

VERSION 1

Your

GO-TO

for festive feasts.

CANADIAN AND PROUD



1.99

ea.

RASPBERRIES 1 lb
BLACKBERRIES 1 lb
MAY 10 - 16/25



99¢

/lb

TOMATOES ON THE VINE
2.5 lb
MAY 10 - 16/25



1.44

/lb

RED PRINCE
LARGE RED PRINCE APPLES
3.5 lb
MAY 10 - 16/25



2.99

ea.

BOLTHOUSE FRESH
BABY CARROTS
MINI CARROTS COIFFES
MAY 10 - 16/25

haver
baby green leaf
pousses vertes
MAY 10 - 16/25



3.99

ea.

INEVITABLE
WILD BLUEBERRIES
BAVAGGES
MAY 10 - 16/25

LACTANTIA
PURIFIT
MAY 10 - 16/25

TROPICANA
ORANGE JUICE
MAY 10 - 16/25



4.99

ea.

HÄAGEN-DAZS
ICE CREAM
MAY 10 - 16/25

DRUMSTICK
ICE CREAM
MAY 10 - 16/25

Effective December 11 12 13 14 15 16 17 2025 | my savings | my metro



BEST PRICE

IN YEARS

1.49

/lb

FROZEN BUTTERBALL
ORIGAMI TURKEY
MAY 10 - 16/25



GREAT PRICE!

4.88

/lb

LEAN
GROUND BEEF
VALUE PACK
10.5 lb
MAY 10 - 16/25



GREAT PRICE!

2.99

/lb

FRESH SPLIT
CHICKEN BREAST
6.5 lb
MAY 10 - 16/25



3.99

/lb

INEVITABLE
SPIRAL SLICED HONEY HAM OR
SCHMIDT'S
SEMI BONELESS SMOKED HAM
8.5 lb
MAY 10 - 16/25



GREAT PRICE!

4.44

ea.

OLD CHEDDAR
CHEESE
MAY 10 - 16/25

SELECTION
BAKED
SHREDDED
CHEESE
MAY 10 - 16/25



4.99

ea.

LACTANTIA
COUNTRY CHURNED
BUTTER
SALTED
MAY 10 - 16/25

LACTANTIA
COUNTRY CHURNED
BUTTER
UNSALTED
MAY 10 - 16/25

HOLIDAY
FESTIVE
FAVOURITES



2⁹⁹
/100 g

BRANDT VOLAUFSER COIL,
MEZELERIE, POLSKA HAM, HONEY MAPLE HAM OR
SELECTION OF FLOURED HAM
200-250 g, 10-120 g



19⁹⁹
ea.

AQUA STAR COOKED SALMON
WILD PINK ARGENTINIAN
SALMON, 200 g, 100 g
DOM NORDVEGEN FJORD
SMOKED SALMON 100 g



12⁹⁹
ea.

STORE MADE
CARPACCIO
100 g, 150 g, 200 g



1²⁵
ea.

STOVE TOP STUFFING, FRANCO-AMERICAN OR
CLASSIC PRODUCE GRAVY
100 g, 150 g, 200 g



3⁴⁹
ea.

BUFFLES CHIPS, DORITOS OR CHEETOS
SNACKS, TOSTITOS TORTILLA CHIPS
200 g, 150 g, 100 g



250
points

15⁹⁹
ea.

QUALITY STREET
CHOCOLATES
100 g, 150 g, 200 g

\$2
back in
points

HOLIDAY ENTERTAINING

Irresistible
CHEESE STICKS
JALAPENO
POPPERS OR
SAUSAGE ROLLS
100% MEAT
NEW

5⁹⁹
ea.

Irresistible
MEATBALLS
100% MEAT
NEW

8⁹⁹
ea.

Irresistible
PARTY PACK
ASSORTMENT
FESTIVE

8⁹⁹
ea.

Irresistible
CANNED BEEF
GOURMET SAUSAGES OR
PASTY PARTY PACK
100% MEAT
NEW

5⁹⁹
ea.

Irresistible
COCONUT SHIMP
TARTARUS SHIMP
NEW

125
points

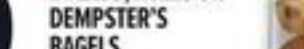
10⁹⁹
ea.

Irresistible
PACIFIC WHITE SHIMP RING
100% MEAT
NEW

125
points

10⁹⁹
ea.

