

Be the **MVP** of
merry deals

HOTSALE!

5⁹⁹

lb

W/O MVP Card \$8.99 LB

Ground Fresh Daily
93% LEAN FRESH
GROUND BEEF

HOTSALE!

2⁹⁹

lb

W/O MVP Card \$4.99 LB

FRESH
TURKEY BREAST
WHILE SUPPLIES
LAST!

HOTSALE!

99¢

lb

W/O MVP Card \$2.29 LB

**FOOD LION
PORTION HAM**

LIMIT 2

W/O MVP Card \$2.29 LB

\$35 MINIMUM GROCERY
PURCHASE REQUIRED*

HOTSALE!

1⁹⁹

lb

W/O MVP Card \$3.99 LB

ASPARAGUS

HOTSALE!

1⁹⁹

lb

W/O MVP Card Regular Retail

5 Lb. Bag
FOOD LION
RUSSET POTATOES

HOTSALE!

1⁴⁹*

lb

W/O MVP Card \$3.19 LB

**FOOD LION
SPIRAL HAM**

LIMIT 2

\$35 MINIMUM GROCERY
PURCHASE REQUIRED*

HOTSALE!

2⁹⁹

ea

W/O MVP Card \$4.99 EA

3 Lb. Bag
MANDARINS

HOTSALE!

1⁹⁹

ea

W/O MVP Card Regular Retail

5 Lb. Bag
FOOD LION
RUSSET POTATOES

HOTSALE!

1⁴⁹*

lb

W/O MVP Card \$3.19 LB

**FOOD LION
SPIRAL HAM**

LIMIT 2

\$35 MINIMUM GROCERY
PURCHASE REQUIRED*

*\$35 purchase must exclude the Ham,
Tobacco, Beer & Wine, Lottery, Gift
Cards, Postage Stamps or Services.

**PRICED LOW
EVERY DAY**

2⁹⁹

ea

5 Oz.
Select Varieties
NATURE'S
PROMISE
ORGANIC
SALAD MIX

HOTSALE!

3⁹⁹

ea

W/O MVP Card \$4.99 EA

12 Ct.
KING'S
HAWAIIAN
ROLLS
IN THE BAKERY

HOTSALE!

9⁹⁹

lb

W/O MVP Card \$11.99 LB

Freestyle Sliced
TASTE OF
INSPIRATIONS
ROAST BEEF
IN THE DELI

HOTSALE!

2/\$7

ea

W/O MVP Card Regular Retail

9-16 Oz. Pkg.
Select Varieties
JIMMY DEAN
BREAKFAST
SAUSAGE
OR BACON

HOTSALE!

11⁹⁹

ea

VA Stores Only

750 mL
Select Varieties
STELLA ROSA
OR VALLATE
WINE

HOTSALE!

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price

9-2.13.8 Oz.
Select Varieties
KELLOGG'S CLUB
OR TOWN HOUSE
CRACKERS
LIMIT 4 FREE

HOTSALE!

**BOGO
FREE**

W/O MVP Card \$4.99 EA
Single Item Half Price

8-12 Oz.
Select Varieties
ON THE BORDER
TORTILLA CHIPS
LIMIT 4 FREE

HOTSALE!

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

8-14.4 Oz.
Select Varieties
TASTYKAKE
BAGGED
DONUTS OR
SNACKS

HOTSALE!

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

16 Oz.
Select Varieties
LAND
O LAKES
BUTTER
QUARTERS
LIMIT 2 FREE

HOTSALE!

22⁹⁹

ea

VA Stores Only

24 Pack - 12 Oz. Cans
Select Varieties
BUD, MILLER,
COORS OR
YUENGLING

HOTSALE!

2/\$4

ea

W/O MVP Card \$4.99 EA

4-7.8 Oz.
Select Varieties
LAY'S
POTATO CHIPS

HOTSALE!

1⁶⁹

ea

W/O MVP Card \$2.48 EA

10-14.4 Oz.
Select Varieties
BIRDS EYE
STEAMFRESH
VEGETABLES

HOTSALE!

2/\$7

ea

W/O MVP Card \$6.98 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM
ORANGE JUICE

HOTSALE!

\$1

ea

W/O MVP Card \$3.58 EA

6-7.6 Oz.
Select Varieties
MARTHA WHITE
MUFFIN MIX

HOTSALE!

