

food Basics

CANADIAN AND PROUD

HOLIDAY YOUR WAY

VIP

VERY INCREDIBLE PRICE EVENT

SCHNEIDERS
PEPPERETTES
250 - 375 G
SELECTED VARIETIES

INCREDIBLE
\$5.87
EACH



LEMONS
PRODUCT OF SOUTH AFRICA
2 LB

INCREDIBLE
\$2.84
EACH



CLASSICO
PASTA SAUCE
410 - 600 ML
SELECTED VARIETIES

INCREDIBLE
\$2.98
EACH



HALAL
AT SAME
PRICE

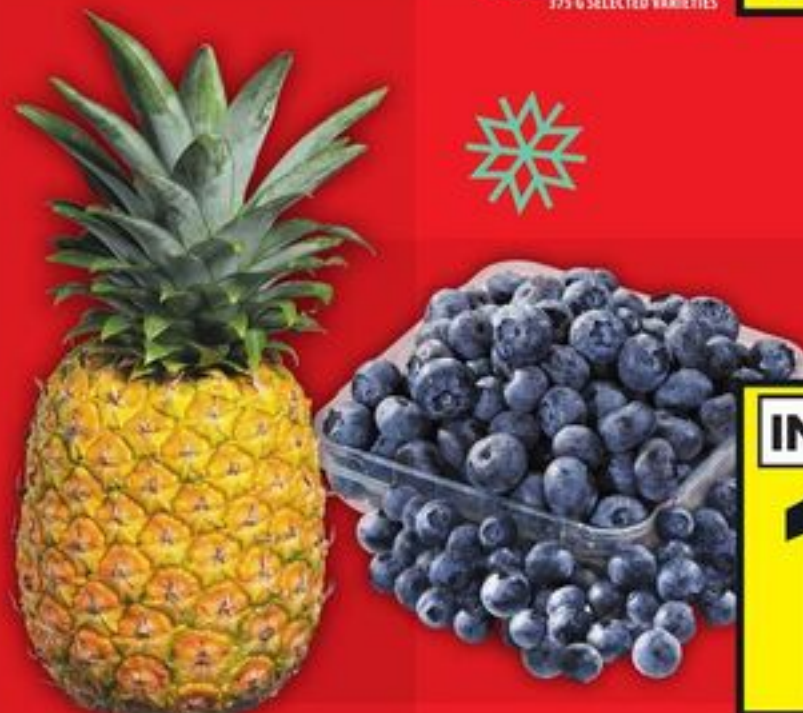
FRESH FROM THE
FARM OR ZABIHA
HALAL FRESH
BONELESS SKINLESS
CHICKEN BREAST
FAMILY PACK
AIR CHILLED
10.87/KG

INCREDIBLE
\$4.93
/LB



SELECTION BACON
375 G SELECTED VARIETIES

INCREDIBLE
\$2.98
EACH



TROPICAL
GOLD PINEAPPLE
PRODUCT OF COSTA RICA
BLUEBERRIES
PRODUCT OF PERU, NO. 1 GRADE
170 G

INCREDIBLE
\$1.86
EACH



INCREDIBLE
\$6.98
EACH

COCA-COLA, CANADA DRY GINGER ALE
OR PEPSI SOFT DRINKS
12 x 355 ML SELECTED VARIETIES

COLAVITA
EXTRA VIRGIN OLIVE OIL
1 L

INCREDIBLE
\$12.97
EACH



VILLAGGIO BREAD
530 - 675 G
BUNS
6 - 8'S
DEMPSTER'S WHOLE
GRAIN BREAD
400 G
SELECTED VARIETIES

INCREDIBLE
\$2.98
EACH

CASHMERE
BATHROOM TISSUE
30 - 50'S
WHILE QUANTITIES LAST

INCREDIBLE
\$10.95
EACH



INCREDIBLE
\$1.98
EACH

DE CECCO
PASTA OR
AURORA
PASSATA
454 G, 400 ML
SELECTED VARIETIES

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, DECEMBER 11TH TO WEDNESDAY, DECEMBER 17TH, 2025
PRICES IN THIS FLYER AVAILABLE AT ALL SAULT STE. MARIE, ANCASTER, GRIMSBY, HAMILTON & NIAGARA FALLS LOCATIONS ONLY.

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

food Basics

CANADIAN AND PROUD

VIP

WE LOVE LOCAL Canada

Earth Fresh

GOURMET MINI YELLOW POTATOES
PETITES POMMES DE TERRE
JAUNES GOURMET

CANADA NO. 1 SMALL (1 1/2"-2 1/4")
CANADA N° 1 PETITE (1 1/2 à 2 1/4 po)
NET WT 3 lb = 1.36 kg POIDS NET
PRODUIT DU CANADA - PRODUIT DU CANADA

INCREIBLE 99¢ EACH

GOURMET MINI YELLOW POTATOES
PRODUCT OF CANADA, NO. 1 GRADE
3 LB

ANISE-FENNEL
PRODUCT OF U.S.A.
99/LB. 2.18/kg
CILANTRO
PRODUCT OF U.S.A. OR MEXICO
99/LB.

INCREIBLE 99¢ /LB OR EACH

CAMPBELL'S CONDENSED SOUP
204 ML
HEINZ BEANS OR PASTA
398 ML
SELECTED VARIETIES

INCREIBLE 99¢ EACH

HEINZ ALPHA GETTI
14 OZ (396 g)

Campbell's
Tomato Tomates

HEINZ BEANS ORIGINAL
In Tomato Sauce
HIGH SOURCE OF FIBRE
204 g

NEW LOOK! NOUVELLE ALLURE!

Michelina's
Macaroni and Cheese
Macaroni au fromage

NEW LOOK! NOUVELLE ALLURE!

Michelina's
Fettuccine Alfredo with Chicken and Broccoli
Fettuccine Alfredo avec poulet et brocoli

INCREIBLE 99¢ EACH

MICHELINA'S ENTRÉES
227 - 284 G FROZEN SELECTED VARIETIES

IRRESISTIBLE POTATO CHIPS
150 g
SELECTION COLA OR GINGER ALE SOFT DRINKS
2 L
SELECTED VARIETIES

INCREIBLE 99¢ EACH

Selection
GINGER ALE
FLAVOURED

Selection
COLA
NATURALLY FLAVOURED

Irresistible
SEA SALT
SEL DE MER

GET READY TO SAVE!
THURSDAY, DECEMBER 11TH TO
PRICES IN THIS FLYER AVAILABLE AT ALL SAULT STE. MARIE, A

To view local store flyer, visit foodbasics.ca, where you can create your own personalized flyer.

