEMALA
CABBAGE IN 1/2 PINT
2.50 kg

4⁹⁹
ea.
LEMONS 1/2 lb
PRODUCT OF U.S.A.

8⁹⁹
/lb
JUNCO CHERRIES
PRODUCT OF GUATEMALA
19.82 kg

2⁴⁹
ea.
CARROTS OR
YELLOW ONIONS 1/2 lb
PRODUCT OF GUATEMALA

4⁹⁹ **20**
ea. points
GREEN FRENCH BEANS
1/2 lb
PRODUCT OF GUATEMALA

9⁹⁹ **45**
ea. points
VANILLA PERSIMMONS 1/2 lb
PRODUCT OF GUATEMALA

13⁹⁹
ea.
POM WONDERFUL
PINEAPPLES
PRODUCT OF U.S.A.

3⁴⁹
ea.
ANGEL SWEET OR
ONE SWEET
CHERRY TOMATOES
200 g
PRODUCT OF GUATEMALA

3⁷⁹
ea.
BELLE GROVE
MUSHROOMS
200 g
PRODUCT OF GUATEMALA

7⁹⁹
ea.
MOYERS
CHOCOLATE
CARAMEL APPLE
100 g

2⁹⁹
ea.
POM WONDERFUL
PASTA
PRODUCT OF U.S.A.

2⁹⁹
/lb
BRUSSELS SPROUTS
PRODUCT OF GUATEMALA
6.50 kg

1²⁹
/lb
BUTTERBEANS
PRODUCT OF GUATEMALA
2.84 kg

Organic

2⁹⁹
/lb
ORGANIC FULL
CRANBY SMITH OR
ALL APPLES
PRODUCT OF U.S.A. EXTRA CRANBY TRAIL

3²⁹
ea.
ORGANIC HERBS
1/2 lb
PRODUCT OF U.S.A.

4⁹⁹
ea.
ORGANIC
SWEET POTATOES
PRODUCT OF U.S.A.

6⁹⁹ **30**
ea. points
ORGANIC
CAMPARI TOMATOES
PRODUCT OF U.S.A.

Sliced & Diced

9⁹⁹
ea.
LARGE SALAD
1/2 lb
SMALL FRUIT TRAY
100 g

13⁹⁹
ea.
NACHOS PLATTER 100 g
BERRY KETO TRAY 100 g
PUMPKIN SEEDS 100 g
TRAY WITH DIP 100 g

40⁰⁰
ea.
PORKETTA
1/2 lb
PRODUCT OF GUATEMALA

16⁹⁹
ea.
BOUQUET
1/2 lb
PRODUCT OF GUATEMALA

***metro.ca* LIMITED-TIME OFFER**

Your
GO-TO for
unlimited deliveries.

Subscribe Now



COMES OUT TO

\$125

PER WEEK*

6 OR 12 MONTH PLAN

**SAME PRICES
& FLYER DEALS
AS IN-STORE**

*Certain conditions apply. Details on metro.ca

Our Butcher's Finest

SKINLESS

FRESH SKINLESS CHICKEN BREAST 12.99kg

3⁹⁹/lb

BREADED CHICKEN BREAST CUTLET VALUE PACK 22.82kg

9⁹⁹/lb

FRESH

FRESH PORK BACK RIBS HALF PCK 13.21kg

5⁹⁹/lb

RED GRILL WHOLE BEEF BRISKET VAC PACK 15.41kg

6⁹⁹/lb

100% CANADIAN ANGUS

PLATINUM GRILL ANGUS BONELESS FRESH BROWN ROAST OR VALLEY PORK STEAK 22.82kg

9⁹⁹/lb

YORKSHIRE VALLEY FARM

ORGANIC FRESH WHOLE CHICKEN, CHICKEN DRUMSTICKS OR LEG QUARTERS 13.21kg

5⁹⁹/lb

LEGACY

PEPPERONI CHICKEN PASTA 13.95kg

4⁹⁹/lb

BUTTERBALL

BUTTERBALL FRESH TURKEY SPIT BREAST 17.63kg

7⁹⁹/lb

FRESH PORK BELLY

FRESH PORK BELLY 13.21kg

5⁹⁹/lb

STARTED

STARTED SHEET PAN PEPPERS ON MUSHROOMS VALUE PACK 13.21kg

5⁹⁹/lb

250 points

82¢ each in packs

125 points

51¢ each in packs

50 points

50¢ each

50 points

50¢ each

CHICKEN BREAST

MAPLE LODGE CHICKEN BACON OR ZARINA MALL 1.1kg

4⁹⁹ea.

