

NESTERS MARKET™

NESTERS
**BEST
DEAL**
OF THE WEEK

MITCHELL'S
HERITAGE
BACON
1 kg

12⁹⁹
EA



BLUEBERRIES
USA or Peru, 1 Pint

4⁹⁹
EA



HASS AVOCADOS
Mexico

3\$5
FOR



**WHOLE FRYING
CHICKEN**
Fresh, 6.59/kg

2⁹⁹
LB

GREAT SELECTION. GREAT SERVICE.



**FAITH FARMS
CHEESE**
Selected Varieties,
340g

5⁹⁹
EA



**RIGHTEOUS
GELATO**
or Sorbetto, Selected
Varieties, 473 mL

5⁹⁹
EA



**HARDBITE
POTATO CHIPS**
Gluten-Free, Selected
Varieties, 128g

2\$7
FOR

PRICES EFFECTIVE THURSDAY TO WEDNESDAY, DECEMBER 11 TO 17, 2025
We reserve the right to limit quantities, some items may not be exactly as illustrated or not available at all locations.
Prices do not include applicable taxes, bottle deposits, eco fees or recycling fees where applicable.
Maple Leaf indicates products of Canada and products made in Canada. See actual items for details.

Where the Locals Shop!

WK 50

 **CANADIAN** owned and operated.

A DINNER CLASSIC

ROSSDOWN
Farms & Natural Foods

FRESH TURKEYS

Available next week.

**PRE-ORDER YOUR RAISED
WITHOUT ANTIBIOTICS
TURKEY TODAY!**

PICKED AT THE PEAK-OF-FRESHNESS

CAULIFLOWER
USA
4⁹⁹
EA

RED SEEDLESS
GRAPES
USA, 11.00/kg
4⁹⁹
LB

RUSSET
POTATOES
or Red, Also Selected
Varieties, Canada or
USA, 3.95/kg
1⁷⁹
LB

WESTERN FAMILY
SIGNATURE CHERRY
TOMATOES
Canada, Selected Varieties,
340g
5⁹⁹
EA

LEMONS
or Limes , USA
3^{\$2}
FOR

WESTERN FAMILY
PINEAPPLE
SPEARS
Costa Rica, Cut, 907g
7⁹⁹
EA

NATURALLY NOURISHING OPTIONS

ORGANIC
BERRIES
Raspberries or
Blackberries,
USA, 170g
2^{\$10}
FOR

ORGANIC
BROCCOLI
CROWNS
USA, 8.80/kg
3⁹⁹
LB

ORGANIC
GALA APPLES
BC, 3 lb Bag
7⁹⁹
EA

PRIME CUTS & CATCHES

WESTERN FAMILY SIGNATURE HALF HAM
Fresh

More REWARDS
FREE
WITH 19,000 POINTS REDEEMED

OR
5⁹⁹
LB

INSIDE ROUND ROAST
Fresh, 26.43/kg

11⁹⁹
LB

CANADIAN BEEF

RIB EYE STEAK
Fresh, Grass Fed, Australia, 39.66/kg

17⁹⁹
LB

NESTERS OWN FULL SERVICE MEAT COUNTER

SAUSAGES
Selected Varieties

2⁵
FOR

CHICKEN BREAST
Fresh, Marinated, Boneless, Skinless, Selected Varieties

5⁴⁹
EA

WILD SOCKEYE SALMON FILLET
Previously Frozen

4⁹⁹
100G

WESTERN FAMILY RAW BLACK TIGER SHRIMP
Easy Peel, 41 to 50 Count, Selected Varieties, Frozen, 340g

