

Shop our *best deals*
this week!

HOTSALE!

MVP

5.99

LB

U.S.D.A. CHOICE

Boneless
BEEF CHUCK
ROAST

W/O MVP Card \$9.49 LB

YOU SAVE

\$3.50

LB

HOTSALE!

MVP

25% OFF

W/O MVP Card Regular Retail

Nature's Promise

All Natural - All Varieties
NATURE'S
PROMISE
MEAT & SEAFOOD

HOTSALE!

MVP

1.29

LB

Limit 2

W/O MVP Card \$2.29 LB

Pork
WHOLE
BOSTON
BUTT

HOTSALE!

MVP

7.99

EA

W/O MVP Card \$10.99 EA

31-40 Ct.
16 Oz. Bag - Frozen
FOOD LION
RAW SHRIMP
PEELED AND
DEVEINED TAIL-OFF

YOU SAVE

\$3.58

ON 2

HOTSALE!

MVP

2/\$4

Pint
BLUEBERRIES

W/O MVP Card \$3.79 EA

4 Oz. - Select Varieties
NATURE'S
PROMISE
GREENHOUSE
GROWN SALADS

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$2.99 EA

8 Pack
12 Oz. Bottles
or 12 Pack
12 Oz. Cans
Select Varieties
PEPSI
PRODUCTS
LIMIT 4 FREE

HOTSALE!

MVP

1.49

EA

W/O MVP Card \$2.99 EA

14 Oz.
FOOD LION
MINI CUCUMBERS

HOTSALE!

MVP

59¢

EA

W/O MVP Card \$94 EA

Large
GREEN PEPPERS

6.88-20 Oz.
Select Varieties
THOMAS BAGELS
OR ENTENMANN'S
LITTLE BITES
MUFFINS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

13.25-14.25 Oz.
Select Varieties
BETTY
CROCKER
SUPER MOIST
CAKE MIX

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$1.99 EA

28 Oz.
Made Hot In-Store
TRADITIONAL
ROTISSERIE
CHICKEN
IN THE DELI

HOTSALE!

MVP

4.99

EA

W/O MVP Card \$6.99 EA

5.75-12.4 Oz.
Select Varieties
CHEEZ-IT
OR CHEEZ-IT
SNAP'D
LIMIT 4 FREE

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.99 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS
OR FRITOS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.49 EA
Single Item Half Price

52 Oz.
Select Varieties
FLORIDA'S
NATURAL
ORANGE JUICE

HOTSALE!

MVP

2/\$6

W/O MVP Card \$4.49 EA

15 Oz.
Select Varieties
Quarters or Cubes
CHALLENGE
OR DANISH
CREAMERY
BUTTER
QUARTERS

HOTSALE!

MVP

3.99

EA

W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

48 Oz.
Select Varieties
BREYERS
ICE CREAM

HOT SALE!

MVP

3.49

EA

W/O MVP Card \$5.19 EA

8.4-12.1 Oz.
Select Varieties
QUAKER
INSTANT
OATMEAL

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.49 EA

4.7-8.7 Oz.
Select Varieties
HAMBURGER
HELPER

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$2.99 EA

75-110 Oz. Liquid
or 32-42 Ct. Paks
Select Varieties
ARM &
HAMMER

HOTSALE!

MVP

6.99

EA

W/O MVP Card Regular Retail

MVP

3 DAY
HOTSALE!

FRIDAY - SUNDAY

HOTSALE!

MVP

2.99

EA

W/O MVP Card Regular Retail

7-9 Oz. Pkg.
Select Varieties
OSCAR MAYER
DELI FRESH
LUNCH MEAT

REST OF WEEK \$3.49 EA

MVP

10-11 Oz. - Select Varieties
POST PEBBLES
CEREAL

HOTSALE!

MVP

1.79

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA

MVP

7-8 Oz. - Select Varieties
TILLAMOOK
SLICED OR
SHREDDED
CHEESE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.29 EA

REST OF WEEK 2/\$7

MVP

8.25-18 Oz. - Select Varieties
FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS

HOTSALE!

