



**From our home
to yours**



**APP
EXCLUSIVE
OFFER***

GET
6,000

\$6
back
in points

\$21

**PC® PACIFIC WHITE
SHRIMP RING WITH
MILD COCKTAIL SAUCE**

FROZEN

568 G

**COURONNE DE
CREVETTES
BLANCHES DU
PACIFIQUE**

**AVEC SAUCE
COCKTAIL
DOUCE PC®**

20147098_EA



*Open your PC Optimum® app or visit pc optimum.ca to get the offer



**APP
EXCLUSIVE
OFFER***

GET
1,000

\$1
back
in points

6⁵⁰

**8 INCH PIES
SELECTED VARIETIES**

635-750 G

TARTE DE 8 PO

21297474_EA

21297475_EA



*Open your PC Optimum® app or visit pc optimum.ca to get the offer

\$4

WONDERFUL PISTACHIOS

UNSALTED OR ROASTED & SALTED

225 G

PISTACHES WONDERFUL

21018439_EA

21085963001_EA



\$8

**FERRERO COLLECTION
OR ROCHER**

SELECTED VARIETIES

156-200 G

**COLLECTION FERRERO
OU ROCHER**

20098034_EA

20981575_EA



11⁹⁹

EQUIVALENT TO
50c
PER CAN

PEPSI SOFT DRINKS

SELECTED VARIETIES

24X355 ML

**BOISSONS
GAZEUSES**

PEPSI

20306687001_C24

20306687002_C24



**SAVE
37%**

1.25

NO NAME® BROTH sans nom®
SELECTED VARIETIES
900 ML
**BOUILLON
SANS NOM®**
21189607_EA
21189610_EA



**SAVE
UP TO 31%**

\$5

**KRAFT MIRACLE
WHIP** 650-890 ML OR
HEINZ KETCHUP
750 ML-1 L
SELECTED VARIETIES
**MIRACLE WHIP
KRAFT OU
KETCHUP HEINZ**
20069080_EA
20298661001_EA



**SAVE
\$1**

\$4

**CHAPMAN'S
YUKON NOVELTIES**
5-8'S OR **PC® FROZEN
FRUIT** 300-600 G
SELECTED VARIETIES
FROZEN
**FRIANDISES
GLACÉES YUKON
CHAPMAN'S OU
FRUITS SURGELÉS
PC®**
20312227_EA
20950270_EA



\$20

**GET
3,000**

**\$3
back
in points**

**PC® COFFEE ROAST
AND GROUND**
SELECTED VARIETIES
800-930 G
**CAFÉ TORRÉFIÉ ET
MOULU PC®**
21393374_EA
21668446_EA



**PROUDLY CANADIAN
OWNED & OPERATED**

valu-mart™

SAVE \$1.56/LB

5.44
LB

MEDIUM GROUND BEEF
FAMILY SIZE
11.99/KG
BOEUF HACHÉ MI-MAIGRE
20865473_EA



1.98
LB

**PC® OR BUTTERBALL
TURKEYS**
FROZEN, ALL AVAILABLE
VARIETIES AND SIZES
4.37/KG
**DINDONS PC™
OU BUTTERBALL**
2018435_KG
20892514_KG



\$10

PC® SHRIMP APPETIZERS
SELECTED VARIETIES 294-454 G OR
**PC® SMOKED SALMON OR
CRAB & LOBSTER BAKE
& SERVE DIP** 360 G FROZEN
**HORS-D'ŒUVRE AUX
CREVETTES PC™ OU SAUMON
FUMÉ OU TREMPETTE À
CUIRE ET À SERVIR AU
SAUMON FUMÉE OU CRABE
ET HOMARD PC™**
20135874_EA
21626773_EA



SAVE UP TO \$1

\$9

**PC® PACIFIC LARGE
WHITE SHRIMP**
RAW OR COOKED, PEELLED OR RAW,
ZIPPERBACK® 30-40 PER LB FROZEN
400 G
**GROSSES CREVETTES
BLANCHES DU
PACIFIQUE PC™**
20789931_EA
20791381_EA



SAVE 39%

\$3

RASPBERRIES
PRODUCT OF MEXICO
OR U.S.A.
HALF PINT
FRAMBOISES
20128938001_EA



SAVE 30%

3.50

CAULIFLOWER
PRODUCT OF U.S.A. OR MEXICO,
NO. 1 GRADE
EACH
CHOU-FLEUR
20133377001_EA



\$4 /100 G

**PARMIGIANO
REGGIANO CHEESE**
PRODUCT OF ITALY, DELI CUT
**FROMAGE PARMIGIANO
REGGIANO**
210602364_KG



**SAVE
99¢**
WHEN YOU BUY 3

3/4.98

OR
\$1.99 EA.

