PRESORTED STD
US POSTAGE
PAID
Detroit Lakes, MN
Permit No. 14

ECRWSSEDDM
POSTAL CUSTOMER

NOW ACCEPTING
VISA
MASTERCARD
DISCOVER
AMERICAN EXPRESS

MINNESOTA STATE LOTTERY

ATM Machine Available

Store Hours:
MONDAY-FRIDAY 8am to 9pm
SATURDAY-SUNDAY 8am to 6pm

BRUGGEMAN'S SUPERVALU

Mahnomen, MN 56557
Phone: 218-935-2538
www.bruggemanssupervalu.com

NOT ALL ITEMS AVAILABLE AT ALL STORES QUANTITY RIGHTS RESERVED

JOIN OUR LOYALTY PROGRAM

Check Us Out on Facebook

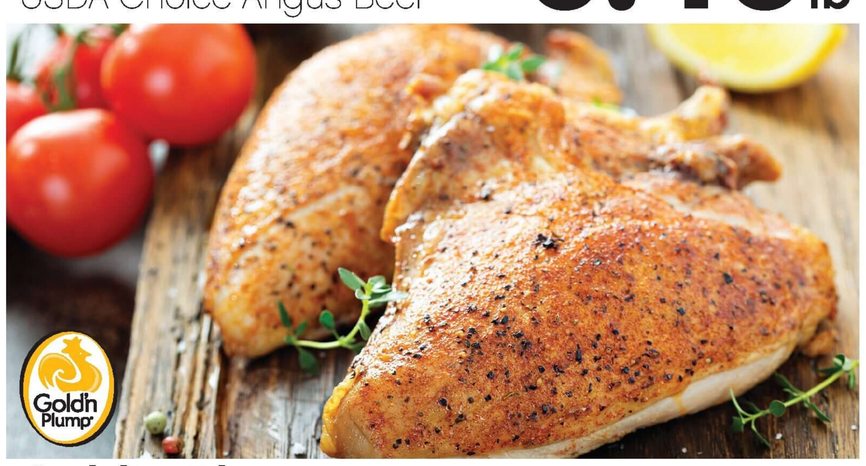
FOOD STAMPS
Bring Your Food Stamps To Bruggeman's SuperValu

Save Twice as Much with DOUBLE COUPONS SEE DETAILS IN OUR STORE

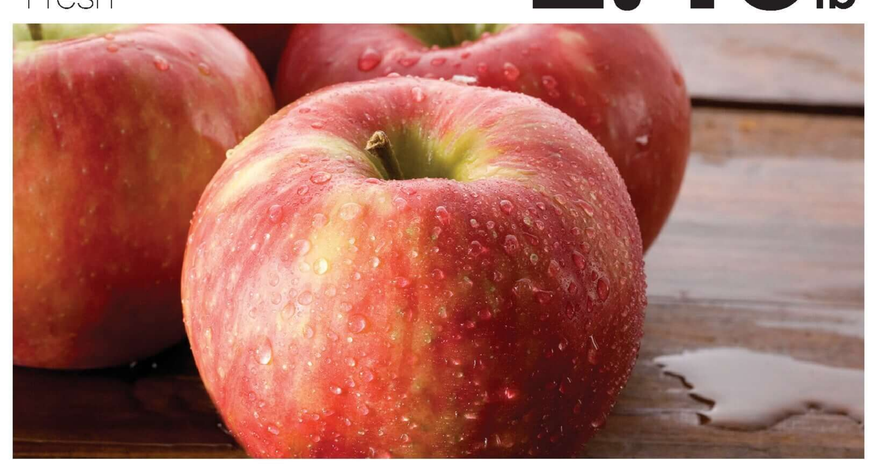
PRICES EFFECTIVE DECEMBER 1 - 7, 2025

Angus Farms Boneless Arm Cut Roast
USDA Choice Angus Beef
$5.49 lb

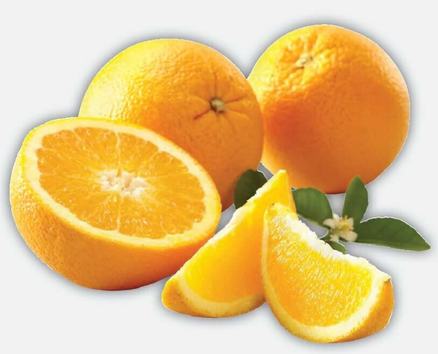
Boneless Center Cut Pork Loin Chops
Fresh
$2.49 lb