VIP

VERY INCREDIBLE PRICE EVENT

BAKERY² BAGUETTE
235 g

INCREIBLE 99¢ EACH

SELECTION FLAT OR DISTILLED WATER
4 L
SELECTED VARIETIES

INCREIBLE 99¢ EACH

distilled water
ozonated

spring water
natural

Reese's
PEANUT BUTTER CUPS
POULET AU BEURRE D'ARACHIDES
45 g

HERSHEY'S OR NESTLÉ CHOCOLATE BARS
42 - 58 g
SELECTED VARIETIES

KitKat
The DOUBLE HIT
La BOUCHEE DOUBLE

INCREIBLE 99¢ EACH

JELL-O JELLY POWDER
11.2 - 85 g
SELECTED VARIETIES

INCREIBLE 99¢ EACH

JELL-O
lime

JELL-O
strawberry fraise

POWERADE
SPORTS DRINK
710 ML
SELECTED VARIETIES

INCREIBLE 99¢ EACH

POWERADE
50% MORE PLUS
ELECTROLYTES

POWERADE
50% MORE PLUS
ELECTROLYTES

VIP

VERY INCREDIBLE PRICE EVENT

Black Diamond OLD • FORT Cheddar Cheese Fromage cheddar 400 g (50% MOZZ 54% CH)

Black Diamond CHEESE SHREDS 400 G 329 G

NATURAL CHEESE SLICES 230 • 240 G

GALBANI MOZZARELLA 100 G SELECTED VARIETIES

INcredible \$4.98 EACH

SCHNEIDERS Applewood Smoked ORIGINAL HAM 700g

MAPLE LEAF NATURAL SMOKED HAM JAMBON FUME NATUREL 600 • 700 G SELECTED VARIETIES

INcredible \$9.98 EACH

LACTANTIA PURIFITRE OR LACTOSE FREE MILK 2 L

BEATRICE CHOCOLATE MILK 2 L

PHILADELPHIA CREAM CHEESE PRODUCT 340 G SELECTED VARIETIES

INcredible \$4.99 EACH

LACTANTIA CREAM 473 mL • 1 L

BEATRICE BUTTERMILK 1 L SELECTED VARIETIES

50 points

LIBERTÉ OR OIKOS GREEK YOGURT 500 • 750 G

IÖGO YOGURT 16 X 100 G

SIGGI'S SKYR YOGURT 500 • 750 G SELECTED VARIETIES

INcredible \$6.49 EACH

McCain Superfries 650 g

McCain Superfries 51 650 g

McCain FRENCH FRIES 454 • 800 G SELECTED VARIETIES

INcredible \$2.99 EACH

PHILADELPHIA CREAM CHEESE 227 • 250 G

KRAFT SINGLES 410 G

CHEEZ WHIZ SPREAD 450 G SELECTED VARIETIES

INcredible \$3.98 EACH

MAXWELL HOUSE HOUSE BLEND MÉLANGE MAISON 30

Timothy's LIGHT BREAKFAST BLEND 30

Folgers Lively Colombian 30

TIMOTHY'S, FOLGERS OR MAXWELL HOUSE COFFEE CAPSULES 30'S SELECTED VARIETIES

INcredible \$14.95 EACH

KRAFT DINNER NOODLE MEAL 12 X 200 G

INcredible \$9.99 EACH

CLOVER LEAF SOLID LIGHT TUNA 150 G

CLOVER LEAF FLAKED LIGHT TUNA 150 G

CLOVER LEAF FLAKED LIGHT TUNA 150 G

CLOVER LEAF LIGHT OR FLAVOURED TUNA 85 • 170 G SELECTED VARIETIES

INcredible \$1.49 EACH

Scotties HOUSE & HOME 6

Sponge Towels ULTRA 3 DOUBLES = 6

SCOTTIES FACIAL TISSUE 3 • 6'S SELECTED VARIETIES

INcredible \$7.49 EACH

125 points = \$1

TIDE PODS 3-1 100

TIDE 100 LOADS

CASCADE COMPLETE 112

TIDE DETERGENT 3.8 L • 100 LOADS PODS 45 • 103

CASCADE DISHWASHER TABS 112'S SELECTED VARIETIES

INcredible \$21.96 EACH

the app-solute best way to save

SCAN TO DOWNLOAD
While quantities last. Visit our app for details.
*Limit one per customer, per transaction.

this week only

IRRESISTIBLE PECAN CLUSTERS* 330 G SELECTED VARIETIES WHILE QUANTITIES LAST

DIGITAL DEAL \$6.99 EACH WITH COUPON

Irresistible FESTIVE COLLECTION FESTIVE MILK CHOCOLATE PECAN CLUSTERS ROCHERS AUX PACANES CHOCOLAT AU LAIT

save \$3

*IN STOCK POLICY: Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nossio Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

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TOGETHER HELPING LOCAL FOOD BANKS

All bags will be donated
to local community
Food Banks



ACTUAL PRODUCT SELECTION MAY VARY

Visit foodbasics.ca for details. While quantities last.

**Healthy
Together**

**MAKE THE
OUT OF
REACH
REACHABLE**

**HELP SOMEONE
IN NEED BY
DONATING
AT CHECKOUT.
WE'LL MATCH IT.**



Between November 27, 2025 - December 24, 2025, Metro Inc. will match every \$2.00 donation with a Food Basics gift card of the same value, up to a maximum of \$100,000, and donate the gift card to local food banks in Ontario. To learn more about the food bank receiving the funds raised in this store, see posted signage or speak to a Food Basics Employee.

i earn with moi rewards

moi
rewards

i redeem and
save on what
i buy most often

redeem
500
points = **\$4**
in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