CHICKEN BREAST

MAPLE LODGE CHICKEN BACON OR ZARINA MALL 1.1kg

6⁹⁹ea.

CHICKEN BREAST

CHICKEN CHALLET OR MONTANA'S PORK BACK RIBS 1.1kg

12⁹⁹ea.

CHICKEN BREAST

VICENTINA ITALIAN STYLE PORCHETTA 1.1kg

21⁹⁹ea.

KEESER'S

KEESER'S FRESH HISH BROWNS 1.1kg

2⁹⁹ea.

LEVERQUE

SHOKED PORK TONIC CHICKEN 8.80kg

3⁹⁹/lb

LOU'S

LOU'S KITCHEN SMOKED HAM 1.1kg

7⁹⁹ea.

MARK ANGELO

MARK ANGELO FINE LEBB PORK SLOAN ROAST OR PILEL'S SMOKED HAM 1.1kg

9⁹⁹ea.

MARK ANGELO

MARK ANGELO THREE MEAT PIE 1.1kg

5⁹⁹ea.

MARK ANGELO

MARK ANGELO DINNERS SAGUAS 1.1kg

6⁹⁹ea.

INVESTIBLE

INVESTIBLE GORDA BOWLS, SPANISH POT OR PASTA LASAGNA 1.1kg

6⁹⁹ea.

BEYOND BOWLS

BEYOND BOWLS 1.1kg

7⁹⁹ea.

POLO

POLO PASTA LASAGNA 1.1kg

11⁹⁹ea.

PRIME

PRIME CHICKEN STRIPS 1.1kg

12⁹⁹ea.

PINTY'S

PINTY'S CHICKEN 1.1kg

15⁹⁹ea.

INVESTIBLE

INVESTIBLE MEAT LASAGNA 1.1kg

15⁹⁹ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT [metro.ca](#)

Holiday Entertaining



\$1
back in
corner

125
points

22⁹⁹
ea.

**HOLIDAY
DESSERT CAKES**
10.5 oz. (300g)
each



\$1
back in
corner

125
points

21⁹⁹
ea.

**FRONT STREET BAKERY
LOG CAKE** 10.5 oz. (300g)
each



\$1
back in
corner

125
points

21⁹⁹
ea.

**FRONT STREET BAKERY
CARROT CAKE** 11 oz. (312g)
each



\$2
back in
corner

250
points

32⁹⁹
ea.

**FRONT STREET BAKERY
ICE BOX COOKIES**
12.5 oz. (354g)
each



13⁹⁹
ea.

**CREATE & TREAT
EASY COMFORT
COOKIE KIT** 400g



75
points

5⁹⁹
ea.

**COPPERBATH
SPICE COOKIES**



13⁹⁹
ea.

**HOLIDAY
DESSERT CAKES**
10.5 oz. (300g)
each



13⁹⁹
ea.

**CREATE & TREAT
EASY COMFORT
COOKIE KIT** 400g



75
points

5⁹⁹
ea.

**COPPERBATH
SPICE COOKIES**



13⁹⁹
ea.

**HOLIDAY
DESSERT CAKES**
10.5 oz. (300g)
each

 BROSCHE Brioche Bread 5⁹⁹ ea.	 STONORE SUPREME PUFFIN PASTRY FLAT BREAD OR PIZZA POUCH 3⁹⁹ - 3⁰⁰ ea. points	 5⁹⁹ ea. PIONEER MOONSHINE COUNTRY BREADS 100% WHOLE WHEAT	 3⁹⁹ ea. FROST STREET BAKERY PUFFIN ROLLS 100% WHOLE WHEAT
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Deli Favourites

 VALUE PICK 29⁹⁹ /100 g	 349 /100 g	 579 /100 g	 579 /100 g
 699 ea.	 599 ea.	 599 /100 g	 449 /100 g
 799 ea.	 879 ea.	 599 ea.	 1149 ea.
 1549 ea.	 649 ea.	 999 ea.	 799 ea.
 LIMITED TIME 1299 ea.	 699 ea.	 399 ea.	 599 ea.

cheesy holiday APPETIZERS

Impress your guests with our array of flavourful cheeses – perfect for platters & charcuterie boards.



