

Shop our *best deals*
this week!



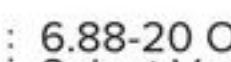

HOTSALE!
MVP

BOGO FREE

8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans
Select Varieties

PEPSI PRODUCTS
LIMIT 4 FREE

W/O MVP Card Regular Retail Single Item Mail Price



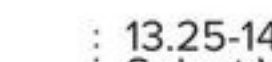

6.88-20 Oz. Select Varieties

HOMIE'S BAGELS & MUFFINS

HOTSALE!
MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Mail Price

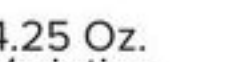
13.25-14.25 Oz. Select Varieties

BETTY CROCKER SUPER MOIST CAKE MIX

HOTSALE!
MVP

\$ EA

W/O MVP Card \$1.99 EA




12 Pack 12 Oz. Bottles or Cans
Select Varieties

SAMUEL ADAMS, SIERRA NEVADA OR NEW BELGIUM

HOTSALE!
MVP

15⁹⁹ EA

W/O MVP Card Regular Retail Single Item Mail Price

5.75-12.4 Oz.
Select Varieties
CHEEZ-IT
OR **CHEEZ-IT**
SNAP'D
LIMIT 4 FREE



HOTSALE!
BOGO FREE
W/O MVP Card \$6.99 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS
OR **FRITOS**
LIMIT 4 FREE



HOTSALE!
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

52 Oz.
Select Varieties
FLORIDA'S
NATURAL
ORANGE JUICE



HOTSALE!
2/\$6
W/O MVP Card \$4.49 EA

16 Oz.
Select Varieties
Quarters or Cubes
CHALLENGE
OR **DANISH**
CREAMERY
BUTTER
QUARTERS



HOTSALE!
3.99^{EA}
W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk



HOT SALE!
48 Oz. Select Varieties
BREYERS ICE CREAM

\$3.49
EA

MVP Coupon
-1.00 OFF

\$2.49
EA

MVP: 10% OFF DISCOUNT SAVINGS

8.4-12.1 Oz. Select Varieties
QUAKER INSTANT OATMEAL

HOT SALE!

\$5
EA

MVP: MVP Card \$3.69 EA

4.7-8.7 Oz. Select Varieties
HAMBURGER HELPER

HOT SALE!

\$1
EA

MVP: MVP Card \$2.09 EA

75-110 Oz. Liquid or 32.47 Oz. Paks Select Varieties
ARM & HAMMER

HOT SALE!

\$6.99
EA

MVP: MVP Card Regular Bottle

MVP

3 DAY HOTSALE!

FRIDAY - SUNDAY

HOTSALE!
2⁹⁹
EA
W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA **MVP**

7-9 Oz. Pkg.
Select Varieties
OSCAR MAYER
DELI FRESH
LUNCH MEAT

10-11 Oz. - Select Varieties
POST PEBBLES CEREAL

HOTSALE!
1⁷⁹
EA
W/O MVP Card \$4.99 EA

REST OF WEEK \$2.99 EA **MVP**

7-8 Oz. - Select Varieties
TILLAMOOK
SLICED OR
SHREDDED
CHEESE

HOTSALE!
2^{\$5}
EA
W/O MVP Card \$3.99 EA

REST OF WEEK \$2/\$7 **MVP**

8.25-18 Oz. - Select Varieties
FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS

HOTSALE!
2⁹⁹
EA
Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA **MVP**

20 Oz.
WONDER CLASSIC
WHITE ROUND
TOP BREAD

HOTSALE!
BOGO FREE
W/O MVP CARD \$4.99 EA
Single Item Half Price
Off Regular Retail

REST OF WEEK \$2.99 EA **MVP**

6 Mega Rolls
CHARMIN
4 Double Rolls
Bounty
Select Varieties

HOTSALE!
5⁹⁹
EA
W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA **MVP**

MEGA ROLL
24
Double Roll
Charmin
Ultra Soft
Gentle Wiping

PRICED LOW ✓ EVERY DAY **&** **HOTSALE!**
ON ITEMS YOU BUY MOST OFTEN OUR BEST WEEKLY MVP DEALS

Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail

A white bowl filled with round chuck, topped with shredded cheddar cheese, green onions, and a dollop of sour cream. Next to the bowl is a slice of golden-brown cornbread on a wooden cutting board. A whole biscuit is visible in the background. A silver spoon rests on the cutting board in front of the bowl.

