

Your

GO-TO

for festive feasts.

CANADIAN AND PROUD



1.99

ea.

Raspberries 1 1/2 lb
Blackberries 1 1/2 lb
Blueberries 1 1/2 lb
Mixed 1 1/2 lb



99¢

/lb

Tomatoes on the vine
2 lb bag
Tomatoes en grappe
2 lb bag



1.44

/lb

Large Red Prince Apples
3.75kg (8.25lb) (100% Canadian)
Grossettes pommes Red Prince
3.75kg



2.99

ea.

Bolthouse Fresh
Baby Carrots
2 lb bag



2.99

ea.

Haver
Baby Green Leaf
2 lb bag



3.99

ea.

Lactantia Purifit
2 lb bag



3.99

ea.

Tropicana
Orange Juice
2 lb bag



4.99

ea.

Häagen-Dazs
Ice Cream
1 lb tub



4.99

ea.

Doritos
Tostitos
1 lb bag



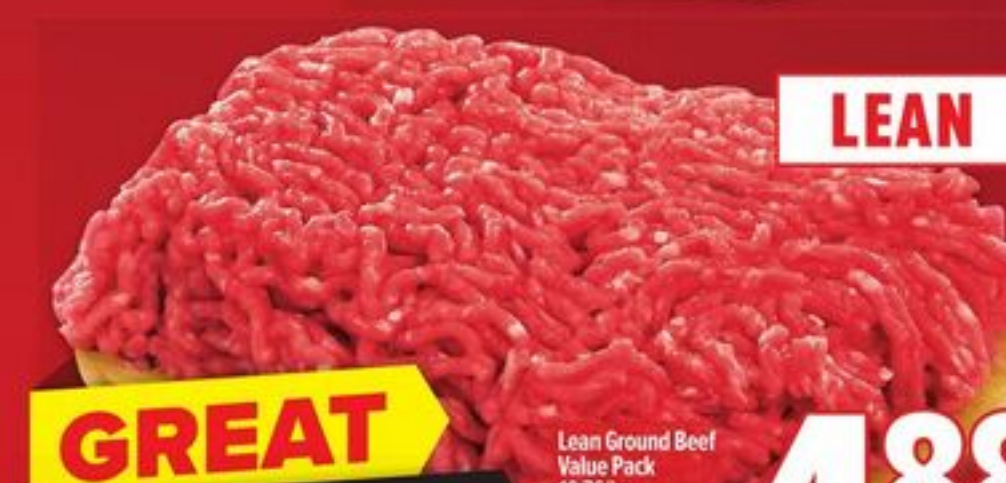
BEST PRICE

IN YEARS

1.49

/lb

Butterball
Frozen Turkey
14 lb



GREAT PRICE!

4.88

/lb

Lean Ground Beef
10.5% fat
10.5% fat

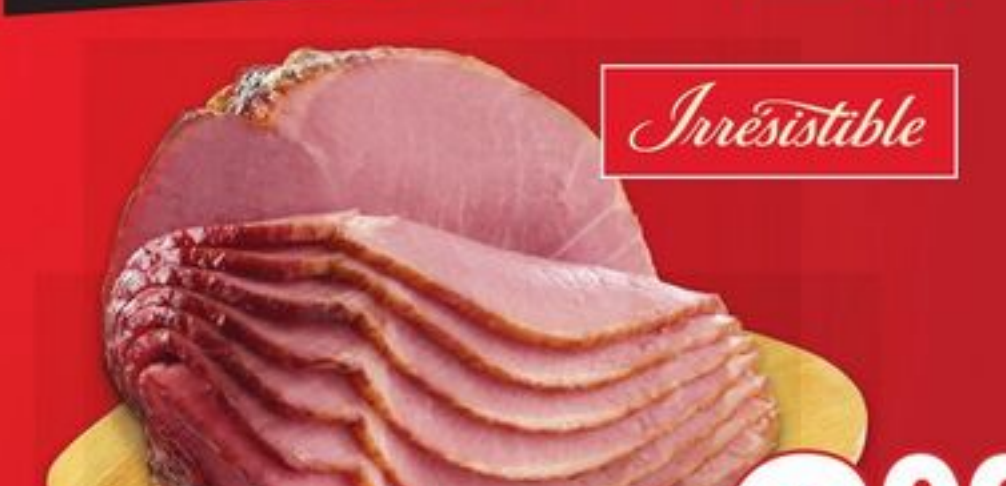


GREAT PRICE!

2.99

/lb

Fresh Chicken Breast
10.5% fat
10.5% fat



3.99

/lb

Irresistible
Spiral Ham
10.5% fat



GREAT PRICE!

4.44

ea.

Tex Mex
Queso
1 lb bag



4.99

ea.

