

Shop our *best deals*
this week!

 HOTSALE! BOGO FREE PEPSI PRODUCTS W/O MVP Card Regular Retail Single Item Retail Price LEVI 4 FREE	6.88-20 Oz. Select Varieties THOMAS BAGELS OR ENTEENMANN'S LITTLE BITES MUFFINS HOTSALE! BOGO FREE LEVI 4 FREE W/O MVP Card Regular Retail Single Item Retail Price	13.25-14.25 Oz. Select Varieties BETTY CROCKER SUPER MOIST CAKE MIX HOTSALE! BOGO FREE LEVI 4 FREE W/O MVP Card \$1.99 EA	12 Pack 12 Oz. Bottles or Cans Select Varieties SAMUEL ADAMS, SIERRA NEVADA OR NEW BELGIUM HOTSALE! BOGO FREE LEVI 4 FREE W/O MVP Card Regular Retail Single Item Retail Price
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7.75-12.4 Oz.
Select Varieties

**CHEEZ-IT®
OR CHEEZ-IT®
SNAPD®**

LIMIT 4 FREE

HOTSALE!
(unit)

BOGO FREE

W/O MWP CAN \$5.99 EA
Single Item Retail Price

6.5-10 Oz.
Select Varieties

**CHEETOS®
OR FRITOS®**

LIMIT 4 FREE

HOTSALE!
(unit)

BOGO FREE

W/O MWP CAN \$5.49 EA
Single Item Retail Price

52 Oz.
Select Varieties

**FLORIDA'S
NATURAL
ORANGE JUICE**

HOTSALE!
(unit)

2/\$6

W/O MWP CAN \$4.49 EA

16 Oz.
Select Varieties:
Quarters or Cubes

**CHALLENGE®
OR DANISH
CREAMERY
BUTTER**

HOTSALE!
(unit)

3.99

W/O MWP CAN Regular Retail

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk



HOT SALE!
48 Oz. Select Varieties
BREYERS ICE CREAM

W/M MVP Card \$5.50 EA

MVP Coupon -1.00 OFF1

2.49
EA

W/M 10% DISCOUNT SAVINGS LIMIT1



HOT SALE!
8.4-12.1 Oz. Select Varieties
QUAKER INSTANT OATMEAL

W/M MVP Card \$3.00 EA

MVP Coupon -1.00 OFF2

2/\$4
EA

W/M 10% DISCOUNT SAVINGS LIMIT1



HOT SALE!
4.7-8.7 Oz. Select Varieties
HAMBURGER HELPER

W/M MVP Card \$3.00 EA

MVP Coupon -1.00 OFF2

\$1
EA

W/M MVP Card \$2.09 EA



HOT SALE!
18 Oz. Varieties
DUKE'S SQUEEZE MAYONNAISE

W/M MVP Card \$5.49 EA

MVP Coupon -1.00 OFF1

4.49
EA

W/M MVP Card \$5.49 EA



HOT SALE!
75-110 Oz. Liquid or 32-64 Oz. Packs Select Varieties
ARM & HAMMER

W/M MVP Card Regular Retail

6.99
EA

W/M MVP Card Regular Retail

MVP

**3 DAY
HOTSALE!**

FRIDAY - SUNDAY

HOT SALE!
MVP

2.99
EA

W/O MVP Card Regular Retail

REST OF WEEK \$3.49 EA MVP

**7-9 Oz. Pkg.
Select Varieties**

**OSCAR MAYER
DELI FRESH
LUNCH MEAT**

9 oz

Delishious!
HONEY
MUSTARD HAM

**Great
Mayer!**

Delishious!

10-11 Oz. - Select Varieties

**POST PEBBLES
CEREAL**

HOTSALE!

MVP

179

EA

W/O MVP Card \$4.89 EA

REST OF WEEK \$2.99 EA MVP

A box of Post Fruity Pebbles cereal, featuring the cartoon characters and the brand name prominently.

7.8 Oz. - Select Varieties

**TILLAMOOK
SLICED OR
SHREDDED
CHEESE**



HOT SALE!
MVP

2/\$5

W/O MVP Card \$3.79 EA

REST OF WEEK 2/\$7 MVP

8.25-18 Oz. - Select Varieties

**FRITO LAY
PARTY SIZE
CHIPS OR
SNACKS**

HOTSALE!
WV
2.99
EA
Limit 4
W/O MVP Card \$5.99 EA

REST OF WEEK \$5.99 EA



20 Oz.

**WONDER CLASSIC
WHITE ROUND
TOP BREAD**

HOT SALE!

MVP

**BOGO
FREE**

W/O MVP Card \$3.69 EA
Single Item Half Price
Off Regular Retail

REST OF WEEK \$2.99 EA

MVP



6 Mega Rolls
CHARMIN
4 Double Rolls
BOUNTY
Select Varieties

HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

REST OF WEEK \$7.99 EA MVP



PRICED LOW ✓ EVERY DAY
ON ITEMS YOU BUY MOST OFTEN

&

FOOD FALLOUT MVP

HOT SALE!
OUR BEST WEEKLY MVP DEALS

Helping you fill the dinner table *for less!*



100% FRESH
OR DOUBLE YOUR MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN FRESH
ROUND CHUCK

NO MVP Card Regular Retail

Helping you fill the dinner table *for less!*



100% FRESH
OR DOUBLE YOUR MONEY BACK

HOT SALE!
MVP

5⁹⁹
LB

Ground Fresh Daily
80% LEAN FRESH
ROUND CHUCK

NO MVP Card Regular Retail

A close-up photograph of a Beef T-bone Steak and a baked potato. The steak is cooked to a medium-rare doneness, showing a pinkish center and a browned, herb-seasoned exterior. It is served on a white plate. Next to the steak is a baked potato, topped with a dollop of white sour cream and garnished with fresh green chives. The background is a plain, light-colored surface.