Helping you fill the dinner
table *for less!*

**100%
FRESH**
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

© MVP Card Regular Retail

A white bowl filled with round chuck, topped with shredded cheddar cheese, a slice of jalapeño, and a dollop of sour cream. Next to the bowl is a slice of golden-brown cornbread on a wooden cutting board. A whole biscuit is visible in the background. A silver spoon rests on the cutting board in front of the bowl.

23 Oz. Pkg.
All Varieties

**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOTSALE!
bogo
**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

The image shows a package of Smithfield Marinated Pork Loin Filet at the top. Below it, a cooked pork loin is served on a white platter with green beans and sliced pork chops. A yellow promotional sign is overlaid on the bottom left of the image.

HOTSALE!
 (new)
79¢^{lb}
 W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
**FRESH CHICKEN
 LEG QUARTERS**

Fresh - Select Varieties

SCHWEID & SONS
GOURMET
BURGERS

HOTSALE!
MVP

10⁹⁹
EA

W/O MVP Card Regular Retail



Smithfield
BACON
Hickory Smoked
NET WT 12-16 OZ

HOT SALE!
NVP
4.99
EA
W/O MVP Card Regular Retail

The top image shows a Hormel Pepperoni pizza box. The box is red and white with the Hormel logo at the top. The word "PEPPERONI" is written in large, bold, white letters on a red background. Below it, the word "Original" is written in a yellow banner. The box also features an image of a pepperoni pizza and a small "MADE IN THE USA" label.

The bottom image is a red promotional sign. At the top, it says "MVP" in white letters on a red background. Below that, it says "PRICED LOW EVERY DAY" in white letters, followed by a large yellow checkmark. The price "3.99" is displayed in large, bold, yellow numbers, with "EA" (each) in smaller white letters below it. At the bottom, it says "W/O MVP Card Regular Retail" in white letters on a red background.



8 Oz. Pkg. - Select Varieties

**SMITHFIELD BONELESS
SLICED QUARTER HAM**

HOT SALE!

NEP

7⁹⁹
EA

W/O MVP Card Regular Retail



Curly's Pulled Pork packaging. The package is round and features a large image of a pulled pork sandwich on a bun. Text on the package includes "Curly's", "PULLED PORK", "SAUSAGE PEPPER", "MILD COUNTRY", "HOT SAUCE - HOT SAUCES", and "Curly's".

SUSTAINABLY SOURCED SEAFOOD

HOTSALE!
9⁹⁹
EA
16 Oz. - Fresh
SALMON
FILLET
W/O MVP Card Regular Retail

HOTSALE!
10⁹⁹
EA
40 Oz. Pkg.
Frozen
FOOD LION
SWAI
W/O MVP Card Regular Retail

HOTSALE!
5⁹⁹
EA
8 Oz. - Frozen
SHRIMP RING
W/O MVP Card Regular Retail

HOTSALE!
5⁹⁹
EA
26-30 Ct.
12 Oz. Bag - Frozen
CHICKEN OF THE SEA
RAW SHRIMP
W/O MVP Card Regular Retail

HOTSALE!
7⁹⁹
EA
26-30 Ct.
12 Oz. Bag - Frozen
CHICKEN OF THE SEA
COOKED SHRIMP
W/O MVP Card Regular Retail

40 Oz. Pkg. Frozen

FOOD LION

SWAI

HOT SALE!
MVP
5.99
EA

W/O MVP Card Regular Retail

8 Oz. - Frozen
SHRIMP RING



Chicken & Sea
RESPONSIBLY RAISED SHRIMP
UNCOOKED
10g
W/NO MVP CARD Regular Retail

HOTSALE!
MVP
5.99
EA
W/NO MVP CARD Regular Retail

26-30 Ct.
12 Oz. Bag - Frozen
CHICKEN OF THE SEA
RAW SHRIMP

CHICKADEE SEA
RESPONSIBLY RAISED
SHRIMP
COOKED

14g

HOT SALE!