Lactantia
Butter
1 lb tub

HOLIDAY
FESTIVE
FAVOURITES

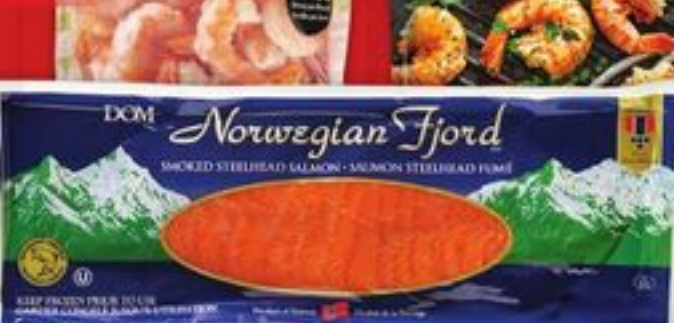


2⁹⁹
/100 g

Assorté de charcuterie
Bœuf, porc, poulet, jambon, saucisson, salami, mortadelle, etc.
Coffret de 10 portions, poids de 100 g par portion. Sélection à l'assortie.
100 g / 3.5 oz



19⁹⁹
ea.



12⁹⁹
ea.



12⁵
ea.

Stove Top Stuffing, French-American or Chai House Gravy
Farce Stove Top, Saucis France-Américain ou Chai House
100 g / 3.5 oz



3⁴⁹
ea.

Ruffles Chips, Doritos or Cheesitos Snacks, Tostitos Tortilla Chips
Crispilles Ruffles, Snacks Doritos ou Cheesitos, Croustilles de Tortillas Tostitos
100 g / 3.5 oz



250
points

15⁹⁹
ea.



Quality Street
Chocolates
100 g / 3.5 oz

\$2
back in
points

Chocolates
Quality Street
100 g / 3.5 oz

\$ New Lower Prices

[illegible]

 Hugoboss Maple Leaf and Chocolate Covered Dainties Hugoboss Maple Leaf and Chocolate Covered Dainties Hugoboss Maple Leaf and Chocolate Covered Dainties Hugoboss Maple Leaf and Chocolate Covered Dainties \$1 BOUQUIN	 Annie's Caramel Macarons 35 points	 Ramen Noodle Soup 799	 Milk Matchbox 699	 Milk Matchbox 700
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Maple Made or Pure Vanilla
Strawberry Cheesecake
Raspberry Cheesecake
Vanilla Caramel

\$2 each
12 oz. box
each

Pillsbury Concentrated
Pancake Mix
Original
Buttermilk

\$1 each
12.5 oz. can
each

Crofter's
Spreadable Butter
Vanilla
Original
Raspberry Cheesecake

\$6.49 each
649g jar
each

Maple Made or Pure Vanilla Butter, Crofter's or Good Good® Good Good®
Butter, Strawberry Cheesecake or Raspberry Cheesecake Butter, Crofter's or Good Good®
Powdered Good Good® Mix or Vanilla, Crofter's or Good Good® Good Good®
Powdered Good Good® Mix or Vanilla, Crofter's or Good Good® Good Good®



3.99
ea.

CELEBRATION
Cakes and Cookies
Assorted Cakes and Cookies
12.5 oz. (354 g) / 12.5 oz. (354 g)
Net Weight
Distributed by: The UPS Store
SKU: 00171 / 158406



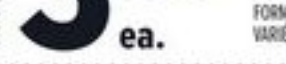
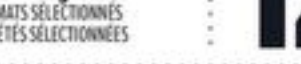
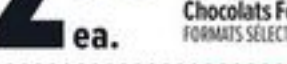
11.99
ea.

Corona Cero
Non-Alcoholic
Beer 12.5 oz. (354 g)
Bottle Case Corona Cero
SKU: 00171 / 158406



7.99
ea.

Molson Pilsener
Non-Alcoholic
Beer 12.5 oz. (354 g)
Bottle Case Molson Pilsener
SKU: 00171 / 158406

 Ben's Original Creamy Vegetables 100% Natural No Fat & No Sugar 179 ea.	 Ben's Original Legumes & Lentils 100% Natural No Fat & No Sugar 399 ea.	 QUE PASA Quinoa 100% Natural No Fat & No Sugar 1299 ea.	 mercì French Beans 100% Natural No Fat & No Sugar
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For All Menstrual Care  5.49 ea.			 4.49 ea.				
For All Menstrual Care Norelco® One and Done® Pads, 100 Count \$5.49 ea.	Axe® Deodorant, 3.3 oz. \$5.49 ea.	Ziploc® Storage Bags, 100 Count \$4.49 ea.	EnerGel® Batteries, 100 Count \$4.49 ea.	Clorox® Disinfecting Spray, 32 oz. \$10.99 ea.	Simple Green® Detergent, 32 oz. \$10.99 ea.	Downy® Fabric Softener, 32 oz. \$10.99 ea.	Tide® Detergent, 32 oz. \$10.99 ea.