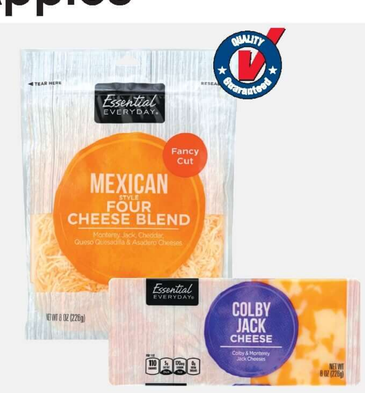
Gold'n Plump Split Chicken Breasts
Fresh, Bone-In
$1.99 lb



Honeycrisp Apples
$1.49 lb



Navel Oranges
99¢ lb



Essential Everyday Chunk or Shredded Cheese
8 oz Chunk or 6-8 oz Shredded, Selected Varieties
2/$4

Essential Everyday Cream Cheese
8 oz brick, Selected Varieties
2/$4

Culinary Circle Pizza
13.95-28.9 oz pkg, Selected Varieties
2/$8.88

Bear Creek Dry Soup Mix
8.1-11.5 oz pkg, Selected Varieties
2/$7

Essential Everyday Granulated Sugar
4 lb bag
$2.99

Essential Everyday Flour
5 lb bag, Selected Varieties
$1.99

Old Dutch Mini Cheese Puffs, Puffcorn, Rings, Tortilla or Ripples Potato Chips
8.5 oz Puffs, 7-9 oz Puffcorn or Rings, 9-13.1 oz Tortilla Chips or 8-8.5 oz Ripples, Selected Varieties
2/$7

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
ALL ITEMS MAY NOT BE AVAILABLE IN ALL STORES.
WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

FARGO CLR 1130_SV_FARGO_PG1_FINAL

MAHNO

HOLIDAYS MADE EASY
AMAZING QUALITY. FANTASTIC PRICES.
THAT'S OUR QUALITY PROMISE.

SAVE BIG EVERYDAY
Essential EVERYDAY

Essential Everyday Potatoes or Onion Rings
19.05-32 oz pkg, Selected Varieties
2/$6

Essential Everyday Cinnamon Rolls or Crescent Rolls
8-12.4 oz pkg, Selected Varieties
2/$4.44

Essential Everyday Graham Cracker Pie Crust
6 oz pkg
$2.29

Essential Everyday Apple Pie Filling
21 oz can
$2.89

Essential Everyday 100% Pure Pumpkin
15 oz can
$1.79

Essential Everyday Sweetened Condensed Milk
14 oz can
2/$5

Essential Everyday Whipped Topping
6.5 oz cnstr, Selected Varieties
$2.99

Essential Everyday Marshmallows
16 oz bag, Selected Varieties
$2.19

Essential Everyday Crackers
7.5-13.7 oz pkg, Selected Varieties
2/$5

Essential Everyday Vegetables or Spinach
12 oz bag vegetables or 10 oz pkg spinach, Selected Varieties
2/$3

Essential Everyday Country Gravy Mix
2.5 oz pouch
5/$5

Essential Everyday Broth or Stock
32 oz ctn, Selected Varieties
$1.99

Essential Everyday Cooking Spray
5-6 oz can, Selected Varieties
$2.79

Essential Everyday Heavy Duty Aluminum Foil
37.5 sq ft roll
$3.49

FARGO CLR 1130_SV_FARGO_GT_FRT_FINAL

It's MOVIE TIME!

RECEIVE A $10 MOVIE REWARD WHEN YOU PURCHASE $20
(EXCLUDING TAX) OF PARTICIPATING PRODUCTS IN ONE TRANSACTION BETWEEN 11/30/25 – 12/10/25

FANDANGO AT HOME

*LIMITS APPLY. SEE WWW.ACTIVATEREWARDS.COM/ITSMOVIETIME FOR FULL DETAILS

Kellogg's Cereals
8.8 oz Corn Pops, 8.9 oz Apple Jacks or Froot Loops or 12 oz Frosted Flakes
2/$8