23 Oz. Pkg.
All Varieties

**SMITHFIELD
MARINATED
PORK LOIN
FILET**

HOTSALE!
Save

**BOGO
FREE**

W/O MVP Card Regular Retail
Single Item Half Price

The image shows a top-down view of a Smithfield Marinated Pork Loin Filet package. The package is dark with a clear window showing the meat. Below the package, a cooked pork loin is served on a white plate, garnished with green beans and sliced onions. The pork loin is golden brown and appears to be marinated.

10.99
 EA
 MVP Card Regular Retail

Small Pack
**FOOD LION
CHICKEN
THIGHS**

HOTSALE!
MVP
1.69
LB

W/O MVP Card Regular Retail



SUSTAINABLY SOURCED SEAFOOD

A blue and red bag of On the Border brand 'HYPERBOLICALLY FAKED SHRIMP COOKED' is shown next to a white bowl filled with cooked shrimp in a yellow sauce, garnished with a lemon wedge.

AAH ZGAL ZGAT ZGAU ZGHW ZGSA ZKBG ZKNA ZKNV ZNNF ZN

ZKNA ZKNV ZNNF ZNNO ZSAG ZSAU ZTNA ZTNV ZVBL ZVCH

TNV ZVBL ZVCH ZVHA ZVKN ZVNO ZVNR ZVRC ZVRD ZVRI ZV

RC ZVRD ZVRI ZVRN ZVRO ZVWR ZWBL 12/03/25

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

DELicious BOGOs of the week!



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$7.99 EA
Single Item Half Price

7 Oz.
Select Varieties
**TILLAMOOK
CHEDDARS**



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$3.49 EA
Single Item Half Price

5 Ct.
TEXAS TOAST



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$4.49 EA
Single Item Half Price

12 Ct.
FRUIT BITES



HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$5.99 EA
Single Item Half Price

12 Oz.
**MEURER
BROTHERS
MINI DANISH**

Save on easy meal solutions!

Available in our Deli & Bakery



HOTSALE!
MVP
6.99
EA
W/O MVP Card \$7.99 LB

Freshly Sliced
Select Varieties
**FOOD LION
TURKEY OR
CHICKEN
BREAST**



HOTSALE!
MVP
6.99
LB
W/O MVP Card \$7.99 LB

Freshly Sliced
**COOPER
AMERICAN
CHEESE**



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$4.49 EA

16 Oz.
**COCINA
FRESCA
SALSA**



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.79 EA

5.2-5.3 Oz. Pkg.
**BOURSIN
CHEESE**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

18 Oz.
**FOOD LION
CORNBREAD
TRAY**



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.49 EA

14-16 Oz.
Select Varieties
**FOOD LION
SLICED
LOAF CAKES**

Quick eats
\$5 each!

Each item sold separately.



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA

6 Oz.
Select Varieties
**NEGRONI
ITALIAN
CHUBS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.49 EA

Drums & Thighs
Made Hot In-Store
**4 PIECE
FRIED CHICKEN**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

4 Ct.
Made Hot In-Store
**CHICKEN
LEG
QUARTERS**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

14-15.8 Oz.
VICOLO PIZZA



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
**FOOD LION
TORTELLINI
PASTA**



HOTSALE!
MVP
\$5
EA
W/O MVP Card \$5.99 EA

12 Oz.
**TASTE OF
INSPIRATIONS
PROTEIN
SALADS**

FOOD LION
CATERING

Make the
holidays easy
Let us do the work!

HOTSALE!
MVP
\$5 OFF
W/O MVP Card Regular Retail

SELECT CATERING TRAYS AND PLATTERS

LARGE GARDEN
VEGETABLE
PLATTER

CHICKEN TENDER TRAY



Place your order
at the deli counter or
scan the QR code
to order online.

SIGNATURE
SANDWICH PLATTER

LARGE MINI
SANDWICH PLATTER

CHICKEN WING TRAY

Bring joy
to a family's table when you
buy a holiday box



November 5 - December 9, 2025
Your purchase will be donated
to your local food bank.

**FOOD LION
FEEDS** | **FEEDING
AMERICA**
*Food Lion will donate monetary donations made at checkout in-store
or online to Feeding America®. \$1.00 helps provide at least 10 meals
secured by Feeding America on behalf of local member food banks. Each
box purchased will be donated to local food banks within Food Lion's
10-state footprint. Funds raised could go to support Feeding America®
programs that benefit local families. [foodlion.com/feeds](https://www.foodlion.com/feeds)

Baked in
fresh flavor!

