

Shop our *best deals*
this week!

HOTSALE!

MVP

5⁹⁹ LB



Boneless
BEEF CHUCK ROAST

W/O MVP Card \$9.49 LB



YOU SAVE

\$3⁵⁰ LB



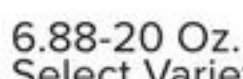

HOTSALE!
MVP

BOGO FREE

8 Pack 12 Oz. Bottles or 12 Pack 12 Oz. Cans
Select Varieties

PEPSI PRODUCTS
LIMIT 4 FREE

W/O MVP Card Regular Retail Single Item Mail Price



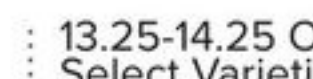

6.88-20 Oz. Select Varieties

HOMIES BAGELS & ENTENMANN'S LITTLE BITES MUFFINS

HOTSALE!
MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Mail Price

13.25-14.25 Oz. Select Varieties

BETTY CROCKER SUPER MOIST CAKE MIX

HOTSALE!
MVP

\$ EA

W/O MVP Card \$1.99 EA




12 Pack 12 Oz. Bottles or Cans
Select Varieties

SAMUEL ADAMS, SIERRA NEVADA or NEW BELGIUM

HOTSALE!
MVP

\$15.99 EA

W/O MVP Card \$19.99 EA

5.75-12.4 Oz.
Select Varieties
CHEEZ-IT
OR **CHEEZ-IT**
SNAP'D
LIMIT 4 FREE



HOTSALE!
BOGO FREE
W/O MVP Card \$6.99 EA
Single Item Half Price

6.5-10 Oz.
Select Varieties
CHEETOS
OR **FRITOS**
LIMIT 4 FREE



HOTSALE!
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

52 Oz.
Select Varieties
FLORIDA'S
NATURAL
ORANGE JUICE



HOTSALE!
2/\$6
W/O MVP Card \$4.49 EA

16 Oz.
Select Varieties
Quarters or Cubes
CHALLENGE
OR **DANISH**
CREAMERY
BUTTER
QUARTERS



HOTSALE!
3.99^{EA}
W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk



HOT SALE!
48 Oz. Select Varieties
BREYERS ICE CREAM

\$3.49
EA

MVP Coupon
-1.00 OFF

\$2.49
EA

MVP: 10% OFF DISCOUNT SAVINGS

8.4-12.1 Oz. Select Varieties
QUAKER INSTANT OATMEAL

HOT SALE!

\$5
EA

MVP: MVP Card \$3.69 EA

4.7-8.7 Oz. Select Varieties
HAMBURGER HELPER

HOT SALE!

\$1
EA

MVP: MVP Card \$2.09 EA

75-110 Oz. Liquid or 32.47 Oz. Paks Select Varieties
ARM & HAMMER

HOT SALE!

\$6.99
EA

MVP: MVP Card Regular Bottle

MVP

**3 DAY
HOTSALE!**

FRIDAY - SUNDAY

Hot Sale!
MVP

2.99
EA

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA MVP

Oscar Mayer Deli Fresh
7-9 Oz. Pkg.
Select Varieties
OSCAR MAYER
DELI FRESH
LUNCH MEAT

9 oz

10-11 Oz. - Select Varieties

**POST PEBBLES
CEREAL**

HOTSALE!

179

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA

MVP



7-8 Oz. - Select Varieties

**TILLAMOOK
SLICED OR
SHREDDED
CHEESE**

HOTSALE!
MVP

2/\$5

W/O MVP Card \$3.79 EA

REST OF WEEK 2/\$7 MVP



8.25-18 Oz. - Select Varieties

**FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS**

HOTSALE!
MVP
2.99
EA
Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA



20 Oz.
**WONDER CLASSIC
WHITE ROUND
TOP BREAD**

HOTSALE!
MVP
**BOGO
FREE**
W/O MVP Card \$3.69 EA
Single Item Half Price
Off Regular Retail

REST OF WEEK \$2.99 EA MVP



6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties



HOTSale!
MVP
~~9.99~~
5.99
EA

W/O MVP Card Regular Retail.

