

Shop our *best deals*
this week!

HOTSALE!

MVP

5.99

LB

U.S.D.A. CHOICE

Boneless
BEEF CHUCK
ROAST

W/O MVP Card \$9.49 LB

YOU SAVE

\$3.50

LB

HOTSALE!

MVP

25% OFF

W/O MVP Card Regular Retail

Nature's Promise

All Natural - All Varieties
NATURE'S
PROMISE
MEAT & SEAFOOD

HOTSALE!

MVP

1.29

LB

Limit 2

W/O MVP Card \$2.29 LB

Pork
WHOLE
BOSTON
BUTT

HOTSALE!

MVP

7.99

EA

31-40 Ct.
16 Oz. Bag - Frozen
FOOD LION
RAW SHRIMP
PEELED AND
DEVEINED TAIL-OFF

YOU SAVE

\$3.58

ON 2

HOTSALE!

MVP

2/\$4

Pint
BLUEBERRIES

W/O MVP Card \$3.79 EA

4 Oz. - Select Varieties
NATURE'S
PROMISE
GREENHOUSE
GROWN SALADS

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$2.99 EA

14 Oz.
FOOD LION
MINI CUCUMBERS

HOTSALE!

MVP

1.49

EA

W/O MVP Card \$2.99 EA

Large
GREEN PEPPERS

HOTSALE!

MVP

59¢

EA

W/O MVP Card \$94 EA

6.88-20 Oz.
Select Varieties
THOMAS BAGELS
OR ENTENMANN'S
LITTLE BITES
MUFFINS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

8 Pack
12 Oz. Bottles
or 12 Pack
12 Oz. Cans
Select Varieties
PEPSI
PRODUCTS
LIMIT 4 FREE

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

13.25-14.25 Oz.
Select Varieties
BETTY
CROCKER
SUPER MOIST
CAKE MIX

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$1.99 EA

28 Oz.
Made Hot In-Store
TRADITIONAL
ROTISSERIE
CHICKEN
IN THE DELI

HOTSALE!

MVP

4.99

EA

W/O MVP Card \$6.99 EA

5.75-12.4 Oz.
Select Varieties
CHEEZ-IT
OR CHEEZ-IT
SNAP'D
LIMIT 4 FREE

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.99 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS
OR FRITOS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.49 EA
Single Item Half Price

52 Oz.
Select Varieties
FLORIDA'S
NATURAL
ORANGE JUICE

HOTSALE!

MVP

2/\$6

W/O MVP Card \$4.49 EA

16 Oz.
Select Varieties
Quarters or Cubes
CHALLENGE
OR DANISH
CREAMERY
BUTTER
QUARTERS

HOTSALE!

MVP

3.99

EA

W/O MVP Card Regular Retail

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

HOT SALE!

MVP

3.49

EA

W/O MVP Card \$5.19 EA

Breyers

48 Oz.
Select Varieties
BREYERS
ICE CREAM

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$3.49 EA

8.4-12.1 Oz.
Select Varieties
QUAKER
INSTANT
OATMEAL

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.49 EA

4.7-8.7 Oz.
Select Varieties
HAMBURGER
HELPER

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$2.99 EA

75-110 Oz. Liquid
or 32-42 Ct. Paks
Select Varieties
ARM &
HAMMER

HOTSALE!

MVP

6.99

EA

W/O MVP Card Regular Retail

MVP

3 DAY
HOTSALE!

FRIDAY - SUNDAY

HOTSALE!

MVP

2.99

EA

7-9 Oz. Pkg.
Select Varieties
OSCAR MAYER
DELI FRESH
LUNCH MEAT

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA

MVP

10-11 Oz. - Select Varieties
POST PEBBLES
CEREAL

HOTSALE!

MVP

1.79

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA

MVP

7-8 Oz. - Select Varieties
TILLAMOOK
SLICED OR
SHREDDED
CHEESE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.29 EA

REST OF WEEK 2/\$7

MVP

8.25-18 Oz. - Select Varieties
FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS

HOTSALE!

