HOLIDAY HOURS

OPEN CHRISTMAS EVE
7am–7pm

CLOSED CHRISTMAS DAY

SPROUTS®
FARMERS MARKET

THE BEST HOSTING ESSENTIALS, According to party pros.

SHOP NOW

THE BEST HOLIDAY MEATS & MEALS, ACCORDING TO EVERY LAST BITE.

PRE ORDER

SPROUTS FARMERS MARKET

THE BEST Holiday Mains

ACCORDING TO YOUR LACK OF LEFTOVERS!

NO ANTIBIOTICS, EVER

$4.49 /LB.
Limit 2 per customer
While supplies last

Sprouts Gourmet
Uncured Spiral Sliced Half Ham

U.S.D.A. CHOICE BEEF

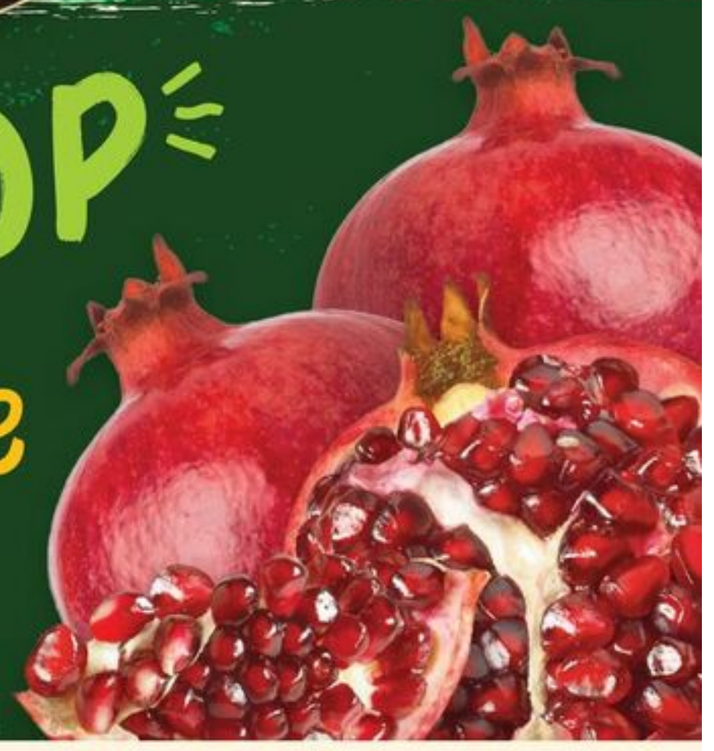
Premium Angus
Presidential Cut Bone-In
Standing Beef Rib Roast

$12.99 /LB.

Red Seedless Grapes
2lb. Clamshell or
POM Wonderful
Pomegranates

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Add a JUICY POP of Festive Flair!



Organic
Blackberries 5.6oz.,
Blueberries 11oz. or
Raspberries 6oz.

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic
Sweet Potatoes 5lb. or
Russet or Gold Potatoes
8lb. Bag

USDA ORGANIC

$7.99 /EA.
Everyday low price

Organic Halos
Seedless Mandarins or
Honeycrisp Apples
3lb. Bag

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Bob's Red Mill
Baking Essentials
Select varieties, 8-80 oz.

20% OFF
regular retail

Alden's
Organic Ice Cream
Select varieties,
48 fl. oz.

USDA ORGANIC

BUY ONE, GET ONE
FREE
of equal or lesser value

Vital Farms Organic
Pasture-Raised Eggs
Large, brown, grade A, doz.

USDA ORGANIC

$8.99 /EA.

THE BEST Holiday Spread,

ACCORDING TO ALL THE TIME YOU SAVED!

NO ANTIBIOTICS. EVER

Sprouts Uncured Spiral Sliced Quarter Hams
No sugar added or with glaze

$5.99 /LB.
Limit 2 per customer
While supplies last

NO ANTIBIOTICS. EVER

All-Natural 100% Grass-Fed Rack of Lamb
No added hormones or steroids, pasture-raised

$18.99 /LB.

Sprouts All-Natural Antibiotic Free Whole Turkeys
No hormones or steroids!