\$ New Lower Prices






2 for \$7.00
 D'ITALIANO BREAD, RAISINS ON COMPOTE'S BAGELS
 100% WHOLE GRAIN BREAD WITH RAISINS
 100% WHOLE GRAIN BREAD WITH RAISINS

2 for \$7.00
 DORITOS DE QUESO DORITOS DE QUESO BAGELS
 100% WHOLE GRAIN BREAD WITH RAISINS
 100% WHOLE GRAIN BREAD WITH RAISINS

FRESH EGO CHICKEN WINGS ON PARSIPPANY CHICKEN CACCIAOTORE
 1/2 LBS. CHICKEN WINGS
 1/2 LBS. CHICKEN CACCIAOTORE
 1/2 LBS. CHICKEN CACCIAOTORE
 1/2 LBS. CHICKEN CACCIAOTORE

FRESH EGO LARGE WET PIZZA
 1/2 LBS. CHICKEN WINGS
 1/2 LBS. CHICKEN CACCIAOTORE
 1/2 LBS. CHICKEN CACCIAOTORE
 1/2 LBS. CHICKEN CACCIAOTORE

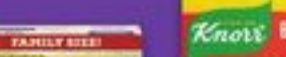
\$2.00
 250 points

11.99
 250 points

 SMOKED HAM OR BUTTERFLIED TURKEY PACK MADE WITH 100% PORK OR 100% TURKEY \$1 per pound*	35 cents  Ranger CHEDDAR DRESSING	 SMOKED HAM OR BUTTERFLIED TURKEY PACK MADE WITH 100% PORK OR 100% TURKEY	 SMOKED HAM OR BUTTERFLIED TURKEY PACK MADE WITH 100% PORK OR 100% TURKEY	 Mix Match VEGETARIAN CHILI OR SPICY CALIFORNIA ROLLS
99¢ 125 cents	79¢	69¢	70¢	70¢

[illegible][illegible]

i earn with **moi** rewards

 40¢ each 5.49 CHOCOLATE CAKES COOKIES OR CAKESTERS 10.5 OZ. BOX WHILE SUPPLIES LAST	 40¢ each 4.99 CHOCOLATE FAMILY SIZE CRACKERS 10.5 OZ. BOX SELECTED VARIETIES	 25¢ each 1.99 KNORR BOUILLON OR GRAVIES 10.5 OZ. BOX SELECTED VARIETIES	 50¢ each 5.99 HOSTESS BALL SIZE CRACKS 10.5 OZ. BOX SELECTED VARIETIES
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[illegible]

**Healthy
Together**

MAKE THE OUT OF REACH REACHABLE



HELP SOMEONE IN NEED BY DONATING IN-STORE. WE'LL MATCH IT.

Between November 27, 2025 - December 24, 2025, Metro Inc. will match every \$2.00 donation with a Metro gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Metro Employee.

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:
Only until December 17, 2025, in-store or online



NOW
299
ea.
SAVE UP TO
\$1

399
ea.
LECLERC
COOKIES
240 g
SELECTED VARIETIES



NOW
199
ea.
SAVE UP TO
\$1.50

349
ea.
BETTY CROCKER
POTATOES
141-215 g
SELECTED VARIETIES



NOW
199
ea.
SAVE UP TO
\$1.30

329
ea.
DEL MONTE
NECTAR
960 ml
SELECTED VARIETIES



NOW
2199
ea.
SAVE UP TO
\$6

2799
ea.
SELECTION CASHEWS
OR MIXED NUTS
1.13 kg
SELECTED VARIETIES



NOW
499
ea.
SAVE UP TO
\$4

899
ea.
GAIN
SCENT BOOSTERS
379 g
SELECTED VARIETIES



NOW
599
ea.
SAVE UP TO
\$2

799
ea.
PREMIÈRE MOISSON
SOUP
700 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Turn a picture into a plate.

**Every drawing submitted becomes a donation
to Breakfast Club of Canada.**

Submit your drawings online at metro.ca/holiday



metro



Farm Fresh Produce



4⁹⁹
ea.

BLUEBERRIES
PINT (275g)
PRODUCT OF U.S.A.



3⁹⁹
/lb

EXTRA LARGE RED OR
GREEN OR LARGE
BLACK SEEDLESS GRAPES
8.80kg



4⁹⁹ **20**
ea. points

GREEN FRENCH BEANS
100% VEGETARIAN
PRODUCT OF U.S.A.



1⁹⁹
/lb

SWEET POTATOES
PRODUCT OF U.S.A.
4.30kg



3⁹⁹
ea.