MVP

2.99

EA

Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA

20 Oz.
WONDER CLASSIC
WHITE ROUND
TOP BREAD

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$4.99 EA
Single Item Half Price
Off Regular Retail

REST OF WEEK \$2.99 EA

MVP

6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties

HOTSALE!

MVP

5.99

EA

W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA

MVP

PRICED LOW EVERY DAY

ON ITEMS YOU BUY MOST OFTEN

&

FOOD LION MVP

HOTSALE!

OUR BEST WEEKLY MVP DEALS

1 ZDPH ZDSA ZMBA ZMBT ZMSA ZMWA ZMWK ZPAL ZPHA 12/03/25

Helping you fill the dinner table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!

MVP

5.99
LB

Ground Fresh Daily

**80% LEAN
FRESH
GROUND CHUCK**

W/O MVP Card Regular Retail



23 Oz. Pkg.
All Varieties
**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOT SALE!

**BOGO
FREE**

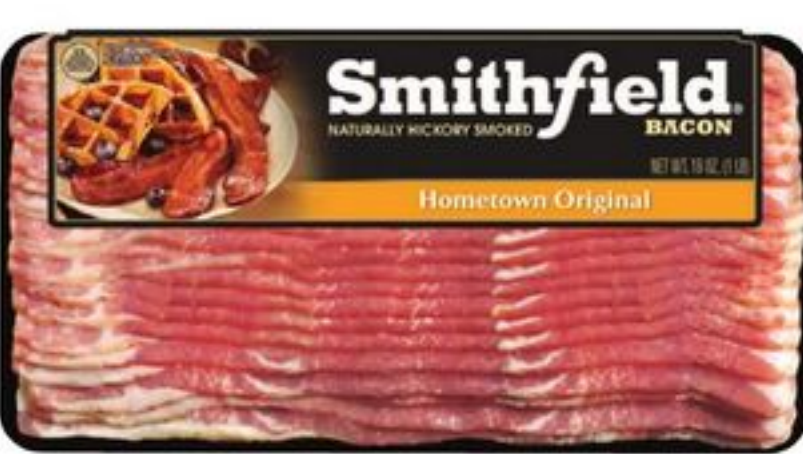
W/O MVP Card Regular Price
Single Item Half Price



HOTSALE!
MVP
349
LB
W/O MVP Card Regular Re



HOTSALE!
MVP
1.89
LB
W/O MVP Card Regular Rate



12-16 Oz. Pkg. - Select Varieties
SMITHFIELD BACON

HOT SALE!
MVP
4.99
EA

W/O MVP Card Regular Retail



5-6 Oz. Pkg. - Select Varieties
HORMEL PEPPERONI

MVP **PRICED LOW**
EVERY DAY ✓

3.99
EA

W/O MVP Card Regular Retail



8 Oz. Pkg. - Select Varieties
**SMITHFIELD BONELESS
SLICED QUARTER HAM**

HOT SALE!
MVP
7.99
EA
W/O MVP Card Regular Retail



6 Oz. Pkg. - Select Varieties
JOHN SOULES CHICKEN

HOTSALE!
MVP
**BOGO
FREE**
W/O MVP Card Regular Retail
Single Item Half Price



16 Oz. Pkg.
CURLY'S PULLED PORK

HOT SALE!

MVP

4.99
EA

W/O MVP Card Regular Retail

SUSTAINABLY SOURCED SEAFOOD



99¢
EA
W/O MVP Card Regular Retail

16 Oz. - Fresh
**SALMON
FILLET**



HOT SALE!
MVP
10⁹⁹
EA
W/O MVP Card Regular Retail

40 Oz. Pkg.
Frozen
**FOOD LION
SWAI**



HOT SALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

8 Oz. - Frozen
SHRIMP RING



HOT SALE!
MVP
5.99
EA
W/O MVP Card Regular Retail



HOT SALE!
MVP
7.99
EA
W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Frozen
**CHICKEN
OF THE SEA
COOKED
SHRIMP**

Save on
holiday bites
everyone loves!