LITEHOUSE
348 G SELECTED VARIETIES

THIS WEEK ONLY
399
EACH

50
points



MAPLE LEAF
PREPARED & READY
SHREDDED CHICKEN
250 G SELECTED VARIETIES

THIS WEEK ONLY
799
EACH

40
points



CRACKER BARREL
CHEESE SNACKS
168 G
SELECTED VARIETIES

LOCKED DOWN
499
EACH

25
points



LOCKED DOWN
398
EACH

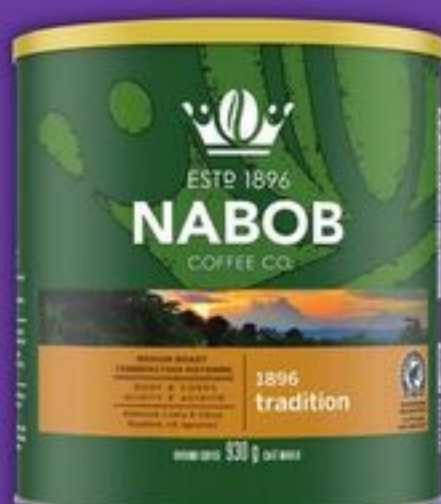
20
points



KICKING HORSE
ORGANIC BEAN COFFEE
454 G
SELECTED VARIETIES

LOCKED DOWN
1999
EACH

55
points



NABOB TRADITION
GROUND COFFEE
530 G
SELECTED VARIETIES

LOCKED DOWN
2499
EACH

55
points



LOCKED DOWN
249
EACH

15
points



LOCKED DOWN
249
EACH

15
points



LOCKED DOWN
449
EACH

25
points



LOCKED DOWN
349
EACH

30
points



LOCKED DOWN
1449
EACH

55
points



LOCKED DOWN
179
EACH

25
points

CHOOSE CANADIAN



THE LITTLE POTATO COMPANY POTATOES
PRODUCT OF CANADA 600 G

298
EACH

30
points



MINI CUCUMBERS
PRODUCT OF CANADA
NO.1 GRADE
397 G

298
EACH



SCHNEIDERS JUICY JUMBOS WIENERS OR
SMOKED SAUSAGES
375 - 450 G SELECTED VARIETIES



699
EACH



SWISS CHALET
BBQ PORK
BACK RIBS
600 G
SELECTED VARIETIES



1099
EACH



RUDOLPH'S
BREAD
500 G
SELECTED VARIETIES

299
EACH



IRRESISTIBLE
PIE
750 G - 1 KG
SELECTED VARIETIES

699
EACH



LACTANTIA CREAM
473 ML - 1 L
BEATRICE BUTTERMILK
1 L
SELECTED VARIETIES

299
EACH

50
points



LACTANTIA PURIFILTRE OR
LACTOSE FREE MILK
2 L
BEATRICE CHOCOLATE MILK
2 L
SELECTED VARIETIES

499
EACH



LIBERTÉ OR
OIKOS GREEK
YOGURT
450 - 750 G
IÖGO YOGURT
16 X 100 G
SIGGI'S SKYR
450 - 750 G
SELECTED VARIETIES

649
EACH



TIMOTHY'S,
FOLGERS OR
NABOB COFFEE
CAPSULES
30'S
SELECTED VARIETIES

1495
EACH



IRRESISTIBLE
POTATO CHIPS
150 G
SELECTION COLA OR
GINGER ALE
2 L
SELECTED VARIETIES

99¢
EACH



COCA-COLA, CANADA DRY
GINGER ALE OR PEPSI SOFT DRINKS
12 X 355 ML SELECTED VARIETIES

698
EACH



SPONGE TOWELS ULTRA PAPER TOWELS 3 - 4'S
SCOTTIES FACIAL TISSUE 6'S
SELECTED VARIETIES

749
EACH

125
points
= \$1



CASHMERE BATHROOM
TISSUE
30 - 50'S
WHILE QUANTITIES LAST

1095
EACH

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

PRODUCE



BEEFSTEAK TOMATOES
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE
4.37/KG

THIS WEEK ONLY
1.98
/LB



BLACKBERRIES
PRODUCT OF MEXICO, NO. 1 GRADE
170 G
RASPBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE
170 G

THIS WEEK ONLY
2.98
EACH



BRUSSELS SPROUTS
PRODUCT OF HOLLAND OR U.S.A. OR MEXICO
6.57/KG

THIS WEEK ONLY
2.98
/LB



CLEMENTINES
PRODUCT OF SOUTH AFRICA
2 LB
LIMES
PRODUCT OF MEXICO
1 LB

THIS WEEK ONLY
3.98
EACH



GREEN FRENCH BEANS
PRODUCT OF GUATEMALA
400 G
ASPARAGUS
PRODUCT OF MEXICO AND/OR PERU
NO. 1 GRADE
325 G

THIS WEEK ONLY
3.98
EACH



VISION GREENS LETTUCE
115 G
SELECTED VARIETIES

THIS WEEK ONLY
3.98
EACH
30 points



RUTABAGAS
PRODUCT OF ONTARIO
2.16/KG

THIS WEEK ONLY
98¢
/LB



IRRESISTIBLES FRESH HERBS
21 G
SELECTED VARIETIES

THIS WEEK ONLY
2/\$4



HONEYCRISP APPLES
PRODUCT OF ONTARIO
EXTRA FANCY GRADE
6.57/KG

THIS WEEK ONLY
2.98
/LB



CRANBERRIES
PRODUCT OF CANADA
340 G

THIS WEEK ONLY
2.88
EACH



HOthouse GRAPE TOMATOES
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE 283 G
MINI CUCUMBERS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE 397 G