Find our recipe on foodlion.com
Apple Pie Crescent Cobbler



PRICED LOW EVERY DAY
3.49
EA
16 Oz. Select Varieties
FOOD LION BUTTER QUARTERS



HOTSALE!
W/O MVP Card \$2.29 EA
2/\$4
8-12.4 Oz. Select Varieties
FOOD LION CRESCENT OR CINNAMON ROLLS



2.37 Oz.
FOOD LION CINNAMON
HOTSALE!
W/O MVP Card \$2.99 EA
2.49
EA



PRICED LOW EVERY DAY
2.99
EA
48 Oz. Select Varieties
FOOD LION ICE CREAM



HOTSALE!
W/O MVP Card \$1.99 EA
1.79
EA
16 Oz. Select Varieties
FOOD LION BAKING SUGARS



HOTSALE!
W/O MVP Card \$1.49 LB
1.29
LB
Tote Bag
GALA APPLES



PRICED LOW EVERY DAY

8 Oz. Select Varieties
FOOD LION MUSHROOMS
2.69
EA



4.10-5.7 Oz. Select Varieties
KNORR PASTA OR RICE SIDES
HOTSALE!
W/O MVP Card \$1.58 EA
4/\$5



15-16 Oz. Select Varieties
HUNT'S MANWICH
HOTSALE!
W/O MVP Card \$1.88 EA
1.19
EA



12 Oz. FOOD LION VANILLA WAFERS
HOTSALE!
W/O MVP Card \$2.79 EA
2/\$4



24 Oz. Select Varieties
WESSON VEGETABLE OR CANOLA OIL
HOTSALE!
W/O MVP Card \$3.58 EA
2.89
EA



2.12-3.5 Oz. Select Varieties
MCCORMICK GRILL MATES SEASONING
HOTSALE!
W/O MVP Card \$2.69 EA
2.19
EA



16 Oz. Select Varieties
TEDDIE NATURAL PEANUT BUTTER
HOTSALE!
W/O MVP Card \$3.99 EA
2.99
EA



8-16 Oz. Select Varieties
UTZ PRETZELS
HOTSALE!
W/O MVP Card \$3.99 EA
2/\$6



HOTSALE!
W/O MVP Card \$3.48 EA
2/\$5
6 Pack Select Varieties
WHITE HOUSE APPLE SAUCE



14.5-15 Oz. Select Varieties
CHEF BOYARDEE CANNED PASTA
HOTSALE!
W/O MVP Card \$1.58 EA
4/\$5



11-20 Oz. Select Varieties
PEPPERIDGE FARM DINNER ROLLS, BREAD OR BUNS
HOTSALE!
W/O MVP Card \$4.49 EA
3.99
EA



HOTSALE!
W/O MVP Card Regular Retail
3.99
EA
9.31-19.5 Oz. Select Varieties
NABISCO FAMILY SIZE CHIPS AHOY! OR OREO COOKIES



HOTSALE!
W/O MVP Card \$2.99 EA
2/\$4
16 Oz. Select Varieties
AL BRONZO PASTA



0.4-1.1 Oz. Select Varieties
HIDDEN VALLEY SALAD DRESSING MIX
HOTSALE!
W/O MVP Card \$2.48 EA
2/\$3



14 Oz.
LA BANDERITA TOTOPOS TORTILLA CHIPS
HOTSALE!
W/O MVP Card Regular Retail
2/\$6



3.5-13.7 Oz. Select Varieties
NABISCO RITZ OR SNACK CRACKERS
HOTSALE!
W/O MVP Card \$5.49 EA
3.99
EA



23.9-24 Oz. Select Varieties
RAGU PASTA SAUCE
HOTSALE!
W/O MVP Card Regular Retail
2/\$5



6.5-8 Oz. Select Varieties
CAPE COD POTATO CHIPS
LIMIT 4 FREE
HOTSALE!
W/O MVP Card \$5.29 EA
Single Item Half Price
BOGO FREE



6-10.7 Oz. - Select Varieties
LITTLE DEBBIE HOLIDAY CAKES OR CHRISTMAS COFFEE CREAMER
HOTSALE!
W/O MVP Card Regular Retail
2/\$6



16 Oz. Select Varieties
RAO'S SOUP
HOTSALE!
W/O MVP Card \$4.48 EA
W/O MVP Card \$4.48 EA
MVP Coupon -1.00 OFF!
2.99
EA



30 Oz. Select Varieties
KRAFT MAYONNAISE
HOTSALE!
W/O MVP Card \$6.19 EA
3.99
EA



4 Pack Select Varieties
GOGO SQUEEZ ACTIVE
HOTSALE!
W/O MVP Card \$4.59 EA
3.49
EA



4.6 Oz. Select Varieties
FERRERO COLLECTION 12 PIECE GIFT BOX
WHILE SUPPLIES LAST!
HOTSALE!
W/O MVP Card \$6.99 EA
5.49
EA



14 Oz. - Select Varieties
BLUE DIAMOND ALMONDS AND MORE
HOTSALE!
W/O MVP Card \$11.48 EA
W/O MVP Card \$11.48 EA
MVP Coupon -2.00 OFF!
6.99
EA



Fast, tasty & affordable!

FOOD LION

Switch to our brand and save more.

Serving Suggestion:
Mini Pizza Bites

DOUBLE YOUR MONEY BACK
QUALITY GUARANTEE

FOOD LION Fully Cooked Sliced Bacon

HOTSALE!

