Wake up to Wow!

3.00 8.9 To 11.7-Oz. Selected
General Mills Cereal

3.00 6-Pk., Danimals Smoothies, 4-Pk., Selected YoCrunch Or
Activia Yogurt

4.00 4-Pk., Buttermilk Or Homestyle
IGA Biscuits

4.00 46-Oz., Selected Grapefruit Or
Tropicana Orange Juice

2.00 32-Oz., Pancake Mix Or 24-Oz., Selected
IGA Syrup

4.00 19-oz Honeycomb, 18-Oz. Honey Bunches of Oats Or 18 To 19.5-Oz.
Pebbles Cereal

4.00 42-Oz. Old Fashioned Or
IGA Quick Oats

3.48 Grade A , Dozen
Egglands Best Large Eggs

5.98 45-Oz., Selected
Country Crock Spread

6.98 10-Ct., Selected
Folgers K-Cups

7.98 10 Ct., Selected
Dunkin' K-Cups

121025FlapIGA1_b_BS

PRICES EFFECTIVE WED. DEC. 10 THRU TUES. DEC. 16, 2025

IGA

COWEN

70 RAILROAD AVENUE
COWEN, WV
304-226-3811

G&R

109 BAKER ST.,
WEBSTER SPRINGS, WV
847-2449

IGA Independent GROCERS ALLIANCE EST. 1926 5 STAR 2025

Visit us at
www.coweniga.com

STORE HOURS
Monday - Saturday
8am To 8pm
Sunday 10am - 6pm

WV E-WIC Cards Accepted

MasterCard VISA DISCOVER

We Reserve The Right To Limit Quantities And Correct Typographical Errors. No Sales To Dealers.

THROW BACK THURSDAYS

Download your **DIGITAL COUPON** for a **CRAZY LOW PRICE.**

THESE CRAZY PRICES GOOD THURSDAY, DEC. 11 - SUNDAY, DEC. 14, ONLY!
COUPON VALID FOR ONE-TIME USE ONLY

LIMIT 1 OFFER
SALE PRICE 3.98 | DIGITAL COUPON 1.00 OFF ONE | FINAL PRICE 2.98
12-Oz., Selected **Carolina Pride Sliced Bacon**

LIMIT 1 OFFER,
13.25 To 14.25-Oz., Selected Super Moist **Betty Crocker Favorites Cake Mix**

SALE PRICE 1.48 | DIGITAL COUPON .50 OFF ONE | FINAL PRICE .98

LIMIT 1 OFFER,
11 To 12-Oz., Selected **Dunkin' Ground Coffee**

SALE PRICE 8.98 | DIGITAL COUPON 2.00 OFF ONE | FINAL PRICE 6.98

LIMIT 1 OFFER,
40-Oz., Selected **Wesson Cooking Oil**

SALE PRICE 3.98 | DIGITAL COUPON 1.00 OFF ONE | FINAL PRICE 2.98

LIMIT 1 OFFER,
SALE PRICE 1.48 | DIGITAL COUPON 1.00 OFF ONE | FINAL PRICE .48
8-Oz. **IGA Cream Cheese**

MAKE HOLIDAY MAGIC *with our*

FRESH FAVORITES!

1.68 Lb.
USDA Inspected, Bone-In
Assorted Pork Chops

USDA Inspected, Bone-In
Center Cut Pork Chops 2.98 Lb.

PICK YOUR *Holiday* HAM!

SAVE BIG ON YOUR CHOICE!
LIMIT 1 HAM COUPON PER HOUSEHOLD WITH $35 PURCHASE

DIGITAL COUPON OFFER sign up to redeem!

Premium, Smoked
Ham Butt Or Shank Portion
SALE PRICE 1.98 Lb. | DIGITAL COUPON 8.00 OFF ONE HAM
PAY AS LOW AS **.98 Lb.**
BASED ON AN AVERAGE 8 LB. HAM

Or

Reg. or Brown Sugar Premium
Spiral Sliced Half Ham
SALE PRICE 2.48 Lb. | DIGITAL COUPON 8.00 OFF ONE HAM
PAY AS LOW AS **1.48 Lb.**
BASED ON AN AVERAGE 8 LB. HAM

WHILE SUPPLIES LAST! (Coupon Valid 11/28 - 12/26/2025)
Minimum purchase requirements exclude alcohol, tobacco, lottery, gift cards and store services.