MVP

2.99

EA

Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA

20 Oz.
WONDER CLASSIC
WHITE ROUND
TOP BREAD

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$4.99 EA
Single Item Half Price
Off Regular Retail

REST OF WEEK \$2.99 EA

MVP

6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties

HOTSALE!

MVP

5.99

EA

W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA

MVP

MVP

PRICED LOW EVERY DAY

ON ITEMS YOU BUY MOST OFTEN

&

FOOD LION MVP

HOTSALE!

OUR BEST WEEKLY MVP DEALS

1 ZDPH ZDSA ZMBA ZMBT ZMSA ZMWA ZMWK ZPAL ZPHA 12/03/25

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

10 MVP Card Regular Retail



Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

10 MVP Card Regular Retail



HOT SALE!
MVP

0.99
LB

MVP Card Regular Retail

**BEEF
T-BONE STEAK**

**USDA
CHOICE**

23 Oz. Pkg.
All Varieties

**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOTSALE!
Only
**BOGO
FREE**

WFO MVP Card Regular Retail
Single Item Half Price

The image shows a package of Smithfield Marinated Pork Loin Filet at the top. Below it, a cooked pork loin is served on a white platter with green beans and sliced pork chops. A yellow promotional sign is overlaid on the bottom left of the image.

HOTSALE!
 (new)
79¢^{lb}
 W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
**FRESH CHICKEN
 LEG QUARTERS**

Fresh - Select Varieties

SCHWEID & SONS
GOURMET
BURGERS

HOTSALE!
MVP

10⁹⁹
EA

W/O MVP Card Regular Retail



Small Pack
**FOOD LION
CHICKEN
THIGHS**

HOTSALE!
Only
1.69
LB

W/O MVP Card Regular Retail

A white plastic package of Food Lion Chicken Thighs, showing four thighs inside. Below the package is a white plate filled with cooked, golden-brown chicken thighs.

Smithfield
BACON
Hickory Smoked
NET WT 12-16 OZ

12-16 Oz. Pkg. - Select Varieties
SMITHFIELD BACON

HOTSALE!
MVP
4.99
EA
W/O MVP Card Regular Retail



Smithfield
Anytime
SELECTED
HONEY CURED
BONELESS HAM
8 OZ. PKG.

8 Oz. Pkg. - Select Varieties

**SMITHFIELD BONELESS
SLICED QUARTER HAM**

HOTSALE!
MVP
7⁹⁹
EA
W/O MVP Card Regular Retail



6 Oz. Pkg. - Select Varieties

JOHN SOULES CHICKEN



Curly's Pulled Pork packaging. The package is blue and white with a large image of the pulled pork. Text on the package includes "Curly's", "PULLED PORK", "PORK CHINESE", "16 OZ. (454g)", and "NET WT. 16 OZ. (454g)".

SUSTAINABLY SOURCED SEAFOOD

Product	Weight	Price	Label
Salmon Fillet	16 Oz. - Fresh	\$9.99 EA	HOTSALE! MVP
Food Lion Seafood Medley	40 Oz. Pkg. Frozen	\$10.99 EA	HOTSALE! MVP
Shrimp Ring	8 Oz. - Frozen	\$5.99 EA	HOTSALE! MVP
Chicken of the Sea Raw Shrimp	26-30 Ct. 12 Oz. Bag - Frozen	\$5.99 EA	HOTSALE! MVP
Chicken of the Sea Cooked Shrimp	26-30 Ct. 12 Oz. Bag - Frozen	\$7.99 EA	HOTSALE! MVP

W/O MVP Card Regular Retail

www.foodlion.com

FOOD LION

MVP

Frozen Italian Sausage

40 Oz. Pkg.

W/O MVP Card Regular Retail

HOTSALE!