379 EA

2.1 Oz. Pkg. Select Varieties
FOOD LION FULLY COOKED BACON

FOOD LION Jumbo Biscuits

HOTSALE!

2/\$4

16 Oz. Select Varieties
FOOD LION JUMBO BISCUITS

FOOD LION Diced Yellow Onions

HOTSALE!

169 EA

5 Oz. FOOD LION DICED YELLOW ONIONS

PRICED LOW EVERY DAY

379 EA

16 Oz. - Select Varieties
FOOD LION SHREDDED CHEESE

FOOD LION Mozzarella Cheese

HOTSALE!

119 EA

14 Oz. FOOD LION PIZZA SAUCE

FOOD LION Homestyle Pizza Sauce

HOTSALE!

189 EA

8 Oz. Pkg. FOOD LION WHITE SLICED MUSHROOMS

BEVERAGE CENTER

2 Liter Select Varieties ORIGINAL OR FLAVORED COKE PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card \$3.49 EA
Single Item Half Price

6 Pack 16-16.9 Oz. Bottles Select Varieties 7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail
Single Item Half Price

12 Oz. Select Varieties CELSIUS

HOTSALE!

2/\$4

W/O MVP Card \$2.99 EA

24 Pack 16.9 Oz. Bottles DASANI WATER

PRICED LOW EVERY DAY

479 EA

W/O MVP Card \$6.49 EA

16.2 Oz. Select Varieties STUR LIQUID WATER ENHANCER

HOTSALE!

2/\$6

W/O MVP Card \$3.99 EA

11 Oz. Select Varieties CLEARLY CANADIAN SPARKLING WATER

HOTSALE!

2/\$4

W/O MVP Card \$2.49 EA

25.4 Oz. Select Varieties WELCH'S SPARKLING JUICE

HOTSALE!

2/\$7

W/O MVP Card \$3.99 EA

750 mL Select Varieties DARK HORSE OR YELLOW TAIL WINE

HOTSALE!

6.99 EA

750 mL Select Varieties TRIVENTO OR MARK WEST WINE

HOTSALE!

8.99 EA

750 mL Select Varieties JOSH CELLARS WINE

PRICED LOW EVERY DAY

14.99 EA

WINE DOWN WITH A GLASS

12 Pack 12 Oz. Bottles or Cans Select Varieties MICHELOB ULTRA, BLUE MOON, YUENGLING FLIGHT OR KONA

HOTSALE!

15.99 EA

30 Pack - 12 Oz. Cans Select Varieties NATURAL LIGHT, BUSCH LIGHT OR KEYSTONE LIGHT

HOTSALE!

21.99 EA

30 Pack - 12 Oz. Cans Select Varieties BUD, MILLER OR COORS

HOTSALE!

25.99 EA

12 Pack - 12 Oz. Cans Select Varieties WHITE CLAW HARD SELTZER, TOPO CHICO HARD SELTZER OR TRULY SELTZER

HOTSALE!

16.99 EA

6 Pack - 10-11.2 Oz. Bottles Select Varieties SMIRNOFF, CAYMAN JACK OR JACK DANIEL'S

HOTSALE!

8.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGRY 12/03/25

DAIRY



HOTSALE!
MVP

2/\$5
EA

W/O MVP Card Regular Retail

6.4-7.5 Oz.
Select Varieties
FOOD LION
CHEESE CUBES
OR SNACK BARS

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

6.5-8 Oz. Tub or
16 Oz. Quarters
LAND O LAKES
BUTTER OR
MARGARINE

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$2.99 EA

46 Oz.
Select Varieties
TROPICANA
PREMIUM ADES
OR PUNCHES

HOTSALE!
MVP

4/\$5
EA

W/O MVP Card \$1.69 EA

5-5.3 Oz.
Select Varieties
YOPLAIT OUI
OR **TOO GOOD**
YOGURT

HOTSALE!
MVP

2.99
EA

W/O MVP Card \$3.99 EA

4-6 Pack
Select Varieties
DANIMALS
SMOOTHIE OR
YOCRUNCH
YOGURT

HOTSALE!
MVP

3.99
EA

W/O MVP Card \$4.99 EA

16 Oz.
Select Varieties
KRAFT
SINGLES

HOTSALE!
MVP

2/\$3
EA

W/O MVP Card \$1.69 EA

8 Oz. Bar
Select Varieties
FOOD LION
CREAM CHEESE

28-32 Oz. - Select Varieties
STARBUCKS
OR **NESTLE**
COFFEE MATE
NATURAL BLISS
CREAMER

HOTSALE!
MVP

4.49
EA

W/O MVP Card Regular Retail

FROZEN

HOTSALE!
MVP

2/\$5
EA

W/O MVP Card \$3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO
FROZEN
WAFFLES

HOTSALE!
MVP

99¢
EA

W/O MVP Card \$1.58 EA

4.5-8.5 Oz.
Select Varieties
MICHELINA'S
FROZEN DINNERS

HOTSALE!
MVP

3.49
EA

W/O MVP Card \$3.99 EA

9-14 Oz. - Select Varieties
MARIE CALLENDER'S
DINNERS OR
HEALTHY CHOICE
SIMPLY STEAMERS

