



Hothouse
Tomatoes

Product of Canada

SUPER DEAL!
\$1.49
/lb

Parsnips

Product of Canada

\$2.99
/1 lb bag

Cauliflower

Product of USA

\$2.99
/ea

Zucchini

Product of Mexico

99¢
/lb

Bartlett Pears

Product of USA

\$1.29
/lb

Vanilla
Persimmons

Product of Spain

\$1.29
/ea

10 lb
PEI Potatoes

Product of Canada

\$3.99
/bag

Cortland Apples

Product of Canada

99¢
/lb

Little Bear Curly or
Italian Parsley

Product of USA

\$1.29
/ea

Large Golden
Pineapples

Product of Costa Rica

\$2.99
/ea

Blueberries

Product of Peru

\$2.99
/170g

CHECK IT OUT!
MAKE IT
TONIGHT!
RECIPE
BELOW
producepot.ca

WHAT'S FOR DINNER?



Enjoy the
recipe online!

Warm Blueberry Bread

Ingredients

- ¾ cup packed brown sugar
- ¾ cup skim milk
- ¼ cup applesauce
- ¼ cup canola oil
- 2 large eggs
- 1 cup all-purpose flour
- 1¼ cups whole wheat flour
- 1 cup rolled oats
- 3 tsp baking powder
- 1½ tsp ground cinnamon
- ¼ tsp sea salt
- 1¼ cups fresh blueberries
- 1 cup chopped walnuts or almonds (optional)

Instructions

Preheat the oven to 350°F and lightly grease the bottom of an 8- or 9-inch loaf pan. In a large bowl, beat together the sugar, milk, applesauce, oil, and eggs until smooth. Add the remaining dry ingredients (except the blueberries) and mix until combined, then gently fold in the blueberries. Pour the batter into the prepared pan and spread evenly. Bake for 45–55 minutes, or until a toothpick inserted into the centre comes out clean. Let the loaf cool in the pan for 10 minutes, then remove and transfer to a wire rack to cool completely.

The Twelve
Daily Deals
OF CHRISTMAS

STARTING DECEMBER 13TH!



SPECIALS IN EFFECT DEC 10 – DEC 16, 2025
We reserve the right to limit quantities. Products not exactly as shown. While quantities last.

BANK ST. LOCATION: 2446 Bank & Hunt Club | 613.521.9653
MON TO FRI: 8AM – 8PM SAT: 8AM – 7PM SUN: 8AM – 6PM
CARLING LOCATION: 1855 Carling @ Maitland | 613.722.6106
MON TO SAT: 8AM – 7PM SUN: 8AM – 6PM



BUTCHER

Pepper Steaks



Fresh Pork
Back Ribs

Fresh Medium
Ground Beef



SEAFOOD

Fresh Wild Caught
BC Snapper Fillets



Fresh Whole
Rainbow Trout

Wild Caught
Whole Squid



DELI



Maple Leaf
Natural Selections
Black Forest Ham

\$1.69
/100g



Castello
Double Cream
Brie Cheese

\$2.69
/100g



Brandt
Kolbassa Loaf

\$1.79
/100g

GROCERY



Betty
Homestyle Bread
White or Whole Wheat

\$2.99
/600g



Beatrice
Chocolate Milk

\$2.49
/L



Black Diamond
Cheese Shreds
Assorted Varieties

\$5.99
/320g



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