I earn with **moi** rewards

[illegible]

We reserve the right to limit quantities.
DESIGNATIONS TAKE PRECEDENCE OVER PHOTOS.
SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES.

We accept Visa, MasterCard and American Express at most stores.

Visit us at: metro.ca
Give us your opinion for a chance to
WIN \$1,000 in groceries

[illegible]

**Healthy
Together**

MAKE THE OUT OF REACH REACHABLE



HELP SOMEONE IN NEED BY DONATING IN-STORE. WE'LL MATCH IT.

Between November 27, 2025 - December 24, 2025, Metro Inc. will match every \$2.00 donation with a Metro gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Metro Employee.

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:
Only until December 17, 2025, in-store or online



NOW
299
ea.
SAVE UP TO
\$1

399
ea.
LECLERC
COOKIES
240 g
SELECTED VARIETIES



NOW
199
ea.
SAVE UP TO
\$1.50

349
ea.
BETTY CROCKER
POTATOES
141 - 215 g
SELECTED VARIETIES



NOW
199
ea.
SAVE UP TO
\$1.30

329
ea.
DEL MONTE
NECTAR
960 ml
SELECTED VARIETIES



NOW
2199
ea.
SAVE UP TO
\$6

2799
ea.
SELECTION CASHEWS
OR MIXED NUTS
1.15 kg
SELECTED VARIETIES



NOW
499
ea.
SAVE UP TO
\$4

899
ea.
GAIN
SCENT BOOSTERS
303 - 379 g
SELECTED VARIETIES



NOW
599
ea.
SAVE UP TO
\$2

799
ea.
PREMIÈRE MOISSON
SOUP
700 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Turn a picture into a plate.

**Every drawing submitted becomes a donation
to Breakfast Club of Canada.**

Submit your drawings online at metro.ca/holiday



metro



Farm Fresh Produce

4.99
ea.

3.99
/lb

4.99
ea.

1.69
/lb

2.99
ea.

4.99
ea.

2.49
ea.

99¢
/lb

4.99
ea.

8.99
/lb

2.99
/lb

3.99
ea.

9.99
ea.

13.99
ea.

3.49
ea.

3.79
ea.

7.99
ea.

4.99
ea.

1.29
/lb

6.00
ea.

2.99
/lb

3.29
ea.

4.99
ea.

6.99
ea.

9.99
ea.

13.99
ea.

14.99
ea.

16.99
ea.

[illegible]

 4.99 ea. Maple Glazed Chicken Bacon or Chicken Melt Bacon de poulet Maple Glazed ou Chicken Melt 150 g	 6.99 ea. Maple Leaf or Schendel's Bacon 150 g Bacon 150 g Bacon Maple Leaf ou Schendel's 150 g MARQUE DÉPOSÉE	 12.99 ea. Sausa Chulet or Sausa Chulet on Mustard's 150 g Sausa Pork Back Rib 150 g Sausa Chulet ou Sausa Chulet sur Moutarde 150 g MARQUE DÉPOSÉE	 21.99 ea. Porchetta 150 g Porchetta 150 g Porchetta 150 g à l'italienne 150 g
 2.99 ea. Bacon's Fresh North Brwnies 150 g Pâtisseries de Bacon Nord Brwnies 150 g Bacon's 150 g	 3.99 lb Leveque Pork 3.50 lb Leveque Pork 3.50 lb Leveque Pork 3.50 lb Leveque Pork 3.50 lb	 7.99 ea. Loui's Kitchen Bacon 3.50 lb Loui's Kitchen Bacon 3.50 lb Loui's Kitchen Bacon 3.50 lb Loui's Kitchen Bacon 3.50 lb	 9.99 ea. Bacon's Fresh North Brwnies 150 g Pâtisseries de Bacon Nord Brwnies 150 g Bacon's 150 g
 5.99 ea. Irresistible Goodies Bacon 150 g Irresistible Goodies Bacon 150 g Irresistible Goodies Bacon 150 g Irresistible Goodies Bacon 150 g	 6.99 ea. Maple Leaf or Schendel's Bacon 150 g Bacon 150 g Bacon Maple Leaf ou Schendel's 150 g MARQUE DÉPOSÉE	 6.99 ea. Irresistible Goodies Bacon 150 g Irresistible Goodies Bacon 150 g Irresistible Goodies Bacon 150 g Irresistible Goodies Bacon 150 g	 7.99 ea. Beyond Bacon 150 g Beyond Bacon 150 g Beyond Bacon 150 g Beyond Bacon 150 g
 11.99 ea. Perry's Wines of France 150 g Perry's Wines of France 150 g Perry's Wines of France 150 g Perry's Wines of France 150 g	 12.99 ea. Prime Maple Leaf or Schendel's Bacon 150 g Bacon 150 g Bacon Maple Leaf ou Schendel's 150 g MARQUE DÉPOSÉE	 15.99 ea. Perry's Wines of France 150 g Perry's Wines of France 150 g Perry's Wines of France 150 g Perry's Wines of France 150 g	 15.99 ea. Beyond Bacon 150 g Beyond Bacon 150 g Beyond Bacon 150 g Beyond Bacon 150 g

Holiday Entertaining

\$1
back in
package

125
points

22.99
ea.