HOTSALE!
MVP

5.99
EA

W/O MVP Card \$6.99 EA

17.65-27.51 Oz.
Select Varieties
Excludes Gluten Free
FRESCHETTA
PIZZA

HOTSALE!
MVP

4.99
EA

W/O MVP Card \$6.99 EA

15.77-23.45 Oz.
Select Varieties
RED BARON
12" PIZZA

HOTSALE!
MVP

7.99
EA

W/O MVP Card \$9.29 EA

28-40 Oz.
Select Varieties
STOUFFER'S
FAMILY SIZE
DINNERS

HOTSALE!
MVP

6.99
EA

W/O MVP Card \$8.99 EA

35-42 Oz. - Select Varieties
BIRDS EYE
VOILA! OR
CHEF BOYARDEE
FAMILY DINNERS

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

BREAKFAST

HOTSALE!
MVP

1.99
EA

W/O MVP Card \$2.29 EA

32 Oz.
Select Varieties
JIM DANDY
QUICK GRITS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card \$4.99 EA

12-14 Oz.
Select Varieties
GENERAL MILLS
CHEX CEREAL

HOTSALE!
MVP

4.99
EA

W/O MVP Card Regular Retail

7-27 Oz.
Select Varieties
DAVE'S KILLER
ORGANIC
BREAD OR
SNACK BARS

HOTSALE!
MVP

5.99
EA

W/O MVP Card Regular Retail

10-12 Ct. K-Cups
or 11-12 Oz. Bags
Select Varieties
EIGHT O'CLOCK
COFFEE

HOTSALE!
MVP

4.28
EA

W/O MVP Card Regular Retail

42 Oz.
Old Fashioned or Quick
FOOD LION
OATS

HOTSALE!
MVP

2/\$6
EA

W/O MVP Card Regular Retail

24-32 Oz.
Select Varieties
PEARL MILLING
COMPANY
PANCAKE MIX
OR SYRUP

HOTSALE!
MVP

11.99
EA

W/O MVP Card Regular Retail

22.6-25.9 Oz. Can
Select Varieties
FOLGERS
COFFEE

HOTSALE!
MVP

12.79
EA

W/O MVP Card Regular Retail

36 Ct. Single Serve Cups
Select Varieties
FOOD LION
COFFEE

HEALTH & BEAUTY



Colgate
Total
12 HR PROTECTION

HOT SALE!

MVP

2/\$10

51-33.8 Oz. Select Varieties

COLGATE TOOTHPASTE OR MOUTHWASH

W/O MVP Card Regular Retail

45 Oz. Select Varieties

BLISTEX MEDICATED LIP BALM



VALUE PACK

Blistex

3 Balm Value Pack

MVP

HOT SALE!

MVP

2.99

EA

W/O MVP Card \$37.99 EA

60-70 Ct.
Select Varieties

**NATROL
MELATONIN**

HOTSALE!
(MVP)

7.99
EA

W/O MVP Card \$8.99 EA



NATROL
Fast Dissolve
Melatonin
10mg

• Quickly dissolves
• No water needed
• No drowsiness, no
hangover, no dry mouth

30 TABLETS • DIETETIC SUGAR FREE

6-8 Oz.
Select Varieties

**NOT YOUR
MOTHER'S
CURL TALK OR
DRY SHAMPOO**

HOTSALE!
(MVP)

8.99
EA

W/O MVP Card \$9.99 EA



NOT YOUR
MOTHER'S
CURL TALK
DRY SHAMPOO

**CLEAN
TALK**
DRY SHAMPOO
No Residue

6-8 FL. OZ. (177 mL)

12 Oz.
Select Varieties

**CERA
AVE
CLEANSER OR
LOTION**

HOTSALE!
(MVP)

13.69
EA

W/O MVP Card \$15.99 EA



CeraVe
Daily Hydrating
Cleanser

CeraVe
Daily Hydrating
Lotion

12 FL. OZ. (355 mL)

HOUSE & HOME



HOT SALE!

MVP

1.49
EA

35 Ct.
Select Varieties

**FOOD LION
DISINFECTING
WIPES**

W/O MVP Card \$1.99 EA

HOTSALE!

6⁹⁹

EA

W/O MVP CARD \$8.99 EA



43 Ct. Select Varieties
**FOOD LION
PISHPODS**

16 Oz. Select Varieties
**DAWN
POWERWASH**

HOTSALE!

4⁹⁹

EA

W/O MVP CARD \$5.59 EA



16 Oz. Select Varieties
**DAWN
POWERWASH**

80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

HOTSALE!