2/\$6

ea

W/O MVP Card \$3.99 EA

25.4 Oz.
Select Varieties
WELCH'S
SPARKLING
JUICE

MVP DIGITAL COUPONS

Load on App • Online • In-Store Kiosk

**HOT
SALE!**

5⁹⁹

ea

W/O MVP Card Regular Retail

24 Oz. Varieties
MT. OLIVE
PICKLES

HOTSALE!

2/\$5

ea

W/O MVP Card Regular Retail

6 Pack
16-16.9 Oz. Bottles
Select Varieties
PEPS
PRODUCTS

HOTSALE!

4/\$12

ea

W/O MVP Card Regular Retail

6-8 Oz.
Select Varieties
KRAFT
CHUNK OR
SHREDDED
CHEESE

HOTSALE!

2/\$5

ea

W/O MVP Card \$3.68 EA

25-38 Oz.
Select Varieties
MARIE
CALENDER'S
DESSERT PIES

HOTSALE!

6⁹⁹

ea

W/O MVP Card Regular Retail

12 Ct.
Select Varieties
GEVALIA OR
MAXWELL
HOUSE
COFFEE

**PRICED LOW
EVERY DAY**

2/\$6

ea

W/O MVP Card \$3.99 EA

16 Oz.
Select Varieties
KRAFT SALAD
DRESSING

**PRICED LOW
EVERY DAY**

2/\$4

ea

W/O MVP Card \$3.99 EA

4-4.1 Oz.
Select Varieties
IDAHOAN
INSTANT
CRISPY THIN
POTATOES

**PRICED LOW
EVERY DAY**

99¢

ea

W/O MVP Card \$1.58 EA

5.2 Oz.
Select Varieties
FOOD LION
CRISPY THIN
CRUST PIZZA

**PRICED LOW
EVERY DAY**

99¢

ea

W/O MVP Card \$3.29 EA

22-24 Oz.
Select Varieties
PREGO
PASTA SAUCE

1 ZVT1 12/17/25

Be the **MVP** with a table
full of *cheer*

Shop Now



Save on the stars of your holiday table this year!

HOTSALE!
(MVP)

799
LB

**BEEF BONE-IN
STANDING
RIB ROAST**
WHILE SUPPLIES LAST!
LIMIT 1

W/O MVP Card Regular Retail

HOTSALE!
(MVP)

129
LB

FRESH BUTTERFLD TURKEY
10 Lbs. or Larger
All Natural, Gluten & Hormone Free
WHILE SUPPLIES LAST!

W/O MVP Card Regular Retail

HOTSALE!
(MVP)

119
LB

**FOOD LION
WHOLE CHICKEN**

W/O MVP Card Regular Retail

HOTSALE!
(MVP)

699
LB

**BEEF SHOULDER
ROAST OR
BOTTOM ROUND
ROAST**

W/O MVP Card Regular Retail

**FROZEN
TURKEY
BREAST
WHILE SUPPLIES
LAST!**

HOTSALE!
(MVP)

199
LB

W/O MVP Card Regular Retail

HOTSALE!
(MVP)

399
LB

**TASTE OF INSPIRATIONS
HALF SPIRAL HAM**
WHILE SUPPLIES LAST!

W/O MVP Card Regular Retail

HOTSALE!
(MVP)

749
LB

**Beef
CUBED STEAK**

W/O MVP Card Regular Retail

**100% FRESH
OR DOUBLE YOUR
MONEY BACK**

HOTSALE!
(MVP)

149
LB Limit 2

**SMITHFIELD
PORTION HAM**

W/O MVP Card Regular Retail

HOTSALE!
(MVP)

249
LB Limit 2

SMITHFIELD SPIRAL HAM
Select Varieties

W/O MVP Card Regular Retail

HOTSALE!
(MVP)

399
LB

**SMITHFIELD
SPIRAL PECAN HAM**
WHILE SUPPLIES LAST!

W/O MVP Card Regular Retail

HOTSALE!
(MVP)