THIS WEEK ONLY
2.98
EACH



THE LITTLE POTATO COMPANY POTATOES
PRODUCT OF CANADA, 480 G
SELECTED VARIETIES

THIS WEEK ONLY
2.98
EACH
30 points



HONEYDEW MELONS
PRODUCT OF MEXICO

THIS WEEK ONLY
3.98
EACH



SUN RICH FRUIT OR VEGETABLE TRAY
900 G - 1.13 KG
SELECTED VARIETIES

THIS WEEK ONLY
10.99
EACH



6" POINSETTIA
WHILE SUPPLIES LAST

THIS WEEK ONLY
5.98
EACH



VANILLA PERSIMMONS
CASE PRODUCT OF SPAIN

THIS WEEK ONLY
9.88
EACH



IRRESISTIBLE SNACK TRAY
325 - 400 G
SELECTED VARIETIES

THIS WEEK ONLY
11.99
EACH



BOLTHOUSE JUICES
360 ML - 1 L
SELECTED VARIETIES

THIS WEEK ONLY
5.98
EACH
50 points

FLORAL



8 STEM TULIPS OR GERBERAS
WHILE SUPPLIES LAST

THIS WEEK ONLY
\$8
EACH



LARGE BOUQUETS
WHILE SUPPLIES LAST

THIS WEEK ONLY
\$15
EACH



6" ZYGOCACTUS
WHILE SUPPLIES LAST

THIS WEEK ONLY
8.98
EACH



DELUXE BOUQUET OR 12" POINSETTIA
WHILE SUPPLIES LAST

THIS WEEK ONLY
24.98
EACH

MEAT



HALAL
AT SAME
PRICE

PRIME
RAISED
WITHOUT
antibiotics



FRESH WHOLE
CHICKEN WINGS
BAGGED
INCLUDES ZABIHA HALAL
SELECTED VARIETIES
8.80/KG

THIS WEEK ONLY
3.99
/LB



LIFE SMART
OR ZABIHA
HALAL EXTRA
LEAN GROUND
CHICKEN
450 G
SELECTED VARIETIES

THIS WEEK ONLY
5.99
EACH



PRIME RAISED
WITHOUT
ANTIBIOTICS
FRESH WHOLE
CHICKEN
AIR CHILLED
SELECTED VARIETIES
9.90/KG

THIS WEEK ONLY
4.49
/LB



HALAL

FRESH LAMB
SHOULDER
CHOPS
FAMILY PACK
SELECTED VARIETIES
WHILE QUANTITIES LAST
19.82/KG

THIS WEEK ONLY
8.99
/LB



STEELHEAD TROUT FISH FILLET
FAMILY PACK
FRESH SELECTED VARIETIES
24.23/KG

THIS WEEK ONLY
10.99
/LB



HALAL
AT SAME
PRICE

FRESH
BONELESS
STEWING BEEF
FAMILY PACK
INCLUDES HALAL
SELECTED VARIETIES
22.02/KG

THIS WEEK ONLY
9.99
/LB



FLETCHER'S
CURED PORK
COTTAGE ROLL
SELECTED VARIETIES
6.59/KG

THIS WEEK ONLY
2.99
/LB



LEGACY
MARINATED
BONE-IN
PORK CHOPS OR
FLATTENED PORK
TENDERLOIN
400 - 440 G
SELECTED VARIETIES

THIS WEEK ONLY
8.99
EACH



SCHNEIDERS JUICY JUMBOS WIENERS OR
SMOKED SAUSAGES
375 - 450 G SELECTED VARIETIES

THIS WEEK ONLY
6.99
EACH



SWISS CHALET
BBQ PORK
BACK RIBS
600 G
SELECTED VARIETIES

THIS WEEK ONLY
10.99
EACH



10
points

O'SOLE MIO
FRESH PASTA
225 G
SELECTED VARIETIES

THIS WEEK ONLY
2.49
EACH



IRRESISTIBLES ARTISAN SMOKED
BONELESS HALF MOON HAM
SELECTED VARIETIES
13.21/KG

THIS WEEK ONLY
5.99
/LB



THIS WEEK ONLY
3.49
EACH

25
points

FONTAINE
SANTÉ
HUMMUS
227 - 240 G
SELECTED VARIETIES



AGROPUR
OKA,
ENTREMONT
BRIE OR
CAMEMBERT
OF KERRYGOLD
DUBLINER
SELECTED VARIETIES

THIS WEEK ONLY
5.99
EACH



BALDERSON
CHEDDAR
250 - 280 G
SELECTED VARIETIES

THIS WEEK ONLY
7.49
EACH



PRODUCT
OF ITALY

TRE STELLE
PARMIGIANO
REGGIANO OR
GRANA PADANO OR
PECORINO ROMANO
200 G
SELECTED VARIETIES

THIS WEEK ONLY
7.99
EACH



MAPLE LEAF
NATURAL
SELECTIONS
SLICED DELI MEAT
275 - 400 G
SELECTED VARIETIES

LOCKED DOWN
10.99
EACH



CHELSEA
BONED
SALTED
FISH BITS
400 G
SELECTED VARIETIES

THIS WEEK ONLY
3.99
EACH

MORE GREAT SAVINGS FOR LESS



Green Giant
Géant Vert

GREEN BEANS
HARICOTS VERTS

SWEETLETS
SUCRELETS

GREEN GIANT OR IRRESISTIBLES VEGETABLES
900 - 750 G FROZEN
SELECTED VARIETIES

LOCKED DOWN

2.98
EACH



Post Shreddies
Original • Originale

Post Honeycomb
CLASSIC TASTE
GOÛT CLASSIQUE

THIS WEEK ONLY

2.99
EACH

POST SHREDDIES OR HONEYCOMB CEREAL
400 - 480 G
SELECTED VARIETIES



BURNBRAE
EGGS2go!
OEUFSPRESTO!

BURNBRAE
PEELED HARD
BOILED EGGS

LOCKED DOWN

3.99
EACH

50 points



MAXWELL HOUSE
DARK ROAST
TORREFACTION FONCÉE

MAXWELL HOUSE
ORIGINAL ROAST
TORREFACTION ORIGINALE

LOCKED DOWN

17.99
EACH

375 points = \$3

MAXWELL HOUSE
GROUND COFFEE
SELECTED VARIETIES



fuze
iced tea

LOCKED DOWN

6.99
EACH

FUZE
ICED TEA
12 X 341 ML
SELECTED VARIETIES



VAN HOUTTE
COLOMBIAN DARK
DARK ROAST

VAN HOUTTE
COLOMBIAN MEDIUM

LOCKED DOWN

28.99
EACH

VAN HOUTTE COFFEE CAPSULES
30'S
SELECTED VARIETIES



Bits & Bites
Méli-Mélo
Crispers

Crispers
DILL PICKLE
CORNICHONS À L'ANETH

OREO
The Original
L'original

OREO mini
MADE WITH REAL COCOA

CHRISTIE
BITS & BITES
OR CRISPERS
SNACKS

CHRISTIE OREO
OR CHIPS AHOY!
COOKIES

LOCKED DOWN

2/\$5

2.99
EACH



KIND
HEALTHY GRAINS
Oats & Honey

Baci
PERUGINA BACI
CHOCOLATES

RITTER SPORT
CHOCOLATE BAR

Bounty
PAPER
TOWELS

Charmin
Ultra Soft
Ultra Durable

LOCKED DOWN

4.99
EACH

15.99
EACH

3.99
EACH

13.99
EACH



BAKERY

Rudolph's
BREAD

Dempster's
BAGELS

SUN-MAID
RAISIN
BREAD OR
CINNABON BREAD

Irresistible
PIE

THIS WEEK ONLY

2.99
EACH

3.49
EACH

4.49
EACH

6.99
EACH

LOCKED DOWN



BLACK DIAMOND
CHEESTRINGS OR
CHEESE STICKS
252 - 354 G
SELECTED VARIETIES



LOCKED DOWN

6.99
EACH



NESTLÉ
PARLOUR
ICE CREAM
1.5 L
NOVELTIES
8 - 12'S
SELECTED VARIETIES



LOCKED DOWN

3.49
EACH



LOCKED DOWN

2/\$5



LOCKED DOWN

8.99
EACH

150
points



PILLSBURY
PREPARED
DOUGH
454 - 496 G
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH



SUN-MAID
RAISINS
375 G
SELECTED VARIETIES

LOCKED DOWN

4.49
EACH



CATELLI
PASTA
375 - 500 G
SELECTED VARIETIES

LOCKED DOWN

1.99
EACH



TWINNINGS
HERBAL TEA
30'S
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH



DOLE
PINEAPPLE
396 ML
SELECTED VARIETIES

LOCKED DOWN

2.49
EACH



NESCAFÉ OR
TASTER'S CHOICE
INSTANT COFFEE
100 - 170 G
SELECTED VARIETIES

LOCKED DOWN

6.99
EACH



NO YOLKS
EGG NOODLES
340 G
SELECTED VARIETIES

LOCKED DOWN

2.79
EACH



BISTRO
EXPRESS OR
TASTY BITE RICE
340 - 250 G
SELECTED VARIETIES

LOCKED DOWN

2.79
EACH



SENSIBLE
PORTIONS
VEGGIE
SNACKS
120 - 142 G
SELECTED VARIETIES

LOCKED DOWN

2.75
EACH



MELITTA
COFFEE
BEANS
307 G
SELECTED VARIETIES

LOCKED DOWN

28.99
EACH



FRISKIES
CAT FOOD
156 G
SELECTED VARIETIES

LOCKED DOWN

89¢
EACH



GLADE
CANDLE OR
WAX MELTS
287 G
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH



ZIPLOC
SEAL TOP BAGS
13 - 22'S
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH



WINDEX
WINDOW
CLEANER
750 ML
SELECTED VARIETIES

LOCKED DOWN

5.49
EACH

ALWAYS GREAT PRICE



SELECTION OR LIFE SMART COTTAGE CHEESE
100g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁸⁸
EACH



LIFE SMART NATURALIA FRUIT SPREAD
150g & SELECTED VARIETIES

SELECTION JAM
150g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

4⁴⁹
EACH



SELECTION SNACKS
285g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

2⁸⁸
EACH



SELECTION OR LIFE SMART CANNED FRUIT
296 mL & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁷⁹
EACH



SELECTION FLOUR
2.5 kg & SELECTED VARIETIES

SELECTION PEANUTS
700-800g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

4⁹⁷
EACH



SELECTION SODA CRACKERS
454g & SELECTED VARIETIES

SELECTION CHICKEN NOODLE SOUP
384 mL & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁴⁹
EACH

ALWAYS GREAT PRICE 

1²⁷
EACH



SELECTION MULTI PURPOSE CLEANER
710-908 mL & SELECTED VARIETIES

SELECTION BATHROOM TISSUE
30-100's

ALWAYS GREAT PRICE 

2⁹⁹
EACH

ALWAYS GREAT PRICE 

1⁹⁹
EACH



SELECTION HONEY GARLIC OR PLUM SAUCE
250 mL & SELECTED VARIETIES

SELECTION SOY SAUCE
450 mL & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁴⁹
EACH