Holiday Dessert Cakes
100g (3.5oz)
24/24 (24) 100g (3.5oz)
Gâteau des Fêtes
100g (3.5oz)
24/24 (24) 100g (3.5oz)

\$1
back in
package

125
points

21.99
ea.

Frost Street Bakery Log Cake
100g (3.5oz)
24/24 (24) 100g (3.5oz)
Fiche de gâteau Frost Street Bakery
100g (3.5oz)
24/24 (24) 100g (3.5oz)

Coppermint
Soft Cookies
80g (2.8oz)
Biscuits aux épices
Coppermint

5.99
ea.

Spinelicious!
Soft Cookies
80g (2.8oz)
Biscuits aux épices
Coppermint

5.99
ea.

Create a Frost Digi
Soft Cookies 80g (2.8oz)
Préparation
Create a Frost de biscuits
candides 80g (2.8oz)

13.99
ea.

Create a Frost Digi
Soft Cookies 80g (2.8oz)
Préparation
Create a Frost de biscuits
candides 80g (2.8oz)

5.99
ea.

Frost Street Bakery
Ice Box Cookies
100g (3.5oz)
24/24 (24) 100g (3.5oz)
Biscuits réfrigérés
Frost Street Bakery
100g (3.5oz)
24/24 (24) 100g (3.5oz)

75
points

5.99
ea.

Frost Street Bakery
Caramel Cookies 100g (3.5oz)
24/24 (24) 100g (3.5oz)
Frost Street Bakery
100g (3.5oz)
24/24 (24) 100g (3.5oz)

\$2
back in
package

250
points

32.99
ea.

 Unbeatable Anchoitos Brioche Bread Pain brioche enriché aux anchoitos 100% farine de blé \$5.99 ea.	 Focaccia Bread Bread of Italian origin Pain aux sautes d'ail 100% farine de blé \$3.99-30 points ea.	 Pesto Mashed Country Bread Pain Pressé au pesto 100% farine de blé \$5.99 ea.	 Fresh Street Bakery Pain de rue 100% farine de blé \$3.99 ea.
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Deli Favourites



San Daniele Mortadella, Cured Pork Culo & Ham
BELLINZAGO, ITALY

VALUE PICK

29⁹⁹ /100g

Mortadella, cappelata nel sughero San Daniele. **100% CARNE DI MAIALE**
SUGHERO E COTTO IN OLIO D'OLIVA



Mastro
PROSCIUTTO COTTO

349 /100g

Mastro Genuino Cotto di Rosol Roma Cotto in olio d'oliva. **100% CARNE DI MAIALE**
SUGHERO E COTTO IN OLIO D'OLIVA



San Daniele Mortadella e Manzo Prosciutto Cotto
COTTO IN OLIO D'OLIVA

579 /100g

Schneider Appressedo Prosciutto Cotto
COTTO IN OLIO D'OLIVA
Schneider Manzo Appressedo Schiacciato
COTTO IN OLIO D'OLIVA



Mancinella Cheese Slice
100% PASTA DI FORMAGGIO
CON UN CUSTO DI 100% FORMAGGIO
MANTO DI FORMAGGIO
100% PASTA DI FORMAGGIO

579 /100g

Formaggio Manchego 100% PASTA DI FORMAGGIO
100% PASTA DI FORMAGGIO



PROSCIUTTO COTTO

699 ea.

San Daniele Sliced Prosciutto or Manzo Schiacciato in olio d'oliva
Prosciutto San Daniele Sliced Manzo
SALAMI MANTO IN OLIO D'OLIVA



Mastro
PROSCIUTTO COTTO

599 ea.

San Daniele Mortadella e Manzo Prosciutto Cotto
COTTO IN OLIO D'OLIVA



Carnicella Regular or Fermented Cured Blue Cheese
COTTO IN OLIO D'OLIVA

599 /100g

Formaggio Blue Carnicella
COTTO IN OLIO D'OLIVA
Formaggio Blue Carnicella
COTTO IN OLIO D'OLIVA



Cathedral City Cheese
COTTO IN OLIO D'OLIVA

449 /100g

Formaggio Cheddar
COTTO IN OLIO D'OLIVA
Formaggio Cheddar
COTTO IN OLIO D'OLIVA



Manicotto
Sliced Italian Meat
COTTO IN OLIO D'OLIVA

799 ea.

Manicotto, Sliced Italian Meat
COTTO IN OLIO D'OLIVA



SACK HOUSE
PASTA
PASTA

879 ea.