799
LB

**Semi-Boneless
LEG OF LAMB**
WHILE SUPPLIES LAST!

W/O MVP Card Regular Retail

 7.9 Oz. Pkg. - Select Varieties HILLSHIRE FARM CHEDDAR CHUNKS	 12-14 Oz. Pkg. - Select Varieties FOOD LION COCKTAIL SMOKIES	 17-20 Oz. Pkg. - Select Varieties RESER'S MAIN COURSE BAKED POTATOES	 44 Oz. Frozen Twin Pack TYSON'S FROZEN TWIN PACK TENDERS	 27 Oz. Pkg. - Frozen SWAGERT'S PREMIUM SAUSAGE PATTIES
HOTSALE! 3.99 EA W/O MVP Card Regular Retail	HOTSALE! 3.48 EA W/O MVP Card Regular Retail	HOTSALE! 3.99 EA W/O MVP Card Regular Retail	HOTSALE! 9.99 EA W/O MVP Card Regular Retail	HOTSALE! 7.29 EA W/O MVP Card Regular Retail

SUSTAINABLY SOURCED SEAFOOD



*Earn extra
rewards* while you shop

Activate Your Offers

Check Your Progress

You can also
donate your rewards
to help our neighbors!

Donate Now



*For each \$1 in Shop & Earn rewards you donate, Food Lion will donate \$1 to Food Lion Feeds Charitable Foundation.
The foundation will then distribute the funds to local food banks and their local feeding agencies throughout our footprint.

The perfect ending to every merry meal!

Product	Price	Original Price
Food Lion Iced Bundt Cakes	\$13.99	\$15.99
7 inch Double Dutch Fudge Cake	\$14.99	\$15.99
40 Oz. NY Style Cheesecake	\$14.99	\$19.99
Chocolate Cake	\$17.99	\$19.99



HOTSALE!
(WOT)

4.99
EA

10 Oz.
TASTE OF INSPIRATIONS CHEESE BALL

WOT MVP Card \$4.99 EA



HOTSALE!
(WOT)

4.99
EA

10 Oz. - Select Varieties
ADAMS RESERVE NEW YORK EXTRA SHARP CHEDDAR CHEESE

WOT MVP Card \$5.99 EA



HOTSALE!
(WOT)

BOGO FREE

9-11 Oz.
MINI CRULLERS, GEMS OR DONUT HOLE TUBS

WOT MVP Card \$4.49 EA
Single Item Half Price



HOTSALE!
(WOT)

BOGO FREE

14 Oz.
OLD FASHIONED CHEESE SPREADS

WOT MVP Card \$4.99 EA
Single Item Half Price



HOTSALE!
(WOT)

7.99
EA

Assorted Made Hot-In-Store
8 PIECE FRIED CHICKEN

WOT MVP Card \$8.99 EA



HOTSALE!
(WOT)

3.99
EA

2 Lb.
FOOD LION DELI SALADS

WOT MVP Card \$4.49 EA



HOTSALE!
(WOT)

BOGO FREE

4 Ct.
TURNOVERS

WOT MVP Card \$4.49 EA
Single Item Half Price



HOTSALE!
(WOT)

BOGO FREE

4 Oz.
VERMONT CREAMERY GOAT CHEESE LOG

WOT MVP Card \$4.49 EA
Single Item Half Price

HOT SALE!
(MAY)
BOGO FREE
 W/O MYP Card \$4.49 EA
 Single Item Half Price

9-11 Oz.
**MINI CRULLERS,
 GEMS OR
 DONUT HOLE TUBS**

HOT SALE!
(MAY)
BOGO FREE
 W/O MYP Card \$4.99 EA
 Single Item Half Price

14 Oz.
**OLD FASHIONED
 CHEESE SPREADS**

HOT SALE!
(MAY)
BOGO FREE
 W/O MYP Card \$4.49 EA
 Single Item Half Price

4 Ct.
TURNOVERS

HOT SALE!
(MAY)
BOGO FREE
 W/O MYP Card \$4.49 EA
 Single Item Half Price

4 Oz.
**VERMONT CREAMERY
 GOAT CHEESE LOG**



**6 Ct.
CUPCAKES
IN THE BAKERY**

HOTSALE!
new

4⁹⁹
EA

WFO MVP Card \$5.99 EA



**12 Ct.
FOOD LION
CHOCOLATE CHIP
COOKIES**

12 Oz.
Select Varieties
**FOOD LION
READY TO BAKE
COOKIES**

HOTSALE!
new

2/\$6

WFO MVP Card \$3.49 EA



**6 Ct.
GOURMET
COOKIES
IN THE BAKERY**

HOTSALE!
new

2⁹⁹
EA

WFO MVP Card \$4.99 EA



**10.25-15.35 Oz.
Select Varieties
FOOD LION
CREME OR
CHOCOLATE
CHIP COOKIES**

HOTSALE!
new

2/\$5

WFO MVP Card (Regular Retail)



