

SPROUTS[®]
FARMERS MARKET

THE BEST HOLIDAY MAIN COURSES & MEALS,

ACCORDING TO EVERY LAST BITE.

PRE ORDER



THE BEST ORGANIC BAKING STAPLES

ACCORDING TO EVERY SWEET TOOTH!



SPROUTS
FARMERS MARKET

PIE-PERFECT **ORGANIC** APPLES

Organic
Honeycrisp
Apples

\$2.98 /LB.



Sprouts Gourmet
Uncured Half
Spiral Sliced Ham

NO
ANTIBIOTICS,
EVER

\$4.49 /LB.

Limit 2 per customer
While supplies last

THE
BEST
HOLIDAY HAM
ACCORDING TO EVERYONE
SKIPPING TURKEY!

Organic
Blackberries 5.6oz.,
Blueberries 11oz. or
Raspberries 6oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Medium Hass
Avocados
5ct. Bag



\$5.98 /EA.

Taylor Farms
Chopped Salad Kits

Select varieties,
10.65-13.2 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Happy Egg Organic
Free-Range Eggs

Large, brown,
grade A, doz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts Organic
Pasture-Raised Butter

Select varieties, 16 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts
Organic Broth

Select varieties,
32 fl. oz.



2 FOR \$5

Goodness Grazecious Grass-Fed Organic 85% Lean Ground Beef

No antibiotics or added hormones, 48 oz.



\$8.49/LB.
Value pack

Sprouts All-Natural EZ Peel Raw Shrimp

Chemical-free 13/15 ct. or 16/20 ct. Frozen, sold in a 2 lb. bag.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Premium Angus Boneless Beef Chuck Roast



\$7.99/LB.

Sprouts All-Natural Pork Ribs Baby Back or St. Louis Style

No added hormones or steroids! Previously frozen



NO ANTIBIOTICS. EVER

Discount taken at register

BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Sprouts Organic Chicken Breasts

Air-chilled, boneless skinless, raised without antibiotics or added hormones!



\$7.99/LB.
Value pack

Sprouts Boneless Skinless Chicken Thighs or Thin Sliced Breasts

Air-chilled, no added hormones or steroids!



NO ANTIBIOTICS. EVER

\$4.99/LB.
Value pack

Beyond Meat Plant-Based Ground

No soy, no added hormones or antibiotics, frozen, 16 oz.



\$7.99/EA.

Colossal Phosphate-Free Cooked Shrimp

16/20 ct. Farm-raised, previously frozen



\$10.99/LB.
Also available in a 2 lb. bag

Copper River Wild Sockeye Salmon

Wild caught in the pristine Alaska waters, frozen



Wild, Natural & Sustainable



WILD CAUGHT FAVORITE

\$15.99/LB.

Wild Ahi Tuna or Swordfish Steaks Plain or Marinated

Great on the grill! Previously frozen



WILD CAUGHT FAVORITE

\$9.99/LB.

The Spice Hunter
Dip Mixes, Seasonings
or Spices

Select varieties,
0.14-3.3 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Fresh Baked Cookies

Select varieties, 12 ct.



2 FOR \$10

Applegate Naturals
Frozen Chicken Tenders,
Nuggets or Bites

Select varieties, 16 oz.



\$10.99 /EA.

Stahlbush
Island Farms
Frozen Vegetables

Select varieties, 10 oz.



2 FOR \$6

Milton's Frozen
Cauliflower Crust Pizza
or Urban Pie Frozen
Roman Style Pinzza

Select varieties, 10-16.35 oz.



\$9.99 /EA.

Sprouts
Organic Nuts

Select varieties,
10-12 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts Organic
Pumpkin or
Sunflower Seeds

Select varieties,
12 or 16 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Javvy Coffee
Concentrates

Select varieties,
6 fl. oz.



\$22.99 /EA.

Sprouts
Handmade Pita Chips

Select varieties, 6 oz.



\$4.49 /EA.

Bitchin' Sauce
Dips

Select varieties,
7-8 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts
Seasonal Wellness
Support

Select varieties
and sizes



20% OFF
regular retail

THE BEST Holiday Spread.