Sack House, Sliced Italian Meat
COTTO IN OLIO D'OLIVA



SALAMEETTI
Sliced Italian Meat
COTTO IN OLIO D'OLIVA

879 ea.

Salameetti, Sliced Italian Meat
COTTO IN OLIO D'OLIVA



Celebrity Cheese
COTTO IN OLIO D'OLIVA

599 ea.

Celebrity Cheese
COTTO IN OLIO D'OLIVA



Natural
Sliced Italian Meat
COTTO IN OLIO D'OLIVA

1549 ea.

Natural, Sliced Italian Meat
COTTO IN OLIO D'OLIVA



OLYMEI
Sliced Italian Meat
COTTO IN OLIO D'OLIVA

649 ea.

Olymel, Sliced Italian Meat
COTTO IN OLIO D'OLIVA



Zutto Macarella e Parmesan
COTTO IN OLIO D'OLIVA

999 ea.

Zutto Macarella e Parmesan
COTTO IN OLIO D'OLIVA



The Salsa
COTTO IN OLIO D'OLIVA

799 ea.

The Salsa, Sliced Italian Meat
COTTO IN OLIO D'OLIVA

LIMITED TIME



BURKAT'S
Sliced Italian Meat
COTTO IN OLIO D'OLIVA

1299 ea.

Burkat's, Sliced Italian Meat
COTTO IN OLIO D'OLIVA



Inimitabile
Sliced Italian Meat
COTTO IN OLIO D'OLIVA

699 ea.

Inimitabile, Sliced Italian Meat
COTTO IN OLIO D'OLIVA



Hummus
Sliced Italian Meat
COTTO IN OLIO D'OLIVA

399 ea.

Hummus, Sliced Italian Meat
COTTO IN OLIO D'OLIVA



ORIGINAL
Sliced Italian Meat
COTTO IN OLIO D'OLIVA

599 ea.

Original, Sliced Italian Meat
COTTO IN OLIO D'OLIVA

Seafood

Foodland

4.49 ea.

Fresh Seafood: Delgado Trout Portions 100g
Poisson de saumon **FROIS** en l'océan (sans la peau) 100g

125 points

15.99 ea.

Don Coder Plankton Salmon
Saumon fumé 100g
Saumon fumé sur planche de chêne 100g

99 points

9.99 ea.

Pacific White Shrimp 500g
Crevettes blanches de l'océan (sans la peau) 500g

3.99 ea.

Don Blue Maryland Crab Cakes 100g
Crevettes blanches de l'océan (sans la peau) 100g

7.99 /lb

PERFECT FOR PLATTERS

7.99 ea.

Hot Smoked Whiskey 100g
Whisky 100g

30 points

3.99 ea.

Bacon Eggs 100g
Œufs 100g

12.99 ea. or /lb

BACCALA

15.99 ea.

Five Star OYSTERS

17.00 ea.

BOX OF 25

30 points

5.99 ea.

Irresistible Smoked Atlantic Salmon 100g

40 points

8.99 ea.

Irresistible Wild Caught Bait Smoked Trout 100g

40 points

9.99 ea.

Irresistible Seafood 100g

40 points

10.99 ea.

Irresistible Seafood 100g

Snacks & Beverages

2.99 ea.

Pringles Original 100g

4.99 ea.

Walker's Shortbread Cookies 100g

1.99 ea.

M&M's Chocolate 100g

2.22 ea.

Oreo Biscuits 100g

5.99 ea.

Monte Verde Panerone 100g

3.99 ea.

Biscoff Biscuits 100g

5.99 ea.

M&M's Chocolate 100g

6.99 ea.

Kinder Chocolate Eggs 100g

9.49 ea.

White Cake Taro 100g

8.49 ea.

Philips Vita Smart 100g

12.49 ea.

Grovi 100g

3.99 ea.

Apple Juice 100g

7.99 ea.

Starbucks Coffee 100g

4.99 ea.

Tazo Tea 100g

20 points

3.99 ea.

Beantree 100g

3.49 ea.

Chester's 100g

FREE SAME-DAY PICKUP

SAME FLYER PRICES AND DEALS ONLINE

metro
FRESH
2 GO

ENTERTAINING MADE EASY

We have your catering covered.

**Minimum of 48 hours notice on all orders.*



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Online
fresh2go.metro.ca



In Store
Visit Our Deli

merry varieties of
COLD ONES

Cheers to the holidays with our variety of refreshing favourites.



THE PERFECT WINE FOR YOUR FESTIVE FEAST



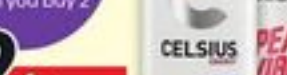
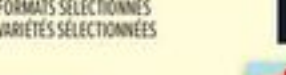
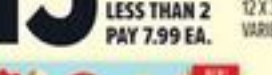
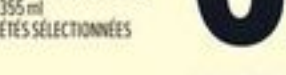
Advertised prices are subject to change and exclude HST and deposit fees, which are added at checkout. Beer, wine and cider are available at select stores. See metro.ca for availability.