7⁹⁹
EA

26-30 Ct.
12 Oz. Bag - Frozen

**CHICKEN
OF THE SEA
COOKED
SHRIMP**

NO MVP Card Regular Retail

*Save on
holiday bites
everyone loves!*

FOOD LION
Cocktail Smokies
12-14 Oz. Pkg.

Nutrition Facts
Serving Size 1 smokie
Amount Per Serving
Calories 100
Total Fat 10g
Sodium 100mg
Total Crap 10g
Net Weight 10g

HOT SALE!
MVP
3.48
EA

12-14 Oz. Pkg.
Select Varieties

FOOD LION
COCKTAIL SMOKIES

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk



Rosina
MEATBALLS
Made with beef, pork and chicken
— ITALIAN STYLE —

Meatballs Made in Italy

NET WT 1.5 LBS (680 G) 52 ¢/LB

Rosina MEATBALLS
— ITALIAN STYLE —

HOT SALE! **6⁴⁹**
EA
W/O MVP Card Regular Retail
MVP **-1⁰⁰**
Coupon OFF
5⁴⁹
EA
W/ MFR. DISCOUNT SAVING

DELicious BOGOs of the week!



HOTSALE!
W/O MVP Card \$7.99 EA
Single Item Half Price

BOGO FREE

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
W/O MVP Card \$3.49 EA
Single Item Half Price

BOGO FREE

5 Ct.
TEXAS TOAST



HOTSALE!
W/O MVP Card \$4.49 EA
Single Item Half Price

BOGO FREE

12 Ct.
FRUIT BITES



HOTSALE!
W/O MVP Card \$5.99 EA
Single Item Half Price

BOGO FREE

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
W/O MVP Card \$6.99 LB

5.99
LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
W/O MVP Card \$7.99 LB

6.99
LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
W/O MVP Card \$9.99 LB

8.99
LB

Freshly Sliced
**DIETZ &
WATSON
HAM**



HOTSALE!
W/O MVP Card \$4.49 EA

3.49
EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
W/O MVP Card \$6.79 EA

3.99
EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
W/O MVP Card \$5.49 EA

\$5
EA

Drums & Thighs
Made Hot In-Store
**4 PIECE FRESH
BUTTERMILK
HAND
BATTERED
FRIED CHICKEN**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
W/O MVP Card \$6.99 EA

\$5
EA

13.9-15.3 Oz.
Select Varieties
**FRESH &
SIMPLE
PIZZA**
15.16-15.87 Oz.
**LA MEGIC
PIZZA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING

Make the holidays easy

Let us do the work!

HOTSALE!
W/O MVP Card Regular Retail

\$5 OFF

SELECT CATERING TRAYS AND PLATTERS



LARGE GARDEN
VEGETABLE
PLATTER



SIGNATURE
SANDWICH PLATTER



LARGE MINI
SANDWICH PLATTER



CHICKEN TENDER TRAY



CHICKEN WING TRAY



Place your order
at the deli counter or
scan the QR code
to order online.



*Bring joy
to a family's table when you
buy a holiday box*



**FOOD LION
FEEDS**

November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. [feedlion.com/feeds](https://www.feedlion.com/feeds)

Baked in —————
fresh **flavor!**
Find our recipe on foodli

PRICED LOW ✓ EVERY DAY

MVP PRICED LOW EVERY DAY ✓
289 EA

HOT SALE!
MVP
2/\$5

HOTSALE!
MVP
2/\$4

HOT SALE!
MVP
2/\$5

HOT SALE!
MVP
399
EA

HOT SALE! **399**^{EA}
W/D MYP Card \$4.49 EA
MYP **-100**⁰
oupon

HOT SALE! **89¢ EA**
W/O MVP Card \$11.49 EA
MVP Coupon **-2.00**

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA OR KONA

HOTSALE!