ALWAYS GREAT PRICE 

4⁴⁹
EACH



CRACKER BARREL SHREDDED CHEESE
320g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

6⁹⁹
EACH



KELLOGG'S JUMBO RAISIN BRAN
1.01 kg

KELLOGG'S JUMBO VECTOR CEREAL
1.01 kg & SELECTED VARIETIES

ALWAYS GREAT PRICE 

9⁴⁹
EACH



PHILADELPHIA DIPS
340g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

5⁹⁹
EACH



KRAFT PEANUT BUTTER
2kg & SELECTED VARIETIES

ALWAYS GREAT PRICE 

11⁴⁹
EACH



NATURE VALLEY FAMILY PACK BARS
525g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

6⁹⁹
EACH



BETTY CROCKER DUNKAROOS
168g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁹⁹
EACH



KRAFT BBQ SAUCE
455 mL & SELECTED VARIETIES

ALWAYS GREAT PRICE 

2⁴⁹
EACH



CHEEZ-IT CRACKERS FAMILY SIZE
352g & SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁹⁹
EACH

HOLIDAY ENTERTAINING YOUR WAY

WORTHY CRUMB MINCE FRUIT TARTS
510 G

5.49 EACH

TWO BITE CHRISTMAS CUPCAKES
284 G
SELECTED VARIETIES

3.99 EACH

IRRESISTIBLE GINGERBREAD COOKIES
400 G

4.99 EACH

IRRESISTIBLE HOLIDAY COOKIES TO DECORATE
454 G

12.99 EACH

IRRESISTIBLE BATTERED CHEESE STICKS, JALAPENO POPPERS OR QUICHE APPETIZERS
FROZEN 325 - 400 G SELECTED VARIETIES

6.99 EACH

IRRESISTIBLES FULLY COOKED MEATBALLS
FROZEN 500 - 680 G SELECTED VARIETIES

9.99 EACH

IRRESISTIBLE SPANAKOPITA, CAULIFLOWER BITES OR POTATO TOTS APPETIZERS
FROZEN 228 - 493 G SELECTED VARIETIES

5.99 EACH

IRRESISTIBLE GOURMET SAUSAGE ROLLS, CHICKEN BITES OR PARTY PACK APPETIZERS
FROZEN 305 - 468 G SELECTED VARIETIES

8.99 EACH

IRRESISTIBLE VEGETABLE LUMPIAS, BOREK PHYLLO BITES OR HONEY CHILI CHEESE BITES
FROZEN 216 - 400 G SELECTED VARIETIES

5.99 EACH

IRRESISTIBLE TINY SHRIMP RING WITH SAUCE
FROZEN 284 G SELECTED VARIETIES

7.99 EACH

IRRESISTIBLE COCONUT SHRIMP WITH SWEET CHILI SAUCE
FROZEN 454 G SELECTED VARIETIES

10.99 EACH

IRRESISTIBLE TEMPURA OR BANG BANG SHRIMP OR SHRIMP GYOZA DUMPLINGS
FROZEN 340 - 400 G SELECTED VARIETIES

7.99 EACH

FANTINO & MONDELLO

Savour la dolce vita

CHARCUTERIE TRIO

- PARMESAN PEPPER SALAMI
- RED WINE SALAMI
- SPICY CALABRESSE SALAMI

PROSCIUTTO

DRY CURED HAM JAMON SÈC À 100%

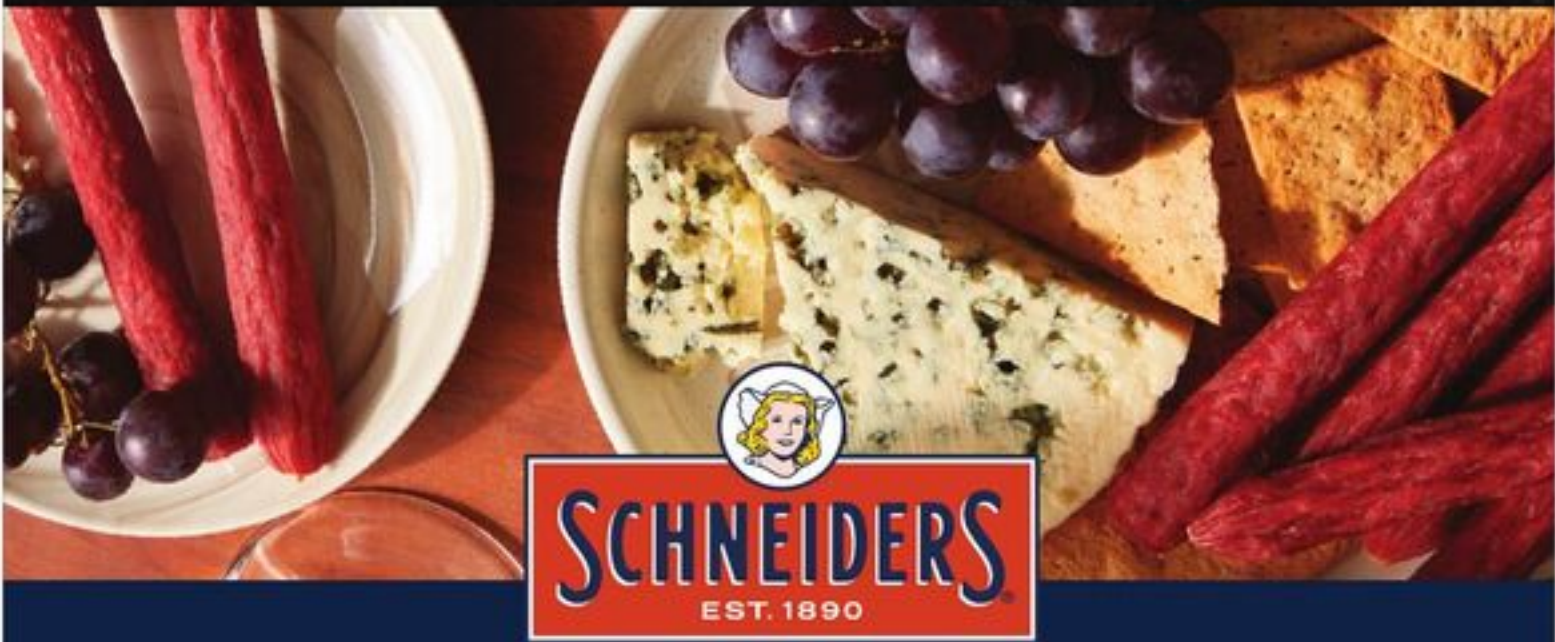
VINO ROSSO
SALAMETTI
SALAMI SÈC AU VIN ROUGE