9⁹⁹
EA

WESTERN FAMILY FISH PORTIONS
Selected Varieties, Frozen, 454g or 568g

BUY 2 GET 1 **FREE***

*SAME ITEM OF EQUAL OR LESSER VALUE

SAVOURY SELECTIONS



OLIVIERI FILLED PASTA
(350g) or Sauce (300 mL),
Selected Varieties



6⁴⁹
EA



GREENFIELD SLICED MEATS
Raised without Antibiotics,
Selected Varieties, 175g



7⁹⁹
EA



PINTY'S CHICKEN
Selected Varieties, Frozen,
700g or 750g

14⁹⁹
EA

NEW

GET FESTIVE

one Appie at a time



LIMITED
TIME ONLY



MIX & MATCH
BUY 2
GET 1
FREE*



western family
APPETIZERS
Selected Varieties,
Frozen

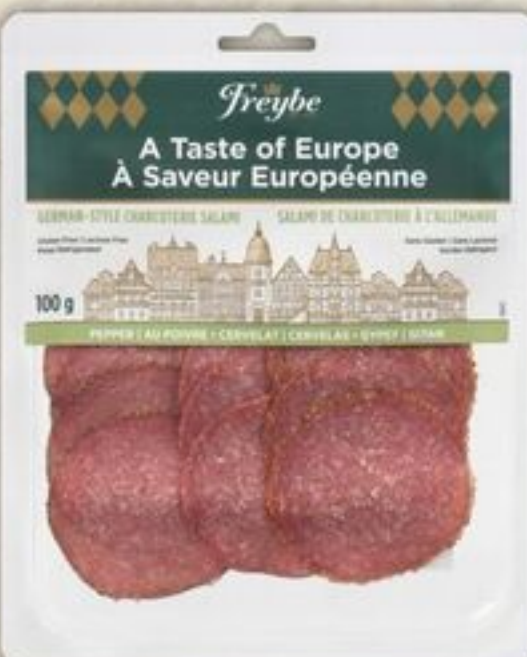
*of equal or lesser value

FRESH & DELI-CIOUS CHOICES

A whole turkey breast, sliced, with a red maple leaf icon.

TURKEY BREAST
Fresh Sliced in Store,
Selected Varieties

3⁹⁹
100G

A package of Freybe charcuterie with a holly leaf icon.

**FREYBE A TASTE
OF EUROPE
CHARCUTERIE**
Selected Varieties, 100g

6⁹⁹
EA

A large ham, sliced, with a red maple leaf icon.

ROSEMARY HAM
or Black Forest,
Roasted in Store

3⁷⁹
100G

A bowl of hummus with bread and a red maple leaf icon.

HUMMUS
Packaged in Store,
Selected Varieties

2²⁹
100G

A tray of salad with a red maple leaf icon.

**NESTERS OWN
SIGNATURE SALAD**
Made Fresh in Store,
Selected Varieties

15% OFF

A sandwich with a red maple leaf icon.

**HALF LUMBERJACK
SANDWICH**

8⁹⁹
EA

CHEESE SHOP SELECTION

A wedge of gorgonzola cheese with a red maple leaf icon.

**GORGONZOLA
CHEESE**
MF 26%

4⁹⁹
100G

A block of cheddar cheese.

**BOTHWELL
CHEDDAR CHEESE**
Medium or Marble,
Cut in Store

3²⁹
100G

A box of Boursin cheese with a red maple leaf icon.

BOURSin
AIL & FINES HERBES
GARLIC & FINE HERBS

6⁹⁹
EA

OLD-FASHIONED FRESHNESS

 **2⁹⁹**
EA

BUTTERFLAKE ROLLS
Baked in Store, Pack of 8

 **3⁹⁹**
EA

MINI CROISSANTS
Baked in Store, Pack of 12

HOMESTYLE HALF LOAF
Selected Varieties,
475g or 500g

4⁹⁹
EA



 **12⁹⁹**
EA

STRAWBERRY CHEESECAKE
Selected Varieties,
6 Inch, 600g

 **1⁹⁹**
EA

FRENCH BREAD
Selected Varieties, 450g

 **4⁴⁹**
EA

BAGELS
Baked in Store, Selected
Varieties, Pack of 6

GRAB-AND-GO GOODNESS

 **3⁹⁹**
EA

DEMPSTER'S SIGNATURE BREAD
Selected Varieties, 600g

 **3⁴⁹**
EA

NATURAL BAKERY CANADIAN RYE BREAD
500g

 **4⁹⁹**
EA

SILVER HILLS SPROUTED POWER ORGANIC BREAD
Selected Varieties, 680g

SWEET SEASON'S GREETINGS



LUSCIOUS
LAYERS TRAY
22 Pieces

17⁹⁹
EA



WHIPPING CREAM
ANGEL FOOD CAKE
940g

12⁹⁹
EA



SHORTBREAD
COOKIES
Selected Varieties,
Pack of 12

4⁹⁹
EA



VARIETY
CHEESECAKE
SLICES
4-Pack, 350g

10⁹⁹
EA

WESTERN FAMILY
SIGNATURE ICE CREAM
Selected Varieties, 1.65 Litres

5⁹⁹
EA



NESTERS  MARKET™

Your Christmas
BONUS POINTS
are waiting for you!

[LOAD MY OFFERS](#)