15.49 EA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNRH ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNF ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 12/03/25

DAIRY



FOOD LION
Sharp Cheddar Cheese Snack Bars

FOOD LION
Colby Jack Cheese Casserole

NESTLE TOLL HOUSE
Chocolate Chip Cookies

HOTSALE!
14-16.5 Oz. Select Varieties
NESTLE TOLL HOUSE COOKIES
W/O MVP Card \$4.69 EA

6-4-7.5 Oz. Select Varieties
FOOD LION CHEESE CUBES OR SNACK BARS

2/\$5
W/O MVP Card Regular Retail

6-5-8 Oz. Tub or 16 Oz. Quarters
Select Varieties
LAND O LAKES BUTTER OR MARGARINE

2/\$5
W/O MVP Card \$2.99 EA

46 Oz. Select Varieties
TROPICANA PREMIUM ADES OR PUNCHES

2/\$5
W/O MVP Card \$2.99 EA

5-5.3 Oz. Select Varieties
YOPLAIT OUI OR TOO GOOD YOGURT

4/\$5
W/O MVP Card \$1.69 EA

16 Oz. Select Varieties
KRAFT SINGLES

3.99
EA
W/O MVP Card \$4.99 EA

4-6 Pack Select Varieties
DANIMALS SMOOTHIE OR YOCRUNCH YOGURT

2.99
EA
W/O MVP Card \$3.99 EA

8 Oz. Bar Select Varieties
FOOD LION CREAM CHEESE

2/\$3
W/O MVP Card \$1.69 EA

FROZEN



EGGO
Homestyle

HOTSALE!
10-7-12.3 Oz. Select Varieties
EGGO FROZEN WAFFLES

2/\$5
W/O MVP Card \$3.68 EA



MARIE CALLENDER'S
POT PIE

PRICED LOW EVERY DAY
2.99
EA
W/O MVP Card \$3.68 EA

4-5-8.5 Oz. Select Varieties
MICHELINA'S FROZEN DINNERS

HOTSALE!
99¢
EA
W/O MVP Card \$1.58 EA

7-10 Oz. Select Varieties
GREEN GIANT BOXED VEGETABLES

HOTSALE!
\$1
EA
W/O MVP Card \$1.88 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S DINNERS OR HEALTHY CHOICE SIMPLY STEAMERS

HOTSALE!
3.49
EA
W/O MVP Card \$3.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE VOILA! OR CHEF BOYARDEE FAMILY DINNERS

HOTSALE!
6.99
EA
W/O MVP Card \$8.99 EA



RED BARON
Classic Crust

HOT SALE!
15-77-23.45 Oz. Select Varieties
RED BARON 12" PIZZA

3.49
EA
W/O MVP Card \$5.19 EA
MVP Coupon -1.00 OFF



Freschetta

HOT SALE!
17-65-27.51 Oz. Select Varieties
Excludes Gluten Free
FRESCHETTA PIZZA

4.99
EA
W/O MVP Card \$6.99 EA
MVP Coupon -1.00 OFF



Stouffer's

HOT SALE!
28-40 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS

6.99
EA
W/O MVP Card \$9.29 EA
MVP Coupon -1.00 OFF

BREAKFAST

32 Oz.
JIM DANDY QUICK GRITS

HOTSALE!
1.99
EA
W/O MVP Card \$2.29 EA

12-14 Oz. Select Varieties
GENERAL MILLS CHEX CEREAL

HOTSALE!
2/\$6
W/O MVP Card \$4.99 EA

7-27 Oz. Select Varieties
DAVE'S KILLER ORGANIC BREAD OR SNACK BARS

HOTSALE!
4.99
EA
W/O MVP Card Regular Retail

10-12 Ct. K-Cups or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK COFFEE

HOTSALE!
5.99
EA
W/O MVP Card Regular Retail

42 Oz. Old Fashioned or Quick
FOOD LION OATS

PRICED LOW EVERY DAY
4.29
EA

24-32 Oz. Select Varieties
PEARL MILLING COMPANY PANCAKE MIX OR SYRUP

HOTSALE!
2/\$6
W/O MVP Card Regular Retail

22-6-25.9 Oz. Can Select Varieties
FOLGERS COFFEE

HOTSALE!
11.99
EA
W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION COFFEE

HOTSALE!
12.79
EA
W/O MVP Card Regular Retail

HEALTH & BEAUTY



Colgate
Total
WHITENING
TOOTHPASTE

HOT SALE!

