

BUY-LOW FOODS

MERRY CHRISTMAS

More REWARDS

FREE

WITH 18,000 POINTS REDEEMED

or

2⁹⁹ lb

Grade A Young Turkey
Fresh, 3 kg to 5 kg, 6.59/kg

14⁹⁹ lb

Canadian Diamond Prime Rib Roast
Fresh, 33.05/kg

5⁹⁹ ea

Pumpkin Pie
Selected Varieties, 8 Inch

1²⁹ lb

Jumbo Sweet Potatoes
USA, 2.84/kg

Kettle Brand Potato Chips
Gluten-Free, Selected Varieties, 198g

2 \$6 for

KETTLE BRAND POTATO CHIPS CROUSTILLES
SEA SALT SEL. MARIN
198g

6⁹⁹ ea

Mandarin Oranges
China, 4 lb Box

4⁹⁹ ea

Western Family Signature Ice Cream
Selected Varieties, 1.65 Litres

7⁴⁹ ea

Pepsi Soft Drinks
Selected Varieties, 42 x 355 mL

PRICES EFFECTIVE THURSDAY TO FRIDAY, DECEMBER 18 – 26, 2025

WITH EVEN MORE WAYS TO SAVE.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. SOME ITEMS MAY NOT BE EXACTLY AS ILLUSTRATED OR NOT AVAILABLE AT ALL LOCATIONS. PRICES DO NOT INCLUDE APPLICABLE TAXES, BOTTLE DEPOSITS, ECO FEES OR RECYCLING FEES WHERE APPLICABLE. THE SPECIFIED QUANTITY OF THE ADVERTISED PRODUCT MUST BE PURCHASED TO RECEIVE THE DISCOUNT. MAPLE LEAF INDICATES PRODUCTS OF CANADA AND PRODUCTS MADE IN CANADA. SEE ACTUAL ITEMS FOR DETAILS. BLDG

DEAL OF THE DAY

SHOP DAILY DEALS
UNTIL DEC. 31ST

THURSDAY

3⁹⁷
ea

Freybe Sliced Ham
Gluten-Free,
Selected Varieties,
175g, First 2



FRIDAY

2⁹⁷
ea

Coca-Cola
Soft Drinks
Selected Varieties,
6 x 222 mL Mini Cans, First 2



SATURDAY

2⁹⁷
ea

Chapman's Super
Premium Plus
Ice Cream
Selected Varieties,
500 mL, First 2



SUNDAY

2²⁷
ea

Venice Bakery
Bread
Selected Varieties,
570g, First 2



MONDAY

1⁹⁷
ea

Campbell's Soup
Selected Varieties,
515 mL, First 4



TUESDAY

3⁹⁷
ea

Grimm's
Garlic Sausage
300g, First 2



WEDNESDAY

4⁹⁷
ea

Faith Farms
Cheese
Selected Varieties,
340g, First 2



**COME BACK
EVERY DAY FOR
GREAT SAVINGS**

**Offers in effect
October 2 – December 31, 2025**

Offer only valid on the advertised day.
Selection and availability may vary by store.