BARILLA PASTA
SELECTED VARIETIES
410 G
PÂTES BARILLA
21404904_EA
21404912_EA



**SAVE
\$1.61**

4.88

**BLACK DIAMOND
CHEESE BARS** 400 G
OR **SHREDS** 300-320 G
SELECTED VARIETIES
**BARRES DE
FROMAGE OU
FROMAGE RÂPÉ
BLACK DIAMOND**
21278845_EA
21279227_EA



\$11

TIDE DETERGENT
1.62-1.86 L, **PODS OR
FLINGS** 18-31'S, **DOWNY
OR GAIN FABRIC
SOFTENER** 1.66-2.63 L,
**DOWNY GAIN OR
IVORY SNOW BEADS**
30.3-37.9 G
SELECTED VARIETIES
**DETERGENT TIDE,
PODS OU FLINGS,
ASSOUPPLISSANT
TEXTILE DOWNY OU
GAIN, PERLES DOWNY,
GAIN OU IVORY NEIGE**
21050428_EA
21093782_EA



\$3

**GREEN GIANT
VEGETABLES** 400-750 G,
OR **MCCAIN SUPERFRIES**
OR **SPECIALTY
POTATOES** 454-800 G
SELECTED VARIETIES, FROZEN
**LÉGUMES GÉANT VERT
OU FRITES SUPERFRIES
OU POMMES DE TERRE
DE SPÉCIALITÉ MCCAIN**
20324370002_EA
216215551_EA



**SAVE
42%**

\$2

**LANTIC WHITE
GRANULATED
SUGAR**
SELECTED VARIETIES
2 KG
**SUCRE BLANC
GRANULÉ LANTIC**
20450333_EA



Flyer prices effective from Thursday, December 11th to Wednesday, December 17th, 2025. SEE BACK PAGE FOR DETAILS.

VM 1

2⁵⁰

PC® OR BLUE MENU® ENGLISH MUFFINS
SELECTED VARIETIES
6'S
MUFFINS ANGLAIS
PC™ OU MENU BLEU™
20870728_EA



Members-Only Price
\$16
Non-members
\$18

BERETTA ROLL N GO MIX
425 G
MÉLANGE ROLL'N GO
MIX BERETTA
21577983_EA



\$15

BENTO CALIFORNIA ROLL VARIETY PACK
SELECTED VARIETIES
470 G
ROULEAU CALIFORNIEN BENTO
EMBALLAGE VARIÉ
21691525_EA



\$5

CARNATION HOT CHOCOLATE SACHETS 7/10'S OR PC® INSTANT COFFEE 80/100 G
SELECTED VARIETIES
SACHETS DE CHOCOLAT CHAUD CARNATION OU CAFÉ INSTANTANÉ PC™
21699826_EA
21647144_EA



SAVE \$1 WHEN YOU BUY 2

2/\$7

OR \$4 EA.

YOPLAIT TUBES 448 G OR MINIGO 6X60 G
SELECTED VARIETIES
YOGOURT TUBES OU MINIGO YOPLAIT
21547395_EA
21619318_EA



\$6

KELLOGG'S FAMILY SIZE CEREAL
SELECTED VARIETIES 450-650 G
CÉRÉALES FORMAT FAMILIAL
KELLOGG'S
20016844_EA
21637640_EA



SAVE \$2.49

\$7

BECEL MARGARINE 637/850 G OR PC® BUTTER QUARTERS 454 G
SELECTED VARIETIES
MARGARINE BECEL OU BÂTONNETS DE BEURRE PC™
20297818002_EA
20313436002_EA



12⁹⁹

EQUIVALENT TO 55¢ PER CAN

COCA-COLA SOFT DRINKS
SELECTED VARIETIES 24 X 355 ML
BOISSONS GAZEUSES COCA-COLA
20308197001_C24
20308197003_C24



SAVE 68%

1²⁵

STOVE TOP STUFFING
SELECTED VARIETIES 120 G
FARCE STOVE TOP
20009598001_E2
20310507001_EA



SAVE \$1

5⁹⁹

ROBIN HOOD OR FIVE ROSES FLOUR bin Hood
SELECTED VARIETIES 2.5 KG
FARINE ROBIN HOOD OU FIVE ROSES
200394957001_EA
200394957005_EA
20148914001_EA