2/\$10

51-33.8 Oz.
Select Varieties

COLGATE
TOOTHPASTE OR
MOUTHWASH

W/O MVP Card Regular Retail

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

2.99

EA

W/O MVP Card \$3.79 EA

VALUE PACK

Blistex

MEDICATED
LIP BALM

3 Balm
VALUE PACK

Smooth, Long-Lasting Protection
Soothes, Eases Chapping
Sticks to Lips
Keeps Lips Soft & Prevents Dry Cracks

Blistex

60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No water needed
• No drowsiness, no
hangover, no dry mouth

30 TABLETS • DIETETIC SUGAR FREE

6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



NOT YOUR
MOTHER'S
CURL TALK
DRY SHAMPOO

**CLEAN
TALK**
DRY SHAMPOO
FOR CURLY HAIR

• Cleanses hair
• Adds moisture
• No sulfates, parabens, or
phthalates

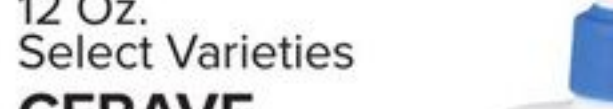
12 Oz.
Select Varieties

**CERA
AVE
CLEANSER OR
LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Hydrating
Cleanser
or Lotion

CeraVe
Daily
Moisturizer
Lotion

• Cleanses without
stripping skin of
natural moisture
• Contains ceramides
to help restore
skin's natural
barrier

HOUSE & HOME



FOOD LION
Disinfecting Wipes
KILLS 99.9% OF GERMS
35 WIPES PER BOTTLE

HOT SALE!

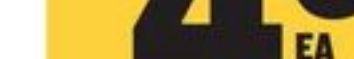
MVP

1.49
EA

35 Ct.
Select Varieties

**FOOD LION
DISINFECTING
WIPES**

W/O MVP Card \$1.99 EA

HOTSALE! MVP 6⁹⁹ EA W/O MVP Card \$8.99 EA	 16 Oz. Select Varieties DAWN POWERWASH HOTSALE! MVP 4⁹⁹ EA W/O MVP Card \$5.59 EA	 80-100 Ct. Sheets or 18 Oz. Booster Select Varieties ARM & HAMMER HOTSALE! MVP 2/\$6 W/O MVP Card Regular Retail	 ARM & HAMMER Clean & Refresh
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BABY

- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**



HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

17.60 Oz. Select Varieties
CRISO
PASTA
HOTSALE!
1⁹⁹
W/O MVP Card \$2.49 EA

3.7 Oz.
FERRERO ROCHER
CHOCOLATE
SQUARES
ASSORTED
HOTSALE!
4⁴⁹
W/O MVP Card \$5.79 EA

4 Pack - 12 Oz. Cans
Select Varieties
OLIPOPO
PROBIOTIC
SODA
HOTSALE!
6⁹⁹
W/O MVP Card \$8.99 EA

2.3 Ct. - Medium
RUBBERMAID
EASY STORE
ROUND OR
RECTANGLE
CONTAINERS
HOTSALE!
BOGO
FREE
W/O MVP Card \$10.99 EA
Single Item Retail Price

60 Ct.
Select Varieties
BOUNCE
DRYER SHEETS
HOTSALE!
9⁹⁹
W/O MVP Card \$10.99 EA

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA

VALUE PACK

Blistex
MEDICATED
LIP BALM

Smooth, Easy-Gliding Protection

Seals in Moisture To Soothe & Prevent Dry Crips

3 Balm VALUE PACK

Blistex
Blistex
Blistex

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MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

22 Oz. Body Wash Select Varieties
OLAY

HOT SALE! 2/\$14
W/ MVP Card \$7.99 EA

MVP Coupon -500 OFF 2

2/\$9
MVP W/ MVP. MFR. DISCOUNT SAVINGS LIMIT 1

24 Oz. Select Varieties
DOWNY UNSTOPABLES

15⁹⁹ EA

MVP Coupon -400 OFF 1

11⁹⁹ EA
MVP W/ MVP. MFR. DISCOUNT SAVINGS LIMIT 1

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

PRICED LOW EVERY DAY 1/\$9.99 EA
W/ MVP Card \$4.99 EA

MVP Coupon -500 OFF 1

14⁹⁹ EA
MVP W/ MVP. MFR. DISCOUNT SAVINGS LIMIT 1



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



While Supplies Last

HOTSALE!