HOLIDAY ENTERTAINING

More REWARDS
FREE
WITH 14,000
POINTS
REDEEMED

or

2⁹⁹
lb

Western Family Butt Portion Ham
or Shank, 6.59/kg

Honeyglow
Pineapple
Costa Rica

5⁹⁹
ea

2\$7
for

Western Family
Frozen Vegetables
Selected Varieties, 750g

2\$3
for

Stove Top
Stuffing Mix
Selected Varieties,
120g

2\$5
for

Ocean Spray
Cranberry Sauce
Whole Berry or Juiced,
348 mL

4\$5
for

Club House
Dry Gravy Mix
Selected Varieties, 25g

1⁷⁹
ea

Western Family
Broth
Selected Varieties, 946 mL

4⁹⁹
ea

Handi Foil
Oval King
Roaster

NEW

GET FESTIVE
One apple at a time

MIX & MATCH
BUY 2 GET 1
FREE
same item of equal or lesser value

western family
Appetizers
Selected Varieties, Frozen

LIMITED TIME ONLY

FRESH TASTE OF SAVINGS



1⁹⁹
lb

Russet Potatoes
Also Selected Varieties,
Canada or USA, 4.39/kg

4⁹⁹
ea

Cauliflower
USA



2⁹⁹
ea

Cranberries
Canada, 340g



1⁹⁹
lb

Carrots
Canada, 4.39/kg



6⁹⁹
lb

Asparagus
Mexico, 15.41/kg



2\$4
for

Western
Family Herbs
Selected Varieties,
20g



2⁴⁹
lb

Gala Apples
BC, 5.49/kg



.99
lb

Green Cabbage
or Red, USA,
2.18/kg



4⁹⁹
ea

Grape Tomatoes
Canada, USA or
Mexico, 454g



1⁶⁹
lb

Butternut Squash
Also Selected Varieties,
Canada, 3.73/kg

QUALITY MEATS FOR LESS



More
REWARDS

REDEEM
12,000
POINTS & PAY

249
lb

Grade A Turkey
Frozen, 3 to 5 kg, 5.49/kg



6⁹⁹
lb

BIG PACK
Pork Loin Chops
Boneless, Centre Cut,
15.41/kg



5⁴⁹
lb

Lean Ground Pork
Fresh, 12.10/kg

SEAFOOD



4⁷⁹
100g

**Wild Sockeye
Salmon Fillet**
Previously Frozen



10⁹⁹
ea

**Western Family
Crusted Basa Fillets**
Selected Varieties, 454g



12⁹⁹
ea

**Western Family
Shrimp**
Marinated, Selected
Varieties, Frozen, 340g



8⁹⁹
ea

**Western Family
Breaded Calamari Rings**
Frozen, 340g

DELI ONLY AVAILABLE IN STORES WITH FULL SERVICE DELI DEPARTMENTS



3⁹⁹
100g
Roast Beef
Regular or Garlic,
Fresh Sliced in Store



3²⁹
100g
Schneiders Ham
Selected Varieties



9⁹⁹
ea
Mastro
Charcuterie Trio
Selected Varieties, 150g



8⁴⁹
ea
7 Layer Dip
Large, 720g



3⁹⁹
100g
Parmesan Cheese
Shredded or Shaved,
Packaged in Store



10⁹⁹
ea
Chinese
Combo Meal
Made in Store, Selected
Varieties, 450g



6⁹⁹
ea
Boursin Cheese
Selected Varieties, 150g



4⁹⁹
ea
Alexis de Portneuf
Capriny Soft
Goat Cheese
Selected Varieties, 100g



5⁹⁹
ea
Grab 'N Go
Sandwich
Selected Varieties

PACKAGED MEAT



14⁹⁹
ea
Western Family
Stuffed Chicken
Selected Varieties,
Frozen, 650g



11⁹⁹
ea
Maple Leaf
Meals to Go
Selected Varieties, 400g



9⁹⁹
ea
Olivieri
Filled Pasta
Selected Varieties,
540g or 700g



7⁹⁹
ea
Grimm's
Sausage Ring
Selected Varieties,
300g



21⁹⁹
ea
Stuffed Boneless
Turkey Breast
Butterball, frozen, 1.5 kg



14⁹⁹
ea
Pinty's Chicken
Selected Varieties,
Frozen, 700g or 780g

FRESH BAKERY ONLY AVAILABLE IN STORES WITH FULL SERVICE BAKERY DEPARTMENTS



4²⁹
ea

Artisan Bread
Baked in Store. Selected Varieties. 450g



3⁴⁹

Dinner Rolls
Baked in Store. White or 100% Whole Wheat. Pack of 12

Click to earn points faster than you can say 'Rolls'.