**12 Ct.
Single Serve Cups
Select Varieties
FOOD LION
HOT COCOA**

**PRICED LOW
EVERY DAY ✓**

4⁷⁹
EA



**10-10.5 Oz.
FOOD LION
MARSH-
MALLOWS**

HOTSALE!
new

\$1
EA

WFO MVP Card \$1.95 EA



Be a coupon **MVP** with

*new offers
every week*

Clip Coupons

15-24 Oz.
Select Varieties
**RAO'S
PASTA SAUCE**

HOTSALE!
each
6⁹⁹
EA

W/O MFP Cans \$7.99 EA

11-20 Oz.
Select Varieties
**PEPPERIDGE FARM
DINNER ROLLS**

HOTSALE!
each
3⁹⁹
EA

W/O MFP Cans \$4.49 EA

12-16 Oz.
Select Varieties
**SNYDER'S
OF HANOVER
PRETZELS**
LIMIT 4 FREE

HOTSALE!
each
**BOGO
FREE**

W/O MFP Cans \$4.79 EA
Single from \$4.79 EA

16 Oz.
Select Varieties
**RAO'S
HOMEMADE
PASTA**

HOTSALE!
each
2⁵⁶
EA

W/O MFP Cans \$3.49 EA

5-8.6 Oz.
Select Varieties
**PEPPERIDGE FARM
COOKIES**

HOTSALE!
each
2⁵⁷
EA

W/O MFP Cans \$5.99 EA

32 Oz.
Select Varieties
**PACIFIC
ORGANIC BROTH**

HOTSALE!
each
2⁵⁶
EA

W/O MFP Cans \$3.69 EA

More savings down the aisles!

14.5-20 Oz. Select Varieties SARA LEE ARTESANO BREAD HOTSALE! MVP PRICED LOW EVERY DAY ✓ \$3.69 EA WIO MVP Card \$4.29 EA	14.5-18.25 Oz. Select Varieties GREEN GIANT VEGETABLES HOTSALE! MVP 4/\$5 WIO MVP Card \$1.69 EA	17.6 Oz. Select Varieties DUNCAN HINES BROWNIE MIX HOTSALE! MVP 2.29 EA WIO MVP Card \$2.99 EA	40 Oz. CRISCO VEGETABLE OIL HOTSALE! MVP 3.99 EA WIO MVP Card \$5.29 EA
16 Oz. BLUE DIAMOND ALMOND FLOUR HOTSALE! MVP 7.99 EA WIO MVP Card \$8.99 EA	12 Oz. Jar Select Varieties HEINZ GRAVY HOTSALE! MVP 2/\$4 WIO MVP Card \$2.99 EA	14 Oz. Select Varieties OCEAN SPRAY HAZELNUT CRANBERRY SAUCE HOTSALE! MVP 2.39 EA WIO MVP Card \$2.69 EA	8.8 Oz. BISCOFF COOKIES HOTSALE! MVP 2/\$6 WIO MVP Card \$3.59 EA
6.70 Oz. Select Varieties FILIPPO BERIO PESTO HOTSALE! MVP 2/\$6 WIO MVP Card \$3.29 EA	15-18 Oz. - Select Varieties SARA LEE SWEET HAWAIIAN OR ARTESANO DINNER ROLLS HOTSALE! MVP 2.99 EA WIO MVP Card Regular Retail	13 Oz. Select Varieties NUTELLA HAZELNUT SPREAD HOTSALE! MVP 3.99 EA WIO MVP Card \$5.29 EA	4.4 Oz. Select Varieties SKIPPY POP POPCORN HOTSALE! MVP 2/\$6 WIO MVP Card \$3.99 EA
8.10-10.6 Oz. Select Varieties BEAR CREEK SOUP MIX HOTSALE! MVP 3.59 EA WIO MVP Card \$3.99 EA	32 Oz. Select Varieties NATURE'S PROMISE ORGANIC STROCK HOTSALE! MVP 2/\$5 WIO MVP Card \$2.79 EA	8.82 Oz. Select Varieties LOACKER QUADRATINI WAFER HOTSALE! MVP 2/\$6 WIO MVP Card \$4.49 EA	9.31-20 Oz. Select Varieties NABISCO FAMILY SIZE CHIPS AHOY! OR OREO COOKIES HOTSALE! MVP 3.99 EA WIO MVP Card Regular Retail
LA CHOY CHOW MEIN NOODLES HOTSALE! MVP 2/\$5 WIO MVP Card Regular Retail	Bretton ORIGINAL CRACKERS HOTSALE! MVP 2/\$5 WIO MVP Card \$3.69 EA	15 Oz. Select Varieties FOOD LION DIPS HOTSALE! MVP 1.99 EA WIO MVP Card \$2.49 EA	10 CT. Select Varieties FRITO LAY MULTIPACK HOTSALE! MVP 5.99 EA WIO MVP Card \$6.99 EA
30 Oz. Select Varieties KRAFT MIRACLE WHIP HOTSALE! MVP 4.99 EA WIO MVP Card \$7.19 EA	0.41-1 Oz. Select Varieties HIDDEN VALLEY SALAD DRESSING MIX HOTSALE! MVP 2/\$3 WIO MVP Card \$2.48 EA	3.75-7 Oz. Select Varieties VEGGIE STRINGS SENSIBLE PORTIONS VEGGIE SNACKS HOTSALE! MVP 2/\$6 WIO MVP Card \$4.29 EA	6.82 Oz. Select Varieties NESTLE HOT CHOCOLATE HOTSALE! MVP 2/\$4 WIO MVP Card \$2.99 EA