2/\$6

W/O MVP CARD Regular Retail



80-100 Ct. Sheets or 18 Oz. Booster
Select Varieties
ARM & HAMMER

BABY

4 Oz. Select Varieties
PLUM ORGANICS MIGHTY & BLEND POUCHES

HOTSALE!
\$2.19 EA

2/\$3
W/O MVP Card \$1.79 EA



1.85 Oz. Select Varieties
PLUM ORGANICS MIGHTY PUFFS

HOTSALE!
\$3.29 EA

3
W/O MVP Card \$3.69 EA



156-216 Ct. Select Varieties
PAMPERS BABY WIPES

HOTSALE!
\$6.99 EA

6
W/O MVP Card \$7.89 EA



64 Ct. Select Varieties
NATURE'S PROMISE BABY WIPES

PRICED LOW EVERY DAY

2.59
EA



- PET



HOTSALE!
MVP

1.99
EA

4 Oz. Select Varieties
**FANCY FEAST
GAMY CAT FOOD**

6.3 Lb. Bag
Select Varieties

**PURINA
CAT CHOW
NATURALS
DRY CAT FOOD**



HOTSALE!
MVP

11.99
EA

W/O MVP Card \$12.99 EA

5.6-24 Oz.
Select Varieties

**PUP-PERONI
OR MILK-BONE
DOG TREATS**



HOTSALE!
MVP

2/\$6

W/O MVP Card Regular Retail

16 Lb.
**KIBBLES 'N BITS
MINI BITS
DOG FOOD**



**MVP PRICED LOW
EVERY DAY**

14.99
EA

W/O MVP Card \$16.79 EA

NEW ITEM CENTER

17.60 Oz. Select Varieties
CRISO
PASTA
HOTSALE!
1⁹⁹
W/O MVP Card \$2.49 EA

3.7 Oz.
FERRERO ROCHER
CHOCOLATE
SQUARES
ASSORTED
HOTSALE!
4⁴⁹
W/O MVP Card \$5.79 EA

4 Pack - 12 Oz. Cans
Select Varieties
OLIPOPO
PROBIOTIC
SODA
HOTSALE!
6⁹⁹
W/O MVP Card \$8.99 EA

2-3 Ct. - Medium
RUBBERMAID
EASY STORE
ROUND OR
RECTANGLE
CONTAINERS
HOTSALE!
BOGO
FREE
W/O MVP Card \$10.99 EA
Single Item Retail Price

60 Ct.
Select Varieties
BOUNCE
DRYER SHEETS
HOTSALE!
9⁹⁹
W/O MVP Card \$10.99 EA

45 Oz. Select Varieties
BLISTEX
MEDICATED
LIP BALM

HOT SALE!

MVP

2.99
EA

W/O MVP Card \$3.79 EA



VALUE PACK
Blistex
MEDICATED LIP BALM
Smooth, Easy-Gliding Protection
Seals in Moisture To Soothe & Prevent Dry Lips
3 Balm VALUE PACK
Blistex
Blistex

MVP DIGITAL COUPONS
 Load on App • Online • In-Store Kiosk

22 Oz. Body Wash Select Varieties
OLAY

HOT SALE! 2/\$14
 W/ MVP Card \$7.99 EA

MVP Coupon **-500** OFF 2

2/\$9
 W/ MVP DISCOUNT SAVINGS LIMIT 1

24 Oz. Select Varieties
DAWN UNSTOPPABLES

15.99 EA

MVP Coupon **-400** OFF 1

11.99 EA

MVP W/ MVP DISCOUNT SAVINGS LIMIT 1

76 Ct. Pods or 132 Oz. Liquid Select Varieties
TIDE

PRICED LOW EVERY DAY! 19.99 EA
 W/ MVP Card \$24.99 EA

MVP Coupon **-500** OFF 1

14.99 EA

MVP W/ MVP DISCOUNT SAVINGS LIMIT 1



Nature's Promise

Organic

Quality goodness

you can feel good about serving!

2 Lb. Pkg.
FOOD LION
BABY CUT
CARROTS

HOTSALE!

1.99

EA

W/O MVP Card Regular Retail



10 Oz. Pkg.
FOOD LION
GRAPE TOMATOES

HOTSALE!

2.19

EA

W/O MVP Card Regular Retail



3 Lb. Bag
NATURE'S PROMISE
ORGANIC RUSSET POTATOES

HOTSALE!

3.49

EA

W/O MVP Card Regular Retail



1 Lb. Bag
NATURE'S PROMISE
ORGANIC LEMONS

HOTSALE!

2.69

EA

W/O MVP Card Regular Retail





HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

Bulk
HONEYCRISP
APPLES



HOTSALE!

79¢

EA

W/O MVP Card Regular Retail

HASS AVOCADOS
OR MANGOS



HOTSALE!

1.79

LB

W/O MVP Card Regular Retail

BARTLETT,
BOSC OR RED
PEARS



HOTSALE!

3.99

EA

W/O MVP Card Regular Retail

HONEYDEW
MELONS



HOTSALE!

59¢

LB

W/O MVP Card Regular Retail

GREEN CABBAGE



HOTSALE!

3.49

EA

W/O MVP Card Regular Retail

12 Oz.
Select Varieties
MARZETTI
SIMPLY
DRESSING



While Supplies Last

9.99

EA

SUGAR PLUM
BOUQUET



HOTSALE!

3.99

LB

W/O MVP Card Regular Retail

In-Store Cut Fruit
FOOD LION
TROPICAL
FRUIT BOWL

Find us online:
foodlion.com    

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

Prices in this ad good at stores conveniently located in these cities:

Blue Ridge, East Ellijay

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

ALL STORES
ACCEPT:



8 ZGAT 12/03/25



December 3 - December 9, 2025

Offers valid while supplies last.



BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED
VEGETABLES**



HOTSALE!
MVP
2/\$3

W/O MVP Card \$1.89 EA



Purchase of 2 Required to Get 3rd Item FREE!