5⁹⁹

Cinnamon Buns
Baked in Store. Plain or Cream Cheese Iced. Pack of 6



3⁹⁹
ea

Abigail's Kitchen Bread Crumbs
Selected Varieties. 300g



2⁹⁹

Butterflake Rolls
Baked in Store. Pack of 6



4⁹⁹

Croissants
Baked in Store. Pack of 6



4⁹⁹

Braided Strudels
Baked in Store. Selected Varieties. Pack of 6

BAKERY AVAILABLE IN ALL LOCATIONS



4⁹⁹
ea

Natural Bakery Canadian Rye Bread
Selected Varieties. 900g



2\$7
for

Villaggio Italian Bread
(510g) or Toscana Buns (520g). Selected Varieties



4⁴⁹

Dempster's Bagels
Selected Varieties. Pack of 6

BRING THE CHEER TO THE HOLIDAYS



**Coca-Cola
Soft Drinks**
Selected Varieties,
12 x 355 mL

7⁴⁹
ea



**Coca-Cola
Soft Drink**
Selected Varieties,
2 Litres

2\$5
for



5⁹⁹
ea



**Coca-Cola
Soft Drinks**
Selected Varieties,
8 x 300 mL
Mini Bottles

7⁹⁹
ea

Fuze Iced Tea
Selected Varieties,
12 x 341 mL



2\$9
for

**Coca-Cola Soft
Drinks**
Selected Varieties,
6 x 222 mL Mini Cans



SNACKS & BEVERAGES

Lay's
Potato Chips
Selected Varieties,
235g



2\$7
for

Martinelli's
Sparkling
Beverage
Selected Varieties, 750 mL



6\$9
ea

Old Dutch Snacks
or Hungry Dumpty
Party Mix, Selected
Varieties, 250g or 265g



2\$9
for

Smart Sweets
Candy
Selected Varieties, 50g



2\$9
for

Christie Crackers
Selected Varieties, 180g



2\$6
for

Starbucks
Coffee
Selected Varieties,
940g or 10's



11\$9
ea

Stash Herbal Tea
Selected Varieties,
20's or 38's



4\$9
ea

Minute Maid
Beverage
Selected Varieties, 1 Liter



2\$4
for

DAIRY, CHILLED & FROZEN

Faith Farms
Cheese
Selected Varieties,
340g



6\$49
ea

McCain Diced
Hashbrowns
Frozen, 800g



2\$6
for

International
Delight Coffee
Enhancer
Selected Varieties, 946 mL



5\$99
ea

Oikos
Greek Yogurt
Selected Varieties,
4 x 100g



4\$49
ea

Cracker Barrel
Cheese Slices
Selected Varieties,
200g or 240g



5\$99
ea

Simply Beverage
Selected Varieties,
1.5L Liters



5\$99
ea

Tenderflake
Pie Shells
Deep Dish, Frozen,
350g or 397g



4\$49
ea

Kellogg's
Eggo Waffles
Selected Varieties,
Frozen, 280g or 330g



3\$99
ea

STORE WIDE SAVINGS

Hellmann's Mayonnaise
Selected Varieties,
750 mL or 890 mL



6⁴⁹
ea

Campbell's Soup
Selected Varieties, 284 mL



2\$⁵
for

Primo Pasta
Selected Varieties, 900g



2\$⁵
for

Prego Pasta Sauce
Selected Varieties, 645 mL



2\$⁷
for

Knorr Sidekicks
Selected Varieties, 135g



2\$⁴
for

Clover Leaf Tuna
Selected Varieties,
85g or 170g



2\$⁴
for

Adams 100% Natural Peanut Butter
Selected Varieties, 500g



4⁹⁹
ea

Nature's Path Organic Cereal
Selected Varieties,
300g or 500g



5⁹⁹
ea

HOUSEHOLD

Ziploc Sandwich Bags
Selected Varieties,
16's or 90's



5⁹⁹
ea

Dawn Ultra Dish Soap
Selected Varieties,
473 mL or 982 mL



4⁹⁹
ea

Alcan Aluminum Foil
Selected Varieties,
25 Feet or 50 Feet



4⁹⁹
ea

Western Family Ultra Paper Towels
Split-to-Fit, 6 Rolls



6⁹⁹
ea

Western Family Garbage Bags
Selected Varieties,
30's or 40's



9⁹⁹
ea



western family

Trusted for over 50 years, Western Family is a proud Western Canadian brand, offering an assortment of reliable, affordable high quality products.

 Western Family Sparkling Water Selected Varieties, 12 x 355 mL 5⁷⁹ ea	 Western Family Soft Drinks Selected Varieties, 12 x 355 mL 5⁹⁹ ea	 Western Family Rice Chips Selected Varieties, Gluten Free, 100g 3^{\$7} for
 Western Family Potato Chips Selected Varieties, 235g 2^{\$5} for	 Western Family Granola Selected Varieties, 630g or 675g 4⁹⁹ ea	 Western Family Olive Oil Selected Varieties, 1 Litre 15⁹⁹ ea
 Western Family Canned Tomatoes Selected Varieties, 796 mL 1⁹⁹ ea	 Western Family Baked Beans Selected Varieties, 398 mL 4^{\$7} for	 Western Family Thin & Crispy Pizza Selected Varieties, Frozen, 310g or 375g 2^{\$9} for
 Western Family Frozen Fruit Selected Varieties, 600g 4⁹⁹ ea	 Western Family Feta Cheese Selected Varieties, 200g 5⁴⁹ ea	 Western Family Shredded Cheese Selected Varieties, 320g 5⁴⁹ ea

BLPCL

HEALTH & BEAUTY



Colgate Toothpaste
Selected Varieties, 120 mL

1⁹⁹
ea



Listerine Mouthwash
Selected Varieties, 1 Litre

6⁹⁹
ea



Love Child Organics Baby Food Purée
Selected Varieties, 128 mL

5⁹⁹
for **10**



Tampax Tampons
Selected Varieties, 30's or 40's

10⁹⁹
ea



Vega Protein + Supergreens
Selected Varieties, 529g or 509g

29⁹⁹
ea



Halls Throat Lozenges
Selected Varieties, 9-Pack

2⁹⁹
for **4**

PERSONAL CARE



Herbal Essences Hair Care
Selected Varieties, 346 mL

4⁹⁹
ea



Old Spice Deodorant
or Antiperspirant, Selected Varieties, 85g

7⁹⁹
ea



Softsoap Body Wash
Selected Varieties, 291 mL

5⁹⁹
ea



Goody Hair Accessories
Selected Varieties, 24's or 30's

3⁹⁹
ea



Method Liquid Hand Soap
on Foaming, Selected Varieties, 300 mL or 354 mL

EARN 400 POINTS



Advil Liqui-Gels Pain Reliever
Selected Varieties, 24's or 32's

EARN 1000 POINTS