CREAM SPINACH
JUMBO PINEAPPLES
PRODUCT OF U.S.A.
CORED PINEAPPLES 100g



2⁹⁹
ea.

CRANBERRIES 500g



2⁴⁹
ea.

CARROTS OR
YELLOW ONIONS 2.50kg



99¢
/lb

GREEN CABBAGE
PRODUCT OF U.S.A.
CABBAGE 4.30kg



4⁹⁹
ea.

LEMONS 12.5g



8⁹⁹
/lb

JUMBO CHERRIES
PRODUCT OF U.S.A.
10.22kg



2⁹⁹
/lb

BRUSSELS SPROUTS
PRODUCT OF U.S.A.
6.50kg



3⁹⁹
ea.

LITTLE POTATO CO.
PRODUCT OF CANADA
1.10kg



9⁹⁹ **45**
ea. points

VANILLA PERSIMMONS
PRODUCT OF U.S.A.
1.10kg



13⁹⁹
ea.

POM WONDERFUL
POMEGRANATES
PRODUCT OF U.S.A.



3⁴⁹
ea.

ANGEL SWEET OR
ONE SWEET
CHERRY TOMATOES
PRODUCT OF U.S.A.



3⁷⁹
ea.

BELLE GROVE
MUSHROOMS
PRODUCT OF U.S.A.



7⁹⁹
ea.

MOYERS
CHOCOLATE
CARAMEL APPLE
100g



4⁹⁹
ea.

FRESH POMEGRANATE
ARILS 100g
PRODUCT OF U.S.A.



1²⁹
/lb

BUTABAGAS
PRODUCT OF U.S.A.
2.84kg



6⁰⁰
ea.

IRRESISTIBLE
FRESH HERBS
100g



2⁹⁹
/lb

IRRESISTIBLE
ORGANIC HERBS
100g



3²⁹
ea.

ORGANIC FULL
CRANBERRY OR
GALA APPLES
PRODUCT OF U.S.A.



4⁹⁹
ea.

ORGANIC
CAMPARI TOMATOES
PRODUCT OF U.S.A.



6⁹⁹ **30**
ea. points

ORGANIC
SWEET POTATOES
PRODUCT OF U.S.A.



9⁹⁹
ea.

SALAD DIP
LARGE SALADS
SMALL FRUIT TRAY



13⁹⁹
ea.

NACHOS PLATTER
BEANS KIDNEY BEANS
PUMPKIN SEEDS
DIP WITH DOP



14⁹⁹
ea.

POINSETTIA
10" H x 10" W



20⁰⁰
ea.

POINSETTIA
10" H x 10" W



40⁰⁰
ea.

GRACEFUL BOUQUET
10" H x 10" W



16⁹⁹
ea.

POINSETTIA
10" H x 10" W

Holiday Entertaining

**COPPERBATH
SPICE COOKIES**

**\$1
back in
cash**

**125
points**

**22⁹⁹
ea.**

**HOLIDAY
DESSERT CAKES**
12 oz. (340g) each
12/12/2019-12/24/2019

**\$1
back in
cash**

**125
points**

**21⁹⁹
ea.**

**FRONT STREET BAKERY
LOG CAKE 1/2 lb. 90g**
SELECTED VARIETIES

**\$1
back in
cash**

**125
points**

**21⁹⁹
ea.**

**COPPERBATH
SPICE COOKIES**

**\$1
back in
cash**

**125
points**

**22⁹⁹
ea.**

**HOLIDAY
DESSERT CAKES**
12 oz. (340g) each
12/12/2019-12/24/2019

**\$1
back in
cash**

**125
points**

**21⁹⁹
ea.**

**FRONT STREET BAKERY
LOG CAKE 1/2 lb. 90g**
SELECTED VARIETIES

**\$1
back in
cash**

**125
points**

**21⁹⁹
ea.**

**COPPERBATH
SPICE COOKIES**

**\$1
back in
cash**

**125
points**

**22⁹⁹
ea.**

**HOLIDAY
DESSERT CAKES**
12 oz. (340g) each
12/12/2019-12/24/2019

**\$1
back in
cash**

**125
points**

**21⁹⁹
ea.**

**FRONT STREET BAKERY
LOG CAKE 1/2 lb. 90g**
SELECTED VARIETIES

**\$1
back in
cash**

**125
points**

**21⁹⁹
ea.**

 BROSCHELO Brioche Bread 5⁹⁹ ea.	 STONORE SUPREME PUFFIN PASTRY FLAT BREAD OR PIZZA FLOUR 3⁹⁹ - 3⁰⁰ ea. points	 PIIONEER MOONSHINE COUNTRY BREADS 100% WHOLE WHEAT 5⁹⁹ ea.	 FRONT STREET BAKERY PUFFIN ROLLS 100% WHOLE WHEAT 3⁹⁹ ea.
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Deli Favourites