Angie's Boom Chicka Pop Popcorn
4.4-7 oz pkg, Selected Varieties
2/$6

Orville Redenbacher's Microwave Popcorn
6-12 ct box, Selected Varieties
$3.99

Charmin Bath Tissue
4 ct Super Mega Rolls or 6 ct Mega Rolls, Selected Varieties
$8.99

Bounty Paper Towels
4 ct Double Rolls, Selected Varieties
$8.99

FARGO CLR 1130_SV_FARGO_GT_BK_FINAL

Essential EVERYDAY — MAKE EVERYDAY EASY to SAVE™

Essential Everyday Condensed Soup
10.5-11.25 oz can, Selected Varieties
4/$5

Essential Everyday Sloppy Joe Sauce
15 oz can
$1.19

Essential Everyday Taco Seasoning Mix
1.25 oz pkg, Selected Varieties
3/$2

Essential Everyday Tomato Sauce
15 oz can
99¢

Essential Everyday Whipped Dressing or Mayo
20 oz btl, Selected Varieties
$3.99

Essential Everyday Non-Dairy Flavored Creamer
15 oz cnstr, Selected Varieties
$4.29

Essential Everyday Panko Bread Crumbs
8 oz pkg
$1.69

Essential Everyday Chewy Granola Bars
10 ct box, Selected Varieties
$2.99

Essential Everyday Mandarin Oranges
11 oz can
4/$5

Essential Everyday Yellow Mustard
8 oz btl
$1.49

Essential Everyday Fruit
14.5-15.25 oz can, Selected Varieties
2/$4.44

Essential Everyday Cookies
8.5-12.5 oz pkg, Selected Varieties
$3.29

GROCERY

Kellogg's Pop-Tarts
8 ct box, Selected Varieties
2/$5

Creamette Pasta
32 oz pkg, Selected Varieties
$2.99

Kraft Macaroni & Cheese Dinner or Shapes
5.5-7.3 oz box, Selected Varieties
4/$5

Bertolli Pasta Sauce
15-24 oz jar, Selected Varieties
2/$6

Better Oats Oatmeal
9.8-15.1 oz box, Selected Varieties
2/$6

Old Orchard Cranberry Cocktails, 100% Apple Juice or Juice Blends
64 oz btl, Selected Varieties
$2.99

Mott's Apple Juice
6 pk/8 oz btls, Selected Varieties
2/$6

Blue Diamond Almonds or Nut Thins
6 oz can Almonds or 4.25 oz box Nut Thins, Selected Varieties
2/$6

Betty Crocker Super Moist Cake Mix
13.25-14.25 oz box, Selected Varieties
2/$3

Keebler Family Size Cookies
14.6-17.3 oz pkg, Selected Varieties
$3.99

Frito Lay Cheetos, Fritos or Tostitos Salsa
6.5-9 oz Cheetos, 9.25-10 oz Fritos or 15.5 oz jar Salsa, Selected Varieties
2/$7

Frito-Lay Fritos Dip
9 oz can, Selected Varieties
2/$7

La Choy Bi-Packs
42-43.5 oz can, Selected Varieties
$5.99

McCormick Ground Sage
0.6 oz pkg
$5.99

McCormick Cream of Tartar
1.5 oz pkg
$3.29

Kraft Mac & Cheese or Velveeta Shells & Cheese Microwave Big Bowls
3.5-5 oz bowl, Selected Varieties
$3.49

Mott's Apple Sauce
4-6 ct pkg, Selected Varieties
$3.29

McCormick Parsley Flakes
.25 oz pkg
$1.49

Orville Redenbacher's Popcorn Oil
13 oz btl
$3.99

Kellogg's Rice Krispies Treats
16 ct box, Selected Varieties
$5.99

Betty Crocker Cake, Brownie Mix or Frosting
13.25 oz box Cake, 16.3 oz box Brownie or 12-16 oz can Frosting, Selected Varieties
2/$4

Betty Crocker Cookie or Premium Brownies Mix
11.9-19.1 oz pkg, Selected Varieties
$3.49

Hershey's Giant Candy Bars
7.13-7.56 oz pkg, Selected Varieties
$4.49

Garden of Eatin' Tortilla Chips
16 oz bag, Selected Varieties
$5.49

Hershey's Popped Snack Mix or Dipped Pretzels
8-8.5 oz pkg, Selected Varieties
$4.49