• You bring the cheer,
we'll bring the
quality & value

Shop Our Brands



FOOD  LION

CATERING

Celebrate
more, cook less!

HOTSALE!

\$5 OFF

SELECT
CATERING
TRAYS AND
PLATTERS

W/O MVP Card Regular Retail



SIGNATURE
SANDWICH
PLATTER



Place your order at the
deli counter or scan the
QR code to order online.



LARGE MINI
SANDWICH PLATTER



CHICKEN WING
CATERING TRAY



LARGE GARDEN
VEGETABLE PLATTER



CHICKEN
TENDER TRAY



BEVERAGE CENTER

2 Liter
Select Varieties
SPRITE, SCHWEPES
OR CANADA DRY

HOTSALE!

3/\$5

W/O MVP Card Regular Retail

19.2 Oz.
Select Varieties
LIQUID DEATH
TEA

HOTSALE!

3/\$5

W/O MVP Card \$1.99 EA



MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

HOT SALE! 2/\$6

W/O MVP Card \$4.99 EA

MVP
Coupon
-1.00 OFF 2

2/\$5

W/O MVP Card \$3.99 EA



HOTSALE!

BOGO
FREE

W/O MVP Card Regular Retail
Single Item Half Price

6 Pack
16-16.9 Oz. Bottles
Select Varieties
COKE
PRODUCTS
LIMIT 4 FREE

11 Oz.
Select Varieties
CLEARLY CANADIAN
SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

64 Oz.
Select Varieties
V8 SPLASH

PRICED LOW
EVERY DAY

249

EA

W/O MVP Card \$3.19 EA



PRICED LOW
EVERY DAY

299

EA

W/O MVP Card \$3.68 EA

10 Pack
6 Oz. Pouches
Select Varieties
KOOL-AID
JAMMERS

750 mL
Select Varieties
CHILDRESS OR
DUPLIN WINE

HOTSALE!

699

EA

VA Stores Only



750 mL
Select Varieties
ROBERT MONDAVI
OR ANDRE WINE

HOTSALE!

799

EA

VA Stores Only



750 mL
Select Varieties
19 CRIMES OR
ECCO DOMANI WINE

HOTSALE!

1099

EA

VA Stores Only



750 mL
Select Varieties
ROSCATO OR
YES WAY ROSE WINE

HOTSALE!

1399

EA

VA Stores Only



12 Pack - 12 Oz. Bottles or Cans
CORONA OR MODELO

HOTSALE!

1799

EA

VA Stores Only



12 Pack - 11.2-12 Oz. Bottles or Cans
HEINEKEN OR
STELLA ARTOIS
Select Varieties

HOTSALE!