4.98 Lb. 80% Lean Ground Chuck For Chili
3.98 Lb.
80% Lean, Fresh
Family Pack Ground Chuck

2.98 Lb.
Frozen Or Prev. Frozen
Tray Pack Chicken Tenders

1.98 Lb.
USDA Inspected
Boston Butt Pork Roast

6.98 Lb.
USDA Select
Boneless Top Sirloin Steaks

5.98 Lb.
USDA Select
Boneless Chuck Roast

LIMIT 1 OFFER,
SALE PRICE 7.98 | DIGITAL COUPON 1.00 OFF ONE | FINAL PRICE 6.98
1-Lb., 16/20-Ct., Jumbo
Southern Seas Cooked Shrimp

Southern Seas SEAFOOD

FARMER'S MARKET

2/$6
Basket & Bushel, 3-Lb. Bag, Red, Gold Delicious
Gala Apples

.48 Lb.
Crisp
Green Cabbage

2-Lb. Package!

4.98
Super Sweet
Holiday Red Seedless Grapes

FIND MORE *Savings* IN EVERY AISLE!

2/$4
8-Oz., Selected
IGA Shredded Or Chunk Cheese

BUY ONE, GET ONE **FREE**
12-Oz., Cinnamon Toast Crunch Or 10.8-Oz.
General Mills Honey Nut Cheerios

.68
14.5 To 15.25-Oz., Corn, Peas Or
IGA Green Beans

2/$7
48-Oz., Selected
Breyers

BUY ONE, GET ONE **FREE**
12 To 16-Oz., Selected
Mueller's Pasta

2/$7
9 To 13.8-Oz., Selected Townhouse Or
Club Crackers

SALE PRICE 5.98 | DIGITAL COUPON 1.00 OFF ONE | FINAL PRICE 4.98
24 To 32-oz., Edward's Pie Or 35 To 37-Oz., Selected
Mrs. Smith's Flaky Crust Pie

2/$7
15.5-Oz., Salsa Or 10 To 14.4-Oz., Selected
Tostitos Tortilla Chips

10.99
12-Oz. Cans
24-Pack Pepsi Products

2/$10
7.5-Oz. Mini Cans
10-Pack Pepsi Products

4/$5
Refreshing
1.25-Liter Pepsi Products

4.99
16.9-Oz. Bottles
24-Pack Dasani Water

PO BOX 614
HELENA, AL 35080

PRSRT STD
US POSTAGE
PAID
mspark

POSTAL CUSTOMER

121025IGA1_CC_COW

THE ULTIMATE OVEN-BAKED DUO!

$10.98 Meal Deal

WHEN YOU BUY 1 OF EACH ITEM

1

8.98

34 To 38-Oz., Selected Family Size
Stouffer's Lasagna

+

1

2.98

10.5-Oz. Breadsticks Or 11.25-Oz.
New York Garlic Texas Toast

+

1

2.78

9.8-Oz.
Fresh Express Ceasar Salad

No mix and match. **Must buy all three (3) items** in the same transaction to receive promotional price. Other quantities will be at regular retail price.

REWARDS MEMBERS ONLY!

LIMIT 1 PER MEMBER.
Enter in your number at checkout to redeem offer.

Mix & Match!

FINAL PRICE When You Buy 2

6-Ct. Double Rolls "Choose A Sheet"
Scott Paper Towels
or 12-Ct. Double Rolls Comfort Plus
Scott Bath Tissue

2/$10

Mix & Match participating items. Must buy 2 in the same transaction to receive promotional price. Single item price $11.98 each.

REWARDS MEMBERS ONLY!

LIMIT 1 PER TRANSACTION.
Enter in your number at checkout to redeem offer.