MVP

10.99

EA

W/O MVP Card Regular Retail

40 Oz. Pkg.
Frozen

FOOD LION

SWAI

HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

8 Oz. - Frozen
SHRIMP RING



Chickpea Sea
RESPONSIBLY RAISED
SHRIMP
UNCOOKED
12 oz. bag

HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Froze
**CHICKEN
OF THE SEA
RAW SHRIMP**

Chickpea & Sea
RESPONSIBLY BASED
SHRIMP
COOKED
26-30 Ct.
(12 Oz. Bag - Froze)
14g Protein

HOT SALE!
MVP
7.99
EA
W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Froze
**CHICKEN
OF THE SEA
COOKED
SHRIMP**

[illegible]

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

Rosina

MEATBALLS

Made with beef, pork and chicken

ITALIAN STYLE

OVEN-BAKED

BGNANARECIPES.COM

NET WT. 24.5 OZ (1 LB 8.5 OZ) 707g

Rosina

MEATBALLS

ITALIAN STYLE

52 1/2% less fat than beef meatballs

HOT SALE! **6⁴⁹**
EA
W/O MVP Card Regular Retail
MVP **-1⁰⁰**
Coupon OFF
5⁴⁹
EA
MVP W/ MFR. DISCOUNT SAVINGS

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$3.49 EA
Single Item Half Price

5 Ct.
TEXAS TOAST



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

12 Ct.
FRUIT BITES



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!
Available in our Deli & Bakery



HOTSALE!
MVP
6.99
EA
W/O MVP Card \$7.99 LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.49 EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA

6 Oz.
Select Varieties
**NEGRONI
ITALIAN
CHUBS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.49 EA

Drums & Thighs
Made Hot In-Store
**4 PIECE
FRIED CHICKEN**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

14-15.8 Oz.
VICOLO PIZZA



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

**FOOD LION
CATERING**
*Make the
holidays easy*
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail



LARGE GARDEN
VEGETABLE
PLATTER



CHICKEN TENDER TRAY



SIGNATURE
SANDWICH PLATTER



LARGE MINI
SANDWICH PLATTER



CHICKEN WING TRAY



Place your order
at the deli counter or
scan the QR code
to order online.



*Bring joy
to a family's table when you
buy a holiday box*



**FOOD LION
FEEDS**

November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. feedlion.com/feeds

Baked in
fresh flavor!

