

Shop our *best deals*
this week!

HOTSALE!

MVP

5.99

LB

U.S.D.A. CHOICE

Boneless BEEF CHUCK ROAST

W/O MVP Card \$9.49 LB

YOU SAVE

\$3.50

LB

HOTSALE!

MVP

25% OFF

W/O MVP Card Regular Retail

Nature's Promise

All Natural - All Varieties NATURE'S PROMISE MEAT & SEAFOOD

HOTSALE!

MVP

1.29

LB

Limit 2

W/O MVP Card \$2.29 LB

Pork WHOLE BOSTON BUTT

HOTSALE!

MVP

7.99

EA

W/O MVP Card \$10.99 EA

31-40 Ct. 16 Oz. Bag - Frozen FOOD LION RAW SHRIMP PEELED AND DEVEINED TAIL-OFF

YOU SAVE

\$3.58

ON 2

HOTSALE!

MVP

2/\$4

Pint BLUEBERRIES

W/O MVP Card \$3.79 EA

4 Oz. - Select Varieties NATURE'S PROMISE GREENHOUSE GROWN SALADS

HOTSALE!

MVP

2.49

EA

W/O MVP Card \$2.99 EA

8.25-18 Oz. - Select Varieties NATURE'S PROMISE GREENHOUSE GROWN SALADS

HOTSALE!

MVP

1.49

EA

W/O MVP Card \$2.99 EA

14 Oz. FOOD LION MINI CUCUMBERS

HOTSALE!

MVP

59¢

EA

W/O MVP Card \$94 EA

Large GREEN PEPPERS

6.88-20 Oz. Select Varieties THOMAS BAGELS OR ENTEENMANN'S LITTLE BITES MUFFINS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans Select Varieties PEPSI PRODUCTS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

13.25-14.25 Oz. Select Varieties BETTY CROCKER SUPER MOIST CAKE MIX

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$1.99 EA

12 Pack 12 Oz. Bottles or Cans Select Varieties SAMUEL ADAMS SIERRA NEVADA OR NEW BELGIUM

HOTSALE!

MVP

16.99

EA

W/O MVP Card Regular Retail

5.75-12.4 Oz. Select Varieties CHEEZ-IT OR CHEEZ-IT SNAP'D

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.99 EA Single Item Half Price

6.5-10 Oz. Select Varieties CHEETOS OR FRITOS

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$5.69 EA Single Item Half Price

52 Oz. Select Varieties FLORIDA'S NATURAL ORANGE JUICE

HOTSALE!

MVP

2/\$6

W/O MVP Card \$4.49 EA

15 Oz. Select Varieties Quarters or Cubes CHALLENGE OR DANISH CREAMERY BUTTER QUARTERS

HOTSALE!

MVP

3.99

EA

W/O MVP Card Regular Retail

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

48 Oz. Select Varieties BREYERS ICE CREAM

HOT SALE!

3.49

EA

W/O MVP Card \$5.19 EA

MVP Coupon

-\$1.00 OFF

2.49

EA

W/O MVP Card \$3.49 EA

8.4-12.1 Oz. Select Varieties QUAKER INSTANT OATMEAL

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.69 EA

4.7-8.7 Oz. Select Varieties HAMBURGER HELPER

HOTSALE!

MVP

\$1

EA

W/O MVP Card \$2.99 EA

75-110 Oz. Liquid or 32-42 Ct. Paks Select Varieties ARM & HAMMER

HOTSALE!

MVP

6.99

EA

W/O MVP Card Regular Retail

MVP

3 DAY

HOTSALE!

FRIDAY - SUNDAY

HOTSALE!

MVP

2.99

EA

W/O MVP Card Regular Retail

7-9 Oz. Pkg. Select Varieties OSCAR MAYER DELI FRESH LUNCH MEAT

10-11 Oz. - Select Varieties POST PEBBLES CEREAL

HOTSALE!

MVP

1.79

EA

W/O MVP Card \$4.89 EA

7-8 Oz. - Select Varieties TILLAMOOK SLICED OR SHREDDED CHEESE

7-8 Oz. - Select Varieties TILLAMOOK SLICED OR SHREDDED CHEESE

HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.29 EA

8.25-18 Oz. - Select Varieties FRITO LAY PARTY SIZE CHIPS OR SNACKS

8.25-18 Oz. - Select Varieties FRITO LAY PARTY SIZE CHIPS OR SNACKS

HOTSALE!