HOT SALE!
MVP
348
EA
W/O MVP Card Regular Re

12-14 Oz. Pkg.
Select Varieties
FOOD LION
COCKTAIL SMOKIES



HOT SALE!
MVP
349
LB
W/O MVP Card Regular Re

CHICKEN WINGETTES

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk



18-26 Oz. Pkg.
Frozen
**ROSINA
MEATBALLS**

HOT SALE! **6⁴⁹_{EA}**
W/O MVP Card Regular Retail
MVP Coupon **-1⁰⁰** OFF!

549
EA

MVP W/ MFR. DISCOUNT SAVINGS
LIMIT 1

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$3.49 EA
Single Item Half Price

5 Ct.
TEXAS TOAST



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

12 Ct.
FRUIT BITES



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!
Available in our Deli & Bakery



HOTSALE!
MVP
6.99
EA
W/O MVP Card \$7.99 LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.49 EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA

6 Oz.
Select Varieties
**NEGRONI
ITALIAN
CHUBS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

14-15.8 Oz.
VICOLO PIZZA



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING
Make the holidays *easy*
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

SELECT CATERING TRAYS AND PLATTERS

LARGE GARDEN VEGETABLE PLATTER



CHICKEN TENDER TRAY



SIGNATURE SANDWICH PLATTER



LARGE MINI SANDWICH PLATTER



CHICKEN WING TRAY





Place your order at the deli counter or scan the QR code to order online.



Bring joy
to a family's table when you
buy a holiday box



FOOD LION FEEDS

November 5 - December 9, 2025
Your purchase will be donated to your local food bank.

FOOD LION FEEDS | **FEEDING AMERICA**

*Food Lion will donate monetary donations made at checkout in-store or online to Feeding America®. \$1.00 helps provide at least 10 meals secured by Feeding America on behalf of local member food banks. Each box purchased will be donated to local food banks within Food Lion's 10-state footprint. Funds raised could go to support Feeding America® programs that benefit local families. [foodlion.com/feeds](https://www.foodlion.com/feeds)

Baked in
fresh flavor!