4⁴⁹
/100g

CASTELLO
TICKLER CHEDDAR
DELI CBT. PRICES AS MARKED



649
/100g



299
/100g



9⁹⁹_{ea.}



4.99
/100 g

CASTELLO
DANISH FONTIN.



899
ea.



A close-up photograph of a block of Duinkerke butter and a wedge of cheese. The butter is in its original yellow paper packaging, which features the brand name 'DUINKERKE' in red and a small illustration of a cow. The cheese is a pale yellow, semi-hard variety, cut into a wedge shape.



749



349
/100g



**BUY MORE
SAVE MORE!**



429 /100g



A scenic view of a vineyard in Italy. In the foreground, a vintage silver car is parked on a gravel path, with a person wearing a straw hat and a plaid shirt leaning against a wooden fence. The background features rolling green hills with terraced vineyards and a small village with yellow buildings. The text "FLAVOURS OF" is in a bold, sans-serif font, and "italy" is in a large, white, cursive script. A green and red horizontal line is positioned below the word "italy".

5.99
ea.

SANPELLEGRINO
ORIGINAL ITALIAN SPARKLING DRINKS
LIMONATA
6 16.9 FL OZ (500 mL) CANS

SANPELLEGRINO
ORIGINAL ITALIAN SPARKLING DRINKS
ROSA
6 16.9 FL OZ (500 mL) CANS

ILLY
CLASSICO
100% ARABICA
100% ARABICA
16 FL OZ (500 mL) CAN

ILLY
INTENSO
100% ARABICA
100% ARABICA
16 FL OZ (500 mL) CAN

ILLY COFFEE
100% ARABICA

11.99
ea.

metro
FRESH
2 GO



WHAT'S FOR DINNER?

**PICK UP IN STORE OR
FREE DELIVERY**

on all orders of \$20 or more

Skip the Dishes offers available at select stores only.



ORDER NOW

**FRESH 2 GO
PIZZA**

1 un
SELECTED VARIETIES

SAVE UP TO \$5

11.99
ea.

[illegible]

PRINGLES CHIPS ORIGINAL CHEDDAR CHEESE SELECTED VARIETIES 2.99 ea.	PRINGLES COOKIES DOUBLE CHOCOLATE SELECTED VARIETIES 2.99 ea.	WALKER'S SHORTBREAD COOKIES VANILLA WHITE SELECTED VARIETIES 4.99 ea.	INCREIBLE! REALISTIC! THIN! SUGARFREE WHITE 1.99 ea.	OREO HOLIDAY COOKIES DOUBLE CHOCOLATE WHITE CHOCOLATE GLAZE 2.22 ea.
MONTA VERDE PANETTONE ORIGINAL SELECTED VARIETIES 5.99 ea.	Biscoff LOTUS BISCUITS ORIGINAL 3.99 ea.	M&M'S CHOCOLATE BAR ORIGINAL SELECTED VARIETIES 5.99 ea.	KINDER SURPRISE EGG ORIGINAL SELECTED VARIETIES 6.99 ea.	100¢
WHITE CLAW HARD SELTZER ORIGINAL SELECTED VARIETIES 9.99 ea.	PHILLIPS 4000 CARVER HAZY IPA 8.49	GROVI NON ALCOHOLIC BEER ORIGINAL SELECTED VARIETIES 12.49 ea.	ALLEN'S APPLE CIDER ORIGINAL SELECTED VARIETIES 3.99 ea.	30¢
STARBUCKS COFFEE ORIGINAL SELECTED VARIETIES 7.99 ea.	TAZO TEA ORIGINAL SELECTED VARIETIES 4.99	BEATRICE BUTTER MILK ORIGINAL SELECTED VARIETIES 20 points 3.99 ea.	CHEETOS ORIGINAL SELECTED VARIETIES 3.49	3.49





2.49
ea.



2.49
ea.



4.49
ea.



4.49
ea.



6.49
ea.



6.49
ea.