8-13.9 Oz.
Select Varieties
**PILLSBURY
CRESCENTS OR
CINNAMON ROLLS**



HOTSALE!
MVP
2/\$6

W/O MVP Card \$3.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

45 Oz.
Select Varieties
**BLUE RIBBON
NOVELTIES**



HOTSALE!
MVP
5.99
EA

W/O MVP Card \$6.99 EA



Purchase of 2 Required to Get 3rd Item FREE!

50 Ct.
Select Varieties
**TOTINO'S
PIZZA ROLLS**



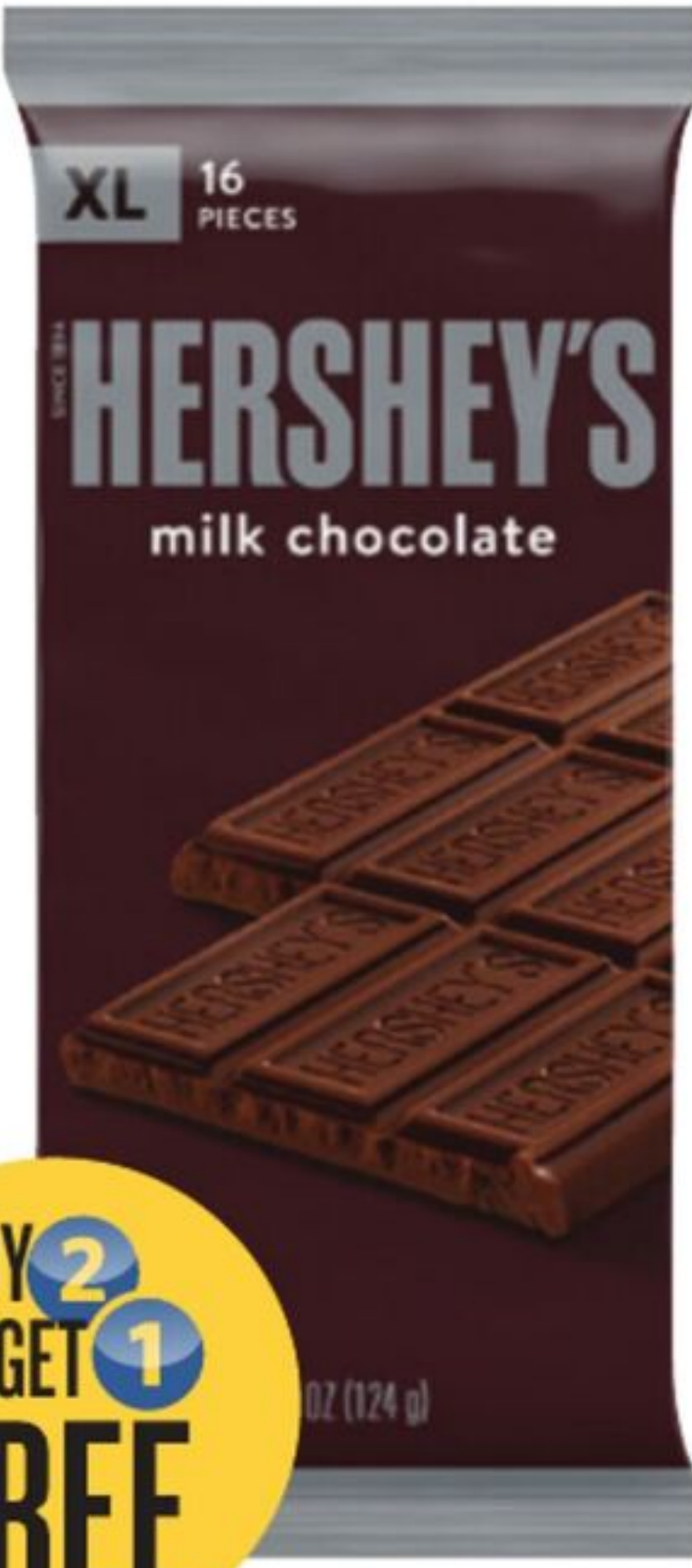
HOTSALE!
MVP
4.99
EA

W/O MVP Card \$7.39 EA



Purchase of 2 Required to Get 3rd Item FREE!

4.25-4.4 Oz.
Select Varieties
**HERSHEY'S
XL BAR**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8 Oz.
Select Varieties
**SMUCKER'S
UNCRUSTABLES**



HOTSALE!
MVP
3.99
EA

W/O MVP Card \$4.49 EA



Purchase of 2 Required to Get 3rd Item FREE!

9-12 Oz.
Select Varieties
**DEVOUR
FROZEN
DINNERS**



HOTSALE!
MVP
2.99
EA

W/O MVP Card \$3.79 EA



Purchase of 2 Required to Get 3rd Item FREE!

8.25-10.5 Oz.
Select Varieties
**LITTLE DEBBIE
BAGGED
MINI DONUTS**



2.79
EA



Purchase of 2 Required to Get 3rd Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
**LAVAZZA
COFFEE**



HOTSALE!
MVP
8.49
EA

W/O MVP Card Regular Retail



Purchase of 2 Required to Get 3rd Item FREE!