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler



PRICED LOW
EVERY DAY ✓
3.49
EA

16 Oz.
Select Varieties
**FOOD LION
BUTTER
QUARTERS**



HOTSALE!
MVP
2/\$4

8-12.4 Oz.
Select Varieties
**FOOD LION
CRESCENT OR
CINNAMON
ROLLS**



2.37 Oz.
**FOOD LION
CINNAMON**
HOTSALE!
MVP
2.49
EA



PRICED LOW
EVERY DAY ✓
2.99
EA

48 Oz.
Select Varieties
**FOOD LION
ICE CREAM**



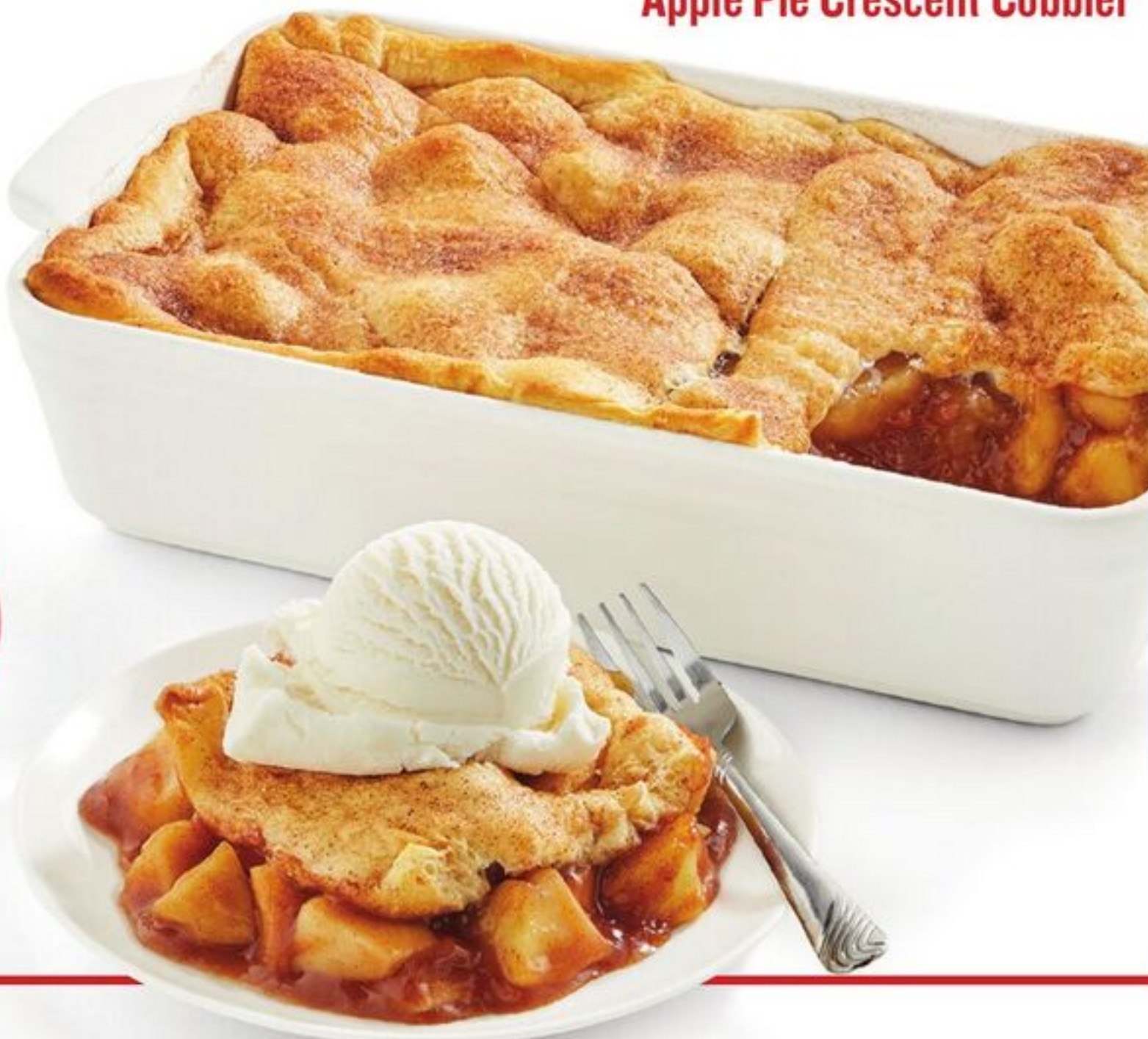
HOTSALE!
MVP
1.79
EA

16 Oz.
Select Varieties
**FOOD LION
BAKING
SUGARS**



HOTSALE!
MVP
1.29
LB

Tote Bag
GALA APPLES



PRICED LOW ✓ EVERY DAY

8 Oz.
Select Varieties
**FOOD LION
MUSHROOMS**
2.69
EA



4.10-5.7 Oz.
Select Varieties
**KNORR
PASTA OR
RICE SIDES**
MVP
4/\$5



15-16 Oz.
Select Varieties
**HUNT'S
MANWICH**
1.19
EA MVP



12 Oz.
**FOOD LION
VANILLA
WAFERS**
MVP
2/\$4



24 Oz.
Select Varieties
**WESSON
VEGETABLE OR
CANOLA OIL**
MVP
2.89
EA



2.12-3.5 Oz.
Select Varieties
**MCCORMICK
GRILL MATES
SEASONING**
MVP
2.19
EA



16 Oz.
Select Varieties
**TEDDIE
NATURAL
PEANUT BUTTER**
HOTSALE!
MVP
2.99
EA



8-16 Oz.
Select Varieties
**UTZ
PRETZELS**
HOTSALE!
MVP
2/\$6



HOTSALE!
MVP
2/\$5



6 Pack
Select Varieties
**WHITE HOUSE
APPLE SAUCE**

14.5-15 Oz.
Select Varieties
**CHEF BOYARDEE
CANNED PASTA**
HOTSALE!
MVP
4/\$5



11-20 Oz.
Select Varieties
**PEPPERIDGE FARM
DINNER ROLLS,
BREAD OR BUNS**
HOTSALE!
MVP
3.99
EA



HOTSALE!
MVP
3.99
EA



HOTSALE!
MVP
2/\$4



16 Oz.
Select Varieties
**AL BRONZO
PASTA**

0.4-1.1 Oz.
Select Varieties
**HIDDEN VALLEY
SALAD
DRESSING MIX**
HOTSALE!
MVP
2/\$3



14 Oz.
**LA BANDERITA
TOTOPOS
TORTILLA CHIPS**
HOTSALE!
MVP
2/\$6



3.5-13.7 Oz.
Select Varieties
**NABISCO RITZ
OR SNACK
CRACKERS**
HOTSALE!
MVP
3.99
EA



23.9-24 Oz.
Select Varieties
**RAGÙ
PASTA SAUCE**
HOTSALE!
MVP
2/\$5



6.5-8 Oz.
Select Varieties