MVP

2.99

EA

Limit 4

W/O MVP Card \$5.99 EA

20 Oz. WONDER CLASSIC WHITE ROUND TOP BREAD

20 Oz. WONDER CLASSIC WHITE ROUND TOP BREAD

HOTSALE!

MVP

BOGO FREE

W/O MVP Card \$3.69 EA Single Item Half Price Off Regular Retail

6 Mega Rolls CHARMIN 4 Double Rolls BOUNTY

6 Mega Rolls CHARMIN 4 Double Rolls BOUNTY

HOTSALE!

MVP

5.99

EA

W/O MVP Card Regular Retail

18 Oz. Select Varieties DUKE'S SQUEEZE MAYONNAISE

PRICED LOW EVERY DAY

ON ITEMS YOU BUY MOST OFTEN

&

FOOD LION MVP

HOTSALE!

OUR BEST WEEKLY MVP DEALS

1 ZVDC ZVWH ZVWN ZVWT ZWCA ZWCL 12/03/25

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5.99
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

70 MVP Card Regular Retail

A white bowl filled with ground beef and beans, topped with shredded cheddar cheese and sliced jalapeños. Next to the bowl is a slice of cornbread on a wooden cutting board. In the background, a whole pie is visible. A silver spoon rests on the cutting board in front of the bowl.

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5.99
LB

Ground Fresh Daily
80% LEAN
FRESH
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70 MVP Card Regular Retail

A white bowl filled with ground beef and beans, topped with shredded cheddar cheese and sliced jalapeños. Next to the bowl is a slice of cornbread on a wooden cutting board. In the background, a whole pie is visible. A silver spoon rests on the cutting board in front of the bowl.

A white plate featuring a large, seared Beef T-Bone Steak and a baked potato topped with shredded cheese and fresh chives. A small garnish of chives is also placed next to the potato.

All Varieties
All Reg.

**SMITHFIELD
MARINATED
PORK LOIN
FILET**



HOTSALE!
SMITHFIELD
**BOGO
FREE**
W/O MVP Card Regular Retail
Single Item Half Price

ash - Select Varieties
SCHWEID & SONS
 TURKISH
 HURMET
 ROGERS

HOT SALE!
 MUP
10.99
 EA
 MVP Card Regular Retail

 A promotional image for Schweid & Sons' 'The Chuck Brisket' product. At the top, a brown cardboard box is shown with the brand name 'SCHWEID & SONS' and the product name 'THE CHUCK BRISKET' in bold letters. Below the name, it says '100% REAL BEEF' and '100% REAL BEEF & SAUCE'. The box features two circular windows showing the meat. In front of the box, four sandwiches are displayed on a white plate. Each sandwich consists of a round, golden-brown bun, a thick slice of the brisket, a slice of red tomato, and a layer of green lettuce. The sandwiches are arranged in a cluster, with one slightly in front of the others.

Small Pack
FOOD LION
CHICKEN
THIGHS

HOTSALE!
1.69
LB

WIO MVP Card Regular Retail



A photograph showing a plate of baked salmon garnished with lemon wedges and a packet of FISH & WILSON Wild Salmon Dinner. The packet is purple and white, featuring the brand name and product details. The salmon is served on a white plate with a blue rim.

16 Oz. - Fresh
**SALMON
FILLET**

HOTSALE!
MVP
10⁹⁹
EA
W/O MVP Card Regular Retail

40 Oz. Pkg.
Frozen
**FOOD LI
SWAI**

HOT SALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

8 Oz. - Frozen
SHRIMP RING

HOT SALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Frozen
**CHICKEN
OF THE SEA
RAW SHRIMP**

HOT SALE!
MVP
7.99
EA
W/O MVP Card Regular Retail

26-30 Ct.
12 Oz. Bag - Frozen
**CHICKEN
OF THE SEA
COOKED
SHRIMP**

WL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI

ZNPH ZGCH ZGCR ZGCT ZGRY ZMBL ZMBM ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI
ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZVDC ZVRA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 12/03/25

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$3.49 EA
Single Item Half Price

5 Ct.
TEXAS TOAST



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

12 Ct.
FRUIT BITES



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
MVP
6.99
EA
W/O MVP Card \$7.99 LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.49 EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA

6 Oz.
Select Varieties
**NEGRONI
ITALIAN
CHUBS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.49 EA

Drums & Thighs
Made Hot In-Store
**4 PIECE
FRIED CHICKEN**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

14-15.8 Oz.
VICOLO PIZZA



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION
CATERING

Make the
holidays easy
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

SELECT CATERING TRAYS AND PLATTERS

LARGE GARDEN
VEGETABLE
PLATTER

CHICKEN TENDER TRAY



Place your order
at the deli counter or
scan the QR code
to order online.