REST OF WEEK \$7.99 EA MVP

PRICED LOW ✓ EVERY DAY
ON ITEMS YOU BUY MOST OFTEN

&

HOTSALE!
OUR BEST WEEKLY MVP DEALS

Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5.99
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

70 MVP Card Regular Retail



Helping you fill the dinner
table *for less!*

100% FRESH
OR DOUBLE YOUR
MONEY BACK

HOT SALE!
MVP

5.99
LB

Ground Fresh Daily
80% LEAN
FRESH
ROUND CHUCK

70 MVP Card Regular Retail

A white bowl filled with ground beef and beans, topped with shredded cheddar cheese and sliced jalapeños. Next to the bowl is a slice of golden-brown cornbread and a piece of pie crust, all resting on a wooden cutting board. A silver spoon lies in front of the bowl.

HOT SALE!
MVP

0.99
LB

MVP Card Regular Retail

**BEEF
T-BONE STEAK**

**USDA
CHOICE**

All Varieties
All Reg.

**SMITHFIELD
MARINATED
PORK LOIN
FILET**



HOTSALE!
SMITHFIELD
**BOGO
FREE**
W/O MVP Card Regular Retail
Single Item Half Price



ash - Select Varieties
SCHWEID & SONS
 TURKISH
 HURMET
 ROGERS

HOT SALE!
 MUP
10.99
 EA
 MVP Card Regular Retail

 A promotional image for Schweid & Sons' 'The Chuck Brisket' product. At the top, a cardboard box is shown with the brand name 'SCHWEID & SONS' and the product name 'THE CHUCK BRISKET' in bold letters. Below the name, it says 'SMOKED BEEF CHUCK BRISKET' and '100% BEEF'. The box features two circular windows showing the meat. In the foreground, four sandwiches are displayed on a white plate. Each sandwich consists of a round, toasted bun filled with a thick slice of the smoked beef brisket, a slice of red tomato, and a layer of green lettuce. The sandwiches are arranged in a slightly overlapping circle.

Small Pack
FOOD LION
CHICKEN
THIGHS

HOTSALE!
1.69
LB

WIO MVP Card Regular Retail



A plate of baked salmon with lemon wedges and a packet of FISH & WILD Wild Salmon Meal.

The image shows a clear plastic container of frozen shrimp rings. The label on the container reads "FRESHMAN", "Frozen Shrimp Ring", "100% Shrimp", "No Fillers", "No Preservatives", and "No Artificial Flavors". Below the container is a plate of cooked shrimp rings arranged in a circle, with a small bowl of red tomato sauce in the center.

A bag of Chickadee & Sea Responsibly Raised SHRIMP COOKED is shown next to a bowl of shrimp and sauce. The bag is blue and red with a chickadee logo. The bowl contains cooked shrimp, a lemon wedge, and a small white bowl of sauce.

RH ZGCH ZGCR ZGCT ZGRY ZMBL ZMBM ZMWA ZMWK ZMWS
 ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA

M ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZN
GV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZV

NGS ZNGV ZNHP ZNLE ZNNB ZNNL ZNRA ZNRE
RA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZVWV

WRE ZNRG ZNRI ZNRL ZNRR ZNWA ZNWI Z
WX ZWCA ZWCL ZWWA ZWWS 12/03/25

NWM ZNWN ZNWT ZPAL ZPHA ZPHI

ZNRH ZGCH ZGCR ZGCT ZGRY ZMBL ZMBM ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNH P ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRI ZNFL ZNRR ZNWA ZNWI ZNNL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI
ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZVDC ZVRA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 12/03/25

DELlclious BOGOs of the week!