MIRTILLO ROSSO
SALAMETTI
SALAMI SÈC AUX CANNELIERES ET ÉPICES

ORIGINAL SALAMETTI
SALAMI SÈC

4.99
EACH

FANTINO & MONDELLO®
SLICED DELI MEAT OR CHUBS
100 - 175 G SELECTED VARIETIES



ELEVATED ENTERTAINING

SCHNEIDERS®
Pepperettes

PEPPERONI

TURKEY DINDE

EUROPEAN À L'EUROPÉENNE

SCHNEIDERS®
Pepperettes

ORIGINAL ORIENTALES

SCHNEIDERS®
PEPPÉRETTES®
250 - 375 G
SELECTED VARIETIES

5.87
EACH

HOLIDAY ENTERTAINING YOUR WAY

IRRESISTIBLE EGG NOG
1L
SELECTED VARIETIES
WHILE QUANTITIES LAST

2.99
EACH

TOSTITOS TORTILLA CHIPS
240 - 295 G
SELECTED VARIETIES

2/\$7

NESTLÉ COFFEE MATE COFFEE ENHANCERS
820 - 946 ML
SELECTED VARIETIES

4.49
EACH

NESTLÉ REAL DAIRY ICE CREAM
1.5 L
SELECTED VARIETIES

4.49
EACH

BECEL MARGARINE
427 G
SELECTED VARIETIES

4.49
EACH

PILLSBURY PREPARED DOUGH
200 - 227 G
SELECTED VARIETIES

1.99
EACH

OCEAN SPRAY CRANBERRY COCKTAIL OR JUICE BLENDS
1.27 - 1.89 L
SELECTED VARIETIES

3.99
EACH

ESKA SPRING WATER
24 X 500 ML

4.49
EACH

GAY LEA REAL WHIPPED CREAM
225 G
SELECTED VARIETIES

3.99
EACH

20 points

SELECTION SOFT DRINKS OR CRANBERRY GINGER ALE
12 X 333 ML
SELECTED VARIETIES
WHILE QUANTITIES LAST

5.97
EACH

CLOVER LEAF SMOKED OYSTERS OR MUSSELS
85 G
SELECTED VARIETIES

1.99
EACH

HERDEZ SALSA
453 G
SELECTED VARIETIES

3.49
EACH

50 points

McCafé COFFEE CAPSULES
10'S
GROUND COFFEE
875 G
SELECTED VARIETIES

26.99
EACH

KAWARTHA MOOSE TRACKS ICE CREAM
2 L
WHILE QUANTITIES LAST

6.99
EACH

FRANCO-AMERICAN GRAVY
204 ML
SELECTED VARIETIES

99¢
EACH

CLUB HOUSE GRAVY MIX
EACH

99¢
EACH

CAMPBELL'S BROTH
250 - 900 ML
SELECTED VARIETIES

1.88
EACH

OCEAN SPRAY CRANBERRY SAUCE
340 ML
SELECTED VARIETIES

1.99
EACH

DEL MONTE CANNED VEGETABLES
547 - 597 ML
SELECTED VARIETIES

1.59
EACH

STOVE TOP STUFFING MIX
120 G
SELECTED VARIETIES

1.39
EACH

CLUB HOUSE SEASONING BLENDS
120 - 170 G
SELECTED VARIETIES

5.99
EACH

SELECTION NAPKINS
100'S
SELECTED VARIETIES

4.99
EACH

SELECTION PLASTIC RED GLASSES
42 ML - 104 ML
SELECTED VARIETIES

4.99
EACH

SELECTION PAPER BOWLS OR PLATES
24 - 30'S
SELECTED VARIETIES

5.99
EACH

SELECTION PAPER TOWELS
4'S
SELECTED VARIETIES

5.99
EACH

HOLIDAY FAVOURITES YOUR WAY

TOBLERONE CHOCOLATE BAR
200 - 340 G SELECTED VARIETIES WHILE QUANTITIES LAST

10⁹⁹
EACH

125 points = \$1

STORCK MERCI FINEST SELECTION CHOCOLATES
400 G SELECTED VARIETIES WHILE QUANTITIES LAST

13⁹⁹
EACH

FERRERO ROCHER CHOCOLATES
375 G

LINDT LINDOR CHOCOLATE
156 G SELECTED VARIETIES WHILE QUANTITIES LAST

11⁹⁹
EACH

IRRESISTIBLE GOURMET DELIGHT COLLECTION
200 G LIMITED EDITION LIMITED

IRRESISTIBLE SCOTTISH SHORTBREAD COOKIES
500 G SELECTED VARIETIES WHILE QUANTITIES LAST

9⁹⁹
EACH

SELECTION PEPPERMINT CANDY CANES
12'S, 120 G SELECTED VARIETIES WHILE QUANTITIES LAST

1²⁹
EACH

IRRESISTIBLE CHOCOLATE TRUFFLES
200 G SELECTED VARIETIES WHILE QUANTITIES LAST

3⁹⁹
EACH

LINDT CHOCOLATE TEDDY
100 G SELECTED VARIETIES WHILE QUANTITIES LAST

8⁹⁹
EACH

HERSHEY'S KISSES
180 G

MAYNARDS CHRISTMAS CANDY
345 G SELECTED VARIETIES WHILE QUANTITIES LAST

4⁴⁹
EACH

POT OF GOLD CHOCOLATES
240 - 245 G SELECTED VARIETIES WHILE QUANTITIES LAST

5⁹⁹
EACH

TERRY'S CHOCOLATE
145 G original originale

6⁹⁹
EACH

KINDER SURPRISE
100 G SELECTED VARIETIES WHILE QUANTITIES LAST

5⁹⁹
EACH

STORCK TOFFIFEE
123 G SELECTED VARIETIES WHILE QUANTITIES LAST

2⁹⁹
EACH

BAUDUCCO MINI PANETTONE
40 G SELECTED VARIETIES WHILE QUANTITIES LAST

1⁹⁹
EACH

BAUDUCCO PANETTONE
454 - 680 G SELECTED VARIETIES WHILE QUANTITIES LAST

8⁹⁹
EACH

AURORA PANETTONE OR PANDORO
800 - 900 G SELECTED VARIETIES WHILE QUANTITIES LAST

11⁹⁹
EACH

FESTA PANDORO OR BONBON PANETTONE
750 G SELECTED VARIETIES WHILE QUANTITIES LAST

10⁹⁹
EACH

GIOIA PANDORO
800 G SELECTED VARIETIES WHILE QUANTITIES LAST

12⁹⁹
EACH

BAULI CLASSIC PANDORO
700 G SELECTED VARIETIES WHILE QUANTITIES LAST

14⁹⁹
EACH

MELEGATTI PANETTONE OR PANETTONDORO
750 G SELECTED VARIETIES WHILE QUANTITIES LAST

14⁹⁹
EACH

TRE MARIE PANETTONE OR PANDORO
750 G SELECTED VARIETIES WHILE QUANTITIES LAST

14⁹⁹
EACH

250 points = \$2

HOLIDAY BAKING YOUR WAY

SELECTION
EVAPORATED MILK
354 ML
SELECTED VARIETIES

1.88
EACH

FIVE ROSES
ALL PURPOSE FLOUR
WHITE
ENRICHED + PRE-SIFTED
2.5 kg (5.5 lb)