More Great Savings

 PRIMO Pasta 2.79 ea. Primo Pasta 100% WHEAT, 100% SEMOLINO 16.25 oz (460 g)	 Sisfano Pasta Sauce 100% Tomato 100% Basil 100% Italian Seasonings 6.99 ea. Sauce pour pâtes 100% TOMATE 100% BASILIC 100% HERBES ITALIENNES	 2.99 ea. Lasagne 100% Lasagne 100% Ricotta 100% Mozzarella	 5.49 ea. Kashi Kashi Cereals Kashi Granola Kashi Raisin Bran Kashi Honey Nut Kashi Maple Pecan
 4.99 ea. Rice Krispies 100% Rice 100% Wheat 100% Sugar	 45 ea. Kraft Parmesan Cheese 100% Parmesan 100% Cheddar 100% Mozzarella	 3.49 ea. Butter 100% Butter 100% Cream 100% Salted	 3.99 ea. Kashi Cereals Kashi Granola Kashi Raisin Bran Kashi Honey Nut Kashi Maple Pecan
 5.79 ea. UltraPur 100% UltraPur 100% UltraPur 100% UltraPur	 6.49 ea. Lactantia Lactose Free Milk 100% Lactose Free 100% Lactose Free 100% Lactose Free	 7.99 ea. Lactantia Lactose Free Milk 100% Lactose Free 100% Lactose Free 100% Lactose Free	 3.99 ea. Kashi Cereals Kashi Granola Kashi Raisin Bran Kashi Honey Nut Kashi Maple Pecan

[illegible]

BUY MORE SAVE MORE!
ALL THE ESSENTIALS YOU NEED AT BETTER VALUE

 2 for 10.00 LESS THAN 2 PER 5.95 EA. Impossible Pancake Flavor Tiramisu Pancake Flavor Tiramisu Pancake Flavor Tiramisu	 2 for 9.00 LESS THAN 2 PER 4.50 EA. Impossible Pancake Flavor Tiramisu Pancake Flavor Tiramisu	 2 for 13.00 LESS THAN 2 PER 6.50 EA. Baby Spinkling Water Baby Spinkling Water Baby Spinkling Water Baby Spinkling Water	 2 for 6.00 LESS THAN 2 PER 3.00 EA. Jack & Jill's Golden Raisin Baby Cakes	 2 for 7.00 LESS THAN 2 PER 3.50 EA. Top Layer, Tubes or Meringue Toppings	 2 for 7.00 LESS THAN 2 PER 3.50 EA. Top Layer, Tubes or Meringue Toppings
 2 for 7.00 LESS THAN 2 PER 3.50 EA. Top Layer, Tubes or Meringue Toppings	 2 for 7.00 LESS THAN 2 PER 3.50 EA. Top Layer, Tubes or Meringue Toppings	 2 for 6.00 LESS THAN 2 PER 3.00 EA. Golden Raisin Baby Cakes	 2 for 12.00 LESS THAN 2 PER 6.00 EA. Golden Raisin Baby Cakes	 2 for 7.00 LESS THAN 2 PER 3.50 EA. Top Layer, Tubes or Meringue Toppings	 2 for 7.00 LESS THAN 2 PER 3.50 EA. Top Layer, Tubes or Meringue Toppings
 2 for 5.50 LESS THAN 2 PER 2.75 EA. Vanilla Wafers	 2 for 8.50 LESS THAN 2 PER 4.25 EA. Whipped Cream Tiramisu Pancake Flavor Tiramisu	 2 for 8.50 LESS THAN 2 PER 4.25 EA. Whipped Cream Tiramisu Pancake Flavor Tiramisu	 2 for 8.50 LESS THAN 2 PER 4.25 EA. Whipped Cream Tiramisu Pancake Flavor Tiramisu	 2 for 7.50 LESS THAN 2 PER 3.75 EA. Crabapple Bites or Vanilla Wafers	 2 for 7.50 LESS THAN 2 PER 3.75 EA. Crabapple Bites or Vanilla Wafers

[illegible]

Organic

Marantha
Peanut Butter

100% MARANTHA
BEANS & PEANUTS
Marantha
100% MARANTHA
BEANS & PEANUTS

8⁹⁹

ea.

Marantha
Peanut Butter

100% MARANTHA
BEANS & PEANUTS
Marantha
100% MARANTHA
BEANS & PEANUTS

8⁹⁹

ea.

LifeSmart Soap

20% OFF
LifeSmart Soap
Savon Mince-étoilé
20% OFF

3⁹⁹

ea.

Farmer's Market
Caramel Vegetables

20% OFF
Farmer's Market
Caramel Vegetables
20% OFF

4⁴⁹

ea.