— MY —
MERRY
MEGA
— DEAL —

EAT WELL LIVE WELL

ACTIVIA YOGURT
Selected Varieties, 650g

4⁴⁹_{EA}

DONIA FARMS BUTTER
Grass Fed, Salted or Unsalted, 250g

8⁹⁹_{EA}

TROPICANA BEVERAGE
Selected Varieties, 1.36 Litres or 1.75 Litres

5⁴⁹_{EA}

SNOWCREST PERFECTLY IMPERFECT FRUIT
Selected Varieties, Frozen, 1.75 kg

12⁹⁹_{EA}

ONLY GOODNESS ORGANIC VEGETABLES
Selected Varieties, 500g

3⁹⁹_{EA}

DAIYA FROZEN PIZZA
Plant Based, Gluten-Free, Selected Varieties, 331g or 472g

9⁹⁹_{EA}

SMART PANTRY STAPLES

PHILLIPS IOTA NON-ALCOHOLIC MALT BEVERAGE
Selected Varieties, 4 x 355 mL

7⁹⁹_{EA}

GUINNESS 0 NON-ALCOHOLIC BEER
4 x 440 mL

10⁹⁹_{EA}

OLÉ NON-ALCOHOLIC COCKTAILS
Selected Varieties, 4 x 355 mL

9⁹⁹_{EA}

BETTER-FOR-YOU BASICS



ST. DALFOUR
FRUIT SPREAD
Selected Varieties, 225 mL

5⁹⁹
EA



CAPILANO
MANUKA HONEY
Liquid, 375g

9⁹⁹
EA



ADAMS 100% NATURAL PEANUT BUTTER
Selected Varieties, 500g

5⁴⁹
EA



ADAMS
100% NATURAL
100% NATUREL
CREAMY-CRÉMEUX
CHUNKY-CHACHEUR



AMY'S SOUPS
Selected Varieties, 398 mL

4⁴⁹
EA



AMY'S
ORGANIC SOUPS
NO CHICKEN NOODLE SOUP
POURRE AUX NOUILLES SANS POULET
SOUPES BIOLOGIQUES



YESHI
NUTRITIONAL YEAST DRESSING
or Dip, Gluten-Free,
Selected Varieties, 350 mL

7⁹⁹
EA



Yeshi
Original
Nutritional Yeast Dressing or Dip
Original
Légumes, légumes, légumes
végétariens, végétariens, végétariens



ITALISSIMA
EXTRA VIRGIN OLIVE OIL
1 Litre

18⁹⁹
EA



ITALISSIMA
Extra Virgin Olive Oil
Huile d'Olive d'Extra Virgin
Huile d'Olive d'Extra Virgin
Huile d'Olive d'Extra Virgin



EVE'S HEALTHY CRACKERS
Gluten-Free, Selected Varieties, 108g

6⁹⁹
EA

EVE'S
SAVOURY SUNFLOWER
TOURNESOL
SAVOUREUX
CRACKERS | CRACQUELINS



MEZZETTA
SPECIALTY OLIVES
Selected Varieties, 398 mL

8⁹⁹
EA



Mezzetta
Kalamata Olives
Olives kalamata
CRACKERS | CRACQUELINS



STRUB'S
PICKLES
Selected Varieties, 1 Litre

7⁹⁹
EA



STRUB'S
DILL & GARLIC PICKLES
COMBICHONS À L'ANETH ET À L'AIL

PICKS OF THE WEEK



OLD DUTCH RESTAURANTE
TORTILLA CHIPS
(290g) or Arriba (245g), Selected Varieties

2\$8
FOR

COCA-COLA SOFT DRINKS
Selected Varieties, 6 x 222 mL Mini Cans

2\$9
FOR



BALZAC'S WHOLE
BEAN COFFEE
Selected Varieties, 340g

15⁹⁹
EA

ANGIE'S BOOM
CHICKA POP
POPCORN
Gluten-Free,
Selected Varieties,
136g or 156g

4⁹⁹
EA

MATT & STEVE'S
CAESAR MIX
(1.3 Litres) or Pickled
Beans (500 mL),
Selected Varieties

6⁹⁹
EA



OASIS
JUICE BLEND
Also Arizona Beverage,
Selected Varieties,
960 mL

2\$5
FOR

SANPELLEGRINO
ITALIAN
SPARKLING DRINKS
Selected Varieties,
6 x 330 mL

6⁹⁹
EA

ZEVIA ZERO
SUGAR SODA
Selected Varieties,
6 x 355 mL

6⁹⁹
EA

PERSONAL WELLNESS



LEANFIT WHEY PROTEIN
Vanilla or Chocolate,
832g or 858g

39⁹⁹
EA

Leanfit Whey Protein blends well, digests quickly and acts fast to deliver optimum protein nutrition to your body.



NATURE CLEAN HAND SOAP
Liquid, Selected Varieties,
500 mL

64⁹
EA



L. BRAND ULTRA PADS
(42's) or Tampons (30's), Selected Varieties

13⁹⁹
EA

NATIVE BODY WASH
Selected Varieties, 532 mL

14⁹⁹
EA



TRESEMME HAIR CARE
Selected Varieties, 828 mL

7⁹⁹
EA



CREST COMPLETE TOOTHPASTE
Selected Varieties,
120 mL

4⁹⁹
EA



GILLETTE SHAVE GEL
or Razors, Selected Varieties

20%
OFF



LOVE CHILD ORGANICS OATY CHOMPS
Selected Varieties, 6 x 23g

BUY 2
EARN 800 POINTS



HALLS THROAT LOZENGES
Selected Varieties,
9-Pack

2\$4
FOR



JOHNSON'S BABY SKIN CARE
Selected Varieties,
591 mL or 623g

6⁹⁹
EA