NO ANTIBIOTICS. EVER

$2.49 /LB.
Limit 2 per customer
While supplies last

Aqua Star Wild-Caught Southern King Crab Legs & Claws
Frozen, just heat and eat, 1 lb.

WILD CAUGHT FAVORITE

$34.99 /EA.

Sprouts Sliced Bacon
Uncured hickory or no sugar applewood, prepackaged, 10 oz.

NO ANTIBIOTICS. EVER

GF

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Swaggerty's Farm
All Items

GF

2 FOR $10

Sprouts Organic Italian Sourdough Boule
24 oz.

USDA ORGANIC

$6.99 /EA.
Everyday low price

All Wrapped Up Bouquet

FRESH FROM THE MARKET

$15.99 /EA.
Everyday low price

Deluxe Holiday Bouquet

FRESH FROM THE MARKET

$24.99 /EA.
Everyday low price

Sprouts Organic Whole Turkeys

Free range, no hormones or antibiotics, 100% vegetarian-fed!

USDA ORGANIC

NON GMO Project VERIFIED nongmoproject.org

$3.99 /LB.

Limit 2 per customer
While supplies last

All-Natural 100% Grass-Fed Boneless Lamb Leg

Fresh, pasture-raised, no added hormones or steroids!

NO ANTIBIOTICS, EVER

$8.99 /LB.

All-Natural Angus Beef 100% Grass-Fed Steaks or Roast

No hormones added, ever!

NO ANTIBIOTICS, EVER

Price on package reflects discount

10% OFF regular retail

All-Natural Pork Shoulder Roast or Boneless Half Loin

Shoulder roast is bone-in. No added hormones or steroids! Sold in the bag

NO ANTIBIOTICS, EVER

15% OFF regular retail
Price on package reflects discount

Sprouts Boneless Skinless Chicken Breasts

Air-chilled, no added hormones or steroids!

NO ANTIBIOTICS, EVER

$4.99 /LB.

Value pack

Amylu

All Items

NO ANTIBIOTICS, EVER

BUY ONE, GET ONE 50% OFF
regular retail
of equal or lesser value

Wild North Atlantic Raw Lobster Tails

Previously frozen, 3.75 oz.

WILD CAUGHT FAVORITE

$7.99 /EA.

Colossal Phosphate-Free Cooked Shrimp

16/20 ct. Farm-raised, previously frozen

$10.99 /LB.

Also available in a 2 lb. bag

Sprouts Frozen Fish Fillets

Select varieties, 16-32 oz.

BUY ONE, GET ONE 50% OFF
regular retail
of equal or lesser value

Wild Large Snow Crab Legs & Claws

Fully cooked, frozen

WILD CAUGHT FAVORITE

$12.99 /LB.

Simply Organic Mixes, Spices or Extracts

USDA ORGANIC

Select varieties and sizes

35% OFF
regular retail

Fresh Baked Pies

Select varieties,
8 in.

$6.99 /EA.
Everyday low price

Ciao Bella Prosecco or Prosecco Rosé

750 ml.

$13.49 /EA.

Sprouts Organic Frozen Vegetables

USDA ORGANIC

Select varieties, 16 oz.

3 FOR $10

Sprouts Organic Frozen Waffles

USDA ORGANIC

Select varieties, 6 ct.

2 FOR $5

Sprouts Organic Nuts

USDA ORGANIC

Select varieties,
10-12 oz.

BUY ONE, GET ONE 50% OFF
regular retail
of equal or lesser value

Bulk Snack Mixes

15% OFF
regular retail

Sprouts Organic Packaged Coffee

USDA ORGANIC

Select varieties.
10 oz.

$14.99 /EA.
Everyday low price

Société Roquefort Cheese Wedge

3.5 oz.

$4.99 /EA.

Sprouts Holiday Sides

Select varieties, 14-32 oz.

$1 OFF
regular retail

Ancient Nutrition Collagen Supplements

Select varieties and sizes

20% OFF
regular retail

Organic Granny Smith Apples Compostable Packaging 4ct. or Mighties Kiwi 1lb. Clamshell

USDA ORGANIC

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Comice Pears

$2.48 /LB.

Sumo Citrus®

$3.98 /FOR

Organic Large Hass Avocados

USDA ORGANIC

3 FOR $8
Everyday low price

Blueberries 6oz., Raspberries 6oz. or Blackberries 5.6oz.