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler



PRICED LOW
EVERY DAY ✓
3.49
EA

16 Oz.
Select Varieties
**FOOD LION
BUTTER
QUARTERS**



HOTSALE!
MVP
2/\$4

8-12.4 Oz.
Select Varieties
**FOOD LION
CRESCENT OR
CINNAMON
ROLLS**



2.37 Oz.
**FOOD LION
CINNAMON**
HOTSALE!
MVP
2.49
EA



PRICED LOW
EVERY DAY ✓
2.99
EA

48 Oz.
Select Varieties
**FOOD LION
ICE CREAM**



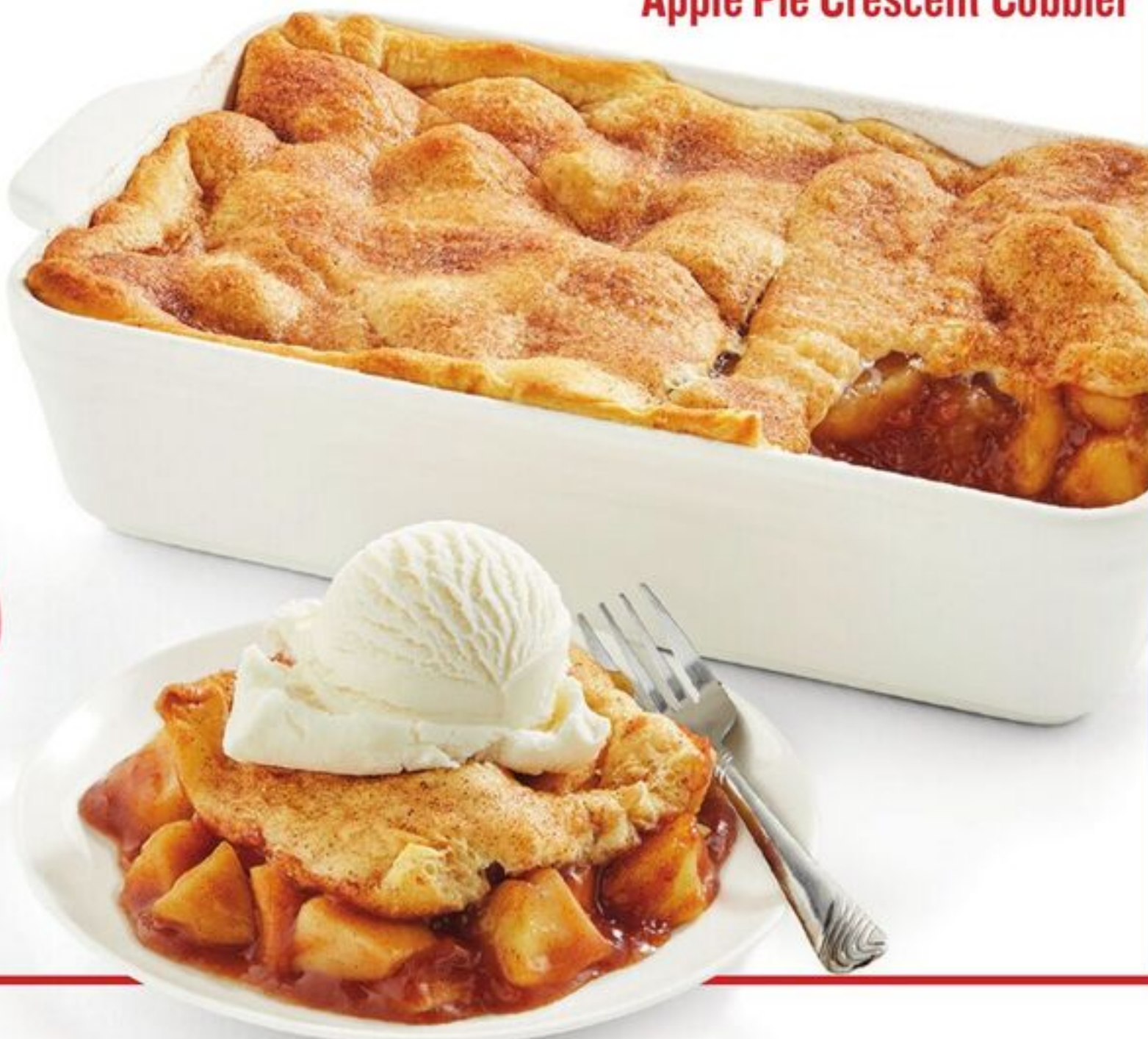
HOTSALE!
MVP
1.79
EA

16 Oz.
Select Varieties
**FOOD LION
BAKING
SUGARS**



HOTSALE!
MVP
1.29
LB

Tote Bag
GALA APPLES



PRICED LOW ✓ EVERY DAY

8 Oz.
Select Varieties
**FOOD LION
MUSHROOMS**
2.69
EA



4.10-5.7 Oz.
Select Varieties
**KNORR
PASTA OR
RICE SIDES**
HOTSALE!
MVP
4/\$5



15-16 Oz.
Select Varieties
**HUNT'S
MANWICH**
HOTSALE!
MVP
1.19
EA



12 Oz.
**FOOD LION
VANILLA
WAFERS**
HOTSALE!
MVP
2/\$4



24 Oz.
Select Varieties
**WESSON
VEGETABLE OR
CANOLA OIL**
HOTSALE!
MVP
2.89
EA



2.12-3.5 Oz.
Select Varieties
**MCCORMICK
GRILL MATES
SEASONING**
HOTSALE!
MVP
2.19
EA



16 Oz.
Select Varieties
**TEDDIE
NATURAL
PEANUT BUTTER**
HOTSALE!
MVP
2.99
EA



8-16 Oz.
Select Varieties
**UTZ
PRETZELS**
HOTSALE!
MVP
2/\$6



HOTSALE!
MVP
2/\$5



6 Pack
Select Varieties
**WHITE HOUSE
APPLE SAUCE**

HOTSALE!
MVP
4/\$5



11-20 Oz.
Select Varieties
**PEPPERIDGE FARM
DINNER ROLLS,
BREAD OR BUNS**
HOTSALE!
MVP
3.99
EA