**CAPE COD
POTATO CHIPS**
LIMIT 4 FREE
HOTSALE!
MVP
**BOGO
FREE**



6-10.7 Oz. - Select Varieties
**LITTLE DEBBIE
HOLIDAY CAKES OR
CHRISTMAS COFFEE
CREAMER**
HOTSALE!
MVP
2/\$6



30 Oz.
Select Varieties
**KRAFT
MAYONNAISE**
HOTSALE!
MVP
3.99
EA



4 Pack
Select Varieties
**GOGO SQUEEZ
ACTIVE**
HOTSALE!
MVP
3.49
EA



HOTSALE!
MVP
5.49
EA



4.6 Oz.
Select Varieties
**FERRERO
COLLECTION
12 PIECE
GIFT BOX**
**WHILE
SUPPLIES LAST!**

16 Oz.
Select Varieties
RAO'S SOUP



14 Oz. - Select Varieties
**BLUE DIAMOND
ALMONDS
AND MORE**



MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk



HOT SALE! **3.99**
EA
W/O MVP Card \$4.49 EA
MVP
Coupon **-1.00 OFF!**
2.99
EA
MVP: 1¢ MORE DISCOUNT SAVINGS
LIMIT 1



HOT SALE! **8.99**
EA
W/O MVP Card \$11.49 EA
MVP
Coupon **-2.00 OFF!**
6.99
EA
MVP: 1¢ MORE DISCOUNT SAVINGS
LIMIT 1

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Shredded Mozzarella Cheese

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

2 Liter Select Varieties CELSIUS

HOTSALE!

2/\$4

12 Oz. Select Varieties CELSIUS

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

12 Pack - 12 Oz. Cans Select Varieties FOOD LION SODA

PRICED LOW EVERY DAY

449 EA

W/O MVP Card \$2.58 EA

1 Liter Bottle S.PELLEGRINO SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.98 EA

12 Oz. Select Varieties POPPI PREBIOTIC SODA

HOTSALE!

2/\$4

W/O MVP Card \$2.29 EA

6 Pack - 12 Oz. Cans Select Varieties ZEVIA

HOTSALE!

499 EA

W/O MVP Card \$6.49 EA

CAREone®

A FOOD LION private brand

Get relief for less with our brand of affordable healthcare products.

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

4 Oz. Select Varieties CAREONE CHILDREN'S COLD & COUGH

HOTSALE!

499 EA

W/O MVP Card \$5.99 EA

24 Ct. Select Varieties CAREONE COLD & FLU SEVERE CAPLETS

HOTSALE!