SAVE $5

INSTANTLY WHEN YOU **PURCHASE $15** IN PARTICIPATING NESTLÉ BRAND PRODUCTS

Mix & Match!

Participating Items:
14 to 30-Oz. Nestle Cookie Dough,
10 to 24-Oz. Morsels,
8-Oz. Cocoa, 5 to 17-Oz.Carnation Milk,
11.5 to 14-Oz. La Lechera

REWARDS MEMBERS ONLY!

LIMIT 1 PER TRANSACTION.
Enter in your number at checkout to redeem offer.

2.98
14-Oz. La Lechera
Sweetened Condensed Milk

1.98

12-Oz., Selected
Carnation Evaporated Milk

2/$9

14 To 16.5-Oz., Selected
Nestle Toll House Cookie Dough

4.98

10 To 12-Oz., Selected
Nestle Tollhouse Morsels

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FAMILY MEAL FAVORITES

9.98
5-Lb. Bag, Individually Quick Frozen
County Line Pride Chicken Wings

9.98
21.2-Oz.
Schweid & Sons Butcher Blend Patties

4.98
12 To 14-Oz., Orig. Or Beef
Hillshire Farm Lit'l Smokies

6.98
16-Oz., Sweet & Tangy BBQ
Food Club Pulled Pork

3.98
24-Oz., Macaroni & Cheese Or
Food Club Mashed Potatoes

4.98
12 To 16-Oz., Selected Black Label
Hormel Bacon

7.98
Sold in 5-Lb. Bag
Tater Rounds

1.48
12-Oz., Reg. Or Thick Sliced
Bar-S Bologna

4.98
16-Oz., Selected
Food Club Lunch Meat

THE FRESH PRODUCE MARKET

2.98
6-Count
Mini Cucumbers

1.68 Lb. **1.68** Lb. Premium Northwest Sweet Bartlett Pears
Sweet & Crisp
Premium Honeycrisp Apples

3.98 **1.48** 16-Oz. Bolthouse Farms Sweet Baby Peeled Carrots
16-Oz.
Campari Cocktail Tomatoes

1.28 Lb.
All Purpose
Sweet Yellow Onions

4/$5
Sweet Seedless
California Grown Navel Oranges

1.98
8-Oz.
Fresh Express Shredded Lettuce

4/$3 **4/$1** Zesty Large Limes
Tangy
Large Lemons

2/$7
5-Lb. Bag, Creamy
Red Or White Potatoes

Savings FOR EVERYDAY START HERE!

4/$5 10.75-Oz., Tomato Or Campbell's Chicken Noodle Soup
2/$5
15.25 To 19-Oz., Selected Bowls Or Cans
Campbell's Chunky Soup

1.88
10-Oz., Selected
Ro*tel Blend

2.48
8 To 12-Ct., Selected Tortillas Or
Old El Paso Taco Shells

3.48
5-Lb., Selected
Gold Medal Flour

1.38
6-Oz., Selected
IGA Stuffing Mix

2/$6
16-Oz., Selected
Ken's Salad Dressing

1.98
20-Oz., Crushed, Chunk Or
Libby's Sliced Pineapple

3.98
4-Lb.
Dixie Crystals Or Domino Sugar

DAIRY & FROZEN

2.98
16-Ct., Selected
Borden Singles

1.48
6 To 8-Oz., Selected Cottage Cheese Or
Daisy Sour Cream

2.98
8-Ct., Selected
Pillsbury Grands! Biscuits

4.48
16-Oz., Selected
Land O Lakes Butter Sticks

4/$5
7 To 8-Oz., Selected
Green Giant Vegetables

1.98
9.8 To 10.9-Oz., Selected
Totino's Party Pizza

SALE PRICE 2/$10 DIGITAL COUPON 2.00 OFF TWO FINAL PRICE 2/$8

17.82 To 23.54-Oz., Selected
Red Baron Pizza

1.78
16-Oz., Selected
IGA Vegetables

FRESH BAKERY

11.98
52-Oz.
Double Layer Red Velvet Cake

5.98
8-In., 22-Oz.
Baked Pecan Pie

4/$4
4.2-Oz.
Raspberry W/ Vanilla Donut

2.98
Bakery Fresh
Garlic Knots

6.98
19.5-Oz., Selected
Dutch Apron Cake Rolls

3/$4 **4.98** 8-In., 22-Oz., Sweet Potato Or Baked Pumpkin Pie
4-In., 4-Oz.
Pecan Pie