3/4.98
each 3 per \$12.99



3/4.98
each 3 per \$12.99



3.99
ea.



3.99
ea.



1.99
ea.



1.99
ea.



4.99
ea.



4.99
ea.



10.99
ea.



10.99
ea.



6.49
ea.



6.49
ea.



6.99
ea.



6.99
ea.



5.99
ea.



5.99
ea.



5.99
ea.



5.99
ea.



3.99
ea.



3.99
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6.99
ea.



6.99
ea.



5.49
ea.



5.49
ea.



3.99
ea.



3.99
ea.



5.00
ea.



15.00
ea.



15.00
ea.



14.99
ea.



9.99
ea.



9.99
ea.



9.99
ea.



9.99
ea.



49.99
ea.



49.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.

metro
FRESH
2 GO

ENTERTAINING MADE EASY

We have your catering covered.

**Minimum of 48 hours notice on all orders.*



Place Your Catering Order Today



Online
fresh2go.metro.ca



In Store
Visit Our Deli

merry varieties of
COLD ONES

Cheers to the holidays with our variety of refreshing favourites.



THE PERFECT WINE FOR YOUR FESTIVE FEAST



Advertised prices are subject to change and exclude HST and deposit fees, which are added at checkout. Beec, wine and cider are available at select stores. See metro.ca for availability.

More Great Savings



2.79
ea.
PRIMO PASTA
16 oz. jar



6.99
ea.
STEFANO PASTA
MARINARA
16 oz. jar



2.99
ea.
ITALPASTA LASAGNE
17 oz. box



5.49
ea.
SOMETHING SPECIAL TOP
SPREAD & MARINADE 4 oz. jar



4.99
ea.
KELLOGG'S
CEREAL 10 oz. box



4.99
ea.
KELLOGG'S
CEREAL 10 oz. box



8.99
ea.
Kashi
PARMESAN
CHEESE 10 oz. jar



3.49
ea.
I CAN'T BELIEVE
IT'S NOT BUTTER
10 oz. jar



3.99
ea.
KASHI
GRANOLA BARS 10 oz. box



3.99
ea.
KASHI
GRANOLA BARS 10 oz. box



5.79
ea.
LACTANTIA ULTRA PURE MILK
1 L. carton



5.79
ea.
LACTANTIA ULTRA PURE MILK
1 L. carton



6.49
ea.
LACTANTIA
LACTOSE FREE
MILK 1 L. carton



6.49
ea.
LACTANTIA
LACTOSE FREE
MILK 1 L. carton



6.49
ea.
LACTANTIA
LACTOSE FREE
MILK 1 L. carton



6.49
ea.
LACTANTIA
LACTOSE FREE
MILK 1 L. carton



7.99
ea.
TRACKLEMENTS
CONDIMENT
20g jar



7.99
ea.
TRACKLEMENTS
CONDIMENT
20g jar



7.99
ea.
TRACKLEMENTS
CONDIMENT
20g jar



7.99
ea.
TRACKLEMENTS
CONDIMENT
20g jar

STOCK UP FOR THE HOLIDAYS



10.49
ea.
HÄAGEN DAZS
ICE CREAM
10 oz. tub



10.49
ea.
HÄAGEN DAZS
ICE CREAM
10 oz. tub



10.49
ea.
HÄAGEN DAZS
ICE CREAM
10 oz. tub



10.49
ea.
HÄAGEN DAZS
ICE CREAM
10 oz. tub



6.99
ea.
HÄAGEN DAZS
ICE CREAM
10 oz. tub



6.99
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HÄAGEN DAZS
ICE CREAM
10 oz. tub



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HÄAGEN DAZS
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10 oz. tub



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ICE CREAM
10 oz. tub



6.99
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HÄAGEN DAZS
ICE CREAM
10 oz. tub



6.99
ea.
HÄAGEN DAZS
ICE CREAM
10 oz. tub



6.99
ea.
HÄAGEN DAZS
ICE CREAM
10 oz. tub

BUY MORE SAVE MORE!
ALL THE ESSENTIALS YOU NEED AT BETTER VALUE



10.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



10.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



10.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



10.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



9.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



9.00
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INVISIBLE
FRIDGE FREEZER
10 oz. tub