HOTSALE!
W/O MVP Card \$7.99 EA
Single Item Half Price

BOGO FREE

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
W/O MVP Card \$3.49 EA
Single Item Half Price

BOGO FREE

5 Ct.
TEXAS TOAST



HOTSALE!
W/O MVP Card \$4.49 EA
Single Item Half Price

BOGO FREE

12 Ct.
FRUIT BITES



HOTSALE!
W/O MVP Card \$5.99 EA
Single Item Half Price

BOGO FREE

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
W/O MVP Card \$6.99 LB

5.99
LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
W/O MVP Card \$7.99 LB

6.99
LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
W/O MVP Card \$9.99 LB

8.99
LB

Freshly Sliced
**DIETZ &
WATSON
HAM**



HOTSALE!
W/O MVP Card \$4.49 EA

3.49
EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
W/O MVP Card \$6.79 EA

3.99
EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
W/O MVP Card \$5.49 EA

4.99
EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
W/O MVP Card \$5.49 EA

\$5
EA

Drums & Thighs
Made Hot In-Store
**4 PIECE FRESH
BUTTERMILK
HAND
BATTERED
FRIED CHICKEN**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
W/O MVP Card \$6.99 EA

\$5
EA

13.9-15.3 Oz.
Select Varieties
**FRESH &
SIMPLE
PIZZA**
15.16-15.87 Oz.
**LA MEGIC
PIZZA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
W/O MVP Card \$5.99 EA

\$5
EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION CATERING

Make the holidays easy

Let us do the work!

HOTSALE!
W/O MVP Card Regular Retail

\$5 OFF

SELECT CATERING TRAYS AND PLATTERS



LARGE GARDEN
VEGETABLE
PLATTER



CHICKEN TENDER TRAY



SIGNATURE
SANDWICH PLATTER



LARGE MINI
SANDWICH PLATTER



CHICKEN WING TRAY



Place your order
at the deli counter or
scan the QR code
to order online.



*Bring joy
to a family's table when you
buy a holiday box*



**FOOD LION
FEEDS**

November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**

*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. [feedlion.com/feeds](https://www.feedlion.com/feeds)

Baked in
fresh flavor!

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler



PRICED LOW EVERY DAY
3.49
EA
16 Oz. Select Varieties
FOOD LION BUTTER
QUARTERS



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.29 EA
8-12.4 Oz. Select Varieties
FOOD LION CRESCENT OR CINNAMON ROLLS



2.37 Oz.
FOOD LION CINNAMON
HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA



PRICED LOW EVERY DAY
2.99
EA
48 Oz. Select Varieties
FOOD LION ICE CREAM



HOTSALE!
MVP
1.79
EA
W/O MVP Card \$1.99 EA
16 Oz. Select Varieties
FOOD LION BAKING SUGARS



HOTSALE!
MVP
1.29
LB
W/O MVP Card \$1.49 LB
Tote Bag
GALA APPLES

PRICED LOW EVERY DAY

8 Oz. Select Varieties
FOOD LION MUSHROOMS
2.69
EA

4.10-5.7 Oz. Select Varieties
KNORR PASTA OR RICE SIDES
4/\$5
MVP
W/O MVP Card \$1.58 EA

HOTSALE!
MVP

15-16 Oz. Select Varieties
HUNT'S MANWICH
1.19
EA
MVP
W/O MVP Card \$1.88 EA

12 Oz. Select Varieties
FOOD LION VANILLA WAFERS
2/\$4
MVP
W/O MVP Card \$2.79 EA

24 Oz. Select Varieties
WESSON VEGETABLE OR CANOLA OIL
2.89
EA
MVP
PRICED LOW EVERY DAY
W/O MVP Card \$3.58 EA

2.12-3.5 Oz. Select Varieties
MCCORMICK GRILL MATES SEASONING
2.19
EA
MVP
PRICED LOW EVERY DAY
W/O MVP Card \$2.69 EA