SIGNATURE
SANDWICH PLATTER

LARGE MINI
SANDWICH PLATTER

CHICKEN WING TRAY

Bring joy
to a family's table when you
buy a holiday box



November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

FOOD LION FEEDS
FEEDING AMERICA

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. feedingamerica.com/feeds

Baked in
fresh flavor!

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler



PRICED LOW EVERY DAY
3.49
EA
16 Oz. Select Varieties
FOOD LION BUTTER QUARTERS



HOTSALE!
W/O MVP Card \$2.29 EA
2/\$4
8-12.4 Oz. Select Varieties
FOOD LION CRESCENT OR CINNAMON ROLLS



2.37 Oz.
FOOD LION CINNAMON
HOTSALE!
W/O MVP Card \$2.99 EA
2.49
EA



PRICED LOW EVERY DAY
2.99
EA
48 Oz. Select Varieties
FOOD LION ICE CREAM



HOTSALE!
W/O MVP Card \$1.99 EA
1.79
EA
16 Oz. Select Varieties
FOOD LION BAKING SUGARS



HOTSALE!
W/O MVP Card \$1.49 LB
1.29
LB
Tote Bag
GALA APPLES



PRICED LOW EVERY DAY

8 Oz. Select Varieties
FOOD LION MUSHROOMS
2.69
EA



4.10-5.7 Oz. Select Varieties
KNORR PASTA OR RICE SIDES
HOTSALE!
W/O MVP Card \$1.58 EA
4/\$5



15-16 Oz. Select Varieties
HUNT'S MANWICH
HOTSALE!
W/O MVP Card \$1.88 EA
1.19
EA



12 Oz. FOOD LION VANILLA WAFERS
HOTSALE!
W/O MVP Card \$2.79 EA
2/\$4



24 Oz. Select Varieties
WESSON VEGETABLE OR CANOLA OIL
HOTSALE!
W/O MVP Card \$3.58 EA
2.89
EA



2.12-3.5 Oz. Select Varieties
MCCORMICK GRILL MATES SEASONING
HOTSALE!
W/O MVP Card \$2.69 EA
2.19
EA



16 Oz. Select Varieties
TEDDIE NATURAL PEANUT BUTTER
HOTSALE!
W/O MVP Card \$3.99 EA
2.99
EA



8-16 Oz. Select Varieties
UTZ PRETZELS
HOTSALE!
W/O MVP Card \$3.99 EA
2/\$6



HOTSALE!
W/O MVP Card \$3.48 EA
2/\$5
6 Pack Select Varieties
WHITE HOUSE APPLE SAUCE



14.5-15 Oz. Select Varieties
CHEF BOYARDEE CANNED PASTA
HOTSALE!
W/O MVP Card \$1.58 EA
4/\$5



11-20 Oz. Select Varieties
PEPPERIDGE FARM DINNER ROLLS, BREAD OR BUNS
HOTSALE!
W/O MVP Card \$4.49 EA
3.99
EA



HOTSALE!
W/O MVP Card Regular Retail
3.99
EA
9.31-19.5 Oz. Select Varieties
NABISCO FAMILY SIZE CHIPS AHOY! OR OREO COOKIES



HOTSALE!
W/O MVP Card \$2.99 EA
2/\$4
16 Oz. Select Varieties
AL BRONZO PASTA



0.4-1.1 Oz. Select Varieties
HIDDEN VALLEY SALAD DRESSING MIX
HOTSALE!
W/O MVP Card \$2.48 EA
2/\$3



14 Oz. LA BANDERITA TOTOPOS TORTILLA CHIPS
HOTSALE!
W/O MVP Card Regular Retail
2/\$6



3.5-13.7 Oz. Select Varieties
NABISCO RITZ OR SNACK CRACKERS
HOTSALE!
W/O MVP Card \$5.49 EA
3.99
EA