9.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



9.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



13.00
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INVISIBLE
FRIDGE FREEZER
10 oz. tub



13.00
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FRIDGE FREEZER
10 oz. tub



13.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



13.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



6.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



6.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



6.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



6.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



7.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



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ea.
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10 oz. tub



6.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



12.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



12.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



12.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



12.00
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



5.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



5.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



5.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



5.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



8.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



8.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



8.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



8.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



8.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



8.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



8.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



8.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



7.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



7.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



7.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub



7.50
ea.
INVISIBLE
FRIDGE FREEZER
10 oz. tub

**ONLINE
EXCLUSIVE**

metro.ca

Enjoy the Offer

*Minimum purchase of \$150 (before taxes) required.
Certain conditions apply. Details on metro.ca

FREE

**BELGIAN
COOKIES
650 g**



\$15⁹⁹
VALUE

**PROMO CODE
COOKIE**

[illegible]

MARTELLI FIAT 500
CANTUCCI COOKIES
100 g

18⁹⁹
ea.

Sperlan
TORTONE
150 g

7⁹⁹
ea.

VERGANI
PANETTONE
100 g
SELECTED VARIETIES

3⁹⁹
ea.

GIGI AURORA
ON LUSON
PANETTONE
400 - 500 g
SELECTED VARIETIES

11⁹⁹
ea.

THE MARIE
EXCEL-SIOR OR
MILKLETT
PANETTONE
OR PANDORO
750 g
SELECTED VARIETIES

14⁹⁹
ea.

MOTTA OR
FASCONARO
PANETTONE
OR PANDORO
100 - 300 g
SELECTED VARIETIES

21⁹⁹
ea.

SANTANGELO OR
PASTICCERIA
PANETTONE OR
PANDORO
200 g - 1 kg
SELECTED VARIETIES

23⁹⁹
ea.

PALUANI 1921
PANDORO, CHIOSTO
OR LUSON MASON
PANETTONE
600 - 750 g - 1 kg
SELECTED VARIETIES

29⁹⁹
ea.

MUZZI TOMMASO
PALUANI CREAM OR
LUSON PANDORO OR
PANETTONE
500 - 750 g - 1 kg
SELECTED VARIETIES

18⁹⁹
ea.

CHIOSTO TIN
VERGANI AGRUMI OR
SCARPELLO PANETTONE
750 g - 1 kg
SELECTED VARIETIES

32⁹⁹
ea.

FASCONARO
WRAPPED
PANETTONE
750 g
SELECTED VARIETIES

19⁹⁹
ea.

FASCONARO ORO
OR STREGA
PANETTONE OR
PANDORO
1 kg
SELECTED VARIETIES

46⁹⁹
ea.

BAULI OR
MILKLETT
PANETTONE OR
PANDORO
200 - 400 g
SELECTED VARIETIES

16⁹⁹
ea.

FASCONARO
1953
PANETTONE
1 kg
SELECTED VARIETIES

41⁹⁹
ea.

FASCONARO
DOLCE E GARDIA
PASTICCHIO, NOCCOLA OR
MARRONINO PANETTONE 1 kg
SELECTED VARIETIES

71⁹⁹
ea.

FABRI AMARENA
PANETTONE
1 kg

31⁹⁹
ea.

ITEM AVAILABILITY VARIES BY STORE - WHILE QUANTITIES LAST

Organic

MARINATA
PEANUT BUTTER
100% PEANUT BUTTER
SELECTED VARIETIES

8⁹⁹
ea.

MARINATA
Peanut Butter
SELECTED VARIETIES

3⁹⁹
ea.

FARMER'S MARKET
CANNED
VEGETABLES
SELECTED VARIETIES

4⁴⁹
ea.

ORGANIC
Green Tea
SELECTED VARIETIES

8⁴⁹
ea.

GO BIO
BOUILLON CUBES #10
SELECTED VARIETIES

3⁹⁹
ea.

PEACE RIVER
HONEY
SELECTED VARIETIES

14⁴⁹
ea.

MANITOBA HARVEST
HEMP HEARTS #10
SELECTED VARIETIES

10⁹⁹
ea.

Gluten-Free

ROSE
MONSIEUR
SELECTED VARIETIES

3⁹⁹
ea.