Organic Green Tea

100% ORGANIC
GREEN TEA
100% ORGANIC
GREEN TEA

8⁴⁹

ea.

Go Bio Chicken

100% ORGANIC
CHICKEN
100% ORGANIC
CHICKEN

3⁹⁹

ea.

Peace River Honey

100% PEACE
RIVER
100% PEACE
RIVER

14⁴⁹

ea.

Manitoba Harvest
Hemp Hearts

20% OFF
Manitoba Harvest
Hemp Hearts
20% OFF

10⁹⁹

ea.

Gluten-Free

Rice
Kombucha

100% RICE
KOMBUCHA
100% RICE
KOMBUCHA

3⁹⁹

ea.

6 H. Creators
Pasta

20% OFF
6 H. Creators
Pasta
20% OFF

4⁹⁹

ea.

Neal Brothers Salts

20% OFF
Neal Brothers Salts
20% OFF

5⁴⁹

ea.

Earth's Own Soap Cream

20% OFF
Earth's Own Soap Cream
20% OFF

6⁴⁹

ea.

MAPLE LEAF
MIGHTY PROTEIN
CHICKEN STICKS

20% OFF
MAPLE LEAF
MIGHTY PROTEIN
CHICKEN STICKS

2⁴⁹

ea.

Chex

20% OFF
Chex
20% OFF

5⁴⁹

ea.

Vitalife

20% OFF
Vitalife
20% OFF

6⁴⁹

ea.

Household Helpers

15
pieces

Scotties

20% OFF
Scotties
20% OFF

2⁴⁹

ea.

EVERY DAY

20% OFF
EVERY DAY
20% OFF

3⁹⁹

ea.

Ziploc

20% OFF
Ziploc
20% OFF

9⁹⁹

ea.

ALCAN

20% OFF
ALCAN
20% OFF

5⁴⁹

ea.

Iron Birch

20% OFF
Iron Birch
20% OFF

2⁴⁹

ea.

Selection Red Caps

20% OFF
Selection Red Caps
20% OFF

7⁴⁹

ea.

SAVE \$4

when you buy any 3
Carlton Cards

10⁹⁹

ea.

4 PACK

20% OFF
4 PACK
20% OFF

15⁹⁹

ea.

Pet

BUY MORE
SAVE MORE!

2 for

5⁰⁰

ea.

15
pieces

20% OFF
15 pieces
20% OFF

2⁹⁹

ea.

Vitalife

20% OFF
Vitalife
20% OFF

14⁴⁹

ea.

cookies

20% OFF
cookies
20% OFF

8⁴⁹

ea.

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Baby Care

Gerber Baby Meals
25.5 FL OZ (750 mL)
Repas bébé
pour bébé
100% ÉCARTONNÉS

4.49
ea.

Gerber Baby Snacks
10.5 FL OZ (300 mL)
Collations Gerber
pour bébé 100%
ÉCARTONNÉS

3.99
ea.

Baby Wipes
800 WIPES
Blisters de rinç
Baby Wipes
800 WIPES
100% ÉCARTONNÉS

2 for 6.00
each 2 for \$5.99 ea.

Live Clean Baby Care
100% ÉCARTONNÉS
Solis Live Clean
pour bébé
100% ÉCARTONNÉS

7.49
ea.

Earth's Best Smoothie Co.
100% ÉCARTONNÉS

1.99
ea.

Earth's Best Baby Snacks
100% ÉCARTONNÉS

4.49
ea.

Pampers Baby Wipes
100% ÉCARTONNÉS
Longines Pampers
pour bébé
100% ÉCARTONNÉS

14.99
ea.

Penaten Diaper Rash Cream
100% ÉCARTONNÉS
Crème Penaten contre
l'érythème fessier
100% ÉCARTONNÉS

6.49
ea.

Health & Beauty

TRESCURE Hair Care
100% ÉCARTONNÉS
Soin capillaire
TRESCURE
100% ÉCARTONNÉS

6.99
ea.

Live Clean Hair Care
100% ÉCARTONNÉS
Soin capillaire
Live Clean
100% ÉCARTONNÉS

7.99
ea.

GUM
100% ÉCARTONNÉS
Parfais soins dentaires
GUM
100% ÉCARTONNÉS

2.99
ea.

Colgate
100% ÉCARTONNÉS
Brosse à dents Colgate
100% ÉCARTONNÉS

3.99
ea.

Olay Hair Care
100% ÉCARTONNÉS
Soin capillaire Olay
100% ÉCARTONNÉS

9.99
ea.

John Frieda
100% ÉCARTONNÉS
Soin capillaire
John Frieda
100% ÉCARTONNÉS

12.99
ea.

Listerine
100% ÉCARTONNÉS
Rince-bouche
Listerine
100% ÉCARTONNÉS

10.99
ea.

PRONAMESSE
100% ÉCARTONNÉS
Dentifrice
PRONAMESSE
100% ÉCARTONNÉS

6.99
ea.