HOTSALE!
MVP
3.99
EA



HOTSALE!
MVP
2/\$4



16 Oz.
Select Varieties
**AL BRONZO
PASTA**

HOTSALE!
MVP
2/\$3



14 Oz.
**LA BANDERITA
TOTOPOS
TORTILLA CHIPS**
HOTSALE!
MVP
2/\$6



3.5-13.7 Oz.
Select Varieties
**NABISCO RITZ
OR SNACK
CRACKERS**
HOTSALE!
MVP
3.99
EA



23.9-24 Oz.
Select Varieties
**RAGÙ
PASTA SAUCE**
HOTSALE!
MVP
2/\$5



6.5-8 Oz.
Select Varieties
**CAPE COD
POTATO CHIPS**
LIMIT 4 FREE
HOTSALE!
MVP
**BOGO
FREE**



6-10.7 Oz. - Select Varieties
**LITTLE DEBBIE
HOLIDAY CAKES OR
CHRISTMAS COFFEE
CREAMER**
HOTSALE!
MVP
2/\$6



16 Oz.
Select Varieties
RAO'S SOUP
HOT SALE!
MVP
3.99
EA



30 Oz.
Select Varieties
**KRAFT
MAYONNAISE**
HOTSALE!
MVP
3.99
EA



4 Pack
Select Varieties
**GOGO SQUEEZ
ACTIVE**
HOTSALE!
MVP
3.49
EA



HOTSALE!
MVP
5.49
EA



4.6 Oz.
Select Varieties
**FERRERO
COLLECTION
12 PIECE
GIFT BOX**
WHILE
SUPPLIES LAST!

14 Oz. - Select Varieties
**BLUE DIAMOND
ALMONDS
AND MORE**
HOT SALE!
MVP
8.99
EA



14 Oz. - Select Varieties
**BLUE DIAMOND
ALMONDS
AND MORE**
HOT SALE!
MVP
6.99
EA

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

PRICED LOW EVERY DAY

379 EA

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

Fanta

Coca-Cola

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

7-UP

Canada Dry

HOTSALE!

BOGO FREE

6 Pack 16-16.9 Oz. Bottles Select Varieties
7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

Celsius

HOTSALE!

2/\$4

12 Oz. Select Varieties CELSIUS

DASANI

PRICED LOW EVERY DAY

479 EA

24 Pack 16.9 Oz. Bottles
DASANI WATER

STUR

HOTSALE!

2/\$6

16.2 Oz. Select Varieties
STUR LIQUID WATER ENHANCER

Clearly Canadian

HOTSALE!

2/\$4

11 Oz. Select Varieties
CLEARLY CANADIAN SPARKLING WATER

Welch's

HOTSALE!

2/\$7

25.4 Oz. Select Varieties
WELCH'S SPARKLING JUICE

Food Lion Mountain Dew

PRICED LOW EVERY DAY

449 EA

12 Pack - 12 Oz. Cans Select Varieties
FOOD LION SODA

S.Pellegrino

HOTSALE!

2/\$4

1 Liter Bottle
S.PELLEGRINO SPARKLING WATER

Poppi

HOTSALE!

2/\$4

12 Oz. Select Varieties
POPPI PREBIOTIC SODA

Zevia

HOTSALE!

4.99 EA

6 Pack - 12 Oz. Cans Select Varieties
ZEVIA

CAREone

A FOOD LION private brand

Get relief for less with our brand of affordable healthcare products.

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

CAREone Tussin DM

HOTSALE!

2.99 EA

4 Oz. Select Varieties
CAREONE TUSSIN DM

CAREone Nighttime Cold & Flu

HOTSALE!

5.99 EA

12 Oz. Select Varieties
CAREONE NIGHTTIME COLD & FLU

CAREone Children's Cold & Cough

HOTSALE!