13.98
32-Oz., Sweet & Twisted
Total Cluster Fudge Party Tray

2/$5
20-Oz. Top Sliced Or
Lewis Old Fashion Thin Sliced Bread

LOCAL Equals FRESH

LOCALLY OWNED BY PEOPLE YOU CAN TRUST!

SAVE $5 INSTANTLY WHEN YOU PURCHASE $20 IN PARTICIPATING CHRISTMAS CANDY

Mix & Match!

Participating items include candy aisle or front end single bars. Excludes bulk candy, old fashioned candy, cotton candy and specialty candy.

REWARDS MEMBERS ONLY!

LIMIT 1 PER TRANSACTION.
Enter in your number at checkout to redeem offer.

121025IGA2_ea_BS

PICK YOUR Holiday HAM!

SAVE BIG ON YOUR CHOICE!

LIMIT 1 HAM COUPON PER HOUSEHOLD WITH $35 PURCHASE

DIGITAL COUPON OFFER sign up to redeem!

Premium, Smoked Ham Butt Or Shank Portion

SALE PRICE 1.98 Lb.

DIGITAL COUPON 8.00 OFF ONE HAM

PAY AS LOW AS .98 Lb.

BASED ON AN AVERAGE 8 Lb. Ham

Or

Reg. or Brown Sugar Premium Spiral Sliced Half Ham

SALE PRICE 2.48 Lb.

DIGITAL COUPON 8.00 OFF ONE HAM

PAY AS LOW AS 1.48 Lb.

BASED ON AN AVERAGE 8 Lb. Ham

$10.98 Meal Deal

1 34 to 38-Oz., Family Size **Stouffers Lasagna** + 1 9.8-Oz. **Fresh Express Ceasar Salad** + 1 11.25-Oz. **New York Garlic Texas Toast**

WHEN YOU BUY 1 OF EACH ITEM

No mix and match. Must buy all **three (3) items** in the same transaction to receive promotional price. Other quantities will be at regular retail price.

REWARDS MEMBERS ONLY!

LIMIT 1 PER MEMBER. Enter in your number at checkout to redeem offer. VALID DECEMBER 5 – DECEMBER 19, 2025

SAVE $5

INSTANTLY WHEN YOU **PURCHASE $20** IN PARTICIPATING CHRISTMAS CANDY

Mix & Match!

Participating items include candy aisle or front end single bars. Excludes bulk candy, old fashioned candy, cotton candy and specialty candy.

REWARDS MEMBERS ONLY!

LIMIT 1 PER TRANSACTION. Enter in your number at checkout to redeem offer. VALID DECEMBER 5 - DECEMBER 19, 2025

SAVE $5

INSTANTLY WHEN YOU **PURCHASE $15** IN PARTICIPATING NESTLÉ BRAND PRODUCTS

Mix & Match!

Participating Items:
14 to 30-Oz. Nestle Cookie Dough, 10 to 24-Oz. Morsels, 8-Oz. Cocoa, 5 to 17-Oz.Carnation Milk, 11.5 to 14-Oz. La Lechera

REWARDS MEMBERS ONLY!

LIMIT 1 PER TRANSACTION. Enter in your number at checkout to redeem offer. VALID DECEMBER 5 - DECEMBER 19, 2025

Mix & Match!

6-Ct. Double Rolls "Choose A Sheet" **Scott Paper Towels** or 12-Ct. Double Rolls Comfort Plus **Scott Bath Tissue**

2/$10

Mix & Match participating items. Must buy 2 in the same transaction to receive promotional price. Single Item price $11.98 each.

REWARDS MEMBERS ONLY!

LIMIT 1 PER TRANSACTION. Enter in your number at checkout to redeem offer. VALID DECEMBER 5 - DECEMBER 19, 2025