

food Basics

CANADIAN AND PROUD

HOLIDAY YOUR WAY

ALL THE TRIMMINGS FOR LESS

DELIVERING HOLIDAY FAVES

EXCLUSIVE ONLINE OFFER
\$10 OFF

For orders totalling \$100+
Must include three participating holiday items*



EXCLUSIVE ONLINE OFFER

Offer valid from December 4th - January 7th, 2026

PROMO CODE:
FBHOLIDAY10

food Basics

FOODBASICS.CA

*For a limited time.



3.97 EACH

IRRESISTIBLES
ORANGE JUICE OR SMOOTHIES
1.54-1.65L
IRRESISTIBLE JUICE BLENDS
1.65L
SELECTED VARIETIES



9.59 EACH

SELECTION
LARGE EGGS
30'S
SELECTED VARIETIES



4.88 EACH

IRRESISTIBLE
HOLIDAY FLAVOUR ICE CREAM
1.5L
NOVELTIES
3-5'S
SELECTED VARIETIES
WHILE QUANTITIES LAST



9.99 EACH

IRRESISTIBLES
FULLY COOKED MEATBALLS
500-680 G, FROZEN
SELECTED VARIETIES

Irresistible

Selection

LifeSmart
Mieux-être

'TIS THE SEASON TO SAVOUR

delicious ideas by brands that you can only find at Food Basics



4.97
EACH

SELECTION CEREALS
510 - 775 G
SELECTED VARIETIES



4.49
EACH

SELECTION JAM 500 ML
LIFE SMART SPREAD 250 ML
SELECTED VARIETIES



2.99
EACH

SELECTION SHREDDED COCONUT
200 G
SELECTED VARIETIES



4.44
EACH

SELECTION OR LIFE SMART NATURALIA PEANUT BUTTER
750 G - 1 KG
SELECTED VARIETIES



1.88
EACH

SELECTION EVAPORATED MILK
354 ML
SELECTED VARIETIES

LIFE SMART NATURALIA EGG WHITES
1 KG
SELECTED VARIETIES

8.99
EACH



14.99
EACH

SELECTION COFFEE
925 G
SELECTED VARIETIES



5.99
EACH

SELECTION INSTANT COFFEE
200 G
SELECTED VARIETIES



7.99
EACH

SELECTION BUTTER STICKS
4 X 113 G
SELECTED VARIETIES



5.99
EACH

LIFE SMART ORGANIC HONEY
375 G



4.49
EACH

SELECTION MARASCHINO CHERRIES
375 ML
SELECTED VARIETIES



3.77
EACH

SELECTION FLOUR
2.5 KG
SELECTED VARIETIES



2.99
EACH

SELECTION MARSHMALLOWS
454 G
SELECTED VARIETIES

IRRESISTIBLES GREEK OR SKYR YOGURT
750 G
SELECTED VARIETIES

4.77
EACH



3.79
EACH

IRRESISTIBLES REAL WHIPPED CREAM
225 G
SELECTED VARIETIES



4.99
EACH

SELECTION PLASTIC GLASSES
50'S



4.99
EACH

SELECTION ULTRA NAPKINS
100'S



5.99
EACH

SELECTION PAPER TOWELS
6'S



5.99
EACH

SELECTION PAPER PLATES OR BOWLS
24 - 30'S
SELECTED VARIETIES

HOLIDAY ENTERTAINING YOUR WAY

**IRRESISTIBLES
TINY SHRIMP RING
WITH SAUCE**
284 G, FROZEN
SELECTED VARIETIES

7⁹⁹
EACH



1⁹⁷
EACH

**SELECTION
PASTA**
900 G
SELECTED VARIETIES

6⁹⁹
EACH

**IRRESISTIBLES
FRESH PASTA**
800 G
SELECTED VARIETIES



1⁹⁹
EACH

**SELECTION
FLAKES OF MEAT**
156 G
SELECTED VARIETIES

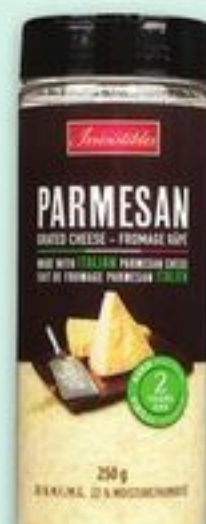


2⁹⁷
EACH

**SELECTION
PASTA SAUCE**
410-650 ML
SELECTED VARIETIES

**IRRESISTIBLES
OR SELECTION
PARMESAN
CHEESE**
250 G
SELECTED VARIETIES

6⁹⁹
EACH



3⁸⁸
EACH

**SELECTION
CREAM CHEESE
PRODUCT**
340 G
SELECTED VARIETIES

**IRRESISTIBLE
CRACKER
ASSORTMENT**
250 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

4⁹⁹
EACH



3⁹⁹
EACH

**IRRESISTIBLES
CRISP CRACKERS**
150 G