ACCORDING TO EVERY "YOU MADE THIS?"



Sprouts
Uncured Spiral Sliced
Quarter Hams
No sugar added or with glaze

\$5.99 /LB.

Limit 2 per customer
While supplies last

NO
ANTIBIOTICS,
EVER



Premium Angus
Presidential Cut
Bone-In Standing
Beef Rib Roast

\$12.99 /LB.



Aqua Star Wild Southern
King Crab Legs & Claws
Frozen, just thaw and eat, 1 lb.

WILD CAUGHT
FAVORITE



\$34.99 /EA.

Wild Large
Snow Crab
Legs & Claws
Fully cooked, frozen

WILD CAUGHT
FAVORITE



\$12.99 /LB.

Sprouts
Sliced Bacon
Uncured hickory or
no sugar applewood,
prepackaged, 10 oz.

NO
ANTIBIOTICS,
EVER



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

GF

Swaggerty's Farm
All Items



GF

2 FOR \$10

Sprouts
Organic Bulk Coffee
Select varieties



\$16.99 /LB.

All Wrapped Up
Bouquet



\$15.99 /EA.
Everyday low price

Deluxe
Holiday
Bouquet



\$24.99 /EA.
Everyday low price

Halos Organic
Seedless Mandarins
3lb. Bag



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Navel Oranges
3lb. Bag



\$4.98 /EA.

Organic
Red Mangos



3 FOR \$5

POM Wonderful
Pomegranates



2 FOR \$5

Driscoll's
Sweetest Batch
Blueberries
11oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Mighties
Organic Red Kiwi
1lb. Package



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sunset
Sugar Bomb or Flavor Bomb
Cherry Tomatoes
12oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Taylor Farms
Teriyaki or Ginger Garlic
Stir Fry Kits
12.5 or 14oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Red, Orange or Gold
Bell Peppers



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Red or Yellow Onions



4 LBS. FOR \$5

Organic
Golden Beet
Bunches



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Bunched Broccoli



\$2.48 /LB.

Ethel's Baking Co.
Gluten-Free Cookies
Select varieties, 7.4-9 oz.



2 FOR \$10

Sprouts Organic Artisan
Sourdough or Ciabatta Bread
14 oz.



2 FOR \$10

ROASTED IN-STORE

HEAT. EAT. ENJOY.

Easy mealtime wins.

ORDER NOW

RESPONSIBLY SOURCED

Panera Bread
Soup
Select varieties, 32 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Stacy's
Pita Chips
Select varieties, 7.33 oz.



20% OFF
regular retail

Tucson Tamale
Frozen Tamales
Select varieties, 5 oz.



2 FOR \$6

Sprouts
Holiday Sides
Select varieties,
14-32 oz.



\$1 OFF
regular retail

Boursin
Spreadable
Gourmet Cheese
Select varieties,
5.2-5.3 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Rise & Puff Frozen
Gourmet Quesadillas
Select varieties, 3.2-5 oz.



2 FOR \$7

MARTONE STREET

**NEW & EXCLUSIVELY
AT SPROUTS**



Savor
finely crafted
tomato sauces
by celebrity chef
Scott Conant.



SIGNATURE
POMODORO



ARRABIATA



CAMPAGNA
MARINARA



MEDITERRANEAN
STYLE

Guittard Baking Chips or Chocolate Bars, Powders or Wafers

Select varieties, 6-12 oz.



15% OFF
regular retail

Birch Benders Baking or Pancake Mixes or Arrowhead Mills Pancake Mixes or Flour

Select varieties, 12-80 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Sprouts Cookies, Coconut Rolls, Wafers or Crackers

Select varieties, 3-16 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Miss Jones Frosting or Baking Mixes

Select varieties, 10.57-15.87 oz.



2 FOR \$10

Bonne Maman Fruit Spread, Curd, Jelly, Marmalade or Preserves

Select varieties, 11.8-13 oz.



\$5.99 /EA.

Boulder Canyon Avocado Oil Tortilla or Potato Chips

Select varieties,
8 or 10 oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Poppi Prebiotic Soda

Select varieties,
4 pk., 12 fl. oz.



\$6.99 /EA.