 VALUE PICK 299 /100g	 349 /100g	 579 /100g	 579 /100g
 699 ea.	 599 ea.	 599 /100g	 449 /100g
 799 ea.	 879 ea.	 599 ea.	 1149 ea.
 1549 ea.	 649 ea.	 999 ea.	 799 ea.
 1549 ea.	 649 ea.	 999 ea.	 799 ea.
LIMITED TIME  1299 ea.	 699 ea.	 399 ea.	 599 ea.
1299 ea.	699 ea.	399 ea.	599 ea.

[illegible]

IRRESISTIBLE SMOKED ATLANTIC SALMON 100% SALMON 30 pounds 5⁹⁹ ea. IRRESISTIBLE SMOKED ATLANTIC SALMON 100% SALMON	IRRESISTIBLE WILD CAUGHT TUNA STEAKS 40 pounds 8⁹⁹ ea. IRRESISTIBLE WILD CAUGHT TUNA STEAKS	40 pounds 9⁹⁹ ea. IRRESISTIBLE WILD CAUGHT TUNA STEAKS	40 pounds 10⁹⁹ ea. IRRESISTIBLE WILD CAUGHT TUNA STEAKS
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PRINGLES CHIPS SELECTED FLAVORS 10.5 OZ. BAG 2.99 ea.	WALKER'S SHORTBREAD COOKIES 12 OZ. BAG 4.99 ea.	IRRESISTIBLE MACARINES 7 OZ. BAG 1.99 ea.	OREO HOLIDAY COOKIES 12 OZ. BAG 2.22 ea.
MONTA VERDE PANETTONE 1.5 LBS. BUNNET 5.99 ea.	Biscoff BISCUITS 10.5 OZ. BAG 3.99 ea.	m&m's M&M'S CHOCOLATE 7 OZ. BAG 5.99 ea.	Kinder SURPRISE EGGS 100% CACAO 6.99 ea.
WHITE CLAW HARD SELTZER 12 OZ. CANS 9.49 ea.	PHILLIPS 4 IPA HAZY IPA 12 OZ. CANS 8.49 ea.	GRÜVI NON-ALCOHOLIC BEER 12 OZ. CANS 12.49 ea.	ALLEN'S APPLE SLICES COCKTAILS 12 OZ. CANS 3.99 ea.
STARBUCKS COFFEE 12 OZ. CANS 7.99 ea.	TAZO TEA 16 OZ. CANS 4.99 ea.	Beatrice BUTTER MILK 16 OZ. CANS 3.99 ea.	Cheetos ON THE BORDER 10 OZ. BAG 3.49 ea.





2.49
ea.



2.49
ea.



4.49
ea.



4.49
ea.



6.49
ea.



6.49
ea.



3/4.98
each 3 per \$12.99



3/4.98
each 3 per \$12.99



3.99
ea.



3.99
ea.



1.99
ea.



1.99
ea.



6.99
ea.



6.99
ea.



6.99
ea.



6.99
ea.



2.49
ea.



2.49
ea.



4.49
ea.



4.49
ea.



6.49
ea.



6.49
ea.



3/4.98
each 3 per \$12.99



3/4.98
each 3 per \$12.99



3.99
ea.



3.99
ea.



1.99
ea.



1.99
ea.



6.99
ea.



6.99
ea.



6.99
ea.



6.99
ea.



2.49
ea.



2.49
ea.



4.49
ea.



4.49
ea.

6.49
ea.

6.49
ea.

3/4.98
each 3 per \$12.99

3/4.98
each 3 per \$12.99



3.99
ea.



3.99
ea.



1.99
ea.



1.99
ea.

6.99
ea.

6.99
ea.

6.99
ea.

6.99
ea.

**festive
EXTRAS**
Set up your holiday table with snacks,
toppings & assorted beverages.



2.49
ea.



2.49
ea.



4.49
ea.



4.49
ea.



6.49
ea.



6.49
ea.



3/4.98
each 3 per \$12.99



3/4.98
each 3 per \$12.99



3.99
ea.