Irish Spring
100% ÉCARTONNÉS
Paquet de savon
Irish Spring
100% ÉCARTONNÉS

5.49
ea.

Olay Body Wash
100% ÉCARTONNÉS
Gel douche Olay
100% ÉCARTONNÉS

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ea.

Native
100% ÉCARTONNÉS
Gel douche Native
100% ÉCARTONNÉS

13.99
ea.

Bath & Body Works
100% ÉCARTONNÉS
Soin de la peau
Bath & Body Works
100% ÉCARTONNÉS

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ea.

Aveeno
100% ÉCARTONNÉS
Lotion hydratante
Aveeno
100% ÉCARTONNÉS

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ea.

Jergens
100% ÉCARTONNÉS
Lotion hydratante
Jergens
100% ÉCARTONNÉS

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ea.

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Gel à rasage
Gillette
100% ÉCARTONNÉS

4.99
ea.

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Rasoir
Schick
100% ÉCARTONNÉS

13.99
ea.

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100% ÉCARTONNÉS
Crème à mains Kamill
100% ÉCARTONNÉS

3.99
ea.

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100% ÉCARTONNÉS
Sécheresses cutanées
U
100% ÉCARTONNÉS

10.99
ea.

TENA
100% ÉCARTONNÉS
Sécheresses cutanées
TENA
100% ÉCARTONNÉS

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ea.

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For You
Pour Vous
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Découvrez des créations originales provenant de petites entreprises
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Découvrez des créations originales provenant de petites entreprises

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MUTTI

3⁹⁹ ea. **MUTTI PASSATA** 680 ml SELECTED VARIETIES

7⁹⁹ ea. **MUTTI PASTA SAUCE** 680 ml SELECTED VARIETIES

2⁴⁹ ea. **MUTTI POLPA** 375 ml

3⁴⁹ ea. **MUTTI PIZZA SAUCE** 100 ml

3⁹⁹ ea. **MUTTI PEEL TOMATOES** 750 ml

4⁹⁹ ea. **MUTTI SAN MARZANO TOMATOES** 300 ml

Kraft **Made to be Shared**

5⁴⁹ ea. **KRAFT BUTTER** 500 g SELECTED VARIETIES

4⁹⁹ ea. **KRAFT PURE DRESSING** 250 ml SELECTED VARIETIES

2⁹⁹ ea. **KRAFT GARDEN SELECT PASTA SAUCE** 680 ml SELECTED VARIETIES

3⁹⁹ ea. **SHAKE 'N BLAKE COOKING MIX** 500 g SELECTED VARIETIES

25 points **PHILADELPHIA DIPS** 225 g SELECTED VARIETIES

4⁹⁹ ea. **BAKERS CHOCOLATE** 100 g SELECTED VARIETIES

1²⁵ ea. **JEL-O JELLY POWDER** 3.5 kg SELECTED VARIETIES

10⁹⁹ ea. **NABOB OR TASSIMO COFFEE CAPSULE** 8.5 g SELECTED VARIETIES

Crisp Winter Snacking

3⁴⁹ ea. **TOWN HOUSE OR CHEEZ-IT CRACKERS** SELECTED VARIETIES

2⁹⁹ ea. **PRINGLES CHIPS** SELECTED VARIETIES

2⁹⁹ ea. **KELLOGG'S NUTRI-GRAIN BARS, BITE KROPPLES, SQUARES OR POP TARTS** 170 - 384 SELECTED VARIETIES

8⁹⁹ ea. **GAIN DETERGENT OR FABRIC SOFTENER** SELECTED SIZES

8⁹⁹ ea. **GAIN SCENT BOOSTERS OR DRYER SHEETS** SELECTED SIZES

15⁴⁹ ea. **FEBREZE OIL REPLENISHERS** 2.2 L SELECTED VARIETIES

99¢ ea. **FEBREZE PLUG DIFFUSER** 1 ea.

5⁹⁹ ea. **HEAD & SHOULDERS HAIR CARE** 250, 333 ml SELECTED VARIETIES

36⁹⁹ ea. **PAMPERS BABY DIAPERS** 48-96 SELECTED VARIETIES

28⁹⁹ ea. **PAMPERS EASY UPS TRAINING PANTS** 48-72 SELECTED VARIETIES

3⁹⁹ ea. **PAMPERS BABY WIPES** 58-72 SELECTED VARIETIES

4⁹⁹ ea. **TAMPAX SANITARY NAPKINS OR LINER NAPKINS** 10-22 SELECTED VARIETIES

42⁰⁰ ea. **ALWAYS DISCREET ADULT INCONTINENCE** 17-68 SELECTED VARIETIES

3⁹⁹ ea. **CREST TOOTH PASTE** 43-120 ml SELECTED VARIETIES

6⁹⁹ ea. **CREST ORAL CARE** SELECTED SIZES