23.9-24 Oz. Select Varieties
RAGU PASTA SAUCE
HOTSALE!
W/O MVP Card Regular Retail
2/\$5



6.5-8 Oz. Select Varieties
CAPE COD POTATO CHIPS
LIMIT 4 FREE
HOTSALE!
W/O MVP Card \$5.29 EA
Single Item Half Price
BOGO FREE



6-10.7 Oz. - Select Varieties
LITTLE DEBBIE HOLIDAY CAKES OR CHRISTMAS COFFEE CREAMER
HOTSALE!
W/O MVP Card Regular Retail
2/\$6



16 Oz. Select Varieties
RAO'S SOUP
HOTSALE!
W/O MVP Card \$4.48 EA
MVP Coupon -1.00 OFF!
2.99
EA



30 Oz. Select Varieties
KRAFT MAYONNAISE
HOTSALE!
W/O MVP Card \$6.19 EA
3.99
EA



4 Pack Select Varieties
GOGO SQUEEZ ACTIVE
HOTSALE!
W/O MVP Card \$4.59 EA
3.49
EA



4.6 Oz. Select Varieties
FERRERO COLLECTION 12 PIECE GIFT BOX
WHILE SUPPLIES LAST!
HOTSALE!
W/O MVP Card \$6.99 EA
5.49
EA



14 Oz. - Select Varieties
BLUE DIAMOND ALMONDS AND MORE
HOTSALE!
W/O MVP Card \$11.48 EA
MVP Coupon -2.00 OFF!
6.99
EA



Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

6.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

13.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA, YUENGLING FLIGHT OR KONA

HOTSALE!

15.49 EA

30 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH LIGHT OR KEYSTONE LIGHT

HOTSALE!

19.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

22.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.99 EA

8 Pack - 12 Oz. Cans Select Varieties DEVIL'S BACKBONE, HIGH NOON OR COASTAL COCKTAILS

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX 12/03/25

DAIRY



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
LAND O LAKES
BUTTER OR
MARGARINE

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES

HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT

HOTSALE!
MVP

2.99
EA

W/O MVP Card \$3.99 EA

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT

HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES

HOTSALE!
MVP

2/\$3
EA

W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

28-32 Oz. - Select Varieties

STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
MVP

4.49
EA

W/O MVP Card Regular Retail



FROZEN

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES

HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS

HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS

HOTSALE!
MVP

5.99
EA

W/O MVP Card \$6.99 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA

HOTSALE!
MVP

4.99
EA

W/O MVP Card \$6.99 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA

HOTSALE!
MVP

7.99
EA

W/O MVP Card \$9.29 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS

HOTSALE!
MVP

1
EA

W/O MVP Card \$1.88 EA

7-10 Oz.
Select Varieties
GREEN GIANT
BOXED
VEGETABLES

HOTSALE!
MVP

12.99
EA

W/O MVP Card \$12.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

1.99
EA

W/O MVP Card Regular Retail

22-6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HOTSALE!
MVP

4.28
EA

W/O MVP Card Regular Retail

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

BREAKFAST

HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

HOTSALE!
MVP

4.28
EA

W/O MVP Card Regular Retail

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HEALTH & BEAUTY




HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA



60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

- Quickly dissolves
- No drowsiness
- No blood pressure, heart rate, or breathing changes

30 TABLETS • 100% NATURAL SLEEP AID

6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



NOT YOUR MOTHER'S
CURL TALK
DRY SHAMPOO

CLEAN
FACE
FOAM WASH

12 Oz.
Select Varieties

**CERAVE
CLEANSER
OR LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Daily Hydrating
Cleanser

CeraVe
Daily Hydrating
Facial Moisturizer

HOUSE & HOME

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PUSHPODS**

16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



16 Oz. Select Varieties
**DAWN
POWERWASH**

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

BABY

- PET

NEW ITEM CENTER

45 Oz.
Select Varieties

BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



VALUE PACK

Blistex

3 Balm Lip Balm Pack

MEDICATED LIP BALM

Smooth, Easy-Gliding Protection

Seals in Moisture To Soothe & Prevent Dry Lips

NET WT. 4.5 OZ. (128g)

Blistex

Blistex

MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

OLAY
 22 Oz. Body Wash Select Varieties
OLAY

2/\$9
 W/ MVP Card \$7.99 EA
 OFF 2

DOWNY UNSTOPABLES
 24 Oz. Select Varieties
DOWNY UNSTOPABLES

15.99
 EA
 W/ MVP Card \$4.99 EA
 OFF 1

TIDE
 76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

19.99
 EA
 W/ MVP Card \$4.99 EA
 OFF 1

2/\$9
 W/ MVP Card \$4.99 EA
 OFF 2



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



While Supplies Last

HOTSALE!