3.99
ea.



1.99
ea.



1.99
ea.



6.99
ea.



6.99
ea.



6.99
ea.



6.99
ea.



2.49
ea.



2.49
ea.



4.49
ea.



4.49
ea.



6.49
ea.



6.49
ea.



3/4.98
each 3 per \$12.99



3/4.98
each 3 per \$12.99



3.99
ea.



3.99
ea.



1.99
ea.



1.99
ea.



6.99
ea.



6.99
ea.



6.99
ea.



6.99
ea.



2.49
ea.



2.49
ea.



4.49
ea.



4.49
ea.

6.49
ea.

6.49
ea.

3/4.98
each 3 per \$12.99

3/4.98
each 3 per \$12.99



3.99
ea.



3.99
ea.



1.99
ea.



1.99
ea.

6.99
ea.

6.99
ea.

6.99
ea.

6.99
ea.



5.00
ea.



15.00
ea.



15.00
ea.



14.99
ea.



49.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.



5.00
ea.



15.00
ea.



15.00
ea.



14.99
ea.



49.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.



5.00
ea.



15.00
ea.



15.00
ea.



14.99
ea.



49.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.

**metro
FRESH
& GO**



5.00
ea.



15.00
ea.



15.00
ea.



14.99
ea.



49.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.



5.00
ea.



15.00
ea.



15.00
ea.



14.99
ea.



49.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.



5.00
ea.



15.00
ea.



15.00
ea.



14.99
ea.



49.99
ea.



29.99
ea.



29.99
ea.



29.99
ea.

FRESH 2 GO
PREMIUM CUBE CHEESE TRAY
10.5 oz

FRESH 2 GO
FIRM AND FABULOUS
MINI CHARCUTERIE
10.5 oz

FRESH 2 GO
BAKE IT BITE
10.5 oz

FRESH 2 GO
MINI BURRATA
TART AND SHAVE
10.5 oz

metro
FRESH
2 GO

ENTERTAINING MADE EASY

We have your catering covered.

**Minimum of 48 hours notice on all orders.*



Place Your Catering Order Today



Online
fresh2go.metro.ca



In Store
Visit Our Deli

merry varieties of
COLD ONES

Cheers to the holidays with our variety of refreshing favourites.



THE PERFECT WINE FOR YOUR FESTIVE FEAST



Advertised prices are subject to change and exclude HST and deposit fees, which are added at checkout. Beer, wine and cider are available at select stores. See metro.ca for availability.

More Great Savings



2 for \$7.99
PRIMO PASTA SAUCE
16 oz. (1.125 L)
SELECTED VARIETIES



6.99
STEFANO PASTA SAUCE
16 oz. (1.125 L)
SELECTED VARIETIES



2.99
ITAL PASTA LASAGNE
17 oz.
SELECTED VARIETIES



5.49
SOMETHING SPECIAL TOP SPREAD & MARINADE
10 oz.
SELECTED VARIETIES



4.99
KELLOGG'S RICE KRISPIES
10 oz. (275 g)
SELECTED VARIETIES



4.99
KELLOGG'S RAISIN BRAN
10 oz. (275 g)
SELECTED VARIETIES



45¢
KRAFT PARMESAN CHEESE
1/2 lb. (113 g)
SELECTED VARIETIES



3.99
KASHI GRANOLA BARS
10 oz. (283 g)
SELECTED VARIETIES



5.79
LACTANTIA ULTRA PURE MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



5.79
LACTANTIA ULTRA PURE MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.49
LACTANTIA LACTOSE FREE MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.49
LACTANTIA LACTOSE FREE MILK
1 L (33.8 FL OZ)
SELECTED VARIETIES



7.99
TRICKMEATS CONDIMENT
250 g (8.8 oz)
SELECTED VARIETIES



7.99
TRICKMEATS CONDIMENT
250 g (8.8 oz)
SELECTED VARIETIES



10.49
HÄAGEN DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.49
HÄAGEN DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.49
HÄAGEN DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.49
HÄAGEN DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.99
HÄAGEN DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.99
HÄAGEN DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.99
HÄAGEN DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.99
HÄAGEN DAZS ICE CREAM
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



10.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



9.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



9.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



9.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



9.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



13.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



13.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



13.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



13.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



6.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



12.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



12.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



12.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES



12.00
INVESTIBLE FROZEN FRUIT
1 L (33.8 FL OZ)
SELECTED VARIETIES

[illegible]

Organic

MARINATA
PEANUT BUTTER
100% PEANUT BUTTER
SELECTED VARIETIES

8⁹⁹
ea.