1999

EA

VA Stores Only



12 Pack - 12 Oz. Bottles or Cans
SIERRA NEVADA,
NEW BELGIUM OR
DEVIL'S BACKBONE

HOTSALE!

1799

EA

VA Stores Only



24 Pack - 12 Oz. Cans
YUENGLING FLIGHT
OR CORONA
PREMIER

HOTSALE!

2399

EA

VA Stores Only



12 Pack - 12 Oz. Cans
WHITE CLAW
OR TRULY

HOTSALE!

1799

EA

VA Stores Only



12 Pack - 12 Oz. Cans
HEINEKEN,
ULTRA ZERO
OR CORONA

HOTSALE!

1699

EA

VA Stores Only



5 ZVT1 12/17/25

Get Set for the Season

Find must-haves for every holiday moment.

Shop Now





30-35.3 Oz.
Select Varieties

FOOD LION
Non-Dairy
Coffee Creamer

FOOD LION
Non-Dairy
Coffee Creamer

FOOD LION
Non-Dairy
Coffee Creamer

HOT SALE!

4.99
EA

WFO MVP Card \$249 EA



Start your day
the merry way



Shop Now

[illegible]

20 Lb. Jug
Select Varieties

**TIDY CATS
CLUMPING
LITTER**

**PRICED LOW
EVERY DAY**

11.49
EA

WFO MVP Card \$95 EA

20 Lb. Jug
Select Varieties

**TIDY CATS
CLUMPING
LITTER**

**PRICED LOW
EVERY DAY**

11.49
EA

WFO MVP Card \$95 EA

2-8.5 Oz.
Select Varieties

**CANINE
CARRY-OUTS
DOG TREATS**

HOTSALE!
(Low)

\$1
EA

WFO MVP Card \$1.29 EA

2-8.5 Oz.
Select Varieties

**CANINE
CARRY-OUTS
DOG TREATS**

HOTSALE!
(Low)

\$1
EA

WFO MVP Card \$1.29 EA

5.5 Oz.
Select Varieties

**FRISKIES
CANNED CAT FOOD**

**PRICED LOW
EVERY DAY**

10.58
EA

WFO MVP Card \$95 EA

5.5 Oz.
Select Varieties

**FRISKIES
CANNED CAT FOOD**

**PRICED LOW
EVERY DAY**

10.58
EA

WFO MVP Card \$95 EA

6-7 Lb. Bag
Select Varieties

**IAMS ADVANCED
HEALTH &
MINICHUNKS
DOG FOOD**

HOTSALE!
(Low)

17.99
EA

WFO MVP Card \$10.99 EA

6-7 Lb. Bag
Select Varieties

**IAMS ADVANCED
HEALTH &
MINICHUNKS
DOG FOOD**

HOTSALE!
(Low)

17.99
EA

WFO MVP Card \$10.99 EA

BABY

4 Oz. - Select Varieties

PLUM ORGANICS™ MIGHTY 4 BLEND POUCHES

HOTSALE!

2/\$3

WQ MVP Card \$1.79 EA



1.85 Oz. Select Varieties

PLUM ORGANICS™ MIGHTY PUFFS

HOTSALE!

3²⁹ EA

WQ MVP Card \$3.69 EA



6.4 Oz. Select Varieties

NATURE'S PROMISE BABY WIPES

PRICED LOW EVERY DAY

2.59 EA



312-336 Ct. Select Varieties

PAMPERS BABY WIPES

HOTSALE!

12⁹⁹ EA

WQ MVP Card \$14.29 EA



Holiday-ready deals

Shop Now



Bring home *fresh produce and cheerful deals* for the holidays!