FIVE ROSES OR ROBIN HOOD FLOUR
2.5 KG
SELECTED VARIETIES

4.99
EACH

Robin Hood
ALL PURPOSE FLOUR
ORIGINAL

Tenderflake

MAPLE LEAF
TENDERFLAKE
PURE LARD OR
CRISCO
SHORTENING
454 G
SELECTED VARIETIES

3.49
EACH

SELECTION
marshmallows
guimauves

SELECTION MARSHMALLOWS
454 G
SELECTED VARIETIES

2.99
EACH

E.D. SMITH
CHERRY
CERISES

E.D. SMITH PIE
FILLING
540 ML
SELECTED VARIETIES

5.49
EACH

Eagle Brand
CONDENSED MILK
390 ML
SELECTED VARIETIES

3.79
EACH

SELECTION
BLANCHED + MONDÉES
Almonds
SLICED + TRANCHÉES
Amandes

SELECTION BAKING NUTS
100 G
SELECTED VARIETIES

2.99
EACH

SELECTION
Pecan
PIECES + MORCEAUX
Pacane

Redpath
ICING SUGAR
SUCRE À GLACER
1 kg

REDPATH BAKING SUGAR
1 KG
SELECTED VARIETIES

Redpath
DARK BROWN SUGAR
CASSONADE FONCÉE
1 kg

2/\$5

Jaffa Pitted DATES
DATTES sans noyaux
SOURCE OF FIBRE + SOURCE DE FIBRE

JAFFA PITTED DATES
500 G
SELECTED VARIETIES

3.99
EACH

SELECTION
graham crumbs
chapelure graham
400 g

SELECTION GRAHAM CRUMBS
400 G
CORN STARCH
454 G
SELECTED VARIETIES

3.99
EACH

SELECTION
CORN STARCH

SELECTION
SWEETENED SHREDDED
COCONUT
NOIX DE COCO
SUCRÉE RAPEE
200 g

SELECTION COCONUT
200 G
SELECTED VARIETIES

2.99
EACH

SELECTION
BAKING POWDER
POUDRE À PÂTE
450 g

SELECTION BAKING POWDER
450 G
SELECTED VARIETIES

4.99
EACH

The Perfect Stocking Surprise



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Time
Offers

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\$100 PlayStation Store
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FREE \$15



Offer valid **December 11 - 17**

\$10 OFF

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\$50 Wayfair or 2 x \$50 Uber gift cards



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ALWAYS STIRRING UP GREAT PRICES



LIBERTÉ GREEK
PLAIN
750g

THIS WEEK ONLY
649
EACH

LIBERTÉ OR
OIKOS
GREEK
YOGURT
650-750 G
SIGGI'S SKYR
650-750 G
SELECTED VARIETIES



THIS WEEK ONLY
649
EACH

iögo
YOGURT
16 X 100 G
SELECTED VARIETIES



OLYMPIC ORGANIC
YOGURT
650 G
SELECTED VARIETIES

LOCKED DOWN
549
EACH



LIBERTÉ
KEFIR
750 G
SELECTED VARIETIES

LOCKED DOWN
499
EACH

25
points



OIKOS GREEK
DRINKABLE
YOGURT
300 ML
SELECTED VARIETIES

LOCKED DOWN
249
EACH



ASTRO
ORIGINAL
BALKAN
YOGURT
12 X 100 G
SELECTED VARIETIES

LOCKED DOWN
549
EACH



iögo
NANO DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE
349
EACH

20
points



IRRESISTIBLES
YOGURT
12 X 100 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
599
EACH



IRRESISTIBLES
GREEK OR SKYR
YOGURT
750 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
477
EACH



IRRESISTIBLES
SKYR OR GREEK
YOGURT
4 X 100 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
333
EACH



SELECTION
HONEY
1 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE
1099
EACH



KELLOGG'S
VECTOR
CEREAL
400 G
ALL BRAN
400 G
SELECTED VARIETIES

LOCKED DOWN
449
EACH

ALL AISLES LEAD HOME

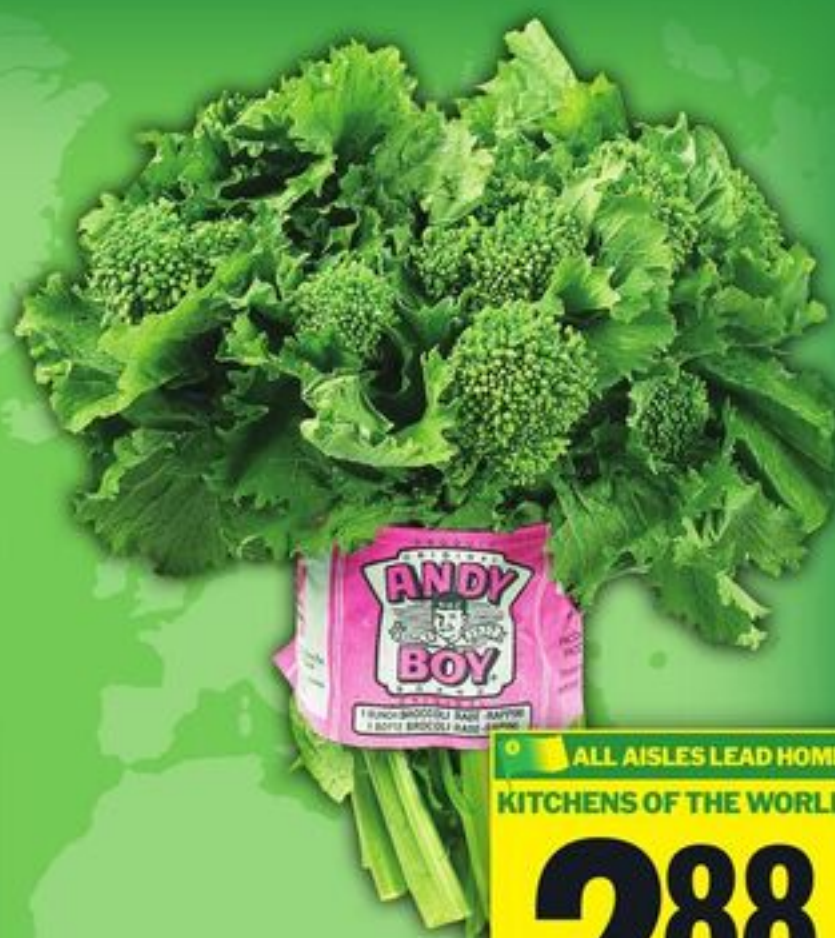
KITCHENS OF THE WORLD



BLACK MISSION FIGS
PRODUCT OF MEXICO
227 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

3⁹⁸
EACH



ANDY BOY
RAPINI
PRODUCT OF U.S.A.