16 Oz. Select Varieties
TEDDIE NATURAL PEANUT BUTTER
2.99
EA
MVP
PRICED LOW EVERY DAY
W/O MVP Card \$3.99 EA

8-16 Oz. Select Varieties
UTZ PRETZELS
2/\$6
MVP
W/O MVP Card \$3.99 EA

HOTSALE!
MVP
2/\$5
W/O MVP Card \$3.48 EA
6 Pack Select Varieties
WHITE HOUSE APPLE SAUCE

14.5-15 Oz. Select Varieties
CHEF BOYARDEE CANNED PASTA
4/\$5
MVP
W/O MVP Card \$1.58 EA

11-20 Oz. Select Varieties
PEPPERIDGE FARM DINNER ROLLS, BREAD OR BUNS
3.99
EA
MVP
W/O MVP Card \$4.49 EA

HOTSALE!
MVP
3.99
EA
W/O MVP Card Regular Retail
9.31-19.5 Oz. Select Varieties
NABISCO FAMILY SIZE CHIPS AHOY! OR OREO COOKIES

HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.99 EA
16 Oz. Select Varieties
AL BRONZO PASTA

0.4-1.1 Oz. Select Varieties
HIDDEN VALLEY SALAD DRESSING MIX
2/\$3
MVP
W/O MVP Card \$2.48 EA

14 Oz.
LA BANDERITA TOTOPOS TORTILLA CHIPS
2/\$6
MVP
W/O MVP Card Regular Retail

3.5-13.7 Oz. Select Varieties
NABISCO RITZ OR SNACK CRACKERS
3.99
EA
MVP
W/O MVP Card \$5.49 EA

23.9-24 Oz. Select Varieties
RAGU PASTA SAUCE
2/\$5
MVP
W/O MVP Card Regular Retail

6.5-8 Oz. Select Varieties
CAPE COD POTATO CHIPS
LIMIT 4 FREE
BOGO FREE
MVP
W/O MVP Card \$5.29 EA
Single Item Half Price

6-10.7 Oz. - Select Varieties
LITTLE DEBBIE HOLIDAY CAKES OR CHRISTMAS COFFEE CREAMER
2/\$6
MVP
W/O MVP Card Regular Retail

30 Oz. Select Varieties
KRAFT MAYONNAISE
3.99
EA
MVP
W/O MVP Card \$6.19 EA

4 Pack Select Varieties
GOGO SQUEEZ ACTIVE
3.49
EA
MVP
W/O MVP Card \$4.59 EA

HOTSALE!
MVP
5.49
EA
W/O MVP Card \$6.99 EA
4.6 Oz. Select Varieties
FERRERO COLLECTION 12 PIECE GIFT BOX
WHILE SUPPLIES LAST!

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

16 Oz. Select Varieties
RAO'S SOUP
2.99
EA
MVP
W/O MVP Card \$4.48 EA
HOT SALE! **3.99**
EA
W/O MVP Card \$4.48 EA
MVP Coupon -1.00 OFF!

14 Oz. - Select Varieties
BLUE DIAMOND ALMONDS AND MORE
6.99
EA
MVP
W/O MVP Card \$8.48 EA
HOT SALE! **8.99**
EA
W/O MVP Card \$8.48 EA
MVP Coupon -2.00 OFF!

Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

FOOD LION Shredded Mozzarella Cheese

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION White Sliced Mushrooms

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties BAREFOOT OR YELLOW TAIL WINE

HOTSALE!

5.99 EA

750 mL Select Varieties CLEARWATER COVE OR MARK WEST WINE

HOTSALE!

10.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

12.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

Island Hopper Variety Pack

HOTSALE!

15.49 EA

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA OR KONA

24 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH, MILLER HIGH LIFE OR KEYSTONE LIGHT

HOTSALE!

17.99 EA

24 Pack - 12 Oz. Cans Select Varieties BUD, MILLER, COORS OR YUENGLING

HOTSALE!

21.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

17.49 EA

12 Pack - 12 Oz. Cans WICKED WEED RED OAK OR BOLD ROCK Select Varieties

HOTSALE!