100%
FRESH
OR DOUBLE YOUR
MONEY BACK



HOTSALE!
MVP
2/\$5
W/O MVP Card Regular Retail

Pint
BLUEBERRIES



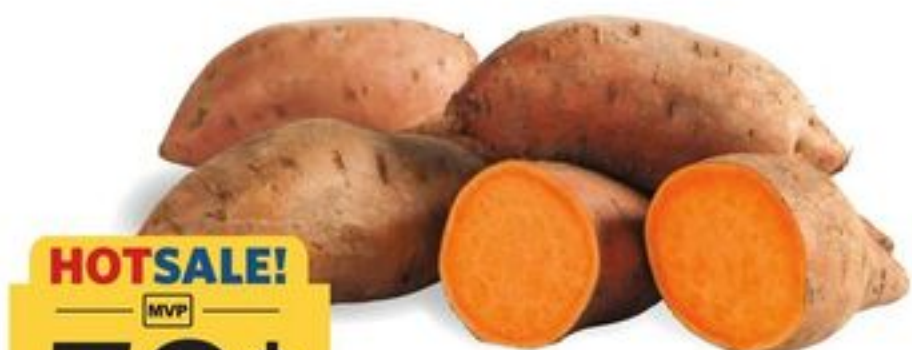
**PRICED LOW
EVERY DAY**
1.99
LB

Large
**RED SEEDLESS
GRAPES**



HOTSALE!
MVP
1.99
EA

Whole
**GOLDEN
PINEAPPLE**



HOTSALE!
MVP
59¢
LB

Bulk or Tote Bag
SWEET POTATOES



HOTSALE!
MVP
3.49
EA

3 Lb. Bag
**FOOD LION
GRANNY SMITH APPLES**



HOTSALE!
MVP
59¢
EA

**CUCUMBERS
OR GREEN
PEPPERS**



HOTSALE!
MVP
1.69
LB

BROCCOLI CROWNS



HOTSALE!
MVP
99¢
EA

Bunch
CELERY



HOTSALE!
MVP
1.29
LB

Bulk or Tote Bag
**ZUCCHINI OR
YELLOW SQUASH**



While Supplies Last!
10.99
EA

HAPPY HOLIDAYS BOUQUET

A **FOOD LION** private brand

HOTSALE!
MVP
5.49
EA

3 Lb. Bags
**NATURE'S PROMISE
ORGANIC NAVEL
ORANGES**

HOTSALE!
MVP
2.79
EA

8 Oz. - Whole or Sliced
**NATURE'S PROMISE
ORGANIC
BABY BELLA
MUSHROOMS**

A perfect pairing!



**32 Oz.
FOOD LION
GREEN BEANS**

HOTSALE!
MVP
5.49
EA

W/O MVP Card Regular Retail

Find us online:
foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card; regular prices apply without card. We reserve the right to limit quantities and correct typographical errors. Prices and availability may vary by store. Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT:

Prices in this ad good at stores conveniently located in these cities:

Abingdon

We accept competitor's coupons; exceptions may apply; see store associate for details.
Cousins, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

Can fruit be candy? Yes, it cran.

[Shop Now](#)





December 17 - December 24, 2025
Offers valid while supplies last.

Bring joy & savings
to your *holiday!*



HOTSALE!
MVP
4⁹⁹
EA

W/O MVP Card Regular Retail

25 Oz. Pkg.
Frozen
Select Varieties
**ARMOUR
MEATBALLS**



HOTSALE!
MVP
14⁹⁹
EA

W/O MVP Card Regular Retail

22 Oz.
Frozen
**SHRIMP
RING**

6 Oz.
Select Varieties
**BLUE DIAMOND
ALMONDS**

HOTSALE!
MVP
2/\$6

W/O MVP Card \$4.49 EA



HOTSALE!
MVP
2/\$5

W/O MVP Card \$2.99 EA

12.5-13.7 Oz.
Select Varieties
**FOOD LION
GOLDEN
CRACKERS**



**PRICED LOW
EVERY DAY** ✓
2⁹⁹
EA

7 Oz.
Select Varieties
**FOOD LION
CRACKER
CUTS**

4 Oz.
**FIORUCCI
PRE-SLICED
MEATS
IN THE DELI**

HOTSALE!
MVP
3⁴⁹
EA

W/O MVP Card \$3.99 EA



HOTSALE!
MVP
3⁹⁹
EA

W/O MVP Card \$5.29 EA

8 Oz.
**BELGIOIOSO
MASCARPONE
IN THE DELI**

3 Liter
Select Varieties
**BOTA BOX
WINE**

**PRICED LOW
EVERY DAY** ✓
18⁹⁹
EA

VA Stores Only





Give life a
sparkle

[Shop Now](#)