\$4

MOTT'S CLAMATO JUICE 1.89 L OR OCEAN SPRAY 100% JUICE BLEND OR COCKTAIL 1.77-1.89 L
JUS CLAMATO MOTT'S OU MÉLANGE À JUS 100% OU COCKTAIL OCEAN SPRAY
SELECTED VARIETIES
20300006003_EA
20318955002_EA



3⁵⁰

HUMPTY DUMPTY CHEESE FLAVOURED SNACKS OR PARTY MIXES
OR OLD DUTCH POTATO CHIPS
SELECTED VARIETIES 200-290 G
GRIGNOTINES À SAVEUR DE FROMAGE OU MÉLANGE FIESTA
HUMPTY DUMPTY OU CROUSTILLES OLD DUTCH
214451000_EA
21646697_EA



\$8

PC® OR BLUE MENU® ENTRÉES
SELECTED VARIETIES FROZEN 907 G-1.13 KG
PLATS CUISINÉS PC™ OU MENU BLEU™
20326534_EA
21524774_EA



\$4

GET 2,000⁺ back in points

CHAPMAN'S SUPER PREMIUM
SELECTED VARIETIES FROZEN 500 ML
SUPER PREMIUM CHAPMAN'S
2157147_EA



\$1

PC® DISTILLED WATER 4 L
EAU DISTILLÉE PC™
20797191_EA



Members-Only Price
5⁹⁹
Non-members
11⁹⁹

CASHMERE BATHROOM TISSUE 12 DOUBLE ROLLS, SPONGETOWELS
PAPER TOWELS 3-16 ROLLS OR SCOTTIES FACIAL TISSUE 6'S
SELECTED VARIETIES
PAPIER HYGIÉNIQUE CASHMERE, ESSUIE-TOUIT SPONGETOWELS OU MOUCHOIRS SCOTTIES
21204779_EA
21676183_EA



2⁵⁰

PALMOLIVE DISH DETERGENT
SELECTED VARIETIES 591/828 ML
DÉTERGENT À VAISSELLE PALMOLIVE
20841400_EA



\$13

TIDY CATS LIGHT WEIGHT LITTER
SELECTED VARIETIES 2.72 KG
LITIÈRE POIDS PLUME TIDY CATS
21206496_EA



PRICE DROP! **MORE WAYS TO SAVE**

\$3

KETTLE BRAND POTATO CHIPS
SELECTED VARIETIES 156/198 G
CROUSTILLES KETTLE BRAND
21520952_EA
21530692_EA



3/4⁹⁸
OR \$1.99 EA.

KNORR SIDEKICKS
OR CUPS
SELECTED VARIETIES 73-167 G
SIDEKICKS OU CONTENANTS KNORR
20321430004_EA
21643114_EA



3/\$9
OR \$3.79 EA.

BEN'S BISTRO RICE
SELECTED VARIETIES 240/250 G
RIZ BISTRO BEN'S
21465472_EA
21465473_EA



3/\$3
OR \$1.49 EA.

NESTLÉ CHOCOLATE SINGLES OR MR BEAST FEASTABLES MILK OR PEANUT BUTTER CHOCOLATE
BARRES DE CHOCOLAT INDIVIDUELLES
NESTLÉ OU CHOCOLAT AU LAIT OU BEURRE D'ARACHIDE
FEASTABLES MR. BEAST
20044954_EA/21592740_EA



valu-mart CUSTOMER RELATIONS 1-800-296-2332. VISIT valumart.ca FOR STORE HOURS.

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crush **fresh** cravings

4⁵⁰

BLUEBERRIES
PRODUCT OF PERU
PINT
BLEUETS
20480137001_EA

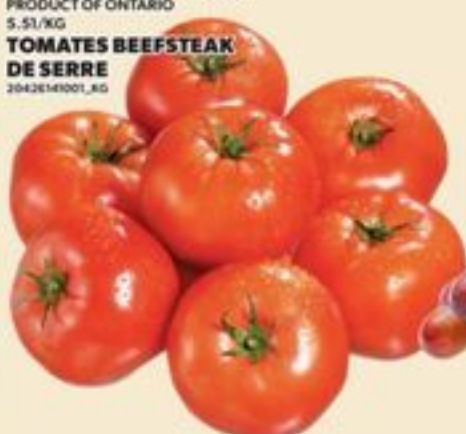


PINT

2⁵⁰ LB



GREENHOUSE
BEEFSTEAK TOMATOES
PRODUCT OF ONTARIO
5.51/KG
TOMATES BEEFSTEAK
DE SERRE
2042141001_KG



3⁹⁹ LB

EXTRA LARGE BLACK SEEDLESS GRAPES
PRODUCT OF U.S.A., NO. 1 GRADE OR
GREEN OR RED SEEDLESS GRAPES
PRODUCT OF PERU, NO. 1 GRADE
8.80/KG
TRÈS GROS RAISINS NOIRS SANS PÉPINS
OU TRÈS GROS RAISINS VERTS OU
ROUGES SANS PÉPINS
20710275001_KG
20423775001_KG