32 Oz.
Select Varieties
**SILK
CREAMER**



HOTSALE!
MVP
4.99
EA

W/O MVP Card \$5.29 EA



Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

8.9-12.2 Oz.
Select Varieties
**KELLOGG'S
FROSTED FLAKES
OR FROOT LOOPS
CEREAL**



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

18.5-19 Oz.
Select Varieties
**PROGRESSO
SOUP**



HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

14.5-15.25 Oz.
Select Varieties
**DEL MONTE
CANNED FRUIT**



HOTSALE!
MVP
2/\$4
W/O MVP Card \$2.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

19.70 Oz.
**ROCKIN'
PROTEIN
BUILDER**



3.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

20 Oz. Bottle
Select Varieties
**GLACÉAU
VITAMIN WATER**



HOTSALE!
MVP
1.50
EA
W/O MVP Card \$2.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz. Pkg.
Select Varieties
**NATHAN'S
FAMOUS
FRANKS**



HOTSALE!
MVP
5.99
EA
W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**RED BULL
ENERGY DRINK**



11.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

7 Oz.
Select Varieties
**ORE-IDA
BAGEL BITES**



HOTSALE!
MVP
2.49
EA
W/O MVP Card \$2.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

15 Oz. Tub or 14.3 Oz. Squeeze
Select Varieties
**COUNTRY CROCK
SPREAD OR
SQUEEZE BUTTER**



HOTSALE!
MVP
2.99
EA
W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4.5 Oz.
Select Varieties
**OIKOS OR
LIGHT & FIT
REMIX YOGURT**



1.69
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

9-12.6 Oz.
Select Varieties
**KELLOGG'S
RICE KRISPIES
CEREAL**



HOTSALE!

MVP

2/\$7

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**PEPPERIDGE FARM
GARLIC BREAD**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.28 EA

Purchase of 2 Required to Get 3rd Item FREE!

11-12 Oz.
Select Varieties
**BIRDS EYE
ULTIMATE
VEGETABLES**



HOTSALE!

MVP

2/\$6

W/O MVP Card \$3.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**DUNKIN' DONUTS
ICED COFFEE**



2.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz. - Select Varieties
**MOTHER'S
CIRCUS
ANIMAL
COOKIES**



3.89
EA

Purchase of 2 Required to Get 3rd Item FREE!

10.6-11.2 Oz.
Select Varieties
**GENERAL MILLS
FLAVORED
CHEERIOS CEREAL**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-16.2 Oz. - Select Varieties
**DAVE'S KILLER
BREAD
ORGANIC BAGELS
OR ENGLISH
MUFFINS**



6.19
EA

Purchase of 2 Required to Get 3rd Item FREE!

17.5 Oz.
Select Varieties
**MISSION
FLOUR
TORTILLAS**



HOTSALE!

MVP

2/\$5

W/O MVP Card Regular Retail

Purchase of 2 Required to Get 3rd Item FREE!

5 Oz.
Select Varieties
**CHOLULA
HOT SAUCE**



HOTSALE!

MVP

3.49
EA

W/O MVP Card \$4.39 EA

Purchase of 2 Required to Get 3rd Item FREE!

5.25-6.5 Oz.
Select Varieties
**BOULDER
CANYON
KETTLE CHIPS**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!



BUY 2 GET 1 FREE

Purchase of 2 Required
to Get 3rd Item FREE!

18 Oz.
Select Varieties
**SMUCKER'S
PRESERVES
OR JAMS**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.98 EA

Purchase of 2 Required to Get 3rd Item FREE!

9 Oz.
Select Varieties
**TASTEE CHOICE
SHRIMP**



HOTSALE!

MVP

4.99
EA

W/O MVP Card \$5.99 EA

Purchase of 2 Required to Get 3rd Item FREE!

2.18-2.5 Oz.
Select Varieties
**PERFECT
BAR**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$2.79 EA

Purchase of 2 Required to Get 3rd Item FREE!

13.2-14.10 Oz.
Select Varieties
**JUS-ROL
PUFF PASTRY
DOUGH OR
PIZZA CRUST**



HOTSALE!

MVP

3.99
EA

W/O MVP Card \$4.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
**REED'S REAL
GINGER ALE**



4.99
EA

Purchase of 2 Required to Get 3rd Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S
ICED COFFEE**



HOTSALE!

MVP

2/\$5

W/O MVP Card \$3.19 EA

Purchase of 2 Required to Get 3rd Item FREE!

20.8 Oz.
Select Varieties
**KELLOGG'S
NUTRI GRAIN
BARS**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$6.49 EA

Purchase of 2 Required to Get 3rd Item FREE!

10.4-12.4 Oz. - Select Varieties
**KELLOGG'S
RICE KRISPIES
TREATS OR
MINI SQUARES**



HOTSALE!

MVP

2/\$10

W/O MVP Card \$5.69 EA

Purchase of 2 Required to Get 3rd Item FREE!

5-7.75 Oz.
Select Varieties
**SMARTFOOD
POPCORN**



4.29
EA

Purchase of 2 Required to Get 3rd Item FREE!

10 Oz.
**WOW BAO
TERIYAKI
CHICKEN BAO**



HOTSALE!

MVP

6.99
EA

W/O MVP Card \$7.79 EA

Purchase of 2 Required to Get 3rd Item FREE!