CRETORS
CHOCOLATE
SELECTED VARIETIES

4⁹⁹
ea.

MAPLE LEAF
MIGHTY PROTEIN
CHICKEN STICKS
SELECTED VARIETIES

2⁴⁹
ea.

TRY NEW
MIGHTY PROTEIN
SELECTED VARIETIES

2⁴⁹
ea.

Household Helpers

15
POUR
SCOTTIES
FACIAL TISSUES
SELECTED VARIETIES

2⁴⁹
ea.

LOW
EVERY DAY
SELECTION
COMPOSTABLE NAPKINS
SELECTED VARIETIES

3⁹⁹
ea.

BUY MORE
SAVE MORE!
2 for
20⁰⁰
each
GLADE 3 WICK
CANDLES OR
OIL LAMP FRESHENER
DETAILS
SELECTED VARIETIES

5⁴⁹
ea.

Ziploc
FREEZER OR
SANDWICH BAGS
SELECTED VARIETIES

9⁹⁹
ea.

ALCAN
GLASS / DO
ALUMINUM FOIL
SELECTED VARIETIES

5⁴⁹
ea.

RED BIRCH
CUTLERY
SELECTED VARIETIES

2⁴⁹
ea.

SELECTION
RED CUPS 50 ea.
SELECTED VARIETIES

7⁴⁹
ea.

SAVE \$4*
when you buy any 3
Carlton Cards

with greeting card coupon
carlton cards

Merry
Merry
SELECTED VARIETIES

10⁹⁹
ea.

4 PACK
SELECTION
WINDTUNNEL
WASHING FLUID
SELECTED VARIETIES

15⁹⁹
ea.

Pet

BUY MORE
SAVE MORE!
2 for
5⁰⁰
each
PROCKES
PARTY MIX CAT TREATS
SELECTED VARIETIES

2⁹⁹
ea.

15
POUR
TUMPAKINS
CAT TREATS
SELECTED VARIETIES

2⁹⁹
ea.

VITALIFE
DOG TREATS
SELECTED VARIETIES

14⁴⁹
ea.

cookies
SELECTED VARIETIES

8⁴⁹
ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT metro.ca

Baby Care

GERBER BABY MEALS
12 PZ
SELECTED VARIETIES

4⁹⁹
ea.

GERBER BABY SNACKS
12 PZ
SELECTED VARIETIES

3⁹⁹
ea.

BABY MINN MUM
RICE PUFFS
12 PZ
SELECTED VARIETIES

**2 for
6⁰⁰**
each 3.00 each 3.00

LIVE CLEAN
BABY CARE
100 ml
SELECTED VARIETIES

7⁴⁹
ea.

EARTH'S BEST
SMOOTHIE CO.
100 ml
SELECTED VARIETIES

1⁹⁹
ea.

EARTH'S BEST
BABY SNACKS
12 PZ
SELECTED VARIETIES

4⁴⁹
ea.

PAMPERS
BABY WIPES
27-35 ml
SELECTED VARIETIES

14⁹⁹
ea.

PENATEN
DIAPER WASH
CREAM 11 g
SELECTED VARIETIES

6⁴⁹
ea.

Health & Beauty

TRESEME
HAIR CARE
200 ml
SELECTED VARIETIES

6⁹⁹
ea.

LIVE CLEAN
HAIR CARE
200 ml
SELECTED VARIETIES

7⁹⁹
ea.

GUM
FLOSS
100 ml
SELECTED VARIETIES

2⁹⁹
ea.

COLGATE
TOOTHBRUSH
1x
SELECTED VARIETIES

3⁹⁹
ea.

OGX
HAIR CARE
200 ml
SELECTED VARIETIES

9⁹⁹
ea.

JOHN FREDA
HAIR CARE
200 ml
SELECTED VARIETIES

12⁹⁹
ea.

LISTERINE
MOUTHWASH
1L
SELECTED VARIETIES

10⁹⁹
ea.

PRONAMESA
TOOTH PASTE
100 ml
SELECTED VARIETIES

6⁹⁹
ea.

IRISH SPRING
SOAP BARS
12 PZ
SELECTED VARIETIES

5⁴⁹
ea.

OLAY
BODY WASH
100 ml
SELECTED VARIETIES

9⁹⁹
ea.