\$5



PC® LITTLE GEMS™
MINI MIXED, YELLOW
OR RED POTATOES
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
680 G
MINI-POMMES DE TERRE
ROUSSSES, DORÉES
OU ASSORTIES PC®
LITTLE GEMS™
21247300001_EA
21247301001_EA



\$3



FARMER'S MARKET™
CARROTS OR
YELLOW ONIONS
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
3 LB BAG
CAROTTES OU
OIGNONS JAUNES
DÉLICIES DU MARCHÉ™
20420091001_EA
20420092001_EA



5⁵⁰ LB

ASPARAGUS
PRODUCT OF MEXICO
OR PERU NO. 1 GRADE
12.13/KG
ASPERGES
2074581001_KG



SAVE 50¢ LB



1⁵⁰ LB

BUTTERNUT SQUASH
OR SWEET POTATOES
PRODUCT OF CANADA
3.31/KG
COURGE MUSQUÉE
OU PATATES DOUCES
20332329001_KG
20127708001_KG



SAVE \$1
WHEN YOU BUY 2

2/\$11

OR
\$6 EA.
TAYLOR FARMS
CHOPPED SALAD
KITS
SELECTED VARIETIES,
PRODUCT OF U.S.A.
267-383 G
SALADES HACHÉES
TAYLOR FARMS
210995013_EA
210995014_EA



\$23

LARGE VEGETABLE
OR FRUIT PLATTER
PREPARED IN-STORE
1.58-2.2 KG
GROS PLATEAU
DE LÉGUMES
OU FRUITS
20081718_EA
20121099_EA



\$7 LB

HALAL

NEW ZEALAND
BONE-IN LAMB LEG
FROZEN
15.43/KG
GIGOT D'AGNEAU
AVEC OS DE
NOUVELLE-
ZÉLANDE
20442553_KG



feeling protein power-fuel

\$13 LB

STEWING BEEF
FAMILY SIZE, CUT FROM
CANADA AA OR USDA
SELECT GRADE BEEF
OR HIGHER
28.66/KG
BŒUF À RAGOÛT
DÉOSSÉ
20797672_KG



\$8

PLAIN BEEF STIR
FRY STRIPS
CUT FROM CANADA AA
GRADE BEEF OR HIGHER
250 G
LANIÈRES DE BŒUF
À SAUTER NATURE
21588067_EA



\$7



PC® BLUE MENU®
GROUND CHICKEN
454 G
POULET HACHÉ
PC® MENU BLEU®
27000091_EA



2⁹⁹ LB

COOK'S PORTION
HAM
6.59/KG
JAMBONNEAU
COOK'S
20559641_KG



\$11

ST-HUBERT PIES
SELECTED VARIETIES,
FROZEN
715-800 G
PÂTES ST-HUBERT
20719290_EA
20719334_EA



find your catch in seafood

\$12 LB

FRESH RAINBOW
TROUT FILLETS
26.46/KG
FILETS DE TRUITE
ARC-EN-CIEL
FRAÎCHE
20697813_KG



\$10

PC® MARYLAND-STYLE
CRAB CAKES
FROZEN
170 G
GALETTES DE CRABE
STYLE MARYLAND PC®
21336017_EA



8⁵⁰ EA.

LOBSTER TAILS
3-4 OZ OR
PC® GLUTEN-FREE
BREADED SHRIMP
UNCOOKED 340 G
FROZEN OR
PREVIOUSLY FROZEN
QUEUES DE
HOMARD OU
CREVETTES PANÉES
SANS GLUTEN PC®
20666017_EA/21354653_EA



baked in comfort

3⁵⁰

LA BAGUETTERIE
CIABATTA DEMI
450 G
DEMI-CIABATTA
20833789_EA



\$5

ACE BISTRO LOAF
SELECTED VARIETIES
545-640 G
MICHE BISTRO ACE
21606092_EA
21606156_EA



SAVE 98¢
WHEN YOU BUY 2

2/\$8

OR
\$4.49 EA.