9⁹⁹_{EA}

W/O MVP Card Regular Retail



SUGAR PLUM
BOUQUET

Fresh ways
to sweeten your
meal!



In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail

Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

Prices in this ad good at stores conveniently located in these cities:
Beaeton, Warrenton

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZVWH 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



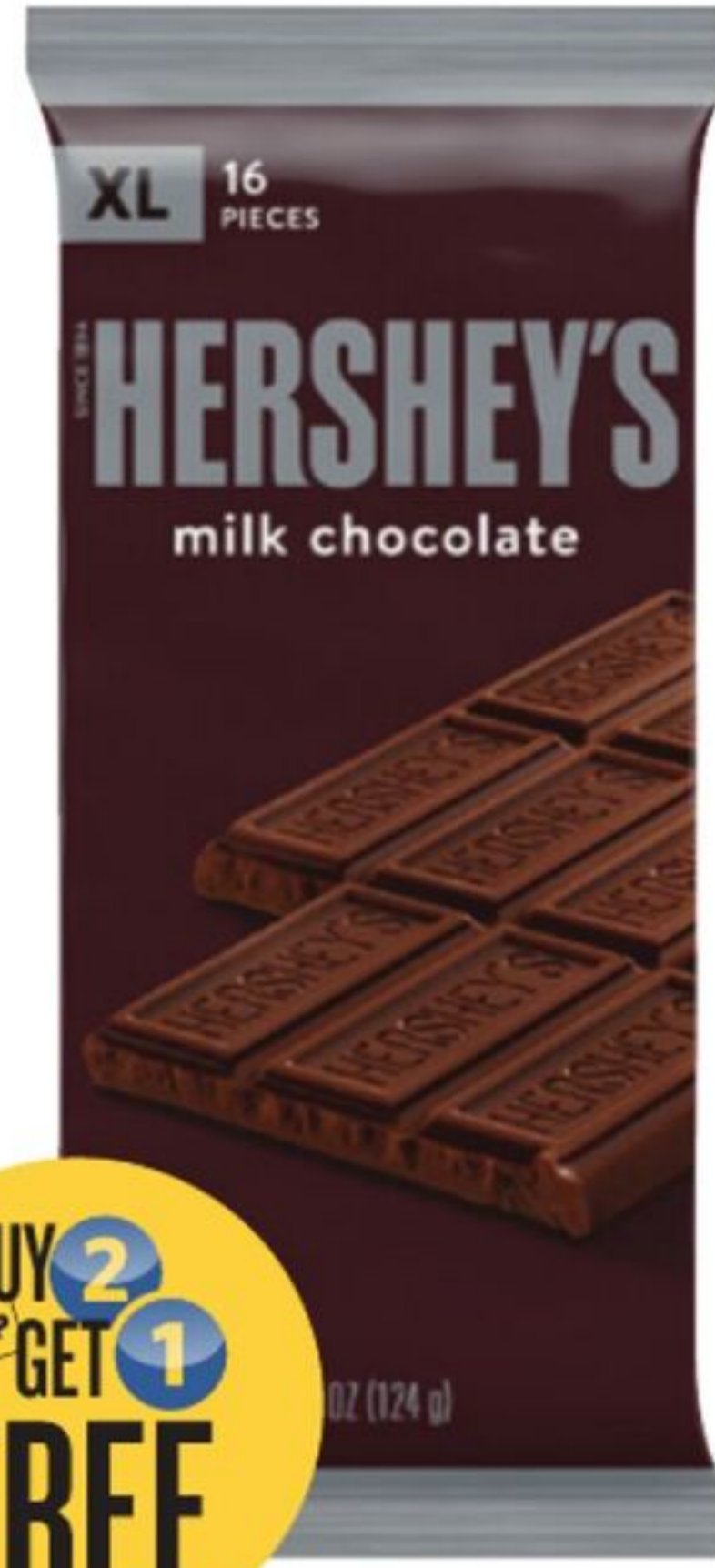
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!