17.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

DAIRY



FOOD LION
Sharp Cheddar Cheese Snack Bars

FOOD LION
Colby Jack Cheese Casserole

NESTLE TOLL HOUSE
Chocolate Chip Cookies

HOTSALE!
14-16.5 Oz. Select Varieties
NESTLE TOLL HOUSE COOKIES
W/O MVP Card \$4.69 EA

6-4-7.5 Oz. Select Varieties
FOOD LION CHEESE CUBES OR SNACK BARS

2/\$5
W/O MVP Card Regular Retail

6-5-8 Oz. Tub or 16 Oz. Quarters
Select Varieties
LAND O LAKES BUTTER OR MARGARINE

2/\$5
W/O MVP Card \$2.99 EA

46 Oz. Select Varieties
TROPICANA PREMIUM ADES OR PUNCHES

2/\$5
W/O MVP Card \$2.99 EA

5-5.3 Oz. Select Varieties
YOPLAIT OUI OR TOO GOOD YOGURT

4/\$5
W/O MVP Card \$1.69 EA

16 Oz. Select Varieties
KRAFT SINGLES

3.99
EA
W/O MVP Card \$4.99 EA

4-6 Pack Select Varieties
DANIMALS SMOOTHIE OR YOCRUNCH YOGURT

2.99
EA
W/O MVP Card \$3.99 EA

8 Oz. Bar Select Varieties
FOOD LION CREAM CHEESE

2/\$3
W/O MVP Card \$1.69 EA

FROZEN



EGGO
Homestyle

HOTSALE!
10-7-12.3 Oz. Select Varieties
EGGO FROZEN WAFFLES

2/\$5
W/O MVP Card \$3.68 EA



MARIE CALLENDER'S
FROZEN DINNERS

HOTSALE!
4-5-8-5 Oz. Select Varieties
MICHELINA'S FROZEN DINNERS

99¢
EA
W/O MVP Card \$1.58 EA



MARIE CALLENDER'S
BOXED VEGETABLES

HOTSALE!
7-10 Oz. Select Varieties
GREEN GIANT BOXED VEGETABLES

\$1
EA
W/O MVP Card \$1.88 EA



MARIE CALLENDER'S
POT PIE

PRICED LOW EVERY DAY
2.99
EA
W/O MVP Card \$3.68 EA



MARIE CALLENDER'S
DINNERS OR HEALTHY CHOICE SIMPLY STEAMERS

HOTSALE!
9-14 Oz. - Select Varieties
MARIE CALLENDER'S DINNERS OR HEALTHY CHOICE SIMPLY STEAMERS

3.49
EA
W/O MVP Card \$3.99 EA



MARIE CALLENDER'S
FAMILY DINNERS

HOTSALE!
35-42 Oz. - Select Varieties
BIRDS EYE VOILA! OR CHEF BOYARDEE FAMILY DINNERS