Sprouts Olives, Peppers or Pickles

Select varieties and sizes



20% OFF
regular retail

Loisa All Items



20% OFF
regular retail

Sprouts Dates
Select varieties, 12 oz.



SAVE on a
Sweet Dose
of Fiber!

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

STOCK SMART

GO **BIG** ON BULK

Shop everything you love in quantities you need.

Dark or Milk Chocolate
Raisins



\$9.99 /LB.
Everyday low price

Purely Elizabeth
Bulk Granola
Select varieties



85% Cocoa Colombian
Dark Chocolate



\$19.99 /LB.
Everyday low price

\$9.99 /LB.

SLEIGH & SAVE

BUY ONE, GET ONE

FREE

Holiday Gifts & Body Care

December 10th–16th

SHOP NOW



*Of equal or lesser value.
Select items only.
Product selections & availability
may vary by state.

Beekeeper's Naturals Seasonal Wellness Support

Select varieties
and sizes



15% OFF
regular retail

Jarrow Formulas Magnesium or B Vitamins

Select varieties,
60-100 count



20% OFF
regular retail

PURE & HONEST BODY CARE

Shop better-for-you
body care essentials

ESSENTIAL 4 SUPPLEMENTS FOR EVERY BODY

MULTIVITAMINS

Nature's Way Alive!
Multivitamins

Select varieties, 50-90 count



20% OFF
regular retail

OMEGA-RICH OILS

Nordic Naturals
Ultimate Omega or
Arctic Cod Liver Oil

Select varieties and sizes

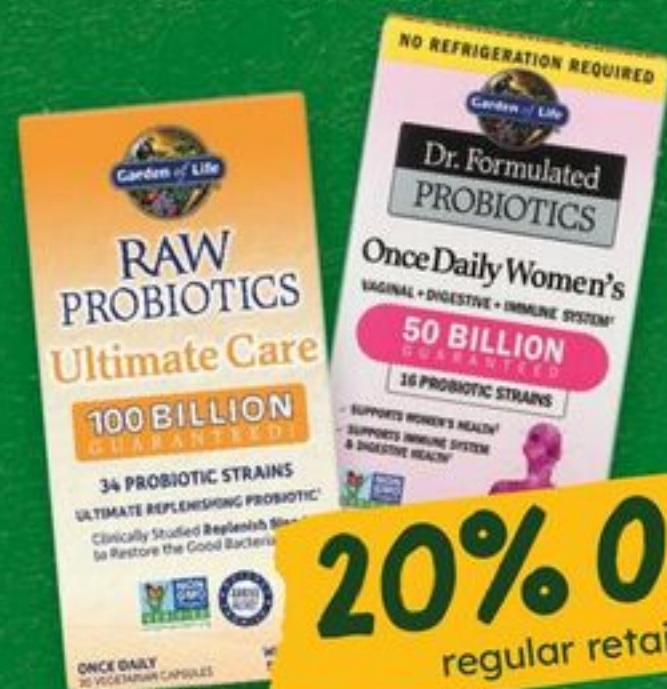


20% OFF
regular retail

PROBIOTICS

Garden of Life Probiotics

Select varieties, 30 v-caps



20% OFF
regular retail

SUPERFOODS

Ancient Nutrition Super Greens

Select varieties, 0.3-8.82 oz.



20% OFF
regular retail

Moisturizers,
Oils or Serums
Select brands, varieties
and sizes



25% OFF
regular retail

Indigo Wild
Zum Bar Soap,
Mist or Lip Balm

Select varieties
and sizes



20% OFF
regular retail

Prices valid December 10-16, 2025

AT ANY OF OUR MEMPHIS AREA LOCATIONS

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

Naturtint
All Items



\$16.99/EA.

SNOW MANY SAVINGS INSIDE!

[VIEW DEALS](#)

SPROUTS[®]
FARMERS MARKET

DEALS OF THE MONTH

DECEMBER 2025



Offers valid December 3rd–30th, 2025 at Sprouts stores, excluding Chula Vista, CA and Sprouts Express on High Street Phoenix, AZ.
Our December Deals of the Month for vitamins and body care products are valid through 12/25/25.

SEE YOU NEXT WEEK!