4.99 EA

4 Oz. Select Varieties
CAREONE CHILDREN'S COLD & COUGH

CAREone Cold & Flu Severe Caplets

HOTSALE!

3.49 EA

24 Ct. Varieties
CAREONE COLD & FLU SEVERE CAPLETS

CAREone Cold + Flu Severe

HOTSALE!

4.49 EA

3.53 Oz. Select Varieties
CAREONE MEDICATED CHEST RUB

CAREone Medicated Chest Rub

HOTSALE!

9.99 EA

1 Ct. Select Varieties
CAREONE 8-SECOND DIGITAL THERMOMETER

DAIRY



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
LAND O LAKES
BUTTER OR
MARGARINE

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES

HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT

HOTSALE!
MVP

2.99
EA

W/O MVP Card \$3.99 EA

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT

HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES

HOTSALE!
MVP

2/\$3
EA

W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

28-32 Oz. - Select Varieties

STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
MVP

4.49
EA

W/O MVP Card Regular Retail



FROZEN

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES

HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS

HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS

HOTSALE!
MVP

5.99
EA

W/O MVP Card \$6.99 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA

HOTSALE!
MVP

4.99
EA

W/O MVP Card \$6.99 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA

HOTSALE!
MVP

7.99
EA

W/O MVP Card \$9.29 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS

HOTSALE!
MVP

1
EA

W/O MVP Card \$1.88 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES

HOTSALE!
MVP

12.99
EA

W/O MVP Card \$15.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

1.99
EA

W/O MVP Card Regular Retail

22-6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HOTSALE!
MVP

4.28
EA

W/O MVP Card Regular Retail

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22-6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

BREAKFAST

HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

HOTSALE!
MVP

4.28
EA

W/O MVP Card Regular Retail

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22-6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm Value Pack

MVP

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 CL.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7⁹⁹
EA

W/O MVP Card \$8.99 EA

6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8⁹⁹
EA

W/O MVP Card \$9.99 EA

12 Oz.
Select Varieties

**CERA
CLEANSER OR
LOTION**

HOTSALE!
(MVP)

13⁶⁹
EA

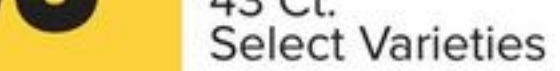
W/O MVP Card \$15.99 EA







HOUSE & HOME



HOTSALE!
MVP

6⁹⁹
EA

W/O MVP Card \$8.99 EA

16 Oz. Select Varieties

DAWN[®] POWERWASH



80-100 Ct. Sheets or 18 Oz. Booster

Select Varieties

ARM & HAMMER



43 Ct. Select Varieties

FOOD LION[®] FISH PODS

HOTSALE!
MVP

4⁹⁹
EA

W/O MVP Card \$5.59 EA

HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

BABY

- PET

NEW ITEM CENTER

17.60 Oz. Select Varieties
CRISO
PASTA
HOTSALE!
1⁹⁹
W/O MVP Card \$2.49 EA

3.7 Oz.
FERRERO ROCHER
CHOCOLATE
SQUARES
ASSORTED
HOTSALE!
4⁴⁹
W/O MVP Card \$5.79 EA

4 Pack - 12 Oz. Cans
Select Varieties
OLIPOPO
FLAVORFUL
SODA
HOTSALE!
6⁹⁹
W/O MVP Card \$8.99 EA

2.3 Ct. - Medium
RUBBERMAID
EASY STORE
ROUND OR
RECTANGLE
CONTAINERS
HOTSALE!
BOGO
FREE
W/O MVP Card \$10.99 EA
Single Item Retail Price