Super Ch!ll Sparkling Water
1 ltr btl, Selected Varieties
5/$5

BAKERY

Gregory's Hoagie Buns
6 ct pkg
$3.49

Otis Spunkmeyer Muffins
3 ct pkg, Selected Varieties
$4.99

The Father's Table Cheesecake
12 oz pkg, Selected Varieties
$5.99

Two-Bite Brownies
10.5 oz pkg
$4.99

DELI

Cabot Cheddar Cheese
8 oz pkg, Selected Varieties
$4.99

Montchevre Goat Cheese
4 oz pkg, Selected Varieties
$4.99

Stacy's Pita Chips
7.33 oz pkg, Selected Varieties
$3.99

Kristian Regale Sparkling Beverage
25.4 fl oz btl, Selected Varieties
$4.99

FALTR RCS FARGO CLR 1130_SV_FARGO_PG2_FINAL

DAIRY

Essential Everyday Sour Cream
16 oz cntr,
Selected Varieties
2/$4

Nestlé Coffee-mate Creamers
64 oz btl, Selected Varieties
$6.99

Country Crock Plant Butter
14-16 oz pkg,
Selected Varieties
$3.69

Dannon Greek Yogurt
5.3 oz cup,
Selected Varieties
4/$5

Simple or Gold Peak Tea
52 oz btl,
Selected Varieties
2/$5

Tropicana Pure Premium Orange Juice
46 oz btl,
Selected Varieties
$3.99

Essential Everyday American Singles
16 oz pkg
$3.99

Kraft String Cheese
12 oz pkg,
Selected Varieties
$3.99

Kraft Grated Parmesan Cheese
8 oz cntr,
Selected Varieties
$4.99

Crystal Farms Butter Quarters
16 oz pkg,
Salted or Unsalted
$4.99

Rana Pasta or Sauce
7-15 oz pkg,
Selected Varieties
$4.99

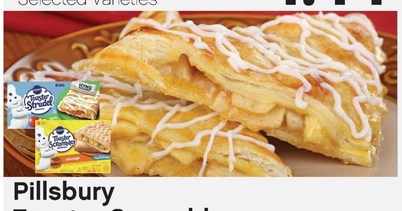
Essential Everyday Lactose Free Milk
64 oz ctn,
Selected Varieties
$3.99

FROZEN

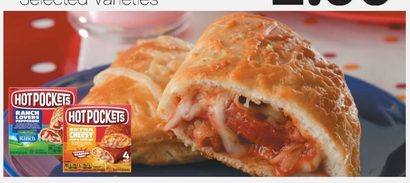
Essential Everyday Waffles
10 ct box,
Selected Varieties
2/$4.44

New York Texas Garlic Toast or Bread Sticks
10.5-11.25 oz pkg,
Selected Varieties
$2.99

Stone Ridge Creamery Ice Cream Bars
6-12 ct pkg,
Selected Varieties
$3.99



Pillsbury Toaster Scrambles or Strudel
7.2-11.7 oz box,
Selected Varieties
2/$6



Hot Pockets Sandwiches
4 ct pkg,
Selected Varieties
2/$9

Totinos Pizza Rolls
100 ct pkg,
Selected Varieties
$9.99

Green Giant Simply Steam Vegetables
9-10 oz pkg,
Selected Varieties
2/$4.44

TGI Fridays Appetizers
10-17.4 oz pkg,
Selected Varieties
$6.88

MorningStar Farms Burgers or Meals
5.25-10.5 oz pkg,
Selected Varieties
2/$8

Kemps Simply Crafted Ice Cream
48 oz ctn,
Selected Varieties
$5.88

HEALTH & BEAUTY

Colgate 360 Toothbrush or Total Toothpaste
1 oz Toothbrush or
4.2 oz Toothpaste,
Selected Varieties
$3.99

Compare to Halls

Equaline Cough Drops
25-30 ct bag,
Selected Varieties
$1.99

Compare to Excedrin

Equaline Headache Pain Reliever
100 ct box
$6.99

Compare to Tums

Equaline Calcium Antacid
60-150 ct pkg,
Selected Varieties
$4.49

Gold Bond Lotion
13-14 oz btl,
Selected Varieties
$9.99

Q-tips Cotton Swabs
500 ct pkg
$4.69

HOUSEHOLD HELPERS

Gain Laundry Detergent
31 ct pkg Flings or 88 oz btl Liquid,
Selected Varieties
$9.99