349 EA

W/O MVP Card \$3.99 EA

3.53 Oz. Select Varieties CAREONE MEDICATED CHEST RUB

HOTSALE!

449 EA

W/O MVP Card \$5.49 EA

1 Ct. Select Varieties CAREONE 8-SECOND DIGITAL THERMOMETER

HOTSALE!

999 EA

W/O MVP Card \$10.99 EA

4 Oz. Select Varieties CAREONE TUSSIN DM

HOTSALE!

299 EA

W/O MVP Card \$3.49 EA

12 Oz. Select Varieties CAREONE NIGHTTIME COLD & FLU

HOTSALE!

599 EA

W/O MVP Card \$6.99 EA

5 ZMWA ZMWK ZPAL ZPHA 12/03/25

DAIRY



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
LAND O LAKES
BUTTER OR
MARGARINE



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES



HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT



HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.69 EA

14-16.5 Oz.
Select Varieties
NESTLE
TOLL HOUSE
COOKIES



HOTSALE!
MVP

4.49
EA

W/O MVP Card Regular Retail

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

FROZEN



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES



HOTSALE!
MVP

2.99
EA

W/O MVP Card \$3.68 EA

10 Oz.
Select Varieties
MARIE CALLENDER'S
POT PIE



HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS



HOTSALE!
MVP

\$1
EA

W/O MVP Card \$1.88 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES



HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS



HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS



HOTSALE!
MVP

3.49
EA

W/O MVP Card \$4.99 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA



HOTSALE!
MVP

4.99
EA

W/O MVP Card \$6.99 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA

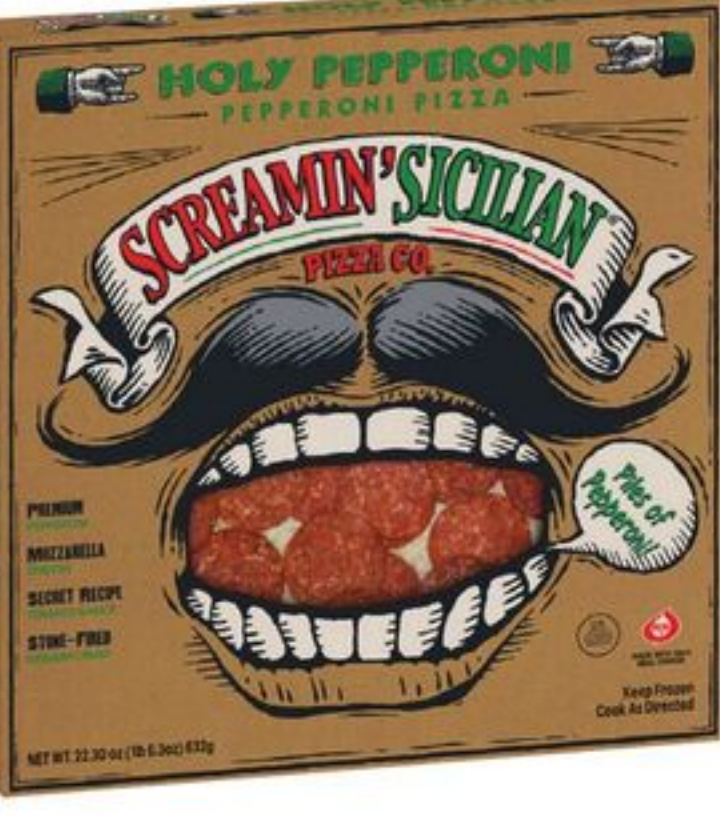


HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS



HOTSALE!
MVP

BOGO FREE

16.35-22.3 Oz.
Select Varieties
SCREAMIN' SICILIAN
PIZZA

W/O MVP Card \$10.99 EA
Single Item Half Price

BREAKFAST



HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
JIM DANDY
QUICK GRITS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL



HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS



HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE



PRICED LOW EVERY DAY

4.28
EA

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS



HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING COMPANY
PANCAKE MIX
OR SYRUP



HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE



HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HEALTH & BEAUTY




HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA



60-70 Ct. Select Varieties

NATROL
MELATONIN

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No water needed
• No side effects
• No drowsiness
• No hangover

30 TABLETS • DIETETIC SUGAR FREE

6-8 Oz. Select Varieties

**NOT YOUR MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



NOT YOUR MOTHER'S
CURL TALK
DRY SHAMPOO

CLEAN
CURL TALK
DRY SHAMPOO

• Cleanses hair
• Adds shine
• No water needed
• No drowsiness
• No hangover

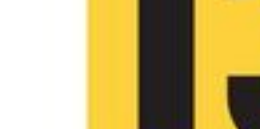
12 Oz. Select Varieties

CERA VE
CLEANSER
OR LOTION

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Daily Hydrating
Cleanser

• Cleanses skin
• Hydrates skin
• No water needed
• No drowsiness
• No hangover



CeraVe
Daily Hydrating
Lotion

• Cleanses skin
• Hydrates skin
• No water needed
• No drowsiness
• No hangover

HOUSE & HOME

HOTSALE! MVP 6⁹⁹ EA W/O MVP CARD \$8.99 EA  43 Ct. Select Varieties FOOD LION PUSHPODS	16 Oz. Select Varieties DAWN® POWERWASH HOTSALE! MVP 4⁹⁹ EA W/O MVP CARD \$5.59 EA 	80-100 Ct. Sheets or 18 Oz. Booster Select Varieties ARM & HAMMER HOTSALE! MVP 2/\$6 W/O MVP CARD Regular Retail 
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BABY

- PET

HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**

HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**

HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**

MVP **PRICED LOW EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

17.60 Oz.
Select Varieties

**CIRIO
PASSATA**

HOTSALE!

1⁹⁹
each

W/M MWP Card \$2.49 EA

3.7 Oz.

**FERRERO ROCHER
CHOCOLATE
SQUARES
ASSORTED**

HOTSALE!

4⁴⁹
each

W/M MWP Card \$5.79 EA

4 Pack - 12 Oz. Cans
Select Varieties

**OLIPO
FLAVORFUL
SODA**

HOTSALE!

6⁹⁹
each

W/M MWP Card \$8.99 EA

2.3 Ct. - Medium

**RUBBERMAID
EASY STORE
ROUND OR
RECTANGLE
CONTAINERS**

HOTSALE!

9⁹⁹
each

W/M MWP Card \$1.99 EA

60 Ct.

**BOUNCE
DRYER SHEETS**

HOTSALE!

9⁹⁹
each

W/M MWP Card \$1.99 EA

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



VALUE PACK

Blistex

NET WT. 4.5 OZ. (126g)

MEDICATED LIP BALM

3 Balm VALUE PACK

Smooth, Easy-Gliding Protection

Seals in Moisture To Soothe & Prevent Dry Lips

NET WT. 4.5 OZ. (126g)

Blistex

Blistex

MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

OLAY
 22 Oz. Body Wash Select Varieties
 2/\$9.99 EA
 OFF 2

DOWNY UNSTOPABLES
 24 Oz. Select Varieties
 \$15.99 EA
 OFF 1

TIDE
 76 Ct. Pods or 132 Oz. Liquid Select Varieties
 \$19.99 EA
 OFF 1

TIDE
 76 Ct. Pods or 132 Oz. Liquid Select Varieties
 \$19.99 EA
 OFF 1



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1.99

EA

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2.19

EA

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3.49

EA

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2.69

EA

W/O MVP Card Regular Retail





HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢

EA

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3.99

EA

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢

LB

W/O MVP Card Regular Retail

GREEN CABBAGE



HOTSALE!

3.49

EA

W/O MVP Card Regular Retail

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING



While Supplies Last

9.99

EA

SUGAR PLUM
BOUQUET



HOTSALE!