4 Lb.
DOMINO
GRANULATED
SUGAR

HOTSALE!
MVP
3.99
EA

W/O MVP Card \$5.49 EA



14 Oz.
Select Varieties
EAGLE BRAND
SWEETENED
CONDENSED
MILK

HOTSALE!
MVP
2/\$5

W/O MVP Card \$3.48 EA



14-16 Oz.
Select Varieties
DUNCAN HINES
FROSTING

MVP PRICED LOW EVERY DAY
2/\$4

W/O MVP Card \$2.48 EA



5-6 Oz.
Select Varieties
FOOD LION
COOKING SPRAY

HOTSALE!
MVP
2.79
EA

W/O MVP Card \$2.99 EA



16 Oz.
BETTY CROCKER
REESE'S
BROWNIE MIX

HOTSALE!
MVP
2.79
EA

W/O MVP Card \$4.49 EA



5 Lb.
Select Varieties
SOUTHERN
BISCUIT
FLOUR

MVP PRICED LOW EVERY DAY
3.99
EA

W/O MVP Card \$4.89 EA



8-12 Oz.
Select Varieties
HERSHEY'S
BAKING
CHIPS

MVP PRICED LOW EVERY DAY
3.69
EA

W/O MVP Card \$4.29 EA



10.8-21 Oz.
Select Varieties
BETTY CROCKER
COOKIE MIX
POUCH

MVP PRICED LOW EVERY DAY
2/\$6

W/O MVP Card \$3.69 EA



*Bake the
holidays bright!*

Christmas Tree Brownies

Peppermint Mocha
Mini Cookie Cups

Find these holiday recipes and
more at foodlion.com

'Tis the *season*
for *sweet deals!*

26 Oz.
PILLSBURY
SOFTASILK
CAKE FLOUR

HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.79 EA



MVP PRICED LOW
EVERY DAY ✓
5/\$5
W/O MVP Card \$1.29 EA

3.25-4 Oz.
SNACK PIES
IN THE BAKERY

10-10.5 Oz.
**FOOD LION
MINI
BROWNIES**
IN THE BAKERY

HOTSALE!
MVP
4.49
EA
W/O MVP Card \$4.99 EA



HOTSALE!
MVP
4.49
EA
W/O MVP Card \$6.49 EA

10.1 Oz
Select Varieties
**HERSHEY'S
RED & GREEN
KISSES**
**WHILE SUPPLIES
LAST!**



PRICED LOW
EVERY DAY ✓
99¢
EA

8 Oz.
Select Varieties
**FOOD LION
WHIPPED
TOPPING**

14 Oz.
Select Varieties
**FOOD LION RED
MARASCHINO
CHERRIES**

HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.89 EA



HOTSALE!
MVP
2/\$5
W/O MVP Card \$3.19 EA

4-6 Oz.
Select Varieties
**KEEBLER
PIE CRUST**

13 Oz.
Select Varieties
**FOOD LION
OR LIMITED
TIME ORIGINALS
WHIPPED
TOPPING**

HOTSALE!
MVP
2.99
EA
W/O MVP Card Regular Retail



Complete your *holiday* feast with *flavor!*



6 Oz.
Select Varieties
**KRAFT
STOVE TOP
STUFFING**

HOTSALE!
MVP
2/\$4
W/O MVP Card \$3.48 EA



5 Lb.
**PILLSBURY
FLOUR**

HOTSALE!
MVP
3⁴⁹_{EA}
W/O MVP Card \$4.89 EA



16 Oz.
**FOOD LION
BRUSSELS
SPROUTS**

HOTSALE!
MVP
2⁴⁹_{EA}
W/O MVP Card \$3.29 EA



.75-1.37 Oz.
Select Varieties
**MCCORMICK
GRAVY MIX**

HOTSALE!
MVP
4/\$5
W/O MVP Card \$1.79 EA



**mac & cheese
DELUXE**

**PRICED LOW
EVERY DAY** ✓
MVP
2/\$6
W/O MVP Card \$3.69 EA

9.4-14 Oz.
Select Varieties
**KRAFT
DELUXE OR
VELVEETA
SHELLS & CHEESE**



**ITALIAN
BREAD
IN THE
BAKERY**

HOTSALE!
MVP
1⁴⁹_{EA}
W/O MVP Card \$2.29 EA

14 Oz.
Select Varieties
**FOOD LION
CRANBERRY
SAUCE**

HOTSALE!
MVP
2/\$3
W/O MVP Card \$1.89 EA



2 Liter
Select Varieties
**FOOD LION
SODA**

**PRICED LOW
EVERY DAY** ✓
\$1_{EA}