9⁹⁹_{EA}

W/O MVP Card Regular Retail



SUGAR PLUM
BOUQUET

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail



Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

Prices in this ad good at stores conveniently located in these cities:
**Carolina Shores, Holden Beach,
Shallotte, Sunset Beach**

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

ALL STORES
ACCEPT:



8 ZNWL 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



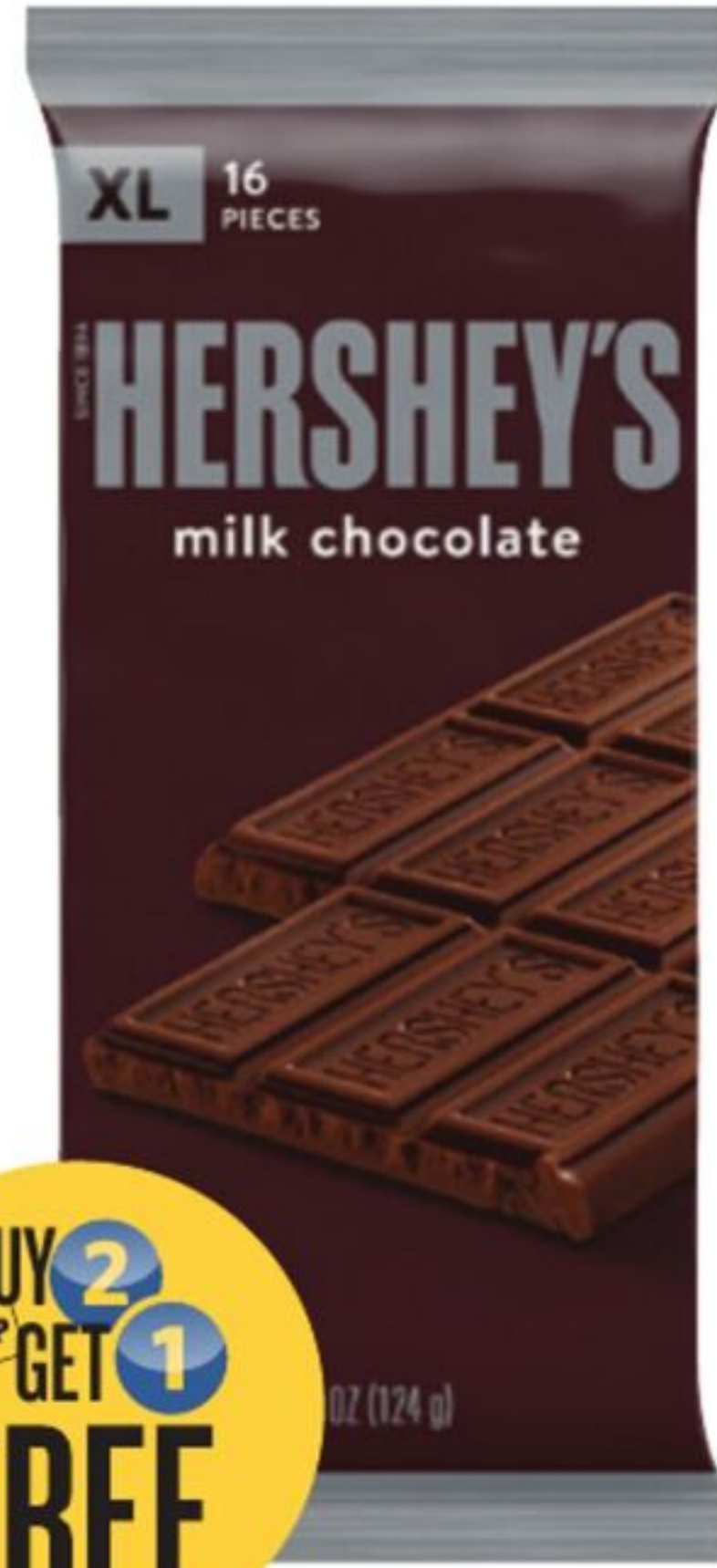
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