NATIVE
BODY WASH
100 ml
SELECTED VARIETIES

13⁹⁹
ea.

NEUTROGENA
SKIN CARE
100 ml
SELECTED VARIETIES

10⁹⁹
ea.

Aveeno
MOISTURIZING
LOTION
100 ml
SELECTED VARIETIES

8⁴⁹
ea.

JERGENS
MOISTURIZING
LOTION
100 ml
SELECTED VARIETIES

11⁹⁹
ea.

GILLETTE
SHAVING GEL
100 ml
SELECTED VARIETIES

4⁹⁹
ea.

SCHICK
RAZOR
100 ml
SELECTED VARIETIES

13⁹⁹
ea.

KAMILL
HAND CREAM
100 ml
SELECTED VARIETIES

3⁹⁹
ea.

U BY KOTEX
SANITARY NAPKINS OR
TAMPONS
20-30 PZ
SELECTED VARIETIES

10⁹⁹
ea.

TENA
OVERNIGHT
PULP INCONTINENCE
100 ml
SELECTED VARIETIES

17⁹⁹
ea.

[illegible]

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3⁹⁹

MUTTI PASTA
680 ml
SELECTED VARIETIES

7⁹⁹

MUTTI PASTA SAUCE
680 ml
SELECTED VARIETIES

2⁴⁹

MUTTI POLPA
370 ml

3⁴⁹

MUTTI PIZZA SAUCE OR
TOMATO PASTE
150-300 ml
SELECTED VARIETIES

3⁹⁹

MUTTI PEEL TOMATOES
750 ml

4⁹⁹

MUTTI SAN MARZANO
TOMATOES
300 ml

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at [krafthomesharing.com](#)

5⁴⁹

KRAFT BUTTER
500 g
SELECTED VARIETIES

4⁹⁹

KRAFT PURE
DRESSING
250 ml
SELECTED VARIETIES

2⁹⁹

GARDEN OF EARTHLY DELICIES
PASTA SAUCE
680 ml
SELECTED VARIETIES

3⁹⁹

SHAKE 'N BAKE
COOKING MIX
147 g
SELECTED VARIETIES

25
points

4⁹⁹

PHILADELPHIA
DIPS
227 g
SELECTED VARIETIES

4⁹⁹

BAKERS
CHOCOLATE
100 g
SELECTED VARIETIES

1²⁵

JELLY-O
JELLY POWDER
9.1 g
SELECTED VARIETIES

10⁹⁹

NABOB OR TASSIMO
COFFEE CAPSULE
8.17 ml
SELECTED VARIETIES

3⁴⁹

TOWN HOUSE
OR CHEEZ-IT
CRACKERS
SELECTED VARIETIES

2⁹⁹

CHEEZ-IT
CRACKERS
SELECTED VARIETIES

2⁹⁹

PRINGLES CHIPS
SELECTED VARIETIES

2⁹⁹

NUTRI GRAIN
BARS
SELECTED VARIETIES

8⁹⁹

GAIN
DETERGENT OR
FABRIC SOFTENER
SELECTED SIZES

8⁹⁹

GAIN
SCENT BOOSTERS OR
BOILER SHEETS
SELECTED SIZES

15⁴⁹

FERRISZEE OIL
REPLENISH
SELECTED VARIETIES

9⁹⁹

FERRISZEE PLUG
DIFFUSER
1 pc

5⁹⁹

HEAD & SHOULDERS
HAIR CARE
125-150 ml
SELECTED VARIETIES

36⁹⁹

PAMPERS
BABY DIAPERS
48-96
SELECTED VARIETIES

28⁹⁹

PAMPERS EASY UPS
TRAINING PANTS
48-72
SELECTED VARIETIES

3⁹⁹

PAMPERS
BABY WIPES
58-72
SELECTED VARIETIES

4⁹⁹

TAMPAX
SANITARY NAPKINS
OR LINERS
10-22
SELECTED VARIETIES

42⁰⁰

ALWAYS DISCREET ADULT
INCONTINENCE
PADS
17-66
SELECTED VARIETIES

3⁹⁹

CREST
TOOTH PASTE
63-120 ml
SELECTED VARIETIES

6⁹⁹

CREST
ORAL CARE
SELECTED VARIETIES