2 FOR $6

Organic Cosmic Crisp 3lb. or Sugarbee Apples 2lb. Bag

USDA ORGANIC

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Wholesum Organic Poppies Cherry Tomatoes 12oz.

USDA ORGANIC

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Earthbound Farm Organic Vegetable Tray with Ranch Dip 16oz.

USDA ORGANIC

$5.98 /EA.

Organic Brussels Sprouts 1lb. Bag

USDA ORGANIC

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Organic Celery or Bell Peppers 2ct.

USDA ORGANIC

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Organic Red or Yellow Onions 5lb. Bag

USDA ORGANIC

$5.99 /EA.
Everyday low price

Organic Asparagus

USDA ORGANIC

$3.98 /LB.

Sprouts Gluten-Free Pies

Cherry or Dutch Apple, 11 oz.

Panaji Flame-Baked Naan Flatbread or Minis

Select varieties, 14.1 or 17.6 oz.

British Organic Dairy Co. Cheddar Cheese

USDA ORGANIC

Select varieties, 7 oz.

Lesley Stowe Raincoast Crisps

Select varieties, 5.3 oz.

Bonafide Provisions Organic Frozen Bone Broth

USDA ORGANIC

Select varieties, 8-24 fl. oz.

Rumiano Organic Cheese Bars

USDA ORGANIC

Select varieties, 8 oz.

Ithaca Hummus

NON GMO Project VERIFIED nongmoproject.org

Select varieties, 10 oz.

Red's Frozen Burritos

Select varieties, 4.5-5 oz.

Pacific Foods
Organic Soup or Broth

Select varieties,
32 fl. oz. or 32 oz.

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts
Organic Sugar

Select varieties, 24-64 oz.

15% OFF
regular retail

Sprouts Organic
Heat & Eat Rice

Select varieties, 8.8 oz.

2 FOR $4

Amy's
Organic Soup or Chili

Select varieties, 13.65-14.7 oz.

2 FOR $7

Sprouts
Croutons or
Salad Dressing

Select varieties,
4.5 oz. or 12 fl. oz.

20% OFF
regular retail

Magic Chocolate Bars or
Hu Chocolate Bars, Bites or Chips

Select varieties, 2.1-7 oz.

BUY ONE, GET ONE
FREE
of equal or lesser value

Mary's Gone Crackers

All Items

2 FOR $6

Sprouts
Olives, Peppers or Pickles

Select varieties and sizes

20% OFF
regular retail

SMART SNACKING, SERIOUS BRAIN FUEL

$8.99 /LB.
Everyday low price

SCOOP UP BULK

SKIP THE PACKAGING

Trace Minerals Magnesium

Select varieties and sizes

15% OFF regular retail

Himalaya Party Smart

Select varieties, 1-10 count

15% OFF regular retail

PURE & HONEST BODY CARE

Shop better-for-you body care essentials

True Sea Moss Lemonade Drink

Select varieties, 12 fl. oz.

$2 OFF regular retail

Zand Immunity Lozenges

Select varieties, 18 count

2 FOR $7

Dr. Bronner's Organic Bar Soap

USDA ORGANIC

Select varieties, 5 oz.

BUY ONE, GET ONE FREE of equal or lesser value

Ketone-IQ Performance or Energy Shot

Select varieties, 2 fl. oz.

2 FOR $8

So Good So You Organic Probiotic Shot

USDA ORGANIC

Select varieties, 1.7 fl. oz.

3 FOR $9

Real Root by Sprouts Organic Essential Oil

USDA ORGANIC

Select varieties, 1 fl. oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Prices valid December 17–25, 2025

AT ANY OF OUR NASHVILLE AREA LOCATIONS

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

Top Selling Facial Toners, Mists or Eye Care

Select brands, varieties and sizes

25% OFF regular retail

SLEIGH THE HOLIDAYS WITH SPROUTS BRAND

Celebrate the season with cozy comforts, better-for-you finds & flavors so festive, they deserve their own carol!

SHOP NOW

MEALTIME MADE EASY

ELEVATED EVERYDAY ESSENTIALS

BETTER-FOR-YOU SNACKS & SWEETS

SEE YOU NEXT WEEK!