MARINATA
Peanut Butter
SELECTED VARIETIES

3⁹⁹
ea.

FARMER'S MARKET
CANNED
VEGETABLES
SELECTED VARIETIES

4⁴⁹
ea.

ORGANIC
Green Tea
SELECTED VARIETIES

8⁴⁹
ea.

GO BIO
BOUILLON CUBES #10
SELECTED VARIETIES

3⁹⁹
ea.

PEACE RIVER
HONEY
SELECTED VARIETIES

14⁴⁹
ea.

MANITOBA HARVEST
HEMP HEARTS #10
SELECTED VARIETIES

10⁹⁹
ea.

Gluten-Free

ROSE
MONSIEUR
SELECTED VARIETIES

3⁹⁹
ea.

CRETORS
POPCORN
SELECTED VARIETIES

4⁹⁹
ea.

MAPLE LEAF
MIGHTY PROTEIN
CHICKEN STICKS
SELECTED VARIETIES

2⁴⁹
ea.

TRY NEW
MIGHTY PROTEIN
SELECTED VARIETIES

5⁴⁹
ea.

GENERAL MILLS
CHEX CEREAL
SELECTED VARIETIES

6⁴⁹
ea.

Household Helpers

15
POUR
SCOTTIES
FACIAL TISSUES
SELECTED VARIETIES

2⁴⁹
ea.

LOW
EVERY DAY
SELECTION
COMPOSTABLE NAPKINS
SELECTED VARIETIES

3⁹⁹
ea.

BUY MORE
SAVE MORE!
2 for
20⁰⁰
each
OR
CLARET & WICK
CANDLES OR
OIL LAMP FRESHENER
DETAILS
SELECTED VARIETIES

5⁴⁹
ea.

Ziploc
FREEZER OR
SANDWICH BAGS
SELECTED VARIETIES

9⁹⁹
ea.

ALCAN
ALUMINUM FOIL
SELECTED VARIETIES

5⁴⁹
ea.

RED BIRCH
CUTLERY
SELECTED VARIETIES

2⁴⁹
ea.

SELECTION
RED CUPS
SELECTED VARIETIES

7⁴⁹
ea.

SAVE \$4*
when you buy any 3
Carlton Cards

with greeting card coupon

DAWN
OR CASCADE
DISH WASHING LIQUID
SELECTED VARIETIES

10⁹⁹
ea.

SELECTION
WINDFIELL
WASHING LIQUID
SELECTED VARIETIES

15⁹⁹
ea.

Pet

BUY MORE
SAVE MORE!
2 for
5⁰⁰
each
PROCKETS
PARTY MIX CAT TREATS
SELECTED VARIETIES

2⁹⁹
ea.

15
POUR
TINY TARTARUS
CAT TREATS
SELECTED VARIETIES

2⁹⁹
ea.

VITALIFE
DOG TREATS
SELECTED VARIETIES

14⁴⁹
ea.

COOKIES
CALDON FARM
DOG TREATS
SELECTED VARIETIES

8⁴⁹
ea.

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[illegible][illegible][illegible][illegible]

3⁹⁹

ea.

7⁹⁹

ea.

2⁴⁹

ea.

3⁴⁹

ea.

3⁹⁹

ea.

4⁹⁹

ea.

7⁹⁹

ea.

2⁴⁹

ea.

3⁴⁹

ea.

3⁹⁹

ea.

4⁹⁹

ea.

7⁹⁹

ea.

2⁴⁹

ea.

3⁴⁹

ea.

3⁹⁹

ea.

4⁹⁹

ea.

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5⁴⁹

ea.

4⁹⁹

ea.

2⁹⁹

ea.

3⁹⁹

ea.

4⁹⁹

ea.

4⁹⁹

ea.

1²⁵

ea.

10⁹⁹

ea.

Crisp Winter Snacking

3⁴⁹

ea.

2⁹⁹

ea.

2⁹⁹

ea.

2⁹⁹

ea.

8⁹⁹

ea.

8⁹⁹

ea.

15⁴⁹

ea.

9⁹⁹

ea.

5⁹⁹

ea.

36⁹⁹

ea.

28⁹⁹

ea.

3⁹⁹

ea.

4⁹⁹

ea.

42⁰⁰

ea.

3⁹⁹

ea.

6⁹⁹

ea.