3.99

LB

W/O MVP Card Regular Retail

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

Prices in this ad good at stores conveniently located in these cities:

Mercersburg

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

ALL STORES
ACCEPT:

8 ZPHA 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



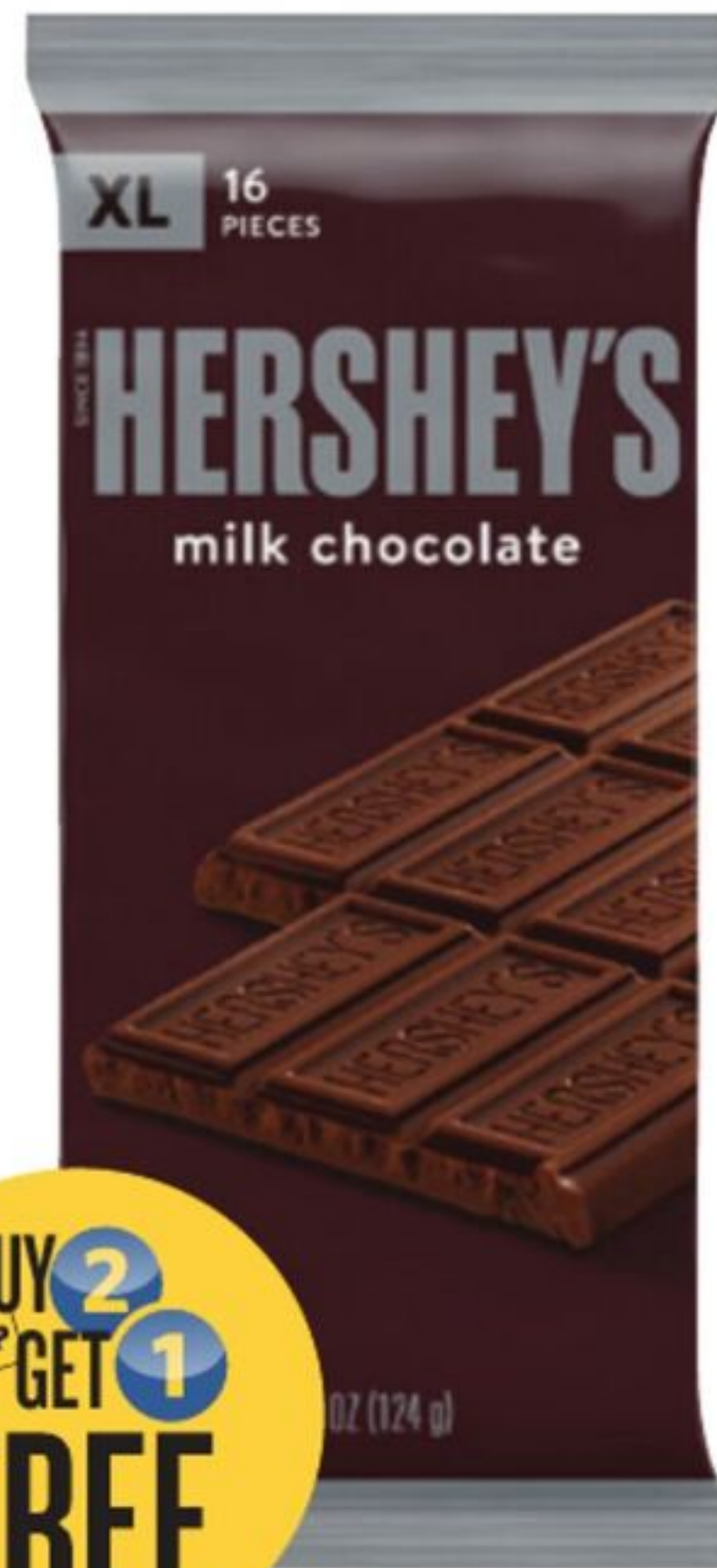
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!