COUNTRY HARVEST
BREAD OR BAGELS
SELECTED VARIETIES
AND SIZES
PAIN OU BAGELS
COUNTRY HARVEST

21778097_EA
21778640_EA
21778642_EA



\$6

PC® NAAN DIPPER
CLUB SIZE
400 G
BOUCHÉES NAAN
PC™
20999700_EA



\$3

NO NAME®
DINNER ROLLS
SELECTED VARIETIES
420 G
PETITS PAINS
SANS NOM®
21431028_EA



\$6

FARMER'S MARKET™
OR SIMPLE JOY SLICED
LOAF CAKES
SELECTED VARIETIES
344-400 G
GÂTEAUX
PAUSE-CAFÉ TRANCHES
DÉLICES DU MARCHÉ™
OU SIMPLE JOYS



Optimum
Members-Only Price
\$6

Non-members
\$7

MAPLE LEAF NATURAL
SELECTIONS
SCHNEIDERS OR
PC® FREE FROM®
DELI SLICED MEATS
SELECTED VARIETIES
150/175 G
CHARCUTERIES
TRANCHÉES NATURAL
SELECTIONS MAPLE
LEAF SCHNEIDERS
OU PC™ SIMPLEMENT
BON™
20066495_EA
20682855_EA



in the mood for **deli-cious**

SAVE
\$1.79

\$6

PC® GOAT CHEESE
SELECTED VARIETIES
140 G
FROMAGE DE
CHEVRE PC™
21390014_EA



\$7

CASTELLO HAVARTI,
CHEDDAR OR BLUE
CHEESE
SELECTED VARIETIES
125-200 G
HAVARTI, CHEDDAR
OU BLEU CASTELLO
20428174_EA
20573910_EA



Optimum
Members-Only Price
\$6

Non-members
\$7

MASTRO DELI
SLICED SALAMI
SELECTED VARIETIES
125/150 G
SALAMI TRANCHE
EN CHARCUTERIE
MASTRO
21061096_EA
21061099_EA



SAVE
UP TO \$1.99

\$7

ZIGGY'S® OR
PILLER'S® KOLBASSA
SELECTED VARIETIES
300-375 G
KOLBASSA
ZIGGY'S® OU
PILLER'S®
20308402_EA
21394884_EA



\$4

PC® NAAN CRISPS
SELECTED VARIETIES
170 G
CRAQUELINS DE
NAANS PC™
21683375_EA
21683470_EA



on the run, we got you

\$12

CHICKEN SALAD
IN-STORE PREPARED
600 G
SALADE DE POULET
21538796_EA



\$16

CHICKEN
FAVORITES
ASSORTED VARIETIES
SERVED HOT OR CHILLED
320-870 G
MORCEAUX
PRÉFÉRÉS DE
POULET
20137068_EA
20992187_EA



\$9

FROM OUR CHEFS™
SOUP
SELECTED VARIETIES
700 ML
SOUP CONCOCTÉ
PAR NOS CHEFS™
21703369_EA
21703558_EA



power bowls

\$8

IN-STORE
PREPARED BOWLS
SELECTED VARIETIES
345-400 G
BOLS PRÉPARÉS
EN MAGASIN
21666110_EA/21666166_EA



DECEMBER

HIT
OF THE
MONTH

LIMIT 6
AFTER LIMIT
2.75 EA.



\$2

CHRISTIE OREO, CHIPS AHOY!
ANIMAL CRACKERS,
TEDDY GRAHAMS OR
POKÉMON SNACK PACKS
SELECTED VARIETIES
144-200 G
21522348_EA
21585155_EA

LIMIT 6
AFTER LIMIT
3.50 EA.



\$2⁵⁰

PLANTER'S CASHEW HALVES,
COCKTAIL PEANUTS OR
MIXED NUTS WITH
60% PEANUTS
SELECTED VARIETIES
200-225 G
21204908_EA
21620001_EA

LIMIT 6
AFTER LIMIT
\$4 EA.



\$2⁸⁵

PC® EXTRA THICK CINNAMON
RAISIN BREAD
675 G
20639729_EA

LIMIT 6
AFTER LIMIT
\$6 EA.



\$5

SANPELLEGRINO
ITALIAN
SPARKLING WATER
SELECTED VARIETIES
6X330 ML
21433206_C06
21433205_C06

LIMIT 6
AFTER LIMIT
5.50 EA.



\$4⁵⁰

SOFTSOAP LIQUID
HAND SOAP REFILL
SELECTED VARIETIES
1.47 L
21167194_EA

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.

*Must be a registered PC Optimum® member to get this offer.

Valid from December 1 - 31, 2025. While quantities last. See in-store for details.