6.99
EA
W/O MVP Card \$8.99 EA



RED BARON
12" PIZZA

HOT SALE!
15-77-23.45 Oz. Select Varieties
RED BARON 12" PIZZA

3.49
EA
W/O MVP Card \$6.10 EA



FRESCHETTA
PIZZA

HOT SALE!
17-65-27.51 Oz. Select Varieties
FRESCHETTA PIZZA

4.99
EA
W/O MVP Card \$6.90 EA



STOUFFER'S
FAMILY SIZE DINNERS

HOT SALE!
28-40 Oz. Select Varieties
STOUFFER'S FAMILY SIZE DINNERS

6.99
EA
W/O MVP Card \$9.29 EA

BREAKFAST

32 Oz.
JIM DANDY QUICK GRITS

HOTSALE!
1.99
EA
W/O MVP Card \$2.29 EA

12-14 Oz.
Select Varieties
GENERAL MILLS CHEX CEREAL

HOTSALE!
2/\$6
W/O MVP Card \$4.99 EA

7-27 Oz.
Select Varieties
DAVE'S KILLER ORGANIC BREAD OR SNACK BARS

HOTSALE!
4.99
EA
W/O MVP Card Regular Retail

10-12 Ct. K-Cups or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK COFFEE

HOTSALE!
5.99
EA
W/O MVP Card Regular Retail

42 Oz.
Old Fashioned or Quick
FOOD LION OATS

PRICED LOW EVERY DAY
4.29
EA

24-32 Oz.
Select Varieties
PEARL MILLING COMPANY PANCAKE MIX OR SYRUP

HOTSALE!
2/\$6
W/O MVP Card Regular Retail

22-6-25.9 Oz. Can
Select Varieties
FOLGERS COFFEE

HOTSALE!
11.99
EA
W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION COFFEE

HOTSALE!
12.79
EA
W/O MVP Card Regular Retail

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm Value Pack

Medicated Lip Balm

Smooth, Easy-Gliding Formula

Soaks in Minutes

15 Seconds to Instant Dry Lip Relief

Prevents Chapping

Blistex

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No water needed
• No drowsiness, no
hangover, no dry mouth

30 TABLETS • DIETETIC SUGAR FREE

6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



NOT YOUR
MOTHER'S
CURL TALK
DRY SHAMPOO

**CLEAN
TALK**
DRY SHAMPOO
FOR CURLY HAIR

• Cleanses hair
• Adds moisture
• No sulfates, parabens, or
phthalates

12 Oz.
Select Varieties

**CERA
AVE
CLEANSER OR
LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Daily Hydrating
Cleanser

CeraVe
Daily Hydrating
Lotion

• Cleanses without
stripping skin of
natural moisture
• Contains ceramides
and hyaluronic acid
to help restore skin's
natural barrier

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

HOT SALE! 2/\$14
W/ MVP Card \$7.99 EA

MVP Coupon **-500** OFF 2

2/\$9
MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

22 Oz. Body Wash Select Varieties
OLAY

15.99 EA

MVP Coupon **-400** OFF 1

11.99 EA

MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

24 Oz. Select Varieties
DAWN
UNSTOPPABLES

PRICED LOW EVERY DAY! 19.99 EA
W/ MVP Card \$4.99 EA

MVP Coupon **-500** OFF 1

14.99 EA

MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

HOUSE & HOME



FOOD LION
Disinfecting Wipes
KILLS 99.9% OF GERMS
35 WIPES PER BOTTLE

35 CT.
Select Varieties
**FOOD LION
DISINFECTING
WIPES**

HOT SALE!
MVP
1.49
EA

W/O MVP Card \$1.99 EA

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PUSHPODS**

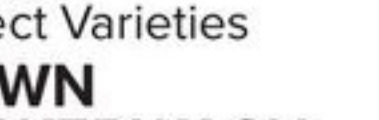
16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



16 Oz. Select Varieties
**DAWN
POWERWASH**

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSale!
MVP
6.99
EA
W/O MVP Card Regular Retail

HOTSale!
MVP
6.99
EA
W/O MVP Card Regular Retail

HOTSale!
MVP
7.49
EA
W/O MVP Card \$8.99 EA

HOTSale!
MVP
\$1
EA
W/O MVP Card \$1.79 EA

60-70 Ct.
Select Varieties
FOOD LION
LISSON
CUBE

BABY

- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**



HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1⁹⁹_{EA}

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2¹⁹_{EA}

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2⁶⁹_{EA}

W/O MVP Card Regular Retail





HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢_{EA}

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1⁷⁹_{LB}

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3⁹⁹_{EA}

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢_{LB}

W/O MVP Card Regular Retail

GREEN CABBAGE



HOTSALE!

3⁴⁹_{EA}

W/O MVP Card Regular Retail

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING



While Supplies Last

9⁹⁹_{EA}

SUGAR PLUM
BOUQUET



HOTSALE!