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

2⁸⁸
EACH



FONTAINE
FRESH
BREADED
VEAL
CUTLETS
GRAIN FED
28.64/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

12⁹⁹
/LB



MARGANGELO
CACCIAIORE
SALAMI
300 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

8⁹⁹
EACH



WHOLE RAINBOW TROUT FISH
19.82/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

8⁹⁹
/LB



COLAVITA BEANS
340 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

67¢
EACH



LAURIERI
TARALLI OR
CRACKERS
175 x 200 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1⁴⁹
EACH



MOLISANA
CERIGNOLA OLIVES
340 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

5⁹⁹
EACH



POLARA
SOFT
DRINKS
4 X 275 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

2⁹⁹
EACH



BACI
CHOCOLATES
125 G BAG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

8⁹⁹
EACH



MASSIMO
PANDORO
500 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

6⁹⁹
EACH



CHIOSTRO, TIN PANETTONE
750 G/1 KG SELECTED VARIETIES WHILE QUANTITIES LAST



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

32⁹⁹
EACH

HAPPY LOHRI

HAPPY MAKAR SANKRANTI

HAPPY PONGAL



SEEDLESS ORANGES
PRODUCT OF SOUTH AFRICA: 1.98/LB, 4.37/KG
POMEGRANATE
PRODUCT OF U.S.A.: 1.98 EA

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.98
/LB OR EACH



IRRESISTIBLES
DRY ROASTED
PEANUTS
PRODUCT OF U.S.A.: 1 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.98
EACH



NOOR OR
ARJUN
BASMATI
RICE
3.43 / 4.54 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
7.99
EACH



PILLSBURY
CHAKKI OR
DIVYA
ATTA FLOUR
9.07 / 9.1 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
9.99
EACH



CEDAR
CANNED
BEANS
540 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



DIVYA
OKRA OR
VEGETABLES
375 G FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.29
EACH



PHOENICIA
OR CEDAR
YOGURT
650 / 750 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.79
EACH



CRISPY
PUNJABI
COOKIES
1.34 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
6.99
EACH



DIVYA
LENTILS OR
BLACK
CHICKPEAS
1.8 / 3.81 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



PATAK'S OR KFI
COOKING SAUCE
375 / 400 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



MAGGI
NOODLES
70 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
39¢
EACH



SURATI SNACKS
OR DIVYA
ROASTED
CHANA
200 / 400 G
RUBICON
DRINKS
1 L
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.49
EACH



LAZEEZ SPRING
ROLLS OR
SAMOSAS,
NATIONAL
COOKING SAUCE
100 / 400 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH
15
points



BHIKHARAM
OR SHALINI
SNACKS
100 / 140 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



CASABLANCA HONEY,
TATA TEA AGNI, PREMIUM OR GOLD
1 KG, 220 G, 450 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
6.99
EACH



SHER CANE
BROWN SUGAR
1.82 KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
8.99
EACH
45
points



DIVYA SPICES
OR PICKLE
CONDIMENTS
400 / 500 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH
15
points

PERSONAL CARE FOR LESS

PAMPERS EASY-UPS TRAINING UNDERWEAR
56-66'S
SELECTED VARIETIES

PAMPERS SWADDLERS DIAPERS
124-174'S
SELECTED VARIETIES

LOCKED DOWN
29⁹⁹
EACH

THIS WEEK ONLY
36⁹⁹
EACH

HEAD & SHOULDERS
370 ML
SELECTED VARIETIES

TAMPAX PEARL TAMPONS
28-36'S
SELECTED VARIETIES

DEPEND UNDERWEAR PADS
27-46'S
SELECTED VARIETIES

LOCKED DOWN
6⁹⁹
EACH

LOCKED DOWN
10⁹⁹
EACH

LOCKED DOWN
17⁹⁹
EACH

SOFTSOAP OR IRISH SPRING BODY WASH
375 ML
SELECTED VARIETIES

LISTERINE MOUTHWASH
1 L
SELECTED VARIETIES

IVORY BARS 15'S OR BODY WASH
625 ML
SELECTED VARIETIES

OLD SPICE DEODORANT
85 G
SELECTED VARIETIES

LOCKED DOWN
4⁹⁹
EACH

THIS WEEK ONLY
5⁹⁹
EACH

THIS WEEK ONLY
5⁹⁹
EACH

THIS WEEK ONLY
5⁹⁹
EACH

GET YOUR FLU SHOT HERE

pharmacy

Speak to our pharmacist for details.

Click [here](#) or visit foodbasics.ca/flushot to register online for the flu shots

Available at pharmacy locations only. Visit foodbasics.ca/pharmacy to find a location near you.

TYLENOL COLD
EXTRA STRENGTH
100'S
SELECTED VARIETIES

BENYLIN FOR CHILDREN
100 ML
SELECTED VARIETIES

PEDIALYTE LIQUID
1 L
SELECTED VARIETIES

JAMIESON D3 OR MELATONIN GUMMIES
60'S
SELECTED VARIETIES

RESTORALAX
110'S
SELECTED VARIETIES

LOCKED DOWN
7⁹⁹
EACH

LOCKED DOWN
8⁹⁹
EACH

LOCKED DOWN
8⁹⁹
EACH

LOCKED DOWN
8⁹⁹
EACH

COLD-FX
12'S
SELECTED VARIETIES

BUCKLEY'S COMPLETE COUGH SYRUP
100 ML
SELECTED VARIETIES

BOOST MEAL REPLACEMENT
6.25 LITERS
SELECTED VARIETIES

JAMIESON ZINC OR VITAMIN C
100'S
SELECTED VARIETIES

LOCKED DOWN
10⁹⁹
EACH

LOCKED DOWN
10⁹⁹
EACH

LOCKED DOWN
12⁷⁹
EACH

LOCKED DOWN
12⁹⁹
EACH

JAMIESON GUMMIES MULTI
150-180'S
SELECTED VARIETIES

JAMIESON ORGANIC ECHINACEA OR SALMON & FISH OIL
120-200'S
SELECTED VARIETIES

WEBBER NATURALS MAGNESIUM BISGLYCINATE
120'S
SELECTED VARIETIES

TYLENOL EXTRA STRENGTH
200'S
SELECTED VARIETIES

LOCKED DOWN
15⁹⁹
EACH

LOCKED DOWN
15⁹⁹
EACH

LOCKED DOWN
17⁹⁹
EACH

LOCKED DOWN
19⁹⁹
EACH

PHILADELPHIA

Fluffy. Dippable.



*Voted most trusted Cream Cheese brand, 2026 BrandSpark® Canadian Trust Study

no artificial flavours or colours

PHILADELPHIA WHIPPED CREAM CHEESE PRODUCT 227 G SELECTED VARIETIES



LOCKED DOWN

398

EACH



PHILADELPHIA CREAM CHEESE PRODUCT 450 G SELECTED VARIETIES

ALWAYS GREAT PRICE

749

EACH



PHILADELPHIA DIPS 227 G SELECTED VARIETIES

LOCKED DOWN

349

EACH



PHILADELPHIA CREAM CHEESE 227 - 250 G SELECTED VARIETIES

LOCKED DOWN

398

EACH



PHILADELPHIA CREAM CHEESE PRODUCT 340 G SELECTED VARIETIES

LOCKED DOWN

499

EACH



Classic PHILADELPHIA Cheesecake

Ingredients:

- 1 cup graham crumbs
- 3 tbsp sugar
- 3 tbsp butter, melted
- 5 pkg (250 g each) Philadelphia Brick Cream Cheese, softened
- 1 cup sugar
- 3 tbsp flour
- 1 tbsp vanilla
- 1 cup sour cream
- 4 eggs

Instructions:

- 1 | Heat oven to 325°F.
- 2 | Mix crumbs, 3 Tbsp. sugar and butter; press onto bottom of 9-inch springform pan. Bake 10 min.
- 3 | Beat cream cheese, 1 cup sugar, flour and vanilla in large bowl with mixer until blended. Add sour cream; mix well. Add eggs, 1 at a time, mixing on low speed after each just until blended. Pour over crust.
- 4 | Bake 1 hour 10 min. or until centre is almost set. Run knife around rim of pan to loosen cake; cool before removing rim. Refrigerate 4 hours.

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