SELECTED VARIETIES



4⁸⁸
EACH

**IRRESISTIBLE
ICE CREAM 1.5 L
NOVELTIES 3-5'S**
SELECTED VARIETIES



**IRRESISTIBLES
KALAMATA
OLIVES**
375 ML
SELECTED VARIETIES

3⁹⁹
EACH



**IRRESISTIBLES
BALSAMIC
VINEGAR
OR GLAZE**
250-500 ML
SELECTED VARIETIES

4⁴⁴
EACH



**IRRESISTIBLE
SALAD
DRESSING**
350 ML
SELECTED VARIETIES

2⁹⁹
EACH



7⁹⁹
EACH

**SELECTION
VEGETABLE OR
CANOLA OIL**
3 L
SELECTED VARIETIES



2⁹⁹
EACH

**SELECTION
VEGETABLE
COCKTAIL**
1.89 L
SELECTED VARIETIES



8⁴⁹
EACH

**SELECTION
DE-ALCOHOLIZED
BEER**
12 X 355 ML
SELECTED VARIETIES



5⁴⁹
EACH

**SELECTION
SPARKLING WATER**
12 X 355 ML
SELECTED VARIETIES



6⁹⁹
EACH

**INVITATIONS
DE-ALCOHOLIZED
WINE**
750 ML
SELECTED VARIETIES

SHARE THE JOY YOUR WAY



1.29
EACH

SELECTION CANDY CANE
120 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



4.88
EACH

IRRESISTIBLE LICORICE ALLSORTS OR WINE GUMS
350 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



4.88
EACH

IRRESISTIBLE HAZELNUT CHOCOLATES
112 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



9.99
EACH

IRRESISTIBLE PECAN CLUSTERS
330 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

IRRESISTIBLE CHOCOLATE MINT STICKS
75 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

2.79
EACH



3.99
EACH

IRRESISTIBLE SPONGE TOFFEE OR CREAM CARAMELS
180 - 200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



3.99
EACH

IRRESISTIBLE TRUFFLES
200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



9.99
EACH

IRRESISTIBLE GOURMET DELIGHT COOKIES
700 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



1.99
EACH

IRRESISTIBLE GINGERBREAD OR SUGAR COOKIES
200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



4.88
EACH

IRRESISTIBLE SHORTBREAD FINGER COOKIES
250 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



9.99
EACH

IRRESISTIBLE SCOTTISH SHORTBREAD COOKIES
500 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



5.99
EACH

IRRESISTIBLE DANISH STYLE COOKIES
400 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



1.49
EACH

SELECTION CHIPS
200 G
SELECTED VARIETIES



2.49
EACH

IRRESISTIBLES SNACKS
142 G
SELECTED VARIETIES



2.88
EACH

SELECTION SNACKS
265 - 285 G
SELECTED VARIETIES



2.99
EACH

LIFE SMART TORTILLA CHIPS
350 G
SELECTION SALSA
430 ML
SELECTED VARIETIES



8.49
EACH

SELECTION PARTY MIX
908 G
SELECTED VARIETIES



2.99
EACH

IRRESISTIBLE EGG NOG
1 L
SELECTED VARIETIES
WHILE QUANTITIES LAST

SELECTION PEANUTS
700 - 800 G
SELECTED VARIETIES

4.97
EACH



24.99
EACH

SELECTION DELUXE MIXED NUTS
1.13 KG
SELECTED VARIETIES



SELECTION SPARKLING WATER
1 L
SELECTED VARIETIES

99¢
EA.



IRRESISTIBLES CRANBERRY JUICE COCKTAIL
1.89 L
SELECTED VARIETIES

3.88
EACH



IRRESISTIBLE SPARKLING SPRING WATER
6 X 1 L
SELECTED VARIETIES

4.44
EACH



5.97
EACH

SELECTION POP
12 X 355 ML
SELECTED VARIETIES