3⁹⁹_{LB}

W/O MVP Card Regular Retail

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

Prices in this ad good at stores conveniently located in these cities:
Ayden, Columbia, Farmville, Greenville, Kinston, LaGrange,
Plymouth, Robersonville, Snow Hill, Wallace, Windsor,
Winterville, Williamston

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

ALL STORES
ACCEPT:

8 ZNWA 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



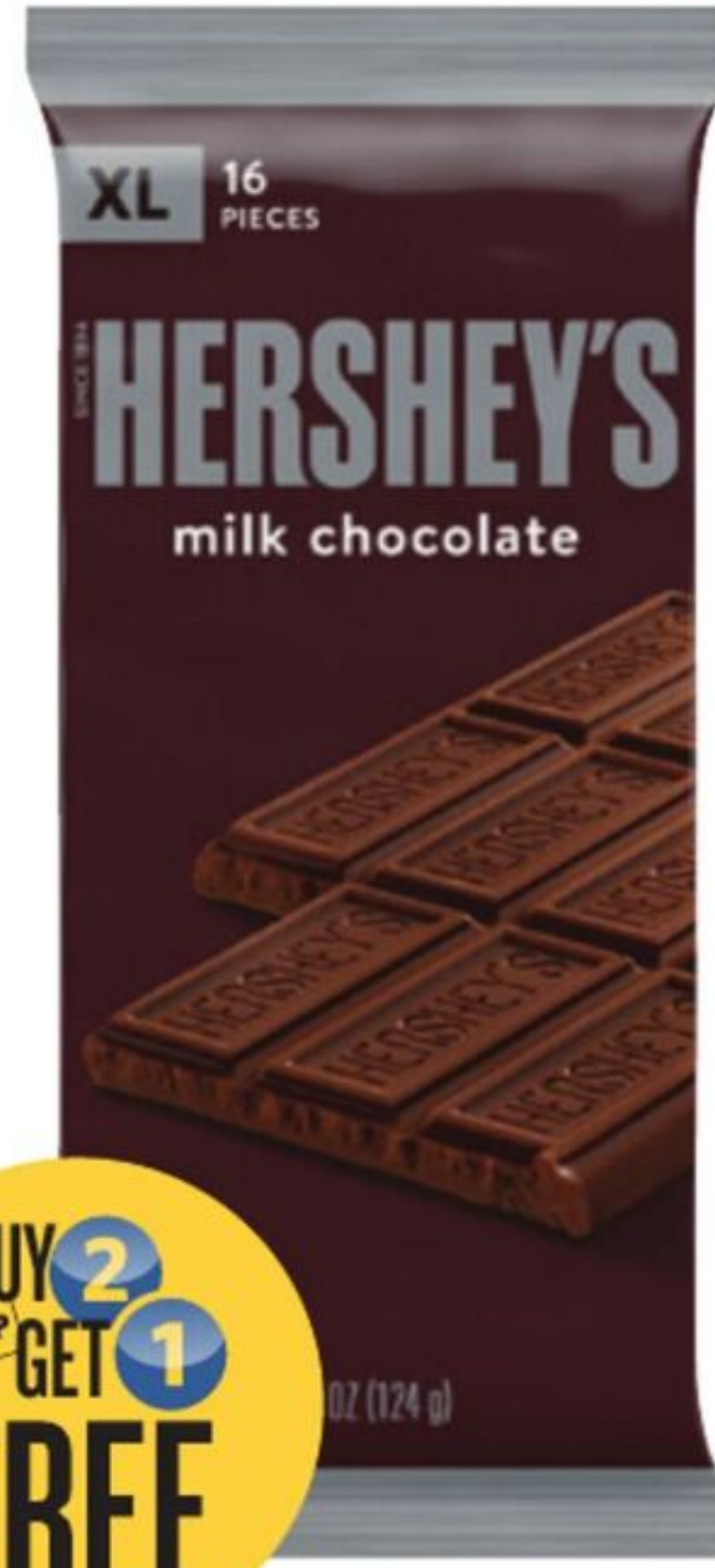
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