60 Ct.
Select Varieties
BOUNCE
DRYER SHEETS
HOTSALE!
9⁹⁹
W/O MVP Card \$10.99 EA

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

HOT SALE! 2/\$14
W/ MVP Card \$7.99 EA

MVP Coupon -5.00 OFF

2/\$9.99
W/ MVP DISCOUNT SAVINGS LIMIT 1

22 Oz. Body Wash Select Varieties
OLAY

15.99 EA

MVP Coupon -4.00 OFF

11.99 EA
W/ MVP DISCOUNT SAVINGS LIMIT 1

24 Oz. Select Varieties
DOWNY UNSTOPPABLES

PRICED LOW EVERY DAY! 19.99 EA
W/ MVP Card \$24.99 EA

MVP Coupon -5.00 OFF

14.99 EA
W/ MVP DISCOUNT SAVINGS LIMIT 1

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



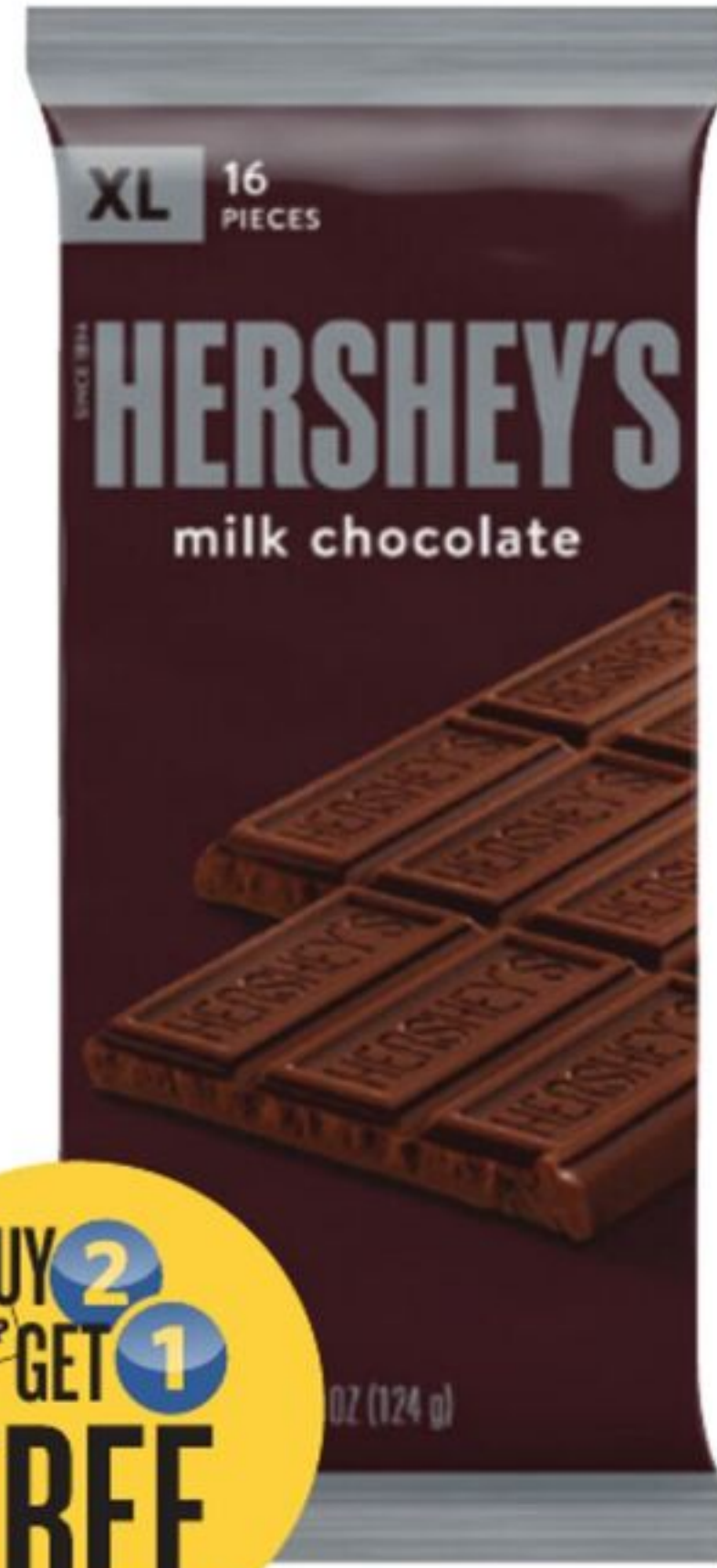
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