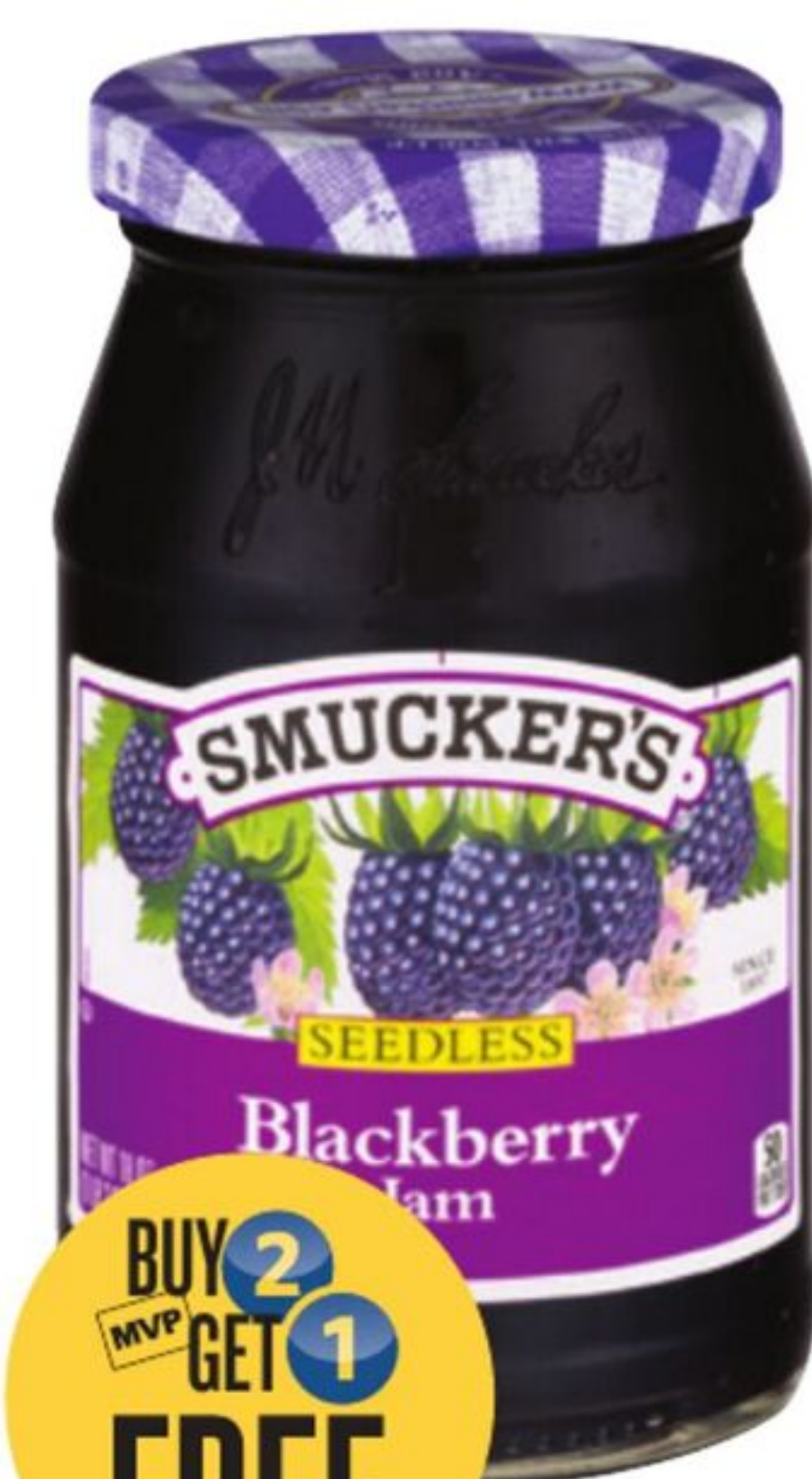
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!