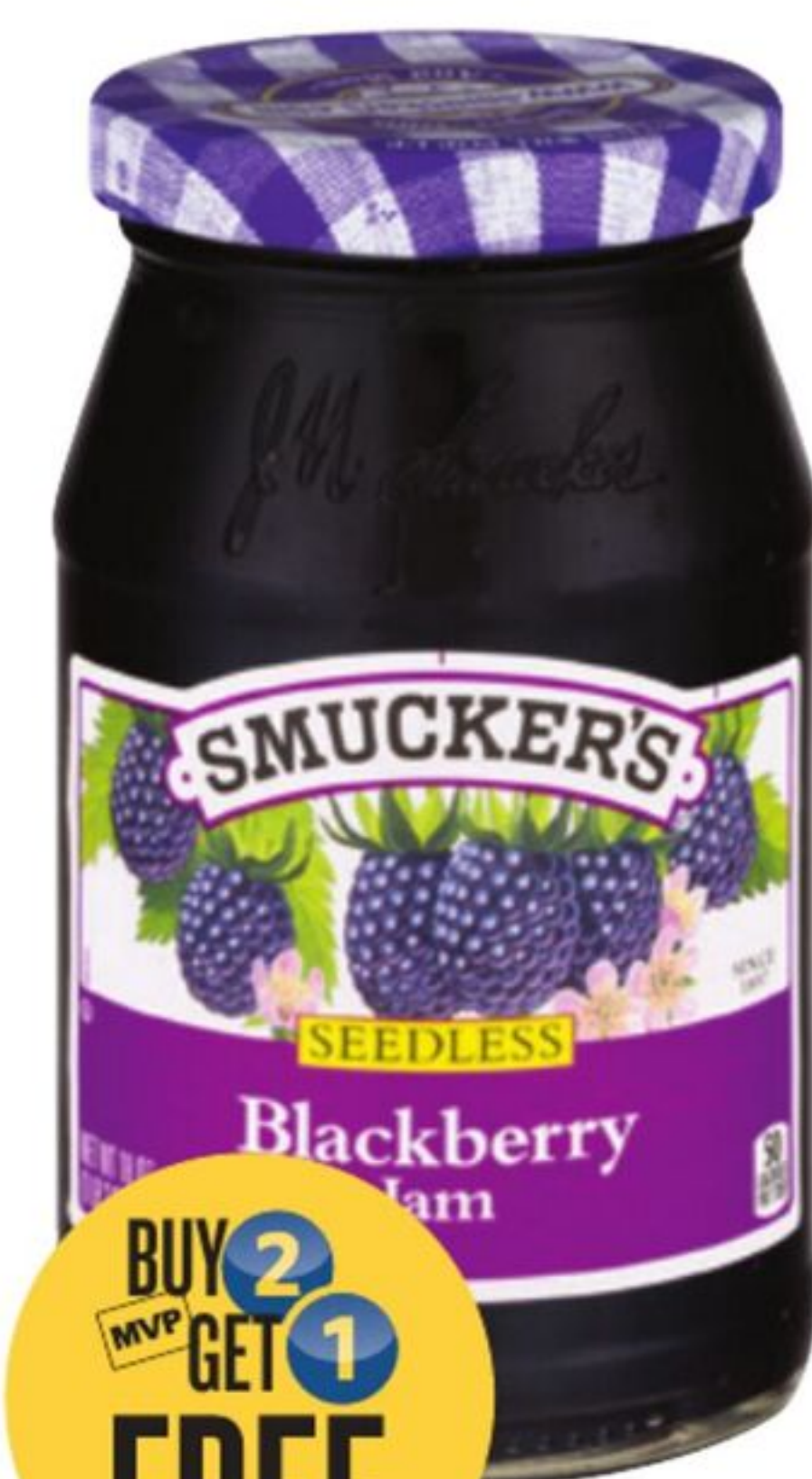
Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!