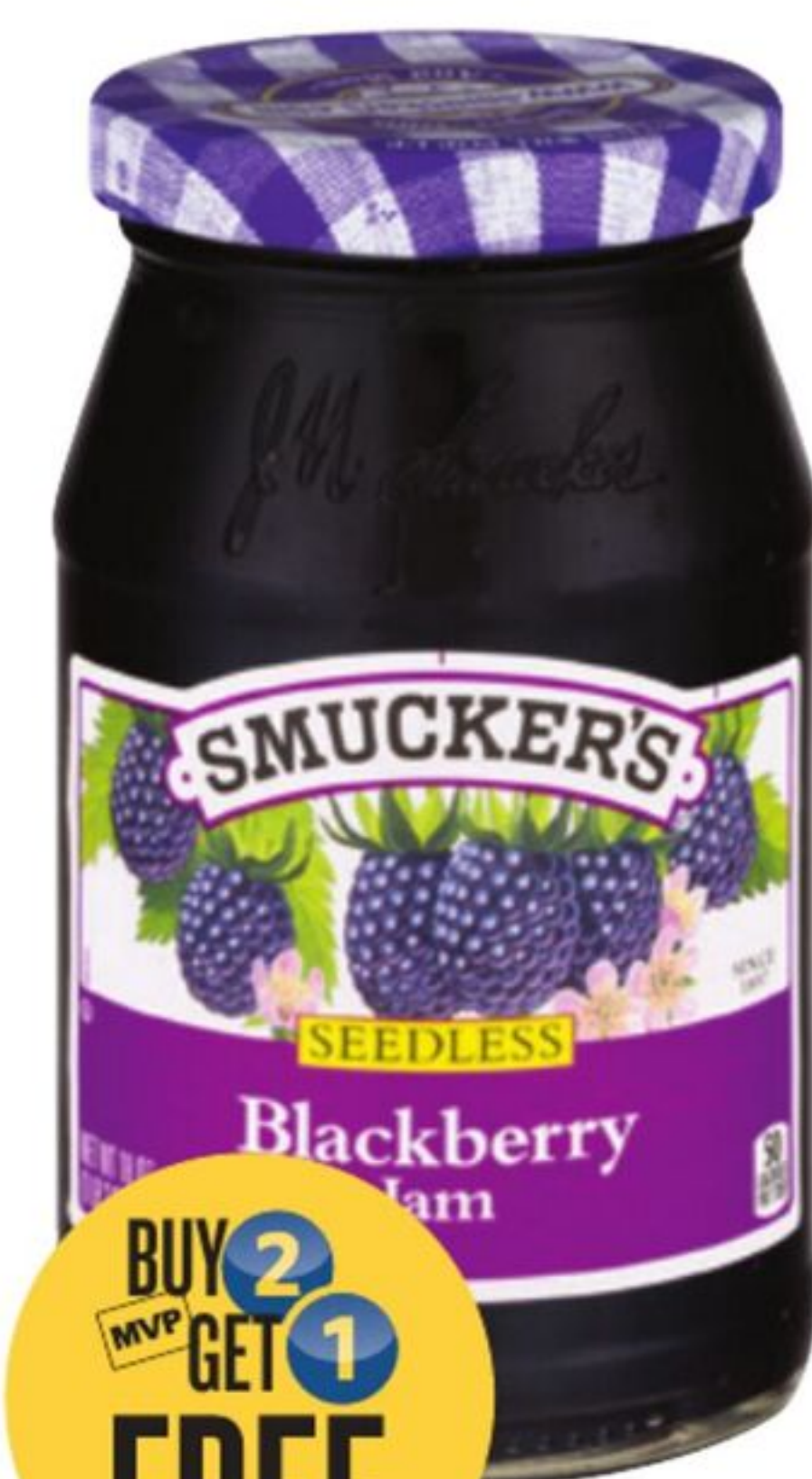
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!