Puffs Family Pack Facial Tissue
3 Pack,
Selected Varieties
$6.99

Essential Everyday Click 'n Lock Storage or Freezer Bags
28-48 ct box,
Selected Varieties
$2.99

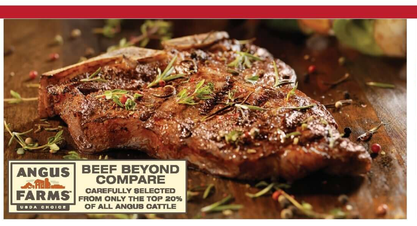
Essential Everyday Click'n Lock Freezer Bags
36 ct box, Half Gallon
$2.99

Essential Everyday Jumbo Freezer Bag
10 ct box, 2 Gallon
$2.99

Essential Everyday Cat Litter
20 lb bag,
Selected Varieties
$5.99

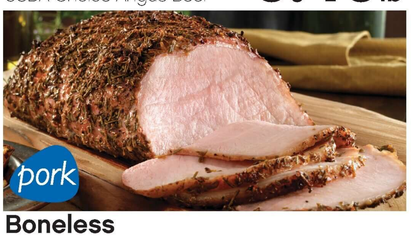
MEAT

Angus Farms Boneless Arm Steak
USDA Choice Angus Beef
$6.49 lb



Angus Farms T-Bone Steak
USDA Choice Angus Beef
$14.99 lb

Gold'n Plump Chicken Wings
Fresh
$3.99 lb



Boneless Center Cut Pork Loin Roast
Fresh
$2.49 lb

Pork Loin Back Ribs
Previously Frozen
$3.99 lb

Arctic Shores Extra Large Raw Shrimp
16 oz pkg, 26-30, Ez-peel
$6.99

Hormel Mashed Potatoes or Side Dishes
19-20 oz pkg,
Selected Varieties
$4.49

Smithfield Fully Cooked Breakfast Sausage
24 oz pkg,
Selected Varieties
$6.49

Hormel Always Tender Pork Loin Fillet
24 oz pkg,
Selected Varieties
$7.99

Armour Meatballs
14 oz pkg,
Selected Varieties
$3.99

Cloverdale Applewood Smoked Bacon
3 lb pkg
$18.99

Prime Fresh Delicatessen Lunchmeat
7-8 oz pkg,
Selected Varieties
$3.99

Nathan's Pretzel or Bagel Dogs
16 oz pkg,
Selected Varieties
$7.99

Hormel Pepperoni
5-6 oz pkg,
Selected Varieties
$3.99

El Monterey Burritos or Chimichangas
30.4-32 oz pkg,
Selected Varieties
$5.99

Louis Kemp Imitation Seafood
8 oz pkg,
Selected Varieties
2/$4

PLU 1246	REDEEMABLE COUPON	VALID: 11/30/25-12/6/25	RV0100

Oscar Mayer Sliced Bacon
12-16 oz pkg,
Selected Varieties
$6.99
With Coupon, Limit One

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT UNFI SUPPLIED STORES

012460

PRODUCE

Avocados
Fresh
88¢ ea

Cantaloupe
Vine Ripe
$3.99 ea

Fresh Express Garden Salad
12 oz pkg
2/$3

Taylor Farms Snap Peas or Brussels Sprouts
8-12 oz pkg, Selected Varieties
$2.99

Beefsteak Tomatoes
$1.99 lb

Bolthouse Baby Cut Carrots
1 lb bag
$1.29

Jumbo Sweet Onions
99¢ lb

Champs Sliced Griller Mushrooms
8 oz pkg
$1.99

Pepsi Products
6 pk 16.9 oz btls,
Selected Varieties
$2.99

Bubbl'r Sparkling Water
6 pk 12 oz cans,
Selected Varieties
2/$13

Gatorade Thirst Quencher
28 oz btl,
Selected Varieties
3/$5

Country Hearth Kid's Choice Whole Grain or White Bread
24 oz loaf
$3.49

Barrel 'O Fun Potato Chips
7 oz bag,
Selected Varieties
2/$6

Cass Clay Chocolate Milk
Gallon
$4.99

Kemps Ultra Pasteurized Half & Half
pint
2/$5

Great North Pizza Co. Frozen Pizza
18.5-26 oz pkg,
Selected Varieties
$6.99